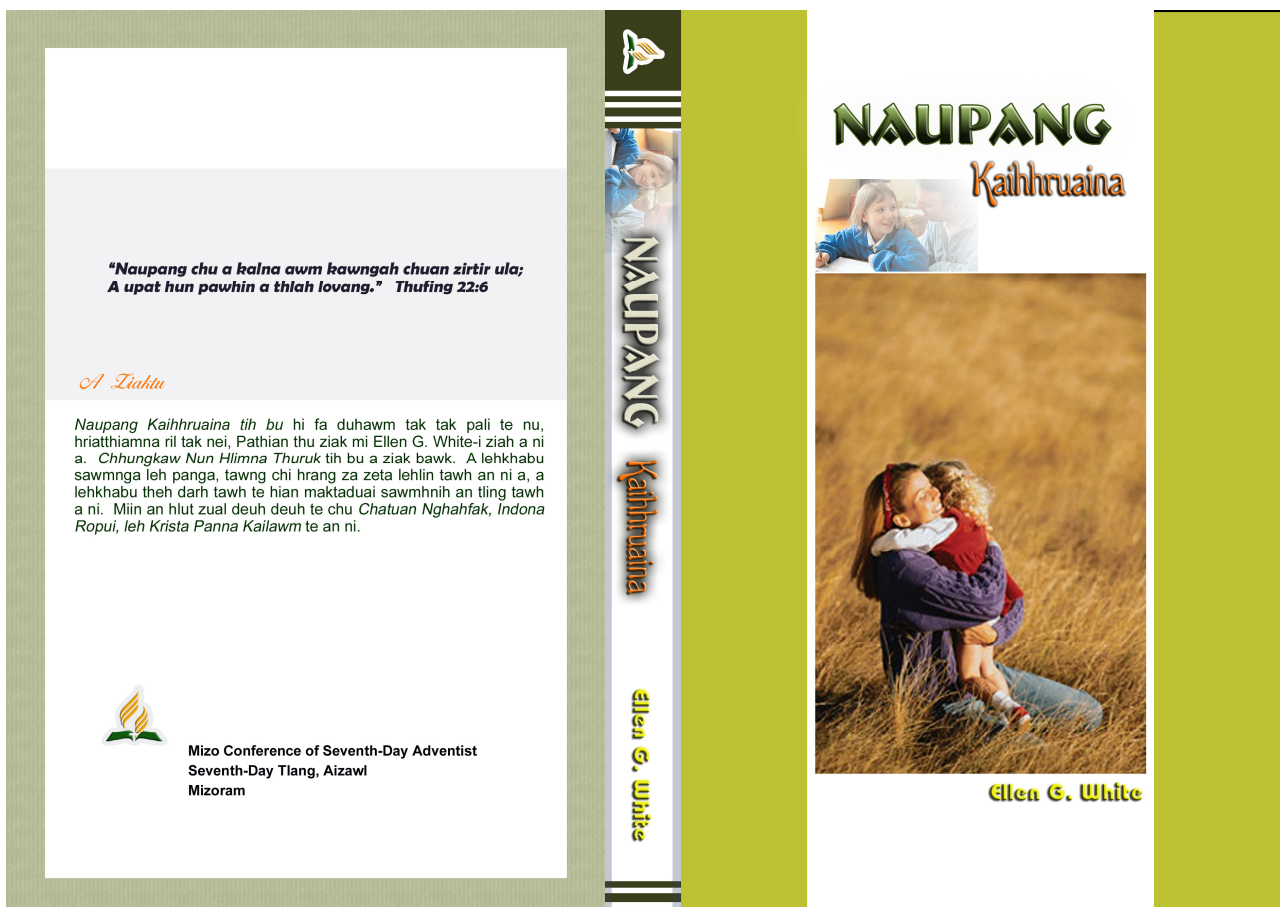


NAUPANG KAIHHRUAINA

Ellen G. White



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Hnêna Thurawn

Ellen G. White

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THUHMA

Inneihnain thinlung pahnih a zawm, hmangaihnhain a tih nun, chhûngkaw thar dintu tinte ngaihpawimawh hmasak ber chu, chhûngkaw tihlimtu naupangte hi engtinngge mumal takin kan enkawl ang tih a ni. Hmânlai Manoa-te ang thovin, “Kan fate engtin nge kan kaihhruai ang?” tiin tunlai nu leh pate pawh hian an fate, thilpêk hlu tak leh engmah la ti thei lo an enkawl tura pête hmêl an en hian ngaihtuahna khun tak nen an inzawt thin.

Naupang kaihhruaina pawimawhzia hi Pathian thu leh Hrilhlâwkna Thlarauin chipchiar taka an ziak zirna aţang chauhva, a thaber hriatthiam theih a ni. Ellen G. White hian a lehkhabu tam takah, a bîkin, Kristian chhûngkaw nundan tur chungchang Thuchhuah, kohhran chanchinbu kartin chhuakahte hian nu leh pate hnena thurawn hausakpui tham a ziak thin. Hêng bâkah hian chhûngkua leh mimal harsatna za tamtak an tawn a chinfel sak bawk. Hêng a thuchhuah leh mimal thiltawnte hi nu leh pate kaihraina tur leh an zawmzui tur inlarna a hmuhte an ni.

Ellen G. White-i a upat hnuah “Nû mawhphurhna leh fate an hnehtheihzia” tifiaktu, Kristian nu leh pate tan lehkhabu buatsaih a duhthu a sawi thin. A lehkhabu, ADVENTIST HOME leh a kawppui NAUPANG KAIHHRUAINA chhuak ta hian chu an duhna chu a phurchuak ta a ni. Ngaihtuahna leh ţawngţainaa ûm zui zêlin, nu leh pate hnenah Pathianin naupang enkawl hna a pête mawhphurhna hi hêng lehkhahua thurawnte hmang hian thuk tak leh rei tak daih zirtîrna a pe dawn a ni.

Ellen G. White ngei pawh mipa naupang pali-te nu a nihna aţangin zirtîrna a dawn ţangkaina te, hriatthiamna leh lainatna nen a pawm a. Amah ngei heng thurawnte a taka hmangtu a nihna hian chhiartute thinlung a hneh lehzual a ni.

E.G White thuziak tamtak chhutchhuah leh chhuah lohte lakhawmin “Naupang Kaihhruaina” hi buatsaih a ni. Bung tin tawpah a lâkchhuahnate tarlan zêl a ni. He lehkhabu hi kum sawmsarih chhûng hmun tam taka mi lâkchhawm an nih avangin, thu indawhzawm fel hlel deuh leh thupui tum inmil tura pawhkhawm hram hram a ni tih a lang bawk. Lehkhabu siamtute hian thupui mil tur thuziak dahrem thuah harsatna nasa tak an nei bawk.

“Naupang Kaihhruaina” hi Board of Trustees of the Ellen G. White publication office, Washington D.C thurawn anga buatsaih a ni. Ellen G. White-in a thuziak enkawltute hnena a lehkhabu ziak chhutte leh kutziaka dahte enkawlzui dan tur thurawn a pête zulzuaia siam an ni.

Hetiang lehkhabu hi mamawh lian ber a ni. Chatuan thil an ral mêk, nu leh pa ngaihtuahna hmang zawng zawngten, he lehkhahua thununna atana kaihhruaina chipchiar, nungchang chherna dik leh tisa leh thlarau zirtîrna dik an hlut ngei ang. He lehkhabu kawppui lehkhabu dang *Adventist Home* leh *Thalaite Hnena Thuchah* leh E.G White lehkhabu dang nû leh pâ leh thalaite tan thurawn tha petua hmang turin kan duhsak che u a ni.

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THEN - I
Chhûngkua, Sikul Hmasaber

BUNG 1
CHHÛNGKAW SIKUL PAWIMAWHNA

Zirna Chhûngkuaa Bultan.—Zirna hi chhûngkuaa inñan a nih avangin chhûngkua aţang ngei hian naupang zirtîrna chu òan tur a ni a. Chu chu naupang sikul hmasa ber a ni. Chhûngkua aţang hian naupang chuan nu leh pate chu a zirtîrtu niin dam chhûnga a nunpui tur mi zahthiamna te, thu âwihna te, mahni inthununna te leh zahawmna te zir rawh se. Chhûngkua aţanga thil zirte hian a chhe lamin emaw a òha lamin emaw mi a kaihruai thûi thei khawp mai. A thâwm chu a ring vak lovin a kal zung zung lo naa felna leh thutaka naupang awmtîr turin thiltihtheihna nasa tak a nei a. In chhûng aţanga zirtîr òhat an nih loh chuan Setanan a aiawhte hmangin a zirtîr mai ang. Chuvangin chhûngkuaa inzirtîrna hi a pawimawh takzet a ni.¹

Nungchang Chherna Lungphûm A Ni.—Nu leh pate zawng zawng chungah hian taksa, rilru leh thlarau lam zirtîrna pe tura mawhphurhna a awm vek a. An fate hnena nungchang famkim leh pian ze fel tak neihtir chu nu leh pate tum ber ni rawh se. He hna hi a tēnau lo va, a pawimawh em em zâwk a ni. Dawh theih leh taimâk a ngâi a, nasa taka òawngòai a òul bawk. A lungphûm dik chu phûm ni sela, a ruhrel, nghet tak leh tlo tak tur chu din ni rawh se; tichuan ni tinin a siam pum hna, a chei mawina leh hna òul dang chu kal zel rawh se.²

Hê Chanvo Mawlh Hi Chantîr Teh U.—Nu leh pate u, in in chhûng kha vanram thleng thei tura in fate in buatsaihna sikul a ni tih hre reng rawh u. An têt lâi aţang rengin zirtîrna dik lo thil dang reng reng chu pumpelhtîr ula, thu ho mai mai fah suh u. In fate chu ngilneia dawhthei turin zirtîr ula. Tichuan nasa zâwka sakhaw rawngbawl turin in buatsaih tihna a lo ni ang.³

In chhûng hi naupangte Hotupâ rawngbâwl tura an inbuatsaihna hmun leh Pathian lalram sikul sâng zâwk zawm tura an inbuatsaihna hmun a ni tur a ni.⁴

A Pawimawh Lo Zâwk Chuang Lo.—Chhûngkaw inzirtîrna hi sikul pângngai aia pawimawh lo deuh zâwkah dah tur a ni lo. Zirna òha zawng zawngah chuan hmun pawimawh ber a luah zâwk a. Nu leh pate chuan an fate rilru siam turin mawhphurhna an inbel tihna a ni.⁵

“Thing chu kawih kul dân ang zela òhang a ni” tih hi a mak asin. Hei hi fate zirtîrna-ah pawh hman ngei tur a ni. Nu leh pate u, a tir tē aţanga fate enkawl hi mawhphurhna thianghlim anga bel inni tih in hre reng dâwn em le? Heng thing òiak hlim hi LALPA huana phun tlâk ni tura dim tēa enkawl tur an ni a. Chuvangin chhûngkaw inzirtîrna hi engti kawng maha ngaihthah chi a ni lo. A ngaihthahtu chuan a sakhaw rawngbawl na a ngaihthah tihna a ni.⁶

Chhûngkaw Zirna A Huap Zauzia.—Chhûngkaw inzirtîrna awmzia hi a zâu a nia; zâu tak a ni. Abrahama chu rinna pa tia koh a ni a. Pathian mi anga hriat a nihna chhan tam tak zinga pakhat chu in chhûnga Pathian thupêk a dah pawimawhna kha a ni. Chhûng tinte inzirtîrna hmu a, he inzirtîrnain rilru a hneh dân tehtu chuan, “An fate leh a in chhûng thunun a, dik taka ti tur leh rêl turin LALPA kawng chu an vawng ang,” a ti.⁷

Pathianin Hebrai-ho chu an fate hnena A duhzâwng zirtîr tur leh A mite A dawr dân hre Chiang turin thu A pe a. In chhûng leh sikul hi an thuhmun reng a. Midang kê ni lovin thinlung taka hmangaihtu nu leh pate aw nēm ngei hi fate hnena zirtîrna petu tur chu an ni. In chhûnga kan khawsakna zawng zawng hi Pathian rilru nena kalkawp reng tur a ni a. Pathianin A mite a chhanchhuah dân ropui takte hi zah tak leh mâwi taka hrilh nawn fo tur an ni. Pathian min enkawl na ropui tak leh nakina kan chan tur nunna chu naupang zâwkte rilru-ah tuh a lo ni a, tichuan thutak leh thil òha leh mâwi chu an rilru-ah tuh nghehin a lo awm òhin.

Milem leh entirna hmangin zirilaite chu hrilhfiah ni sela, an vawng nghet thei zâwk ang. Hetianga milem nena hmehbel hian naupangte chu an sên lâi ata an pi leh pute finna thurûk leh

an beiseina lamah hruai niin he khawvel hmuh theih piah lam hmuh theih loh chatuan thil thlir lawk turin a kaihruai thei a ni.⁸

Nîtin Sikul Lût Turin A Buatsaih.—Nu leh pate zirtîrna hi zirtîrtu zirtîrna aiin a hmasa zâwk a. Sikul zir ãanna pâwl hmasa ber chhûngkua an nei a. An *duty* hre tur leh tithei tura ðhahnemngai tak leh fimkhur taka an ãawngtãi chuan an fate chu sikul hnunnung zâwka an zirtîrtu zirtîrna dawngsawng turin an buatsaih ang.⁹

Nungchang A Chher.—In chhûng hi lal in tluka naupangte nungchang chherna sikul a ni thei.¹⁰

Nazareth In Chhûnga Zirna.—Isua khan a zirna chu an chhûngkua aãanga A dâwn a ni. A nu kha mihring zinga A zirtîrtu hmasa ber a ni a. A nu kã aãang leh zawlneite lehkha ziaã aãangin van thilte chu a zir a. Kut hnathawktu chhûngkuaah awmin in chhûnga tihur awm apiang chu rinawm tak leh lawm takin a thawk bawk a. Vana roreltu chu chhiahhlawh fel tak, hmangaihna ngah tak leh fa thu âwih tak ni turin a lo kal a ni. Sûmdawn lamte zirin Josefa nen mistiri hnate an thawk dun nasa hle.¹¹

1. Counsels to Parents, Teachers, and Students, p. 107
2. *Ibid.*, pp. 107, 108.
3. Manuscript 102, 1903.
4. Manuscript 7, 1899.
5. Review and Herald, June 6, 1899.
6. Manuscript 84, 1897.
7. Letter 9, 1904.
8. Fundamentals of Christian Education, p.95.
9. Review and Herald, June 13, 1882.
10. Manuscript 136, 1898.
11. *Tihdam Rawngbãwlina*, p. 391.

BUNG 2 ZIRTÎRTU HMASA BERTE CHU

Nu leh Pate Hian An Mawhphurhna Hre Rawh Se.—Nu leh pate hi an fate zirtîrtu hmasa ber ni rawh se.¹

Nu leh pate hian an mawhphurhna an hriatthiam a ãul hle a ni. Khawvel hi naupang zâwkte tâna thlêmnaïn a khat si a. Mi tam tak chu nawmsakna leh hmasialnaïn a hip a. Hlimna kawng ni tura an ngaih hlauhawm inthup ru tlat leh lungngaihnaa hruai lût tur thilte chu an hre thiam thei si lo. An chãk zâwng leh duh zâwng an ûmna lamah an inkhawhral a, hetiang hian mi maktaduaïh tãl tak meuh chu he khawvel leh khawvel lo la awm tur luah tlãk lovah an insiam a. Chuvangin nu leh pate chuan an fãten heng thlêmnaite hi an hmachhawn dâwn tih hre reng rawh se. A dik tak chuan a pian hmã aãangin naupang chu sual do hlawhtling thei tura lo buatsaih lâwk zâwk tur a ni.²

Nu leh pate hian ke pãn tinah he leia mi ãangkai leh hlim thei tak ni tur leh hna sãng zâwk thawk a, khawvel lo la awm tura hlimna nasa zâwk chãn tura an fate buatsaih turin mihring finnain a tihtheih loh mamawh dang an nei.³

Naupang Training Hi Pathian Ruahmanna Pawimawh Tak Pakhat A Ni.—Naupangte *training* hi Kristian sakhaw thiltihtheihzia entirna tura Pathian remruat pawimawh tak pakhat chu a ni. Nu leh pate ko-ah hian an fate chu khawvel mite nen an chãn ho hnu-ah pawh an ðhian kawmte tih ang thil ðha lo an tih ve mai loh nãna zirtîrna ðha pe turin mawhphurhna urhsun tak nghah a ni bawk.

Nu leh pate chuan fate zirtîrna hna chu an ngai ho mai mai tur a ni lo va, engti kawng mahin an ngaihthah tur a ni hek lo. Kan mihring nihna thununtu Pathian dãnte hi uluk taka zir nãn hun

tam tâwk tak an hman tur a ni. Taksa hrisel tha takah rilru hrisel an tuh theih nâna an fate an enkawl dâna mi fing nih an tum hmasa tur a ni.⁴

Krista zuitu inti tam tak chuan vanduai thlâk takin in chhûnga an *duty* an ngaihthah a; Pathianin an kuta rinna pawimawh tak A dah chu thalaite thlêmna thang tam tak an do theihna tura an fate zirtîr a, rilru lama tuarchhel tak ni tura chher a ni a, mahse chu chu an hmu pha lo a ni.⁵

Pathian Nena Tan Dun A Pawimawh—Krista khan A Pa hnenah A zirtîrte chu khawvel aţanga la chhuak turin a dil lo va, khawvel sual lak ata vêng him tur leh thlêmnaa tlu lo tura vêng him turin a dil zâwk a ni. Hei hi fate tâna nu leh pate ţawngţai dân tur diktak chu a ni. Anih leh Pathian hnenah an ţawngţai zawh chuan an duh duha awm turin an fate chu an dah mai mai tur em ni? Nu leh pate hian Pathian an thawhpui loh chuan Pathianin an fate chu sual lak ata A vêng him thei lo. Huai tak leh hlim takin nu leh pate chuan chau lova hma lam pan chungin fate enkawl na hna chu thawk zel rawh se.⁶

Nu leh pate hian an chungah mawhphurhna tla, Pathian tâna an fate zirtîr leh enkawl na hna chuan a kalsan ngai lo tih an inhriat reng chuan rinnain an hna chu an thawk ang a. Thahnemngai taka ţawngţai leh thawkin Pathian an thawhpui ang a, tichuan Chhandamtu hnenah hlawhtling takin an fate an la hruai dâwn a ni.⁷

Nupa Tuak Khatin An Mawhphurhna An Hlen Dân—Vantirhkoh pakhat chu Zakaria leh Elizabeti te nupa hnenah Pathian duh dân ang taka an fapa, Krista lo kalna tura thu lo tlângapuitu tur mi lo buatsaih a, zirtîr a, enkawl dân tur hrilh turin a lo kal a. Johana nungchang ang, Pathianin thawk tura A tih thawk tlâk nungchang siam tur khan nu leh pa an nih angin Pathian an thawhpui tur a ni.

Johana kha an tar lam fa, thilmak tihna aţanga lo piang a nih avangin a nu leh pate tân pawh LALPA tâna hna bik thawk tur chu Aman enkawl mai ang tih palh awl tak a ni. Mahse chutiang zâwng chuan an ngai lo. Khawpuia thlêmna tam takin an chîm phâk loh ram pilril; nu leh pa an nihna anga an zilhna leh an thurawn kalsan tura thlêm thlûk a nih lohna tur hmunah an dah a. An fapain a nuna Pathian remruatna a tihhlawhtlin theihna tura an tih theih apiang tiin an kuta mawhphurhna awm chu an hlen a ni.⁸

Fâte Hi Pathian Min Kawltîr Anga Ngaih Tur.—Nu leh pate chuan an fate chu Pathianin van chhûngkaw zinga mi ni tura an lo zirtîr atân A pe angah inngai rawh se. Pathian ţih dêk leh hmangaih chungin zirtîr rawh u; ‘Lalpa ţih hi finna bul’ a ni si a.⁹

Pathian laka rinawm tlatte chuan an chhûngkuaah Pathian ai an awa a. Fate enkawl na hna chu Chungnungberan an kuta A dah, hna thianghlim angah an ngai ang.¹⁰

Nû leh Pate Chu Kristian Zirtîrtu Tlâk Ni Rawh Se.—Nu leh pate hna hi a tam vei nen; ngaihthah a va hlauh tehreng em! Nu leh pate u, thlarau mutthlukna lak ata hi harh ula, naupangin zirtîrna a dawn hmasak ber chu in hnen aţang ngeiin a ni tur a ni tihte hi hre thiam teh u. In fate naupang têtêho chu Krista hre turin zirtîr ula. He hna hi Setanan an thinlunga sualna chi a theh hma ngeiin thawk rawh u. Naupangte hi Kristan a ko mêk a, taima tak leh fel tak leh dik taka thilti thin tura zirtîrin A hnen lamah hruai tur an ni. Hei hi Kristan naupangte dawn atâna A duhzâwng inthununna chu a ni si a.¹¹

Anmahni ngei chu fing tak, thlêmna laka him, Kristian zirtîrtu ni tlâk an nih loh chuan nu leh pate kawngka bulah ngei sualna chu a let reng ang.¹²

Nû leh Pate Chu Tanrual Tur.—Chhûngkaw sikul an enkawl na kawngah nupa chu an lungrual ngei ngei tur a ni. An ţawngkam a nêmin an vêng tha tur a ni a; chuti lo chuan Setanan hnehna a chan chhoh zel theih nân kawngka zâu tak an hawng a ni mai. An nupa chu inzah tawna an inlaintaw phawt chuan chhûngkua chu an inzah tawn theuh thei dâwn a ni. Chhûngkaw boruak nuam tak leh hlimawm tak siam turin mi tin inpuih tawn tur a ni bawk.

Naupang hmaah nupa chu an inhnial tur a ni lova, Kristian sakhaw zahawmna hi vawn reng zâwk tur a ni.¹³

Naupang Tinte Tân Enkawl Bik Ruat Zel A Ni.—Naupang zirtîrnaah hian nu dinhmun hi a pawimawh ber zel a ni; pa kova mawhphurhna sâng tak a inngah lâin fate enkawlna kawngah chuan a bikin an sên zual lâi pheh chuan nu ber chu an bula awm rengin an ðhian ðha leh zirtîrtu a ni bik zual tur a ni.¹⁴

Zirna Hi Thil Inhrilhfiyahna Satliah A Ni Lo.—Nu leh pate chuan Bible-a Pathian aw lo chhuakte hi ihe lovin zawm sela; chutianga he zirlai hi an zir chhoh chuan ðawngkam leh thiltiha thu âwih tur leh nu leh pate zah turin an fate chu an zirtîr thei ang. He hna hi in chhûngah kalpui reng tur a ni. Hetianga tite chu anmahni an inchâwi kang ang a, an fate nun pawh an châwikang tur a ni tih an hre chhuak ang. Hetiang zirna hi chu ðawngkama thil inhrilhfiyah ringawt aia thûk a ni.¹⁵

A Kahpaha Thiltih Hi Pawm Tlâk A Ni Lo.—In chhûnga hna thawk ðha lovin rorelna a kaltlang hauh lo vang. Kristian nu leh pate chuan rinna leh hnathawh hi an kalkawptir tlat tur a ni. Abrahaman a in chhûng a thunun ang khan an in chhûng chu thunun ve rawh se. Nu leh pate awm dân tur pawh pêksa diam a ni: “LALPA kawng chu an vawng reng ang” tiin. Kawng dang reng reng chuan Pathian khawpuiah hruai lovin tiboraltu hnenah a hruai zâwk ang.¹⁶

Nû leh Paten An Hnathawh Thlîrkir Thîn Se.—Nu leh pate chuan an fate an zirtîr dân leh kaihhruai dân chu thlir nawnin LALPA lo kal leh huna an fate chu an lawmna lallukhum an la ni theih nân rinna leh beiseina nen an mawhphurhna chu an hlen em tih an ngaihtuah dawn em le? Isuan van aţanga A lo thlir a, A Thlarau thilpek nena an hnathawhte A lo tihthianghlimsak theih nân an fate tân an thawk takzet em? Nu leh pate u, he leia mi ţangkai tak ni thei tur leh ropuina lo la thleng tur chang ve ngei tura in fate buatsaih chu in kuta awm a ni asin.¹⁷

1. Manuscript 67, 1903.
2. *Tihdam Rawngbâwlina*, p. 360.
3. Review and Herald, Sept. 13, 1881.
4. Signs of the Times, Sept. 25, 1901.
5. Pacific Health Journal, April, 1890.
6. Review and Herald, July 9, 1901.
7. Signs of the Times, Apr. 9, 1896.
8. Signs of the Times, Apr. 16, 1896.
9. *Ibid.*
10. Manuscript 103, 1902.
11. Review and Herald, Oct. 9, 1900.
12. Manuscript 38, 1895.
13. Letter 272, 1903.
14. Pacific Health Journal, January, 1890.
15. Manuscript 84, 1897.
16. Review and Herald, Mar. 30, 1897.
17. Good Health, January, 1880.

BUNG 3 NAUPANG ZIRTÎR TÂN HUN CHU

Zirna Hi Nausên Laia Inţan A Ni.—Zirna tih thumal hi college zirlai buatsaih ringawt hi a ni lo; nu pawm lâi nausên aţanga inţan a ni a. Nuin a fate nungchang siam a, a chher hian lehkha a zirtîr tihna a ni.¹

Nu leh pate chuan sikula an fate an kaltir hian lehkha zirtîr ta lua-ah an inngai ðhin a. Mahse zirna hian mi tam tak ngaih aiin a huam zau zâwk daih a nia. Nausên lâi aţanga naupang se en rual an nih thlenga zirtîrna an dawn te, naupang aţanga nula tlangvâl an nih thlenga an dawn te,

leh an puitlin thlenga zirtîrna an dawnte a huam vek a ni. Naupangin mahnia ngaih dân a neih theih aţangin zirna chu ţan tur a ni.²

An Rilru Hneh A La Awsam Laiin Ţan Rawh.—Zirna leh thil inzirtîrna chu naupan têt lâi aţanga ţan tur a ni; hetih laia an rilru hi hneh a awlsam lâi ber a nih bâkah an zirlaite chu an hre rei bik a ni.³

Naupangte chu pawmlai an nih anga an lo len deuh thlengin chhûngkaw sikulah zirtîr deuh vek tur an ni a. Sikul ţa tak ang bawkin zirtîrtute ngei pawhin hriatna pawimawh tak tak an chhar belh a; A bikin in chhûnga zirtîrtu pawimawh ber nu ber pawhin chuta ţang ngei chuan a nuna zirlai hlu ber berte chu a zir tur a ni.⁴

In chhûnga thudik sawi hi nu leh pate mawhphurhna a ni. Nî tinin nu leh pate chuan anmahni hmangaihtu Krista Sikul aţangin zirlai zir thar zel sela. Tichuan Pathian chatuan hmangaihna thu chu chhûngkaw sikul aţangin naupangte hnenah hrilh chhawn a ni ang a. Chhia leh ţa hriatna a puitlin ngheh tak tak hmains naupangte chuan an nu leh pate hnen aţangin rilru dik an nei thei dâwn a ni.⁵

Naupan Laia Inzirtîrna Zir Ngun Rawh.—Naupan têt laia inzirtîrna hi mi tinin uluk taka an zir tur *subject* chu a ni. An chhandamna chu naupan laia zirna kan fahah a inngah thui em avangin kan fate zirna hi kan dah pawimawh hle tur a ni. Nu leh pa, thianghlim tura mahni fate duhtu chuan anmahni nun leh thinlung tithianghlim hmasa rawh se. Nu leh pa kan nih avangin keimahni hi inthununin kan inzir hmasa tur a ni a. Chutah in chhûnga zirtîrtu kan nih angin kan fate chu kan zirtîrin chatuana ro chhe thei lo khawm turin kan buatsaih thei.⁶

A Bul Ţan Ţa Rawh U.—In fate kha mana lei, Pathian tâ an ni. Aw! Nu leh pate u, Krista anga in zirtîr theih nân duhtui hle teh u.⁷

Naupan lâi leh ţhalâi nih lâia thil ţa lo tih chin ţanna hian mihring damchhung nun a bawh reng theih avangin naupang leh ţhalaite chu uluk tak leh fimkhur taka zirtîr tur an ni. A bul Ţan Ţat Ţulzia hmu thei turin Pathianin min pui rawh se.⁸

Unau Zinga Upa Ber Zirtîr Uluk Pawimawhna.—Unau zînga upa ber chu a naute a zirtîr chhawn theih avangin a bîkin uluk taka zirtîr tur a ni. Naupangte chu an bul hnaia thil awm dân ang zela ţang lian chho an ni a. Mi rāk tam chi leh mi phunchiar bula an awm chuan chutiang mi chu an ni vein tawrh zawh loh deuhthaw an lo ni mai Ţin.⁹

Thlai Hring—Naupang Zirtîrna Atâna Entawn.—Thlai chi Ţiak zawi zawia a ţang chho hi naupang zirtîrnaa hmuh theih entawn tur chu a ni. A hmasain a lo puam a, chutah a lo parh chhuak a, chumi hnu-ah a lo ţang puitling Ţin (*Marka 4:28*). He tehkhin thu petu hian anţam chi te tak têt A siam a, a mamawh A pe a, a Ţan dân tur A duansak a. Ama nun ngeiah he tehkhin thu hi a thleng dik bawk. Van Roreltu, ropuina LALPA ngei chu Bethlehem-ah khan nausên A rawn ni a, hun engemaw chen chu nu mal chung a Ţanpui ngai em em nausênte ai awhin A awm a. A naupan lâi chuan naupang Ţawngin A Ţawng a, naupang khawsakin A khawsa a, A nu leh pate châwimâwiin an duhzâwng A tihsak Ţin. A lo len chhoh a, A lo fin ve deuh deuh Ţan aţangin khawngaihna leh thutak hriatna-ah chuan A lo Ţang chho ta zel a ni.¹⁰

1. Good Health, July, 1880.
2. Review and Herald, June 27, 1899.
3. Letter 1, 1877.
4. Pacific Health Journal, May, 1890.
5. Manuscript 84, 1897.
6. Review and Herald, Sept. 8, 1904.
7. Manuscript 126, 1897.
8. The Gospel Herald, Dec. 24, 1902.
9. Manuscript 64, 1899.
10. Education, pp. 106, 107.

THEN - II
Zirtîr Dân leh Zirlaibu Tûrte

BUNG 4
ZIRTÎR DAN TUR

Nu leh Pate Thuneihna Hi Zir Tur.—Nu leh pa hna hi a nih tur anga thawh a ni mang lo.... Nu leh pate u, fîng taka in fate rilru leh duhzâwng in zirtîr theih nân nu leh pate thuneihna chungchang hi in zir tawh em? Mahnia la ding thei lo naupangte chu Pathian rinchhan dân zirtîr rawh u. ‘Chutiang khatiang chu ti rawh u,’ tih a, a hnua theihngihl zui leh ringawt kha a tâwk lo; chutia tih chuan naupangin in thupêk chu an ngai pawimawh tâwk lo thin. Hlim taka naupangin in thu an awih theih dân kawng buatsaih ula, Isua ring turin zirtîr rawh u.... Tih tur mawl ber pawh tihna châng hria a, in chhûnga ƣangkai tur leh mihring nuna thil tê ber thlenga Lalpa ƣanpuina dil turin zirtîr ang che u. Nangnin in fate in zirtîr loh chuan zirtîrtu tur mi pakhat Setana a awm a. Ani chuan an thilunga buhlem theh turin hun remchâng a lo melh reng a nia.¹

Hnathawh Tur Chu Rilru Muang Tak leh Hmangaihna Thinlung Nena En Tur.—Ka unau, Pathianin nû mawhpurhna A pe che em?... Lalpa kawng zawh tura i fate zirtîr turin zirtîr dân dik leh remhriatna i mamawh nasa a nia. I faten rilru thlamuanna te, hmangaihna thinlungte an neih a, an rilrua beiseina i tuh theih a, thil thianghlim leh fel hmangaihna rilru i tuh theih nân rilru leh thlarau nun sâng tak neih tum rawh. Pathian fa tlâwm tak i nih angin Krista sikulah chuan inzir la, i ƣawngkam leh thiltiha in chhûng hna a ƣa thei ang bera i thawh theih nân hmasawn zel tum ang che.²

Zâidam Taka Thiltih Rah.—Mi tlêm tê chauhin nausên enkawlnaah meuh pawh zâidamna leh ze nghet chet chawt neih ƣatzia hi an hria a. Nu thinchhia leh nauawmtu vin takte hian an pawmlai nausên an huaibâktir a, mize dam thlap erawh chuan nausên chu a tleitir thin.³

A ƣa Nia Hriat Chu Enchhin Tur.—Lehkhabu chu eng zât pawh chhiar ila a taka kan nunpui peih loh chuan sawtna a nei tlêm hle. Chutichung chuan mi thurawn ƣa tak takte chu ngaihtuah Chiang mang lova zawm ngawt tur chu a ni chuang lo. Nu dinhmun zawng zawng an rem vek kher lo thei a, chhûng khata naupang mize hrang hrang neite tân hman vek chi an ni kher lo thei bawk. Chuvangin nu ber chuan midang thil tawnte uluk takin zir se, a tihdân leh mi tihdânte danglamnate chu khaikhin se, ƣa dâwna a hriat chu hmang ve rawh se.⁴

Hmanlâia An Tihdân.—Hmakhawsâng ata Israel rama chengte chuan zirna hi an lo ngai pawimawh tawh hle. Lalpa chuan nausênte meuh pawh A dâna A ƣatna leh A ropuina lo lang, Israel chanchin kal tawha A entir tawh chu zirtîr turin A ti a. ƣawngƣaina te, hla leh Bible zirlai aƣangten nu leh pate chuan Pathian dân chu A nungchang lantirtu a nihzia leh an thilunga dân thu nghet tak mai chu an dawn chuan rilru leh thlarauvah Pathian anna a lo lang mai ang tihte hi an fate zirtîr rawh se. Sikulah leh in chhûnga an inzirtîrna ber chu ƣawngkâ a ni a, ƣalaite chuan Hebrai ƣawngte an zir bawk a; Thuthlung Hlui lehkhâ inzialte chu an zir atân hawsak an ni bawk.⁵

Ngilneihna leh Khawngaihna Zirtîr Rawh U—Zâidam tak leh hmangaih taka fate zirtîr chu nu leh pate hna bik a ni. Nu leh pate chu an faten an thunun tur a ni lo va; nu leh pa an nih

angin an fate chu an thununin an vawng zâwk tur a ni. An fate chu an thu awih turin an beisei tih hrilh rawh se.⁶

Mi awm hle hle thei lo chite hian soal lam an awn fo va; rilru harh vang reng mai chite phei chu thil tha zâwka an rilru a khah loh chuan. Setana thurawn lamah an rilru a pêng thuai mai thin. Naupangte hian soal laka vawng him tur te, ngilneihnaa hneh an nih theih nân te, thil tha ti tura tihngheh an nih theih nante hian kawng hima hruai an mamawh em em a ni.⁷

Nu leh pate u, hna urhsun tak mai thawh tur in nei a nia. In fate chatuan nunna chu in kawng zawha inngat a ni. Eng tin nge in fate chu hlawhtling takin in zirtîr theih ang? Vin hrep ringawt hian rah tha a chhuah lo a nia. In fate chu an fing ve tâwk tih hria ang takin be zâwk rawh u. Hmangaih tak, nêem tak leh zâidam takin dawr ula. Pathianin an tih tur atâna A duh chu hrilh ula. A hna thawk turin A zirtîr dâwn tihte hrilh ang che u. In tih tur in tih chuan A chanpual tive turin Pathian chu in rinchhan thei ang.⁸

Ngun Takin Ngaihtuah Fo Rawh U.—Nu tawh phawt chuan an fate dik lohna siam thatdân tur ngaihtuah fo sela, dawhthei takin kawng dik chu zirtîr thin rawh se.⁹

I Zirtîr Dân Thlâk Fo Rawh.—Thalaite rilru chakna leh thiltihtheihna cho chhuak tura kawng hrang hranga zirtîrna-ah hian fimkhur hle tur a ni. Mihring rilruin a tlâkchham pawimawh ber ber leh thalaite rilru leh ngaihtuahna thang chho mêk kaihhruai dân hria chu mi tlêm tê chauh an ni.¹⁰

Pathian Thilsiamte Zirlaibua Hmangin Zirtîr Rawh U.—Nute u, in fate chu pâwn boruakah infiam sela, sava hram mâwi tak takte hi ngaithlain Pathian kut chhuak mâwi tak taka A hmangaihna lo lang chhuakte hi zir rawh se. Thilsiamte hi zirlaibua hmangin zirtîr ula, an rilru a lo than len zel rualin lehkhabu amite zirtîr tel ila, an rilruah a châm nghet ang.¹¹

Naupangte leh thalaite tân kut hnathawh hi a tha khawp mai. Thilsiam nen an inhnaih satliah lo va, thilsiamte Pathian an hnaih a ni. A theih chuan kan sikul bul velahte hian pangpâr huan zau tak leh lova neih tham hmun awl awm sela an tân a remchâng hle ang.

Chutiang hmun nei tha sikula zirna chu Pathianin thalaite zirtîrna atâna kawng min kawhhmuh nen pawh a inrem hle a ni.

Hetiang hi a bikin lehkhah thiam thei lo deuh naupang leh thalaite tân a hlu bik hle. Thilsiam chanchin zir chu a hlimawmin a hrisel a, a mitthlaa cham zui reng tur thil hmuh theih nena zir a nih avangin a theihngihl mai mai tawh lo vang.¹²

Zirlai Chu Tawi Tê, Ngaihnawm Tak Ni Sela.—Nu leh pate chuan an tihve theih lam an fate zirtîrna chu tawi tê tê, ngaihnawm tak taka an tih thiam a, tawngkama thu pe ringawt lova anmahni entawn tlâka an insiam bawk chuan Pathianin A thawhpui ang a, zirtîrtu tha takah A siam ang.¹³

Tawngkam Mawl Tê Tê Sawi Fo Zawc Rawh U.—Zirtîrtu chuan tawngkam ninawm chu pumpelh rawh se. Tawngkam tawi fel tak, a tum phawk chhuak si chuan mi a tihlim thin. Sawi tur a tam a nih pawhin tan tawi a, hun dang intuk teuh zâwk tur a ni. Thu ngaihnawm tawi tê tê sawi chu vawikhata sawi teuh aiin a hlâwk zâwk. Rei deuh deuh thusawi hian naupang rilru-ah phurrit a siam a. Ei tam luatin pumpui a tihah a, luak a tichhuak ang bawkin thlarau lam zirtîrna meuh pawh hi sawi tam lutuk chuan mi a tentir thei a ni. Thusawi rei lutuk hian mipui rilru-ah thusawi a tihnê hlui thei.¹⁴

Mahnia Rilru Puakchhuak Nei Turin Fuih Rawh U.—Naupangte chuan zirtîrtute leh lehkhabu atangtea thil an zir rualin mahnia zir leh hriatthiam dân zir rawh se. Huan an enkawl laiin an thlai enkawl lâi atang chuan eng nge an zir tih zâwt ula. Ram mâwi tak takte an thlir lâi chuan eng vangin nge Pathianin phaizawl leh ngawte chu thil mâwi leh mak tinrenga a khuh zâwt bawc ula. Eng vanga rawng mâwi pu kher nge an nih tihte zâwt rawh u. Pangpâr an thliah lâite chuan eng vanga Eden huan ata heng thilmakte hi min la zuahsak nge A nih zâwt ang che

u. Hmun tin renga Pathianin min ngaihtuahzia puanchuahna, kan mamawh leh lawmzâwng tur thil mâwi tak tak inrem fel thlapte hi zirtîr bawh rawh u.¹⁵

Naupang Thiltih Chu Kaihruai Rawh U.—Nu leh pate chuan naupang thiltih chu an khap bet tlur ringawt tur a ni lo va, kawng dik leh tha lama hruai leh zirtîr a pawimawh em em zâwk tih an hre tur a ni. Naupang tha zâ hi hruai zâm ang deuh a nia; hruai zâmte pawh hi an zâmna tur dik taka zâmte an nih loh chuan an hma zawna an tawn fuh apiang an zem ringawt mai a. An thil zem a fuh loh chuan an zâm thûi thei lo va, tha an sêng thlawn mai a ni. Hetiang chiah hi naupangte pawh an ni a. An tha zâ leh phurna chu kawng dik zawh tura zirtîr tur an ni. Rilru leh taksa lama hma an sâwn nân an kut leh thluakte chu hmantir reng ang che u.¹⁶

An Têt Lai Atangin Mi Tangkai Nihîr Tum Rawh U.—Naupangte chu tangkai taka awm dân zirtîr vat tur an ni. An rilru an hman theih a, engemaw ti tura tha an neih tan dêk dêk tawh chuan in chhûngah tih tur tuksak vat ni se. Tin, nu leh pate pui tura fuh thin ni bawh sela. Mahni inphata inthunun tur te, amah aia mi hlimna leh thatna dah pawimawh hmasa tur te, an unaute leh an thiante tihhlimna remchâng zawng tur leh pui tur te, pitar putar, damlo leh mi vanduaite hnena khawngaihna lantir turten zirtîr vat tur an ni bawh. In chhûngah rawngbawlina diktak a awm chuan naupangte nunah pawh a lo lang thuai mai dawn a ni. Midangte thatna tur atâna mahni inphatna-ah leh mite rawngbawlsakna-ah hlimna an zawng thuai mai ang.¹⁷

Nu leh pate u, in fate chu chhûngkaw *member* an nihnaa an mawhphurhna rinawm taka hlen chhuak tur leh Pathian duhzâwng an tih theih nân tanpui ang che u. Hei hian thil tam tak a tawntir ang a. Anmahni nawmsakna leh lawmzâwng ringawt ngaihtuah lo turin a pui bawh ang. In chhûnga an tihtheih ve tâwk ti turin dawh thei takin zirtîr ang che u.¹⁸

Vil Khur Lova Tihnawntîr Zâwk.—Nu leh pate u, in fate in zirtîrnaah chuan thilsiam Pathianin zirlai min pêkte hi zir rawh u. Rose, lily leh derhken chanchin in zirtîr hian eng tin nge in tih le? Pangpâr huan enkawltu chu eng tin nge chutiang taka mâwi chuan pangpârte chu a enkawl han zâwt teh u. A thuai nawk nawk a, a tihchêt dawrh dawrh chuan a zungte a tichhe thei a, chuangin dim tain a enkawl tih a sawi ang. Vil khur lovin a ennawn fo zâwk a ni. Tui a leih a, a kung lo thang chho chu ni sâ leh thlipui lakah a vêng him a, tichuan Pathianin mâwi takin A pâr chhuahtir ta a ni. In fate in enkawlinaah huan enkawltu tihdân hi entawn rawh u. Zâidam taka khawihin hmangaihna nen enkawl ula, Krista nungchang ang ni turin an nungchang chu siam tum ang che u.¹⁹

Thil Tê Tham Têa Lang Pawh Ngaihthah Suh U.—Naupang leh thalaite kan zirtîrna kawngah hian duat lutuk leh duhsak bik neihte hi a va tha lo em! Mahni hmâ an sial a, an tlawktlaw a, harsatna awm hlekah an buai bik thin. Ni tina an thawh awm tâwk thawka an nungchang chu sawizawi a ni lova tin a ni.

Tumah hi thil tê tham zâwka ngaihah an rinawm loh chuan hna pawimawh zâwk leh sâng zâwk thawk tlâk an ni lo. Mahni hmaa tih tur awm ang zelin ani kan tumna leh chaknate hi rilru lam leh nungchang lamah siam chhoh a nih thin ni.²⁰

Naupang Talent Nei Ngahten Enkawltu Uluk An Mamawh Lehzual.—Naupangte rilru-ah chuan an duh ang anga che vel a, inchei a, thilti tur an ni lo tih tuh ngheh tur a ni. Mi hip theih bik riauna leh danglam bik riauna an neih pheih chuan an zirna-ah enkawl uluk zual tur a ni; chuti lo chuan a thilpêk dawnte chu anchhia-ah a lo chang palh ang a, mi fak derna leh mahni intihlar duhna avanga mihring hman tlâk lohah chhuakin nun tha zâwk an neih loh phah thei a ni.²¹

Awm Lo Lutuka Fak Vak Vak Loh Tur.—Naupangte chu vêng khur reng kher suh u. Anmahni hlim hlimin intihlim ve rawh se. Mi hmaa naupang fîng tak leh fel tak anga pho lang vak vak lovin naupang an nihna ang ang mawl tê tê khan awmtir mai mai rawh u. Naupang tam tak kal chak lutuk nachhante an luhlul nachhante leh an chimawm nachhan pawimawh tak

pakhat chu fak leh bengkhawn an hlawh lutuk a, an felna leh an țawngkam nalh deuhte anmahni hriatah a ri nawn zing lutuk chu a ni. Țul lova sawisel vak vak loh a, ho tēa Pawih fak vak vak kher loh tur a ni baw. An tleirawl thinlungah chuan Setanan chi theh a lo tum ve reng a, a puitu-ah in țang miah tur a ni lo.²²

In Fate Chu Lehkha Chhiarpui Rawh U.—Nu leh pate u, kan kohhran lehkhabu ațangte hian țanpuina dap rawh u. In fate chhiarsak țhin ula.... In chhũngkaw *member* zawng zawngin an ni tin hna thawhna rilru dah bova thil in zir ho theihna tur lehkha chhiar hona hun insiam ula. He zan lam chhũngkaw lehkha chhiar hona hun hi thawnthu phuahchawp leh lehkhabu changkang lo chhiar ching țhin țhalaiten an hlãwkpui zaw ber ang.²³

“Hrilh” Ringawt Lovin “Zirtîr” Rawh U.—An faten chatuan nunna an neih theih nãna zirtîr leh *training* pêk chu nu leh pate kuta inngat a ni. Nu leh pa tam tak chuan ei tur leh silhfen an pêk a, khawvel dân anga lehkha an zirtîr theih chuan an fate chungã an mawhphurhna chu tlãk ta-ah an inngai țhin. An fate inzir chhohna lam aiin sum leh pãi leh khawvel nawmsaknain an rilru a luah tam zãwk a. An faten an Chhandamtu chawimawî nãna an *talent* an hman theih nãn an zirtîr (*train*) hman hek lo. Solomona khan, “Naupang chu a kalna awm kawng hrilh ula, a upat hnu-ah pawh a thlah lovang,” a ti lo; “Naupang chu a kalna awm kawngah chuan zirtîr (*train*) ula, a upat hunah pawh a thlah lo vang,” a ti zãwk a ni.²⁴

Mahni Inthunun Thei Turin Zirtîr Rawh U.—Țhalaita leh naupangte dik taka zirtîr tluka fimkhur ngãi leh thiamna ngãi nasa hi hna dang engmah a awm lo va. Kan naupan țat lâi hun tluka thlẽmnain kan rilru a hneh nasat theih hun a awm hek lo. Mihring mihrinna hi kawng thumah a țhen theih a, Solomona zirtîrna khan taksa, finna leh rilru chaknate a zawm țha hle. He hna hi dik taka thawk zo tur chuan nu leh pate leh zirtîrtute ngei chuan “naupang kalna awm kawng’ chu an hre thiam tur a ni. Hei hian lehkhabu chhiar tama hriatna ringawt leh sikula zirna ațanga hriatna ringawt lo deuh a keng tel tlat mai. Insũmna te, unau lainata inlainatna te leh Pathian țihmate hi a taka nunpui a, keimahni leh kan țhenawm khawvẽngte leh Pathian chungã kan mawhphurhna te lanchhuahtir hi a keng tel a ni.

Naupang kan zirtîr dân leh chhia leh țha hriatna nei lo ransa kan zirtîr dân chu a danglam daih tur a ni. Ransate chuan an pũte thu awih mai bãk tihur an neih lo va, naupangte erawh chu mahni inthunun thei tura zirtîr zãwk tur an ni. Mihring rilru chu ngaihtuahna leh chhia leh țha hriatnain a hrilh ang zawm tura zirtîr tur an ni baw. Naupang chu ransa ang maia mahni rilru puak chhuak nei lo, zirtîrtu thu hlira awm ringawt tur pawhin a thunun theih a. Mahse chutianga inzirtîr chu a fin thlãk lo va, a rah chu chhiatna a ni. Chutianga zirtîr chhuah naupangte chu rilru nghehna leh thutlũkna siamna kawngah an chak lo țhin. Mahnia ngaihdân nghet nei tura zirtîr an ni lova, chhia leh țha hriatna chak takte chu sawizawia tihchak an ni hek lo. A theih chin chinah naupangte chu mahni kea dıng ngam tura zirtîr tur an ni. An pianpui thiamna chi hrang hrangte chu sawizawiin an chakna lâi leh chak lohna an hre thei ang. Zirtîrtu fıng chuan naupang chak lo deuh zãwkten nungchang inbũk tâwk leh duhawm tak an lo neih theih nãn chung mite chu a bikin a ngaihven baw ang.²⁵

1. Manuscript 5, 1896.
2. Review and Herald, Sept. 15, 1891.
3. Pacific Health Journal, January, 1890.
4. Signs of the Times, February. 9, 1882.
5. Fundamentals of Christian Education, p. 442.
6. Letter 104, 1897.
7. Letter 28, 1890.
8. Manuscript 33, 1909.
9. Testimonies for the Church, vol. 1, p. 390.
10. Counsels to Parents, Teachers, and Students, p. 73.
11. *Ibid.*, p. 146.
12. *Ibid.*, pp. 186, 187.
13. Signs of the Times, Aug. 13, 1896.
14. Testimonies for the Church, vol. 2, p. 420.

15. Education, p. 119.
16. Signs of the Times, Aug. 13, 1896.
17. *Tihdam Rawngbāwlna*, p. 392.
18. Review and Herald, November. 17, 1896.
19. *Chatuan Ngháh fāk*, p. 497.
20. Testimonies for the Church, vol. 3, pp. 46, 47.
21. Signs of the Times, Dec. 9, 1875.
22. Signs of the Times, February. 9, 1882.
23. Counsels to Parents, Teachers, and Students, p. 138.
24. Review and Herald, June 24, 1890.
25. Fundamentals of Christian Education, p. 57.

BUNG 5 BIBLE HI ZIRLAIBU ATAN

Naupang Zirlaibu Hmasa Ber Chu.-- Bible hi naupangte zirlaibu hmasa ber ni sela. He lehkhabu aṭang hian nu leh pate chuan zirtîrna fîng tak tak pe rawh se. Pathian Thu hi nun hruaitu atân hman tur a ni. Naupangten Pathian chu an Pa a ni tih zir nân hmang sela, A Thu mâwi tak tak aṭang hian A nungchang chu hre rawh se. A thu zirtîrte sawi nawn fona aṭangin dik tak leh fel taka thiltih dân an zir dân a ni.¹

Thutiam, Malsawmna leh Zilhna Bu.— Nu chuan a rilru chu tithar reng sela, Pathian Thua thutiam leh malsawmnate bâkah a phal loh thilte pawh hi vawng rawh se; tichuan naupangin thil an tihsual changin Pathian thu chu zilh nân a hmang thei ang a, Thlarau an tih lungngaihziate pawh a entir thei ang. Khawvel mifing leh lâ, lehkhathiam leh hausate fak derna leh duhsakna aiin Isua lawmzâwng mi nih chu a hlu zâwk fê tih zirtîr rawh u. Ni tin zâidam tak, nê m tak leh hmangaih takin Krista hnen lamah hruai zel ula. He hna ropui tak in thawhna-ah hian engmah a tlakzeh phal hek suh u.²

Bible Zirna Hian Nungchang A Siam.—Bible zirlaite hian a taka nunpui an nih hian mihring nungchangah sakhuaa leh rilrua chhia leh ṭha hriatna lamah mi a hneh thûi thei hle. He zirlai hi Timothea chuan a zir a, a nunpui baw a. Tirhkoh ropui tak chuan Pathian Lehkha Thu chanchin kal tawh lamah hruaiin a zâwt fo ṭhin a. Kawng ṭha lo zawng zawng pumpelth ṭulziate a kawhhmuh a, mi rinawm leh dikte chu malsawmnain vur an ni ang a, mi ropui leh rinawm takah a siam ang tihte a hrilh a ni. Mi ropui nihna leh kawng engkima mitling nihna hi vanneih thila lo kal ani lo va. Naupan laia nungchang insiam chho hret hret leh in chhûnga Pathian dân nunpuina rah a ni zâwk. Pathian chuan A kawhhmuh ang chiaha rinawm taka fate enkawl ṭang tang thinte chu mal A sawm ang.³

Thupui Duhawm Tak Angin Pathian Hmangaihna A Lantir. – Chhung tina naupangte hi Pathian enkawl na leh zilhna hnuai enkawl seilen tur an ni. Sual lam awna rilru chu thunun ni sela, thinchhiatna pawh up beh ni rawh se; naupangte chu Lalpa ta, A thisen hlu taka lei an ni a, chuvangin duhdah tak leh pawlawh takin an nung thei lo va, an duh duh tia an ngaih dân kalpui chungin Pathian fate zingah chhiar tel theih an ni lo tihte zirtîr ni sela. Dawhtheihna leh ngilneihna nena zirtîr tur an ni baw. ... Nu leh pate chuan Pathian hmangaihna chu an chhûngkuuaa thu mâwi ber a nih theih dân tur kawngin naupangte chu zirtîr sela. Kohhran te pawhin beram no leh beram rual chawmna hna chu an mawhphurhnaah ngâi rawh se.⁴

A Chhunga Thawnthute Hian Naupang Zakzum A Ti Huaisen—Pathian awmpui nia inhriatna chauhin naupang zakzum deuh chu nun nin hluah hluahna rilru a tihbosak thei. A rilru-ah chuan he thutiam, “Amah ṭihtute chu, an velah LALPA vantirhkoh chuan a awm chilh a, A chhanhim ṭhin.” Sam 34:7 hi vawng reng rawh se. Tlâng chhip khaw pakhata Elisha awm dân, a hmêlma sipai rual nen an inkara vantirhkoh an ding khah tlat dân te kha chhiartir ula. Vantirhkohin thi tura tih lung in tâng Petera, a chhanchhuah dân te, vêngtu sipaiho an kal pelh

dân te, kawngkhar lianpui mai an kal pelh dân te leh a kalhna thir tala lian pui pui lo inhawn zel dân te leh him taka Pathian chhiahhlawh a hruai chhuah dânte kha chhiartir zel teh u. Chu mai ni lovin lung in tâng, rorelna hmabâk Paula te Rom khawpui kal tur, thlipui leh ruahpuiin tuifinriata a nuai vak tuma Paula tawngkam muanawm takte kha chhiartir zel teh u. “In zingah tumahin nunna in hloh dân lo ve.....A tâ ka ni a, a rawng ka bawl thin Pathian kha, chu mi vantirhkoh pakhat nizan khan ka kiangah a lo ding a, ka hnenah, ‘Paula, hlau suh, Kaisara hmaah i ding tur a ni; tin, ngai rawh, lawnga i hnena kal zawng zawngte pawh hi Pathianin a pe a che,’ mi ti a ni,” tiin. He thutiam rinchhan hian Paula chuan a kalpuite chu a hnem a, “In zingah tumaha samzai pakhat mah a boral lo vang” a ti a. Chutiang tak chuan a lo awm ta a. An lawnga Pathian thawhpui theih mi pakhat a lo awm ve avangin Pathian hre ngai lo lawng mi leh sipaite pawhin an him phah hial a nih kha. “An zain khawmualah him takin an kâi ta vek a.” *Tirhkohte 27:22-24, 34, 44.*

Hêng thute hi ngaihnaawm kan tih atân leh mak kan tih atân ngawta inziak an ni lo va, Pathian mi hmasate rinna ang kha keimahniah a awm ve theih nâna inziak an ni. Tunah hian miin rinna nasa tak a neih phawt chuan Pathian hnathawh dân chu a la nêp chuang reng reng lo.⁵

Rinnaah chuan ding nghet ula, in fate chu Pathian chauh chu kan inngahna ani tih zirtîr ang che u. Hebrai sal tlangvâl palite chanchin kha chhiarsak ula, Daniela hun laia thu dika din nghet tlatnain thil a tihtheihziata kha an rilru-ah tuh rawh u.⁶

Bible Zirlaite Chu Mawl Têin Siam Rawh U.—Nu leh pate chuan an fate hnena Bible thawnthu an hrilhin hriat thiam awlsam tak leh mâwl takin hrilh rawh se.

In fate chu Pathian thupekte hi an nun uaptua hman turin zirtîr rawh u. Nu leh pate hmuh phâk loha an awm a tûl hunte pawh a awm ang, mahse an naupan lâi leh tleirawl lâia zirtîrna an dawn chu an damchhungin malsawmna a ni tawh dân a ni.

1. Counsels to Parents, Teachers, and Students, pp. 108, 109.
2. Review and Herald, Apr. 14, 1885.
3. Letter 33, 1897.
4. Review and Herald, Oct. 25, 1892.
5. Education, pp. 255, 256.
6. Manuscript 33, 1909.
7. Letter 189, 1903.
8. Manuscript 57, 1897.

BUNG 6 THILSIAMTE HI ZIRLAIBU AN NI

Zirtîrna Hnâr Kang Ngai Lo.—Bible tih lovah chuan thilsiamte hi kan zirlaibu ropui tak an ni.¹ Naupang sikul la kal tham lo leh lehkha pawh la chhiar thiam lote tân thilsiamte hi zirtîrna kang ngai lo leh hlimawm tak an ni. Sualin a la tihsak loh naupang thinlung chuan thilsiam zawng zawnga AWMA chu a hmu hma em em a. Khawvel thawm bengchhengin a la tihbuai loh naupang beng chuan thilsiam hmanga thusawitu aw chu a hre hma em em bik bawk. Kum upa lamho tân pawh ngâwi renga thlarau lam leh chatuan thil min hriattirtu thilsiam zirtîrna awmte chu inzirna leh lawmna hnâr a nih lohna bik a awm chuang reng reng lo.²

Eden Huanah Khan Zirlaibu Atâna Hman A Ni.—Khawvela thilsiam awm reng reng hi Pathian thilte min hrilhfiahsaktu an ni. Adama leh Evi te tân chuan an in Edenah khan thilsiamte chu Pathian hriatna leh inzirtîrna hlimawm takin a khat a ni. An bengah chuan finna aw angin a ri a. Pathian chu A thilsiamte hmanga an zawm avangin A finna chuan an mithmuhah thu a sawi a, an vawng reng thin.³

An hmaa zirlaibu nung inkeu sa thilsiamte chu inzirna hnâr kang ngai lo leh lawmna tâwp thei lo chu an ni. Ramngâwa hnah hring tinah te, tlâng sâng lungpuiah te, arsi êng mâwi takah

te, tuifinriat leh van dum pawl ruih maiachte khian Pathian hming chu a inziak zel a. Thil nung leh nung lo, hnah leh pangpâr leh thingkung te, vâk thei nunna nei tinreng, tuifinriata sangha lian pui pui leh ni thlara rannung tê reuh tê tê lo thlâwk sep sep thleng hian Eden huan luahtute chuan an sawi dun a, an nunna thurûkte chu an zir dun thin. Vanrama Pathian ropuina te, fel taka khawvel chhiar sên rual loh inher mup mup te, “chhûm inkhâi te,” (*Joba 37:16*), êng leh ri awm dân thurûk te, chhun leh zan zawng zawngte hi lei sikul hmasa bera zirlaite thil zir ber an ni.⁴

Mihring Tlôk Hnua Zirlai Thar Chu.—Lei hi anchhiain tihmelhem tawh mah se thilsiamte chu mihring tân zirlaibu an la ni reng a. Sualna hnuhma chu hmun tin reng, leilung, tuifinriat leh boruakahte hmuh theiha a awm avangin lei hian thil tha lam ringawt a entir thei ta lo. Pathian nungchang, a tha lam ringawt ziahna leilungah chuan sual hriatna, Setana nungchang pawh a inziak ta. Sual leh tha hriatna puangtu thilsiam aţangte hian mihring chuan sual rah chungchângah vaukhanna a dawng ta reng zâwk a ni.⁵

Thilsiamte Hian Bible Zirlai A Takin An Entir.—Bible ziaktu tam tak chuan thilsiamte aţangin zirlai tam tak an la chhuak a; khawvela Pathian thilsiamte kan thlir hian, Thlarau Thianghlim kaihhruainain, Pathian Thua zirlaite hi chiang zawkin kan hre thiam thei ang.⁶

Thilsiamte hian Pathian chuan A Thua hausakna awmte hai hawng turin mihringte kutah hian chahbi a dah a. Hmuh theih loh chu hmuh theihte hian a entir a, Pathian finna te, chatuan thutak te leh khawngaihna tâwp nei lote chu Pathian thilsiam aţangte hian hriat thiam an ni thin.⁶

Naupangte chu Bible zirtîrna entir thei thilte thilsiam aţanga zawng chhuak a, Bible a mi nen an inanna chhui chhuak tura fuih tur an ni. Pathian Lehkhabu Thianghlim aţang leh thilsiam aţangten Krista entirtu thil leh Amah ngeiin thutak hrilhfiyah nâna A hmante chu zawng chhuak rawh se. Tichuan thingkung leh hruizâm aţang te, lily pâr leh rose pâr, ni leh arsi aţangte hian Amah hmuh an tum ang. Sava hram ri chiah chiah te, thing hnah inchhawk ri seng seng te, van sânga khawpui ri bup bupte leh tuifinriat fawn ri hlup hlup aţangte hian A aw hriat an tum baw ang a. Tichuan leilunga thil hmuh theih zawng zawngte hian A zirlai hlu tak takte chu a hriat nawntir thin dân a ni.⁷

Krista hnaihtute tân chuan khawvel hi thlaler ram reh hmun khawhar a ni tawh lo vang a. Mihring zinga lo cheng tawh thin Pathian chenna in, A awmpuinaa khat a lo ni tawh ang.⁸

Bible Hian Leilung Thurûk A Puang.—Naupang chu thilsiam mak tak tak a hmuhin a buai deuh hial maithei e. Mita a hmuh theih phena thil awmtirtu chu a hmu thiam si lo. Hetah tak hian leilung dânte hian hrilhfiaktu a mamawh thin a. Leilung dânna thi tha lo lo lang an hmuh avangte hian mi zawng zawngin “Hmêlma pain hei hi a ti a ni” (*Matt 13:28*) tih zirlai lungchhiat thlâk tak an neih phah a ni.

Kalvari aţanga êng lo chhuak aţang chauhin leilung dânin zirlai min pête hi hriat dik theih a ni. Bethlehem aţanga Kalvari kraws hian sual hneh a ţulzia leh kan tâna tlanna thilthlawnpêk lo thleng lawmawmzia hi entir lul rawh se.

Hnim leh buar, vaihlen hlo leh âthlo hlingte hian khawvel hi an tihrehawm a. Sava hram leh pangpâr kuhmumah te, ruah leh ni êngah te, nipui chhemdam thli leh thlasik dai huh chip chepah te, thilsiam sang tam takah te, zaman hmâwng lian pui pui leh a panga pât êk inphan diar duarah te hian tidamtu hmangaihna chu a hmuh theih a. Leilunga thilsiamte hian Pathian thatna chu min la hrilh reng a ni.⁹

Duhthusam Sikul Aţanga Zirlai.—Eden huana khawsate khan leilung dânna zirlai an zir a, Mosian Arabia ram phaizawl leh tlâng rama Pathian kutziak a hre thiam a, naupang Isua, Nazareth khaw dâi tlâng pang aţanga A inzir ang khan tunlai naupangte pawh hian Amah chu an zir thei a. Hmuh theih loh chu thil hmuh theihte hian a entir a ni.¹⁰

Thilsiamte Hmangaihna Rilru Tuh Rawh U. Nu chuan a fate nena thilsiamte an ngainat theih nân hun insiam sela. Vana Pathian ropuina lo lang te, leilung cheitu thil mâwi sang tam tak takte chu kawhhmuhin chung zawng zawng siamtu chanchin chu hrilh rawh se. Tichuan an rilru la tuaitir tê mai chu Siamtu lamah hruaiin an thinlung chu malsawmna tin reng petu zahna leh hmangaihna lamah a kai harh thei ang. Naupang te tak tê têho tân chuan phaizawl leh tlângte hi an sikul ni sela, leilung hausaknate chu an zirilaibu lo ni rawh se. Tichuan an rilrua zirilai intuh chu an theihngihl tawh mai mai lo vang.¹¹

Nu leh pate hian an fate chu Pathian nen an inzawmtir thei a ni. Chumi ti thei tur chuan Pathian pêk thilsiamte hmangaih tur leh an thil neih apianga Pathian kut hnu hmu tel ve zel tura fuih tur a ni. Chutiang chuan naupang thinlung lei tha chu hma takah thutak chi tha thehna tlâkah buatsaih a lo ni ang a, chu chu lo thang puitlingin rah tam tak ang.¹²

Savate Hi Pathian Fak Hla Sakpui Rawh U.—Naupang tê lehzualte hi thilsiam nen an inhne hnai leh zual bik tur a ni. Silhfen thaa phuar bur lovin ni êng mâwi tak leh boruak thianghlim tak hnuaiyah beram no anga zalenin infiam thin rawh se. Hnim leh pangpâr te, phaitualhnm leh thing sâng pui puite chu kawhhmuh la, an mawi dân hrang hrang leh an derthawn dante chu zirtîr ang che u. Pathian hmangaihna leh finna te chu A thilsiamte atanga an hmuh theih nân zirtîr ula, fakna hla sa savate chu zawmtir ve rawh u.

Naupangte leh thalaite chu Thil Duangchhuaktu Ropuia kut hnu ngaihtuah a, an nungchang siam chhohnaah thilsiam mi hip thei tak takte entawn turin zirtîr ang che u. Pathian hmangaihna an thinlung a hneh chhoh lâi chuan an nunah thianghlimna duhawmzia hi lakluhtir ula. Tichuan an theihnate chu midangte malsawm nân leh Pathian chawimawi nân an hmang dâwn a ni.¹³

Thilsiamte Atangin Pathian Nihna Kawhhmuh Rawh U.—Naupangte hi sual do ngam tura huaisenna nei turin zirilai pêk an tûl hle a ni. Thilsiamte atang hian Pathian nihna chu kawhhmuh ula, tichuan Siamtu nen an lo inhna thei ang. Engtin nge ka fate chu Pathian rawngbawla chawimâwi turin ka zirtîr that theih ber ang? tih chu nu leh pate rilru luahtu ber zawhna lo ni teh se. Van zawng zawngte khian mihring fate hamthatna hi anrawn ngaihven a nih chuan keini hian kan fate hamthatna tur hian taimâk kan chhuah hle dâwn lo vem ni?¹⁴

Thilsiamte Chanchin Zirna Hian Rilru A Tinghet.—Pathian ropuina chu A hnathawh fîng tak takahte hian a lang a. Hetah hian thurûk, mihring rilru hian zawng chhuak se a chak phah sawtna tur an awm a ni. Thawnthu phuachawp chhiara rilru tihlim thin leh tibuai thinte hian thilsiamate hian lehkhabu hawn sa, an mahni hual veltu Pathian hnathawh thutak chhiar tur chu an nei thei. Mi tinin ramngawa thingnah mawl têa langah te, leilung tuamtu hnim hring help hlepah te, pangpâr leh hnimah te, ngaw kara thing ding thelh thuuu maiah te, tlâng sâng tak tak kârah te, lungpui tolawtah te, tuipui fawn hlup hlup rengah te, zan lam mawitu chung si-âr zo zâi zingah te, ni êng mâwi hausa em em maiah te, thla êng mâwi em em maiah te, thlasik khaw vawt vin tak maiah te, nipui khaw lum vung vung te, thil danglam reng maiah te, hunpui inthlâk chho zut mai, inrem tak leh sawisel bova awm, thiltihtheihna tâwp lovin a thununahte hian zir tur an hmu vek ang a; hengahte hian suangtuahna tizau thei tur, thûk taka ngaihtuah tlâk thupui a awm zel a ni.¹⁵

Mi awm ho leh nawmsip ngaina mite pawh hian an rilru chu thil tak tak leh thudika tikhah phal se chuan leilung thilsiamte Pathian chu zahin an chawimâwi lo thei lo vang. A thilsiamtea inpuang chhuak Pathian nungchang zirna leh ngaihtuahna chuan hlimhlawp changkang lo leh bawhlhlawh tak atangin ngaihtuahna zau zâwk a hawng ang a. Pathian hnathawh leh A kawng hriatna chu khawvelah hi chuan bul kan tan dêk dêk chauh a ni a; chatuana zir zawm zel tur a ni. Pathian chuan mihringte hi thil ngaihtuah tur, ngaihtuahna zawng zawng tiche tur chu A chhawpsak a. Siamtu nungchang chu van atang leh lei atangte hian kan chhiar thei a, chu chuan hlimna leh lawmnain thinlung a tikhat thin. A hnathawh mak taka Pathian hmangaihna lo langte hi kan hriatna thazâm leh kan thil hriat theihna zawng zawngte hian a lo chhâng vek ang.¹⁶

Thilsiamte leh Bible Hi Isua Zirlaibute An Ni.—Isua zirna kha Vanram aṅanga chhuak, hna ṅangkai thawhna aṅangte, Pathian Lehkha Thu zirna aṅangte, thilsiam aṅangte, a taka nunpuina aṅang te, la duh a, hmu duh a, a hre thiam duh zawng zawngte tâna zir tur hlira khat Pathian zirlaibu aṅangtea neih a ni.

Pathian Lehkha Thu A hriat dân êm êm khan A naupan lâi aṅanga Pathian Thu A zir nasatzia a lantîr a. A hma-ah chuan Pathian hnathawh thilsiamte chu lehkhabu dahna in lian angin a awm duai mai a. Engkim Siamtu chuan lei, tuifinriat leh vana A kutziak zirlai ngei mai chu A zir a. Khawvel kawng bawlhhlawh tak takte ni lovin thilsiamte aṅang hian science lam hriatnate chu a khawlkhawm bawk. Hnim hring leh rannung bâkah mihring nunna te hi A zir a. A naupan têt lâi ata thil tihtum bik A nei a; chu chu midangte malsawmsak a ni. Hemi atân hian thilsiamte aṅang hian hmanrua A lakhawm a; thlai nunna leh ransate nunna A zirna aṅangin tihdân thar leh ngaih dân thar A chhar zel bawk.

Tichuan Isua tân chuan thil lo thlen dânte hriat thiam A tum avangin Pathian Thu pawimawhna leh Pathian hnathawhte chu hawn a lo ni ta a. Van mite chu Amah ṅawiaawmtute an ni a, rilru thianghlim leh thlarau lama inpawlnate chu A nunphung an ni. Chhia leh ṅha hriatna A neih aṅangin thlarauvah leh thutak hriatna lamah A ṅhang zêl a. Naupangte hian Isua ang khan hriatna an khawl thei a. A Thu hmanga kan van Pathian chu hnaih kan tum hian vantirhkohte an lo hnai a, kan rilrute tihngheh a lo ni ang a, kan nungchangte pawh tihsana thlitfim a ni ang.¹⁷

Zirtîrtu Ropuia chuan A thusawi ngaithlatute rilru chu thilsiam zawng zawnga lo lang chhuak aw an ngaihthlâk theih nân an chhehvela thilsiamte chu A kawhhmuh a, an thinlungte a lo nê m a, an rilru a lo inhawn hnu chuan an mit fûkna ram leilung aṅang chuan thlarau lam zirtîrna chu A hrilhfiâh ṅan ta a. Thutak zirtîr nâna A duh em em tehkhin thute hian thilsiamten mi rilru an hneh theihzia lama A rilru inhawnzia leh ni tin nuna min hual veltu hmanga thlarau lam zirlai lâkkhawm nuam A tihzia a entir a ni.

Boruaka sava thlâwk te, phâizâwl lily te, buhchi leh a thehtu te, beram vêngtu leh a beram te hmangin Krista chuan chatuan thutak chu A hrilhfiâh a. Mihring nuna thil thleng, ngaithlatute hriat ṅhan thil- dawidim, rophum rûk, lungflu, sangha manna lên, duli bo, fapa tlanbo, lungpui leh ṅiau dûpa in sakte chu mite zirtîr nân A hmang a. A thu zirtîrah chuan mi tin rilru khawih tur leh thinlung tinte mantu thil an awm zel a. Tichuan ni tin hnathawh chu thil hrehawm lo thleng zel, ngaihtuahna sâng zâwk hloh tirtu ni lovin thlarau thil leh hmuh theih loh thil inhrih nawn fona chuan tiêngin a châwi sâng ta zâwk a ni.

Chutiang chuan kan zirtîr tur a ni. Naupangte chuan thilsiammahte hian Pathian hmangaihna leh finna hmuh tumin zir sela; Amah ngaihtuahna chu sava te, pangpâr te leh thingkungte nen hian inzawm bawk sela; thil hmuh theih zawng zawngte hi hmuh theih loh hrilhfiâhtu lo niin hring nuna thil thleng apiang hi thlarau nun zirna ni zel rawh se.

Naupangten chutianga thilsiam zawng zawng leh hring nuna thil thleng zawng zawnga zir tur awmte an zir lâi chuan thilsiam ho leh hring nuna thil thleng thununtu dânte chu min thununtu tur an ni a; chumi dân zawmnaah chauh chuan hlawhtlinna leh hlimna dik kan hmu thei tih entir ang che u.¹⁸

1. Testimonies for the Church, vol. 6, p.185.
2. Education, p. 100.
3. Counsels to Parents, Teachers, and Students, p. 186.
4. Education, p. 21.
5. *Ibid.*, p. 26.
6. *Ibid.*, p. 120.
7. Counsels to Parents, Teachers, and Students, pp. 187, 188.
8. Education, p. 120.
9. *Ibid.*, p. 101.
10. *Ibid.*, p. 100.
11. Review and Herald, January 10, 1882.
12. Signs of the Times, Dec. 6, 1877.
13. Counsels to Parents, Teachers, and Students, p. 188.

14. Manuscript 29, 1886.
15. Testimonies for the Church, vol. 4, p. 581.
16. *Tihdam Rawngbāwlna*, p. 392.
17. *Chatuan Nghāhfāk*, p. 56.
18. Education, pp. 102, 103.

BUNG 7 THILSIAM AṬANGA A TAKA KAN ZIR

A Hnathawha Pathian Aw Chu.—Hawina lam apiangah Pathian aw hriain A kuthnu mâwi tak takte kan hmu a. Khawpui ri dur dur leh tuipui fâwn ri hlup hlup te, ramngaw kara nungcha hram rimawi tak tak leh thilsiam aw sâng tam takte hian Amah fakna chu an au chhuah pui a ni. Lei chung, tuifinriat leh van rawng inchawih mâwi tak tak, thil inang hauh lo inrem em em si aṭangte hian A ropuina kan hmu a. Tlâng upa tak takte hian A thiltihtheihna an puang a. Ni sa hnuaia thing hnah hring fawn dual dual leh pangpâr nê̄m tak mâwi bawk si fâwn dual dualte hian an Siamtu lam an hawi a. Tuipui mawnga pûk awmte leh lei chhungrilte hian A hausakna an lantir bawk. Tuipui mawnga lunglhu dahtu leh lungpui thuahtip kara lungmawi chi hrang hrang dahtu hi thil mâwi ngaina mi a ni. Kawlkila ni lo chhuak khi A thilsiam zawng zawngte tâna nunna leh êng aiawhtu chu a ni a. Lei tuam mawitu leh van êntute hian Pathian nihna chu an puang chhuak bawk.

Tichuan A thilthlawnpêkte avang hian A Petu chu kan theihngihl dâwn em ni? Hnai lo ve, A ṭatna leh A hmangaihna ngaihtuah tura min hruaitu ni zâwk rawh se. Kan chenna lei chung a thil mâwi zawng zawngte hian kan van ina darthlalang lui leh phaizawl hring dup te, nunna tui leh thingzâr phu suau suau te, khawpui êng sût mai leh puanvâr sin zaipawl te leh thil mâwi tin reng, lem ziahtiamte ziah thiam rual loh, mihring ṭawngin a sawifiah phâk lohte chu min hriatchhuahtir rawh se. “Mita hmuh ngai loh, beng a hriat ngai loh, mihring rilrua lût ngai lo, Pathianin a hmangaihntute tân A buatsaih apiangte chu,” (*1 Kor 2:9*).¹

Pathian Hmangaihna leh Nungchangah Chuan.—Nute chu thilsiam chawp leh khawvel lungkhamnain uai rit lo sela, chuti lo chu Pathian zirlaibu ropui thilsiam aṭangte hian an fate zirtîr hman lovin pangpâr kuhmum lo parh chhuak leh a pâr mâwi takte hian an fate rilru naupang tak mai chu an hneh hman lo palh mai ang. Thingkung sâng tak te, an Siamtu faka sava mâwi tak hram chiah chiahte hian Pathian zahngaihna leh ṭatna leh malsawmna an hriat chu an auchhuahpui a. Hnah tinreng leh pangpâr rawng chi hrang hrang boruak tirimtuute hian Pathian chu hmangaihna a ni tih an zirtîr bawk. He khawvela thil mâwi leh ṭha zawng zawngte hian an hnenah kan van Pathian hmangaihna chu an hril a ni.²

Pathian That Famkimna Chu.—Thilsiamten theih tâwpa khawvel cheimawi leh Pathian ṭat famkimna entira Siamtu an ngaihlutia an lantir angin mihringte pawh hi anmahni hmanga A zahngaihna te, A ṭatna te leh diknate A hlen theih nân kan theihna lam aṭanga Pathian famkimna aiawh zo turin kan ṭang ve tur a ni.³

Siamtu leh Sabbath.—Tu nge lei rah chhuahtirtu ni êng min pe a? ruah tangkai takte min pe? Tu nge chunglam van te, ni leh arsi te min pe? Tu nge ngaihtuah theihna pe che a, ni tin vêng him reng che? Khawvel kan thlir apiang hian a awmtirtu Pathian kut chak tak chu min hriatchhuahtir ṭhin. Kan chung zawna min khuhtu van leh a hnua lei chung tuamtu hnim hringte hian Pathian thiltihtheihna leh A hmangaihna ngilnei tak chu hre reng turin min ko a ni. Hnimte hi a buang emaw, a dum emaw pawhin A siam thei a. Mahse Pathian chu thil mâwi ngaina mi A ni a, chuvangin kan thlir atân thil mâwi tak takte A siam a. Tu nge pangpâr hi Pathianin A cheina ni lo rawng danga chei thei?

Thilsiamte aia zirlaibu ṭha dang kan nei thei lo. “Ram tuktin pâr ṭhanzia hi ṭha takin ngaihtuah rawh u; hna an thawk lo, la pawh an kai hek lo: nimahsela ka hrilh a che u, Solomona meuh pawh a ropuina zawng zawnga a inthuum khan heng tuktinpâr pakhat tluk

pawh hian chein a awm lo,” (Matt 6:28,29). Kan fate rilru chu Pathian lamah hruai ni rawh se. Hei vang hian ani a ni sarihnna ni min pêk a, A thilsiam hriat reng nâna A tihna chhan chu.⁴

Dân Zawmna.—Thilsiamte chelhtu thiltihtheihna tho hian mihringah pawh hna a thawk a. Arsi leh *atom* thununtu dân ropui takte chu mihring thununtu dânte tho an ni. Lûng hnathawh thunun a, taksaa nunna thahrui luang thununtu dânte hi Fing Ropui bera, mihring thlarau chungathuneitu dânte an ni baw. Amah ațang chuan nunna zawng zawng an lo chhuak a. Amah nena inremna nen chauh A awm dân diktak hmuh theih a ni. A thilsiam zawng zawngte tân thil awm dân chu a thuhmun vek—Pathian nunna ngeiin a chelh nun, Siamtu duhzâwng nena inrem nun chu a ni. Tisa, rilru leh chhia leh ța hriatnaa A dân bawhchhiat chu lei leh van rem lohna te, buaina te, rorel mumal lohna leh chhiatnate a ni.

Mi, thilsiam zir tur awm hrilhfiah tum tân chuan thilsiamte hi an lo êng a; khawvel hi zirlaibu niin nunna hi sikul ang a ni. Mihring leh thilsiam leh Pathian inpumkhatna, lei leh vana dân lal dân te, dân bawhchhiatna rah te hian rilru hnehin nungchang a siam lo thei lo. Hengte hi kan faten zir an mamawh em em a ni.⁵

Leilung Dân Ațanga Zirlai Dangte.—Loneitu fîng deuh chuan a lei leh laiin a duhthusam a rawn thleng ța tih a hre mai ang. Thil tihdân pângngai zawm lovin tumah lo neih lamah a hlawhtlin theih loh. Thlai chi hrang hrangten mamawh an nei hran țeuh dân chu uluk taka zir tur a ni. Lei ngeih bik leh tihdân ngeih bik an nei zel a, chung dân neuh neuh zawm chu hlawhtling tura zawm makmawh an ni.

Thlai phun sawn dâwna hriat ngâi chi, a zung pakhat tê pawh dah dik loh pawina te, thlai țiak hlim enkawl dân te, a suat leh tuipêk te, zing dâi tla laka vên te, ni sa laka vên te, hnim, hri leh rannung laka vênthe hian nungchang siamna atân thil min zirtîr ringawt lo va, a thawh hrim hrima pawh kha hmasawna kawng khat chu a ni phawt mai. Lo neih hian fimkhurna te, dawhtheihna te, thil tê ber thlenga ngaihven peihna te, dân zawmnate ang chi inzirtîrna țul ber ber min pe a ni.

Nunna thurûk te, thilsiam mawina nena inzawm rengna leh heng Pathian thilsiam mâwi tak takte enkawl tura zâidamna ang chite hian rilru a tichakin nungchang a thlifim a, a châwi sâng baw a; a thil zirtîrte chuan hnathawktu chu rilru dangte dawr hlawhtling thei turin a buatsaih baw.⁶

Buhchi Thehtu Ațanga Zirlai.—Buhchi thehtu tehkhin thu hian thlarau lam zirlai thûk tak a keng a ni. Buhchi hian thinlunga nunphung nghet tuh a kâwk a, a țiak hian nungchang insiam chho mêk a entir baw. He tehkhinthu hi a takah chantir rawh. Naupangte chuan buhchi thehna tur lei an let thei a; chutia an thawh lâi chuan zirtîrtu emaw, nu leh pate emaw chuan an thinlung huan, thlai chi ța emaw, a chhia emaw an thehna tur chu an lo sawifiah thei a; thlai chi theh nâna lei lo buatsaih a țul angin kan thinlung pawh hi thutak chi theh nâna buatsaih tur a ni tiin hrilhfiah sela. Tin, thlai a lo ța chhoh lâi chuan thlai ța chho mêk leh thlarau lam nun ța chho mêk inzawmna chu sawi zawm zel theih a ni.⁷

Leia buhchi theh a nih lâi chuan Krista thihna chungchâng an zirtîr thei a; a lo țiach leh hunah A thawhleha an zirtîr thei baw ang.⁸

Thinlung Huan Hian Enkawl A Mamawh.—Leilet chanchin ațang hian zirlai zir tur a awm zel. Tuman lei leh phut lovah tam deuh seng tumin buh an tuh ngawt lo vang. Thlai chinna tlak leilet siam tur te, buh tuh leh a ța hnua enkawl zuina hnate hi taima tak leh beidawng hauh lova thawh tur an ni a. Chutiang baw chu thlarau lam chi theh pawh hi a ni. Thinlung huan chu leh phawt tur a ni a. Chutah lei chu simnaa tihsawm tur a ni. Thil ța diptu hnim chu a zung chawpa pawh vek ni sela. Hnim hling neia khat tawh leilet chu taima taka thawh chauha neih leh tlâk a ni angin sual awn reng țin thinlung chu Krista hming leh chakna nen theih tâwp chhuah chauha hneh theih a ni.⁹

Khawngaihnaa Thang.—In fate chu Pathian thiltihtheihna mak tak mai hi hrilh rawh u. Thilsiam zirilaibu an zir lâi chuan Pathianin an rilru A lo hnehsak ang. Loneitu chuan a lo chu letin buhchi a theh a, mahse a ʔo tir thei lo. Mihring tih theih loh thilah chuan Pathian hnenah a inngah a ʔul thin. Lalpa chuan thlai chi-ah chuan A thiltihtheihna lantirin nunna a chhuahtir a. A enkawl na hnuaiyah nunna bul chuan amah tuamtu kâwr chu a tâwn keh a, rah chhuah turin a lo ʔo ta a. A hmasa berin a rawn mawm a, chutah a hnah tur a rawn insiam a, chumi hnu-ah a lo ʔang lian ta thin a ni. Thlai chia Pathian hnathawh dân hi naupangte hrilh an nih chuan khawngaihnaa ʔhan dân thurûk chu an zir tihna ani ang.¹⁰

Kan Vela Mite Thansanin.—America-ah chuan tui lily pâr mâwi tak mai kan nei a. Heng lily-te hi sawisel bo khawpa mâwi leh duhawmin hnawm hnawk kâr aʔanga lo pâr chhuak an ni. Ka fapa hnenah chuan, “Saw lily saw a kung bul rê̄t aʔangin min va lâk thei em? Thil zirtîr che ka duh a nia,” ka ti a. Lily pâr chu a va la ta ʔeuh mai a. Ka lo ensak vang vang a. Tuikawng inhawng reng ang hi an ni mai e; a kung chuan lei aʔangin a thil mamawh zawng zawng a la vek a, lily pâr mâwi sawisel bovah a lo chang ta a ni. A ʔona hmuna bawlhhlawh zawng zawng chu pakhat tê mah a la lo va, thil hmuh hrehawm engmah a pawm hek lo. Pangpâr thianghlim takah a insiam a ni.

Hei chiah mai hi khawvela khawsa mêk kan ʔhalaithe kan zirtîr dân tur chu a ni. An rilru leh thinlunga tu nge Pathian ni a, tu nge Krista chu tih leh kan tâna A inpeknate chu an hriat theih nân hrilh vek ni sela. Thianghlimna te, zahawmna te, khawngaihna te, mi zahderna te, hmangaihna te, dawhtheihna te chu thiltihtheihna zawng zawng hnâr aʔang ngei chuan la ve rawh se.¹¹

Rinna leh Beidawn Duh Lohna Aʔanga Zirlai.—“Rante pawh zâwt teh khai, an zirtîr ang che, chungleng savate pawh zâwt la, an hrilh ang che.... Luipui sanghate chuan i hnenah an puang ang.” “Nang thatchhe pa, fanghmir tihdânte chhût la, fîng rawh.” “Chunglêng savate khi thlir teh u.” “Choâkte hi ngaihtuah rawh u.” Joba 12:7,8; Thufingte 6:6; Matthaia 6:26. Luka 12:24.

Heng Pathian thilsiam nungchate chanchin hi kan fate hrilh mawl tawp tur a ni lo. Ransate ngei chu an zirtîrtute ni rawh se. Fanghmir chuan dawhthei taka taimâkna te, harsatna a awm pawha beidawn duh hauh lohna te leh inchohêk khawl ʔatnate a zirtîr a. Savate chu rinna duhawm tak zirtîrtu an ni. Kan pa vana mi chuan eitur A ngaihtuhsak a, mahse chaw chu an la khawm ve tur a ni a, bute chhepin an note pawh an enkawl ve tur a ni. Engtik lâi pawhin tihchhiat tum hmêlmaten an veh reng a. Chutichung chuan hlim takin an thawk reng a, hlim takin an hram reng tho zu nia!

“Tlâng sângte chu sathâr tân a ni a; luipuite chu sazupui tân inhumhimna an ni.” *Sâm 104:18*. Tlângachte chuan tuihna a tir a, “a kamahte chuan chunglêng savaten awmna an nei ʔin a.” *Sâm 104:12*. Ram ngaw leh tlâng sâng kara nungcha zawng zawngte hi A chhûngkaw member vek an ni a. A bân a phar a, “thilnung zawng zawng châkna chu a phuhrûk ʔin.” *Sâm 145:16*.¹²

Rannungten Taihmâk An Zirtîr.—Khuai taima zet maite hian mifingte chu thil entwawn tur ʔha tak mai a pe a. Khuai chuan fel takin thil an tithlip thlep a, thatchhiain an zingah hmun an nei lo. Kan hriat thiam phâk hauh lohian an tihura ruat chu fîng takin an thawk zo va.... Mifing chuan leia rannung te reuh tê lamah kan rilru hruaiin tihian a ti: “Nang thatchhe pa, fanghmir tihdânte chhût la, fîng rawh. Anni chuan lal te, hotute, roreltute nei lovin nipuia chaw an chhêk khawm a, a seng hunin an ei turte an seng khawm ʔin.” tiin (*Thufingte 6:6-8*). “Fanghmir hi chak lo tak an ni a; nimahsela ʔhalah an chaw tur an khawl khawm ʔin,” (*Thufingte 30:25*). Heng zirtîrtu te reuh tê tê aʔangte hian rinawmna zirlai kan zir thei a ni. Hetiang chiaha taima hian Siamtu fîng tak maiin min pêk kan finna zawng zawngte hi ʔhantir ta mai ila kan ʔangkaina chu a va pung nasa dâwn tehreng em! Pathian mit chu A thilsiam tê ber chungah pawh a fu reng a, tichuan Ama anpuia siam mihringte hi A ngaihsakin ransate neih loh hamʔatna a pêk zawng zawngte hi Ama tân a phût lêt leh dâwn lo em ni ang?¹³

1. Counsels to Parents, Teachers, and Students, pp. 54, 55.
2. Signs of the Times, Aug. 5, 1875.
3. Letter 47, 1903.
4. Manuscript 16, 1895.
5. Education, pp. 99, 100.
6. *Ibid.*, pp. 111, 112.
7. Counsels to Parents, Teachers, and Students, p. 142.
8. Education, p. 111.
9. *Ibid.*
10. Counsels to Parents, Teachers, and Students, pp. 124, 125.
11. Manuscript 43a, 1894.
12. Education, pp. 117, 118.
13. Testimonies for the Church, vol. 4, pp. 455, 456.

THEN - III *Zirtirtu Training Nei Thate*

BUNG 8 INBUATSAIH THAT A TUL

Nuho An Inbuatsaih Tha Tawk Lo.—Naupang zirtirtu hmasa ber chu nu a ni. A rilru hnip ber lâi leh hma a sawn chak ber lâia a inzirna chu nu kutah a innghat nasa hle a. Nu hnenah chuan a tha lam emaw, a chhe lamin emawa a fa nungchang siam theihna hun pêk a ni a. Chu a hun tha hlutzia chu hre thiam sela, tichuan zirtirtu dangte aia a hun tha chu a tangkai thei ang bera hmang tlâkah insiam rawh se. Mahse hetiang fate enkawl dân zirna lam hian ngaihthah a hlawh hle lawi si. Naupang zirna an rilru hneh thei ber leh thil tithei ber nute tanpuina lamah hian fel thlep thlawpa thiltih a awm leh mang lawi si lo.¹

Fimkhur leh Huamzau Taka Inbuatsaih A Tûl.—Nausên enkawl tura tihte hian nausên taksa mamawh lam an hre lo fo; hriselna dân emaw taksa than chhoh dân chanchin emaw an hre meuh lo a ni ber. Nausên rilru leh thlarau lama nausên thang mêk enkawl tlâk an ni hek lo. Sumdawna lamah chuan an fel fû pawh a ni thei; khawtlângah an langsar hle a ni thei bawk; *science* leh *literature* lamah an hlawhtling hle a ni thei; mahse naupang enkawl dân erawh hriata lawi an nei si lo.

Nu leh pate chungah hian naupang inzir tanna leh a hnu zela a inzirna tura mawhphurhna a innghat a, fimkhur tak leh huamzau taka inbuatsaih vat vat a tul em em a ni. Nu leh pa mawhphurhna an lâk hmam hmeichhia leh mipa chuan taksa than chhoh dân—hrisêlna leh thil nung awm dân zirna lam te, raipuar laia nausên tâna tihtheih thil te, inthlahchhawna lam thil te, faina te, incheina te, insawizawi thatna te, natna tlângpui enkawl dân te, bâkah rilru than dân leh a chhia a tha hre tura inzirtirna lamahte an lo inbuatsaih lawk tur a ni.²

Nu leh pate hna pawimawhia hi hriat chhuah vek a nih loh a, fate enkawl nâna mawhphurhna thianghlimah hian inchherna an neih loh chuan naupang zirna a nih tur ang a ni pha ngai lo vang a, a thawh tur diktak a thawk ngai hek lo vang.

Nu leh pate chuan leilung dante hi an zir tur a ni. Mihring taksa hi hre Chiang sela. Taksa bung hrang hrangte hnathawh dân leh an inlaichin dante hi zir rawh se. Rilru leh taksa chakna inlaichin dân te, hna an thawh that theih nâna an awm dân turte zir sela. Chuti lova inbuatsaihna nei miah lova nu leh pa mawhphurhna lâk ve ringawt chu sual a ni.³

Nu leh pate chuan, “Tu nge tling zo vang?” tiin an zâwt a ni thei e. “Hetiang ti tur hian tu nge tling zo ta ang le?” Pathian chauh chu tling zova siam theitu chu a ni a, A thurawn leh tanpuina dil buai ngai lova an ngai a nih chuan an hnathawh chuan beisei a tibo hle a ni. Mahse tawngtaina te, Bible zirna te leh thahnemngai taka an tihve theih lam an lo tih khan he hna pawimawh takah hian an hlawhtling ang a, an hun hman leh buaina chu a lêt za tam taka rullh lêt an ni ang. Finna tuikhur hnâr chu hawn a ni a, chuta tang chuan naupang enkawl nâna thil hriat tul zawng zawng chu an nei thei a ni.⁴

A châng phei chuan rilru pawh a beidawng hial ang; mahse an hmangaihte hun tawn mêk leh hlauhawm lo thleng theite ngaihtuahna chuan Kristian nu leh pate chu chakna leh finna hnâr Krista hnena thahnemngai taka tanpuina dil turin hruai sela. Chu chuan tifimkhur zualin thutlûkna siam tir sela, zâidamin nghehtir zâwk bawk rawh se—Pathian hmâa insawifiah an la hmabâk dâwn si a.⁵

Naupang Zirtîrna Hian Pathian Duhzâwng Hriatthiamna A Phût.—Nu leh pate hian A lalram dânte an zawm theihna tur A duhzâwng an hre thiam lo a nih chuan chhuanlam an nei lo. A duhzâwng an hriat thiam chauhin an fate chu vanramah an hruai lût thei ang. Ka unaute u, Pathian duhzâwngte hi hre thiam teh u. Nangmahni thil dik leh dik lo chu in hriat thiam loh a, thu-awihhain chatuan nunna min thlen a, thu awih lohnain chatuan boralna-ah min hruai lût tihte hi in hriat loh chuan eng tin nge in fate chu Pathian thilte in zirtîr thei ang?

Pathian duhzawng hriat thiamna hi nunphung ngheta neih tur a ni. Hetianga kan tih chauh hian kan fate chu kawng dik kan zirtîr thei ang.⁶

Pathian Min Hruaina Bible Hi Inzirtîrnain A Khat.—Nupain Pathian Thu chu an nun kaihruaitu atâna an hman loh a, chatuan nun nei thei tur khawpa mihring hlu tak nungchang siana chei tur an ni tih an hriat chhuah loh chuan a nih tur ang takin an mawhphurhna an hlan thei lo vang.⁷

Inzirtîrnaa khat Bible hi an zirlaibu ni sela. A thu zirtîr anga an fate an zirtîr phawt chuan an fate ke la naupang tak takte chu kawng dik an zawhtir chauh ni lovin an mawhphurhna thianghlimah chuan an inzir chho ve zel tihna a ni.⁸

Nu leh pate hna hi hna pawimawh leh urhsun tak a ni a, an chung a mawhphurhna inngat pawh a ropui hle. Mahse uluk taka Pathian Thu hi an zir phawt chuan zirtîrna tha tam tak leh anmahni lam chan rinawm tak leh tling taka an thawh avanga thutiam hlu tak tak an chan turte chu an hmu thei ang.⁹

Nu leh Pate leh Naupangte Tâna Dân.—Pathian chuan nu leh pate leh naupangte kaihhruaina tur dân A pe a. Heng dânte hi khauh taka zawm tur an ni a. Naupangte chu an nu leh pate râwn hmasa lova an duh duh titurin thlah zal mai mai tur an ni lo.

Pathianin naupangte leh nu leh pate kaihhruaina atâna dân a siamte hi sualna nei miah lova pen bosan theih a ni lo. Pathian chuan nupa chu Bible-a nun dân phung A pêk mila an fate chu zirtîr turin A beisei a. Rinna leh hnathawh hi kal kawptir tlat tur a ni. In chhûng nun leh sikula kan awm dân chu mâwi tak leh fel tak ni rawh se.¹⁰

Dân leh Nemnghehna.—Chhûngkaw zirna *education* hian, Pathian remruatna zawng zawng tihhlawhtling tur a nih chuan, nu leh pate chu taima taka Pathian Thu zirtu ni turin a phût tlat a. Zirtîrtu Ropui Krista hnena zirtu an ni tur a ni. Ni tinin hmangaihna leh ngilneihna dân chu lam ri sela. An Entawn Krista nuna awm reng khawngaihna leh thutak chu an nunah lang bawk rawh se. Tichuan hmangaihna thianghlim chuan naupangte leh nu leh pate thinlung chu a phuarkhawm ang a, thalaite chu Pathian hmangaihnaa inngat leh zung kaih rinnaah chuan tihngheh an ni ang.

Pathian duhzâwng leh A kawngte chu Seventh day-Adventist nu leh pate duhzâwng leh kawng zawh a nih ve hunah an fate chu Pathian hmangaiha chawimâwi turin an thang lian ang.¹¹

In Lo Ngaihthah Tawh A Nih Pawhin Sim Rawh U.—Nu leh pate chuan anmahni tân leh an fate tân Pathian thu an zir tur a ni. Mahse hetiang ni lo hian naupang tam tak chu zirtîr loh, enkawl loh leh vên that lohin an tei mai mai a. Tunah erawh nu leh pate chuan an theih tâwpa an lo ngaihthah tawhna kha rul lêtin an fate chu a tha thei ang bera an enkawl theihna tur hmunah dah rawh se.¹²

Nu leh pate u, Pathian Lehkha Thu hi zir ula. Ngaithlatu ni ringawt lovin a taka zawmtu ni rawh u. In fate in zirtîrna kawngah chuan LALPA beiseisak chin chu thlen tum hram ang che u.¹³

Min Hruaitu Dân Chu “LALPAN A ti,” Tih Hi A Ni.—Nu leh pa zawng zawngte hna chu LALPA kawnga an fate kaltir a ni. Hei hi Pathian tithinur lova kan dah that theih thil ho ma! mai a ni lo. Miin eng kawng nge an zawh ang tiha thutlûkna siam tur emaw kawng awlsam ber nia kan hriat zawh tur ringawt emawa koh ni lovin ‘LALPAN eng nge a sawi?’ tia zâwt tur kan ni zâwk. Kawng dik lo zawh chungin naupangte leh nu leh pate chuan hlimna te, thlamuanna te, rilru hahdamna te an nei thei lo va. Mahse Pathian ðihñain thinlungah ro a rêl a, chu chu Isua hmangaihna nen an inzawm phawt chuan thlamuanna leh hlimna a lo awm mai ang.

Nu leh pate u, in thinlung chhiar a, thurûk zawng zawng hretu Pathian hmaah chuan A Thu chu keu ula, Pathian Lehkha Thuin engtin nge a tih? tih en ðin rawh u. Hei hi nunphungah in nei tur a ni. Thlarau veina nei tawh phawt chuan an dinhmun hlauhawmzia an hmuhin an sawi lo thei lo va. Pathian thutak chauhin nu leh pate chu mite chhandam zâwnga mihring rilru fîng taka enkawl a, vawng turin a siam thei tih chiang taka hriattîr kan ni.¹⁴

Mimal Inbuatsaihna.—Mi aia mawhphurhna sâng tak, rilru sên fê ngaihna hmun, rilru leh taksa hrisel leh chak tak mai mamawhna hmun a awm a nih chuan chu hmun chu naupang zirtîrna hi a ni ngei ang.¹⁵

Nuten mimala mawhphurhna an chan han en hian nu tawh phawt chuan rilru nghet tak leh nungchang thianghlim, thil dik leh tha leh mâwi chauh lantirtu an nei vek tur a ni. Nu ber chuan a pasal leh a fate chu hmangaihna tâwp nei lo, ðawngkam nêw leh chêt dân mâwi taka lang chhuak hmangin ama lamah a phuar khawm a; chu chu dânah a nei a, a fate pawhin an entawn ang.¹⁶

Nute u, Hei Hi In Hna Thianghlim Chu A Ni.—Ka laizawnnu, Krista chuan i fate hnena A Thupêk zirtîr turin i kutah hna thianghlim A dah a. He hna thawk tlâk tur hian nangmah ngei khan A thupêkte chu i zawm tur a ni. ðawngkam tin leh chêtze tin hi uluk taka en ching ang che. i ðawngkam vêng tha la. Thinura ân chhuah thutte hi ching suh. Dawhtheih lohna hian i fate tâna in chhûng nuam lo tak leh buai reng mai siam turin hmêlmapa Setana chu a pui vat thin a ni.¹⁷

Pathian Nên Thawk Ho Rawh U.—Nute u, in thinlung chu Pathian aţanga zirtîrna lo chhuak dawng turin hawng ula, Pathian duhzâwng rem turin in tihtur lam in tive tur a ni tih thudik hi rilru-ah vawng reng rawh u. Engah chuan indah ula, Pathian hnen ata finna chu zawng rawh u. Chu finna chu thiltih dân turte in hriat theih nân te, Pathian chu hnathawktu lû anga in hriat theih nân te, A hnathawhpuitu inni tih in inhriat theih nân te a tha a ni. In thinlung chu vanlam thil ngaihtuah tura hruai chhuah ni sela. Nu in nihnaa hna Pathian pêk che u in mawhphurhna in hlen nâna Pathian pêk che u in *theihna* kha sawizawi tha ula, van palaite chu thawhpui ang che u. Fing takin thawk ula, “In ei pawhin, in in pawhin, thil in tih apiang, Pathian ropuina turin ti rawh u.” [1 Kor 10:31].¹⁸

Nu chuan amah leh a fate chu khawngaihna ngah Tlantu enkawl turin a pe phal tur a ni. A fate enkawl nân leh zirtîr nâna mihring rilruin a tih theih sâng ber chu dik taka a hman theih nân a thiltihtheihna chu ðahnemngai tak, dawhtheih tak leh huaisen taka tihmasawn dân zawng rawh se. A theih tâwpin a fate chu Pathian pawmtlak thiamna pêk a tum tur a ni. Chutiang thil hre thiam tak chung a hna a thawh phawt chuan a hna chanvo hlen turin chakna a hmu ang.¹⁹

Nu ber chuan amah ngei pawhin LALPA duhzâwng leh A kawng zawh tura inphah hnuaina ziktluak tak mai a chan theih nâna Thlarau Thianghlim hruaina a mamawhzia hria sela. Tichuan Krista khawngaihna azarah a fate tâna zirtîrtu ngainatawm tak, fîng tak leh hmangaihna ngah tak a lo ni ang.²⁰

A Dik Lo Hmasaa I Tan Chuan.—Zirtîrna tisual nu leh pate chu beidawng mai lo se ka ti a ni. Pathianah nasa fêa intuai thar in mamawh a. Pathian Thu awihna rilru diktak neih in mamawh baw a. In thil chin ðhan leh duhzâwngte in siam ðhain in nun chu Pathian dân nghet tak mai remin awm rawh se. Hemi in tih hian chu dân luahtu Krista felna chu in nei ang; a

chhan chu Pathian in hmangaih a, A dân chu A nungchang lanna a ni tih in pawm vang a ni. Krista felnaa rinna nghah hi suangtuahna mai a ni lo. In nun leh nungchanga Krista nihmate in chhawm leh Pathian thupêk zawm tura in fate beidawng mai lova in zirtîr hram hramna chu thil pawimawh ber a ni. “LALPAN A ti” tih hian zirna lama in remruatna zawng zawng chu hruai rawh se.

Pathian hmaa simna famkim leh thûk tak chu awm rawh se. Thahnemngai taka Pathian khawngaihna leh hun kal tawha in thil tihsualte thlarau lam aţanga hriat thiamna nena hmuchhuah tum chungin kum bul ţan ula. In chhûnga rawngbawlina in lo ngaihthah avang khan Pathian hmaah sim rawh u.²¹

Vawiin hi in tân rinna ni, mawhphurhna hlen chhuahna tura hun ţa chu a ni. In chungah rorelna ni a lo thleng thuai dâwn e. In hna chu thahnawmngai taka ţawngţaina leh rinawm tak tum hram hramna nen thawk rawh u. In fate chu ni tina Thlarau Thianghlim dawng thei an ni tih zirtîr ang che u. Krista kut chuan A thil tumte tihlawhtling turin pui che sela. Ţawngţaina hmangin in fate tâna in rawngbawlina duhthusama tihlawhtling thei tur *experience* in nei thei a ni.²²

1. Education, p. 275.
2. *Ibid.*, pp. 275, 276.
3. *Tihdam Rawngbawlina*, p 369.
4. Testimonies for the Church, vol. 4, p. 198.
5. Review and Herald, Aug. 30, 1881.
6. Manuscript 103, 1902.
7. Manuscript 84, 1897.
8. Testimonies for the Church, vol. 4, p. 198.
9. Signs of the Times, Apr. 8, 1886.
10. Letter 9, 1904.
11. Letter 356, 1907.
12. Manuscript 76, 1905.
13. Manuscript 57, 1897.
14. Review and Herald, Mar. 30, 1897.
15. Pacific Health Journal, June, 1890.
16. Pacific Health Journal, September, 1890.
17. Letter 47a, 1902.
18. Signs of the Times, Apr. 9, 1896.
19. Signs of the Times, Apr. 3, 1901.
20. Review and Herald, May 10, 1898.
21. Manuscript 12, 1898.
22. Counsels to Parents, Teachers, and Students, p. 131.

BUNG 9 INZIR THAR ZEL TURA KOHNA

Hmasawn Reng A Ţûl.—Nu hnathawh chu englai pawha ama nun lam hmasawn reng ngai chi a ni a, chu chu hlawhtling chho zel tura a fate a kaihhruai theihna tur a ni. Mahse Setana chuan nu leh pate leh naupangte rilru chu neih tumin rem a lo ruat ve zel a. Nute chu in chhûng pawimawh ngaihsak hman lo leh fate zirtîr hman lo lêka khawvel thil leh mahni chauh inngaihtuah tura hruai bo an ni Ţin.¹

Chhan dang a awm lo a nih pawhin an fate avang tal paw’ n nute chuan an rilru finna chu enkawl ţa teh se; lal mawhphurhna âi pawhin an mawhphurhna chu a sâng zâwk si a. Nu tlêm tê chuan an chungah rinna inngat rihzia chu hriain dawhtheihna leh mahni lam insiam ţaa beih vakna avanga an fate enkawlina atâna theihna famkim an lo neih theih dân chu an hre bawk.

A hmasa berin nu chuan a thinlung leh rilrua hmangaihna leh remhriatna zawng zawng chu nungchang khingbai lutuk a neih loh a, a famkim lohna leh fel lohna te chu a faten an entawn loh nân khauh taka a vawn leh a enkawl a Ţul a. Nu tam tak hi chu an nungchang leh an thiltumte a ţa lam zâwnga her danglam Ţulzia hmu tura kaih harh an ngâi khawp mai. Hei hi pasal an neih aţanga mawhphurhna an inbelte pawmtlâka ţaa an hlen chhuah theih nâna tih a

ni. He thil, mihring fate hma lam hun khawih danglam vek thei khawpa pawimawh hi a nih dân tur ang taka nuin a ngaihven phawt chuan nu ẵangkaina leh mi hneh theihna chu sawisen rual lohina a zau ang.²

Finna leh Remhriatnaa ẵhan Zel.—Nute hian finna leh remhriatnaa hmasawn zel an duh chuan midang zawn zawn aia nasain thil ngaihtuah leh zir chian zel chu ngaiyah nei rawh se. He zirlai bei talh talh tute chuan an famkim lohna lâi nia an hriatah chuan finna an neih belh zel tih leh an fate nungchang siam ẵha turin an inzir mêk a ni tih an hmu thei ang a. He hnaa rilru leh tha an sên tawhna chu an thu âwihnaah te, an nun dân tlâwm takah te, an thinghlimna leh nungchang mâwi takahte chuan hmuh theih a ni ang. Thawhrimna zawn zawn chu he a rah ẵha tak hian rulh lêt a ni dâwn a ni.

Pathian chuan nute hi rilru leh thinlung siam ẵha chho reng turin a duh a. An fate zirtîr leh kaihhruainaa hian Pathian tân thawh tur an nei a ni tih inhria sela, an ẵha an tihchak nasat poh leh nu leh pa an nihnaa an tihurte chu tling takin an hlen chhuah theih phah dâwn a ni.³

Nu leh Pate Chu Rilru leh ẵhatnaah An ẵhang Tur A Ni.—Nute mawhphurhna chu an thinlung tihthianghlim a, an rilru siam ẵhat chhoh zel hi a ni. Rilru leh nungchanga hma an sawn theihna tura an ban phâk thil reng reng chu an faten rilru lama hmasawna an lo neih theih nân titha sauh sauh baw rawh se.⁴

Nu leh pate chu Krista sikula inzir thar reng tur an ni. Krista inngaihtlâwmna nun nen Pathian chhôngkuua naupang zâwkte chu A duhzawn hriatna an zirtîr theih nân thiltihtheihna leh rilru thar an mamawh baw.⁵

Kristian Nunze Thiltihtheihzia Chu.—Nu leh pate hian Kristian nunze thiltihtheihzia hi an hre zo tak tak lo. Thutak inphûm ru la zawn chhuah tur ngaihsak hlâw lo tak tak a la tam teh asin! He thil, pawlawh taka ngaihtahna hi Pathianin A pawm thei lo. Nu leh pate u, Pathianin he thil hi hriakthih tawhte mit pu chung a en turin A ko che u a. Tunah erawh hi chuan a kâwr in kheh dêk dêk chauh a ni. In lo ngaihtah tawh hna chu thawk leh ula, Pathianin a thawhpui ang che u. In thinlung zawn zawnin thawkula, hmasawn turin Pathian chuan a ẵnpui ngei dâwn che u a ni. Chanchin ẵha chu in chhôngkaw nunah khan ẵn hmasa phaw rawh u.⁶

Tunah hian Pathian hnathawhna hmunah kan awm mêk a. Kan zinga tam tak hi chu *kuari*-a lung chher mam loh ang kan la ni a. Mahse Pathian thutak chu kan chung a lo thlen hian kan famkim lohna zawn zawn chu lak kian a ni a, tichuan van biakbûk, vantirhkohte chauh pawh ni lo, Amah van Lalber nen ngeia kan inpawl hona tur hmuna lung êng mâwi tak ni tura buatsaih kan lo ni ta zâwk a ni.⁷

Kan Tum Ber Chu Famkimna.—Nute u, thil ẵangkai lo leh pawimawh lo, boral phahna hial zâwk tur chu in paih bo dâwn em le? Chatuan daih tur hna in thawh hian Pathian finnain a hruai theih nân che u leh A khawngaihna a thawhpui theih nân che u Pathian hnaih dân in zawn zâwk dâwn em? In fate chu nungchang ẵha famkim nehtir tum ula. Chutiang mite chauh chuan Pathian an hmu thei tih pawh hre reng rawh u.

Nu leh pa tam takin Pathian pêk hna chu an ngaihtah a. Anmahni ngei pawhin felna leh thianghlimna nun an hlat hle baw; an mit ngei chuan Krista nungchang ẵha famkim chu hmuin ngaisang ni sela a nih dân tur ang takin an fate famkim lohna lâi pawh an hmu thei ang.⁸

Duhthusam Nu Nih Dân.—In chhông khawsak ringawt buaipuia phi chung reng lovin nu ber chuan bengvâr nân te, a pasal tân ẵhan ẵha a nih theih nân te leh a fate rilru ẵhang chho mêk chu a vil hneh reng theih nân lehkhavute chhiar ve sela. Nun sâng zâwk an neihna atâna a fate rilru a hneh theihna hun remchâng chu fîng takin hmang rawh se. Chhandamtu chu ni tin ẵhan ẵha siam turin hun inpe sela. Bible zirna hunte insiamin a fate chu phul hmunahte hruai baw sela, A thilsiam mâwi tak tak ẵangte hian Pathian chu eng mi nge a nih zir ho rawh se. Nu hlim thei tak leh lawm thiam tak ni sela. Puan ẵhui nileng ringawt zel lovin tlai lamte chu inkawm hlimna hun, hna thawh zawha chhôngkaw inkilkawina hunah hmang rawh se.

Chutiang a nih ngat chuan pa tam zâwk chuan intihhlumna hmun leh zu dawr aiin an in chhûnga awm reng an thlang zâwk ang a. Mipa naupang tam tak pawhin kawthlera infiam leh kawng sir dawra thut mai mai chu an peih loh zâwk ang. Nula tam tak chu thian sual laka chhanchhuahin an awm ang a, in chhûng nuamin a rah chhuah chu Pathian remruat ang chiaha dam chhûnga chhûngkaw hlimna a ni ang.⁹

Inchhûng Nun Hlawhtling Siam: Nu Hnena Thurawn—I rilruin a awn lam apiang zui ringawt suh. Thil engkima entawn tlak nih tumin fimkhur la. Awm mai mai suh. I chakna muhil chu kaitho la. I tel lova awm thei lo tur khawpin i pasal chu ngaihsakin tanpui rawh. Engkimah a tân malsawmna ni la. Thil tih tur tûl apiang ti ang che. In chhûng khawsakna lam hawisi hna ninawm leh thawh châkawm lo tak chu engtin nge thlâkhlelhawm takin i siam ang tihte zir rawh.

In chhûnga i nun dân chu hlawhtling tir tum la. Chumi awmzia chu nu leh nupui i nihna dinhmunah i rin aiin tihtur a la tam tihna a ni. Inchhung uaplum chu tihthanah nei rawh. He hringnunin a kentel tumruhna te, thahnemngaihna te, phurna te leh daihzainate hi i mamawh chu a ni.¹⁰

Nu leh Pa Buai Lutuk Thînte: Nu leh pate tam tak chuan tihtur an ngah lutuk a; inzir tharna hun te, an fate zirtîrna hun te leh Krista Beram ni tura zirtîr pawh an hman lo tiin an inpha thin.¹¹

Nu leh pate chuan an mahni rilru chu sual lakah vêng tha hle sela, an mahni tichhe tu ni mai lova, an thlahte thlenga lungngaihna, buaina leh thil tha lo thlen thei sual lakah invêng bawh rawh se. Dik taka mahniin thil zir hmasain an fate chu van khian mihring chungah ro a rêl tih zirtîr bawh rawh se.¹²

Nu leh Pate Thurawn Ngaithla Rawh Se: Pathian hre lova an muthilh mai mai lâi hian Setana chuan thihna ngei tur sualna chi chu an fate thinlungah chuan a lo theh ve zel a. Mahse chutichung chuan nu leh pate chuan an thil tihsual chungah thurawn pêk chu zuk haw tlat thin a maw le. “Ka fate chungchanga lo inrawlh theihna i nei em ni?” ti niawm takin thurawn petute lakah chuan an khawsa vel a. Mahse an fate chu Pathian fate an ni ve tho lo em ni? Eng tin nge an tihtur an ngaihtah chu LALPAN A ngaih ang? Lalpan eng vangin nge Setana thlêm thlûk tur ringawta fa an lo neih ve tih a zawh hunah eng tin nge an insawifiah dâwn?¹³

Mi thurawn la turin inbuaitisah rawh u. In fate in enkawl dânah leh an awm dân thu-ah in unaute chu lo inrawlh ve lo tura dah kher suh u.¹⁴

Inrâwn Khawm Hlâwkna*—(*Hei hi camp meeting vela sawi hona hi a ni*). Kan kutah hian Pathianin hna thianghlim ber mai chu a dah avangin he hna thawk tlak ni tur hian inzirtîrna dawng tura inhmuh khawm fo kan mamawh a ni. Inhmuhkhawm a, in chhûnga kan thawh tur kan hriat thiam theih nâna Pathian kut chakin min chelhna kan mamawh hle. Nu leh pate hian chhûngkaw biakbûk aţanga khawvel tiêng tlâk ni tura an fanu fapate zirtîra thawn chhuak tur an nihzia hi hrethiam rawh se.¹⁵

Heng *camp meeting* aţangte hian chhûngkuua kan tihtur hriat chian leh zualna nen kan haw thei a. Hengahte hian zirlai tam tak, Lalpan kan unauten in lamah thawk se A tih lam hawi zir tur a awm a. Hawihhawm taka an pasalte leh fate biak dân te zir sela. Pathian thununna hnuaia an chhûngte zawng zawng an hruai dân turte pawh an zir tur a ni. Nu leh pate chuan chhûngkaw nuam leh mi hip thei siam chu an tih tur puala lum a ni tih leh thu âwihna hi invauna leh inhauhnaa neih theih a ni lo tihte hre chhuak rawh se. Nu leh pa tam tak chuan pawngtawng invin vak vakin thil tha a thlen lo tihte hi hre bawh teh se. Tam tak chuan zâidam taka fate biak tûlzia hi an ngaihtuah lo. An fâ sên tê tete chu man neia lei, Lal Isuan A tâ tura a lei tawhte an ni tih an hre reng thin lo.¹⁶

1. Christian Temperance and Bible Hygiene, p 60.
2. Pacific Health Journal, May, 1890.

3. Signs of the Times, February. 9, 1882.
4. Testimonies for the Church, vol. 3, p. 147.
5. Signs of the Times, Sept. 25, 1901.
6. Signs of the Times, Apr. 3, 1901.
7. Christian Temperance and Bible Hygiene, p 161.
8. Signs of the Times, July 1, 1886.
9. *Tihdam Rawngbawlina*, p. 281.
10. Letter 5, 1884.
11. Testimonies for the Church, vol. 3, p. 145.
12. Letter 86, 1899.
13. Signs of the Times, Apr. 3, 1901.
14. Manuscript 27, 1911.
15. Testimonies for the Church, vol. 6, pp. 32, 33.
16. Manuscript 65, 1908.

THEN - IV

Zirlai Pawimawh Ber, Thuâwihna

BUNG 10

HLIMNA LEH HLAWHTLINNA CHAHBI

Hlimna hi Thuawihnaa Innghat A Ni—Pate, nute leh kan sikula zirtîrtute hian thu âwihna chungchang zirtîr hi zirna changkang zâwk a ni tih hre reng rawh se. He zirna hi dah pawimawh ani tâwk lo fo mai.¹

Naupangte chu an phur dân ang ang awm lovin kaihhruaina fel tak hnuaiah awm se an hlim fê zâwk ang.²

Naupangte chuan an nu leh pa thu chu awih vat vat reng mai sela, chu chuan a tihlim ber ang a; Pathian chawimawina leh khawtlâng tân ðatna a ni bawk ang. Naupangte chuan chhûngkaw inrelbawlina dân hnuaia intukluh chu an zalenna famkim a ni tih zir sela. Ringtute pawhin he zirlai—Pathian dân an zawmna chu an zalenna famkim a ni tih hi zir ve rawh se.³

Pathian duh dân chu vanram dân a ni. Chu dân chu mihring nuna roreltu a nih chhûng chuan Pathian chhûngte zawng zawng chu an thianghlimin an hlim vek a. Mahse dân thianghlim bawhchhiat a lo nih khan itsikna te, buaina te, awhna te a lo awm a, van mite zinga ðenkhat in an tlûk phah bawk. Kan lei chhûngkuaah hian Pathian dân chuan zah hlawh ta viau sela chu chhûngkuate hi an hlim ngawt ang.⁴

Thuawih Lohnain Eden A Hlohtir—Adama leh Evi ten a tira thu an awih loh dân kha khawvel chanchin ziahnaah Chiang taka tihlan a ni a. Kha vawikhat thu âwih loh zeuhna khan kan nu leh pa hmasa berte chu Eden huan mâwi tak kha a hloh tir der mai a. A va ho ve maw le! Thil ropui tak a nih loh avang khan lawmna chhan ða tak kan nei; thil ropui tak tih vang nise chu thu âwih lohna hi a pung nasa leh zual ang. Pathianin Eden huana nupa awmte A fiah theihna azawnga thil tê ber a ni.

Thuawihlohna leh bawhchhiatnate hi Pathian tân nasa taka thinurna tham a la ni reng a. Thil te reuh têa rinawm lohna chuan tihdam a nih vat loh chuan bawhchhiatna nasa takah a hruai lût a. Awih loh nasat lam ni lovin awih lohna hrim hrim hi dân bawhchhiatna a ni.⁵

Tisa leh Thlarauva Hausakna Lungphum—Tisa thil leh thlarau lama hausakna hi Pathian dân zawm leh zawm loha innghat a ni. Mahse Pathian thu chu kan chhiar lo va, tichuan taima taka Pathian dân ngaihthlatu leh taima taka mahni chhûngte zirtîr thinten malsawmna an dawn dân chu kan hre bel hle. Pathian thu awihna hi kan nunna leh kan hlimna a ni. Khawvel kan en hian Pathian dân ngaisang lotute sualna leh buaina avangin a rûm tih kan hmu a. Huan thlai aţangten A malsawmna a hnûk kir bawk a. Leia A thupêk zawmtute avang chauh hian A rorelna chu A la hlen chhuak lo a ni a. A zahngaihna chu Amah hmangaiha ðihtute avang chauha la pawtsei A ni.⁶

Naupangte Chu Thu Awihna Kawngah Hruai Rawh U.—Nu leh pate chungah hian thu awihna kawnga an fate khauh taka hruai turin mawhphurhna thianghlim chu a innghat a. Kan hun tawng mêk leh nakin huna kan hlimna tur diktak chu “LALPAN A ti” tih zel theih hi a ni. Nu leh pate u, Krista chu entawn u. Setana erawh chuan he thatna dân sâng tak mai hi kawng tinrenga tihchhiat tumin a khauh lutuk a ti ang. Chutah tak chuan in hna chu in fate chu naupang tê an la nih laia an rilrua Pathian anpuia siam an ni tih tuh ngheh chu a ni. Krista chu khawvelah hian an awm dân tur entirna nung ni turin a lo kal a, tichuan nu leh pa, tun hun atâna thutak ring intite chuan Pathian hmangaiha A dânte zawm turin an fate an zirtîr tur a ni a. Hei hi nu leh pate tâna hna pawimawh ber leh ropui ber a ni. . . . Pathian ruahman dân chu naupangte leh thalaite pawhin fîng takin hre thiam se, felna leh سوالنا, thu âwihna leh âwih lohmate pawh hre thiam se tih hi a ni.⁷

Thuawihna Hi Lawmna Lo Ni Rawh Se.—Nu leh pate chuan an fate chu Bible tlar tin leh thupêk tinte chu tlêm tê tê, Pathian dân thianghlim zah lohna lantir hauh lovin an zirtîr tur a ni. Pathian chaknaah innghat sela, mi rinawm lo leh thuâwih lote pawh thu âwihnaa hruaikir leh tura A Fapa petu Lalpa chu A laka an fate an rinawm theih nâna vêng turin dil rawh se. Pathian chuan mi tin chungah A hmangaihna ren rual loh chu leihbuak a châk em em a. Hlim taka A duhzawng an tilaite hi hmuh a châk a. An chungah thiltihtheihna A dah ngei mai Ama rawngbawl nâna an hmang lêt leh lâi te, an boruak hre pha zawng zawngte hnena Kristaa mi fel an nih theihna kawng awm chhun chu dân zawm hi ani tih an zirtîr lâite A hmu châk em em bawk.⁸

1. Manuscript 92, 1899.
2. Manuscript 49, 1901.
3. Review and Herald, Aug. 30, 1881.
4. *Ibid.*
5. Manuscript 92, 1899.
6. Manuscript 64, 1899.
7. Manuscript 67, 1909.
8. Manuscript 36, 1900.

BUNG 11 NAUSEN LAI AṬANGA ZIRTÎR TUR

Zirtîrna Chu Hmâ Takah Ṭan Rawh.—Nu leh pate thu âwihna hi nausên lâi aṭanga tuh a, thalai an nih thlenga chawm nun tur a ni.¹

Nu leh pa thenkhat chuan an fate chu an têt lâi aṭanga an duh duh ti tura kalsan theih niin an ngai a, tichuan an lo len hunah an ngaihtuah mai ang an ti a. Mahse hei a ni lo. In fate chu an sên lâi aṭangin thu âwih dân zirtîr ula. . . . Chhûngkaw sikulah chuan thu âwih turin phûr rawh u.²

A hmâ thei ang berin naupangte chu nu leh pate thu awih tur te, an thusawi zah tur te, leh an thuneihna zahthiam tur tea zirtîr tur an ni.³

Chhia leh Ṭha Hriatna An Neih Hma Aṭangin.—Naupang tâna thil zir hmasak ṭul deuh deuh zinga pakhat chu thu âwihna hi a ni. Thil a ngaihtuah tak tak theih hmain thu âwih tura zirtîr tur a ni.⁴

Nu hna chu nausên lâi aṭangin a inṭan tur a ni a. Naupangin a duh ang anga khawsak a tumna leh nuar vel ṭhin chu thununin a awm dân hrim hrim chu a thunun tur a ni.⁵

Hmasialna Rilru A Ṭhan Len Hmain.—Nu leh pa tlêma zawng chuan hmâ tâwk takah an fate chu thu âwih turin an zirtîr a. Naupang chu a tlângpuiin kum hnih kum thum vel chhûng chu an la tê deuh ê tiin thu awih thama ngaih pawh an la ni chiah lova, an duh duh ang anga awm

phalsak an ni ðin. Mahse hetih hun lâi aþang tawh hian naupangah chuan mahni indah pawimawhna rilru a lo þang lian hman a, a ni telin thunun a lo harsa chho telh telh ðin a ni.

Naupangte chuan an la têt hle lâi pawhin mawl tak leh chiang taka thil hrilh chu an hre thiam ve thei a, zâidam tak leh fimkhat taka enkawl na hnuai ah chuan thu âwih tura zirtîr theih an ni. Nu chuan a fa chu vawikhat têt mah a insakhi chunglawn tir tur a ni lo va; he a thuneihna vawng him reng tur hian na taka hrem kher pawh a ngâi chuang lo; nghet taka din leh i hmangaih i fa hneh thei tur ngilneihna chuan i tum a hlen chhuak thei zâwk ang. Mahse hmasialna te, thinurna te leh mahni thu duhnate chuan naupang nunah chuan kum thum vel chu ro han rel ta se, thununna hnuai a dah leh chu a harsa tawh hle ang. A rilru thlêk dân a lo nelawm lo va; mahni kawng zawh nuam a ti a; nu leh pate thununna pawh a ning mai ðin. He soal lam âwnna rilru hi a puitlin thlengin naupang þan rual chuan a þang lian ve zel a, tichuan mahni hmasialna lo lal ta leh mahni inthununna tlakchhamna chuan kan rama buaina tichhuaktu sualna hnuai ah a kuntir ta mai ðin a ni.⁶

Naupangte chu an nu leh pate an zah lohna lantir phalsak tur an ni reng reng lo va. Mahni thu duhna pawh zil hauh loha awmtir reng tur a ni hek lo. Hun lo la kal zel tura a hmakhua ngaihtuahin naupang chuan zâidam tak leh hmangai hnaa khat thununna nghet tak a mamawh a ni.⁷

Nu leh Pate Thuawihna Hian Pathian Thuawihnaah Min Hruai.—Tawngtai peih deuh mai nu leh pa nei þalaite chu an vannei a ni mai; chutiang þalaite chuan Pathian hriatna leh hmangaih theihna hun þa an nei a. An nu leh pate zaha an thu âwihin an Pa vana mi thu âwih dân leh zah dân an zir nghal thei a ni. Eng fate anga an kal chuan leia an hmuh theih an nu leh pate lakah chuan an hawihhawmin an dawh thei ang a, an hmangaihin an zahder thiam hle ang; tichuan mita an hmuh theih loh Pathian hmangaih turin an tling zâwk dân a ni. An nu leh pate aiawhtu rinawm tak an nih a, Pathian þanpuinaa thutak chu an nunpui chuan tawngkam leh nungchang hmangin Pathian thuneihna chu an nemnghet a, nunphung fel tak leh tawngkam ngaihnawm tak hmangin Amah chu an châwimâwi a ni.⁸

Thuawihthe Chauhin Vanram An Lût.—Nu leh pate chuan an fate rilru-ah chuan LALPAN an damlai hian hmangaihna leh zahderna nen A thu an awih dân nge awih dân lo A fiah mêk tih thu hi tuh tum rawh se. He leia Krista thu awih duh lo chuan chatuan ramah pawh a awih duh chuang lo vang.⁹

Naupangte emaw nu leh pate emaw chuan vanramah lawm an hlawh hle a nih chuan he khawvela Pathian thupêkte awih dân an zir vang chauh a ni ang.¹⁰

1. Review and Herald, Mar. 13, 1894.
2. Letter 75, 1898.
3. Review and Herald, July 6, 1895.
4. Education, p. 287.
5. Signs of the Times, February. 26, 1880.
6. Pacific Health Journal, April, 1890.
7. Counsels to Parents, Teachers, and Students, p. 112.
8. Youth's Instructor, June 15, 1893.
9. Counsels on Sabbath School Work, p. 79.
10. Manuscript 60, 1903.

BUNG 12

THU AWIHNA HI CHIN THANAH NEIH TUR A NI

Nêm Si, Tlo Tak Siin Bei Rawh.—Naupangte hnenah chuan an thiltihtheihnate chu Pathian Ropuina tura pêk an ni tih zirtîr tur a ni. Hemi chinah hian thu âwih dân tur zirlai chu zir rawh se. . . . Zâidam tak leh beidawng hauh si lovin an chînþhân chu siamsak tur a ni. Chu chuan a hnu lama nu leh pate thuneihna leh þalalai rilru indona, þalaiten ngaihsak loh ni riauva inhriatna

rilru an neih phahna leh nu leh pate leh zirtîrtute huat riauna neihtira, thuneitute, mihring mihrinna leh Pathian dodal tir fotu chu engemaw chen a vêng thei a ni.¹

Pumpelhtîr Phal Suh U.—Nu leh pate hna hmasa ber chu an in chhûnga inawp dân tha tak mai dân chu a ni. An thu chu dân ni sela, chu chu tuman an pumpelhtîr tur a ni lo. Naupangte pawh an sên têt lâi aţangin an nu leh pate thu zawm tura zirtîr tur an ni.²

Khauh taka thununna lekkawh a nih hian a chang chuan lungawi lohna a thleng thei a, naupangte chuan mahni thua thiltih an duh thin; mahse nu leh pate thu âwih an zirna hian Pathian duhzawngte zawm turin an inbuatsaih tha zâwk daih a. Chuvangin naupan laia zirtîrna a dân chuan a sakhaw nun khawihin, a nungchang pawh a chher chho a ni.³

Phal Chin Nei Suh U.—An in chhûnga zirtîrtu an nih angin nu leh pate chuan an dân siamten zawm an hlauh em, hlauh lo em tih en reng sela. An faten thu an awih lo chung pawha engmah an ti lo zel a nih chuan thununna famkim lek chungchangah an hlauhchham der tihna a ni. An fate chuan an thu awih vek rawh se. An faten thu an awih lo chung pawha ngâizam mai mai nu leh pate kawngka bulah chuan sualna a let reng a. . . . Chuvangin naupangte chuan thu an âwih tur ani tih hi hre chiang rawh se.⁴

Rang Tak leh Fel Taka Zawm Turin Phût Rawh U.—Nu leh paten an fate chu rang tak leh tha taka an thu âwih tura an phût ngam tawh loh chuan an fate nungchang dânna tur lungphum dik phûm turin an hlauhchham der tihna a ni a. An tar huna ngaihsak lo tur leh thlan an luh dân thleng pawha anmahni tilungngaitu ni turin an fate chu an buatsaih tihna a ni.⁵

Thu Awih Tura Kan Phûtna Chhan Chu A Tha Tâwk Tur A Ni.—Nu leh pate thil phût chu phût awm tak a ni tur a ni; mawl taka in phûtna ni lo, fîng taka inkaihhruaina niin ngilneihna lantîr ni sela. Fate chu an dik lohna hmuh tum ran lo leh hau kher lovin nelawm takin zirtîr sela, an thilung chu hmangaihna puanzaisin nêm takin phuar khawm zâwk rawh se.

Nu leh pa, zirtîrtute leh an ûte chu naupang têt lehzual zâwkte thlarau nun tichaktu zirtîrtu rual niin, LALPA zilhna leh enkawlna hnuaia naupang zâwkte thanlen tirna lama puitu in lam leh sikul lama boruak nuam siamtu ni rawh se.⁶

Kan fate kan zirtîrna-ah leh mi fate kan zirtîrna-ah hian sual ti lo tura kan vên loh chuan an nu leh pate leh anmahni enkawtute hmangaihna an nei ngai lo tih kan fiah tawh a ni.⁷

Thu An Awihna Chhan Tur Hrilh Ni Sela.—Chhûngkaw inawpnaah naupangte chuan thu âwih zir sela. Chhûngkaw nuna dân kengkawhin Pathian pawm theih nungchang inchawih mâwi tak an siam tur a ni. Kristian nu leh pate chuan an fate chu Pathian dân zawm turin zirtîr sela. . . . Thu an awihna chhan tur leh Pathian dân an zahna chhan turte chu a nihphung hre thiam ve rual an nih veleh an rilru-ah tuh theih a ni a, tichuan naupangte chuan an tih tur leh an tih loh turte an hre thei dân a ni.⁸

Nu leh Pate Sawi Apiang Chu Dân Ani Tur A Ni.—In thuhnuaia awm in fate chu bengkhawn hle tur che ua siam tur an ni. In sawi apiang chu an tân dân ni rawh se.⁹

Nu leh pa tam tak chuan thu âwih turin an fate an enkawl hneh lo va, tichuan an fate an lo luhlul a, lawmna châng an hriat loh a, an lo ţawp tâk viau hnu hian mak an ti leh si. Chutiang nu leh pate chu Pathianin A zilhhau a ni. LALPA enkawlna leh zilhhaua hnuaia an fate hraina châng an hre lo va, Kristian sakhuaa zir lai hmasa ber, “LALPA ţih hi finna bul a ni.” tih te pawh hi an zirtîr lo. Mifing chuan “Naupang thilungah chuan âtna a bet tlat a.” (*Thufingte 22:15*) a ti. Atna kawng zawh tlat mai te, sual tihchâk tlatna te, thil tha huat tlatnate ang hi nu leh paten an rawngbawlna hmun in chhûnga harsatna an tawh ngei ngei turte chu an ni.

Pathian chaknain nu leh pate chuan an chhûngkua chu kaihruai rawh se. Thil dik lo chu hmanhmawh rum rum lo leh dichimna tel si lo, ti deuh cherh chawrh chungah dodal tur a ni.

Naupangte chu engnge dika dik lo tih hre chiang lova awmtir mai mai tur an ni lova; hai rual loha chiangin kawng dik chu kawh hmuh a, chuta kal ngei tur chuan zirtîr bawh tur a ni.¹⁰

Naupang Thu Awih Lo Pakhatin Midang A Hruai Sual Thei.—Naupang thu awih lo pakhat lek pawhin a hnung zui tura naupang dangte chu a hruai theih avangin a ðhian kawmte tân thil ðha lo tak a thlen thei.¹¹

Sual Pakhat Haider Zeuh Pawi Dân.— In fate chu nangmahni châwimâwi turin zirtîr rawh u; Pathian dân chuan he mawhphurhna hi in fate chungah a nghtat si a. In fate chu in duh dân ngainêp tura in dah phal a, chhûngkaw dân an ngaih pawimawh loh phawt chuan sualna chu in haider tihna a ni a; Setana chu a duh duha khawsak tir in phal tihna a ni ber; chutah mahni inhmangaihna chu sakhaw nunah leh kohhranah meuh pawh lâk luh a lo ni ang a. Tichuan heng thil ðha lo zawng zawng inñanna hi nu leh pate inthlahdah vang a ni tiin van lehkhabuah chuan ziah a ni bawk ang.¹²

Thu Awih Chin ðhanna Chu Sawi Nawn Fo Vanga Awm A Ni Thei.—Thu âwihna leh thuneitute thupêk âwihna chungchanga zirlai hi sawi nawn fo a ðul ðhin. Hetiang hna hi in chhûnga thawh a nihin ðhatna a belhchhah a, naupangte chu soal laka vênhim niin thutak leh felna hmangaih tura nawr luih an nih bâkah puitlingte pawhin an hlâwkpuh hle ang. Hetiang hna, Pathian duh dân anga fate kahhruaina hna hi Pathian duhzawngte ngun taka an ngaihtuah ve loh a, Pathian thu an zir nasat hle loh chuan tih ve mai mai thei a ni lo.¹³

1. Counsels to Parents, Teachers, and Students, pp. 110, 111.
2. Pacific Health Journal, January, 1890.
3. Signs of the Times, February. 26, 1880.
4. Manuscript 82, 1901.
5. Manuscript 18, 1891.
6. Counsels to Parents, Teachers, and Students, pp. 158, 159.
7. Review and Herald, May 10, 1898.
8. Manuscript 126, 1897.
9. Review and Herald, Sept. 19, 1854.
10. Review and Herald, May 4, 1886.
11. Review and Herald, Mar. 13, 1894.
12. Review and Herald, Apr. 14, 1885.
13. Manuscript 24b, 1894.

THEN - V *Zirlai Hmasa Dangte*

BUNG 13 MAHNI INTHUNUNA

Naupangte Chu An Damchhan Thawk Turin Buatsaih Rawh U—Nu chuan a enkawl atâna pêk naupangte a enlai chuan rilru nuam lo zetin, “An lehkha zir hian engnge maw a tum ber le?” tiin a inzawt mai thei a ni. Damchhan titlaka siam tur te, khawvel dinhmun sang luah tlaka siam tur te, thil ðha ti tur te, a mihringpuite tâna malsawmna ni tur te, felna lawmman la tlâk ni tur tein em ni an zir? Chutiang a nih chuan an zir hmasak ber tur chu mahni inthunun theihna a ni; mahni inthunun thei lo, mi luhlul tân khawvela hlawhtlinna emaw khawvel lo la awm tura lawmman chu beisei theih ani lo.¹

Naupang Chu Tlâwm Turin Zirtîr Rawh—Nausênte hian kum khat an tlin hmain an chanchin sawina chu ngaitlain an hre thiam a, engtia awm tur nge pawh an hre tawh. Nute u, in fate chu in duh dân inphahhnuai turin zirtîrna in pe ðha tur a ni. Hei hi in fate in thununna tiang in chelh tlat a, nu zahawmna in vawn reng theih chuan tih theih a ni. In fate chuan an laka in beisei chiah chu an hre thuai mai a, an sut tlang luih theih hun che u pawh an hre chiang a, an su tlang lui fo bawk ang che u.²

Naupangten thil chin tha lo an chin thin tihzir zel phal saka, an kuta thu neihna dah a, thu tir viau hi a nunrâwn thlâk em em zâwk a ni.³

Naupang Duhâmnaah Lawm Suh—Nu leh pate chu an fimkhur hle loh chuan thil dang ti hman lo lêka an mahni chauh ngaihven reng tur leh ngen reng turin an fate chu an siam mai ang. Naupangte chuan an nu leh pate chu an duhzawng tihsak reng a, an duh ang anga awm turin an ti ang a, nu leh pate pawhin an fate thil tih dân chu an hmasial vang a ni tih hre reng mahse an duhzawng chu an tihsak nge nge ang. Mahse hetiang an tih hian nu leh pate chuan an fate chu an tisual a, nakinah phei chuan an têt laia an zirtîrna tha lo tak nghawng chu do zawh a harsa tawh hle a ni tih an hria ang. Naupangte chuan an duh apiang tihsak sên an ni lo tih an têt lâi ațangin an hre tur a ni.⁴

An Tah Vang Ringawtin Engmah Pe Suh U—Nuin thil pakhat a zir nawn fo tur chu naupang chu thuneitu tur a ni lova, hotu a ni hek lo; amah nu zâwk duhzawng leh tha tih zawng chu a lal tur a ni tih hi. Tichuan mahni inthunnunna a zirtîr a lo ni ang. An tah avangin an thil ngen pe suh, i rilruin châk hle mahse vawikhat i pêk phah zauh tawh chuan tap chung a thil ngen a chin hlen phah zâwk ang a. A vawihnihnaah phei chuan a nuar nasa leh zual ang.⁵

An Huaibâk Vak Vak Phal Suh U—Nû hna hmasa ber chu naupang nawrhtir vak vak loh hi a ni. Naupangte chu thinrima chhuat laia an huaibâk chiam chiam te, an tâna tha lem lo tur thil an ngen kan pêk phal loh avanga an tal vak vak phal tur a ni lo. Nu leh pa tam takin hetiang an fate an nawrh tir vak vak ka hmuh hian hrehawm ka lo ti thin a. Nu thenkhat chuan thil awm dân reng tura ngâi niawm takin an fate awm dân chu vei awm pawhin an lang lo. Mahse sual chu vawikhat lek pawh a chêt phalsak a nih chuan a che nawn zel ang a, tih thanah neih a lo ni ang, tichuan naupang chuan nungchang tha lo tak mai a neih phah dân a ni.⁶

Thlarau Sual Zilhau Hun—Naupang thenkhat, an duhzawng tihsak an nih loh avanga nawrh ching ka hmu thin. Hei hi thlarau sual zilhau hun chu a ni. Hmêlma chuan kan fate rilru thunun a lo tum thin a, mahse a duh dân kan fate nungchang lo siam tir chu kan phal dân em ni? Heng naupangte hian eng thlarauvin nge pâwl an hre thiam lova, chumi lo thliar hmasak chu nu leh fate mawhpurhna a ni. An thil chin than chu ngun taka vên tur a ni baw. Sual lam âwnna rilru chu hnuh hniam sak a, an rilru chu thil tha lam ngaina tura tihphur ni se la. Mahni inthunun turin a theih dân kawng kawnga beih tur a ni.⁷

Bethlehem Hla Nen Bul Tan Rawh U—Nute chuan an nawsên pawm lâi chu nun dân nghet leh thil chin tha nei turin an zirtîr tur a ni. Chhuatlaia huaibâktir phal suh se. An sên lâi ațangin nute chuan zirtîr sela. Hlain awi rawh u, chûng nau-awih hla thlûk nê m take chuan a awi tlei a. Heng hla thlûk nê m chite hi Krista leh A hmangaihna lam hla ni rawh se.⁸

Rilru Thlâk Mai Mai Loh Tur—Naupang nungchang herh deuh awm chu a hma thei ang bera dan tur a ni; in dan har poh leh a harsa tawh tawh a ni mai. Naupang harh, thinchhe chite phei chuan a bika nu leh pate enkawl na an mamawh em em a. Zâidam tak, nghet cherh chawrh sia enkawl tur a ni; hetiang thilah hian nu leh pate chuan rilru an sawhsawn mai mai tur a ni lo. Hetiang an mize dik lo danglam bik tak țhang lian zel tur lo dâl tura kan awm dân chu fimkhur taka chawm lena tihngheh sauh sauh tur a ni.

Naupang thinchhia leh mize herh deuh khawsak dân chuan chhiatna chia a rah chhuak ang. A sualna chu a kum tela nasa deuh deuhin a rilru țhang zel tur pawhin a hnufum phah a, a nungchang tha tak leh ropui tak tur pawh a dik loh phah vek a ni.⁹

Entawn Tlâka Nu leh Pate Inthunun A Pawimawh—Nu leh pa thenkhat chu an mahni an inthunun zo lo. An châkna hrisek bik lo tak mai leh an thin thawk thut țhinte chu an thunun zawh bik loh avangin an fate chu an châkzawng laka insûm tur leh mahni inthunun turin an zirtîr thei lo.¹⁰

Nu leh paten an fate chu mahni inthunun tura zirtîr an duh chuan mahni an inthunun thei phawt tur a ni. Nu leh pa phunchiar, mi hauh chingte hian an fate rilruah inhauh pawisak lohna an tuh a ni.¹¹

Thil Ṭha Tih Ning Suh—Pathianin an chhûngkaw nuna tih tur a tuksakte an tihnaah nu leh pate chuan a awlsam zawng leh nuam zawng an ngaisâng lutuk ṭhin. Tunlai ṭhalai zinga سوالنا kan hmuh hi in chhûnga zirtîr ṭhat chu nise hmuh tur a awm lo vang. Nu leh pate hian Pathian pêk an hna chu an kenkawh a, insûmna te, mahni inphatna te, mahni inthunnate hi thupêk leh anmahni nun hmang ngeia an zirtîr chuan, Pathian pawm tlâk ni tura an mawhphurhna hlen tum an nih avangin Krista sikulah zirlai hlu tak an lo zir reng mai tih an hmu chhuak ang. Dawhtheihna te, hmangaihna te, zâidamna te an zir a; hengte ngei hi a ni an fate an zirtîr tur chu.

Nu leh pate chu fate enkawlina kawnga an lo phur thar a, chakna thar nena an lo ngaihthah tawh hna chu an ṭan hnu chuan he hnaah hian engmahin a tihhnual an inphal tawh tur a ni lo. Thil ṭha tih ning kan tam lutuk. A taka beih te, mahni inthunun te, khawngaihna leh hriatna neih pun zelte a lo ṭul a, tum loh deuha chêt chhuah thutte a lo ngaih hian an beidawng a, an thiltum chu an bansan a, thlarau hmêlma chu duh tawka khawsa turin an kalsan mai ṭhin a ni. In fate nungchang siam a nih a, a ṭha zâwnga an duhzawng siam a nih hma loh chu ni tin, thla tin, kum tluanin hna chu thawh zawm zel tur a ni. Beidawng avanga in chhûngkua chu mumal lo taka thên mai mai turin in kalsan tur a ni lo.¹²

Inthunun Reng Rawh U—In inthununna kha thlah dul suh u. Entawn tur ṭha Famkima chu kan hmaah dah reng ila. Ṭawng buan buan te, ṭawng lo pawha thinur hmêl put reng mai te hi soal a ni. Krista aiawhtu dik angin ṭha takin kan kal tur a ni bawk. Thinurna ân chhuahpui vakte hi lungchang innawt ṭêk ang a ni a; thinurna rilru a chawm nung ṭhin.

Thingsemim kâwr ang hi nih loh tur. In chhûngah vin vak vak tur a ni lo. In inah chuan van Mikhual chu thleng turin sâwm ula, Amah leh A vantirhkohte thlennna tlakah insiam bawk rawh u. In bula khawsa ve ten nunna êng chu an hmuh theih nân Krista felna te, Pathian Thlarau tihthianglimna te, thianglimna mawina te nei ang che u.¹³

“Mi thinnel chu mi chak aiin a ṭha zâwk a, A rilru thunun hneh chu khaw latu aiin,” (*Thufingte 16:32*). Mipa emaw hmeichhia emaw, thinur tura thlêm an nih pawha mahni rilru thunun tlattu chu Pathian leh A vantirhkohe mihhmuhah chuan sipai hotu langsar tak, indonaa a sipaite chakpuitu aiin a sang zâwk daih a ni. Lal ropui tak pakhat thi tur pawhin, “Hnehna ka chan tawh zawng zawngah tuna min hnemtu ber chu ka thinchhe lutuk ṭhin ka hneh kha a ni,” a ti. Alexander-a leh Kaisara te chuan khawvel hneh aiin mahni inhneh a harsa zâwk tih an hmu a. Ram tam tak an hneh hnu-ah “Pakhat chu insûm theih loh avangin a tlu a,” “Pakhat erawh chu thil tum âthlâk tak avangin,” a tlu thung.¹⁴

1. Pacific Health Journal, May, 1890.
2. Signs of the Times, Mar. 16, 1891.
3. Manuscript 32, 1899.
4. Signs of the Times, Aug. 13, 1896.
5. Manuscript 43, 1900.
6. Signs of the Times, Mar. 16, 1891.
7. Christian Temperance and Bible Hygiene, p 61.
8. Manuscript 9, 1893.
9. Pacific Health Journal, January, 1890.
10. Pacific Health Journal, October, 1897.
11. Signs of the Times, November. 24, 1881.
12. Review and Herald, July 10, 1888.
13. Manuscript 102, 1901.
14. Good Health, November, 1880.

BUNG 14 NGAWIH THEIHNA, INZAHTAWNNA LEH PATHIAN ZAHNA

Bengchheng Satliah leh Buaina Beng Dai Rawh—Nu chuan a rilru chu thil tam tak lutuk luah tir a phal tur a ni lo. . . . Naupangte chu an nu leh paten phalsak ta se an thinlung mawl tak, la hman mang loh aṅanga lo chhuak an phurna ang anga an chêt dâwn avangin nu chuan taima thei ang ber leh hnaih thei ang berin a fate chu a vêng tur a ni. An rilru a zat ṭhin em avangin in chhûngah mumal nei lo lêkin an bengchheng ang a, chu chu khap tur a ni. Hetiang ti lo tura zirtîr an nih hian naupangte chu an hlim tho ang. Inlêng neih lâi pheih chuan inhlei miah lovin an awm hle hle tur a ni tihte hrilh tur an ni.¹

Ngawih Ṭhap Theihnain In Chhungah Rorel Rawh Se.—Nu leh pate u, in fate chu dân hnuaia intulût turin zirtîr ula. Naupang an nih avanga in chhûnga bengchheng chel chul theihah an inngaih phal suh u. Chhûngkaw nun mâwi tak chu tihchhiat a nih loh nân dân zawm tur fel tak duan a, kenkawh tur a ni.²

Nu leh paten duh tawka an fate bengchhen an phalsak hian an tisial hle tihna a ni. Pawlawh tak leh sahawh taka khawsaktir tur an ni lo. Heng nungchang ngeiawm takte hi tihtâwpsak vat an nih loh chuan naupangte chuan an ṭhanlen pui ang a, an sakhaw nun leh hnathawhna-ahthe thlengin a nasa tawlh tawlh mai ang. Naupangte chu in chhûnga tâwngpâwng bengchheng vak vak lo tura zirtîr an nih hian an hlim loh phah chuang lo.³

Thutlûkna Ṭha Zah Turin Zirtîr Rawh U—Naupangte chu thil chinchâng hre tawhte thutlûkna ngaichâng thiam tura zirtîr tur an ni. An rilru chu an nu leh pate leh an zirtîrtute rilru nen a inmil tur a ni tih zirtîr tur an nih bâkah an thurawn anga awm ṭhatnate pawh an hmu thei ang tih hrilh tur an ni. Tichuan an hruaitu kut aṅanga an tal chhuah hunah pawh luang thli chhem nghin ang mai mai an ni tawh bik lo vang.⁴

Nu leh Pate Fimkhur Lohnain Mi Zahderna Nei Lo Turin A Fuih.—Anmahni in chhûng ngeia naupangte chu mi zahna nei hauh lo, thu awih miah lo, lawmna pawh nei lo leh huaibâk taka awmtîr phalsak an nih chuan an sualna chu an nu leh pate kawngka bulah a let reng tihna a ni.⁵

Nu ber chuan nu ber nihna zahawm tak nen a in chhûng fing takin a awp tur a ni. A huhang chu pawimawh ber sela, a thu chu dân ni rawh se. Kristian a nih chuan Pathian thuhnuaia awmin a fate zah a kâi hle ang. I fate chu an laka i beiseite chiang takin hrilh rawh.⁶

Nu leh paten an thuneihna an kenkawh ṭhat loh chuan an fate sikul kal chuan zirtîrtute leh principal ngei pawh zahna châng an hre lo mai ang. Midangte zahderna leh ngaihhlutna nei tur chu an ni ve naa in lamah zirtîrna an dawng ngai si lo. Chutiang nu leh pate chu an fate nen an inzawl tâwk reng a ni.⁷

Khap Daih Loh Chimawmna Rah.—In fate chu zahderna lantir ula, an zah lo che u a ni tih lan theihna thumal pakhat tê pawh an lam rik phal suh u.⁸

Ṭhalai Rilru Fing.—Ṭhalai, nu leh pa nei, mahni nu leh pate thu ngaichang a, a mawhphurhnaa ngâitu, tin, nu leh pa nei lo pawh anmahni enkawltute leh a chenpuite zah der thiam, hnêmtute, thurawn petute leh hruaitute anga en thiam, chhûngkaw inkhuahkhirhna vawng reng thei tlangvâl fing chu malsawmna dawng tlâk a ni.⁹

Inzahna Hi Ngaihhlut Hle Tur A Ni. [*Note: He thupui hi Bung 80ah chiang zâwka sawi a ni.*]

Inzahderna hi kan duh em em tur nunze mâwi tak chu a ni a. Naupang zawng zawng chu Pathian zahna diktak lantir tura zirtîr tur an ni.¹⁰

LALPA chuan kan fate chu khawvel leh kohhran leh chhûngkuate nena inlaichinna ṭha tak kan nehtir tur a ni tih hre thiam se min duh em em a. An chhûngte nena an inkungkaih dân chu kan ngaihtuah hmasak ber tur a ni. Mi hma-ah leh Pathian hmaa hawihhawm hle turin zirtîr ila. Tin, “Pathian lakah an hawihhâwm tur a ni tih chu eng i tihna nge?” in ti pawh a ni thei. Ka

sawi awmzia chu kan Pa vana mi zah tur leh kan tâna man chhiar sên rual loha Krista inhlanna ngaihlu tura zirtîr tur an ni e ka tihna a ni. Nu leh pate leh naupangte chuan vana vantirhkohten an biak pawh reng theih nân Pathian nena an inlaichinna chu chhawm nung reng rawh se. Heng van palaite hi bawhchhiatna leh Pathian laka hawihhawm lohnaa khat inah chuan an lût thei lo. Bible aţang hian van thlarau chu man ila, he leia kan nunah hian i la lût ang u.¹¹

Inzahderna Zirtîr Dân.—Nu leh pate chuan an fate chu Bible phêk thianghlina hriatna chi hrang hrangte tui pûi turin an ti thei a, an ti bawk tur a ni. Mahse an faten Pathian Thu tui pui se an tih chuan anmahnin tui pûi hmasa rawh se. A zirtîrnate chu hre bel sela, Pathianin Israel fate thu a pêk, “Chung chu in fate in zirtîr ang a, in ina in thut lâi te, kawnga in kal lâi te, in thawh hun tein in sawi thin tur a ni.” (*Deut 11:19*) a tih hi an zawm ve tur a ni. An faten Pathian hmangaih se, zah se ti chuan A thātna te, A ropuina te, A thiltihtheihna te chu Bible aţang leh thilsiam aţangte hian sawi ngei ngei thin rawh se.¹²

Inzahna Chu Thuawihna A Puang.—Inzahderna chu thu âwihnaah a lo lang tih naupangte chu zirtîr tur an ni. Pathian chuan thil ţul lo titurin thu A pe lo va, chuvangin A thusawi zawmna tluka tilawmtu Amah zahna tihlan dân kawng dang a awm lo.¹³

1. Manuscript 64, 1899.
2. Signs of the Times, Sept. 25, 1901.
3. *Ibid.*
4. Counsels to Parents, Teachers, and Students, p. 75.
5. Letter 104, 1897.
6. Counsels to Parents, Teachers, and Students, p. 111.
7. Manuscript 14, 1894.
8. Manuscript 114, 1903.
9. Testimonies for the Church, vol. 2, p. 308.
10. *Zāwlneite leh Lalte*, p. 236.
11. Manuscript 100, 1902.
12. *Thlah tubul leh Zāwlneite*, p. 607.
13. Counsels to Parents, Teachers, and Students, p. 111.

BUNG 15 BUNGRUAW ENKAWLAH FIMKHUR TUR

Thil Tihchhiat Châkna Khuahkhirh Rawh U.—*Education* chu huapzau tak leh rualkhai tak a ni tur a ni. Nute tân taimâk a ţul hle. Engmahin a rilru a lâk pentir tur a ni lo va. In chhûngah a faten mawl taka bungrua an chelek vel a phalsak tur a ni hek lo. An nuam tihzawng a nih avang ngawta mumal nei lo lêka in chhûng bungrua sawisa kual vel tur an ni lo tih zirtîr ngei ngei tur a ni. Nute u, in fate chu la tê hlea in hriat lâi pawh khan in chhûng bungrua chu an infiamna hmanrua angin an en tur a ni lo tih zirtîr rawh u. He thil ho tê hmang hian khawsak fel dân zirtîr an ni thei. Naupangte chuan nawrh phah viau dawn pawh nise nausên leh naupang zinga lian tak thil tihchhiat châkna chu chawm len leh chhawm zui ni suh se. Pathian chuan, “In ti tur a ni.” “In ti tur a ni lo” A ti. Thinur si lo, ti mai mai bawk si lovin nu leh pate chuan “Aih” an tih chu ‘aih’ tak tak rawh se.

In chhûng bungrua chu chhuatlai leh hmun tin renga theh darh neih nuaih phal loh bur tur. Chutianga tihtir phal chuan naupang tân thil tha lo tak a ti a ni. Naupang fel tak a nih pawhin chutianga tih a chin vaih chuan buaipuiawm tak leh inhlei tak a ni chho mai ang.¹

Mi Thil Dim Dân Zirtîr Rawh U.—Nu leh pa thenkhat chuan an khawih tur ni hauh lo pawh an fate chu duh tawka an khawih an phalsak zel mai a. Mahse naupangte chu mi thil khawih mai mai lo tura zirtîr tur an ni. Chhûngkaw hlim nân leh nawmsak nân awm dân mâwi an zir ngei ngei tur a ni.

Naupangte hi an duh duh khawhtir phalsak an nih hian an hlim chuang reng reng lo. Thil dim thiam tura zirtîr an nih loh chuan thil dimthiam lo tak leh nunze mâwi lo tak an ni mai ang.²

Thil Tlo Lam Ngaihtuhsak Tur.—Naupangte chu thil chhe mai thei pêk loh tur. Thil tlo lo tak tak kan pêk hian thil tihchhiat châkna rilru kan zirtîr tihna a ni. Inkhuatelemna hmanrua ngah dul lo se; an neih chhun chu tlo hle thung rawh se. He thurawn hi ho tham viauin lang mah se naupang zirtîrna-ah chuan ho lo tak a ni.³

1. Manuscript 64, 1899.
2. Signs of the Times, Sept. 25, 1901.
3. Counsels to Parents, Teachers, and Students, p. 123.

BUNG 16 HRISÊLNA DAN

Naupangte Chu Hriselna Dân Zirtîr Vat Tur. —Mihring Siamtu chuan kan taksa-ah hian khâwl che tam tak thei A remkhawm a. An vai hian mak tak leh fîng taka siam an ni. Mihringte hian A dân kan zawma Amah kan thawhpui phawt chuan he mihring taksa khâwl hi hrisel taka vawn A intiam baw. Leilunga Pathian thilsiam mâwi tak takte hi thlirin kan ngaisang hle a ni thei; mahse thil mak zâwk chu mihring awm dân hi a ni.

Chhia leh tha hriatna a lo awm aţangin mihring rilru chuan taksa ruhrel inrem dân hi an hre Chiang hle tur a ni. Kan taksaah hian Pathian anpuia siam a nih avangin Pathian chuan A aiawh, a anpuia A dah a ni.¹

Naupangte zirlai hmasa ber chu mahni inhriat chian leh an taksa vawn hrisel dân a ni.²

Zirlai Pawimawh Hmasa.—Naupangte an zirtîr ţan tîrh lama thil pawimawh hmasa, nu leh pa tam takin an hriat thiam loh chu taksa inrelbawl dân hi dah pawimawh hmasak em em tur a ni a, tisa leh rilru hrisel chak tak a neih theih tih hi a ni.³

Chhûngkaw hlimna leh khawtlâng hamţhatna hi in faten an têt laia tisa leh rilru lam zirtîrna an dawnah a inngat thûi khawp mai.⁴

Nu leh Pate Chuan Mihring Ruhrel Hi Hriain Zirtîr Rawh Se.—Nu leh pate ngei hian thil hriat tam a, chu hriatna chu an hmangaih an fate zirtîr nân a taka hman pawimawhzia an hriat phawt chuan naupangte leh ţhalait zinga thil awmdân danglamzia chu kan hmu ang. Naupangte hian an taksa chungchângah zirtîrna an mamawh hle.

Thalai zingah mihring nunna thurûk hria chu tlêm têt chauh an ni. Kan taksa khâwl che reng mai hi tlêm têt chauh an hria. Davida erawh chuan, “Mak tak leh hlauhawm taka siam ka nih avangin ka fak ang che,” a ti (*Sâm 139:14*).

In fate chu thil lo awm chhan leh a rahchhuahte zirtîr ula; an mihring nih dân phung an bawhchhiat chuan a hrem nân natna an tuar dâwn tihte kawhhmuh rawh u. Chutianga in zirtîrna-ah chuan hmasawna bik tak in hmu kher lo pawh a ni thei; mahse beidawng suh u; hmanhmawh miah lovin zawi tea zirtîr chhoh bek bek tur a ni. Hnehna in chan hma loh chuan kal zel ula. In fate chu an taksa awm dân leh a enkawl dânte zirtîr zawm zel rawh u. Taksa hriselna chungchângah pawlawhnain nungchang siam that chungchângah pawlawhna a thlen a ni.⁵

Hrisel Taka Nun Hi Chhûngkaw Thil Pawimawh A Ni.—Hrisel taka nun hi chhûngkaw thil pawimawhah dah tur a ni. Nu leh pate chu Pathian pêk mawhpurhna an dawnah hian harh chhuak rawh se. Hriselna tihţhat dân chu zir sela, mahni inphatna hi himna kawng awm chhun a ni tihte hi an fate chu zirtîr baw rawh se. Khawvel mi tam zâwk fê hian tisa hnathawh dân fel tak hi an pawisak loh avangin mahni inthunun theihna an tichhia a, chatuan thil tak tak ngaihlu tlâk lovah an insiam ta ţhin a ni. An taksa inrelbawl dân chu an duhthu rengin an

pawisa lova, tichuan leilung kalphung dân fel tak bawhchhiat avanga hremna tuar turin kawng an sial mêk a ni.⁶

Insawizawitir Fo Tur.—Taksa chungchâng zirtîrna (insawizawi- taksa siamthât chhoh zelna) hi thlarau lama zirtîrna pêk aiin a awlsam zâwk daih mai. Inawm lem te, tualzawl te, workshop te, thlai chi thlâk te, buhsengte (or thei lo tura thinglawn) —an vai hian taksa sawizawina an ni vek e.

Thil awm dân pângngaiiah chuan naupang chuan pian t̄o t̄ha tak leh taksa bung khâwl thang chho hrisel tak a nei thei mai a. Chuti chung chuan a taksa pum pui thu-ah erawh fimkhur taka zirtîr tur a ni.⁷

Leilung Dân Zawmna Hian Hriselna leh Hlimna A Thlen.—Kan fate chu an taksa inrelbawl dân chungchâng fîng kar turin hrih chian hle tur an ni. Dawhthei taka zirtîr chuan an la têt deuh pawhin natna laka fihlim tur chuan an taksa dân awmsa an zawm tur a ni tih hriat thiamtîr theih an ni bawk. Natnain a tihzen tlat chuan an nun chu a hman tlâk loh tih hre thiam rawh se. Leilung dân an bawhchhiat avanga natna an insiam a nih chuan Pathian an tilawm thei hek lo.⁸

1. Medical Ministry, p. 221.
2. Testimonies for the Church, vol. 3, p. 142.
3. Health Reformer, December, 1872.
4. Fundamentals of Christian Education, p. 156.
5. Testimonies for the Church, vol. 2, pp. 536, 537.
6. *Ibid.* vol. 6, p. 370.
7. Counsels to Parents, Teachers, and Students, p. 108.
8. Health Reformer, August, 1871.

BUNG 17 FAINA

Pathian Chu Mi Tikher Kher A Ni.—LALPA chuan Israel-ho chu an *camp* A kal tlang lâia an bawlhhlawhia A hmuh loh nân an silhfente su fai a, an awmna ațanga bawlhhlawh lam chi reng reng thianfai vek turin A ti a. Chutiang bawkin wawiin hian Pathian chuan kan in chhûngte hi A rawn pal tlang a, chhûngkaw awm dân thianghlim lo tak mai leh khawsak dân pawlawh tak maite hi A en reng a ni. Tawi khawtlai lovin kan insiam t̄ha dâwn em le?

Nu leh pate u, Pathian chuan in fate rilrua nunphung nghet in tuh theih nâna thawhpuiiah A siam che u a. Rinnain Lalpa mi, naupangte chu innei a, tichuan Israel fate laka mi ti kher kher, faina nun nei chungin thang lian se titu Pathian chuan tunlâi chhûngkuate hi t̄awp taka an awm A remti bik hauh lo vang. Hemi chungchâng in fate zirtîr turin Pathianin hnathawh tur A pe che u a, tichuan in fate chu faina nun nei tura in zirtîr hian thlarau lam zirlai in zirtîr tel nghal tihna a ni. Pathian chuan taksa leh thinlung thianghlim nei turin A duh tih an hmu ang a, Pathian remruat nun dân phung thianghlim hriatthiamna chuan an thiltih apiangah phur takin chêtir vat vat rawh se. 1

Pathianin chutiang khualzin kal lâi, pawna awm rengte pawh fai reng tura A tih chuan keini, in chhûnga awm, thil bawlhhlawh hmuh awlsam zawkna leh hmun hrisel lo zâwka awmte lakah hian A phût tlêm zâwk hauh lo vang.²

Faina Hi Pawimawh Ber Dawttuah Neih Tur A Ni.—In chhûng tih t̄awp lutuk hi t̄ha lo tak a ni, a rahchhuah hian zirtîr t̄ha lo tak neiin ramdang hmuhah pawh a mualpho thlâk a. Naupangte chu an nausên lâi ațang rengin an rilru leh chin than zawngte chu a t̄ha lam hawia kaihhruai tur an ni. Thawmhnaw emaw, taksa emaw pawh nise bal taka awm hi Pathian duh lo zawng tak a ni tihte hrih tur an ni bawk. Fel fai taka chaw ei dânte zirtîr ula. He faina nun hi an nunphunga thil pawimawh pahnihnaa dah nghet thei tur khawpa vil ngun tur an ni. T̄awp taka khawsak hi a phu tawka ngaihnêp tur a ni e.

Mi zawng zawng hian he mawhphurhna tereuh tē hi han ngai pawimawh vek mai sela aw! Hun kal zela an nun pumpui chu an naupan laia an thil chin dawklak leh thiltih thinin an siam dāwn si a. Naupangte rilru hi hneh a awlsam em em a, chuvangin faina chungchānga an hriat tur awm chite chu mumal lo taka khawsak mai mai phal lovin an rilru-ah a tuh theih a ni.³

Faina Ngaina Tur leh Bawlhhlawh Ngai Thei Lo Turin Zirtîr Rawh U.—Fel fai taka awm ngaina tur leh faina chungchānga khauh hle turin enkawl rawh u.⁴

In fate chu mâwl tak leh felfai takin chei ula. An thawmhnaw chu a tlo lam chi zel ni rawh se. Fai tak leh fel takin vawn sak ula. Bawlhhlawh leh bal lam chi reng reng haw viau turin zirtîr rawh u.⁵

Thil ÷ul hauh lo ei leh in leh silhfen ngaihtuah nāna in tha sēn tam tak kha in fate taksa vawn fai nān leh an thawmhnaw vawn fel nāna hman lo ni tawh zāwk rawh se. He thilah hian min lo ngāihaw lo hram ula. In fate chu naute lem ang maiin in chhūngah khung reng tur ka tihna a ni lo a nia. Kawtlāi lei faiah thil bawlhhlawh hlauh tur engmah a awm lo; taksa aṭanga chhuak zāwk hi bawlhhlawh, thawmhnaw thlāk mi tingāi fotu leh inbual tiṭul fotu chu a ni.⁶

In leh A Vel Vawng Fai Rawh U.—Nu leh pate chuan an fate chu an thawh awm tâwk ngaihtuahsak zel sela chhūngkaw pum tân malsawmna leh hlimna a ni ang. Eng vangin nge he thil, taksa hriselna leh thlarau lam tâna ṭha em em hi zirtîrtu leh rawngbawltute hian chiang taka an zirtîr loh le? Mipa/hmeichhe naupangte hian chhūngkaw *member* zingah an tel ve tih in hre reng rawh se. In leh a vela thil hmuh nuam lo chi reng reng chu thenfai tumin an theih tâwp chhuah ve sela. Heti lam hawi zāwnga zirtîrna pawh hi pēk ngei tur an ni.⁷

Thil bal lam chi reng reng hian natna a pai duh khawp mai. Hmun thimah te, in kil ngaihsak hlauh lo lâiah te, thil ṭawihah te, thil hnāwng leh tichiap chuapahte hian thihna tham hrik te tak tē tē (*germs*) a tam duh em em mai a. Chuvangin in leh a velah chuan boruak tibawlhhlawh tur hnimhnah ṭawih leh theirah ṭawihthe awmtir phal tur a ni lo va. In chhūngah pawh thil bawlhhlawh leh ṭawihthe kawl reng tur a ni lo. Khawpui lian leh tē, hrisel viau tura ngaihahte pawh hian natna tam tak chu chhūngkaw fimkhur lo deuh deuhho in leh a vela bawlhhlawh ṭawihthe hian chhui luh an ni. A fai thei ang bera invawnna te, ni êng tam tâwk leh tē lua nei lo khawpa in chhūng vawn faina lama duh uluknate hi natna hrik laka fihlim nān leh in chhūnga awmte tâna hlimna leh hriselna atān a ṭulin an ṭul a ni.⁸

Hrisel Nān Mahni Invawn Fai A Pawimawh.—Fet taka invawn fai hi taksa leh rilru lam hrisel nān a ṭul em em a ni. Taksa chhūng lama bawlhhlawhte chu vun kaltlanga paih a ni a. Kan inbual fo loh chuan vun kaw te reuh tē tē maktaduaih tam takte chu balin a hnawh ping a, tichuan vun kaltlanga bawlhhlawh chhuak tur chu a chhuak thei lo va, taksa khāwl dang, bawhhlawh paihchhuaktute tân phurrit an lo ni mai ṭhin.

Mi tam ber hian zing emaw ṭlai lamah emaw tui lum pip pep emaw tui vawt emawa inbual hi an ngeih hle ang. Hritlān phah a hnēkin fai taka inbual chuan thisen kal a tih ṭhat avangin hritlāng lakah mi a vêng zāwk; thisen chu vun pawn lāng lamah a kal a, taksaah a insem rual ṭha zāwk a ni. Rilru leh taksa a lo harh vang a, tihrawl a lo fān thei zāwk a, thluak pawh a chak zāwk bawh. Inbual hi hriatna thazām thawi damtu a ni. Tin, inbual hian kawchhūng te, pumpui te, ṭhin te a tihriselin chakna a pe a, chaw pai ṭawihna a pui bawh.

Thawmhnaw vawn faite pawh hi pawimawh tak a ni. Kan thawmhnaw hākte hian kan taksa chhūng lam aṭanga bawlhhlawh lo chhuakte a pawm a, thawmhnaw kan thlāk fo loh chuan bawlhhlawh chu taksa bawkin a pawm leh ang.⁹

Khawsakna Hmun Fai Hi Thianghlimna Belhtu A Ni.—Naupang mutna khum hing tak tak ka hmuh fo thinte hi ka tân chuan tawrh zawh rual an ni lo. Naupang hmuh phāka thil awm, chhun leh zana an taksa dek pha chin reng reng chu fai tak leh nalh taka enkawl ni rawh se. Hei hi thil thianghlim leh fai lam zel thlang tura zirtîrna hmanraw pakhat chu a ni. In fate mutna pindan chu bungraw man to tak tak awm lo mah se a fel fai hle tur a ni. [*Note: Sap ho chu naupang te pawh an nu leh pate bulah an mu ngai lo.*]¹⁰

A Lutukin Thil Ti Suh.— Faina leh mumal taka thiltih hi Kristiante mawhphurhna a nih rualin heng thilte hi tih lutuk a awm thei a, thil pawimawh leh ùl zâwk ngaihthah theih a ni. Hetiang thila naupangte duhzâwng ngaihthah ho hian pardi leh pawisa nawi thlengin sawma pakhat an pe a, mahse thil pawimawh zâwk dikna te, zahngaihna te, leh Pathian hmangaihna te an ngaihthah leh si.¹¹

1. Manuscript 32, 1899.
2. Counsels on Health, p. 82.
3. Manuscript 32, 1899.
4. Testimonies for the Church, vol. 2, p.66.
5. Manuscript 79, 1901.
6. Christian Temperance and Bible Hygiene, p. 141.
7. Letter 108, 1898.
8. *Tihdam Rawngbâwlna*, p. 262.
9. *Ibid.*
10. Christian Temperance and Bible Hygiene, p. 142.
11. *Ibid.*, p. 68.

BUNG 18 FEL, FAI TAK LEH HUN VAWN DIK

Khawsak Felna leh Duhzâwng Siamsak Rawh U. Naupangte zirtîrna atâna pawimawh chu khawsak felna leh duhzâwng ða neihtir hi a ni.

In fate zirtîrtu leh enkawltu in nih angin in chhûnga thil tê ber thlenga fel fai tak leh mumal taka enkawl tura mawhphurhna nei in ni. Naupangte chu a man chhiar sên rual loh khawpa hlu zirlai, thawmhnaw vawn fai pawimawhnate zirtîr ula. In thawmhnaw pawh fai tak leh zahawm takin vawng ang che u.

In chhûngkuua chêt dân mâwi entirna ni reng turin Pathian lakah bat in nei a. Vanramah chuan mumal lohna reng reng hi a awm ve lo va, in chhûngkuua chu he lei vanram a ni tih hre reng ang che u. Rinawm taka in chhûng hna nêp tê têa langte pawh ni tin in thawh hian Pathian thawhpuitute in ni a, Kristian nungchang ðat famkimna kawng in zawh a ni tih hre reng rawh u.¹

Nu leh pate u, in fate chhandamna hna in thawk mêk a ni tih hi theihngihlil ngai suh u. In thil chin ðante a dik a, chêt felna leh mumalnate, ðatna leh felna te, thlarau, rilru leh tisa tihthianghlina te in lantir hian Krista thusawi, “Khawvel êng in ni e,” (*Matt 5:14*) tih kha a takin in chhâng tihna a ni.²

Fel Fai Taka Awm Hi Tih ðhanah Neihtir Turin Zirtîr Rawh U.—Chhûngkaw tin hi faina te, thil ngunthlukna te leh fel fai taka awmte chin ðhana nei turin zirtîr an ngâi vek a. Keini thutak ring intite hian thutak leh felna thute hian mi mumal lo tak, buluk tak, che buan tak leh hnawk takah min siam lo tih khawvel hmuhah kan lantir tur a ni.

Pathian kan hmangaihna chu fate kan hmangaihna hian chhûngkuua-ah lantir a ni. Hmangaihna fir dik tak chuan inthlahdahna leh chêt ðawpna lamah kawng awlsam a nih avangin a hruai chuang lo va; nu leh pate nun entawn tlâk tak an hmaa entawn tur awm reng leh taimâkna nun siam tura taima tak leh rilru nghet cherh chawrha hmangaih chung a an beihna chuan an fate chu anmahni ang awm turin a zirtîr ang.³

Thawmhnaw Enkawltu Turin Naupangte Chu Zirtîr Rawh U.—Naupangte chu an têt lâi atanga an thawmhnaw enkawltu ða turin zirtîr rawh u. An thawmhnaw dahna tur hmun siamsak ula, nalh taka rem dân leh a hmun taka dah dân turte zirtîr bawkw rawh u. Thawmhnaw dahna man to tak in neih zawh loh pawhin thingrem pângngai, a chhûng hul ða hmang ula, puanin khuh nalh mai rawh u. Hetianga indah fel dân leh mumal taka invawn dân hi rei lo tê

chhûnga inzirtîr mai theih a ni a, mahse nakin zelah in faten an la that pui ang a, hun leh buaina tur tam tak in la hlêp dâwn a ni.⁴

An Pindan Vawng Fai Rawh Se.—Naupangte chuan pindan hran, intih tatu bik riau tur an neih a, a enkawl fel dân leh tihnamw dânte zirtîr an nih bawk chuan neitu ni hliah hliaha inhriatna an nei ang a, in chhûngah in hran nei ang deuha inngaihate pawh an nei ang a, a enlawl fai leh tihfel vel pawh nuam an tihle ang. Nu berin an pindan enkawl dân chu endikin thiltih dân tur leh thurawnte pe thin sela. Hei hi nû hna chu a ni.⁵

Mut Hun Bi Neih Tur.—Zan rei tak tak thleng men a, chhûn mut kan va uar ta em! Thalai tam tak chu thawh hun fê tawh, savate pawh an hram chel chul tawh hnu leh ni chhuah uarh tawh hnu thleng pawhin an la mu burh burh reng mai zu nia!⁶

Thalai thenkhat hi chu a letling thawkin an nung a ni ber. Chhûngkaw khawsak dân phung pângngai zing thawh hun pawh an zah zo lo. Mi tam zâwk an vei nuaih nuaih tawh hnu, khawvar uarh tawhah pawh an la mu burh burh a. Zannah khawnvartui tihekin an meng a, a hun pângngaia leilungin min pêk êng aiah siam chawp êng an hmang zâwk a. Hetianga an tih thin hian hun tha tam tak an bawhpelh bâkah pawisa pawh a hek a ni. Mahse ti tawh lo tura ngen apiang deuthaw hian, “Ka hna ka zo hman lo; tihtur ka ngah; ka mu hmâ hman lo,” an ti a. Tihdân tha mumal tak chu bawhchhiat a ni a, zingkar hun tha an bawhpelh avangin nilenga an awm dân pawhin a mumal loh phah thin.

Kan Pathian khi mumalna Pathian a ni. A mite chu mumal takin A thununna hnuaiawh awm se A duh em em a. Chuvangin he thil chin tha lo, zan rei tak tak men a, zinga rei tak tak mut hi kan sim tawh dâwn em le? Thalaite hian mumal taka thiltih leh hun bi nei taka thiltih hi chin thanah nei se an hriselna-ah te, thlarau lamah te, thil chhinchhiah theihna-ah te leh nungchangahte hma an sawn sawt ang.

Mahni chin than zâwng nghet taka zui hi mi tinte mawhphurhna a ni. Thalai duhtak, hei hi rilru leh taksa lamah i tâna tha tur a ni. Zing thawh veleh i theih tâwpa ulukin nilenga i hna thawh tur chu ngaihtuah la. A tul phei chuan i thiltih tur chhinchhiahna tur lehkhahu te reuh tê nei la, i tih hun turte insiam thlap rawh.⁷

1. Letter 47a, 1902.
2. Manuscript 79, 1901.
3. Manuscript 24, 1894.
4. Christian Temperance and Bible Hygiene, p. 142.
5. *Ibid.*, p. 143.
6. Youth's Instructor, Sept. 7, 1893.
7. Youth's Instructor, January. 28, 1897.

BUNG 19 THIANGHLIMNA

Thianghlimna Thu Bul Zirtîr Rawh.—Kristian nute u, in chungaw mawhphurhna awm hre chhuak turin nu pakhatin a ngen che u a nih hi. In nau awih lâi kha mahni inphatna leh mahni inthununna nunpui turin zirtîr rawh u. Rilru nghet tak leh tha tak mai nei turin enkawl seilian ula. An thinlung nêem takah chuan he thutak, Pathian chuan tun kan damlaia kan hlimna ringawt ûma nung tura remruat lovin khawvel tâwp hnu thlenga kan thatna turin a ruat zâwk a ni tihte hi nemkâi rawh u. He zirlâi hi lei thaa thlai chi tla ang a ni tur a ni; tichuan in thinlung lawmna tur rah tha tak a la chhuah ang.¹

Nu leh pate chuan vantlâng boruak tha lovin an fate a pawlh buai loh nân nun thianghlimna thu bul hi an zirtîr tur a ni. In chhûnga thu âwih thang leh mahni inthunun thango chuan an sikul kalnaah harsatna an tâwk tlêm ang a, thalai tam tak hnehtu thlêmna hi an tlansan thei ang. Nu leh pate chuan an fate chu khawiah pawh awm se engtik lâi pawha Pathian tâna rinawm reng turin zirtîr rawh se. Nungchang tinghet thei tur mi hneh theihna boruak engemaw talin hual reng sela. Tichuan chutiang *training* tha nena naupang sikul kal chu buaina leh manganna

siamtu an ni ngai lo vang. An zirtirtute puitu leh an thiante tân entawn tlâk, fuihna tha tak an ni bawk ang.²

Chawl Lovin Vêng Reng Rawh U.—Nu leh pate leh naupang enkawltute chuan an fate chu thianghlim se an duh chuan anmahniin thianghlimna nun chu an nei hmasa tur a ni. An mamawh zirtirna chu pe ngei sela, hei bâkah hian chawl lovin an vêng reng tur a ni. Thalaite rilru-ah chuan ni tinin ngaih dân thar a piang reng a, an thinlung chu thil tharin a hneh zel bawk a. An thian kawmte, an lehkhabu chhiarte leh an thiltih châk zâwng reng reng chu vênpuai vek tur a ni.³

In Chhông Chu Thianghlim Tak, Mi Híp Thei Taka Enkawl Tur.—In chhông chu fai tak leh thianghlim taka vawn tur a ni. In chhông kil ngaihsak hlawh lo jawp tak takte hian thlarau kil khawr ngaihsak hlawh lo a siam duh viau a nia. Nute u, in fate zirtirtu in ni a, an pindante tifa a, duhawm tak leh mitla taka insiamsak hian an rilrua ngaihtuahna thianghlim tak tuh turin hmâ takah thil ropui tak in ti thei a ni.⁴

An Thian Kawmte Vêng Rawh U.—Nu leh pate chuan an fate chu thianghlim tura an duh chuan Pathian pawm tlâk thian tha tak takin an hualvel tur a ni.⁵

Nu leh pate chuan fimkhurna nen an fate chu pawlawhna te, inthlahdahna te leh beidawnna lak atangten an vêng thei asin! Nu leh pate u, in chungna mawhphurhna inngat pawimawhzia kha in hre takzet em? In fate chu eng ang zirna nge an neih ve tih pawh hriat loh mite nena an inkawm in phal em ni? Naupang dangte nena an awm fâl phal suh u. A bika enkawlina pe la. Tlai tin engnge an tih a, khawiah nge an awm hre zat zat ang che u. An thil chin than chu a thianghlim em? Rilru lam thianghlimna thu bulte in zirtir ngai em? A tlar indawt zel, thupêk atanga thupêk dang chu, tlêm tlêm tala in lo zirtir tawh lo anih pawhin hetiang hian in lo inthlahdah tawh ani tih inpuang lovin ni khat pawh liamtir suh u. Tichuan Pathian ruat in hna tur chu in thawk tak tak tawh dân tih hrih ula. Chu in insiam thatna-ah chuan zawm ve turin ngen ang che u.⁶

In thenawmte chuan in fate nena riak ho turin an fate chu rawn lentir an phal mai thei. Hetah hian fiahna leh duhthlanna tur a awm ta—in thenawmte thinur tur pawh pawisa lovin an fate chu an in lamah in hnar haw thei a; a nih loh pawhin tihlawm nân in fate nena riah dun chu in phalsak thei, chutianga in riah tir erawh chuan in fate chu an damchhunga anchhia ni thei zirtirna dawng turin in pho chhuak tihna a ni. Ka fate nun a bawlhhlawh loh nân mipa naupang dangte nen khum khata mut dun emaw, pindan khata muttir emaw ka phal ngai lo. Kan zin kual châng pawh hian midang nena pindan khata an riah ho âi chuan chhuat nuam vak lova muttir ka thlang zâwk thin. Mipa naupang luhlul deuhte nena an inkawm ka phal lo va, in chhông an tihurte hlim leh lawm taka an tih theih nân an phurna tur thil ka ngaihtuahsak thin. An kut leh ke ka awltir ngai loh avangin kawthlerah mipa naupang dangte nena infiamna hun leh tual lai atanga inzirna hun an nei lo.⁷

Taksaa Hriatna Vêng Tha Turin Bang Dah Rawh U.—Naupangte taksaa leh thlarau, Pathian bungrua, A anpuia siamte enkawlina mawhphurtute chuan mi sang tam takte tisa leh rilru hriselna tichhetu tisa châkna lam umna do turin bang an siam tur a ni. Tunlai سوالنا tam tak lo awm chhan diktak hi chhui zui zel chu nise, he thupui chungchânga beng chhu ngawng tlat thin nu leh pate mâwlina chu puh theih a ni ang. Hriselna leh nunna meuh pawh hi he tah tichhuak mâwlina hian lei a ni a sin.

Nu leh pate u, in fate chu Pathianin thiamna pe tura A tih che u in pêk loh chuan a rah chhuah chungchângah Pathian hmaa insawifiah in la hmabâk ang a. Heng an rah chhuahte hian in fate chauh a nghawng dân hek lo. Lova hling kung to tirin amah ang bawk hling dang a hring angin in ngaihtah avanga سوالنا lo thang lian zel chuan an boruak chim phâka awmte zawng zawng pawh chhiatna lamah a la hruai ang.⁸

Rilru Chu Ngaihtuahna Thianghlimin Tikhat Rawh.—Kristian nun chu mahni inphatna leh mahni inthunna neih reng hi a ni a. Hengte hi naupang hnenah chuan an nausên lâi ațanga zirtîr tur a ni. A Fapa duhtak thisen hlu tak hmanga man neia lei an nih tawh avangin Pathian tâ an ni a, chuvangin insumtheihna te, thinlung, thiltih leh ngaihtuahnaa thianghlimna te an nunpui tur a ni tih zirtîr ang che u.⁹

An kum a la tlêm hle laia naupangte rilru chuan thutak, thianghlimna leh thatna lam hlirte a mitthla chuan thil thianghlim leh sâng duhna a lo insiam ang a, tichuan an suangtuahna pawh chuti maia bawhhlawhin a soal lo vang. Amarawhchu kawng dang zawh a nih a, nu leh pate rilru chu thil changkang lo lam hlira a chen a; an titi duhzâwngte chu thil duhawm lo lam hlira a khah baw a, mi thiltih apiang sawisel zel an chin dawklak tawh pheh chuan naupangho chuan lungawi lo hmêl leh țawngkam chu an zir ang a, entawn tlâk loh chu an entawn vat mai ang. An thih thlengin suangtuahna tha lo tak chu phâr natna hnuhma angin an kâi reng tawh dâwn a ni.

Nu fimkhur tak leh Pathian tih miin nausên hnena chi a tuh chu felna thing a lo ni ang a, lo pâr chhuakin rah tam tak a chhuah ang a; tin, Pathian țihmi pa fimkhur takin ama nun leh țawngkama zirtîrna a pêk chuan Josefa thawnthu ang khan, zawi zawiin rah a la chhuah dâwn a ni.¹⁰

1. Manuscript 44, 1900.
2. Counsels to Parents, Teachers, and Students, p. 150.
3. Signs of the Times, May 25, 1882.
4. Christian Temperance and Bible Hygiene, pp. 142, 143.
5. *Ibid.*, p. 142.
6. Manuscript 119, 1901.
7. Solemn Appeal, p. 56.
8. Review and Herald, June 27, 1899.
9. Christian Temperance and Bible Hygiene, p. 145.
10. Good Health, January, 1880.

THEN - VI *A Taka Zahawmna Tûra Zirlaite*

BUNG 20 TANGKAINA

Naupangte Chu Tangkai Hle Turin Zirtîr Rawh U.—In chhûng sikula naupangho chu ni tin hna kal pângngai thawh dân zirtîr tur an ni. An têt lâi ațang rengin nu ber chuan ni tina an thawh tur hna mawl têt têt siamsak țhin sela. Inzirtîr buai vel aiin amah chuan timai țhin se hun chu a duh rei lo zâwk ngei ang; mahse an nungchang siam nâna pawimawh an țangkaina tur lungphum a phûm mêk tih inhre reng sela. An in chhûng chu *head-teacher* a nihna sikul a ni tihte pawh hre reng rawh se. Rang tak leh thiam taka in chhûng hna an thawh thiam nâna fate zirtîr chu a tihtur a ni a. A hmâ thei ang bera chhûngkaw harsatna țawmpui ve thei tura zirtîr tur an ni baw. An têt lâi ațangin mipa naupang leh hmeichhe naupangho chu phurrit rit deuh leh rit lehzuale pawh phur ve a, chhûngkaw eizawna hnate pawh an theih ang ang thawk ve tura zirtîr tur an ni.¹

Naupan Vanga Tihsual Palh Haidersak Rawh U.—Naupang sang tam tak chu in chhûngah engmah zirtîr loh ang maiin an awm. Nu chuan, “A buaithlâk mai mai. Keiman ka ti vek mai ang; a buaithlâk lutuk; min tibuai.” a ti mai a ni.

Nu chuan lian lua awm lo, têt lua awm lova amah ngei pawh inzir chho bek bek a ni tih a inhre reng lo em ni? Zawi zawia zirtîr duh tlat loh mai chu naupang tân a tha lo a ni. In fate chu in bulah tât chawt sela. Thilte pawh an zâwt ang; dawhthei takin chhâng rawh u. An thawh awm tâwk tihtur pe ula, nangmahni pui ve riauva inhriatna neiin hlim ve hle rawh se.

Thil tha tih an tum laiin in fate chu hnial suh u. Thil an tihsual palh leh tihchhiat palh engemaw a awm pawhin anmahni puh mai loh tur a ni.

An naupan lâia zirtîrna inpêkah khan an nun chhoh zel dân tur zawng zawng chu a innghat a ni. An finna leh hriatna zawng zawng chu hman tura pêk, Pathian tâ, A rawngbawl nâna pêk an ni tih zirtîr rawh u. Heng naupang ðhenkhat hnenah phehi hi chuan Lalpan A duhzawng hriat theihna A pe a, chuvangin naupangte chu Pathian pêk an finnate hmang tura zirtîr thuai tur an ni.²

Naupangten Chhûngkaw Phurrit Phur Ve Rawh Se.—Naupangte nun chu nuam takin siam ula, chutih rualin thu âwih tur leh in chhûnga ðangkai ve tur leh phurrit zâwk in phur anga a zâng zâwk tal phûr ve turin zirtîr tur an ni. Setanan an rilru chu hnathawhna hmuna a hman loh nân taimâkna nun nei turin zirtîr ula. An ngaihtuah tur te, an tihtur te chu an dam lâi ngei leh nakin khawvel tharah pawh ðangkaina an lo neih zel theih nân zirtîr tur an ni baw.³

A hmâ thei ang berin chhûngkaw phurrit phur ve tura zirtîr tur an ni baw. Thil tihna châng hriatnate hi chhawr ho chi a ni tih te, rang tak leh fel taka hnathawhte zirtîr ula. Heng inzirtîrnate hi an hun kal zelah an tâna la hlu ber ber tur an ni.⁴

Chhûngkaw *member* tinte chuan an hmâa an tih tur awm tâwk chu chhûngkaw inpumkhatna tichhe si lovin an ti vek tur a ni. Kum ruk chin chung lamte phehi chuan nun phurrit phurh tur an nei ve tawh tih hre thiam vek rawh se.⁵

Hlimna leh A Taka Thil Hriatna Hnâr.—Nu leh pate tân an fate nausên lâi aþanga zirtîrna dik pêk a va pawimawh tehreng em! “I nu leh pa châwimâwi rawh; tichuan LALPAN ram A pêk turah che chuan i dam rei dâwn nia,” (*Ex. 20:12*) tih thupêk zawm tur hian an zirtîr tur a ni. Naupangte pawhin a kum tela an lo ðhanlen zel rual hian an nu leh pate enkawlina chu ngaihlu hle se. An nu leh pate puih chu an lawmna leh hlimna ber lo ni baw rawh se.⁶

Hna Hnuaihning Ber Pawh Hi A Lang Duhawm Hle Thei.—Naupangho chu ni tin hna tlâwm tak takte pawh LALPAN an zir tur puala A dah, ðha tak leh rinawm taka hna an thawh theih nâna an inzirna sikul anga ngâi thei tura zirtîr an nih phawt chuan an hnathawh tur chu a nawm hmêl sawtin a lang ropui sawt ang! Ni tin hnate hi LALPA hna anga thawh a nih hian hna hnuaihning ber pawh a lang duhawm a, leia hna thawktute chu vanrama Pathian duhzâwng thawktu vântirhkoh thianghlimte nen a inzawmtir a. Kan awmna hmun tura ruatahte hian kan tihtur chu dinhmun sâng zâwka ding vâna vântirhkohten rinawm taka an thawk angin kan thawk ve tur a ni.⁷

1. Counsels to Parents, Teachers, and Students, p. 122.
2. Letter 104, 1897.
3. Manuscript 62, 1901.
4. Signs of the Times, Dec. 11, 1901.
5. Testimonies for the Church, vol. 2, p. 700.
6. Manuscript 129, 1903.
7. Signs of the Times, Oct. 11, 1910.

BUNG 21 TAIHMAKNA

Þhalaite Vêngtu.—Hna ðangkai tak thawh hi ðhalaite vêngtu ðha berte zinga pakhat a ni. Naupang taima ni tura zirtîrna dawng, an hun zawng zawng hlim tak leh ðangkai taka hmang ðhinte chuan midang rêlna hun emaw, thil tul lo suangtuah vak vakna hun emaw an nei lo va. Thil chin ðha lo tih an chin leh ðhian sual an kawm pawh a hlauhawm ve lo deuh a ni.¹

Taihmakna hlutzia hi sawisen a ni lo. Naupangte chu thil ðangkai ti ðhin tura zirtîr ni rawh se. Nu leh paten he leia an fâten hlimna nun leh chhawr tlâk nun leh lei piah lama rawngbawlina sâng zâwk leh hlimna nasa zâwk an neih theih nâna a ðha thei ang bera zirtîr dân an hriat nân mihring finna mai lo deuh an mamawh a ni.²

An Kum Upat Dân leh An Tlin Tâwk Ang Zelin Tih Tur Pe rawh U.—An têt lâi aţang rengin naupangte chu an kum phû tâwk leh an phû tâwk zel titura zirtîr tur an ni. Tunah chuan nu leh pate hian an fate chu mahnia ding thei lehzual turin fuih rawh se. Leiah hian buaina nasa takte an la rawn inlâr dâwn a, chuvangin naupangte chu chutiang lo hmachhawn thei tur chuan buatsaih tur a ni.³

In fate chu chhawrna-awm tak ni tur te, an kum phû tâwka chhûngkaw phûrrit phûr ve tur ten zirtîr ula, tichuan hnathawh chu an nuna thil pawimawh ber dawttu a lo ni ang a, hna thawh chu ninawmah an ngâi tawh ngai lo vang.⁴

Thatchhiatna Rah.—Nu leh pate hian Pathian pêk mawhphurhna ngaihthah a, tih tur pakhatmah pe lova an fate an awmtîr mai mai tluka sualna râpthlâk tih theih an nei lo; a chhan chu naupangte chuan thatchhiat an zir a, chhawr tlâk loh nutling patlingah an chhuah thin vang a ni. Ei zawng rual an lo nih a, hna an thawh ve pawhin zel thel takin an thawk ang a, a hming leka tive mai mai chung pawhin rinawm taka thawk tluk thova hlawn la turah a inngai thin. Hetiang hna thawktu thatchhia leh mi rinawm, vêngtu rinawm tak ni tura inngaite hi an inang lo kher mai! An hnathawhna apiangah thalaite chu, “taimâkna lam kawnga thatchhe lo, thlarau lama thahnemngai, LALPA rawngbawltu” ni rawh se; tlêm tê chung a rinawm lo chu tam tak chungah pawh an rinawm si lo va.⁵

Naupangte hian in lamah zirtîrna tha an dawn phawt chuan khawlaiah mi tam tak angin thil tha lo tak tak an zir chhuak ve lo vang. Awmze neia mahni fate hmangaihtu nu leh pate chuan an fate chu mi thatchhe tak, in chhûng sekrek khawih thiam reng reng lova seilian tur chuan an phal lo tawp ang. Pathian tân mawl lutuka awm hi pawm theih a ni lo va, A hna thawh nân phei chuan a duhawm lo a ni.⁶

Hun Hman Dân Tha.—Thatchhiat lutukna hmunah chuan Setanan thlêmna hmanga mihring nungchang tihchhiat hna a thawk vat thin. Thalaite hi hna ţangkai thawk tura zirtîr an nih loh chuan an hausa emaw an rethei emaw an boral mêk a ni; a chhan chu Setanan a duhzawng thawk tura a chhawr tho dâwn vang a ni. Nunphung nghet zirtîrna thaa hung hnan loh thalaite chuan hun hi rophum rûk anga hlû, Pathian pêk, mi zawng zawng la insawifiahna turah an dah lo a ni.⁷

Naupangte chu a tha thei ang bera hun hmang tur te, nu leh pate ţanpui tur leh mahni inwawng fel tur tea zirtîr tur an ni a. Hna ţul em em pawh thawh thama ngai lo khawp hiala an indahsan phal miah lo tur a ni bawk.⁸

Hun hlutzia hi chhût phak rual a ni lo. Hun khawhral mai mai hi a lak let theih tawh lo va. Chuvangin hun hman that hi rosum ang a ni.⁹

Thatchhiatna Nun Hi Hneh Tur.—Bible-ah hian Pathianin A fate inzirtîrna tur chu a ruat sa diam a, chu remruatna chu nu leh pate chuan an zawm tur a ni. An fate chu thatchhiatna nun hneh turin zirtîr rawh se. Naupang zawng zawng chu he khawvelah hian tih tur nei vek an ni tih zirtîr tur a ni.¹⁰

Thatchhiatna leh zawmthâwtna hi Kristian rinna thing rah an ni lo.¹¹

Zawmthâwtna hi ânchhe râpthlâk tak a ni. Pathianin mihringte hi hriatna thazâm te, tihrawl te leh taksa bung hrang hrangte pein mal A sawm a; chêtîr loh lutuk avanga chhiat lam an pan phal tur a ni lo; sawizawia hrisel taka enkawl zâwk tur an ni. Hna thawk lova awm mai mai hi mihring chhûngkaw tâna anchhia a nih thin avang leh a la nih zel dâwn avangin thawh tur nei loh hi thil vanduaithlâk tak a ni.¹²

Naupangte u, in chhûnga thil kawltir tlâk, rinawm tak nih tum rawh u. In tih tur chu pumpelh hek suh u. Rim taka hna ţangkai thawh hian tisa leh tihrawl a tichak a. In chhûng nawmsakna tur pawh ngaihtuah ve ula, chu chuan malsawmna nasa tak a vur ang che u.¹³

Engatinge Infiam Hmâin Hna Kan Thawh Ziah?—Ka nu khan hnathawh dân min zirtîr a. Ka nu chu, “Ka infiam hmâin enga ti nge hna ka thawhmasak ziah,” tiin ka zâwt thin. Ani

chuan, “Hna ƣangkai tak tak i thawh thiam nâna zirtîr che ka nih bâkah pawh sual laka vêng him tur che pawhin a ni bawk. I len hunah lâwmthu min la hrilh ang,” a ti ƣhin a. Ka tunu hmeichhe naupang tê hian, “Eng vangin nge la ka phiar ang? Ka piten an phiar alawm,” a ti a. Kei chuan, “I piten la an phiar dân chu min hrilh ta che,” ka ti a. Ani chuan, “An têt laiin an zir alawm,” a ti a.¹⁴

Nîtin Program Neih Hlutna.—A theih phawt chuan ni lênga kan hnathawh tur hi ngaihtuah lawk a ƣha hle. In tihtur hrang hrangte chu han en ula, ni tina in tihtur chu hun bi fel tak ruat thliah teh u. Engkim mai chu ngun taka ngaihtuah chungin fel fai taka tih zung zung ni rawh se. In hna chu in chhûnga thawh chi a nih chuan boruak luhna awm ƣha sela, khuma in âwngphah phah lâite chuan ni hmu thei bawk rawh se. Hnathawh nân hun tam tâwk inpe ula, in mit la deuh lehkhabu leh chanchinbu pawh chhiarsan mai mai suh u. “Hna thawhna hun tam tak ka nei a, a hun taka zo turin ka hna laklawh hi kan thawk zel phawt teh ang.” tiin inhrilh mawlh rawh u.

Mi che muang ve hrim hrim chi pawhin ‘Taihmâk kawngah chuan thatche suh ula; Thlarau kawngah chuan ƣhahnemngai ula; LALPA rawng bawl ula,’ tih thu kha hre rengin rang taka thawh zung zung ngâi chi thawh tur zawng rawh se.

Ei rawngbawl tur i nih pawhin ngun takin ngaihtuah la, i hun zawng zawng pe ang che; a hun takah i rawngbawl sa chu dawhkanah itawm takin chhawp diam rawh. Tum aia minute ngaa rawngbawl zawh tlai aiin minute ngaa bawl zawh hma a ƣha zâwk bawk. Mahse mi zelthel chi leh tihtur ti mai lo chi i nih a, mi taima vak lo chi i nih ve hrim hrim bawk chuan rei lo têa zawh tur kha rei tak i tih a ngâi ang; mi che muang hnê hnê chi chu insiam ƣhat vat a, phêt ve deuh vat vat tur a ni. An tum phawt chuan chêt hnê hnê leh tih hnik hnek chu an sim thei lutuk ang. Thleng silte hi fimkhur tur a nih rualin zawh vat vat tur. In rilru sawizawi ula, in kut chuan a ti thei nghal mai ang.¹⁵

Rilru leh Taksa Inremtîr Tur.—Kan ina rawn thleng ƣhin naupangte chuan “Ka nuin thleng sil a phal lo,” an ti ƣhin a. Kei erawh chuan, “A nih leh kan silsak ang che ang a, i rawn awm man *dollar* chanve chawi belh ta che,” ka lo ti ƣhin a.

“Ka nuin pawisa chawi belh a phal lo,” an tih chuan, “Chuti a ƣha e, zingah thovin nangman ti vek ang che. Pathianin kan tih nghâk turin a duh lo che a. Mahse i mut mai mai lâi khan rawngbawl turin i nu chu a tho va, i nu hnenah chuan, ‘Ka nu, keiman ka lo ti vek ang e’ ti tur zâwk i ni. Pitar leh putar sam ƣuak tawhte hi zinga mu rei zâwk tur chu an ni asin,” ka ti ƣhin.

Hetiang hi engvangin nge a nih si loh? Engnge a bul ni ta ang? Nu leh pa, in chhûnga fate awm awl tir mai mai ho hi an ni. Heng naupangte hian sikulah meuh pawh, “Ka nuin hna thawh a phal lo,” an ti ƣhin. Chung nuho chu an â hle a ni. An fate an tichhia a, tichuan sikulah a tichhe zual turin an kaltir leh si. Hnathawh hi an tâna khuahkhirhna ƣha ber a ni. An nute aiin an awlsam tawh zâwk lehngal. Taksa leh rilru chu ƣan kawptir la, tichuan rilru chu a chak zâwk zel ang.¹⁶

Kawng Dap Rawh U.—Nu leh pate chuan a ƣangkai zâwnga an fate buaitir reng dân an ngaihtuah tur a ni. Naupangte chu an huan bik tur ram zim tê, an duh duha an enkawl ve turte pe ila a ƣha hle ang.¹⁷

An theih ang anga an puilh ve che u phal ula, chu chu in lawm hle tih pawh lantir rawh u. In chhûngkaw hnathawhnaah chuan tel ve angah inngaihtir bawk ula. Rang tak leh felfai taka hnathawh an thiam nân leh rem an ruat thiam theih nân an rilru chu nasa taka sêng turin zirtîr rawh u. An hna chu thawk zo thuai ƣhin tur te, an hun tiam chhûnga an zawh ngei a, hun an khawhral loh nâna hun ren thiam turten zirtîr bawk tur an ni.¹⁸

Hnathawh Hi A Zahawm.—Kan fate kut ke chu chak lo tak an la nih lâi aƣangin min pui tura zirtîr tur an ni. An rilruah chuan hnathawh hi a zahawm a, van aƣanga mihring tih tura ruat, Adama leh Evi te hnena thupêk, taksa leh rilru hrisek nâna pawimawh em em an ni tih hi tuh

ngei tur a ni. Thil tusual lem lova awm mai mai hian taima taka hnathawh hlimawmna zahve pawh a pha lo tihte pawh zirtîr zel ang u.¹⁹

1. Counsels to Parents, Teachers, and Students, p. 122.
2. *Ibid.*, p. 125.
3. Signs of the Times, Aug. 13, 1896.
4. Review and Herald, June 24, 1890.
5. Manuscript 117, 1899.
6. Counsels to Parents, Teachers, and Students, p. 149.
7. Manuscript 43, 1900.
8. Letter 11, 1888.
9. Manuscript 117, 1899.
10. Manuscript 98, 1901.
11. Manuscript 24, 1894.
12. Manuscript 60, 1894.
13. Manuscript 117, 1899.
14. Manuscript 19, 1887.
15. Youth's Instructor, Sept. 7, 1893.
16. Manuscript 19, 1887.
17. Manuscript 67, 1901.
18. Manuscript 60, 1903.
19. Pacific Health Journal, May, 1890.

BUNG 22 TAIHMÂKNA LEH TEI REI PEIHNA

Mahni Tihur Hlenna-ah Lungawina A Awm.—Naupangte chuan phur takin hna an ðan a, mahse an nin thuai loh pawhin an za deuh chung a, thil dang tihsan thuai thuai an châk tlat ðhin. Tichuan thil an tilâwr dûm a, harsatna engemaw hlekah an bansan leh a, a engahmah tizo tak tak si lovin thil an chuk lawr vak ðhin a ni. Nu leh pate chuan hetiang thil tihlawr duat duhnain an fate a thunun hi an phal tur a ni lo. An rilru insiam chho mêk pawh dawh thei taka an thunun hman lohna tur khawpin thil dang an tipah dûm tur a ni lo. A hun taka fuihna thu tlêm tê emaw han puih zeuh emaw khan an buaina leh lungnhualna chu a hnehtir thei a, an hnathawh lâi an zawh theih avanga lungawina chuan nasa zâwka thawk zel turin a tiphur dâwn a ni.

Naupang ðhenkhat phei chuan hetiang fakna leh tlêm tala han puihna hi an ngiat rilrûk deuh tlat ðhin avangin an thiltih lâi chu an tui lo phah a, thil dang an tihsan zung zung mai ðhin a, tichuan he thil chin ðha lo tak mai hi an ðhan len pui ta ðhin a ni. Thil harsa deuh hlekah pawh bei hram hram tura zirtîrna an dawn loh avangin an thiltihna reng rengah an hlawhtling thei lo. Naupan laia thununna ðha an dawn loh avangin hetiang hian mi tam tak nun chu a hlawhchham der a ni. Naupan lâi leh ðhalâi nih laia zirtîrna an dawn chuan an puitlin hnua an eizawna a nghawng mai bâkah an sakhaw nunah te meuh pawh hnuhma a nei chho zu nia!¹

Nghah Ngai Reng Chiin Puitlin Thlengin An Chhawm.—Naupang duat hlauh lutuk, nghah ngâi reng chi chuan an beisei reng mai a, an beisei anga thila awm lohinh lungawi loh leh tihtauhahte an tlâk ðhin. He zia hi an damchhungin an nei ang; puih ngâi reng chi, ðhiantie ring chawt mai, midangte chu an hnena intilût a, anmahni pui se ti hlih hlih ðhin an ni. Nutling patling an nih tawh hnu-ah pawh miin hnial hlek se tibuai ta viauah an inngai a; mahni phurrit pawh phur zo lovin khawvel hi hrehawm an ti a, an duh anga thil a kal vek loh avang chuan an phunchiar a, mi relahte an tlâk ðhin.²

Fimkhur Taka Thil Tih leh Ngun Taka Ngaihtuah Ching Turin Ti Rawh U.—Naupangte chuan an nute hnen aþangin chêt felna te, thil tihthlip thlep peihna te leh zamþatnate hi an chhawm tur a ni. Darkar chanve leka zawh theih tur dârkâr hnih lâi maite an thawh phalsak chu che muang þang tura naupang zirtîrna a ni ber. Taihmâkna leh fel taka chêt ðhanna nun ze nghet chu ðhalaite tân an len hnua an luh zelna tur sikul sâng zâwk an kal huna sawi sên loh malsawmna a ni ang.³

Hmeichhe Naupang Tân Bika Thurawn.—Thil tha lo dang, min tilungngaitu leh tibuitu chu hmeichhe naupangho dang nâl lutuk leh hun hlu khawhrala thil tul lo an sawi tam lutuk thin hi a ni. Hmeichhe naupang titi hi chuan an hnathawh lâi an hre chang lo fo lehngal. Hei hi thil ho mai mai, ngaih pawimawh thama ngaih a ni lo va. Mi tam tak chu thil tê tham têa ngaihah hian bumin an awm rêng a ni. Thil tê tham têa ngaih hian thil lian tham zâwk nen inzawmna an nei zel a. Chuvangin Pathian chuan mihring chhûngkaw hmakhua khawih thei thil tê tham tê pawh hi A haider mai mai ngai lo.⁴

“Thil Tê Tham Tê Nia Hriat” Pawimawhna.—Thil tê tham têa in ngaih kha en mai mai thin suh u. Heng thil ho mai maia kan ngaihte hian mihring nun tak tak an siam a. Heng thilte hian a nia mihring nun chu Krista anna lamah nge soal lam awmna lamah kal dâwn tih zirtîr ni. Pathian chuan rilru, tawngkam, hawiher leh chêtziaa miin Krista nen lêng dunin Amah chu kan zir tih an hmuh theihna tur chu nunphung ngheta kan neih theih nân min tanpui a ni.⁵

Tihual Palh Chu Tanlâk Nân Hman Tur.—Naupangte leh thalaite chu thi tihualpalh te, harsatna te leh tihual ve hrim hrimte kan beih thata kan hlawhtlin hian thil tha zâwk leh sâng zâwk tih nâna rahbi an ni tih zirtîr tur an ni. Chutiang harsatna chi hrang hrang paltlang chuan mi ropuite pawhin hlawhtlinna an nei theih chauh a ni.⁶

1. Testimonies for the Church, vol. 3, pp. 147, 148.
2. *Ibid.*, vol. 1, pp. 392, 393.
3. Counsels to Parents, Teachers, and Students, pp. 122, 123.
4. Youth's Instructor, Sept. 7, 1893.
5. Youth's Instructor, Mar. 9, 1893.
6. Counsels to Parents, Teachers, and Students, p. 60.

BUNG 23

MAHNI INPHATNA, HMASIAL LOHNA LEH REMHRIATNA

In Tina Zirlai Tul Tak Chu.—In tinah hian mahni inphatna nun chu khauh taka zir tur a ni. Nu leh pate u, in fate chu inren dân te zirtîr ula. An pawisa te pawh rawngbawl nâna khawl turin zirtîr rawh u. Krista kha kan entawn tur a ni. Kan lo hauhsak theih nân A intirethei a. Mi zawng zawng hi hmangaihna leh pumkhatnaa kalkhawm a, A thawh anga thawk a, A inpêk anga inpê zo va, Pathian fate hmangaih anga hmangaih turin A zirtîr vek a ni.¹

Mahni inphatna nun chu zir ula, in fate pawh zirtîr rawh u. Mahni inphatna avanga kan khawlkhawm zawng zawng chu tunah hian hnathawh nân mamawh a ni e. Hrehawm tuarte chhâwk an ngai a, saruaka awmte silhfen pêk an ngai bawk a, riltamte hrai puar an tul hle baw; tunlai atâna thudik chu a la hre ve lote hnenah hrilh ngei tur a ni.²

Inpêkna Hi Tihthanah Neih Tur A Ni.—Mahni entawn tlâka awm chung leh tawngkam hmangin mahni inphatna te, inremchemna te, rilru lenna te, mi khawngaih theihna te leh mahni intodelhna te hi zirtîr tur an ni.

Mi tu pawh mi nungchang tha tak chu harsatna hmachhawm turin a tling tâwk a, “LALPAN a ti” tih thu zawm pawh a awlsam ang. Mihringte hi Krista sikulah mahni inphatna leh thu âwihna nghâwngkawl bât tura an inzir hmâ loh chuan Pathian laka an mawhphurhna te hre thiam tura buatsaih an ni ngai lo. Mahni inphatna hi thutak kalpui zel tur leh zirna in hrang hrang dân tura kan hna tanna bul ber chu niin thiamna pêng pawimawh tak a ni. He khawvela kan nungchang siamna-ah hian mi tâna inhlanna hi tih thanah nei ila; kuta sak inte nei lo mah ila vanramah chatuan in kan nei ang.³

Khawl Bâwm Siamsak Rawh U.—Naupangte chu mahni inphat tura zirtîr tur an ni. Vawikhat chu Nashville-a thu ka sawi lâiin hemi chungchângah hian Lalpan êng min pe a. In tinah *khawl*

bâwm a awm tur a ni tih hi chiang tak maiin a lo lang a, naupangte chuan *sweet* leh thil ÷ul lo dang an leina tur pawisa kha hmang lovin chu bâwmah chuan khawl zel zâwk rawh se.

Naupangten chutiang bâwma pawisa an khawl chuan malsawmna tam taka vurin an awm tih in hmu thuai mai ang. Chhûngkaw *member* tinte hian a upa ber ațanga a tē ber thlengin mahni inphat hi zir rawh se.⁴

Naupangte Hi En Berah An Țang Tur A Ni Lo.—Naupang kum hnih ațanga kum li bawr vel hi an ngen apiang nei thei tur niawm taka enkawl (fuih) tur an ni lo. Nu leh pate hian mahni inphatna nun zirtîr sela, mi pawimawh ber, mi zawng zawng mit fûkna nia an inngaih theihna tura enkawl miah lo tur an ni.

Naupang tam takin an nu leh pate hnen ațangin mahni hmasialna hi an zir a, mahse nu leh pate chuan an pianpui soal âwnna lam hawi chu a zung nen lam an phawisak vek tur a ni. Krista pawhin mahni hmasial leh uikawmte chu A hauh zin hle kha. Nu leh pate chuan an bula an awm lâi emaw, mi zinga an awm lâi emawin an faten mahni hmasialna nun lam hawi an tihlan vaih chuan an fate nungchanga chutiang thil Ța lo lo lang chu an thununin an pawt phawi vek tur a ni.⁵

Nu leh pa tam takin an fate tihhlim nân leh kawm nân hun tam tak an hmang a, mahse naupang chu anmahnia intihhlim dân leh an remhriatna leh thiamnate sawizawi tura zirtîr tur an ni. Tichuan thil ho tē pawh an hlimpui zel thei zâwk ang. Harsatna leh fiahna tlēm tē an tawh chu huaisen taka tâwn tlang tura zirtîr tur an ni bawk.

Engemaw intihnat palh hleka zualko zel lo turin an rilru hruai ula; thinrimna satliah leh thil nuam lo naran chu palzam mai mai turin zirtîr rawh u.⁶

Mahni Intheihngihl Hi A Mâwi.—Naupang rilrua tuh atâna Ța ber pakhat chu mahni intheihngihlhna nungchang mâwi inthup chu a ni. Thil Ța famkim zingah pawh hei kher hi chu a mâwi berte zinga mi niin mi nun Țate tâna neih ÷ul em em pakhat chu a ni.⁷

Naupangte chu midangte ngaihtuahna rilru nei tura zirtîr dân tur zir ula. Țhalaite chuan naupang tē an nih lâi ațangin inngaihtlâwmna te, mahni inphatna te, leh midangte nun hlimna ngaihtuahnate an nei tur a ni. Thinrim thuta insûm dân te, Țawngkam thlahdah loh te, khawngaihna tilang tur te, hawihhawm tur te leh mahni inthunun tur tea zirtîr ni bawk rawh se.⁸

Mahni hmasialna lam hawi reng reng do tura an fate an enkawlnaah hian nu leh pate tân fimkhur a va ÷ul em! An faten midang ngaih pawimawhna châng an hriat dân turahte thurawn pe rengin an tâna engkim ti Țintu an nu leh pate thil tihsak dân zir bawk rawh se.⁹

1. Testimonies for the Church, vol. 9, pp. 130, 131.
2. *Țhalaite Hnêna Thuchah*, p. 249.
3. Testimonies for the Church, vol. 6, p. 214.
4. Review and Herald, Jue 22, 1905.
5. Signs of the Times, Aug. 13, 1896.
6. *Tihdam Rawngbâwlina*, p. 379.
7. Education, p. 237.
8. Counsels to Parents, Teachers, and Students, pp. 123, 124.
9. Signs of the Times, Aug. 13, 1896.

BUNG 24 INREN THIAMNA

Hautak Deuha Khawsak Sim Rawh U.—In fate chu an thil neih zawng zawng kha Pathian tâ, engmahin A hnen ațanga an chhuhsak theih loh a ni a; an thil neih kha thu an âwih dâwn em tih fiah nâna an kuta dah mai a ni tihte zirtîr rawh u. Pawisa hi thil pawimawh em em mai a ni. A mamawh lotute hnenah i thehthang mai mai lo vang u. I thilpêk mamawh deuh midang an awm a nia. Țul lova pawisa hman ching Țhin in nih chuan sim vat rawh u. Chuti lo chuan chatuanin

in tlakchham phah mai ang. Inren thiamna te, taimâkna te, harh fim taka awmnate hi in tân leh in fate tân mo thuam chhawm tam tak aia hlu zâwk a ni.¹

Naupangte Chu Inren Dân Zirtîr Ula.—Tuna LALPA êng min pêk chu kan hun leh pawisa hlu takte hi hmang mai mai lo turin kan fimkhur hle tur a ni tih hi. Thil tam tak chu kan duhthusam ang chiahte pawh an ni thei, mahse chaw ni lova pawisa hmang vak vak lo turin kan invêng tur a ni. Kan khawpuaiahte hian thuhirilna hmanrua kan la mamawh dâwn chauh a. LALPA hnâah hian mi tinin tih tur kan la nei vek ang. Nu leh pate chuan an fate chu inren dân zirtîr sela, tichuan beram rual zinga a naupang deuh te chuan tun huna Pathian hnathawh tanpui nân mawhpurhna neih dân an zir thei ang.²

Thil To Deuh Deuh Leisak Zâwnga Hmangaihna Lantir Loh Tur.—In chhûngah inren hle rawh u. Milem tam tak neih duhin chung milemte chu pathian mêk an ni. In milemte dahbo ula. In intih nawmsakna kha dah bo rawh u. In chhûng cheimawi nân pawisa hman vak vak loh tur; a chhan chu Pathian pawisa a nih avangin phût lêt leh in ni dâwn si a. Nu leh pate u, Pathian hmingin ka ti a che u, LALPA pawisa chu in fate duhthusam tihhlawhtlin nân hmang mai mai lo ula. Khawvel mite hip nâna inti engemaw vel lo turin zirtîr bawh rawh u.

In fate chu an intih lar nân leh an chapona tura hautak fêa an duh apiang leisak chu in hmangaihna lantirna a nih ring turin zirtîr hlek suh u. Pawisa hman dân thar hmuhchhuahna hun a awm tawh loh hi. In thil thar hmuhchhuah theihna rilru chu inren dân hmuhchhuah nâna hman a hun tawh zawk a ni.³

Inren Thua Krista Zirlai.—Mi sangnga hrai chanchinah khan zir tur kan nei a. Chu zirlai chu harsatna bik engemaw kan tawh châng leh inren taka awm a ùl châng a hman tur a ni. Thilmak A tih zawha mipui A hrai puar hnu-ah pawh Isua chu an ei bangte a riral mai mai loh nân A fimkhur hle a ni.⁴

A zirtîrte hnenah chuan, “Engmah bo lo turin a bâng nawite chhar rawh u,” a ti a (*Johana 6:12*). Vân hausakna zawng zawngte khi a thu hnuaia awm ni mah sela chhang nawî them te reuh tē pawh a thamral A phal lo a ni.⁵

Thil Tângkai Engmah Paih Suh U.—Thil la hman theih engmah hi paih tur a ni lo. Hemi tur hian remhriatna te, ngaihtuah lawk thiamnate leh fimkhur thiamnate neih a ùl hle. Thil tlêm tē pawh khawl theih loh hi chhûngkaw tam takin thil ùl tak tak an tlakchham phah tih hmuhtir ka ni. 6

Inren Dân An Zir Lo.—Pathian tâna thawh tur hi a va tam em! Pathian hnathawhna lam hawia hmun pawimawh tak tak luah mêktute hian inrenchem dân chu an zir si lo. Hna thawka an kalin an lâkluh mil tawka khawsak an thiam lo va, an pawisa hmang thiam lo lutuk chu Lalpa hnaa an hman tlâk lohna chhan a ni.⁷

Pawisa Hman Dân Dik Zirtîr Dân.—Thalai leh naupangte hi chhiarkawp phuahchawp ringawt zirtîr lovin an pawisa lâkluh leh hmanna zia k thlap tura zirtîr tur an ni. Chumi hmanga dik taka pawisa hman dân te chu zir rawh se. Amahni thawh chhuah emaw, an nu leh pate pêk emaw pawh nise naupangte chuan mahnia thawmhnaw, lehkhabu leh thil mamawh dangte lei dân zir sela, an pawisa hmanna an chhinchhiah zel avangin naupangte chuan pawisa hlutna leh a hmanna an zir ang.⁸

Account Vawn Hlutnate.—An têt lâi a tângin naupangte chu zia k leh chhiar bâkah *nambar* te hre thiam a, an pawisa hmanna chhinchhiahna bu nei tura zirtîr tur an ni. He tiang thil hriatna-ah hian zawi zawiin hmâ pawh an sawn zel ang.⁹

Naupangte chu an pawisa hman dân chhinchhiahna *account* vawng tura zirtîr ni rawh se. Hei hian dik taka thiltihnaah a hruai ang. Mipa naupang pawisa ren lo deuh chu pa pawisa heh deuh a ni chho mai dâwn a ni. Chutiang zelin hmeichhe naupang tângkai lo, mahni chauh

inngaihtuah mi, hmasial baw si chu chutiang nu chu a ni leh mai ang. Ṭhalai dang, kan mawhphurhnaa awm an awm tih hi hre reng tur kan ni. Kan fate chu an chin ṭhan zawng siam ṭha tura kan zirtîr chuan anmahni hmangin midangte pawh kan hneh thei a ni.¹⁰

1. Manuscript 139, 1898.
2. Letter 4, 1911.
3. Manuscript 139, 1898.
4. Manuscript 3, 1912.
5. Letter 20a, 1893.
6. Manuscript 3, 1912.
7. Letter 48, 1888.
8. Counsels on Stewardship, p. 294.
9. Counsels to Parents, Teachers, and Students, pp. 168, 169.
10. Letter 11, 1888.

THEN - VII *Kristian Nun Dân Ṭha Chher Chhohna*

BUNG 25 KHAWSAK TLAWM

Pianpuia Khawsak Tlawmna Nei Tura Zirtîr Tur.—Naupangte chu naupang anga tlâwm taka khawsa reng tura zirtîr tur an ni. Hna tēnau, ṭangkai si leh an kum phu tawka hlimna leh thil dai hriat turahte lawm thiam tura zirtîr ni sela. Tehkhin thua hnah lo chawr tir kha naupan lâi nun hian a entir a. Hnah chawr tirin danglamna mak bik tak a nei ang khân naupangte pawh hian an nei ve a ni. Puitling anga che fel thlap tura tihluh miah tur an ni lo va, a theih chhûng chu an naupan lâi ze duhawm tak leh thâr lam tak kha chhawm zel zâwk rawh se. Naupang chu a zâidam a, a khawsak dân a tlâwm poh leh phuahchawp hlimna aṭangin a zalen ang a, thilsiam nen an inhnaih poh leh tisa leh rilru lamah a harh vangin thlarau lamah pawh a chak zâwk ang.¹

Nu leh pate hian entawn tlâka awmin tlâwm taka khawsak chu chin ṭhana nei turin fuih sela, an fate chu phuahchawp lutuk nun aṭangin an hruai hrang thei ang.²

Naupang Nun Pawh Sawp Lohte An Duhawm Ber.—Naupang pianken pângngai nun pui a, engmahin a pawh lohte hi an duhawm ber mai. Naupang tihchung lutuk hi a fin thlâk lo. An hmêl lan dân te, an ṭawngkam leh thil tihdân reng rengte fak vaka an chapo theihna kawng hawn tur a ni lo va, hautak lutuk leh intih veina lam hawia incheitir tur a ni hek lo. Hengte hian an thinlungah chapona rilru a siam a, an ṭhiante itsik turin an thinlung a kai tho ṭhin. Incheina diktak chu pawn lam landan hi a ni lo tih zirtîr rawh u. “In incheina chu pawn lam incheina—sam phiar te, rangkachak ṭhi awrh te, silhfena inthuam te chu ni lovin, thinlunga mihring thurûk chu, rilrua thuhnuairawlh leh nunnêm, silhfen chhe thei lova inthuam ni zâwk rawh se, chu chu Pathian mithmuhah a hlu em em a ni,” (*1 Petera 3: 3, 4*).³

Mi Hîp Theihna Thurûk.—Hmeichhe naupangte hnenah chuan hmeichhe mi hip theihna diktak chu hmêl lan dân ringawt emaw hi a ni lo va, thil ropui tak tih kher emaw a ni hek lo, zawldawhna leh zâidamna te, dawhtheihna te, thilphalna te leh mite tâna inpêknate hi an ni tih zirtîr tur an ni a. Hna thawk tur te, thil bik engemaw tâna inzir tur te, tum nei rana nung tur te, Pathian ringa ṭih tur te leh nu leh pate zah turtea zirtîr ni rawh se. An lo upat chhoh zel rualin rilru thianghlim, mahni intodelh, hmangaih phu ngawih ngawih an lo ni mai ang. Chutiang hmeichhia chu ngaihnhêp theih an ni lo. Mi tam takin an chhiat pah ṭhin thlêmna leh fiahnate pawh a tlansan thei dâwn a ni.⁴

Chapona Chi.—Chhûngkaw tam takah chuan chapona leh mahni hmasialna chite hi nausên lâi aṭang deuhthawa tuh an ni tawh a. An thusawi fîng deuh hlêk leh an thiltih ṭhat deuhthe chu an awm laia fak sak in an sawi belh a, uar deuh hlaihin midang an hrilh bawk a. Naupangte chuan

hei hi hre ve rânin mahni indah pawimawhna rilru an pu rân tawh mai a. Mi titi lâi tibuai thei khawpa inngâiin mi hmâ-ah an lo chapo ta viau thin a ni. Fak derna leh duat hlawh luatna chuan chhôngkuua a naupang berin (nu leh pate pawh telin) ro a rel thlengin chapona leh duhamna a chawm lian thin.

Hetiang inzirtîrna aţanga lo chhuak mihring mizia hi ngaih dân sawi thei a nih thlenga naupang an than len lâi hian hnawl mai mai theih a ni tawh lo. Naupang than rualin a than ve zel a. Tichuan a naupan laia an fin hmêl riauna kha zahpuiawm tak leh sual taka anmahni siamtu a lo ni ta a ni. An thiante chu thunun zel an tum a, miin an duh dân lo hnial se hmsuit riau leh haw riau vah an inngâi tawh mai thin. Hei hi a chhan chu mihring nun harsatna leh hrehawmna tuar thei tura thil pawimawh mahni inphatna zirtîr lova, an thalai nun tipawi zâwnga fak derna ringawta chawm len an nih vang a ni.⁵

Fak Lawm Lutuk Tura Chawm Len Loh Tur.—Naupangte hian lainatna te, fuihna te, anmahni ngaihlutnate an mamawh a; mahse fak lawm lutuk tura enkawl tur an ni lo. Nu leh pate emaw, zirtîrtute emaw pawh nise nungchang dik tha famkim leh puitlinna lam hawi tawh phawt chuan mahni chauh inngaihtuah turin tumah an fuih hauh lo vang. Mi, mahni aia sâng zâwk en tlat chu a tlâwm hle a ni thei, mahse pawn langa intihlarna leh mihring ropuinain a tihmualpho theih loh zahawmna riau a nei ang.⁶

Tlâwm Taka Eia Ina, Inchei Turin Fuih Rawh.—Nu leh pate hian an faten in chhông mawhphurhna an lâk ve a, chaw mawl tê tê leh incheina hautak lo, fêl fai taka lungawi thei tura zirtîr turin mawhphurhna an nei a ni.⁷

Aw! Nu leh pate hian an mawhphurhna leh Pathian hmâa la insawifiah tur an nihna hi han hre chhuah teh sela aw! Khawtlâng nun hi a va danglam nasa dâwn em! Naupangte chu fak lutuk leh duat lutuk avanga tihchhiat an ni lo vang a, incheina uchuak lutuk nena intivei tura enkawl an ni hek lo vang.⁸

Mawl Tea Khawsak leh Rinna Zirtîr Rawh U.—Kan fate chu mawl têa khawsak dân leh rinna zirtîr ila. Siamtu hmangaih a, thîh a, A thu âwih turin kan zirtîr tur a ni. A remruatna leh thiltih tumah reng reng A ropuina chu langsar ber se; A hmangaihna chu an thiltihna apiangah ban tangkai ber lo ni bawkw rawh se.⁹

Kan Entawn Tur Chu Krista.—Isua, min Tlantu chu lal zahawmna neiin khawvelah hian A vâk vel a; mahse A inngâitlâwmin A inphahhnua hle. Beiseina te, fuihna te, leh hlimna te A ken zel avangin in tinah êng leh malsawmna a ni. Aw! Pathianin lunghlûte aia A ngaihlut zâwk thil, inngaihtlâwmna te leh zawldawhna te hi ngâi lovin in chhông cheimawina lam thil ho mai maiah hian kan lungâwi zâwk miau si a! Khawsak tlâwmna te, inngaihtlâwmna te leh inlainatna diktakte hian mi inngâitlâwmte in chhông chu *paradise*-ah a chantir thin. Inngaitlâwm taka kan awm avanga harsatna lo piang thei lawm taka tawrh chhuah chu remna leh hlimna kalsan âi chuan a la tha zâwk a ni.¹⁰

1. Education, p. 107.
2. Signs of the Times, Oct. 2, 1884.
3. Counsels to Parents, Teachers, and Students, pp. 141, 142.
4. Health Reformer, December, 1877.
5. Testimonies for the Church, vol. 4, pp. 200, 201.
6. Education, p. 237.
7. Counsels to Parents, Teachers, and Students, p. 158.
8. Review and Herald, Apr. 13, 1897.
9. Review and Herald, June 13, 1882.
10. Testimonies for the Church, vol. 4, p. 622.

BUNG 26 HAWIHHAWMNA LEH TAWNG INSUMNA

Hawihhawmna Hi In Chhunga Intan A Ni.—[Note: *Adventist Home*, pp.421-429-a ‘*Hawihhawmna leh Ngilneihna’ tih en rawh.*] Nu leh pate u, in fate chu in chhûnga hawihhawmna dik tak nei turin zirtîr rawh u. Ngilneihna leh zâidamna nena inkawm turin zirtîr ni sela. Mahni hmasialna chu in thinlungah leh in chhûngah hmun kian suh u.¹

Ṭhalai pawlawh leh hawihhawm lo deuhthe hian an inzirna in chhûng nungchang an puang a ni. Nu leh pate hian enkawltu an nihna pawimawhzia hi an hre lo va; an tuh apiang an seng ta a nih hi.²

Van Nunin A Khat Tur A Ni.— Chhûngkaw inawpna-ah hian vanram nunphung chu lâkluh tur a ni. Naupangte chu hawihhawm tak, mi khawngaih thei, hmangaihnaa khat, lainat thei, leh num nêem tak ni tura zirtîr vek tur an ni bawk.³

Chhûngkaw *member* tinte hi lal chhûngkua an nih veknaah chuan chhûngkaw nunah hawihhawmna diktak a awm tawh ang a. An vaiin midang nawmsakna tur an ngaihtuhsak ṭheuh tawh ang.⁴

Ṭawngkam leh Nunin Zirtîr Rawh.—Naupang leh upa lam thlengin thlêmna tâwk thei vek kan ni a; chhûngkuua a upa lamte chuan ṭawngkam leh an nun ngeiin hawihhawmnaah te, hlimna-ah te, khawngaihnaah te rinawm taka mahni mawhphurhna hlen thu-ahte zirlai an pe tur a ni.⁵

Mual Liam Mai Tur Upate Zah Rawh U.—Pathianin a bikin upa lamte zah thiam turin thu A pe: “Lu ṭuak chu ropuina lallukhum a ni a, felna kawngah hmuh a ni ang,” (*Thufingte 16:31*). Lu ṭuak hian indona leh hnehna te, phurrit phurh leh thlêmna hneh tawhte min hrilh a. Khûp zawi chawl tawh mai tur leh hmun tiruak mai tur a entir bawk. Naupangte chu hetiang ngaihtuah tur hian pui ula, tichuan an hawihhawmna leh an felnate chuan tarte nun an tinuam ang. Chu bâkah “Lua kelsam ṭote hma-ah chuan i ding zel thin tur a ni a, tar hmêl chu i zah tur a ni,” (*Lev. 19:32*) tih thupêk an zawmna chuan an tleirawl nun chu a timawiin a tiduhawm hle ang.⁶

Ṭawng Insûm Tur Leh Inngâitlâwm Turin Zirtîr Rawh U.—Chapona, mahni indahsanna leh luhlunate hi tunlai chhuante nungchang langsar tak, an hun laia mite tâna anchhia an ni. In chhûngah leh Sabbath School-ah te hian nungchang mâwi leh inngaitlâwmna zirilaite hi zirtîr ni teh se.⁷

Heng zirtîrna ka hrilh zingah hian tu nge heng thute hi zâwm dâwn le? Ṭhalaithe chuan he vaukhanna hi ngaithla teh se; titina-ah a ṭawng tam ber ni lovin mâwi tak leh inthlaurung takin awm rawh se. Thlarau lama hlâwkna a nih dâwn chuan ngaihtlâk lamah ṭuan rang sela, thutak sawi tur leh Isua aiawha sawi tur a nih loh chuan ṭawng mai mai suh se. Hmêl lan dân tlâwm tak hmangin in inngaitlâwmna rilru chu lantir rawh u.⁸

Ṭhatna Chu Vêng Rawh U.— Man chhiar sên loh khawpa hlu inngaitlâwmna lunglû chu neih châk ula. Hei hian in ṭhatna chu a vêng him ang. Pathian mite nia inchhal ka laizâwn te chu nungchang mawina neih châk tur leh ṭawng tlêm deuh tura fuih turin Thlarau Thianghlim tirh luihna changa inhriatna ka nei a. Ka han zâwt vel a, engtikah nge heng ka laizawn nula ho hi hawihhâwm taka an awm ang? Nu leh paten fimkhur zâwka an fate zirtîr pawimawhzia an hriat tak tak hma chu a ṭha zâwn gin thil hi a inthlâk mai mai lo vang tih ka hria. Inngaitlâwm tak leh ṭawng tam lutuk lova thil ti turin zirtîr ang che u.⁹

Felna Diktak Chu.—Naupang felna dik tak chuan kaihhruainaa beng dawh turte, a mawhphurhna hlen tura phur taka a kut leh kete hmang tura thu âwihna leh inngaitlâwmna a huam a ni. A dân tur dik taka fel naupang chuan he damchung la la hian lawmman a dawng ang.¹⁰

1. Manuscript 74, 1900.
2. Manuscript 117, 1899.
3. Manuscript 100, 1902.
4. Manuscript 60, 1903.
5. Manuscript 27, 1896.
6. Education, p. 244.
7. Counsels on Sabbath School Work, p. 46.
8. Youth's Instructor, July 11, 1895.
9. Testimonies for the Church, vol. 2, pp. 458, 459.
10. Review and Herald, May 10, 1898.

BUNG 27 HLIMNA LEH LAWMA

In Chhûng Chu Boruak Nuam Takin Luah Rawh Se.—Thil dang zawng aain nu leh pate chuan an fâte chu hlimna te, hawihhawmna te leh hmangaihna boruakten uap rawh se. Hmangaihna a chen chilh, hmêl, ãawngkam leh thiltiha a lan chhuahna in chhûngah ngei hian vantirhkohte chuan inpuan chhuah an chhâk ãhin.

Nu leh pate u, hmangaihna ni êng te, lawmna te leh hlimnain in thinlung luah khat sela; a boruak hlimawm tak leh nuam tak chuan in chhûng khat rawh se. Rilru ngilnei leh dawhthei chu lantir ula, in fâte pawh chutiãang ni tur chuan fûih rawh u. Chhûngkaw nun tihlim tur nungchang mâwi reng reng chu rilru-ah tuh tur a ni bawk. Tichuan chutiãang chhûngkaw boruak nuam chu thlai tâna ni êng angin naupangte tân taksa leh rilru harh vang neih nân leh hriselna a lo ni ang.¹

Hmêl Hlim Pû Ang U.—Isua sakhuaanaah chuan lungngaihna reng a awm lo. *Apostol*-te sawi anga thil tih remchâng lo ngaihsamna te, fiamthu te leh titi ho lam mai maite chu pumpelh hram hram tur a nih tho laiin Isua-ah chuan thlamuanna leh chawlhna nuam a awm a, chu chu hmêlah a lo lang chhuak ãhin. Kristian chu mi beidawng, lungngai leh lungnhur reng mi a ni tur a ni lo. Mi kulmûk tak an ni tur a ni a, chuti chung chuan khawngaihna chauhin a pêk theih hlimna chu khawvel hmuhah an lantir tur a ni.²

Naupangte hi hlim hmêl leh lawm hmêlte hian a hip em em a. Ngilneihna leh hawihhawmna lantir la, chu rilru chu i hnenah leh midang hnenah an lantir ve mai ang.³

In thlarau chu lawmna te, hlimna leh Pathian hmangaihna, min hmangaihna ngei mai hnenah in lawmziãate lantir turin zirtîr rawh u. Kristian hlimna hi thiãanghlimna duhawmzia lanna a ni.⁴

Thu Lawmawm leh Hlimawm Lam Sawi Tur.—Thu lawmawm leh hlimawm lam sawi hi thu lungngaih thlâk leh lawmawm lo sawi aain a to chuang lo. Miin an vin che u in duh lo a ni lawm ni? Chutiãanga in vin chuan a tuãrtu an awm zel tih hi in hria em? Nu leh pate u, in in chhûngah Pathian anna hi la lût ula. Inhnialnain ro a rêlna in chuan vântirhkohte a hip thei lo. Chuvãngin in fâte chu hlimna ni êng thlentu thute sawi ãhin turin fûih rawh u.⁵

Rilru Hlim Neih Tur A Ni.—Lâwm reng tur an awm a nih chuan Kristiante hi an ni ang. Tun hunah hian hlimna chen tur mi an awm a nih chuan Isua zuitu mi rinawmte an ni bawk ang. Hlim taka awm hi Pathian mite tih tur a ni a. Rilru hlimna pawh hi sawimawî tur a ni. Pathian chu A fã, kalna apiãanga lungngaihna chhûmin a chim rengte chuan an chãwimãwi thei lo. Kristian chuan lungngaihna ni lovin lawmna ni-êng a pe chhuak tur a ni. Hmêl hlim a pu reng ang.⁶

Naupangte hian lungngaihna chhûm leh hmêl hlim lote hi an hua a. An thinlung chuan ênna te, hlimna te leh hmangaihna a ãm ãhin.⁷

Nu leh Pate U, Nui Rawh U.—Nu leh pa ãhenkhat leh zirtîrtu ãhenkhat chuan naupang an lo ni ve tawh ãhin tih hi an theihngihl hmin der niin a lang. An zahawm lutuk bãkah an nelawm lo va, mi hriãt thiamna an nei hek lo. An hmêl a turin mi an dip run bawk a. An mitah chuan

naupang tihmawh leh inhleiten thiam thu sawi tur reng reng an nei lo. Awm that duh lohnate hi sualna lian tak a ni a. Mahse chutiang inthununa chu a Kristian lo a ni. Chutianga seilian chho naupangte chuan an nu leh pate leh zirtirtute chu an hlau naa an hmangaih hauh lo va, an naupan lâi thil tawn engmah an hrilh ngam hek lo. Rilru leh thinlung tha ber berte pawh thli vawtin hnah nêh a chhêm ro angin an hmet khaw lo vek zâwk a ni.

Nu leh pate u, nui ula. Zirtirtute u, nui rawh u. In rilru a hlim lo a nih pawhin in hmêlah lang lo sela. Lâwmna leh hmangaihna thinlung chuan in hmêl ni angin tiêng rawh se. In zahawmna kahpathir ang kha kul tir si lovin naupangte mamawh anga awm tum ula, inngainattir hle rawh u. An thinlunga sakuana thutak nemkai in tum phawt chuan an rilru in hneh hmasa ngei ngei tur a ni.⁸

Ṭawngṭaina Inhmeh.—In hna chu fakna hlate nen hlimawm takin siam rawh u. Vân lehkhabu-ah chuan in chanchin tha lam hliir chuang se in tih chuan phunchiar lo ula, mi hauh ching hek suh u. In ni tin ṭawngṭaina chu “LALPA, ka theih tâwp chhuah turin min pui la. Tha lehzuala thawh dân min zirtîr ang che. Chakna leh hlimna min pe rawh” tih hi ni rawh se. In thil tihna apiangah Krista nei ula. Tichuan in nun chu êna leh lawmnain a khat ang. LALPA hna kan thawhnaah hian thinlung hlim taka hma lam pan zelin kan theih tâwp i chhuah theuh ang u.⁹

Naupangte Chu Lâwmna Châng Hre Turin Zirtîr Rawh U.—“LALPAN thil tha A pêk zawng zawng che uah chuan hlim takin in awm tur a ni,” (*Deut 26:11*). Pathian hnenah chuan khawvel malsawmna min pêk leh min tih nawmsakna avangin lawmna leh fakna sawilan fô tur a ni. Pathian chuan chhûng tinte hi van chatuan lal in an luah tur chu A buatsaihsak mêk a, A khawngaihna nasa tak avanga ropuina chu A hnena pêk tur a ni. Naupangte hi in chhûng nunah thil engkim petu Pathian chung a lawm tura zirtîr an nih chuan kan chhûngkua-ah van nun thenkhat chu lantir a ni ang. In chhûngah hlimna hmuh a ni a, chutiang chhûngkua aṭanga seilian thalaite chuan hawihhawmna leh mi zahder thiamna chu sikulah leh biak inah an luhpui ang. Pathianin A mite A tawhna hmun biakbûkah chuan viltu an awm ṭhin a, Amah biakna serh leh sâng zawng zawng zahna leh A thilthlawnpêk zawng zawng avangte hian fakna leh lawmnate chu A hnenah hlan a ni ang.

Tunah hian hmanlai Israel-te chung a LALPA thute khauh taka lekkawh a nih ang khan lek kawh tur ni leh ta se chu nute pate hian an fate chu entawn tur sâng ber leh hlu ber an pe ang..... Khawvel malsawmna reng reng chu lawm taka dawn a ni ang a, thlarau lam malsawmna phei chu chhûngkaw *member* tinte hmuh leh hriat theihnaa Thutak chuan a tih thianghlim zel avangin a lêtin a hlu a ni. LALPA Isua chu A khawngaihna thilpêk hlut thiam apiang te, an chung a thil tha lo thleng apiang Pathian malsawmna, hmangaihna leh enkawlina chhui lût a, thlamuanna leh inhnemna zawng zawng Bul (Pathian), khawngaihna hnâr kang thei lo anga hmutute hnenah chuan A hnai reng ṭhin.¹⁰

1. *Tihdam Rawngbâwlina*, pp. 377.
2. Review and Herald, Apr. 15, 1884.
3. Education, p. 240.
4. Youth's Instructor, July 11, 1895.
5. Review and Herald, Dec. 31, 1901.
6. Review and Herald, Apr. 28, 1859.
7. Counsels on Sabbath School Work, p. 98.
8. Review and Herald, Mar. 21, 1882.
9. Australasian Union Record, November. 15, 1903.
10. Manuscript 67, 1907.

BUNG 28
DIKNA

Nu leh Pate Entawn Tlâkin Rinawm Rawh Se.—Nu leh pa leh zirtîrtute u, Pathian lakah dik rawh u. In nun chu inbumna tel lo ni sela. In hmuiah vervêkna thu hmuh ni suh se. A hun laiin huat thlala hlein lang mah se in kawng zawh te, in ðawngkam te leh in hnathawhte chuan Pathian mithmuhah mi dik leh fel in nihna chu lantir rawh se. Bumna hmasa ber rah hi a va râpthlâk em! Pathian fanu/fapaa in chhâl chungin miin dawt sawi leh mi bum a ching thei dâwn em ni?

In fate chu ka nu emaw ka pa emawin thutak min hrilh ngai lo tia chhuanlam nei turin siam suh u. Van rorelnaa in chungchâng ngaihtuah a nih hunah bumtu anga in chanchin chu ziah a ni ang em? In thlahte chu thutaka hruaitu ni zâwk awm takte an entawn avanga hruai bo an ni zâwk em? Mi tipiangthar thei Pathian thiltihtheihna chu nute leh pate thinlungah A lût zâwk ang em? Pathian Thlarau Thianghlim chu an fate chhinchhiahtir an phal dâwn lo em ni zâwk?

Naupangte chu soal miah lo tura beisei theih an ni chiah lo. Mahse thil hlauhawm chu enkawl thiam loh lutuk avangin nu leh pate chuan naupang nungchanga awm ve tur reng rilru inhawna chu an tichhe zâwk ang tih hi a ni. Thiltih leh ðawngkamin nu leh pate chuan an theihna zawng zawng nen an pianpui tlâwmna nun kha vawnhim tum rawh se. Naupang lo ðhang lian zelah pawh nu leh pate chuan hun chhe tê chauh pawh inbumna leh dik lohna chi tuhna hun leh rintlâk loh thil chin dawklak a nih thlenga a ðhan lenna hun an pe tur a ni lo.¹

Thudik Chu Pehhel Loh Tur.—Nu leh pate chu an fate entawn tlâkin an rinawm tur a ni; a chhan chu hei hi ni tina naupang thinlung hnehtu tur a nih vang a ni. Tihdan thlâk mai mai lo nun chuan nu leh pate ni tin nun chu thunun sela, a bikin an fate zirna leh inzirtîrnaah ni leh zual rawh se. “Naupang takngial pawh a thiltihin a intilang ðhin, a thiltih chu a thianghlim leh a dik emawin.” (*Thufingte20:11*).²

Hriat thiamna tlachham a, LALPA kaihhruaina zawm ngai lo nu chuan a fate chu mi vervêk tak leh bum hmangah a chhuah thei a. Chutiang mite pianziain a ken tel chu a ngheh tawh em avangin dawtsawite chu thil pângngai, boruak hip ang chauh a ni. Intihderna narante chu thil kal pângngai ang maiin tihtakzeta kalpui a ni ðhin.³

Nu leh pate u, thu pehhel ching lo ula; in nunin emaw, thusawiin emaw dâwt hrilh hek suh u. In fate chu rinawm se in tih chuan rinawm hmasa rawh u. In dinnaah ding nghet ula, rilru thlâk mai mai tur a ni hek lo. Thu pehhel tlêm tê chauh pawh phal tur ni lo ve. Nute hian thu pehhel leh dawt sawi (rinawm loh) mai hi an ching a, an nun dân chu naupangin an zui ðhin si.⁴

Ðawngkam Vinin Rinawm Lohna A Hring.—I faten engemaw an tihsual palhin ri hlut suh. I zilh pawhin vin tak leh bung takin zilh lo la. Hei hian a tichi-ai a, thudik an sawi ngam loh phah ðhin.⁵

1. Review and Herald, Apr. 13, 1897.
2. Good Health, January, 1880.
3. Review and Herald, Apr. 13, 1897.
4. Manuscript 126, 1897.
5. Manuscript 2, 1903.

BUNG 29 RINAWMNA LEH RILRU NGHEHNA

Rinawmna Hi Nunpuia Zirtîr Tur.—Nu ber nun zawng zawng hian rinawmna a ken vêk hi a ðul tak meuh meuh a, hei hi hmeichhe naupang leh mipa naupangte, thil tlêm têah pawh thu pehhel ching lo tur leh mi bum ching lo tura zirtîrna-ah a pawimawh hle.¹

Pathianin A Phût Chin Chu.—Pathianin mipate hi A rawngbâwl a, A puanzar hnuai a awm a, rinawm tlur mai a, nungchang sawisel bo, an thusawi reng reng pawh tuma rinhlelh ngai loh ni

turin A duh a. Kan lèi leh mitte hian thutak chauh sawiin hmu sela, kan thiltih zawng zawng hi Pathian fak tlâk ni bawkw rawh se. “Ka hna ka hria,” titu Pathian thianghlim mithmuha awm kan ni a. A mit chu kan chungah hian a fu reng a ni. Thil diklo pakhat chauh kan tih pawh hi Pathian lakah chuan kan thup thei lo. Kan thiltih apianga Pathianin hriatpuitu A dah chu mi tlêm tê chauhin an hriat thutak hi a ni.²

Pathian tel lova an khawsak theih lohzia hre Chiangtute chuan an mihringpuite chungah rinawm ngei turah an inngâi a, chu bâkah malsawmna zawng zawng hnâr Pathian lakah pawh an rinawm ngei ngei tur a ni a. Pathian thupêk anga heng thawhlawm leh sawma pakhat pêk lohte hi van lehkhabu-ah chuan A tâ rûksak anga chhinchhiah a ni.³

Bûkna leh Tehna Dik.—Krista tehna ațanga mi rinawm chu mi rintlâk, rilru thlâk ve mai mai ngai lo hi a ni. Bûkna dik lo, mi tam takin an khawvel hlâwkna atâna an hman ðhin hi Pathian mithmuhah chuan tenawm a ni. . . . Rinawmna nghet tak mai chu khawvel hnawmhnawkw awm khawm zingah hian rangkachak angin a êng a. Bumna te, dik lohna te leh rinawm lohnate hi mihring lakah thup thei mah ila Pathian lakah erawh thup theih a ni lo. Pathian vantirrhkoh, nungchang insiam mêk leh rilru chhûng ril bûktute chuan nungchang tilangtu heng thil tê tham tê tēja kan indawrnate hi van lehkhabu-ah an chhinchhiah zel a ni.⁴

Hun leh Pawisaah Rinawm Tur.—Mi, thil tê berah pawh dika a hriat avanga *minute* khat lek pawha hun bawhpelh duh ngai lo, Pathian tâ enkawl an ni tih inhre reng tur, cheng khat pawh eiru duh lo; a ruaitu awm leh awm loh danglamna chhe tê mah awm lova rinawm tak leh ðahnemngai taka thawk, an rinawmnaa mihring tilawmtu mai leh mi hmuh lâi chauha thawk ða ðhin mi ni lo, mihring fak duhna vang ni lova Pathian hmangaih leh A laka an bat nia an hriat avanga rinawm, taima tak leh diktaka hna thawk an ni tih tilang ngamte mamawh an ni.⁵

Mi Min Hmuh Dân Tura Kan Duh Ang Chiahin Awm Tur.—Sumdawnna thila indawrnaah reng reng Kristian chu miin amah an hmuh dân tura a duhthusam angin a awm ang. A thiltih lâi chu nunphung nghet taka innghat a ni a. Thil tum rûk engmah a nei lo va; chuvangin engmah thup tur leh zêp tur a nei lo. Sawisel hlawhin fiahna te pawh a tâwk ve ang; mahse a mize rinawm nghet tak chu rangkachak angin a tle var reng a. A thu chu a rintlâk em avangin amah dawrtute tân malsawmna a ni. A ðhenawmte chungah remchâng la mai mai mi a ni lo va. Mi zawng zawng tâna ðhian, malsawmna niin a mihring puite chuan a thurawn an ring em em ðhin. Mi rinawm diktak chuan midang chak lohna leh âtnate hi ama hlâwk nân a hmang ngai lo.⁶

Engkimah Rinawm Reng Ringawt Rawh U.—Sumdawnnaah reng reng rinawm bur tur a ni. Thlêmna pawh tâwk la, thil tê berah pawh bumna hmang suh u. A châng chuan in mihring rilru chuan rinawmna kawng ngil ațanga pêng turin a thlêm mai thei che u a, mahse samzâi khat pawha tawlh miah loh tur a ni. Mi hnenah engemaw thil in lo sawi tawh a, a hnu-ah in hloh phah dâwn tih in inhre leh ta a; mahse chuti chung pawh chuan in nunphung nghet tak chu samzâi khat pawha pênsan tur a ni chuang lo. In inremna ang chu kaltlang pui rawh u. In remruat tawhsa in tihdanglam chuan inngahna tlâk in ni lo tihna a ni. Sum tlêm tê-ah pawh thu in zûk chuan a lianah pawh in zûk tho vang. Hetiangah hian ðhenkhat chuan, “Min hre sual a ni. Ka sawi tum loh pui sawi angin min ngai a ni ang,” an ti duh mai zu nia! A dik tak chuan an sawi ngei a, mahse hlâwkna duhin an thutiam chu bawhpelh an duh tihna a ni zâwk. LALPA chuan dik taka ti tur te, khawngaihna te, dikna te leh felnate ngaina turin min phût a ni.⁷

Ding Nghet Tlat Rawh U.—Kan nun kawng tinrengah rinawmna nun hi khauh taka vawn reng tur a ni. Sumdawnna rinawm lohna hi ðhenkhat ngaih dân chuan thil ho tham tak a ni mai thei e; mahse kan Chhandamtu erawh chuan A ngai ho ve lo. Hemi chungchâng A thusawi pawh hi a Chiang hle: “Tlêm te chungah rinawm chu tam tak chungah pawh a rinawm a ni,” tiin (*Luka 16:10*). Thil tlêm tēja ðhenawmte bum duh chuan remchâng awm se tam takah pawh a bum hnial lo tawp ang. Thil tê tham tēja rinawm lohna hi Pathian mithmuhah chuan thil lian tham taka rinawm loh nen a inang reng a ni.⁸

Rinawmna hian kan thiltih apiang a nemnghet tur a ni. Vana vantirhkohte chuan kan kuta tihtur awm kan tihdân hi an lo en fiah zel a; thutak kawngpui pên sanna a awm apiangin chhinchhiahna bu-ah chuan “tlin lo” tia ziah luh a ni.⁹

1. Letter 41, 1888.
2. Letter 41, 1888.
3. Counsels on Stewardship, p. 77.
4. Testimonies for the Church, vol. 4, p. 310.
5. *Ibid.*, vol. 3, p. 25.
6. Letter 3, 1878.
7. Letter 103, 1900.
8. Letter 3, 1878.
9. Counsels on Stewardship, p. 142.

BUNG 30

MAHNI INRINGAMNA LEH INHLUT THIAMNA

Naupangte chu Mahni-Inringam Turin Zirtîr Rawh—Theih ang tâwkin naupangte chu mahni inringamna nei tura zirtîr tur an ni. A finna zawng zawng nen a chakna lâi ber leh a chak lohna lâite zir sela. Zirtîrtu fing chuan a naupangin nungchang pângngai a lo put ve theih nân an chak lohna lâi chu siam that tumin a en bing ang.¹

Thil Awlsam Lutukin Mi A Tichak Lo—Nu leh pate chuan an fate chu mahni kea ding thei tura an enkawl puitlin chuan sum tak tak hnutchhiah rikngawt aiin a tha zâwk daih a ni. Naupang, mahni theih ang anga thil tihtir ve hram hram thin chu mahni pate neih ring ringawt naupang ai chuan nutling patling an nih hunah thil tak tak ti turin an rintlâk zâwk. Mahni thawhchhuah ring naupangte chuan a tlângpuiin an thiltitheihna an ngaihlu a, an hamthatna an hmang tangkai a, an finna leh remhriatnate awm ze neiin an kaltir bawk. Heng nungchang, taimâkna, in renna leh Kristian nun hlawhtlinna lungphum rilru hmasawnnate hi an tipuitling thin bawk. Thil engkima nu leh pate tih ring chi naupangte hian an nu leh pate puih lêt leh nachâng an hre lo ber a ni.²

Harsatnain Mi A Tichak—Harsatna hi mihring tichaktu a ni. Tanpuina ni lovin, harsatna te, buaina te leh zihhaunate hi mihring rilru tifeitu an ni bawk. Thil awlsam lutuk leh mawhphurhna pumpelh fote hian thlarau lama tha fei tak tur leh rilru lama mawhphurhna la tur tam tak a tichak lovin a ti mi ang lo zo zâwk a ni.³

A hma thei ang berin naupang nungchangah chuan rinawmna nunphung nghet tak mai chu tuh a tul em em a, hei hian naupangte chu nutling patling changkang takah a siam dâwn a ni. Mana lei an nih avangin an tisa leh thlarau, Amah Pathian tâ ngei chuan Pathian a châwimâwi tur a ni tih pawh hre reng rawh se. Thalaite chuan khûn takin eng nge an tum a, an damchhan tihte ngaihtuah sela, hlêmhlêtna tel lo nun an neih theihna tur lungphum tha chu phûm rawh se. Midangte hneh theihna tur dinhmun an luah a nih chuan mahni inringamna an nei ngei ngei tur a ni.⁴

Harsatna Hmachhawn Ngam Turin Naupangte Chu Buatsaih Tur.—Sikul leh in chhûng bâkah pawh mi zawng zawng hian harsatna tawn tur kan nei vek a. Fing taka chung harsatna hmachhawn dân chu naupangte leh thalaite tân zirlai mawl taka siam tur an ni. Pathianin min hmangaih a, kan hlim nân A thawk mêk a, tichuan A dânte chu zawm reng ila chu hrehawm kan hre lo vang tih hi a dik e; chumi ruala dâwt ni bik hauh lo chu khawvelah hian سوالنا avangin hrehawmna te, buaina te, phurrit te hi mi tin nunah a lo thleng tih hi a ni. Huaisen taka heng phurrit leh hrehawmnate hi naupangte leh thalaite chu hmachhawn turin zirtîr ila, an damchhung atân thil tha kan ti a ni mai. Kan khawngaih tur zawng a ni ngei mai a; mahse

mahni leh mahni inkhawngaih tur chuan zirtîr hauh lo tur a ni. An mamawh chu ti tuarzuautu zirtîrna ni lovin anmahni tichak a, tiphurtu a ni zâwk.

He khawvel hi lâw zirna tualzâwl ni lovin indona mual a ni tih hi zirtîr ni sela. Sipai tha anga tuarfei turin mi zawng zawng hi koh an ni. Mipa dik tak anga chak leh zâidam an ni tur a ni. Nungchang fiahna diktak chu miin min hre lovin lawmman min dawntir dâwn lo mah ila phurrit phurh kan hreh lohnaah te, hmun harsaa awmah te, thil tihtur dik tak tihnaah te a lang thin tihte zirtîr tur a ni bawk.⁵

Mahni Inngaihhlutna Tihlen Tur.—Zirtîrtu fing chuan naupang a enkawlinaah mahni inrintawkna leh inngaihhlutna nei lian turin a fuih ang. Naupangte leh thalaite hi ring ngam ila an tân a tha a ni. Tam tak chuan, naupangte pawh telin, inngaihhlutna an nei sâng khawp mai; tin, tute pawh hian zah leh rin hlawh an duh theuh a, chu chu an chanvo a ni. Naupangte chu vên loha lût chhuak thei lo nia inhriatna rilru nei tura enkawl miah loh tur. Rinhlelhna hian mi a tibeidawng a, a vên tum ber سوالنا chu a siam chhuak zâwk a ni. . . . Thalaite chu rin an hlawh a ni tih inhre turin kaihhruai ula, an rintlak ve a ni tih lantir tum lo an awm mang lo vang.⁶

1. Fundamentals of Christian Education, p. 57.
2. Testimonies for the Church, vol. 3, pp. 122, 123.
3. *Ibid.*, p. 495.
4. Youth's Instructor, January. 5, 1893.
5. Education, p. 295.
6. *Ibid.*, pp. 289, 290.

THEN - VIII

Hna Pawimawh Ber Chu—Nungchang Chher

BUNG 31

NUNGCHANG PAWIMAWHNA

Khawvel Aṭanga Kan Chhawm Theih Awm Chhun.—Pathian anna nei nungchang chauh chu he khawvel aṭanga vanrama kan chhawm luh theih awm chhun ro hlû chu a ni. He khawvela Krista zirtîrna hnuaia awmte chuan van nun neiin chu chu vanramah an chhawm lût dâwn a. Chutah chuan hma kan sâwn zel ang. Chuvangin tuna nungchang siam hi a pawimawh em em a ni.¹

Nungchang Tha Hi Thlarau Lam Zia A Ni.—Rilru chakna leh pianpui finna sâng takte hi nungchang an ni lo, mi nungchang tha lo takte pawhin an nei thei si a. Lârnate pawh hi nungchang an ni chuang lo. Nungchang tha chu thlarau lam zia, kan khawsak duhdâna lo lang chu a ni.²

Nungchang tha chu tangkarua leh rangkachak âi pawha hlu zâwk a ni. Hlawhchhamna leh chi-aina ten a khawih nghing ve ngai lo va, khawvel rosum zawng zawng an boral hunah lawmman tam tak a la dawng ang.

Rinawmna te, nghehna te leh beidawn duh lohnate neitu chu dan theih rual loh thiltihtheihna te, thil tha titura amah tichak a, soal do tura tichak bawk a, harsatna hmachhawn thei tura chakna petu thiltihtheihna tea thuam a nih avangin mi tinin neih an tum tur nunphung tha chu a ni.³

Nungchang Pêng Pawimawh Pahnih Chu.—Nungchang nghet tak chuan thil pahnih a huam; chungte chu tumruhna leh mahni inthunun theihna hi an ni. Thalai tam tak chuan châkna thunun loh hi emaw nungchang nghet leh chak chu tiin an ngaisual thin. Mahse mahni tisa châkna thunun zo lotu chu mi chak lo tak a ni tih hi thudik chu a ni. Mihring ropuina leh zahawmna chu a rilruin a thunun theihna lama teh ni lovin a rilru a thunun theih leh theih lohah

teh a ni zâwk. Pa chak ber chu buai fê theihna mai turah pawh a thinrimna thunun a, a hmêlma ngaidam thei chu a ni.⁴

Pâwnlam Landân Aia Pawimawh—Thalaite hian khawvel awmdân leh incheina chhuak thar neih zel an ngaihven ang tluk hian nungchang mâwi leh duhawm neih hi dah pawimawh se chuan, vantlâng zingah mi an hneh theihna boruak hmang tur tûna mi pakhat awmnaah hian mi za tam tak chu kan hmu ngei ang.⁵

Nungchang Siam Hi Damchung Hna A Ni.—Nungchang siam hna hi damchung daih, chatuan atân a ni. Hei hi mi tinte hian hriain kan hmabâk chatuana nunna emaw boralna emaw chu keimahni mimal duhthlanna inngat ani tih ngaihtuahna lamahte harh sela thil a va danglam nasa dâwn em! Tûn khawngaihna hun kan hman dân hi a danglamin khawvel luahtute nungchang hi a danglam nasa ang chu!⁶

Siam Thatna leh Hmasawna.—Thlai chi ʔo tir hian thlarau piantharna a entir a, thlai lo ʔhang zel hi nungchang insiam chho mêk entirtu a ni. ʔhang zel lovin a nun theih loh. Thlai chu a ʔhang emaw a thi emaw a ni ʔhin. Hmuh tham loha thlai a ʔhang lian hret hret angin mihring nungchang pawh hi a ʔhang a. Kan kum phu tâwk ang zelin kan nungchang chu a famkim chho ve zel a; mahse kan tâna Pathian thil tum chu hlen chhuah a nih chuan chawl lovin hma a sawn zêl ang.⁷

Hringnun Rahchhuah A Ni.—Nungchang hi mihring nunin a rah chhuah a ni a, kan hmabâk vanram kan kai dâwn nge dâwn lo tih hriltu a ni. Kan thlai chi thlâk ang chiah kha kan seng ʔhin. Sunhlu kungah thei dang a rah ngai lo. Chuvangin kan nungchang duhzawng apiang kha kan nihdan tur chu a ni mai. Hmasialna te, mahnin chauh inhmangaihna te, mahni inchâwisanna te leh mahni nawmsak umnate hian anmahniang chiah hi an hring zel a; a tâwp chu lungngaihna leh boralna a ni. “Mahni tisa lama thehtu chuan tisa mi chhiatna a seng ang a; Thlarau lama thehtu erawh chuan Thlarau mi chatuana nunna a seng dâwn a ni,” (*Gal 6:8*). Hmangaihna te, lainatna te leh ngilneihna te rah chu malsawmna a ni a, chatuan nunna a seng dâwn a ni.⁸

Kristian Nih Fiahna Ropui Ber.—Kristian nute hian an awmna khawtlâng hmuh theihin fa rintlâk leh rilru nghet, fel tak tak nei sela chu *misonari* hna zawng zawng zinga a pawimawh ber an thawk zo tihna a ni ang. Khawtlânga an dinhmun luh tura uluk taka zirtîrna dawng an fate chu khawvel hnena Kristianna an pho lan theih ropui ber a ni.⁹

Naupang Pakhat Lek Zirtîr Thatin Mi A Hneh Theihzia Chu.—Mihring thi thei kuta hna sâng ber chu nungchang siam hi a ni. Naupangte chu zirtîr ringawt lova a hruala hrual an ngâi; tu nge naupang leh ʔhalai ʔhang mêkte awm zel dân tur sawi thei? In fate awm dân tur chu uluk ber ringawt rawh u. Thutak kalphung dika enkawl seilen naupang, Pathian hmangaihna leh ʔihna nun nei nghet tlat mai chuan khawvelah hian sawisen rual loh a ʔha zâwnga thiltihtheihna nasa tak a nei ang.¹⁰

1. Christ's Object Lessons, p. 332.
2. Youth's Instructor, November. 3, 1886.
3. Counsels to Parents, Teachers, and Students, pp. 225, 226.
4. *Ibid.*, p. 222.
5. Fundamentals of Christian Education, p. 69.
6. Youth's Instructor, February. 19, 1903.
7. Education, pp. 105, 106.
8. *Ibid.*, p. 109.
9. Pacific Health Journal, June, 1890.
10. Signs of the Times, July 13, 1888.

BUNG 32 NUNGCHANG LO INSIAM DAN

Chau Lo leh Beidawng Lova Siam A Ni.—Nungchang hi tihpalh thila lo awm a ni lova. Vawikhat thinurna puak chhuak thut emaw kawng dik lova vawikhat pen zeuhin a siam a ni hek lo. Thil pakhat tihnawn chhen, tih dân pângngaia lo ƣang ta, a chhe lam emaw a ƣa lam zawng emawa nungchang chhertuin a siam a ni a. Nungchang ƣa chu chau lo leh beidawng lova beih fan fanna te, *talent* tihpunna leh Pathian ropuina tur nân kan theihna te tihpunna aƣanga insiam chho a ni. Mahse hetiang a ti lo hian tam tak chu an rilrua awm ang ang leh an hun tawnga zir zelin an thên mai mai ƣhin. Hei hi nungchang siamna tur hmanraw ƣa an tlâkchham vang ni lovin, an ƣhat lâi hian Pathianin A tâna an theih tâwp chhuah turin A duh tih an hriat loh vang a ni.¹

Pathian leh kan mihring puite hnena kan tihur hmasa ber chu mahni insiam ƣat hi a ni. Pathian min pêk kan finna zawng zawngte hi kan theih ang tawka nasaa thil ƣa kan tih theih nân a ƣa thei ang bera chhawm chho tur kan ni. Kan nungchangte tithianghlim a, timawihnâi tur chuan kan nungchang mâwi lo lâite min hmuhfir a, min siam ƣhattir theitu leh kan nungchang ƣa lâi berte hmâ min sawntir theitu Krista khawngaihna min pêk chu kan mamawh hle bawk.²

Pathian Pêk Thiltihtheihna Phun Nghetin.—Engemaw chenah mi chu ama nungchang ruangam dintu a ni a. Ni tin a sak belh zel a ni. Pathian Thu chuan engtin nge kan in sak chu Chatuan Lungpuia sak a ni em tih ngaihven reng turin min vaukhan a. Eng ang in nge ka sak tih hriat theihna hun a lo thleng mêk a ni. Tun hi mi zawng zawngin khawvela chhawr tlâk leh vana chhawm tlâk nungchang an insiam theih nân Pathian pêk thiltihtheihna chu an rilruah tuh rawh se. Mimal Chhandamtu atâna Krista rinna hian nungchang nghet leh chak a siam ang. Kristaa rinna tak tak neitute chuan an chungah Pathian mit a fu reng tih te, mi zawng zawng rorelsaktu chuan mi rilru A bûk mêk tih te, van finna khian eng ang nungchang nge siam a nih mêk tihte an thlir mêk tih hriain rilru fim tak an pu reng ang.³

Thiltih Apiangin Nungchang A Khawih.—Kan thiltih apiang hian, pawimawh tham lo têa lang pawh nise kan nungchang siamna-ah hnuhma a nei ve zel a ni. Nungchang ƣa chu khawvel hausakna aia hlû a ni a, chumi nungchang ƣa nei tura thawh chu hna zahawm ber a ni. Thil lo awm palhin a siam nungchang chu danglam thei leh inrem lo, thil inkalh awm khawm a ni. Chutiang neitu chuan tum mumal a nei lo va, damchhan a nei hek lo. Midangte tân entawn tlâk a ni lo va. Chhawr tlâk loh, tih theih reng nei lo a ni.⁴

Pathianin Entawn Tura A Tih Entawnin A Tihfamkim.—Pathian chuan entawn tura min hrilh entawn chung a kan nungchangte hi siam turin min beisei a. Zawi zawia a lung pawimawh rem chho va, khawngaihnaa khawngaihna belh chho zel a, kan chak lohna lâite hmua kaihhruaina min pêk zul zuia siam ƣa tur kan ni. Kan in sak lâi bang a khik chuan engemaw dik lo a awm tih kan hria a. Kan nungchang siamnaah pawh hian a khi lâi a awm fo ƣhin. A khi lâi chu siam ƣhat a nih loh chuan fiahna thlipuiin a nuai hunah kan in sak chu a tlu mai ang.⁵

Pathian chuan A pawmpui tlâk nungchang siam turin chakna te, ngaihtuah theihna te, hunte min pe a. A fate chu a tâwpa nun inchawih mâwi tak, temple mâwi, mihring leh Pathian tân pawha chawimawi tlâk an sak theih nân thil thianghlim chauh ti a, hna zahawm thawk turin A duh em em a ni. Kan nungchang chu Krista-ah kan din tur a ni. Amah chu inngahna tlâk—tihngin rual loh lungphum chu a ni. Thlêmna thlipui leh fiahna pawhin chu nungchang, chatuan lungpuia inngat chu a sawi nghing zo lo.

LALPA tâna in mâwi tak ni tura ƣhang lian mêk chuan a thiltihtheihna zawng zawng a hmang tur a ni. Talent hman dikna aƣang chauh in nungchang inchawih tâwk siam theih a ni bawk. Tichuan Bible-a rangkachak, tangkarua leh lunglu a tih—Pathian fiahna mei kaltlang tur thil

chu, a lungphumah kan phûm tel ve tihna a ni ang. Kan nungchang insiam mêka kan entawn tur chu Krista a ni.⁶

Thlêmna Chu Do Tur.—Daniela nun kha eng hian nge nungchang thianghlim siam tih entirna nung chu a ni. Mi tin entawn tur, a bikin thalaite tân a ni deuh ber. Pathian thil phûtte khauh taka zawm hi rilru leh taksa hrisel nân a tha a ni.⁷

Daniela kha a naupan lâi aţangin a nu leh pate chuan insûm theihna nun nei nget turin khauh takin an hrual a. A thil chin thinah reng reng leilung dante hi a zawm tur a ni tih an zirtîr a, a ei leh in ten a taksa, rilru leh a nungchang thlengin an khawih tihte leh a chakna avang chuan Pathian lakah mawhphurhna a nei tihte an zirtîr a; a chakna te chu Pathian hnen aţanga a dawn a nih avangin eng kawng zawng mahin a ti chhe tur a ni lo. He zirtîrna avang hian a rilru-ah Pathian dân chu a dah sâng hle a, a thilungin a zah em em baw. Sala a tân tan tirh lâi vel khan rorelna in chhûng te, vervekna te leh milem biakna chanchinte a hriat chian phahna tur fiahna a paltlang a.

Rinawmna te, taimâkna te leh nun nget leh mâwi a neih nâna inzirna sikul mak tak a ni. Chuti chung chuan amah hual veltu boruak sual tinrênga khatah chuan thianghlim takin a nung thei tho zu nia!

Daniela leh a thiante chuan an naupan laia zirtîrna an dawn kha an hlâwkpuî hle a, mahse chûngte ringawt chu an dinhmuna dintirtu an ni lo. Anmahnia thil tih tul hun—an mahni chung liau liaua an hmalam hun a inngah ni chu a lo thleng a. Tichuan an naupan laia an thil zirah khan rinawm taka awm an tum ta a ni. An ropuina lungphum chu finna zawng zawng bul Pathian thina chu a ni a. Pathian Thlarau chuan thil tih tumna dik apiang te, thu tlukna zahawm apiangte chu a tichak thîn.⁸

Kan Tum A Sâng Tur A Ni.—Tunlai thalaite hi Daniala ang khan ding nget tur chuan an hriatna thazâm leh thahrui zawng zawng an hmang tur a ni. Pathianin awm no reng turin a duh lo. Leilawn tâwp zawh thleng a, chuta ţanga Pathian lalram pên lût nghal tur chuan A duh a ni.⁹

He nungchang siamna thupui pawimawhzia hi thalaite hian a nih dân tur ang taka hriain ngaihlu se chu Pathian hmaa ding zo tura an tih tur tih tulzia an hria ang. Mi tlâwm ber leh chak lo ber pawhin thlêmna do hram hrama chung lam finna zawngin tuna thlen theih rual loha ngaih hi an han thleng mai ang. Tih tur tlêm tê tê rinawm taka hlen zelna nena thil tum bik neih ran loh chuan hetiang dinhmun hi thlen theih a ni lo. In vên reng a ngâi a, chuvangin mi nun thate chu tihchak tura hnutchhiah an ni lovang. Kan entawn atân Isua chu a lokal avang leh thalai zawng zawngte bâkah eng tianga upa te pawh ţanpuina a pêk vek avangin thalaite chuan nun tha thiltihtheihna chu an nei ang.¹⁰

Thurawn leh Zilhate Ngaih Pawimawh Tur—Nungchang tha lo leh khawsak mâwi lo, thil chin tha lo tih chingte chuan thurawn leh zilhna te hi an pawm tur a ni He khawvel hi Pathian hnathawhna hmun a ni a, chuvangin van biakbûk sak nân hman theih lung apiang chu lung tha hman tlak a ni em tih fiah a nih thlenga chher mam a, hnawih nalh a, LALPA in sak nân hmantlaka siam tur a ni. Mahse zirtîrna leh thununna kan ngaithei lo a nih chuan lung chher mam loh leh hnawih nalh loh, a tâwpa hman tlak loh kan lo ni mai ang.¹¹

In nungchang siam that nân beih fê a ngai pawh a ni thei; a chhan chu lung biboh tak, Pathian temple sak nâna hman a nih hmaa chher mâm leh hnawih nalh fô ngâi a nih vang a ni. In tâna hmun A buatsaih luah tlak in nih theih nân Pathian chuan tuboh leh thirkhen hmanga in nungchang rualrem lo lâi chu A lo chher mâm a nih pawhin mak ti suh u. Mihring tumahin an ti thei si lo. Pathian chauhin a ti thei a ni. Tuboh chu A hmang thlawn lo vang tih ring ngam rawh u. A chhut apiang chu chatuana in hlim nâna ti A ni zel ang. In tlin lohna te A hria a, tichhe tur ni lo, mi tlinga siam tur che u in a ni A thawh ni.¹²

1. Youth's Instructor, July 27, 1899.

2. Pacific Health Journal, April, 1890.

3. Counsels to Parents, Teachers, and Students, pp. 222, 223.

4. Testimonies for the Church, vol. 4, p. 657.
5. Youth's Instructor, Oct. 25, 1900.
6. Youth's Instructor, May 16, 1901.
7. Fundamentals of Christian Education, p. 80.
8. Manuscript 132, 1901.
9. Youth's Instructor, July 27, 1899.
10. Youth's Instructor, November. 3, 1886.
11. Youth's Instructor, Aug. 31, 1893.
12. Testimonies for the Church, vol. 7, p. 264.

BUNG 33

NUNGCHANG SIAMNAA NU LEH PATE MAWHPHURHNA

Nu leh Pate Hnena Pathian Thupêk—Pathian chuan nu leh pate chu an thawh atân entawn tur A tih entawn chung a an thawh tur A pe a. A khawngaihna zârah hei hi an ti thei; mahse dawtheihna te, thlan tui nena beihna te, nghet taka dinna leh thutlûknate chu rilru leh châkna thunun tur chuan an mamawh a ni. Leilet enkawl lohah chuan hling leh hnim chhe mi bak a ʔo ngai lo. Fa chhawr nahawm leh duhawm neih duh chuan an thinlung lei chu let hmasa sela, thlai chi thlâkin a lo ʔo chhuak chu dim takin enkawl sela. A dip ral theitu hnimte thlo faiin tui pe bawk sela, tichuan thinlung huana thlai hlu tak chuan rah ʔha tak chhuahin a hnathawh leh enkawl hah man chu a rul lêt leh ngei ang.¹

Nungchang siam hna hi mihring hnena pêk tawh hnaah chuan a pawimawh ber a, tunlai ang reng renga taimâk chhuah hi a la ʔul ngai hek lo. Tûnhma a mite kha tûn anga hmanhmawh hian koh an ngâi ngai lo va; tunlai ʔhalaite ang hian hmanlai an rualpuite khan chhiatna nasa an la hmachhawn ngai hek lo.²

Nu leh pate u, heta hi in thawh tur Pathian thupêk mila in fate nungchang siamna hna chu a awm e. Hei hian chatuan a hawlh avangin a pawimawh hmasa ber a. In fate nungchang siamna hna chu in huan enkawl aia pawimawh, in chenna tur in sak âia ʔul, sumdawnna thil âia pawhmawh fê a ni.³

In Chhung; Nungchang Siamna Hmun ʔha Ber—Chhûngkaw ʔha, lungphum dika innghat tluka nungchang siamna hmun ʔha hi a awm chuang lo va; kohhran sikul leh college-te pawh hian chhûngkaw âi an awm zo tak tak lo.⁴

Nungchang ʔha Lo Chu Siam ʔhat Tur—Mi nun ngil lo ho chuan an nun chu an siam ngil loh chuan vanramah hmun an chang thei lo vang. ʔhalaite tân ngil taka kal a va pawimawh em! He thilah hian nu leh pate chuan tihtur pawimawh tak an nei a. An fate zirtîr tura mawhphurhna thianghlim chu an chungah a innghat a. An hnenah chuan an fâten vanram lût ve tlâka siamtu tur nungchang an neih theih nâna ʔanpuina hna pêk a ni bawk.⁵

Nu leh Pate U, Hetah Hian Chesual Suh U.—Nu leh pate u, hna pawimawh berah hian chesual khut suh u; chu chu hun leh chatuan atâna in fate nungchang siam hi a ni. In dik lohna chu zirtîrna ʔha ngaihthahna emaw in mit tideltu hmangaihna, a ʔul hun pawha ʔha taka in fate zilhtir thei lotu che u kha a ni a, chu chu an chhiatna hmâwr a la ni ang. In kawng zawh lâi khan an tâna ʔha miah lo tur kawng a zawhtir mêk a ni. Engnge an la nih ang tih te, Krista tân leh, an mihringpuite tân leh an thlarau tân eng nge an tih dâwn tih pawh in kuta awm a ni.

In fate nen rinawm tak leh hawihawm takin inkâwm ula. Huaisen tak leh dawh thei takin thawk rawh u. Dodalna hlau suh ula, hun leh ʔha khêk lovin phurrit leh hrehawm pawisa suh u. In fate hma lam hun chuan in hnathawh dân a puang ang. Krista tâna in rinawmna chu in fate nun kawng hrang hrang chuan thil dang zawng âiin a sawifiah thei a ni. Krista tâ, A thisena A leite an ni si a. An huhâng chu Krista lam a nih chuan nunna kawng zawng hmu tura mite ʔanpuin Krista thawhpuitute an ni. Pathianin in thawh tura A tih in ngaihthah chuan âthhlâk

taka in kawng zawh chuan Krista kalsantute zingah a dah ang a, thim lal tichaktu an lo ni mai ang.⁶

In Chhông Fai, Naupangin Inzir Nana An Hman Si Loh.— In chhông bungraw bal ngaithei lo tak mai leh thil duhtui em em, an hriselna leh thlarau nun hial pawhin a tawrh phah khawpa a hun taka in chhông tifaï thlap thlap thìn nu pakhat ka hmu a. A fate erawh chuan khawlaia tei mai maiin thil tha lo an lo zir reng thung. Heng naupangte hi luhlul tak, hmasial tak leh thu âwih lo takin an lo seilian a. Nu chuan midang ruai mah se in chhông nalh loh ngawt hlauva a buaina lamah uluk taka fate zirtîrna hun pawh a nei lo va. Nungchang mâwi lo tak, thunun loh leh zirtîr lohin a fate chu a seilentir ve mai mai a ni ber. Nû nihna ngaihawm tak chu a tha zâwngin a hman lo tih leh a fate rilru leh chezia siam that tulzia leh nungchang mâwi famkim leh duhawm tak nei tura zirtîr pawimawhzia chu a hmu lo tih kan hre thei a ni.

Nu chuan a ngaih pawimawh ber chu ngai pawimawh ber lo phal se chuan a fate rilru, taksa leh nungchang zirtîrna chu tâwp nei lo khawpa pawimawhah a ngâi ang. Nû mawhpurhna la zawng zawngte chuan Pathian leh an fate laka an tihtur urhsun ber angin fate zirtîrna chu dah sela, tichuan chêtze duhawm tak leh rilru khawih tak an lo nei ang a, tin, rilru leh duhawng a lo thianghlim a, an nungchang pawh a duhawm hle ang.⁷

Pathian Thlarau Chauhin—Kan nun leh nungchangte hi ropuina rama lût turin kan cheimawi thei tih kan ngaihtuah dâwn em ni le? Kan thei hauh lo a nia. Kan chungah leh kan fate chungah hna thawk mêk Pathian Thlarau tel lovin rei lo tê chauh pawh kan awm thei lo.⁸

Nu leh pate chuan an chhôngkaw zingah thil danglam an hmuh chuan Pathian hnenah inhlan pumhlum sela, tichuan LALPA chuan hmanraw hmanga a tihdan kawng zawngin an chhôngkua-ah chuan tihdanglamna A thlensak ang.⁹

Pathian Tihtur leh In Tihtur.—Kristian nu leh pate u, harh teh u... LALPAN in hna chu A thawh in beisei avanga in tihtur in ngaihtah a, in mawhpurhna in pumpelch chuan pawh in la tingawt ang. In tih theih ang zawng zawng rinawm taka in tih hian in fate chu Isua hnenah rawn hruai ula; thahnemngai tak leh rinna tâwp lovin an tân dilsak reng rawh u. LALPA chuan A tanpui ang che u; in hna chu A thawhpui ang che u a; A chaknain hnehna in la chang ang.

Pathian beisei anga nu leh paten an fate an ngaihvenzia an tihlan hian an tanngtaina ngaihlain an hna chu A thawhpui ang; mahse nu leh pate thawh atâna A dah thawhsak tur erawh chuan rem A ruat lo.¹⁰

Siamtu Chuan A Tanpui Ang Che U.—Nute u, in hnaah chuan lei leh van Siamtun A pui dâwn che u tih hre reng rawh u. A chakna leh A hmingin in fate chu hnehtu ni turin in hruai thei a ni. Chakna atâna Pathian thlir turin zirtîr ula. An tanngtaina A ngaihtla tihte hrilh rawh u. Sualna chu thatnaa hneh turin zirtîr bawk ula. A tha lam leh a mâwi lam zâwnga mite rilru hneh turin zirtîr bawk rawh u. Pathian nena tang dun turin hruai ula, thlêmna chak ber pawh do zo turin chakna an nei ang. Tichuan hnehtute lawmman chu an dawng dâwn a ni.¹¹

Mi khawngaih thei in Tlantu chuan in tanngtaina ngaihtla tura inpeih reng chung leh in hnathawhnaa in mamawh tanpuina pe tur che uin hmangaihna leh khawngaihna nen A lo vêng reng che u a nia. Heng hmangaihna te, hlimna te, thlamuanna te, dawhtheihna te, zâidamna te, rinna te leh tlawmngaihna te hi Kristian nungchang siamtu an ni a. Heng khawngaihna hlu tak takte hi Thlarau rah niin Kristiante lallukhum leh âwmpâw an ni bawk.¹²

Kalsualte Fuihna Thu.—Kawng dik lova fate lo zirtîr palh tawhte tân pawh beidawn tur a ni lo ve; Pathian hnenah kal sela thu âwihna thlarau diktak chu zawng rawh se; tichuan an insiam tha thei ang. Pathian dân thianghlim chhandamna nun rema in thil chin dân in sim theih chuan in fate chu in hneh mai ang.¹³

Naupang Thenkhat Chuan Nu leh Pate Thurawn An Hnial Tho Dawn.—Nu leh pate chuan an faten Pathian hnenah an thilnung an pêk theih nân an tih theih apiang tiin zirtîrna leh zalenna

zawng zawng pêk an tum a ni thei; mahse naupangte chuan Krista ênga kal aiin an nun kawng sual tak chu zawh an thlang thei a, an chhandamna duhtu leh hmangaih em emtu an nu leh pate hming an tichhe hle thei tho a ni.

Sualna leh thu âwih lohna kawng zawh tura naupangte thlêmtu chu Setana a ni... Enga kal an duh loh a, Pathian hnêna an intukluh duh loh a, zahna nei miah lova sual kawng an zawh luih zel chuan ênga an kal loh avang leh an kalna chin pawh an hriat loh avangin an zalenna leh an êng hmuh chuan anmahni do zâwngin ro a la relsak ang.

Setana chuan a hruai mêk a, tichuan khawvel mite sawi an hlawh ta. Mite chuan, “En teh u, he mite hi. An nu leh pate chu an sakhaw mi hle a, mahse ka fate aiin an sual zâwk si a. Chuvangin Kristian chu ka ni lo mai ang,” an ti ang. Hetiang hian zirtîrna ðha dawnga zawm duh si lo naupangte avangin nu leh paten rel an phur a, Pathian hre lo khawvel mit hmuhah an nu leh pate timualphovin an tizak a. An kawng zawh sual tak avang hian Isua Krista sakhua chuan mite sawisel a kai phah bawk.¹⁴

Nu leh Pate U, Hei Hi In Hna A Ni.—Nu leh pate u, in fate rilrua dawhtheihna te, rinawmna te leh hmangaihna diktakte tuh chu in hna a ni a. Pathian hnen aþanga in dawn in fate chu a nih dân tur ang taka in enkawl chuan nungchang inchawihmawi tak leh thianghlim tak nei turin in ðanpui a ni. An rilru-ah chuan chhûngkua an din ve hun a an zui tur nunphung ðha leh nghet chu in tuh a. Kaihhruaina ðha nena in beihna rah chu Lalpa kawnga an chhûngkua an kaihrui dânah hmuh theih a ni ang.¹⁵

1. Signs of the Times, November 24, 1881.
2. Education, p. 225.
3. Signs of the Times, Sept. 10, 1894.
4. Counsels to Parents, Teachers, and Students, p. 162.
5. Letter 78, 1901.
6. Testimonies for the Church, vol. 5, pp. 39, 40.
7. Signs of the Times, Aug. 5, 1875.
8. Manuscript 12, 1895.
9. Manuscript 151, 1897.
10. Review and Herald, Sept. 13, 1881.
11. Review and Herald, July 9, 1901.
12. Pacific Health Journal, September, 1890.
13. Signs of the Times, Sept. 17, 1894.
14. Youth's Instructor, Aug 10, 1893.
15. Review and Herald, June 6, 1899.

BUNG 34

NUNGCHANG TIH CHHIAT THEIHNA KAWNGTE

Nu leh Paten Chhiatna Chi An Tuh Thei.—Thil hre sual palh nu leh pa chuan an fate chhiatna tur thil an zirtîr a, an ke atân hling an phun bawk. . . . Nu leh pate hian nakin zela an fate hlimna tur chu an kutin an chelh reng a. An chungah chuan heng naupangte siamna hna chu a innghat a ni. Naupan laia zirtîrna an pêk chuan an damchhungin a zui zel tawh ang. Nu leh pate chuan a ðha lam emaw a chhe lam emawa rah tur chi an tuh a. An fanute leh fapate chu hlimna emaw retheihna emaw an siam thei a ni.¹

Inthlahdahna nge Kahpathira Rorelna.—Naupangte chu an sên lâi aþanga nuam tawltîr an ni a, thil ðha lo tak mai chu a lo chin hlen phah ta ðhin a ni. Nu leh pate chuan thingtuai chu an kuai kûl a. An inzirtîrna ang zelin a chhe lamin emaw a ðha leh mâwi zâwngin emaw naupang nungchang chu a insiam ta ðhin a ni. Mahse mi tam tak an inthlahdah em em laiin a ðhen tung chuan an tileh lutuk a; an fate chu thirtiang nen an thunun ðhin. A tute mah hian Bible zirtîrna an zawm lo ve ve a; an tihdan hi a hlauhawm viau zâwk a ni. Naupang nungchang an siam mêk a ni a, hetiang a tihna chhan hi Pathian hmaa an insawifiah a la ðul dân a ni. Chatuan chuan he khawvela kan hnathawh rah hi a la puang chhuak ang.²

Pathian Tâna Zirtîr Hlawhchham Vang.—Nu leh pate chuan Pathian kawng zawh tur leh A thupêk zawm tura an fate an zirtîr hlawhchham avangin mawhphurhna urhsun tak chu an ngaihthah a ni.³

Naupang thenkhat chu an duh duha awmtir an ni a; thenkhat chu an tisial lâi phawk niin tihlungnual an ni bawk. Mahse nelawmna tlêm tê leh hlimnate leh rem tihpuina thute hmuhtir an ni.⁴

Nute hian finna nen, zâidamna leh tumruhna nen chauh an fate tisa rilru chu zirtîra hneh tum se chuan sual tam tak hi a ãan tirha sih chhum a ni ang a, kohhran rorel thukhawm tam tak hi a ãul lo tur! Nu leh paten fel taka an fate thununna tur lam an ngaihthah avang leh thuneitute laka inphahhnuai tura an zirtîr loh avangin thlarau sâng tam tak chu chatuanin an boral dâwn a ni. Thil dik lo khawi ngam leh buaina tihdaih ringawt hi sual kih thlukna a ni lo va, thlarau sâng tam tak boralna a ni zâwk. Aw! Engtin hian nge maw nu leh pate hi an mawhphurhna an ngaihthah avang hian Pathian hma-ah an la insawifiah dâwn ni!⁵

Awm Mai Maia Sual Nena Inchul Nel Vang A Ni.—Setana chuan naupangte rilru leh thinlung chu thunun a, Pathian Thlarau zâwk chu hnawhchhuah a tum nasat em avangin tunhma zawng ai khan naupangte hian kaihhruai leh enkawl uluk an mamawh tawh zâwk a. Tun hunã thalaite dinhmun hlauhawm tak mai hi ni hnuhngah kan cheng tawh tih chhinchhiahna Chiang ber pakhat chu a ni a, mahse mi tamtak boralna chhan chu an nu leh paten an enkawl dik loh vang a ni tih a chhui theih nghal mai a ni. Zilhhauna do zâwnga phunchiarna hian zung a kaih mêk a, helna rilru a rah chhuak mêk bawk. Nu leh pate chuan an fate awm dân chu lawm lo hle siin chutianga an lo awm chhan thil dik lo chu an hmu thei si lo.

Pathian chuan sualna leh dân bawhchhiatna nena in chûl nêl tak fimkhur tâwk lohna leh Kristian inti ve te in chhûnga sual tlângnelzia hmu hlei thei lotu dawngdahnate hi A hua a ni.⁶

Khuahkhirhna Tlâkchham Vang A Ni.—An fate an khuahkhirh that tâwk loh avang leh an kaihhruai that tâwk loh avangin sâng tam tak chu nungchang dik lo, nunphung tha hre bawk si lo, a tak taka nunpui tlâk zirtîrna dawng lovin an lo puitling a. An rilrua awm ang ang, an hun neih dân azir leh an rilru châkna ang ang awm tir an ni. Heng *theihnate* ngaihthah, Pathian hnathawh nãna hman tlâk lohte hi nu leh pate kawngka bulah an let reng hlawm a; LALPA bungraw enkawlto an ni a, an thu hnuaiã awm an fate thlarau nun siam thatna hna thianghlim leh an Siamtu ropui nãna an chakna zawng zawng tihmasawna hna chu pêk an ni si a, eng tinngã A hnenah chuan an inphat mar tak ang?⁷

Nu leh pate chuan an fate chu hmangaih hlein an inhria a, mahse an fate hmêlma lian ber an ni tih an tilang si a ni. Sual chu an zalentir a, an fate chu sual tih châk taka an awm an phal a; chu chu rûngân khawih ngam, a khawitu mai bâkah a khawitu thiante thlenga chuktu ang chu a ni.⁸

Sualna Langsar Haider Vangin.—Nu leh pa tam tak chuan an fate rilru tisâng a, LALPA tihna nen theih tâwpa an fate sualna siam that a, a tawrh ang tuarte thuruãlpuĩ ahnêkin an chhia leh tha hriatna an beng dai a, “Ka fate hi mi âiin an sual bik lo,” an ti thin. Pathian huatzawng sual langsar tak mai chu an fate an tithinur ang a, kawng tha lo zâwk an zawh ang tih hlauva thup dân an ngaihtuah thin chu a ni. An thinlung helna rilru chu kaltir zel a, duh tawka chêt hmasak tir aiin tuna khap beh hi a tha fê a ni. Nu leh pate hian an mawhphurhna ti thin sela chu thil danglamzia kan hmu thei ang. Heng nu leh pa tam tak hi Pathian hnen atangin an tawlh bo a, Setana hmanruã leh a thang kamte hmua hre thiam turin Pathian hnen ata finna an nei lo a ni.⁹

Naupang Duat Leh Thlah Zalen Lutuk Avangin.—Nu leh pate chuan a enkawl awlsam dân nia an hriat avangin an fate chu an duatin an duh duhin an awm tir a. An duh duha awmtir mai kha an nuar buai thlêm fo âi chuan a awlsam zâwk reng a ni. Mahse hei hi a dawihzep thlâk hle. Mahni mawhphurhna pumpelhi hi a tha lo khawp mai; heng naupanga luhlulna leh suala lo thang puitling tate hian anmahni leh an chhûngte tân mualphona leh zahna an la thlen ang.

Thlêmna do tura inbuatsaihna nei hauh lovin pawn lam nun an tem a; harsatna leh buaina hmachhawn turin an chak tâwk lo. Thinram tak leh thununna tha dawng lo, mi hneh thei fu si chuan midangte chu an duh dâna awm zel turin an duh a. An duh anga mi an awm lohin khawvel hian anmahni chu mamawh lo riauvin an hria a, khawvel hi an huat phah thin.¹⁰

Chapona Chî Tuhna Ațangin.—Kan kalna apiangah naupang duat sual, duh duha awmtir than leh fakna dawng țhang tih hriat deuh maite hi kan tawng thin. Hei hian mi luhlul leh chapo, mahni thiam thil chapo puina-ah a hruai a, naupang thinlungah chapona chi chu ngaih dân nei lo nu leh pate leh naupang enkawltute chuan an hma lam hun ngaihtuhsak miah lovin an tuh thin. Mahnia tumruhna leh chaponate hi vantirhkohte meuh pawh ramhuaia chantirtu leh van ațanga hnawhchhuah an nih phahna kha a ni. Chuti chung chuang nu leh pate chuan hre miah lovin an fate chu kawng hmang nei takin Setana tirhkoht atân an chher mêk a ni.¹¹

Naupang Chhiahhlawha Nu leh Pate An Awm Avangin.—Phurrit phura hah taka awm thin nu leh pate hi vawi engzat nge an fate chhiahhlawhah an țan le? An lehkha zirte chu hlim taka mahni inçhawimawiin an lo awm mai mai si. Nu leh pate chuan an fate thinlungah chuan an seng duh hauh tur chi an theh mêk a ni. Hetiang inenkawlina hnuaia awm naupang kum sawm ațanga sawm leh paruk bawr velte chuan fing riauvin an inhria a, milian tak niin an inngai bawk a, an nu leh pate hnuaia awm tur chuan thil hre tam tawkah an inngai a, an ni tin hna pawh thawk tha peih lo khawpin an indah sâng thin. Nawmsak duhnain an rilru a luah khat a, mahni hmasialna leh chaponaten an nunah chuan rah chhe tak a chhuahtir bawk. Setana kawng kawhhmuh chu an pawm a, khawvel hmaa intheh thil vel duhna avangin thil tum tha lo tak mai an neih phah bawk.¹²

Hmangaih Dân leh Khawngaih Dân Dik Lo Avangin.—Nu leh pate chuan an fate an hmangaihna chu Pathian dân thianghlim bawhchhiat phah khawpin an hmang sual thei a ni. He khawngaihna avang hian Pathian thu awih lovin an fate chu an rilru thawh dân ang anga awmtir an phal a, Pathianin an fate hnena zirtîr tura A tih thununna leh zirtîrna pawh an ngawihpui daih mai a. Hetia Pathian thupêk an pawisak loh hian an thlarau nun leh an fate thlarau nun chu dinhmun hlauhawm takah an dah a ni.¹³

Thu âwih tura fate phût nêp lutukna te, hmangaihna leh khawngaihna dik lo— ‘khuahkhirh lova zalentîr hi vantirhkohte tilungngaitu inzirtîrna kawng chi khat chu a ni; he ngaih dân hian a pâwlte zinga naupang sang têt a teltir avangin Setana chu a lo lawm em em mai a. Hei hi nu leh pate mit a tihdelna chhan leh an hriatna a tih mutna chhan leh an rilru a tihbuaina chhan chu a ni. An fanu leh fapate chu mi tha vak lo, thu awih lo, duhawm lo leh mi ngaihsak lo an tih te chu an hmu reng a; mahse an inah chuan an nun tichhiaa lungngaihnaa an thinlung tikhat tur leh Setanan chhiatna lama mite hip tura a hman țhinte belhchhah tur lekin naupang ho chu an awmkhawm thin a ni.¹⁴

Thu âwih Tura Phût Ngam Loh Vangin.—Lâwmna châng hre hlawl lo naupangte chu ei tur leh silhfente pêk zui reng an nih a, suala an awm reng phalsak an nih chuan sual zawm zel tura fuih ang an ni. An nu leh pate leh anmahni awmtuten an la duhsak cheu va, thu awih tura an phût hauh lo a nih pheih chuan an sualnaah chuan an tel ve tihna a ni. Chung naupangte chu zui an châk em em naupang sualte zui chungin Kristian chhôngkuah chuan midang tichhe tur tâwk lekin a awm ve reng a. Tûnlâi kan hun tawng sual tawh tak maiah hian Kristian chu hetiang sual, Setana hnathawh naupang luhlulna ang chi huatnaah hian a ding nghet hle tur a ni. Tleirawl sual chu mi ngilnei leh thu âwih anga enkawl tur a ni lo va, mi tibwaitu leh an țhianté tibawhhlawhtu anga enkawl tur an ni bawk.¹⁵

An Rilru Anga Naupangte Awmtir Phal Vangin.—Tunlaia vantlâng ngaihdân tlânglawn tak chu tleirawlte hi an duh ang anga awmtir phalna lam hawi a ni deuh zel mai.¹⁶

Nu leh pate pawhin an fate duh ang ang tihsak a, an rilruin a awn lam apianga kaltir an phal chuan an fate hmangaihna chu dawng thei zawkin an inring a. Mahse a teuh lo ropui si!

An duh duh tihtira naupang seilian, an chezia rengah pawh dâk âr mai, mahni hmasial, thil phût tina tak leh chapo tak mai chu anmahni leh an vela mite tân anchhia an ni.¹⁷

Ngaih dân Dik Lo An Put Phalsak An Nih Vangin.—A chhia emaw a ða emaw naupan lâi chanchin zir hi a thlâwn lo ve. Tleirawl rilru-ah chuan a ða lam emaw a chhe lamin emaw nungchang chu siam a ni reng reng a. In lamah chuan fakna leh dik lo deuh hlek thlenga insawimawina an hlawh pawh a ni thei; pawn lamah erawh chuan mi tin hi mahni ðeuha ding kan ni. Naupang duat sual, an chhûngten an tlawh rawn ho chu ni tinin midangte thuhnuai awm tura nasa taka tihtlâwmin an awm ziah a ni ber e. An chung a mite zilhna te, lungawi lohna te leh an ðawngkam pângngai a tangte pawhin an an nihna (*level*) dik tak chu an hria a, chumi hre thiam tur chuan tihtlâwmin an awm a, an dinhmun diktak pawh an pawm lo thei lo a ni. Mahse hengte hi an tân chuan fiahna hrehawm tak leh ðul lo tawp a ni a, an tleirawl lâi khan zirtîrna ða dawng se vên theih a ni.

Heng thunun ðat loh naupang tam zâwkte hi chuan an hlawhtlinna awm takah pawh hlawhtling thei lovin khawvel hi tum mumal pawh nei hlei thei lovin an hmang a. Khawvel hian fak lo leh duat lova an inhriat avangin a hua niin an inhria a, chuvangin khawvel hi an haw lêt tawp mai a ni. A châng chuan loh theih lohna in a nân avangin an rilru ang lo puia tlâwm ðul châng a awm a; mahse chu chuan awm dân pângngai zawh tlâkah a siam tawh chuang lo; an nihna diktak chuan tunah a nih loh pawhin lan chhuah hun chu a la nei tho vang.

Eng vangin nge nu leh pate chuan an fate chu an kawm phâka awmte do zel tura an zirtîr ang?¹⁸

Khawtlâng Tân Inpe Tura Zirtîrna Avangin.—Naupangte chu khawlaia inhmang zo tura zirtîr tur an ni lo. Khawtlâng tâna tuar tur ni lovin Lalpa chhûngkaw *member* zinga pakhat an ni tur a ni. Nu leh pate chu Krista kawngaihna in khat sela, tichuan an awpna hnuai a awmte thlarau chhandam nân an thawk thei ang. Khawvel thiltihdan leh incheinaa an rilru tikhat ve mai mai tur an ni lo va. An fate chu hlimhlawp, nualtâwl leh lâmma hmuna kal tur te, intihhlina chawhluh siam leh chutiang hmuna kalve turte chuan an zirtîr tur a ni hek lo, a chhan chu hengte hi Gental-ho thiltih dân a nih vang a ni.¹⁹

Mahni Hlimna Tur Chauh Ngaihtuah Phalsak Avangin.—Thalai tam tak, hlawhtlinna hi engte hian nge thlen thei tih thu-ah ngaih dân fel tak neiin nun bul ðan se khawtlâng tâna mi chhuanawm tak ni thei tur leh Pathian hna thawk se mi hmingtha tak ni thei tur an awm a. Mahse chhia leh ða hriatna leh nunphung nghetin thunun lovin an rilrua thil sual tih an châkna ûm tur leh mahni nawmsakna chauh ûma an tintihhlina dân tur zawng a, hlimna neih theih inring tura zirtîr an ni. Mahse mahni chauh in ngaihtuah chung a hlimna zawng chuan retheihna chauh a hlawh chhuah dâwn avangin an thil zawn chu a hmu lo va. Khawtlâng tân leh Pathian tân chhawrna reng an awm lo. He khawvela an awm zel dân tur leh khawvel lo la awm tura an hmabâk chu lawmawm lem lo tak a ni; mahni nawmsakna chauh an ngaihtuah avangin he khawvel leh khawvel lo la awm turah chuan an tân hmun a awm ve lo.²⁰

In Chung a Sakhaw Nun Tlâkchham Vangin.—Kristian chhûngkua nia ngaih, Pathian Thuin a phal chin leh phal loh chinte hriat tuma Bible zir taima tak nu leh pa awmna tura ngaihahte pawh hian Bible zirtîrna zawm lam ngaihthahna leh LALPA enkawlina leh zilhauna anga naupang enkawl peih lohna chu a langsar hle mai. Kristian inti nu leh pate hian an chhûngkua-ah sakhaw nun diktak an nunpui ðin lo. Engtin nge *standard* hniam taka an fate awm pawiti lova en mai mai thei nu leh pate chuan an chhûngkaw nunah Krista ai an awh theih reng ang ni? Pathian nung chhinchhiaha chu nungchanga Krista anna neitute chauh pèk an ni ang.²¹

Pathian Thu Awih Nu leh Pa An Nih Chuan.—Nu leh pate rorel dik loh chu Pathianin thiam a chantir dâwn lo. Tunlai naupang za tam takte chu hmêlma lamah an ðang a, Pathian tum dân kalh ðhaka hna thawkin an khawsa mêk a ni. Thu an âwih lo va, lawmna châng an hre lo va, an

thianghlim hek lo; mahse an سوالنا chu an nu leh pate kawngka bulah chuan a let reng si a. Kristian nu leh pate u, naupang sâng tam tak chu an nu leh paten fîng taka chhûngkua an awp loh avangin an boral mêk a ni. Chhûm chung a ropuina lo lang, hmuh theih loha Israel sipai hote hruaitu thu kha nu leh pate hian awih se chuan tunlai chhûngkaw tam tak hlim lo em em thinte awm dân hi hmuh tur a awm lo tawp ang.²²

1. Testimonies for the Church, vol. 1, p. 393.
2. *Ibid.*, vol. 4, pp. 368, 369.
3. Manuscript 12, 1898.
4. Manuscript 34, 1893.
5. Testimonies for the Church, vol. 4, p. 92.
6. *Ibid.*, pp. 199, 200.
7. *Ibid.*, vol. 5, p. 326.
8. Fundamentals of Christian Education, pp. 52, 53.
9. Testimonies for the Church, vol. 4, pp. 650, 651.
10. *Ibid.*, p. 201.
11. Pacific Health Journal, January, 1890.
12. Youth's Instructor, July 20, 1893.
13. Review and Herald, Apr. 6, 1897.
14. Testimonies for the Church, vol. 5, p. 324.
15. Manuscript 119, 1901.
16. *Thalait Hnêna Thuchah*, p. 297.
17. Testimonies for the Church, vol. 1, p. 393.
18. *Ibid.*, vol. 4, pp. 201, 202.
19. Review and Herald, Mar. 13, 1894.
20. Youth's Instructor, July 20, 1893.
21. Review and Herald, May 21, 1895.
22. Review and Herald, June 6, 1899.

BUNG 35

NU LEH PATEN NUNGCHANG NGHET TAK AN SIAM THEIH DAN TUR

In Hun Tha Pe Ula, Ngaihtuah Baw Rawh U.—Nu leh pate chuan nausên engmah tithei lo leh engmah hre lo chu an pawm a; An nausên pawm chu Pathian hmangaih turin zirtîr sela, LALPA awmpuina leh enkawl na hnuai a awm turin enkawl baw rawh se.

Nu leh pate hian an fate zirtîrna hna pawimawhzia hi hriain chatuan hawlh pha ani tih hi hre Chiang ngat se chuan naupang enkawl nân an hun tha ber hmangin ngaihtuahna hman nasat a tulzia pawh an hria ang.¹

Naupang Enkaw Nana A Tihdan Tur Tha Hriat Thiamna Nei Rawh U.—Nausên lâi leh naupan chhoh lâia kan thil zir leh chin thana kan neihte hi kan len tawh hnuai zirtîrna leh kaihhraina kan dawnte aiin nungchang siam nân an thawk tam zâwk daih a ni. Hei hi nu leh paten an ngaihtuah a tul hle. Naupang enkawl leh kaihhrui dân bulte chu hre thiam sela. Rilru, nungchang thatna lam leh taksa thilah pawh an enkawl thei tur a ni.²

Thil Pawnlâng Pumpelh Rawh U.—Thil reng reng a pâwnlânga tih mai maina hunah kan cheng mêk a. Mize nghet cherh chawrh nei pawh an tlêm ta; hei hi pawmlai an nih atanga pawnlâng taka naupangte chu zirtîr leh hruai an nih vang a ni a. An nungchang pawh tiau vaivut tawlh mai thei chung a sak a ni. An nungchang mahni inphatna leh inthunun theihnate siam a ni hek lo. Thil tak taka hman tlâk loh an nih thlenga duat leh zalentir an ni. Nawmsak duhnain an rilru a thunun a, an chhiat phah khawpa Pawih fak leh nawmsaktir an hlawh baw.³

Rinna leh Tawngtainain Naupangte Chu Vêng Rawh U.—An duh reng vang ni miah lovin naupangte chu khawvelah hian in lo piantir ve a ni a. An hma lam huna an hlimna leh an chatuan nun chungchâng thlenga mawhphurhna sâng tak neitu-ah in insiam a. In hre Chiang emaw, Chiang lo emaw chu thu hran nise, Pathian tâna naupangte zirtîr chhuah a, hmêlma lo

lang hmasa ber chu fimkhur taka lo vên a, do zo tura lo buatsaih chu in kova tla a ni. In fate chu ṭawngṭaina leh rinna kulhin hual vel ula, taima takin vêng zui ang che u. Rei lo têt chauh pawh Setana beihna lak aṭang chuan in him lo va, invêng lova chawlh hahdamna hun in nei hek lo. In râl vên bûkah chuan chhin khat pawh chhing zeuh suh u. Hei hi indona pawimawh ber chu a ni. Chatuan hawlh a ni a, in tân leh in chhûngte tâna thihna leh damna hriltu a ni bawk.⁴

Thutlûkna Nghet Taka Dinpui.—Nu leh pate hian an fate an ring lutuk fo; thurûk an hrilh pawhin an ni naupang lam chu an inzêp ṭhin. Nu leh pate u, in fate kha uluk deuhin vêng rawh u. In thawh lâi te, in thut lâi te, in chhuah lâi leh in luh lâiten nasa takin nawr ula, zilh ula, thurawn pe rawh u; A ṭul zawng zawng chu hmaih awm miah lova hrilh vek tur a ni. In fate chu an têt laiin tudawl rawh u. Thil pawl tak chu nu leh paten he thil an ngaihthah hi a ni. An fate chung thu-ah hian an din ngheh tur ang leh an huai tur angin an huai lo.⁵

Dawhthei Taka Chi Ṭha Tuhin—“Miin a tuh apiang a seng ang.” Nu leh pate u, in hna chu in fate rin tâwk hlauh tura thawh a ni a, hmangaihnaa dawh theiin chi hlu tak chu tuh ula. A hahthlâkna leh hrehawmna lam ngaihtuaha phunnawi lovin hlim takin thawk rawh u. Dawhtheihna te, ngilneihna te leh Krista anna nun nena in beih avanga Krista anna nun neia mi pakhat chauh pawh in siam theih chuan a thlawnin in nung lo ve. Nangmahni lam thlarau dinhmun chu beiseiawm leh ngilneiin awm ula. In lan dân leh sùkthlêkah beidawmna hnuhma lang suh se. Pathian ṭanpuina nena in thawh tur nungchang siamna hna chu in kutah a awm a, chu mi chu A Pû grape huana thawk a, Isua hnena thlarau bo tam tak rawn hrui tur pawh a lo ni reng thei. In fate chu an rilru duhzâwng leh thlenchin tûr pawh sâng tak thlen tum turin fuih rawh u. A ropui nâna rah in chhuah theih nân Pathian chu in famkim lohnaah chuan A dawh thei a; A ṭanpui che u bâkah a vêng reng che u ang hian in fate chu an ṭhat famkim lohnaah pawh dawh hram hram ula. An thil tlâkchham, ṭatna leh duhawmna nei tura bei hram hram turin fuih rawh u.⁶

Dân Hnuaia Intulût Turin Zirtîr Rawh U—Nu leh pate u, fing hle ula. In fate chu dân hnuaia awm turin zirtîr rawh u.⁷

Naupang an duh duha awm tir te, an thu thua awm te, hmangaih luat vanga hrem phal loh leh zilhna ngaihthahte hi khawngaihna leh hmangaihna a ni lo. Mahni fate an mahni midangte tihrehawmtu ni tura nungchang neih phal tirtu hmangaihna chu eng hmangaihna nge ni ta ang le? Chutiang hmangaihna chu tlan bosan rawh u. Hmangaihna dik tak chuan tun leh chatuana thlarau dawmna tur a thlir ang.⁸

Kristian zirna leh nun phung pângngai nei lo leh ngaihthah tur naupangte khawvela pian tir ve ringawt tur hian nu leh pate hian eng dikna nge an neih? Nu leh pate chu mawhphurhna ngai pawimawh mi an ni tur a ni. Thu nunna zirtîr ula; enkawltu ni lo, nu leh pate enkawlna hnuaia awm tur an ni tih zirtîr rawh u.⁹

Tisa, Rilru leh Thlarau Ṭanrualtir Tur—Tisa, rilru leh thlarau chaknate chu nungchang inbûk tâwk siam nân hmasawntîr zel tur an ni a. Hemi hlen tur hian naupangte chu vên a, vil a, thunun tlat tur an ni.¹⁰

Isua tisa leh thlarau ṭhan dân chu hetiang hian hrilh kan ni: “Naupang chu a lo ṭhang lian deuh deuh a,” tiin. Naupan lâi leh ṭhalai nih lâi hian taksa ṭhanna lam hi dah pawimawh tur a ni. Nu leh pate chuan an fate chu inchei dân, ei leh in, insawi zawi dân ṭha te hrilhin khawvel lo la awm tura an hriselna tur lungphum ṭha chu phûm a ni ang tih zirtîr rawh se. Taksa bung hrang chanchinte hi a bika hrilh ni sela. Taksa chakna chu tih zen a nih loh a, a nih dân tur ang taka siam a lo nih theih nân taksa bung hrang hrang hi a bika enkawl ni sela. Hei hian naupangte chu dinhmun ṭha takah a dintir a, tichuan sakhuana lama inzirtîrna dik tak nen Krista ang khan thlarau lama mi chak an lo ni mai ang.¹¹

Hrisêlna Hi Rilru leh Nungchang Nena Inzawm A Ni.—Pathianin A tâa A hauhia hre tura in fate rilru chakna kaitho tur chuan an taksa hmanga engtin nge Pathian dân an zawm ang tih

chu an rilru leh thinlungah in tuh tur a ni; hriselna hian rilru leh nungchang a khawih nasa a nia. An hrisela an thinlung a thianghlim bawk chuan nung tur leh khawvel tân malsawmna ni turin tha zâwka buatsaih an ni tihna a ni. Thil tam tak hi chu hun khirh tak taka thu tihtluknaah an inngahh thin vangin a dik zawng leh a hun taka rilru buai lova siam chu hna pawimawh ber a ni.¹²

Chuvangin nu leh pate rilru zâwk hi finna leh hmangaihna nen a dam zâwnga thil ngaihtuah a, an fate taksa leh rilru lam hriselna chu ngaih pawimawh hmasak ber leh ngaihtuah nasat bera an hman theih nân thil tul lo ngaihtuah hah lo leh rilru buai lova, zalên taka awm hi a pawimawh em em a ni.

Anmahnin an enkawl dik loh avanga naupang an lo sual hian nu leh pate chuan a hma aia an fate thunun an lo harsa ta chu mak an ti thin. Dawhkana an fate eitur an chhawp, ei tura an fuih thinte ngei hian an ransa rilru chu kai thovin an rilru leh nungchang a tihniam thin a ni.¹³

Rilru Chak Nân Chaw Thianghlim A Pawimawh.—In fate chu an rilru chakna leh an thil ei tur chungchângah zirtîrna pe ula; an rilru luah hmasak tum bawk ula, tichuan ngaihtuahna bawhlhlawh leh a nuam lama inhrik thlâk châknain hmun a chang lo mai ang. Krista khawngaihna chauh hian sual a do hneh thei a. Duh in thlang thei- in fate rilru chu in duh chuan thianghlim tak leh bawhlhlawh lovin in siam thei a, a nih loh chuan hmun tin renga awm sualna—chapona leh an Tlantu theihngihlnate hian luah khah tir theih a ni. Rilru chak leh hrisel nei tur chuan taksa ang bawk hian rilru chu chaw tha pêk ve tho tur a ni. In fate chu anmahni ringawt ni lo, thildang ngaihtuah tur pe rawh u. Chhûngkaw boruak nuam leh thianghlima chêng naupang rilru chu a zim lo va, a he heu lo va, a intivei lo va, mahni hma a sial hek lo.¹⁴

Thil tak tak leh tlo, tihdân pângngai aia thil dik lo leh pâwnlâng zâwk chawi sâna hunah kan cheng tawh a. Chuvangin kawng dik lova min hruai thei lakah kan rilru hi vên that hle tur a ni. Rilru tihchakna lama tangkaina nei lo thawnthu mak pui puia tikhah tur a ni lo. Ngaihtuahna chu a châwmtu a zir zelin a awm a ni ang.¹⁵

Rilru Chak Ringawt Hi A Tâwk Lo.—In fate rilru chu a chak avangin in lo lâwm viau thei; mahse thinlung thianghlim hnuai thunun a nih loh chuan Pathian duh dân kalh zâwngin a thawk mai ang. Pathian tâ nia inhriatna sâng tak chauh lo chuan nungchang inbûk diktak, thinlung khawrh thei, leh he khawvel leh khawvel lo la awm tura hlawhtlinna tur hriatna thûk tak pe thei thil dang an awm lo.¹⁶

Nungchang Siamna-ah Hian In Tum Sâng Rawh Se.—Thatchhiatna hian thlêmna chi tin reng deuhthawa mi a hruai avangin kan fate chu taima tura kan zirtîr hian hlauhawm zahve kan pumpelh tihna a ni. Kan fate chu luhlul lo leh tlâwm taka awm tur te, hautakna lam tel lova mahni inphata mite tâna malsawmna ni tur te, duham tak ni lova inren thiam tak ni zâwk tur ten zirtîr ila. Tin, chu bâkah Pathian tâ an nihziate zirtîrin an nun kawng tinrenga sakhuana lakluh chu an mawhphurhna a nih avangin Pathian chu an hmangaih ber tur ani tih te, an vêngte hmangaih a, hlimna tura thil pawimawh mi zahder thiamna ngaihah lo turten i zirtîr bawk ang u.¹⁷

Vanlam Finna Dîlin Tawngtai Rawh U.—Nu leh pate chu Pathian pawm tlâk nungchang siam tura an fate chu an zirtîr theih nân thahnemngai takin Pathian hnenah tawngtai sela. Khawvel mite hriat hlawh khawpa an fate an zirtîr dân tur chu an rilru luahtu ni lovin Pathian pawm tlâk nungchang mâwi tak an neih theih nâna an zirtîr dân tur chuan an rilru chu luah zâwk rawh se. Nu leh paten naupangte rilru leh duh thlanna kaihhraina an pêkah hian thil tam tak a inngahh avangin heng rilru la naupang deuhthe enkawl dân hre tur hian vanlam finna dila tawngtai nasat leh zir nasat a tul hle a ni.¹⁸

Rilru leh Thlarau Lam Kaihhraina Pêk Tur.—Khawvel hnena naupang fel tak, thlêmna do thei khawpa rilru nghet, Pathian tâna chhuan tlâk, vêngte tâna malsawmna ni bawk pêk hi an

mawhphurhna a ni tia nu leh pate rilru hneh a ÷ul hle. Nunphung nghet tak nena puitling nun tem ÷an chhote chu tunlai hun ÷awp takah pawh hian bawlhhlawh kai lova ding thei tura buatsaih an ni ang.¹⁹

An Duhzawng Thlang Turin Zirtîr Rawh U.—Tleirawl leh naupangte chu anmahni ngeia van puan hmanga ÷hui lal kawr, “puanzai sin fai tak, vâr tak,” leia mi thianghlimten an sin ngei chu thlang tura zirtîr ni rawh se. He kawrfual, Krista nungchang bawlhhlawh kai lo ngei mai hi mihringte tân a thlawna sem a ni a. A dawng duh apiangin an dawng ang a, an sin bawng ang.

Naupangte chu ngaihtuahna thianghlim, hmangaihnaa khat neih duha an rilru an hawn a, hmangaihnaa thil ÷angkai an tih hian Krista silfen nungchang mâwi tak an inbel tihna ani tihte zirtîr ni sela. He silhfen hian leiah hian a timawiin mi ngainat a hlawhtir ang a, vân Lalber inah an luh theih phah bawng ang.²⁰

1. Signs of the Times, Mar. 16, 1891.
2. *Tihdam Rawngbâwlina*, p. 369.
3. Health Reformer, December, 1872.
4. Testimonies for the Church, vol. 2, pp. 397, 398.
5. *Ibid.*, vol. 1, p. 156.
6. Manuscript 136, 1898.
7. Manuscript 49, 1901.
8. Review and Herald, July 16, 1895.
9. Manuscript 9, 1893.
10. Testimonies for the Church, vol. 4, pp. 197, 198.
11. Youth's Instructor, July 27, 1893.
12. Health Reformer, December, 1872.
13. Pacific Health Journal, October, 1897.
14. Pacific Health Journal, October, 1897.
15. Letter 27, 1890.
16. Review and Herald, Apr. 23, 1889.
17. Pacific Health Journal, May 1890.
18. Health Reformer, December, 1872.
19. Christian Temperance and Bible Hygiene, p. 75.
20. Education, p. 249.

THEN - IX

Nungchang Chher Nâna Thil Pawimawh Hmasate

BUNG 36

NAUPAN TET LAIA INZIRTÎR THATNATE

Naupan Têt Lai Hi Hun Pawimawh Ber A Ni.—Naupan tet laia inzirtîrna pawimawh dân hi ‘lutuk’ awm thei lo a ni. Naupang kum sarìh hnuai lamin thil a zir ang tluka nungchang siamtu hi a hnu zela an zir a÷angin a awm thei tawh lo.¹

A nausên lâi a÷angin naupang nungchang chu Pathian remruatna anga siam leh chei tawh tur a ni. A rilru inhawng takah chuan felna leh ÷atna chu tuh ni rawh se.²

Nu leh pate hna chu fate sên lâi a÷angin in÷an sela, tichuan nungchang dik a dawng ang a, khawvelin a nihna leh zia rang chu an rilru leh thinlungah an dah ang.³

Hneh An Awlsam Lai Ber—Nausên kum khat vel a nih lâi hi a chhe lam leh ÷a lama an rilru hneh awlsam lâi ber a ni. Heng hun lâi vel hian a ÷a zâwng emaw a chhe zâwngin emaw hmasawna Chiang tak an nei a. Kawng khatah hriatna ÷angkai miah lo neiin a dangah hriatna hlu leh nghet tak an nei thei bawng. Rilru fîng leh chak, hriatna tam tak chu *Ophir* rangkachak pawhin a lei zawh loh, tangkarua leh rangkachak âi pawha hlû zâwk a ni.⁴

Kan Rilrua Awm Hmasate Theihngihl A Har—Nausênte, naupangte leh ÷alaite hian an nu leh pate leh an chhûngkaw *member* dang hnen a÷angte pawhin ÷awngkam vin an hre tur a ni

lo—an naupan lâi hian an rilru khawihthu an dawng ɽeuh a, vawiina nu leh paten an siam dân hi naktuka an awmdan tur a ni a, a ni chho zel ang. Naupangte chuan an zirlai hmasa ber, an rilrua awm tawh chu an theihngihl mai mai tawh lo...

Naupan laia thinlung hnehtute hi puitlin hnuah an lo lang chhuak leh ɽhin. A inphûm bo a nih pawhin a ɽawihral ngai lo.⁵

Kum Thum An Nih Thlengin An Nungchang Tur Siam A Ni—Nute u, in fate chu an pian aɽanga kum thum inkarah hian thununna dik tak in pe em tih inen chiang rawh u. An duhzawng leh châkzawng apiang nehtir phal suh u. Nu chu nausên rilru a ni tur a ni. Kum thum an nih thleng hi thingtuai anga kaihkul hun chu a ni. Hemi hun pawimawhzia hi nute chuan hrethiam sela. Tichuan an fate nungchang siamna lungphum chu an phûm tihna a ni.

Dân tlângpui anga hemi hun laia zirtîrna hmasa in pêkte hi a ɽhat tâwk loh chuan Krista avang leh, in fate hma lam hun leh chatuana an ɽhatna turin, in thil tihsual siam ɽhatdân chu ngaihtuah rawh u. Kum thum hnua in fate chu thu âwih dân leh mahni inthunun dânte zirtîr in lo tum chauh a nih chuan a harsa deuh tawh dâwn naa ɽanlâk dân zawng nghal rawh.⁶

Mi Ngaih Ang Hian A Harsa Lo—An sên lâi aɽangin naupangte chu an duhzawng apiang dân ani bik lo tih leh an duh ang anga awm tur an ni lo tihte hi zirtîr ni sela chu nu leh pate lungngaihna leh buai tam tak hi pumpelh a ni ang. Ngaih dân tlângpua naupangte nuar lo tura zirtîr leh an chakna te tireh tura zirtîr hi a harsa lo.⁷

He Hna Hi Khêk Suh U—Mi tam tak chuan an fate naupan laiin an mawhphurhna an ngaihthah a, an lo upat deuh hunah fimkhur takin thil dik lo chu an la nembet ang a, kawng dik an la zirtîr mai ang an ti a ni. Mahse he hna thawhna hun ɽha ber chu an malchunga an pawm lâi ngei hi a ni si a. Nu leh pate tân fate duat lutuk leh chhaih lutuk a dik lo va, tihduhdah kher pawh a ɽha lo. Thil tih dân nghet leh nghing mai mai lo, chiang tak si chuan rah a chhuah ɽha ber ang.⁸

An fate an enkawl dân dik lo chungchanga nu leh pate ka sawipui hian ɽhenkhat chuan luhlul an chhuah a; ɽhenkhatin nui chungin, “Ka fa duhtakte hi maw! Ka hnial thei ngang lo a ni. An len hunah an la ti ɽha ve mai ang. Hetianga nawrh bengchhen vel hi chu an la zak ve mai dâwn alawm. Naupang lakah hian khauh lutuk leh tih kher kher lutuk hi a ɽha lo. Hetianga dawtsawi leh mi bum, mahni hmasial tih vel hi chu an len hunah an sim ve mai ang chu,” an ti a. Nute tân chuan hetiang thil hi dah bo a awlsam khawp mai, mahse Pathian duh zawng erawh chu a ni lo.⁹

Setanan Naupangte Neih A Tumna Chu Dodal Rawh U—Nu leh pate u, hna in thawk hma tâwk lo deuh zel a nia. In fate thinlungah Setana chu chi in theh tir hmasa tlat mai.¹⁰

Setanan in fate a thunun theih a, in pawm lâi reng pawha a lak bo sak loh nân che u tih tur in nei. Nute u, thim thiltihtheihna chuan in fate a thunun lo tih in hre ngam tur a ni. In in chhûngah hmêlmain thimna puan a zâr loh nân in rilru siam rawh u.¹¹

A Taka Nunpui Tura Buatsaihin—Naupang kum 12 aɽanga 15 inkâr velin khawvel thil leh chatuan thil an hriat tam theih tawhzia hi mi tlêm tê chauhin an hria a ni. Heng kum rual vel naupangte chuan lehkhabu aɽanga hriatna an neih chauh ni lo, a tak taka hman theih thilte pawh an zir tur a ni; lehkhabu chhiar peih luat avangin a taka hman tur thiam thil dang ngaihthahtir miah loh tur.¹²

Napolean-a Thil Min Rochun.—Napoleana mizia kha a naupan laia zirtîrna a dawnin a hril thûi khawp mai. Zirtîrna âthlâkin indonaa hnehtu nih châk turin a fuih nasa a, sipai lem siamin sipai hotu lemah te a ɽang vel ɽhin. Heta ɽang hian buaina leh thisen chhuahna bul chu a inɽan der tawh a ni. Mi ɽha tak ni tura kaihhruai leh beih niin a tleirawl thinlung te kha Chanchin ɽhaa thun khah lo nise zawng; khawvel chanchin hi danglam nasa hle ang!¹³

Hume-a leh Voltaire-a.—Hume-a kha Pathian ringtu tha tak a ni thin awm e. Mi thiam rual thil sawi hona-ah a tel ve thin a. Chutah chuan Pathian awm ring lotute lam tang tura ruat a ni a. Taima taka inzir chhovin a rilru chak tak mai leh fim tak mai chu rinhlelhna thlipui chuan a rawn nuai ta a. Pathian awm ring lotute zirtirna chu a awih a, a dam chhûngin chu rinhlelhna chhûm dum chuan a khuh tluan ta zak mai a ni.

Kum nga mi lek a nih laiin Voltaire-a chuan Pathian awm rin lohna lam hla chham mi a vawng thin a. Chu zirtirna tha lo tak mai chu a rilru atangin a bo tak tak ngai lo va. Pathian hnen atanga mite hruai botu Setana *thawhpuitu* hlawhtling ber pakhat a lo ni ta a ni. Rorêlna nî-ah chuan mi tam tak an lo tho leh ang a, an thlarau boralna chhanah Pathian awm ring lo Voltaire-a chu an la puh ang.

Naupan lâia an rilru leh ngaihtuahnaah awm se an tih apiang khan thalaite chanchin zel tur chu a hril a ni. Tleirawl chhoh laia thil chin than chu a dik a, a zahawm a, a mihrin phawt chuan chu chunungchang pêng khat a lo ni ang a, mimal damchhung a daih tawh ang. Thalaite chu an bawhlhlahw thei a, an felin an zahawm hle thei bawk; an duhthlanna a ni. Thil tha leh zahawm tia hriat fal an ni thei ang bawkin mi sual leh lâktlâk miah lo anga hriat an hlauh thei.¹⁴

Hanni Lawmman—Nu zawng zawngte hi a hlutzia leh ropuizia teh sên rual loh leh sawi sên rual loh hun tha pêk vek an ni. Zawlnei Samuela chu a pian atanga kum thum chhûng khân a nuin thil chhia leh tha hre thiam turin uluk takin a zirtir a. An bul vela a thil hriat thante hmangin a rilru chu Siamtu lamah hruai a tum thin. LALPA tâna a fapa pêk a lo tiam tawh tihhlawhtlin nân mahni inphatna nasa tak nen puithiam Eli hnenah LALPA ina rawngbawl dân zir turin a dah ta a. A sên laia a inzirna chuan a Kristian nungchang nghet vawn zel chu a thlan tir a. Hanni chu a va lawm tehreng em! A rinawmna chu a entawn tlâk takzet a ni.¹⁵

Josefa Rilru Vên A Nih Dân.—A têt laiin Josefa chu a pa Jakoba chuan Pathian a rin nghehzia leh Pathian chu khawngaihnaa khat Pathian a nihziate leh A mite A enkawl dânte chu a hrilh thin a, chu zirtirna chu Aigupta ram milem be mite zinga a awm laia mamawh em em zir laite chu an ni. Fiahna a tawh khân a naupan lâia a thu zirte chu a takin a hmang ta a. Khatia fiahna hautak zet mai a tawh pawh khân a lo rin fô thin a Pa vana mi chu a thlir reng a ni. A pa zirtirna kha thil dang daih chu lo nise thâwkkhum lehkhabu ziahna kawlawm chuan Josefa nungchanga rinawmna leh felna lo êng chhuak chu phêk engemaw zât a zia lang hauh lo vang le. A naupan lâi rilrua zirtirna tuh nghet tawh chuan thlêmna chak ber a tawh lâi pawha vêng himin, “Eng tin nge he sual lian tak hi tiin Pathian chungah thil ka tihsual theih ang?” (*Gen. 39:9*) a lo tih thei ta a ni.¹⁶

Zirna Tha Rah Chu—Thil lungchhiat thlâk tak mai chu naupangten an nute chak lohna lâi leh mumal lohna lâi an hmu thuai thin chu a ni. Thlêmtu lah chuan rang takin an rilru-ah hna a lo thawk a, an rilru awn lam apiang zui turin a lo hruai thin a. Nu leh paten a nih dân tur ang taka an fate an zirtirna tura thil tul zawng zawng an neih a, an fate zawm ngei ngei tur dân an siam sak a, chu dân chu an bawhchhiat loh bawk chuan nu leh pate leh naupangte chu Lalpan A thawhpui ang a, mal A sawm bawk ang.¹⁷

An têt lâi atang rengin naupangte chu thil tha lo lamin a hneh hmâ hle a, mahse Kristian inti nu leh pa tam takin an mahnin an enkawl that lohzia chu an hre pha si lo. A kawi zâwng naupang chu a sên lâi atanga an enkawl danin chatuan nunna nei tur emaw, chatuan boralna chang tur emawa a hruai dân chu han hre chhuak hlawm teh sela aw! Naupangte chu thlarau leh rilru lamah hneh an awl em em a, naupan laia zirtirna tha dawng chu han bo deuh mah se a bo rei tak tak lo vang.¹⁸

1. Manuscript 2, 1903.
2. Signs of the Times, Sept. 25, 1901.
3. Review and Herald, Aug. 30, 1881.
4. Counsels to Parents, Teachers, and Students, p. 132.
5. Manuscript 57, 1897.
6. Manuscript 64, 1899.

7. Pacific Health Journal, April, 1890.
8. Testimonies for the Church, vol. 4, p. 313.
9. Manuscript 43, 1900.
10. Review and Herald, Apr. 14, 1885.
11. Signs of the Times, July 22, 1889.
12. Manuscript 43, 1900.
13. Signs of the Times, Oct. 11, 1910.
14. *Ibid.*
15. Review and Herald, Sept. 8, 1904.
16. Good Health, January, 1880.
17. Manuscript 133, 1898.
18. Signs of the Times, Apr. 16, 1896.

BUNG 37 KAN THIL CHIN THANIN THIL A TIHTHEIHZIA

Thil Chin Dawklak Kan Lo Neih Dân.—Thil chhia emaw a tha emaw vawikhat han tihpalh zeuh hian nungchang a siam nghal ngawt lo va; mahse thil pakhata rilru leh ngaituahna sên nasat lutuk hian thil ngai chin dawklakna kawng a sial thin.¹

Thil ngai tihnawn fona hian thil chin dawklaknaah mi a hruai a, nungchangah a lo bet nghet ta thin a ni.²

Thil Tha Ching Thang Tura Inzir Hun.—Engemaw chenah nungchang hi naupan laia insiam a ni a. Tichuan kan thil chin dawklakte hian kan pianpui thildang (mizia) aiin mi lian ni turin emaw finna lama mi lâktlâk loh taka mi siam turin emaw tihtheih a neih nasa zâwk a; thil tha lo chin dawklak avang hian mi *talent* nei tha ber berte pawh mi chak lo leh lâk tlâk loh tak an ni thei. Miin thil tha lo a chin dawklak hma poh leh chu thil chin tha lo chuan salah a man nghet tihna a ni a, a thlarau nun pawh a chhe zual hle dâwn tihna a ni. A lehlamah chuan tleirawl laia miin thil mâwi leh zahawm tak chu chin dawklaka a neih chuan an damchungin neitu nihna an pû ang. Thil thleng tam zâwkah chuan mi, an hun tâwp lama Pathian zah leh dikna châwi sâng chuan khawvel hian mi rilru-ah sualna hnuhma nemkaina hun a nei tih an hria tih hmuh a ni ang. Kum lama upa deuh tawhte rilru chu a tlângpuiin lung anga sak, thil thar pawm mai harsat an nih laiin tleirawlte rilru erawh chu hneh mai theih an ni.³

Thil Chin Dawklak Chu Khawih Danglam Theih A Ni; Mahse Thil Danga Thlâk A Ni Mang Lo.—Naupang thil hmuh leh hriat chuan an rilru no tak mai chu a luah thûk hle thin a, chu chu a hnu lama thil thleng lehte chuan an luahlan tawh mang mang lo a ni. An rilru finna chuan a nih tur ang a thlêng chho mêk a, hmangaihna a hawina lam tur hawi tanin a puitling chho mêk baw. Tichuan thil pakhat tihnawn seka chu *chînthan*-ah a lo tang a. Chu *chînthan* chu inhruai hrepa khawih danglam theih chu a ni a, mahse upat lamah chuan thil danga thlâk theih a ni tawh mang lo.⁴

Thil chin dawklak tawh chu mihring nungchangah a bei nghet tawh tawh mai a ni. Rilru chuan amah siam puitlingtu tur chu hun tha leh remchâng apiangah a tha lamah emaw a chhe lamah emaw a dawng mawlh mawlh reng a. Ni tin hian Lal Immanuela puanzar hnuai sipai thununna tha tak dawng ang maia zirlaite siamtu nungchang emaw thim lal hnuai hel pâwl zinga mi min nihtirtu nungchang chu kan siam zawm zel a. Eng zâwk nge kan siam le?⁵

Beidawng Lova Beih A Tul.—Vawikhat kan tihngam salh tawh hi chu tih leh kan châk thin. Harh fimna te, mahni inthununna te, inrenchemna te, thahnemngaihna te, dikna te, titi fîng te, dawhtheihna te leh hawihhawmna te hi chin dawklaka nei tur chuan taima taka beih a, mahni leh mahni invên that tur a ni. Mi ho tak leh awm duhdah deuh nih hi mahni inthunun a, zahawmna dik tak neih duhna nena mahni dik lohna hneh aiin a awlsam zâwk daih baw. Kan nunah hian Kristian nun ze mâwi tak chu famkim tur a nih chuan beidawng lova beih tauh tauh a ngai a ni.⁶

Naupang Tha Lo Chu Naupang Dang Tân An Hlauhawm.—Pathian ðihmi nu leh pate chuan an fate chu thil tha tih ching ðang tura an hruai dân tur ruahmanin an ngaihtuah ang. Engmah la hre tham lo an fate chu an duh duh kawmtir ngawt lovin an ðian kawm tur chu thlan sak rawh se.⁷

An naupan têt lâi aþanga naupangte chu thil tha lam ching dawklak tura beidawng lo leh dawhthei taka hruai nasat an nih loh chuan thil tha lo an ching hlen ang a. Chu an thil chin tha lo chuan an ðanlen pui ang a, midangte pawh an hruai suai ang. Mi, a rilrua thil changkang lo hlir dawng a, chhûngkaw boruak tha lo tak leh bumnain a tihhniam chuan a thil chin tha lo tak mai chu a damchhungin a ching zui a. Sakhuana lama an inhmang a nih pawhin heng an thil chin dawklak tawhte hi an sakhuana nunah chuan a lo lang leh ang.⁸

Entawn Tlâk Loh Lal Saula.—Israel lal hmasa ber chanchin aþang hian naupan laia thil chin dawklak dik lo ðat lohzia entirna kan hmu thei. A tleirawl laiin Saula chuan Pathian a hmangaih lo va, a ðih bawk hek lo; chu a ðin ter tek, inthunun tura naupan laia zirtîr ngai loh chu van thuneihna laka hel turin a inpeih reng a ni. Tleirawl lâi aþanga Pathian duhzawng ngai pawimawh a, an dinhmun luah apiang rinawm taka hlen chhuak ðhinte chu an len hnûah pawh rawngbawlina sâng zâwk chelh tura buatsaih an ni. Mahse mihringte hian Pathianin thiltihtheihna A pêk chu rei tak vah bosan ta sela, an kawng zawh lâi kirsanin chûng Pathian thilpêk thiltihtheihnate chu an duh duh hunah a thlawnin an dawng leh ngawt thei tawh lo vang.⁹

Naupang chuan sakhaw lam zirtîrna tha tak a dawng a ni thei; mahse nu leh pate leh zirtirtute chuan thil tha lo tak mai tih dawklaktir an phal a, an hnehtir leh si loh chuan chu a thil chin dawklak chu hneh rual lohin a lo chak ang a, naupang chuan a boral phah ang.¹⁰

Thil Ho Tham Tê Tihte Pawh An Pawimawh.—Kan thiltih reng reng hian sir hnih an neih bâkah pawimawhna an nei zel bawk. A chêt chhuahtirtu rilru a zirin felna emaw sualna emaw, thil dik emaw dik lo emaw an ni zel. Thil dik lo chu tihrawn fo a nih chuan a titu rilrûah leh tisa leh thlarau lam, eng kawng pawha amah zawmtute rilruah chu thil tha lo chu a châm nghet tlat tawh ðin a. Nu leh pate leh zirtirtuten chung thil tha lo chu an en mai mai thei a nih chuan tleirawlte chu an chin dawklaktîr tihna a ni mai.¹¹

Nu leh pate chuan an mawhphurhna hnuaia thlarau awmte chu rinawm takin an enkawl tur a ni. An fate chu chapo turte, hleihluak taka khawsa tur te leh intihlar tum tur ten an fuih tur a ni lo. Ninhlei thiltih, an têt laia finthlâk awm taka lang, an puitlin hunah tizui se kan duh miah loh tur leh sim se kan tihleh tho tur te chu tihtir a, zirtîr miah loh tur a ni.¹²

Ninhlei thiltih leh thil dik lo dang, nausên an nih laia mi tihlim âwm takte chu an tih phalsakin chutiang titura fuih an ni thei e; mahse an lo ðang lian a, thil ngeiawm leh ðin ti-urtu maiah an chang leh si ðin.¹³

Thil Tha Lo Hi Thil Tha Aiin Chin Dawklak A Awl Zâwk—An thil zir engmah hian naupan laia thununna dul lutuk rah tha lo tak chu a sût mai mai tawh lo vang. Thil chin tha lo pakhat ngaihthah laklawh chu chin dawklak a ni zel a. A tha lam aiin a tha lo lam hi chin dawklak a awl zâwk a, bansan leh erawh chu a harsa zâwk lawi si a ni.¹⁴

Tleirawl ho hian anmahni ringawta an awm chuan thil tha aiin thil tha lo tih an châk zâwk zel a. Thil tha lo lam lah hian mihring pianpui thinlung hi a rem ber bawk si; an nausên lâi leh naupan laia an thil hmuh leh hriatte hian an rilru a luah thûk hle ðin lehngal.¹⁵

Naupan Laia Thil Chin Dawklak Hian Hnehna leh Hneh Lohna A Hril.—Tûn leh chatuan thlengin kan mimal nun hi kan thil chin dawklakin an siam a ni zel. Thil tha tih ching laklawh tawhte leh mahni mawhphurhna apiang rinawm taka hlen thinte chu ni angin an êng ang a, midangte kawng êntu an ni ang; mahse rinawm loh ðan lutuk a, pawlawhna te, thatchhiatna te leh thil ngaihthahnate hi tih ðhana neih a nih a, a ðan len zel phal a nih chuan he mi nun hi chu zanlai aia thim zâwk chhûmin a bawh ang a, chatuan kawng khar hnan a ni ang.¹⁶

Naupan lâi leh tleirawl lâi hi nungchang hneh awlsam lâi a ni a. Chuvangin mahni inthunun theihna hi neih ngei ni rawh se. Tapchhak zâwl leh chhûngkaw dawhkan aţang hian chatuan daih boruak siam theih a ni. Pianpui ziarâng âi mahin naupan laia thil chin dawklakte hian mi chu he hring nun indona-ah hian hnehtu a ni dâwn nge dâwn lo tih a hril thûi zâwk bawk.¹⁷

1. Youth's Instructor, Dec. 15, 1886.
2. Signs of the Times, Aug. 6, 1912.
3. Christian Temperance and Bible Hygiene, p. 45.
4. Good Health, January, 1880.
5. Manuscript 69, 1897.
6. Testimonies for the Church, vol. 4, p. 452.
7. Review and Herald, June 24, 1890.
8. Review and Herald, Mar. 30, 1897.
9. *Thlah tubul leh Zâwlneite*, p. 766.
10. Testimonies for the Church, vol. 5, p. 53.
11. Review and Herald, May 17, 1898.
12. Testimonies for the Church, vol. 1, p. 396.
13. Letter 1, 1877.
14. Review and Herald, December 5, 1899.
15. Pacific Health Journal, September, 1897.
16. Testimonies for the Church, vol. 4, p. 452.
17. *Chatuan Nghahfâk*, p. 83.

BUNG 38 LEHKHA ZIR HUN, NUNGCHANG LEH MIZIA

In Fate Chu Lian Thuai Thuai Se Tiin Hmanhmawh Suh U.—Nu leh pate chu an faten an naupan lâi nun kalsan thuai thuai se tiin an hmanhmawh tur a ni lo. An fate tâna zirlai an pêk chu thil zahawm tak tih tum tura an thinlung tiphurtu ni sela; mahse naupang an nihna chu kalsan tir chuang lovin vanram lût tura buatsaihtu rinna te, rinawmna te leh tihtak riauna mawl tê nen ʘang lian phawt rawh se.¹

An Hun Tawn Chhohte Hian Remchanna Bik Riau An Nei Zel.—Nu leh pate leh zirtîrtu chu naupang rilru thlêk duh lamin an hun tawn chhoh zel, entir nân tleirawl lâi leh nulâ/tlangvâl nih lâi etc. . . te chu huana pangpâr mâwi tak an lo pâr chhuak anga mâwi taka an lo pâr chhuah pui theih nân an thawk tur a ni.²

Krista tehkhin thu mâwi ber zinga pakhat chu buh chi thehtu tehkhin thu kha a ni. . . He tehkhin thuin a zirtîr thutakte kha Krista nunah khan a takin a thleng dik hle. Rilru leh taksa lamah thlai ʘiakin a entir ang leh ʘhalai zawng zawngte pawh ʘang ve se a tih ang chiahin siamtu remruat zawmin A sei lian a. Vanramah chuan Hotu, ropuina Lal ni mah sela Bethlehemah Arawn piang a, hun engmaw chen pheih chu nu enkawl mamawh em em nâusente âi Arawn awh a ni.

A naupan laiin Isua khan naupang tihdanin thu A awih a. Isua A nih avanga puitling nghal thlup bik lovin naupang finin A fîng a, naupang tih theih awm tawka nu leh pate puiin A ʘangkai hle. Mahse A lo len deuh deuh khan A kum phû tâwkah chuan sawisel bo, tlâwm tak, pianpui sual nei lo A ni. Bible Thianghlim chuan, “Naupang chu a lo sei lian a, thlarau lamah a lo chakin finnain a lo khat a. Pathian khawngaihna A chungah a awm a.” a ti a. A tleirawl lâi pawh tihian ziah a ni, “Tin, Isua chu finnaah leh taksaah a lo ʘang lian deuh deuh va, Pathian leh mihringte lawm A hlawh zel bawk a,” tiin (*Luka 2:40, 52*).³

Chhûngkaw Zinga Mize Inang Lo.—Mihring mize inang lo tak takte chu an thawk ho tur ani tih hi Pathian remruat dân a nih avangin chhûngkaw pakhat mize inang lo langsar tak tak an awm fo ʘhin. Hei hi thil awm dân a nih avangin chhûngkaw tinte chuan midangte rilru leh chanvo chu an zahsak tur a ni. Hemi awmzia chu inzah tawna leh indawh tawna chi tuh niin rilru kawi lâite tih ngil ni sela, nungchang bi boh lâite siam mâm ni bawk rawh se tihna a ni.

Tichuan inremna lo awmin mahni mizia ðeuh thununna chu an tân hlâwkna a lo ni ðeuh theih bawk.⁴

Mimal Rilru leh Nungchang Zir Rawh U.—Nausên lo piang reng reng hian nu leh pate mawhphurhna an tipung zel a. An mizia, an sùkthlêk leh an nungchang insiam chhote chu zir zel tur a ni. Nu leh paten an thil chik thiamna chu inzir belh se, tichuan rilru sùkthlêk dik lo chu an dal thei ang a, rilru ngil, nunphung nghet leh ða chu an chawm lian thei bawk ang.⁵

He hna thawk tur hian tharum hman emaw vin vak vak emaw a ðul chuang lo. Mahni inthunun theihna neiin chu chu naupang rilru leh thinlungah tuh mai tur a ni.

Mihring rilru enkawl hi hna ða tak a ni. Naupang pakhat hnena thil pakhat ti lo tura kan tih kha midang tih atâna ða em em a lo ni theih avangin naupang zawng zawng chu ang khatah enkawl vek theih an ni lo.⁶

Pianken Zawi Mi Chu Chawphur Ula, A Dik Lote Khap Rawh U.—Nu leh paten naupang pianze zawi chi chawphur leh pianze ða khuahkhirhna lam an ngaihtah lutuk avangin rilru inbûk tâwk naupang an tlêm kher mai. An fate rilru thlêk lam vên ðatna hna urhsun tak mai an nei tih leh an faten thil ða an tih dawklak a, rilru dik an put theih nâna zirtîr chu an mawhphurhna a ni tih an hre reng ðin lo a ni.⁷

An Mizia ðeuh Zir Tur A Ni. – Naupangte hi enkawl reng an ngai a, mahse in vêng reng ðin tih hmuhtir kher a ðul lo. Midang nen an inkawm laia an mizia chu zir ru ula, tichuan an dik lohna lâi chu siam ðaa kawng dik zawhtir dân zawng rawh u. Rilru chakna leh taksa chakna ðan chhoh zel dân chu an kova inngat; thawhrimna rah ani tih zirtîr tur an ni. Mahni nawmsakna ringawtin a tihlim theih tak tak loh tihte leh mawhphurhna hriat chianna aţang chauha hlim theih a ni tihte hi zir hmâ sela. Chumi rualin nu chuan a fate hlimna tur chu ngaihtuah reng rawh se.⁸

Taksa Ang bawkin Rilruin Chaw ða A Mamawh.—Nu leh pa ðenkhat chuan an fate tisa duhzawng an ngaihtuah em em a; an dam loh hlekin an duat em em bawk a, chutianga an tih chuan mawhphurhna hlen hlêah an inngai ðin. Mahse a ni ngawt lo. An hna chu a inţan dân chauh; an fate rilru ruak chu hnawh khahsak tur a ni. An rilru hliam tidam vang tur chuan a tihdan thiam pawh a ngâi viau mai.

Naupangte hian puitingte ang bawkin fiahna tawrh har tak tak leh mize tawrhlelhawm tak tak an nei ve a. Nu leh pate ngei pawh hian chu chu an nei reng bik lo. An rilrute hi a buai fova. Thil thir dân dik lo leh ngaihtuahna dik lo hnuaiah an tâl a. Chutah Setanan a lo sâwi nghing a, a thlêm thlu leh nge nge ðin. An fate thinurna rilru chawk tho zâwngin an vin tuarh tuarh a, a châng pheî chuan an khirhin an phun chiar em em ðin. Chu rilru chu naupang khawngaih thlâk takte chuan an entawn a, nu leh pate zâwk chu buaina bul an nih avangin an pui thei bik si lo. A châng pheî chuan thil reng reng hi ða lo veka lan chang a awm hial ðin. Hawina lam apiangah sawisel tur a awm avangin nun a hrehawm a, tumah an hlim lo. Nu leh pate chuan an fa khawngaihtlak takte chu buaina bul niin an ngai a, khawvela naupang sual ber, thu awih lo leh luhlul ber angin an chhuah ðin; mahse anmahni zâwk chu buaina bul an ni si a.⁹

Ngainatawm Taka Awm Turin Fuih rawh U.—Rilru inbûk tâwk lo, thin ter tek nei, mi phunchiar, itsiknaa khatte hian an nu leh paten an ngaihtahzia an tilang a ni. Heng mihring mize ða lo kan sawi tâkte hian lungngaihna nasa tak an thlen a. Mi tam tak hi chu nelawm thiam hle se chuan an mahni hmangaihtu ðenrual ða an nei ðeuh ang. Mahse kalna apianga buaina siam ching, an tel vena apianga mi tibuaiu an va tam em!¹⁰

Mize Hrang Hrangin Thununna Chi Hrang Hrang An Mamawh.—Naupangte hian mize hrang hrang an nei avangin nu leh pate chuan thununna dân khat hmangin an hrût rual vek thei lo vang. Rilru chak dân inang lo tak tak an awm a, chuvangin Pathian siamchhan tihhlawhtlin nâna anmahni siam tur chuan nu leh pate chuan ðawngtaîin an zir nasa tur a ni.¹¹

Nute u, in fate kawmngaih nân hun tam tak hmang rawh u. A enkawl dân tur in hriat theih nân an mizia leh pianzia chi hrang hrangte chu zir ang che u. Naupang thenkhat chuan ngaihven an mamawh zual bik hle nghe nghe a nia.¹²

Naupang Beiseiawm Lo Lutuk Enkawlna.—Naupang thenkhat, Midangte aia dawhthei taka thunun leh zâidam taka hruai chhoh ngai an awm a. An pianpui zia in beisei a tihbo sa em avangin khawngaihna leh hmangaihna an mamawh nasa zual bik a ni. Beidawng lova enkawl hram hramna aţangin heng naupang luhlul deuh deuhte hi Pathian hnathawk tlâkah an siam theih a. Thiltihtheihna danglam tak, han chawh thawha mi beiseiawm zâwkte ai pawha thlen santir theitu chu an lo nei reng thei bawk.

Mize danglam bik fa in nei a nih pawhin an danglam bikna avang chuan beidawn thlâk lutukah ngâi chuang suh u. Dawhtheihna leh khawngaihna lantir chungin tanpui ula. An nungchang famkim lohna lâi an hneh theih nân hmangaihna ţawngkam mâwi leh khawngaihna thiltihin tichak rawh u.¹³

In Rin Aiin In Zirtîr Nasa Thei Ang.—Nuin Isua a hmangaih rualin A tâ ni tura a fate zirtîr chu a duh nghal thin. I rin aia nasain naupang mizia chu an têt lâi aţangin i hruai nasa thei a. Chu Isua hming hlu tak chu in chhûngkaw ţawngkam lar ber lo ni rawh se.¹⁴

1. Good Health, March, 1880.
2. Education, p. 107.
3. Counsels to Parents, Teachers, and Students, pp. 140, 141.
4. Signs of the Times, Sept. 9, 1886.
5. Manuscript 12, 1898.
6. Manuscript 32, 1899.
7. Signs of the Times, January 31, 1884.
8. Signs of the Times, February 9, 1882.
9. Testimonies for the Church, vol. 1, p. 384.
10. Fundamentals of Christian Education, p. 67.
11. Good Health, July, 1880.
12. Review and Herald, July 9, 1901.
13. Counsels to Parents, Teachers, and Students, pp. 115, 116.
14. Manuscript 17, 1893.

BUNG 39

TUMRUHNA HI HLAWHTLINNA BUL A NI

Naupangte Chuan Tum Ruhnain Thil A Tih Theihzia Hi Hre Vek Rawh Se.—Rilrûa tumna hi mihring pianpui thununtu, thil dang zawng zawng kaihurtu chu a ni. He tumna hi ei duhzawng emaw, rilru âwn lam emaw ni ringawt lovin duh min thlantîr a, mihring fate hnena Pathian thu an âwih dâwn nge dâwn lo tia thawktu chu a ni.¹

Naupangte chuan tum ruhna chakzia hi hre vek sela. He thilpêkin mawhphurhna a kentel ropuzia hmu tur hian hruai ngei tur an ni bawk. Tumruhna (rilru) chu duhthlang thei tura chakna a ni ber.²

Pathian Hnena Duh Thlan Theihna Pêk Hi Hlawhtlinna A Ni—Mi tinin kan neih chhia leh tha hriatna hian thil tha lam thlan theihna a nei a. Kan thil tawn apianga Pathian thupêk chu, “Vawinah hian tû rawng nge in bawl dâwn thlang mai rawh u,” (*Josua 24:15*) tih hi a ni. Mi tinin an duhthlanna chu Pathian duhzawng lamah dahin a thu âwih an thlang thei a, tichuan Pathian thawpuitu midangte nen an inzawm thei a, engmahin sual tura a tihluh theih lohna hmunah a ding thei bawk. Tleirawl zawng zawng chungah hian Pathian tanpuinain rinawmna nun nei tura thiltihtheihna leh ţangkai taka nung thei tura thiltihtheihna a awm vek a ni.

Nu leh pate emaw, zirtîrtu emaw chutiang zirtîrna hmanga naupangte, mahni inthun theihna nei tura zirtîrtu chu an ţangkai hle ang a, an hlawhtling kumkhua tawh ang. A pawnglang lam thlir ringawttu tân chuan eng ruai niin an lang kher lo thei; thuneitu sângte hnuaia naupang duh

thlan theihna dahtu leh an rilru hnehtu anga ngaihhlut pawh an hlawh kher lo thei baw; mahse kum lo ral zel chuan an zirtîr dân tha zâwk chu a la lantir mai ang.³

A Nêp Zâwng Ni Lovin Naupang Rilru Chu Kaihruai Rawh U—Nakinah a la mamawh dâwn avangin naupang chakna (tha) chu hum rawh u; mahse kaihhraina tha pe ula. Ro phûm rûk angin fimkhur tak leh uluk takin vil rawh u. Chhu nawi lovin thupêk leh entawn tlâka nungin naupang chu mawhphurhna keng tlâk a nih thlenga a chakna chu fîng taka chei a, siam tur a ni.⁴

Naupangte chu hmâ takah an duh thlan theina leh an rilru sùkthlêkte an nu leh pate thuhnuaiâ dah dân zirtîr vat tur an ni. He zirlai hi nu leh paten an zirtîr chuan Pathian duh dâna intulût tur leh A duhzâwngte âwîh turin an zirtîr tihna a ni a, Kristian chhûngkaw zinga tel tlâkah an siam tihna a ni baw.⁵

Râwt Sawm Lovin Kaihruai Zawh Tur.—Thunun lutuk si lova naupang kaihruai dân chu nu leh pate leh zirtîrtute chuan zir rawh se. Enkawh lutuk hi enkawh loh lutuk ang thova tha lo a ni. Naupang duh thlanna tihchhiat tumna chu thil pawh tak a ni a. Rilru siamtu hi a inang lo nuaih mai; tihluhna chuan pawn langa thu awihnaah a hruai thei a, mahse chhûng ril lamah helna nasa zâwk a chawh tho thei. Chutiang chuan nu leh pate emaw zirtîrtu emaw meuh pawh chuan an duh ang thununna chu neiin an inhria a ni thei; mahse a rah chu naupang tân a tha lo bik hauh lo vang.

Zirlai thenkhat chuan midang âia thutlukna siam an harsat avangin zirtîrtu chuan a duhzawng chu zawm nuam thei ang ber turin siam rawh se. Duh thlanna chu kaihruai a, siam tur a ni; ngaihthah emaw, tihchhiatsak emaw tur chu a ni lo.⁶

Hma Hruai La, Hnung Lam Aţangin Khalh Suh.—In enkawh lâi naupangte chu an mimal nihna kha neih phalsak theuh la, nangmahni pawhin nei rawh u. Hma hruai tum ula, hnung lam aţangin khalh reng reng suh u.⁷

Duhthlanna Sawizawiin Rilru A Tichak.—Naupang chu mahnia duh thlanna nei miah lova hruai theih a ni. A mimal nun danglam bikna ngei pawh chu, a thil tum leh rilrû thlengin zirtîrtu rilru ang angin a awm thei a. Chutianga hruai hrep hnu naupang chu rilru chakna leh mimal mawhphurhna lâk kawngah a tling zo tak tak ngai lo vang. Chhia leh tha hriatna leh nun phung nghet aţanga chêtîr an ni lo va, an duh thlanna chu midangin an thunun a ni; an rilru tak chu sawizawia tichak leh tihzauh tura koh chhuah a ni lo va. A ţul huna an thiltihtheihna sâng ber hmang thei turin an theihna bik leh rilru chaknate chu kaihruaia thunun an ni hek lo.⁸

Duhthlanna A Inkalh Changin.—Naupang chu a luhlul viau a, nuin a mawhphurhna a hriat baw chuan he rilru luhlul zet mai hi nu hnen aţanga a chhawm, ama pêk ngei tih a hre chhuak ang a. A fâ duh thlanna chu thil tihchhiat tur enin a en lo vang. Nu duhzawng leh naupang duhzawng a inkalh châng a awm a, nu duh thlanna puitling leh nghet tak leh naupang duh thlanna awmze nei lo tak in kalh chang a awm baw a, tin, a kum upat zâwk vang leh a thil hriat tam tawh zâwk avanga nuin thu a neih zâwk châng emaw naupang thunun loh zâwk duh dâna awm chângte a awm thin baw. Chutiang hunah chuan fîn a ţul khawp mai; enkawhna âthlâk tak avang leh tihluhna khawng zet mai avangin naupang nun chu tun leh nakin zel âtn tihchhiat hlen der theih a ni. At luat avangin thil engkim chân theih a ni.

Nufa inkarah buaina nasa zâwk a chhuah theih avangin hetiang buaina hi a thlen fo phal tur a ni lo va. Chutiang thlentir lo tur chuan fimkhur hle tur a ni. Mahse buaina a lo awm tawh rau rau chuan naupang chu a nu leh pate fîn zawkzia leh an thu hnuaiâ intulût mai tur an nihzia chu zirtîr ngei ngei tur a ni thung. Nu pawhin a ţawngkam chu vêng tha sela. Ring deuh deuhin thu pe suh se. Naupang rilrua luhlulna tuh thei thil engmah tih tur a ni lo. Nu chuan Isua hnen lama a hruai theih dân kawng zir rawh se. Naupang duh thlanna chu Setanan a hnehsak loh nân a ţawngtai tur a ni. Thil awmdan chu vana vantirhkohte khian an lo thlir reng a nia.

Nu chuan Pathian chu amah puitu a ni tih te, a hlawhtlinna leh thiltitheihna chu hmangaihna a ni tihte a hre tur a ni. Kristian nu fîng tak a nih chuan naupang chu a hnena intulût turin a tilui ngai lo vang. A ðawngðai ang a; a ðawngðai lâi chuan amaha thlarau tihtharna lo awm chu a hria ang. Tin, amaha thawktu thlarau chuan naupang rilru-ah pawh a thawk tih a hmu bawk ang. Naupang chu tihluihna ni lovin zâidam taka ðhang lian turin kaihhruai a ni a; indona chu hneh a ni ta. Rilru ngilneihna te, zâidam taka thiltihna te, khuahkhirhna thu fîng tak takte chu tangkaraw lem zinga rangkachak *apple* ang a ni. Nu chuan ðawngkamin a sawi chhuah zawh rual loh hnehna chu a chang ta a ni. A êng chu titharin paltlang a lo ngah sawt bawk a. “Khawvela mihring piang tawh lo ên zeltu Eng dik taka” chuan a rilru A hneh ta. Chu chu thlipui leh ruahpui bân hlîma boruak muanawm tak leh ni êng mâwi tak ang a ni.⁹

Nu leh Pate Chuan ðhalai Rilru Pu Reng Rawh Se.—Mi tlêm tê chauhin a theih chin china an ðhat lâi rilru put zui reng a, an mizia renga vin vak vak loh leh hriatthiamna neih nasat tulzia hi an hria a ni. Nu leh pate hian an naupan lâi nun mâwl tak leh tlâwm tak kha nu leh pa chakna leh finna leh puitlinna nen belkhawm se Pathian chu A lawm hle ang. Mi ðhenkhat chuan naupan lâi nun tak tak an nei meuh lo. Naupang nun zalen, thar sâr mai leh tlâwm tak ang kha an chên hek lo. An naupan rilru ðhatna te leh an inhawnnate chu hlauhna te, thikna te, awhna te leh bumna tea an thlâk vek thlengin vuak leh sawisel leh zilh an tuar a. Chutiang mite chuan an fate naupan lâi nun tihdawm tumna rilru an pu meuh ðhin lo.¹⁰

Thil Hriat Sual Lian Tak Chu.—Naupang kuta thununa awm hi thil ðha lo tak a ni; in chhûngah thu a neih phalsak a ni a. Hei hian thil duhawm tak ‘duh thlan theihna’ chu a ðul bâk bâk a kalthui pûi lutuk tlat. Mahse an thil hmuh dân leh chhût dân nu leh pate mit a del tlat avanga he thil hi lo thleng a ni a, a kal zel bawk ang.¹¹

Naupang Nuarin A Nawr Luih Theih Nu Chu—I fa khan kawng dika hruaitu tur finna a va mamawh em! Chin dawklaka a neih thlengin a duh zawng ngena a nawrh phalsak a ni a. Duh tawka a pa chhuak tur a ngen pawh phalsak a ni a. He a thil tih hi thupui bera a neih thlengin a beng hriatah ngei a pa a ngen dân vel chu midang an hrilh vèl bawk a. I fa kha ka fa chu nise chawlhkâr thum chhungin a danglam vek ang. Ka thu hi dân ani tih ka hriattir ang a, ka thil tum chu dawhthei tak leh nghet tak siin ka hlen bawk ang. Ka rilru hi ka fa zâwk duh dân thlâk mai mai ka tum lo. Hetah hian thawh tur i nei a, tunhma khan i lo tih loh avangin hun i khawhral teuh tawh a nia.¹²

Naupang Sual Nun Hlim Lohzia.—Fimkhur tak leh ðawngðaina nena thunun loh naupang chu khawngaihna kawng hawn lâi pawh hian a hlim thei lo va, Pathianin vanrama A mite nena A dah ho theih miah lo nungchang duhawm lo tak tak an insiam bawk ang. Naupang sual enkawl hi damchhung phurrit a tling thei. Fiahna tawh châng te, lungawi loh châng te leh thlêmna tawh chângte hian a rilru thunun loh leh hrui suala awm tawhsa chu a zui ang.¹³

Mahni duh ang ang awm ðhin naupang an hlim tak tak ngai lo. Thinlung tihtlâwm loh chuan amahah hahdamna leh lungawina reng a nei lo. Chuvangin kan mihring nihna thununtu dân fîng tak mai nena nungchang a inrem theih nân rilru leh thinlung chu thunun a, khuahkhirhna fel tak hnuaiah dah tur a ni. Awm mawhna leh lungawi lohnate hi mahni hmasialna leh nawmsak duh luat avanga lo awm an ni.¹⁴

Fiahna Tam Tak Phêna Thil Awm Chu—Fiahna lung tichhe tak, kohhran tân a hlauhawm tih hriat si, ring lo mi tam tak titlu a, rinhlelhna leh lungawi lohna avanga pên bo tirtu hi a tlângpuiin rilru hel ru tlat, beng daih loh, naupan laia nu leh paten an thlah zalen lutukin a hrin chhuah an ni ðhin. Naupan lâi, rilru hneh a la awlsam lâi, thinlung chu a ðha zâwnga hneh a la awlsam lâi leh nû duhzâwnga hrui a la awlsam lâia dân theih thinchhiatna avang hian mi nun engzat nge tihchhiat a nih a, suah sual rawngbawl phah engzat nge awm ang le? Naupang zirtîr ðhat tâwk lohna hi rilru lama chhiatna nasa tak lo inçanna lungphum ani ve a ni.¹⁵

1. Testimonies for the Church, vol. 5, p. 513.
2. Education, p. 289.
3. *Ibid.*
4. Counsels to Parents, Teachers, and Students, p. 116.
5. Manuscript 119, 1899.
6. Education, pp. 288, 289.
7. Testimonies for the Church, vol. 5, p. 653.
8. Counsels to Parents, Teachers, and Students, p. 74.
9. Letter 55, 1902.
10. Good Health, March, 1880.
11. Manuscript 126, 1897.
12. Letter 5, 1884.
13. Manuscript 126, 1897.
14. Testimonies for the Church, vol. 4, p. 202.
15. *Ibid.*

BUNG 40 KRISTIAN NUNPHUNGTE ENTIR RAWH

Naupangte Chuan An Nu leh Pate An Entawn Ang.—Nu leh pate u, zirtîrtu in ni a, in fate chu in sikul naupangte an ni. In ÷awng ki leh in chêt dân te kha in faten an entawn zel a nia.¹

Naupangte chuan an nu leh pate an entawn a; chuvangin entawn tlâk nun nei tura fimkhur em em tur a ni. In chhûnga nu leh pa hawihhawm leh zâidam, diknaa ding nghet, che fel thlap mai chuan an awm dân chiah chu an fate nungchangah an hmu ang. An fel a, an rinawm a, chawimawi tlâk an nih bawk chuan heng thil bikahte hian an fate chuan an chhûn hle dâwn a ni. Pathian zaha chibai an bûk chuan an fate pawhin chumi kawnga zirtîr an nih ve angin A rawngbawl hna chu an theihngihl bik lo vang.²

Nu leh pate chuan in chhûngah an faten tive se an tih chauh an nunpui tur a ni. ÷awngkam, hmêl leh thiltihin inzahtawwna tilang sela. An fate hmuha Isua Krista nungchang lantirin Thlarau Thianghlimin A thunun tih lantir rawh se. Inentawn hi thil awl tak mai a nih avangin thalaiten mi an entawn thuai thuai hun lâi ngei hian an hma-ah entawn tur ÷ha chu dahsak ni sela. Naupangte chuan an nu leh pate an ring tâwk tur a ni a, tichuan an zir nawn fo tur zirlai chu zir rawh se.³

In ÷awngkam leh In Nunin Zirtîr Rawh U.—Nu chu a fate zirna lamah chuan sikula awm reng ang a ni. A fate a zirtîr lâi mêk chuan amah pawh ni tin a inzir thar ve reng a. A fate hnena mahni inthununna a zirtîr ang chiah chu a nunpui tur a ni. Rilru leh rilru put hmang danglam tak tak a fate a enkawl lâi chuan thil hriat theihna chak tak a mamawh a, a nih loh chuan a fate chungah ro a rêl sual palh emaw duhsak bik a neih palh emaw a hlauhawm em em a ni. A in chhûnga khawngaihna dân a hman tur ngei chu a fate a neihtir tur chu a ni bawk. Tichuan a fate chuan ÷awngkam leh entirna hmangin ni tin zirlai pângngai an zir nawn fo tihna a ni.⁴

Sikul zirtîrtute chuan in faten lehkha an thiam nân engemaw chu an lo tive ngei a, mahse thil dang engmahin a tih theih loh kha in nun chuan a tithei tlat a ni. In titi duhzawng te, sum leh pâi in enkawl dân te, in duhzawng leh duh loh zawng in sawi chhuah dân te kha an nungchang siamna atâna ÷anpuitu an ni vek a. Mize dam thlap mai te, mahni inthununna te, mahni inhriat chianna te leh nangmahnia in faten hawihhawmna an hmuh te kha an tân chuan an ni tin zirlai a ni. Hun angin zirna pawh hi a kal reng a, nîtin chhûngkaw sùkthlêk hawilam apiang hi in fate an nih tur ang nihtîrtu a ni tur a ni.⁵

In fate vin khu khu ÷hin lo turin fimkhur rawh u... Thu awihna phût ula, vin mai mai lo turin fimkhur bawk ang che u; a chhan chu in chêtzia leh ÷awngkamte kha an tân zirlaibu ang an nih vang a ni. Heng ang rual an nih hian dawh thei tak leh zâidam taka ÷anpui zâwk tur an ni. In awmpuina ni êng chuan an thinlung chhun êng rawh se. Heng hmeichhe naupang leh mipa naupang ÷hang mêkte rilru hi a na hmain a lâwm hmâ hle a, chuvangin in awmdan ÷ha lo khan an nun pumpui a tichhe palh ang e. Nute u, fimkhur rawh ula, in fate hauh ching suh u; a ÷angkai lo.⁶

Mahni Inthununnaah Nu leh Pate Hi Entawn Tlâk Ni Sela—A theih hram chuan naupangte chu zauthauna laka vên hram hram tur; tichuan nu ber chu ðinþhawng eih lo leh zâm hauh lo, lung muangin a che dam dap thei ang. Hei hi a tân leh a fate tân inthununna sikul a ni. A fate hnena mahni inphatna a zirtîr lâi chuan amah pawh entawn tlâk ni turin a inzir tihna a ni a. Pianpui sual âwn tlatna hneh tuma dimdawi taka an thinlung lei a lehsak lâi chuan a ðawngkam leh cheziain Thlarau Thianghlim khawngaihna chu an tuh tel zel tihna a ni baw. ⁷

Nangmahni leh nangmahni in inhneha chu in fate tân a hlû a, fuihna ða tak a ni nghal baw. In chan ðat lâi khan, “LALPA huan enkawltu, Pathian chenna in ka ni. Pathian anna ka lo nei theih nân A duh anga min chher turin A kut hnuaiha ka inpe a. Tichuan ka fate rilru leh nungchang siam tura A thawhpui ka lo ni ang a; ka fate tân pawh LALPA kawng zawh chu a lo awlsam zâwk ang” in ti thei a ni. Nu leh pate u, in inthunun theih ngat chuan in fate thununnaah hnehna ropui tak in chang ang. ⁸

Mahni Inthununna Rah Chu.—Nu leh pate u, in thunun zo lova thil in tih puat puat a, in ðawng zung zung hian Pathian lakah thil in tisual a ni. Chhinchhiahtu vantirhkohte chuan an hriata ðawngkam mâwi lo leh pawlawh lutuk in puhchhuahte chu an lo zia zel a. ðawngkam bawlhhlawh leh hniam lutukte chu Kristian nun kalh tia ziah luh zel an ni. Zâidam takin in fate bia ula. Thil in ngaih huat hmazia te, dawta puh in huatzia te kha hre reng ula, in tawrh theih loh chu midangte tawrh atân ti suh u; nangmahni aiin an chak lo zâwk a, an tuar rei thei lo zâwk si a. Nangmahni lama inthunun theihna te, ngaihtuah chikna te chuan a lêtza a rah ang.

In ðawngkam nelawm tak te, leh hlimawm takte chu in chhûngkua-ah ni angin lo êng rawh se. ⁹

Nu leh pate hian an fate chu mi dik ni a, thil dik ti tura an duh chuan anmahni chu ðawngkam leh thiltihah dik hmasa rawh se. ¹⁰

Naupangte Chu Kristiana Inhhâlte Mizaiin A Hneh.—Sabbath serhtute fa, an naupan lâi aþanga Sabbath serh tura zirtîrna dawng an awm a. Heng zinga ðhenkhatte hi chuan a lang maia an mawhpurhna chu rinawm takin an hlen a, mahse sual inhriatna tak tak leh sim ðula inhriatna tak tak an nei lo. An dinhmun chu a hlauhawm hle a ni. Kristian inti vete nundan leh hnathawhte an en a, heng daltu liante thiltih dân leh an ngaihdân chu an tehkhin vel baw a; an nuna sual langsar em em a awm loh avangin anmahni leh anmahni an infak chawp ðin. ¹¹

Nu leh pa leh zirtîrtu tam takin Pathian Thu awih intiin A zirtîrna chu an phat leh si a; chuwangin Pathian Thu zirtîrnate chuan ðalaite thinlung a khawih tak tak thei ðin lo a ni. A châng chuan ðalaite chu Bible thiltihtheihna chang tura hruai an ni a. Krista hmangaihna hlutziat an hmu baw a. A nungchang mawina te, A rawngbawl nâna an nun pêk theih a nih dânte an hmu a. Mahse chumi kalh chia chuan Pathian thupêk zah em ema insawite nun chu an hmu leh si ðin. ¹²

Nu leh Pate Chuan Thlêmna Chu An Hnar Ngei Tur A Ni.—Nu te u, khawvel mite tihdan entawn lo hian Pathian tâna rinawmna chu a takin in fate hmuha in entir theih avangin thlêmna do turin zirtîr ula. In fate chu he thupêk, “Mi sualin an zem che pawhin lo aw mai suh,” tih hi zirtîr rawh u. Mahse in fate chu thlêmna do zo tura in beisei chuan in do zo hmasa tur a ni. naupang tâna do hneh a ðul ang bawkin puitling tân pawh a ðul ve tho si a. ¹³

An Entawn Atân Nunnêmna Lantir Rawh U.—Nu leh pate u, in fate chungah khân ngilneiin in nun tinêm ula, tichuan an nun chu a lo nê ve mai ang. Kan in chhûngahte hian Kristian kan nih hi thiltihin i lantir ang u. In chhûng khura ngilneiina, dawhtheihna leh hmangaihna lantir lo thiamna leh hna sângte chu ka ngaihlu vel lo tawp mai. ¹⁴

In Aw Ki leh ðawngkamte Vêng ða Rawh U.—In hmui aþang chuan sawiselna te, ðawngkam vin leh thin ter tek thawmte chhuak suh se. Krista khawngaihna chuan in auh hun a lo nghâk reng a. A Thlarau chuan in thinlung leh in chhia leh ða hriatna thununin in

ṭawngkam leh thiltih apiang chu a lo hruai zel ang. Ṭawng tlahawlh leh hmanhmawhin in zahawmna inhlahtir suh u. In ṭawngkam leh in titite chu a thianghlim em en ula. In fate awm dân tur atâna in duh angin nangmahni kha awm hmasa rawh u. Thlamuanna te, ṭawngkam mâwi te, leh hlim hmêl te hmuh tur awm rawh se.¹⁵

Nu leh pate tân engti kawngmahin chapo chung a fate enkawl ṭhat theih a ni lo. In tih hotuna te, mi sawisel tur zawn rengna te leh mi dik lohna zawn rengna rilrute an lantir tur a ni lo va. An ṭawngkam chhuak reng reng chu a ki nen lam an fate tân a ṭha zâwngin emaw, a chhe zâwngin emaw zirlai an ni vek mai. Nu leh pate u, in hmui aṭanga inkalhna thu a rik zeuh chuan chutiang zâwnga ṭawng ve tur chuan in fate in zirtîr tihna a ni a, Thlarau Thianghlimin mi a hneh theihna tur pawh engmah lovah in chantir ang. In fate chung a in mawhphurhna hlen tur chuan dawh thei taka thil ṭha tihzawm reng peih a ṭul hle.¹⁶

Nu leh Pate Hi Nungchang Siam Nana Pathian Thawhpuite An Ni.—In fate rilru finna chu a insiam mêk a, an nungchang leh hmangaihna pawh din chhoh mêk a ni; mahse eng ni tura siam nge an nih? Nu leh pate chuan he thil inthlâk chho mêkah hian a mawhphurtute zingah an tel ve tih hre reng rawh se. Thlâna an zâl hunah pawh an liamsan an kutchhuakte chu an la châm reng a, an ṭhat leh ṭhat loh an lantir reng mai dân a ni.¹⁷

Pathian Anpui Nem Kaiin.—In hmêl, in thusawi, leh thiltihte chuan in fa duhtakte nakin hun a hril thûi hle tih hre reng chungin in zirtîr ang a, in vaukhan bawk ang a, thurawn in pe bawk tur a ni. In hna chu lehkhapuana milem mâwi tak ziah emaw *marbul* hmanga milim siam emaw ni lovin mihring rilrua Pathian anpui nemkai a ni.¹⁸

1. Signs of the Times, Mar. 11, 1886.
2. Testimonies for the Church, vol. 5, pp. 319, 320.
3. Review and Herald, Mar. 13, 1894.
4. Pacific Health Journal, June, 1890.
5. Review and Herald, June 27, 1899.
6. Manuscript 127, 1898.
7. Manuscript 43, 1900.
8. Letter 75, 1898.
9. Signs of the Times, Apr. 10, 1884.
10. Good Health, January, 1880.
11. Testimonies for the Church, vol. 4, p. 40.
12. Education, p. 259.
13. Review and Herald, Mar. 31, 1891.
14. Manuscript 97, 1909. Letter 28, 1890.
15. Letter 28, 1890.
16. Letter 8a, 1896.
17. Pacific Health Journal, June, 1890.
18. Signs of the Times, May 25, 1882.

ṬHEN - X

Thununna Leh A Kenkawh Dan

BUNG 41

THUNUNNAIN A TUMTE

A Tum Ber Chu Mahni Inenkawl—Thununnain a tum ber chu mahni inenkawl thei tura naupangte zirtîr a ni. Mahni inthunun thei tur leh inchawm zo tura zirtîr ni sela. Tichuan thil hre thiam rual a lo nih veleh a nungchang chu thu âwihho ziahna lamah ziah tel ve a ni ang. Amah dawrtute reng reng pawhin thu âwihna hi a dikin a finthlâk a ni tih entir sela. Thil zawng zawng hi dân hnuai a awm niin thu âwih lohna a tâwpah chhiatna leh tawrhna a thlen tihte hre

turin tanpui rawh se. Pathianin “In ti tur a ni lo,” a tih khan hmangaihna thu âwih lohna rah pumpel a, natna leh boralna ațanga min humhim nân min vaukhan a lo ni.¹

Rilru Chakna Chhawrin.—Fate zilhhauhna a tum ber chu a tisuatu ngeia kha a thil tihsual entir a, a duh thlanna siam țha tura tih a nih chauhin thlen theih a ni. Hei hi in tih zawh chuan ngaihdamna leh thiltihtheihna hnâr chu kawhhmuh rawh u.²

Mahni zirlaite hnena nutling patling zahawm tak tak leh thiltitheih tak an ni theih tih leh chutiang ni theih tura chakna an neihzia hriattir theite hlawhtlinna chuan chuai tih a nei tawh lo vang.³

Rilru Sûkthlêk , Sual Lam Awnnate leh Chin Țha Lote Siam Țhat.—Nu leh pate hna chu naupangte khap a, kaihhruai a, thunun a ni. Duh duha an fate an naupang duhzawng leh hisâp ang hrikthlâktir phalsak a, an rilru thlêk lam lam zui tura hnutchhiah tluka sual nasa an ti theih lo va; an duh ang anga intihlim theih tur emaw inti tur leh anmahni kawng zawh a, an nuam tihzawng leh kawm duh zawng apiang ûm tur emaw intihna rilru neihtir tluka thil dik lo an tihsak nasat theih a awm hek lo. Țhalaite hian anmahni zirtîra thununtu, an thil chin țha lo leh rilru țha lo bansantir a, an sual tihchâkna paihsak theih nu leh Pa an mamawh hle a ni.⁴

Setana Kulhpui Chu Tihchim —Nute u, in fate hmabâk chu engemaw chenah in kuta awm a ni. In mawhphurhna in tih loh chuan Setana pâwlah telhin midangte thlarau tiboral tura a thawhpuih in chhuah mai ang. Anih loh pawhin in thununna rinawm tak leh entawn tlâk tak mai chuan Krista hnenah a hrui theih a, an nin midang an hneh vele chhawng ang a, tichuan in hmanrua (in fate) hmang chuan thlarau bo tam tak chhandam an ni theih a ni.⁵

Uluk taka zawngin kan hmanraw thlahu chu i chhar leh ang u. Hmêlma pâ kulh chu chhu chhia ila. Kan hmangaih kan fate chu khawngaihna nena siam țhain hmêlma thiltihtheihna lak ata vawngim ila. Beidawng reng reng suh u.⁶

Nu leh Pate leh Pathian Thuneihna Zah Turin Zirtîr Rawh U—Naupangte chu an nu leh pate thu an âwih a, an chungâ thuneitute zahna châng an hriat thlenga zirtîr a, hrual a, thunun tur an ni. Hetiang kawng hian an thilungah van thuneihna zahna chu nemkâi a ni ang a, chhûngkaw inzirtîrna chu van chhûngkaw zinga tel tura inzirtîrna hmun a lo ni ang. Naupang leh tleirawlte zirtîrna chu sakhuana lama an mawhphurhna hlen theih tur zâwng kalpui ni sela. Tichuan chunglam roelnaa ding tlâk an lo ni ang.⁷

Hriatna zawng zawng hnâr chuan vanrama kan luh theihna tur chu hetiang hian a sawi, “A thupêk zawmtute chu an nihlawh e, Nunna Thing kal pawh theihna leh kawngkâte kal tlanga khawpui luh theihna an nei dâwn si a,” tiin (*Thupuan 22:14*). Pathian thupêk zawm hi vanram luh theihna a ni a, naupangte tân LALPAA nu leh pate thu âwih hi zirlai pawimawh ber a ni.⁸

Tih Luih Vang Ni Lo, Chêt Dân Dik Avang Zâwka Thu Awihna.—In fate chu an lak ațangin engge in duh chiah hrilh rawh u. In thu chu zawm ngei ngei tur dân a ni tih hre thiam rawh se. Tichuan chiang taka “Ti rawh.” “Ti suh” tih min hrilhtu Pathian thupêk zah dân in zirtîr a lo a ni ang. In fapaten an mahni nun phung pângngai ve reng ațanga thu an âwih chu tihluhna vanga an âwih âi chuan a țha fê zâwk a ni.⁹

Inrintawkna Thûk Tak Pakhata Zirlai.—Isaka chu Pathianin ti tura A tih avangin a pa hmangaihna kut khur hlawk hlawk chuan a phuar hlawm reng a. A pa rinawmzia a hriat avang chauhin Isaka chuan halral thil hlana inhlantir a inphal a ni.

He rinnaa Abrahama thiltih hi kan tâna ziah a ni. Pathian thil phût chu hrehawmin harsa mahse rin tur a nihzia zirlai ropui tak min pe a; naupangte chu an nu leh pate leh Pathian laka intulût hmiah turin a zirtîr bawk. Abrahama chanchin ațang hian Pathian pêk atân engmah hi hlu lutuk a awm lo tih zirtîr kan ni.¹⁰

Ṭhalaite Chu Ring Tâwk Ila, An Rinawm Ve Mai.—Ṭhalaite chu an rilru-ah rin tâwk an hlawh tih tuh tur a ni. Zahawm ve tâwka inhriatna an nei a, zah pawh an phût a, chu chu an chanvo a ni reng a ni. Naupang chuan lût chhuak thei lo, an mahni pindanah takngial pawh vên loha ṭhu sawn thei lo, hêk tuma lo mitmei reng awm anga an inhriat chuan an rilru a beidawng a, an hun kal tawh ngaihna reng an nei lo vang. Hetianga in enthlâk rengna ang chi hi nu leh pate enkawlna pângngai piah lam, chu âi pawha chhe zâwk daih chu a ni; nu leh pa fing chuan remhre takin pawn langa thil lan dân piah lam chu an hre thiam a, ṭhalaite châk zawng emaw thlêmna thahrui emaw phena an mahni tur et ettu chu an hmu pha bawk a, tichuan sualna do turin rem an ruat ṭhin. Mahse hetianga invên khur reng mai hi tihdan phung pângngai a ni lo va, a vên tum ber sualna chu a siam chhuak zâwk a ni. Ṭhalaite hriselna chuan insawizawi te, hlim taka nun te, leh anmahni hual veltu boruak nuam takte a mamawh a; chûngte chu taksa hrisel nân leh nungchang fel leh inhmeih tak insiamna tur an ni.¹¹

Mahni Inenkawlna Nge, Thuneihna Pumhawmna Zawk.—Chhûngkaw tam taka naupang ṭhenkhat chu thununna hnuaia an awm laia fel awm tak an awm a; mahse an mahni phuatu thununna a kian vele mahnia engmah tithei lo, ngaihtuah thei lo leh thutlûkna siam thei lo ang maiin an awm si a ni. Heng naupangte hi enkawlna khauh tak hnuaiah an mahnia an tihve awm ngawih ngawihah pawh mahni thua engmah an tih ngam lohnaah an awm rei lutuk a, mahnia thutlukna siam turin an inring tâwk tawh lo va, an mahni ringawt chuan ngaih dân pawh an nei ngam lo. An nu leh pate hmuh phâk loh, anmahnia thutlûkna siam ṭulna hmuna an awmin hrui sual an awl em em mai a ni. Nungchang nghet an nei lo va. A rang thei ang ber leh a ṭulna apianga mahnia ngaih dân siam ngam tura enkawl an ni lo va, chuingin an rilru chu a nih dân tur ang taka tihngheh a ni lo. An nu leh pate thu hnuaiah an kûn rei lutuk bâkah an chungah an inngat rei a; an nu leh pate rilru leh ngaih dân chu an ṭawmpui duam zel ringawt mai a ni.

Hemi kan sawi rual hian tleirawlte chu an nu leh pate leh zirtirtute râwn lova thutlûkna lo siam ve zung zung tura dah mai mai tur chu an ni hauh lo. Naupangte chu mi thil chinchâng hre tawhte ngaih dân zah thiam a, an nu leh pate leh zirtirtute kaihhruainaa awm turin zirtir tur an ni. An nu leh pate leh zirtirtu rilru ang an lo put theih nân zirtir ni sela, an thurawn ngaihthlâk ṭhatzia te pawh zirtir ni rawh se. Tichuan an nu leh pate leh zirtirtute lak aṭanga an tal hran hnûah pawh an nungchang chu luang thli chhêm nghin ang mai mai chu a ni lo vang.

Naupang zirtirna khauh tak, an phâk tâwk ang leh rilru chim phâk tâwk anga an mahnia ngaihtuah leh thilti tura kaihhruaina awm leh mumal si lo chuan rilru leh nungchang lama mi chak rual a siam chhuak ṭeuh dâwn a ni mai a. Khawvel zau zâwkah mahnia thiltih a lo ṭulin ransa ang leka zirtir, lehkha thiam tak tak lo an ni tih an tilang ang. An duh thlanna pawh chu kaihhruaia awm lovin an nu leh pate leh zirtirtute thununna khauh tak mai hnuaiah tihluinhna awmtir a ni. Mahse mahnia ngaihtuah a, mahnia thilti thei tura zirtirna chuan ngaihtuahna lamah hma sawn tirin, mahni indahsanna an nei ang a, thil tive thei tawka inngaihna leh inrintawkna an nei ang.¹²

Mi Pakhat Rilruin Midang A Thunun Ṭhat Lohnate.—Nu leh pate leh zirtirtute zingah an enkawlna hnuaia awm naupangte rilru leh duh thlanna an thunun hnehzia uanpuitute chuan tihluinhna leh hlauhna avanga an thunun theih naupangte hma lam hun chu hmu thei se an uang zawm lo Chiang ngawt ang. Heng naupangte hi hring nun mawhphurhna tak tak phur tura buatsaih an ni lo va. An nu leh pate leh zirtirtute thu hnuaia an awm loh hnu, anmahnia ngaihtuah a, thil tak tak ti tura tihluih an nihin kawng dik lo an zawh deuh zel a, thlêmna chak tak mai hmâah chuan an tlâwm leh mai ṭhin. Mihring nun hi an hlawhtlin pui lo va, chu an chak lohna chu an sakhuana nunah pawh hmuh theih a ni. Naupang leh ṭhalai zirtirtute chuan an thununna ṭha lo tak maiin a rah chhuah tur chu an hma-ah ziaka dah ni se chuan an zirtir dân kalhmang chu an thlâk ngei ang. Mahni naupangte rilru leh duh thlan theihna thunun hneh intih vanga lâwm tak zirtirtute chu a hun laiin fak hlawh hle mah se zirtirtu hlawhtling ber berte an ni chuang lo.

Pathian chuan mi pakhat rilru chu midangin thunun tlat se tiin rem A ruat ngai lo. Mi, an hnuaia zirrite rilru leh duh thlanna leh chhia leh ṭha hriatnate an mahni ang anga awm a,

thunun tlat tumtute chuan mawhphurhna hlauhawm tak an inbel tihna a ni. Hetiang thununna hnuai inzir chhuak mi thiamte chu engemaw thilah chuan sipai tha tak angin an lang ang a. Mahse khuahkhirhna lâk kian a nih veleh anmahnia nun ze nghet awm ve chuan mahnia thiltih theihna an tlachham tih hmuh a ni ang.¹³

Thiam Tak leh Dawh Thei Taka Beihna Atingin.--Thalaite nungchang siam tha tur chuan thiam tak leh dawhthei taka beih a ngai a ni. A bikin thlahtute atanga sualnain a delh chung a lo piang leh nu leh pate sualna rah seng saa piangte chuan an rilru leh an finna peng hrang hrangte siam thaa tichak turin enkawl nasat an mamawh zual bik hle. Nu leh pate mawhphurhna chu a dik tak chuan a rit hle a ni. Sual lam awn tlatna rilru chu fimkhur taka khuahkhirh a, zaidam taka zilh baw a, an rilru chu kawng dik lam hawi tura chawh phur tur a ni. Naupang chu mahnia inenkawl theih tum tura fuh ni sela. Heng zawng zawng hi hmangchang hre taka tih a nih loh chuan kan thil tum ber chu a tawlh palh ang e.¹⁴

1. Education, p. 287
2. *Ibid.*, p. 291.
3. Fundamentals of Christian Education, p. 58.
4. Manuscript 12, 1898.
5. Signs of the Times, February. 9, 1882.
6. Review and Herald, July 16, 1895.
7. Review and Herald, Mar. 13, 1894.
8. Manuscript 12a, 1896.
9. Review and Herald, Sept. 15, 1904.
10. Testimonies for the Church, vol. 3, p. 368.
11. Fundamentals of Christian Education, p. 114.
12. Testimonies for the Church, vol. 3, pp. 132, 133.
13. *Ibid.*, pp. 133, 134.
14. Christian Temperance and Bible Hygiene, p. 138.

BUNG 42 THUNUNNA LEK TAN HUN TUR

Naupang Thu Awih Lote Hi Hun Hnuhung Chhinchhiahna An Ni.—“Ni Hnuhung’ chhinchhiahna pakhat chu naupangin an nu leh pate thu an awih lo hi a ni. Nu leh paten an mawhphurhna an hria em le? Tam tak chuan an fate veng uluk hle tur an nihna hi an hmuhthelh a, sual chakna uma an thu awih loh pawh an phal a ni.¹

Naupangte hi LALPA ro an ni a, chuvangin nu leh pate hian LALPA kawng zawh tura an zirtir loh chuan an mawhphurhna urhsun tak chu an ngaihthah tihna a ni ang. Tin, naupangte chu mi satlah, thu awih lo, hawihhawm lo, mi buluk, lawmna chang hre lo, thianghlim lo, mi ti thawt thawt, rilru pir, Pathian hmangaih aia tisa nawmna ngaina zawk nise tih hi Pathian tum dân leh duhdân a ni hauh lo. Bible chuan hetiang vantlang nun hi ni hnuhung chhinchhiahna a ni ang a ti.²

Nu leh Pa Inthlahdahte Vanrama Awm Tlak An Ni Lo.—Vanramah chuan engkim mai hi a fel thlap a, an inrem em em vek mai a ni. Nu leh paten leia an fate hi thuneihna famkim hnuai dah dân an ngaihsak tawk loh chuan engtin nge muanna leh inremna khawvela vantirrhkoh thianghlimte zingah chuan awm ve tlak ni tura an beisei theih ang?³

He lei hring nun inthununna leh mumal taka khawsak hona ngainêptute chuan vanrama thil fel thlap maite chu an zah chuang hauh lo vang. Chuta lut tlaka ngaihte chuan inthununna zahin mumal taka thiltihte an ngainat dawn avangin chutiang ngai thei lote chu luhtir an ni dawn lo. He leia kan nungchang hian kan hmalam hun a hril dawn a. Krista lo kal chuan tu nungchang mah hi arawn tidanglam dawn lo. Nu leh pate hian an fate thatna tura an mawhphurhna reng reng engmah ngaihthah suh se. Khawtlang tana malsawmna an nih theih nân leh chatuan nunna an chan theih nân enkawl rawh se.⁴

Thununna Lek Tan Hun Tur Chu.—Naupangin duhzawng leh kawng zawhtur a thlan theih tantirh ațangin thununna chu lek nghal tur a ni. Hei hi zirna inthup te pawh a tih theih ang. Chuta țang chuan hna chak zâwk leh langsar zâwk chu țan leh theih a ni. Heta mawhphurhna lian ber chu nu chungah a innghat a. Nausên enkawl hmasa bertu a ni a, a fain nun ze mâwi tak leh chak tak mai a neih theihna tura puitu tur zirna lungphum chu ama phûm tur a ni. Nausên mai nia langte chu an ngên ngawl fû mai țhin a. Hei hi thuneitu fîng zâwkte thununna hnuaiia dah a nih loh a, naupang duh dân țha lo zâwk chu a lal a nih chuan Setanan an rilru a thunun a, a duhzawng rem turin nausên nungchang chu a duang țhin.⁵

Naupangin mize kawi deuh mai an neih thlenga thununna leh zirtîrna ngaihthah chu mahni hmasial tak, thil phût tina tak leh nelawm lo tak maia an țhanlen dâwn avangin an chungah thil tihsualna nasa tak a ni. Mi tân kawm an nawm loh em avang leh miin an kawm țhat peih loh avangin nuam tih tak tak an nei lo. Chuvangin nû hna chu an fate la têt hle laiin ințan sela, Setanan an fate rilru leh mizia a thunun theih nân hun chhe tê pawh pe suh se.⁶

Sual Chu A Lo Lan Veleh Namkir Zêl Rawh U.—Nu leh pate u, in fate chungah thunnuna chu in malchunga in pawm lâi ațang khan lek țan tawh rawh u. An duhzawng pawh in duh anga awm turin zirtîr ula. Hei hi duhsak bik nei miah lo leh in ti mai mai lo tih lantir chungah tih theih a ni. Nu leh pate chuan an rilru chu in thunun hneh hle tur a ni a; nê̄m tak si, titakzêt siin naupang rilru chu an nu leh pate duhzawng ni lo thil dang an beisei ngam loh thlenga kawih her ni rawh se.

Nu leh pate chuan a hun takah an țan țhin lo. Naupang lung âwih lohna lang hmasa ber chu hneh a ni lo va, tichuan naupang chu a lo luhlul a, chu chu an țhanlen pui a, an taksa a chak poh leh an luhlulna chu a chak ve zel țhin.⁷

“Hrem Tham An La Ni Lo.”—Elia khan chhûngkaw inawpna tura Pathian dân zam angin a chhûngkua kha a awp lo va. Ama duh dân dânin a ti mai mai a ni. Pa zâidam tak chuan a fapate sualna leh dik lohna chu an naupan lâi ata a haider a, an rilru țha lo tak chu an upat hunah an la sim ve mai ang tiin a inhnem chawp țhin. Hetiang hian mi tam takin an tisial ve mêk a ni. Bible-a Pathianin naupang enkawl dân tur A sawi aia țha hi hriain an inhre tlat mai a. An rilru sūk thlêk dik lo tak mai chu chawm lianin tihian chhuanlam an siam a, “Hrem tham an la ni lo. An len deuh hnu, thil chhia țha hrilh rual an nih hun nghâk rawh,” tiin. Tichuan thil chin dân țha lo tak mai chu nunphung nghet a lo nih thlenga khawingamin a lo awm ta țhin a ni. Naupangte chu khuahkhirhna awm miah lo, anmahni tâna an damchhunga anchhia ni thei leh midangte kai theih nungchang țha lo neiin an lo țhang lian ta țhin a ni.

Nu leh paten an fate duh apiang an zah sak a, an kawng hriat apiang an zawhtîr țhin hi an țhatna tur a ni lo; naupangte chuan nu leh pa an zahna te, Pathian leh mihring an zahna zawng zawngte an hloh a, Setana salah man ngheh an lo ni mai țhin.⁸

In Chhûnga Inthununna Chu Thil Danga Inzirna Aiin Ngaipawimawh Rawh—Mi tam tak chuan rawngbawltute, zirtîrtute leh mi hmingthang ho fate chu entawn tlâk an ni em tiin an thlir a, heng mi fel, fate enkawl țha thei zâwk awma langte pawh hi chhûngkaw enkawlina kawnga an hlawhchham chuan dinhmun chhe zâwka dingte tân phei chuan fate enkawl țhat chu beisei loh law law mai chi a ni an ti a. Thil chin fel ngai ta ber chu—Heng mite hian an fate chu an chanvo—entawn tur țha te, zirtîrna rintlak te, leh khuahkhirhna țha te an pe em? tih hi a ni. Heng thil ngaihthahna avang hian nu leh pate chuan vantlâng hnenah naupang rilru kim chiah lo, khuahkhirhna ngai thei lo leh thil tak tak tih nachang hre miah lo an pe a. Hetiang hian an thil tih țhat zawng zawng a hliah ta țhin a ni. Chung naupangte chuan tum renga an sualna chu an thlahte thlengin an chhawmtir a, chumi rualin an nun dân țha lo tak leh mi an hneh theihna boruak chuan khawtlâng nun a tibawlhhlawh a, kohhran a tibuai baw. Mi chu eng anga ropui leh țangkai pawh nise fate ngaihthaha thil dang ûmtu chu Pathian tân emaw, khawvel tân emawa thawk țha-ah kan ngai thei lo.⁹

Van Tanpuina Tiam A Ni—Pathian chuan inthununna dik leh tha chu mal a sawm ang. Mahse “keimah lovin engmah inti thei lo” Kristan a ti. Van mite chuan mahni fate zirtirna ngaihthah a, nousen rilru Setana pe phal a, Thlarau Thianghlim hnathawh do nana thalaite rilru hmantir phaltute chu an thawhpui thei lo.¹⁰

1. Review and Herald, Sept. 19, 1854.
2. Signs of the Times, Sept. 17, 1894.
3. Testimonies for the Church, vol. 4, p. 199.
4. *Ibid.*, p. 429.
5. Letter 9, 1904.
6. Manuscript 43, 1900.
7. Testimonies for the Church, vol. 1, p. 218.
8. *Thlãhtubul leh Zãwlnete*, p. 709.
9. Signs of the Times, February. 9, 1882.
10. Manuscript 126, 1897.

BUNG 43 CHHÛNGKUA A INTHUNUNNA

Chhûngkaw Inthunun Tha leh Fel Thlap Chu—Kristian inti te mawhphurhna chu khawvel hnena chhûngkaw inthunun tha leh fel thlap mai—Kristian sakuana dik tak thiltih theihzia entirtu hmuh tir chu a ni.¹

Fing taka naupang zirtir leh hual hi thil awlsam a ni lo. Nu leh paten an fate hmãa LALPA tihna leh roelna dah an tum hunah harsatna a lo thleng ang. Naupangte chuan an thinlunga sual chãkna awm chu an tilang a. Mahnia tal hran chãkna te, khuakkhirhna leh thununna an ngaihtheih lohzia te an tilang bawk thin. Dawt sawiin mi an bum fo bawk. An sualate avanga hrem a hnẽka thil awmzia dik tak hriat hlauva mit tidel lui tlat nu leh pa an tam lutuk ringawt. Tichuan naupangte chuan mi bum an chin thin chu an ching zawm zel a, Pathian pawm theih loh nungchang an lo nei ta thin a ni.

Pathian Thua tehna sang tak hi an fate zirna chungchang khauh taka thil kalpui duh lotute chuan an hnawl a. Nu leh pa tam tak pheh chuan mawhphurhna a pek nasat lutuk avangin Pathian thua tihdan tur nghet leh thianghlim chu an duh loh phah bawk. Mahse thil kal zel dân tur hmu phãkte chuan LALPA kawng chu a tha ber a, himna leh himna kawng chu A thu awihnaah a awm tih an lantir ang.²

Naupang Khuakkhirh Hi A Awlsam Lo—Tunlai kan khawtlang nun en hian nu leh pate tân fate khuakkhirha Pathian roel dân dik taka huala zirtir a harsa hle mai. An fate chu Pathian thupẽk rem leh hmanlaia Abrahaman a chhûngte a uap hneh anga uap kha tum se chu an fate chuan an nu leh pate chu a lova luakchhuaka fimkhur, tul lova mi phut chingah an ngai daih ang.³

Inkhuakkhirhna Chungchãnga Ngaih dân Dik Lo Chu.—Nu leh pate u, Pathian malsawmna in dawn duh chuan Abrahaman tih ang khan tive ula. Sualna chu hnarin thil tha chu phur takin ti rawh u. Naupangte tha tihzawng leh an duhzawng ngaihtuah lêm lova thupẽk a tul chang te pawh a awm ang.⁴

Naupang chuan thil han duh phut chang an nei a, chutiang anga an awm kan phal zel chuan chhe zel tur leh sual thiam hle sê kan tihna a ni. Nu leh pa fing chuan an fate chu “In duh duhin awm ula; in duh duhnaah kalin in duh duh ti rawh u,” ti lovin, “LALPA zirtirna chu ngaihthla rawh u,” an ti zãwk ang. Chhûngkaw nun mawina chu tihchhiata a awm loh nân in enkawlina dân fing tak mai chu zam a, kenkawh ngei tur a ni.⁵

Akana leh A Chhûngte Boralna Chhan.—Eng vangin nge Akana leh a chhûngte zawng zawng kha an boral tih in ngaihtuah ngai em? Pathian dân tehna sãng tak chu pek niin chu miin a kawh tum lam hawia an inzirtir loh vang chu a ni. Akana nu leh pate chuan an fapa chu

Pathian thu awih kher lo tura inti thawveng turin an zirtîr a. A nunphung nget tak mai chuan a fate pawh a tibawlhawh a. An rilru a inhmu a, tichuan he hremna hian kha bawhchhiatna-ah khan an inhnamhnawih vek tih a tilang a ni.⁶

Nu leh Pate Lainatna Mittel, Inzirtîrna Daltu Lian Ber—Nu leh paten fate an ngaihthahna soal hian khawvel a huap ta a ni ber e. Leilung dâna kan zawmpui hmangaihna avanga mitdelna hi a awm zing lutuk a ni. He hmangaihna mittel hi kal thui pui a ni ta lutuk a; finna leh Pathian tihna meuh pawhin a inbûk tâwk tir hlei thei lo. Fate hmangaihna avanga mit delna hi naupang zirtîrna daltu lian ber a ni. LALPAN thununna leh zirtîrna a phût tihhlawhtlinna a dal a. A châng pheï chuan he hmangaihna mittel avang hian nu leh pate chuan an hmangchang hriatnate pawh an hloh hial niin a lang thei. Misual khawngaihna nê̄m tak ang a ni—hmangaihna hminga soal inthup ru chu. A rûka thil awm, hlauhawm tak chhiatna lama naupangte phur thlengtu chu a ni.⁷

Nu leh pate hi an fate an hmangaih avanga an mit delna chu Pathian dân zawm loh phah nân an hmang mai ang tih hlauhawm tak dinhmunah an ding a ni.⁸

Naupangte Awmdan Turah Nu leh Paten Mawh An Phur—In chhûngah zirtîrtu an nih anga nu leh paten engmah ti lova, an fate chu an duh duh ang anga awmtir an phal a, an kuta thuneihna an neih a, soal kawng an zawh pawha an en liam mai mai chuan an fate awm dânah chuan mawh an phur ang.⁹

Mi, mahni ngaih dân zui a, fate laka mit tidel a, an mahni châkzawng ûma hrik thlâk tir baw, an soalna zilha an t̄hat lohna siam t̄ha tura Pathian thuneihna hman tir lote chuan Pathian aiin an fâ soal tak tak te chu an chawimawi zâwk tih an lantir a. Pathian chawimawi aiin an hmang mawina hum an duh zâwk a, Pathian tihlawm aiin an fate tihlawm an duh zâwk tihna a ni.

Thil t̄ha lo do tura huaisenna nei hlawl lo emaw ngaihsak lohna avang leh zawmthawtna avanga t̄hahnemngai taka chhûngkua leh Pathian kohhran tlen fâi tum hauh lote chu an mawhphurhna an hlamchhiah avanga thil t̄ha lo lo thlengah chuan mawhphurhtir an la ni ang. Nu leh pa thuneihna emaw pastor thuneihna emaw hmanga midang soal tur kan dân theih reng chu kan dang lo a nih chuan kha soalah khan mawh kan phur a ni.¹⁰

Thleibîknei Tân Hmun A Awm Lo.—Nu leh paten an fate an duhsak bik t̄hin hi thil kalphung pângngai a ni. A bikin heng nu leh pate hian mi aia engemaw theih bik riauna neia an inhriat chuan an fate pawh naupang dangte aia fel turah an ngâi t̄hin a. Tichuan mi faten an tiha an duh loh em em tur kha an faten an han tih chuan an hmu nalhin an hmu fing em em lawi si a ni. Hetianga induhsakna hi kalphung pângngai ni mah sela a dik lo va, a Kristian lo baw. An dik lohna siam t̄ha lova a kal tir zel kan phal hian kan fate chungah thil kan tisual nasa hle tihna a ni.¹¹

Sual Remin Awm Suh—Pathian sawrkar khi soalna nen a inrem ngai lo tih chiang taka lantir tur a ni. Inah emaw sikulah emaw thu âwih lohna chu ngaihnam mai mai tur a ni lo. Nu leh pa emaw zirtîrtu emaw pawh nise a enkawlina hnuaiia awmte t̄hatna duhtu chuan hotute thuneihna ngainê̄ptu luhlulna leh mahni thu duhna emaw thu âwih lo tura pumpelna zawn emaw chu a ngâizam mai mai lo vang. Soal zê̄p kual tirtu chu hmangaihna ni lovin rilru nona a ni a, chu chuan a tâwpah chuan thil t̄ul tak zâwka aiin chumi aiawhtu chu a pawm zâwk t̄hin. 12

Tunlâi chhûngkuaah hian thu âwih lohna leh mahni nawmsakna ûma tlanna a tam lutuk bâkah naupangte miziaa thil t̄ha lo ber mai siamtu mi chaldelna leh thunei riauva inhriatna chu a va tam em! Nu leh pate chuan engemaw châng chuan an hma ngâi miah lovin an han zilh ve baw naa chu chuan an nun a tihrehawm a, tichuan an pa te, an nu te, an unaute an zahna zawng zawng pawh a lo bo phah ta zâwk a ni.¹³

Nu leh Paten Nunphung Dik An Hre Thiam Lo.—Nu leh paten Pathian pêk thuneihna an hman thiam lohzia hmuh hian a lungchhiat thlâk a ni. Thil danga fel tak tak leh fing awm tak take pawh an fate zirtîrna dân t̄ha leh nget hriat thiamna kawngah chuan an hlawhchham der

nia. Rilrua tawn hriat la nei lo naupang, khawi hmunah pawh an tawn theih anmahni hneh theitu boruak hlauhawm hre thiam tham lote kawng dika hruai a tul lâi tak, kaihhruaina dik leh thutlûkna nghette mamawh an nih lâi takin chutianga kaihhruaina tha chu pêk an ni si lo.¹⁴

Mihring chhûngkuua tawrhna nasa ber chu nu leh paten anmahni ngaihtuahna leh ngaih dân tha lo tak mai zawh tura Pathian remruatna an pensan avangin a lo thleng a. Nu leh pa tam tak chuan an rilru thawk thut chu an zui mai mai a. Tûn leh nakin huna an fate thatna tur chuan thununna fîng tak a mamawh tihte an theihngihl bawk.¹⁵

Inenkawl Thiam Loh Vanga Chhuanlam Siam Pathianin A Pawm Lo—Nu leh pate thununna dik lo avanga naupangte helna hi a tam ta lutuk e. Kawng dik zawha tih nise zawng naupangte chuan nungchang tha tak leh inrem tak an nei ang maw le.

Nu leh pate hian an fate thunun leh zirtîr tura thiltitheihna an neih chu Pathian tân hman rawh se. Thianghlim tak, dik tak leh ngil taka thu âwih turin nu leh pate chu A phût a. Thil dang chu a pawm thei lo. Naupang enkawl thiam lohah chhuanlam engmah pawm a tum lo.¹⁷

Pianpui Luhulna Thlarau Hneh Rawh—Naupang thenkhat chu midang aiin an luhlul sa hrim hrim avangin thununna-ah an tlâwm mai mai lo va, tichuan mi tâna nêlawm lo tak leh thurual pui theih lohah an insiam ta thin a ni. Hetiang nungchang nei naupang enkawl tura nu chu a fîn tâwk loh pheh chuan thil lungchhiat thlâk takin a zui ang; a chhan chu chutiang naupang chuan an chhiatna kawng an zawh dâwn vang a ni. Mahse naupang tân luhlul duhna rilru neih chu an naupan lâi chauh ni lo an lo len deuh hnu-ah pawh a va tha lo em! Naupan lâia inremna an tlâkchham avangin nutling patling an nih tawh hnu-ah pawh naupang khuahkhirhna lama hlawhchham nu ber huatna leh ngeina an la nei reng a ni.¹⁸

Naupang Hnenah, “Engmah Ka Tihpui Thei Hrep Lova Che,” Ti Suh.—In fate beng hriatah, “Engmah ka tihpui peih hrep lova che u,” tih miah loh tur a ni. Pathian lalthutphah kan pawh theih chhûng chuan nu leh pate chuan chutiang thu sawi chu inzahpui rawh se. Isua hnenah dil ula, A hnena in fate hruai turin a lo tanpui ang che u.¹⁹

Chhûngkaw Inawpna Hi Taima Taka Zir Tur.—Nu thenkhatin midang anga an chhûngkuua an awp fel theih loh thu leh an neih ve loh *talent* mak bik a nih thu an sawi ka hria a. Hemi chungchanga an fel tâwk lohna inhre chhuakte chuan chhûngkaw inawpna dân hi taima takin zir rawh se. Mahse chuti chung chuan mi thurawn tha leh hlu tak takte chu ngaihtuah Chiang lo leh thliar hrang hmasa lova hman ngawt tur a ni lo. Nu zawng zawng harsatna leh chhûngkuua naupang zawng zawng mize danglam tak tak chu ang khat vekin a sukiang thei kher lo vang. Nu ber chuan midang thil tawn tawhte chu uluk takin zir sela, an tihdan leh a tihdan danglamnate chhinchhiahin tha ber tura a hriat chu enchhin rawh se. Thununna dân pakhat chuan beisei anga rah a chhuah that loh chuan thil dang enchhin leh se, engge a an chhinchhiah rawh se.

Nute chu thil dang zawng zawng aiin thil zir leh ngaihtuahnaah an inhman tam tur a ni. Hei hi beidawng lova an zir reng peih chuan an famkim lohna nia an inhriatna-ah khan finna leh hriatna an lo nei tih leh an fate nungchang siam dik turin an inzir mêk a ni tih an inhre mai ang. Hemi hnaa tha leh ngaihtuahna an sên rah chu an thu âwihnaah te, an tlâwmna-ah te, an felna leh thianghlimnaah hmuah a ni ang a, an beih hahna zawng zawng chu nasa takin a rul lêt ang.²⁰

Fate Thununnaah Nu leh Pate Inthurual Tur.—Nu chuan a fate rilrua Kristian nun dân tha lungphûm phûm tuma a beihnaah a pasal chu a thawhpui reng tur a ni. Pa chuan a fate sualna chu inzilh a nawm loh avang ngawtin haider suh se.²¹

Naupang rilru-ah chuan nunphung dik leh nghet chu tuh ni rawh se. Thununna lekkawh chungchanga hian nu leh pate an tanrual chuan naupang chuan amahah engge an beisei tih a inhre thiam mai ang. Mahse pa berin tanngkam leh hmêl lan dâna nu ber zilhna chu a pawm lo tih a lantir a, a khawng lutuka a hriat a, fate duat leh thlah zalen lama a lo ramtan chuan

naupang chu a chhe vek a ni mai. A khawngaihtu zâwk nu emaw pa emaw chuan bumna a hmang ang a, tichuan naupang chuan a duh duhin a awm thei tih a hre thuai mai ang. An fate chung a hetiang sual titu nu leh pate chu an fate thlarau boralna-ah chuan mawhpurhtir an la ni dâwn a ni.²²

Hmangaihna Boruak leh Thuneihna Inkawp.—In in chhûngah ni a lo ên theih nân van khawngaihna êng chuan in nungchang chhun êng sela. Thlamuanna te, ɽawngkam mawite leh hmêl hmuh nuam takte lo awm bawkw rawh se. Hei hi hmangaihna mitdel a ni lo va, âthlâk taka inkhawralna leh sual tingampatu, nunrâwnna nunrawng ber a ni lo va, hmangaihna suak, naupangte an rilru danglam ang anga an nu leh pate thunun tirtu ang hi a ni hek lo. Nu leh pain fate an thlei bikna ang te, inawpbeh tlatnate hi a awm tur a ni lo va; hmangaihna boruak leh nu leh pate thuneihna inkawp chuan chhûngkua chu thiltihdan hmang dik tak a neihtîr ang.²³

Inthununnaah Chuan Pathian Mizia Lantir Rawh—Bible zirtîrna kengkawh turin ding nghet ula, inhre Chiang rawh u. Mahse zauthau lutuk tur a ni lo. In fate hmuh laia in ɽeu thin viau a, awm lo lutuka in chêt chuan chutianga awm ve tur chuan in zirtîr tih hre reng ang che u. Pathian chuan in fate zirtîr a, in fate thununnaa zirtîrtu fing, Pathian thununna hnuaiia awmin mi kaihhruai thiamna a neih ang zawng zawng la lût turin a phût che u a ni. Mi tidanglam thei Pathian thiltihtheihna chu in chhûngkuaah hman a nih chuan, nangmahni ngei pawh kha thil zir chho rengtu in ni mai ang. Krista nungchang âi chu in aw h ang a, hemi kawnga in beihna chuan Pathian a tilawm ang. LALPA chhûngkaw *member* zinga a naupang lamte in thawhsak tur chu ngaihthah suh u. Nu leh pate u, in chhûngkua-ah êng in nih kha. In êng chu ɽawngkam nelawm tak leh aw ki nê m tak hmangin lo êng chhuak rawh se. An thin kheitu apiang chu Pathian hnena mahni inthunun theihna dilin lâk chhuahsak ula. In êng rawn en thlithlai turin in in chhûngah vantirhkohte an rawn lêng ang. In fate in thununna chu fel tak leh dik taka enkawl in chhûngkua atang chuan chak tak leh fiah takin khawvelah a luang chhuak dâwn a ni.²⁴

Nunze Dik Atangin Pên Miah Loh Tur.—Hmanlai chuan nu leh pate thuneihna hian zah a hlauh khawp mai; naupangte chu an fate thuhnuaiah an kûn tawp a, an hlauvin an zah em em a ni; mahse tun ni hnuhningah erawh hi chuan thil awm dân a letling ta daih mai. Nu leh pa ɽhenkhat chu an fate thuhnuaiah an awm ta zâwk mah mah a. An fate duhzawng kalha awm an hlau va, a tlâwm zâwkah an ɽang der mai. Mahse naupangte chu an nu leh pate ina an la awm a, an chung a an la inngah phawt chuan nu leh pate thuhnuaiah an awm ngei ngei tur a ni. Nu leh pate chuan thil engkima thunei neiin dik nia an hriat chu zawm vek tur ti rawh se.²⁵

Thu Awih Lo Lui Lakah Chuan Che Na Ve Deuh Rawh—Nu leh pa inthlahdah, thil ngaihzam chingho chuan an tlanbo hlauvin an fapa luhlul deuh deuh te chungah chuan thuneihna an lek ngam lo. ɽhenkhat tân chuan in chhûnga awm a, nu leh pate thawh chhuahsa rin a, mihring leh van thuneihna zawng zawng rahbeh aiin tlanbo a ɽha zâwk daih a ni. Mahnia awm hran châk tlat mai tleirawlte chuan khawsak hautakziate hi han hre ve law law sela a hlâwk bawkw. Tlan bova mi vau ching fapa nei chuan heti hian ti rawh se, “Ka fapa, dân fel tak hnuaiia awm ninga kal bo i tum tlat chuan kan dâl lovang che. Nausên lâi atanga pawm tleitu che i nu leh pate aia khawvel i thlahlel zâwk anih chuan i thil hriat lohzia hi zir mawlh rawh. Kan thu âwih duha i rawn kir leh a nih erawh chuan engtik lâi pawhin kan lo lawm ang che. Mihringte hi inzah tawn tur kan ni. Nu leh pate enkawl na leh ei leh in, silh leh fen i neih avangin chhûngkaw inenkawl na dân leh inthununna ɽha zawm hi i bat a ni bawkw. Ka in chhûng hi meizial rim chhia te, ɽawng bawlhhlawh leh pentawng rim nena tihbawlhhlawh atân ka phal lo. Pathian vantirhkohte chu ka inah hian lo lêng se ka duh avangin Setana rawngbawl zel i la tum ɽalh a nih chuan i anpuite chu chhûngkua-ah va siam mai rawh,” tiin.

Hetianga tih hi ni se mi sâng tam tak nun hniam zel tur chu dan theih a ni ang. Mahse naupangte chuan eng ang pawhin awm sual se an nu â takte chuan an hlauhtlawm ang a, an sualnate chu an thupsak dâwn tih an hre lâwk vek thin. Fapa hel tam tak inulin nachhan pawh nu leh paten an khuahkhirh ngam loh vang a ni. Thu âwihna chu an lekkawh ngam tlat lo.

Chutiang nu leh pa chuan an fate chu a tlaran zâwnge che zel tur leh an inkhawhral dân âthlâk taka Pathian tihmingchhe zêl turin an fuih tihna a ni. Heng tleirawl hel hmang leh bawhlhlawhte hi sikul leh college-ah pawh a sual sual an ni.²⁶

Thil Tha Tih Ning Suh—Nu leh pate hna hi tâwp ve mai mai chi a ni lo va. Ni khat lek khauh deuha rik phut a, a tûka zuai lehngal mai chi a ni hek lo. Mi tam tak chu hna tan turin an inpeih reng a, mahse an peih rei lo tlat. Inpêkna sâng tak nena thil ropui tak tih hluai an châk a; mahse ni tin nuna thil tê tham tê tê anga lang; awm eu châk tlatna rilru hruai leh thawlh reng mai te, thil kalmang inkawhmuh te, inzilh leh infuih ngâi reng mai te chu a tûl angin an peih rei thin lo. An fate chu zawi zawia hmasawn lo va vawilekhata fel thut tur leh insiam tha thut a, vawikhat zuanna tlâng chhip thleng nghal turin an duh a; mahse an beisei angin thil a lo awm si lo va, tichuan an beidawng leh thin. Chutiang mite chuan tirhkoh thusawi hi hre rengin infuih nân hmang rawh se: “Thil tha tih i ning lo vang u, kan chauh loh chuan a hun takah kan seng dâwn si a,” tih hi [*Gal 6:9*].²⁷

Sabbath serh naupangte chuan khuahkhirhna ngai thei lovin nu leh pate chu khauh lutukin an hre thei a, an rilru a nân an lungawi loh thei a, an tun hun leh an nakin hun leh an chatuan nunna thlenga thawhsaktute do zâwnge rilru put mai pawh an duh thei a ni. Mahse kum han liam leh hret sela an nu leh pate chu an fir em avang leh engmah an hriat tham tak tak hmaa rinawm taka an lo enkawl avang khan mal an sawm lêt duh zâwk ngei ang.²⁸

Pathian Thu Atingin Ti Tawh Lo Tura Vauna Chhiar Khum Rawh—Naupang an lo sual chuan nu leh pate chuan an inngaihbel ngei tur vauna chu zâidam takin Pathian Thu atangin chhiarsak rawh se. Thlêmna te, fiahna te lungngaihna te an tawh laiin thlamuanna thu hlu tak takte chu chhiarsak ula, Krista an rin theih nân zâidam takin kaihruai ang che u. Tichuan tleirawl thinlung chu thil thianghlim leh ropui lamah hruai a ni ang. Hring nuna harsatna nasa tak awm thin te, Pathian leh mihring indawrnate hi an hriat thiam tâwk tura phelh an nih chuan chhia leh tha hriatna sawizawi a ni a, ngaih dân siam a lo ni ang a, Pathian thutak zirlai chu thinlungah nemkai a ni ang. Tichuan ni tinin nu leh pate chuan an fate nungchang chu an nun kal zel atâna mi tling ni thei turin an siam chho zel a lo ni.²⁹

1. Review and Herald, Apr. 13, 1897.
2. Review and Herald, Mar. 30, 1897.
3. Signs of the Times, Apr. 17, 1884.
4. Letter 53, 1887.
5. Counsels to Parents, Teachers, and Students, p. 112.
6. Manuscript 67, 1894.
7. Review and Herald, Apr. 6, 1897.
8. Review and Herald, Jan. 29, 1901.
9. Review and Herald, Sept. 15, 1904.
10. *Thlâhtubul leh Zâwlneite*, p. 709.
11. Signs of the Times, November 24, 1881.
12. Education, p. p. 290.
13. Letter 75, 1898.
14. Manuscript 119, 1899.
15. Manuscript 49, 1901.
16. Testimonies for the Church, vol. 3, pp. 532, 533.
17. Review and Herald, Apr. 13, 1897.
18. Manuscript 18, 1891.
19. Review and Herald, July 16, 1895.
20. Signs of the Times, Mar. 11, 1886.
21. Testimonies for the Church, vol. 1, p. 547.
22. Manuscript 58, 1899.
23. Review and Herald, Sept. 15, 1891.
24. Manuscript 142, 1898.
25. Testimonies for the Church, vol. 1, pp. 216, 217.
26. Review and Herald, June 13, 1882.
27. Signs of the Times, November 24, 1881.

28. Testimonies for the Church, vol. 1, p. 400.
 29. Review and Herald, June 13, 1882.

BUNG 44 MI SIAMTHA TURA INTHUNUN DAN TUR

LALPA Chu Lo Kala Rorel Turin Dil Rawh—In chhûngkuaah chuan thu âwihna phût ula, mahse in phût rualin in fate nen LALPA chu zawng ula, in in chhûnga lêng atân leh roreltu atân sâwm rawh u. In fate chuan hrem phu ngawih ngawih thil an ti a ni thei; mahse Krista rilru pu chung a in dawr theih chuan in nghawngah kuahin LALPA hma-ah an inngâitlâwm ang a, an sualna chu an pawm ang. Chu chu a tâwk a ni. Chutah chuan hrem zui kher a ãul tawh lo. Thlarau tinte thleng tura kawng min hawnsak avangin LALPA hnenah lâwmthu i sawi ang u.¹

In faten thu an âwih loh chuan zilh tur a ni... In zilh hmain fianrialah LALPA chu in fate thinlung tinêma hneh tur leh in in zilh dân tura finna pe turin dil hmasa rawh u. Hetianga ti tawh hlawhchham pakhatmah ka la hre lo. Thinrim chungin in fate chu thlarau lam thil in hriat thiamtir thei lo.²

Naupangte Chu Dawhtheih Takin Zirtîr Rawh.—LALPA chuan naupangte thinlung chu an sên lâi ata A rawngbawlnaa hman atâna pe turin A duh a. Thil chhût tak tak tura an la naupan lutuk lâi atângin an rilru chu in theih anga ãhain kai pêng ula; an lo len deuh hnu chuan ãawngkam leh thiltihin an duhzawng thil ãha lo chu in pâi zam mai mai thei lo tih zirtîr rawh u.

Zâidam takin zirtîr ula. A châng chuan hrem an ngâi mai thei, mahse thinur chung a hrem nia an inhriat theih turin ti reng reng suh u. Chutianga thinur chung a in hrem vaih chuan thil sual nasa zâwk in ti a ni. Chhûngkaw *member-te* mize danglamna hlimawm lo tak mai hi nu leh paten an fate zirtîrna kawnga LALPA thurawn an pawm chuan pumpelth theih a ni.³

Nu leh Pate Chu Pathian Thununna Hnuaiha Awm Rawh Se.—Nute u, in fate chu an ât vanga an ri hlut a nih pawhin rik ve nghal hlut kher tur a ni lo. Hmangaih tak leh dawh thei takin zirtîr rawh u. Setanan a thunun phal lo ula. Pathian thununna hnuaiha in awm lâi chauhin thunun ang che u. Nangmahni khan Amah mi thianghlim, inngaitlâwm tak leh sualna nei lova awmdan chu in zir chauhin Krista chuan in fate nunah hnehna a chang ang.⁴

Mahse mahni inthununna te, kawng hmang fel tak te, ngaihtuahna leh ãawngãaina nei ãha si lova in fate thunun in tum ve ringawt a nih chuan a rah ãha lo tak chu in seng ngei ngei ang.⁵

Thinur Chungin Zilh Loh Tur.—In fate chu hmangaihna in zilh ula. In thinur thlenga an duhzawng tihtir têt têt phawta hrem leh vak si chu ching miah suh u. Chutiang in zilhna chuan siam ãhat a hnêkin sual zel turin a ãanpui zâwk a ni.⁶

Naupang thil tisual laka thinurna lantir vak hian sual a tipung a. Naupang rilru chhiatna lâi ber chu kai thovin in ngaina lo hle niin a inhriat phah ang a. In ngaihsak ve ãum pawhin anmahni enkawl tlâk lovah an ngai mai ang che u.

Heng naupangte zilhhau an nihdân hi Pathianin a hriatpui loh in ring em ni? Zilhhauna chu hnawt bo tur ni lo, anmahni hneh tura kal pui nise a rah chhuah tur duhawm tak pawh chu A hre vek a ni.

In fate chu thinur chung a zilhhau lo turin ka ngên che u a ni. In zilhna hun hi hun zawng zawng hun ãha ber, inngaitlâwmna leh dawhtheihna leh ãawngãaina nena in thawh hun tur a ni. Chu hun vek chu in fate nen ãhingãhia ngaihdam in dil hona hun tur chu a ni bawh. Ngilneihna leh hmangaihna lantir chungin Krista hnen lama hruai tum rawh u, tichuan in hnathawh chu lei thiltihtheihna aia sang zawkin a thawhpui che u tih in hmu ang.⁷

Naupang in zilh lâiin aw ki san vak vak lo ula. In inthununtheihna hloh hek suh u. Fate zilh laia thinur ãhin nu leh pate chu an fate aian an dik lo zâwk a ni.⁸

In Hauhna leh Sawiselna Ringawtin Mi A Siam ãha Lo—Thinrim ãawngkam te, aw vin takte hi van atanga chhuak a ni lo va. In hauhna leh insawiselna hian mi a siam ãha hek lo; siam

that a hnêkin mihring thinlunga thinrimna chhe ber chi chu a kai tho zâwk a ni. In faten helna rilru pua thil an tih soal a, âng bawrh bawrh leh che nghal buan buan tura thlêm in nih pawhin zilh mai lovin nghâk hret ula. Inngaihtuahna hun pe ula, in thinurna chu bengdai phawt rawh u.

Ngilnei tak leh nem taka fate in chhawnehhaih chuan LALPA malsawmna in dawng ve ve ang. Rorelna ni-ah chuan fate laka an ngilneih em avang leh an zâdam em avanga inchhir mi hmuh in inring em?⁹

Nawm Mang Loh Hi Thinchhiat Chhuanlam A Tling Lo—A châng chuan nu leh pate hian an nawmsak mang lohna chu an tih dik loh chhuanlamah an hmang thin. An zâm deuh avangin an dawh thei lo va, an insûm thei lo va, tawngkam nem hmang thei lovah an indah a ni. Hetianga mahni inbum hian Setana chu an tilawm a, a ni lah chu mihringte chak lohna a hneh theihna tura Pathian khawngaihna chu an hriat tam tâwk loh hian a lo lawm em em si a. Eng hunah pawh an inthunun thei tur a ni a, an inthunun ngei tur a ni baw. Chu chu Pathianin a phût tlat a ni.¹⁰

A châng chuan hna thawh hah luat avang te, ngaihtuah tam luat avang ten nu leh pate chuan tawngkam nêh hmang sêng lovin thin an lo tichhe palh thin. Mahse chu chu Pathian duhzawng a ni lo va; chhûngkaw boruak a tipik ta thin a ni. Nu leh pate u, sawisel in châk rilrûk hle pawhin he thinchhiatna hmang hian in chhûngkaw pumpui chu tûr anga fanin soal nasa tak chu ti suh u. Chutiang hunah chuan han inennawn leh thin ula, in hmoi atang chuan thu hlimawm leh ngaihthlâk nuam chauh a chhuak tur a ni tiin rilru siam rawh u. Hetianga in inthunun thin chuan in lo chak telh telh mai ang. In hriatna tha zâmte pawh a zawi deuh dâwn a ni. Isuan kan chak lohna te hi A hria a, A soal ve lo tih lohah chuan kan tawn ang zawng zawng hi A tawng ve vek baw a; chuvangin kan theih tâwk leh chak dân tâwka zirin kawng min buatsaih sak zel a ni.

A châng chuan chhûngkua chu buai nuaih vek hian a lang thin. Hawina lam apiangah sawisel tur a awm bakah tu pawh mai hi hlim lo tak leh hrehawm ti hmêl tak hian a lang vek baw a. Nu leh pate chuan an fa khawngaih thlâk takte chu puhin thu âwih lo riau leh soal riau, khawvela naupang tha lo ber angin an hmu a, mahse buaina bul chu an mahni nu leh pate chu an ni reng si a. Pathianin inthunun tlat turin A phût a ni. An thin chhiata an phun chiar hian midangte tân a hrehawm hle tih hre rawh se. An rilru an lantir dân chuan an vela mite a nghawng si a, an lo beih lêt ve vaih phei chuan soalna chu a pung ting a ni mai.¹¹

A Châng Chuan Ngawih Hi Chakna A Ni—Mite thunun tur chu a inthunun hmasa tur a ni. Nu leh pate leh zirtirtute chu an thinrim hle a, tawngkam âthlâk pui pui puh chhuah hlauhthawnawma an awm chuan ngâwi mai zâwk rawh se. Ngawihah hian thiltihtheihna mak tak a awm a ni.¹²

Thu Pe Tlêm Ula; Zawm Ngei Turin Phût Rawh U—Tumahin midang hmuha an thuneihna lantîr nân tûl lovah an fate chu tir sek suh se. Tîr tlêm ula; mahse in tirh vêk vêk chuan ti ngei rawh se.¹³

Naupang in thunun laiin a laklawhah bantir tur a ni lova. Thil dangin in rilru pawh fimkhur loh phah nâna inhman zel loh nân a luahtur a ni hek lo. In faten ti tura in tih an theihngihl a, khawih lo tura in tih zâwk an lo khawih palh pawhin anmahni in enkawlina kawngah chuan beidawng mai suh u.¹⁴

Thil ti tura in tirh chuan theih tâwp chhuah turin phût ula, in tirh angin an ti em en baw rawh u. In chakna leh thutlûkna chu nghing mai mai lo sela, mahse Krista Thlarauvah intulût reng rawh se.¹⁵

Naupang Pawlawh Enkawl Dân.—In fate thil engemaw ti tura in tirh a, “Aw, aw” ti sia an tih leh si loh chuan en liam mai mai suh. Ko ula, eng vanga ti lo nge zâwt chhuak rawh u. In ngawih bopui chuan in fate chu mi pawlawh tak leh rinawm lo takah in chhuah mai ang. Naupangte hi Pathianin enkawltu nihna a pe vek a. Nu leh pate thu chu an âwih ngei ngei tur a

ni. Chhûngkaw mawhphurhna leh phuritte pawh la ve rawh se; thil ti tura tih an ngaihthah chuan a chhan zawh fiah a, ti ngei tura phût tlat tur an ni.¹⁶

Thununna Mumal Lo leh Hmanhmawh Rahte—Naupang thil tisual palh chu a zak a, a inthiam lo va, hrehawm a ti thin. An tihsuala hauh vak hian a tiluhlul bakah thil zep a chin phah a, sakawr sawi hmin loh ang maia buaina siam tum reng ang an ni a, vin vakin a siam tha lo. Nu leh pate chuan thil danga an rilru hruai pen tum zâwk rawh se.

Mahse thil pawh tak chu nu leh pate thil tih dân danglam thin leh rilru nghet chet chawta thil ti lo va, rik phut an ching hi a ni. An thinur chu an ri hlut a, an fate hmuhah Kristian nu leh pate awm dân turin an awm lo a ni. A châng chuan an fate thil tihsual chu an en mai mai a, a hnu lawkah chutiang bawh chuan tise dawhtheihna reng reng lantir lovin tih sa lovin an ti leh vak si. Dikna leh rorelna tha hlen turin Lalpa kawng chu an zawh lo. An fate aiin an soal zâwk fo a ni.

Naupang thenkhat chuan an chung a nu leh pate thil tihsual chu an theihngihl mai thei a; mahse thenkhat erawh chuan an thiam lohna awm miah si lova hremna râpthlâk tak mai an tawrh chu an theihngihl thei lo. Tichuan an thlarau nun a hliam a, an rilru a buai bawh. Amahin mahni inthununna a tlak chham avang leh a tawngkam leh chêtvel danin mumal a neih loh avangin nu chuan naupang rilrua nungchang tha tuhna hun remchang a neih chu a hloh a ni.¹⁷

Zâidam ula, thinur ringawt thin suh u, tichuan hrem mah ula in hmangaih reng tih an ring ngam tho vang.¹⁸

Hremna Aiin An Rilru Hneh A Tha Zawh—He hna-ah hian ka tui em avangin naupang thenkhat chu kawng dik zawh tura zirtîr tumin ka la ta nual mai a. Thil an tih soal chuan ka hrem mai lova, thu âwih turin ka thlêm thin. Hmeichhe naupang pakhat chu a duh anga a awm loh chuan chhuatah a let tawp tawp thin a. Tihian ka hrilh ta a ni, “I nawrh tawh dân loh chuan i Pu White-a te nen hian tawlailirah kan chuang ho ang a, ram hnuaiyah hlim takin kan kal ang. Mahse vawikhat pawh chhuata i nawrh leh vaih chuan i kal ve hlek lo vang,” tiin. Hetiang hian ka enkawl a, hetiang titheia ka awm hi tunah chuan ka lawm em em a ni.¹⁹

Thil Dik Lo Chu Rang Tak, Fing Tak leh Nghet Takin Hmachhawn Rawh.—Thu awih lo chu hrem tur. Thil dik loh ti pawh zil tur. Naupang rilrua bawhchhiatna khat tlat mai chu zirtîrtute leh nu leh pate chuan hmachhawna hneh tur a ni. Thil dik lo chu rang tak, fing tak, nghet tak leh mumal taka chin fel ni sela. Khuahkhirhna ngaih theih lohna te, mahni nawmsakna chauh ngaihtuahna te leh chatuan thil ngaihsak lohna te chu fimkhur taka chin fel ni bawh rawh se. Sualna nuai bo loh chu thlarau boralna a ni. Setana hnungzui thlangtu chuan midang man a tum reng tawh mai a. Chuvangin kan fate chu an la têt hle lâi aţang rêngin anmahnia khawvel ngainatna rilru awm chu hnehsak kan tum tur a ni.²⁰

A Châng Chuan Tiang Hman A Tûl Thin.—Nu chuan “Ka fate hi ka hrem dân miah lo tihna em ni?” a ti mai thei.

Thil danga a beidawn tawh chuan vuak pawh a tûl mai thei a, amarawhchu a pumpelh theih hram chuan vaw suh se. Mahse hmanraw nê m zâwk a tâwk loh a, naupang chu a harhchhuah phah dân bawh chuan hmangaihna nen vuak mai tur a ni. Naupang chu thuneitu a ni lo tih entir nân vawikhat emaw han vuak chu tâwk rawh se.

Invuak hi a tûl a nih pawhin naupang rilru-ah chuan nu leh pate nuam tih vang mai mai emaw, an thuneihna entir nân emawa vuak ni lovin ama thatna tura vuak ani tih nem kâi ni rawh se. Tin, thil dik lo siam that loh chuan amah a tihlim lovin Pathian pawh a sawi tih zirtîr ni sela. Chutiang thununna hnuaiyah awm naupang chuan Pathian duhzawng anga an awmin an hlim zâwk daih tih an hmu ang.²¹

Beidawn Tâwpa Hman Tur.—Zâidam taka in tih pawt chuan vuak an ngai lo tih vawi tam tak in hmu ang a. Chutiang hmanrua avang chuan an rin phah hle dân che u bâkah thian tha berah an nei dân che u a ni. In hnena lo kalin, Vawiin khan ka ti dik lo a ni; min ngaidam la,

Pathian hnenah ngaihdam min dilsak rawh, an rawn ti mai ang. Hetiang hi ka tawng tawh a, chuvanga hria ka ni. . . . Thil an tihsual châng a zam lova ka hmachhawn ngam a, ka ÷awngtài pui ngam a, an mit hmuhah Pathian duhzawng chu ka vawn reng ngam avangin ka lawm a. Hnehtu nena thutiam leh mi rinawmte lawmman chu ka entir avangin ka hlim em em bawk.²²

Thinur Vang Ringawtin Vaw Suh U.—In fa chu insual dân zirtîr in tum lo a nih chuan in thinrim vang ringawtin vaw suh u. Nu leh pate in nih angin in fate tân Pathian aiawha ding in ni a, invêng ÷a rawh u.²³

Tiang hmanga hrem a ÷ul mai thei; hei hi a ÷ul chang a awm ve bawk; mahse nangmahni chungchang in chinfel hma chu chutiang harsatna chu dah ÷a hrih rawh u. Hei hi inzâwt hmasa ula, Pathian hnenah ka kawng leh duhzâwngte chu ka hlan em? In chhônga buaina lo awm ching fel tura ngilneihna te, finna te, dawhtheihna leh hmangaihna te ka neih theih nân Pathianin min enkawl theihna tur hmuah ka indah hmasa em? tiin.²⁴

Pa Thinram Zet Mai Fimkhur Tura Tihna.—Unaupa L. . . , naupang chu engnge a nih a, khawiah nge a kal zel dâwn i ngaihtuah ngai em? Naupangte hi Lal chhôngkaw *member* zînga a naupang lam –van Pathianin i enkawl atân leh vanram kâi tlaka i zirtîr atân A pêk che an ni asin. I lo tih fô tawh anga rum taka i tih vel lâi khan insawifiah turin Pathianin A la ko dâwn che tih i ngaihtuah ngai em? I fate chu i chhawr duhdah tur a ni lo. Naupang chu ui leh sakawr anga i rilrua awm ang ang ti tura tirh mai mai tur an ni lova, engemaw hleka thunun nâna tiang lek khum emaw hnek mai tur emaw a ni hek lo. Naupang ÷henkhat chu an kawlh ve em avangin tihnat deuh an ÷ul pawh a ni thei; mahse a tam zâwkah chuan hetiang a tih hian thil a tichhe zâwk a ni.

I hremna turah chuan chhia leh ÷a fim tak nen Pathian hmâa kûn a, malsawmna i dil ngam loh chuan ben tumin i kut lek reng reng suh. I fate thinlungah chuan hmangaihna tuh tum la. An hmâ-ah chuan mahni inkhuahkhirh nâna rilru dik leh sâng chu târ lang rawh. An rilru-ah chuan thununna hnuai an awmna chhan tur chu i duhzawng a nih hrim hrim vang te, an chak loh a, nang i chak zâwk avang te, pa i ni a, anni i fate an nih vang te a ni tia tuh tum reng reng suh. In chhôngkua chu tihchhiat i duh chuan khawng zetin enkawl la, i hlawhtling em em ang.²⁵

Naupang Lung Ni Lo Chu Sawi Reng Reng Suh—Nu leh pate hian an fate chu zirna tluantling an pe lo va. Naupangte famkim lohna ang chu an nei ve tih an lantîr fô mai. An ei leh in a mumal lo va, chu chuan an awm tinuam lovin thil dangah pawh an chak loh phah êm êm a ni. An dawh theih loh luat avangin an fate an thunun thei lo va, kawng dik an kawhmmuh thei hek lo. Buluk zeta thununin kut an thlâk chawrh ÷hin pawh a ni thei. Naupang sâwi hian thlarau sual pakhat kan sawi chhuah rualin thlarau sual vêk pahnih kan sawi lût ka tih tawh kha. Naupang chu a dik loh pawhin sâwi a nih vaih chuan a chhe lehzual ang a; in hremna chuan a tukzal chuang lo vang.²⁶

Rilru Fîm Tak leh ÷awngtâina Nen Bultan Rawh—A hmasain in fate nen chuan ngaihtuah ho phawt ula, an dik loh nate chu Chiang taka târ langin in lakah chauh pawh ni lo, Pathian lakah pawh an tîsual tiin an rilru hneh rawh u. In fate kalsual khawngaih avanga lungngaihna nen in zilh hmain ÷awngtài pui phawt ang che u. Tichuan an tihbuai em che u avanga hrem in ni lo va, in lungawi lohna hrik thlâk tum hrim hrim vang ni hek lovin; mawhphurhna rilru nen an ÷hatna duh vanga hrem in ni tih an hmu ang a, tichuan an hmangaih in an zah hle ang che u.²⁷

Chu ÷awngtâina chuan âwm lo taka thil ti ÷hin in ni lo tih an rilru-ah a nem kâi ang. Naupangin âthlâk taka thil ti ngai lovah an hmuh che u chuan hnehna ropui tak in chang tihna a ni. He hna hi tun hun hnuhngah hian kan chhôngkaw zingah kan kal chhoh pui reng tur a ni bawk.²⁸

Inthunun Harsatna Hmuna ÷awngtâina Thiltihtheihzia.—In faten thil an tihsualin Pathian thinurna chu vau nân hmang lovin Krista hnenah ÷awngtâinaa hruai zâwk tur a ni.²⁹

Kristian nu leh pa in nih chuan an taksa khawih na khawpa in hrem hmian in fa sualte chu in hmangaihzia lantir phawt rawh u. Pathian hmaa in nau in thingthit pui lâi chuan khawngaihnaa khat Tlantu hmâ-ah chuan Ama thusawi ngei, “Naupang tête ka hnenah han kaltir ula, hnar suh u; Pathian ram chu hetiang mite tâ hi a ni si a,” tih kha (*Marka 10:14*) in târ lang tihna a ni. Chu ãawngtâina chuan in bulah vantirhkohte a rawn hruai hnai a. In nau chuan heta a thil tawn hi a theihnghilh ngai tawh lo vang a, tin, Pathian chuan chu inzirtîrna chu mal a sawm ang a, Krista hnenah a hruai ang. Tin, naupangin an nu leh paten ãanpui an tum tih an hriat chhuah hunah an chakna chu kawng dik lam hawiin an thlêktir bawng ang.³⁰

Thununna Chungchânga Ka Thil Tawnte.—Ka fate chu an naupanna chuan min zar buai thei nia inhriatna a neihtir ka phal lo va. Kan chhûng zîngah chuan chhûngkaw dang zinga mi pawh ka enkawl tel a; mahse chûngte pawh chuan an nute zar buai theia an inhriat chu ka phal chuang lo. Naupang laka ãawngkam vin hman emaw, rik hlut emaw phunchiar vak emaw turin ka inphal ngai lo bawng. Ka laka thinur tur leh phunnawi turin vawikhat lek pawh dinhmun tha zâwkah an ding si lo va. Ka rilru a thawh a, thinur ve mai dâwna ka inhriat châng chuan tihian ka ti thin, “Naute u, i ngawihsan hrih ang u; engmah kan sawi zawm tawh tur a ni lo. Kan chawlh hmian kan ngawihsan phawt ang,” tiin. Thil awm dân ka hrilh vek hnu tlai lam a lo nih chuan an boruak a lo dai a, tichuan tha takin buaina chu ka chingfel thei thin.

Kawng dik leh dik lo a awm. Thil awmzia ka sawipui hmian ka fate chungah kut ka lek ngai lo; an thinlung a kehsawm a, an tihsual an hriat chhuah bawng a (chiang taka ka hrilh a, ka ãawngtai pui chuan an inhre chhuak zel bawng a), tihtlâwma an awm bawng chuan (hetiangka ka tih hi chuan an ni ziah reng a) ka thunun thei ta thin a ni. Chutiang a nih loh chuan ka hlawhtling ngai lo. Ka ãawngtai lâi chuan an thinlung a lo tui ral a, ka nghawnga mi kuahin an tap thin. . . .

Ka fate ka zilh lâi ngei pawhin ka aw chu ka tidanglam phal lo. Thil dik lo ka hmuh hian a boruak a daih thleng ka nghâk a, tichuan an thiltih chhui kira zahna hun an neih hnûah ka hruai chauh thin. Thil ngaihtuahna hun dârkâr hnih khat ka pêk hnu chuan an zak a. Ka kal bosan a, ka ãawngtai ziah thin. Chutihlai chuan ka be ngai lo.

Anmahnia an awm hnu chuan ka hnena thil awmzia sawi turin an rawn kal leh thin a. Chutah chuan keiin, “A tha e, zan lamah kan sawi dâwn nia,” ka lo ti a. A hun a lo thlen chuan kan ãawngtai a, tichuan an thiltih dik lo chuan an rilru tinân Pathian Thlarau an tilungngai tih ka hrilh thin.³¹

Ãawngtai Thin Rawh—Ka rilru a buai nasat hle a, ka zahpui leh fê tur ãawngkam chhâk chhuak tura thlêm ka nih châng chuan ngawih chuhin pindan ka chhuahsan a, Pathian chu ka fate zirtîr nâna dawhtheihna min pe turin ka dil a. Tichuan kir lehin ka be hlawm a, tisial leh tawh lo turin ka hrilh thin. Hetiang thilah hian naupangte kan tih thinur lohna turin ãanhmun kan siam thei a. Kan Pa vana mi min enkawl dân tura kan duh ang leh thu kan âwih bik lohziat hre reng chungin dawhthei tak leh ngilnei takin kan ãawng tur a ni.

Hengte hi nu leh paten in zir ngei ngei tur zirlai chu a ni a, heng hi in zir chuan Krista sikula naupang tha ber in ni ang a, in fate pawh naupang fel tak an lo ni ang. Hetiang zawng hian inthununna tha chu in fate chungah in lek avangin Pathian zaha A dân zawm turin in zirtîr thei a, tichuan an vela mite zawng zawng tâna malsawmna tling naupangte chu khawtlâng tân inchâwi lian tihna a ni. Pathian hnathawh pui tlâkah in fate chu in chhuah tihna a nih chu.³²

Thununna Hrehawm Tak Chu Lawmnain A Zui Thei A Ni.—Fiahna chungah thiltih dân tha ber chu a pumpelhna tur zawn lam ni lovin tihdanglam a ni. Hei hi thununna-ah hian a tlai emaw a hmâ emaw hman ngei ngei ni sela. A tir lama naupang zirtîrna ngaihthah leh a hnu lama thil tha lo âwn rilrûk tlatna lo chak chho zel chuan a zir zelna tur a tiharsain thununna chu na riauvin a hriattir zel tawh mai a. Mi nun hniam tân chuan pianpui châknate leh rilru âwn lamte kalh an nih hian a hrehawm tur a ni reng a; mahse chutiang hrehawmna chu hlimna sâng zâwk chuan a hmuh kântir ang.

Naupangte leh thalaite chu thil tihsual palh te, thil dik lo zawng zawngte leh harsatna zawng zawngte hi hneh an nih chuan thil tha zâwk leh changkang zâwk hlen nâna rahbi an ni zel tih zirtîr ni sela. Chutiang thil paltlang chuan ani damchhan tlâk mihring nun siamtuten hlawhtlinna an lo neih ðhin ni.³³

Kaihhruaina Bu Thianghlim Zui Tur.—Tha taka fate enkawl tum nu leh pate chuan in chhông khur invawna lam hawi reng reng fîng taka an kalpui theih nân chung lam finna an mamawh vek a ni.³⁴

Bible hi naupang enkawl dân tur kaihhruaina a ni. Hetah hian nu leh paten an duh phawt chuan tisial miah lova an fate *education* leh *training* dân tur kalhmang chu an hmu thei ang. . . . He Kaihhruaina Bu an zui hian nu leh pate chuan an fate chu duh duha an awm phalsak ahnêkin thununna tiang an lek ngun zâwk ang; an dik lohnate, an rilru kawi tak mai te leh mahni felna ringawt an ngaihtuah thinte chu haider ahnêkin thil awm dân an hre chiang ang a, tichuan heng thilte hi Bible êng aţangin an thlir vek ang a. An fate chu kawng dikah an hruai tur a ni tih an hre baw ang.³⁵

Pathianin A lalramah helho a kawi lût thei lo va; chuvangin thu âwihna hi a bik tak pawhin a phût sâng hle a ni. Nu leh pate chuan an fate chu taima takin LALPAN eng nge a sawi tih zirtîr rawh se. Tichuan Pathianin a vantirhkohte leh mihringte hnenah A mite a vênhim turzia chu a entir ang.³⁶

In Mawhphurhna leh Pathian Mawhphurhna.—Nu leh pate u, theih tâwp chhuaha in tih tur in tih chuan rinnain LALPA chu in fate tâna in tih theih loh titurin in dil thei ang.³⁷

In fate laka in mawhphurhna rinawm taka in hlen hnu chuan Pathian hnenah hruai ula, a tanpuina dil rawh u. In theih tâwp in chhuah tih hrilh ula, tichuan rinnain Pathian chu in tih theih loh A mawhphurhna hlen chhuak ve turin dil rawh u. Thlarau Thianghlim hmanga an rilru sùk thlêk dân siamsak a, tizâidam a, tinêm turin dil ang che u. A chhâng châk hle ang. A Thu kal tlangin in fate zilhna hna chu ‘an ðah vang ngawta zuah lo’ turin in chungah A ngat a; heng thilah hian A thute chu ngaih pawimawh hle tur a ni baw.³⁸

1. Manuscript 21, 1909.
2. Manuscript 27, 1911.
3. Manuscript 93, 1909.
4. Letter 272, 1903.
5. Signs of the Times, February 9, 1882.
6. Review and Herald, Sept. 19, 1854,
7. Manuscript 53, 1912.
8. Signs of the Times, February 17, 1904.
9. Manuscript 14, 1903.
10. Testimonies for the Church, vol. 1, p. 385.
11. Signs of the Times, Apr. 17, 1884.
12. Education, p. p. 292.
13. Signs of the Times, February 9, 1882.
14. Manuscript 32, 1899.
15. Signs of the Times, Sept 13, 1910.
16. Manuscript 127, 1899.
17. Manuscript 38, 1895.
18. Manuscript 2, 1903.
19. Manuscript 95, 1909.
20. Letter 166, 1901.
21. Counsels to Parents, Teachers, and Students, pp. 116, 117.
22. Manuscript 27, 1911.
23. Manuscript 32, 1899.
24. Manuscript 79, 1901.
25. Testimonies for the Church, vol. 2, pp. 259, 260.
26. *Ibid.*, p. 365.
27. Signs of the Times, Apr. 10, 1884.
28. Manuscript 73, 1909.

29. Manuscript 27, 1893.
30. Counsels to Parents, Teachers, and Students, pp. 117, 118.
31. Manuscript 82, 1901.
32. Manuscript 19, 1887.
33. Education, pp. 295, 296.
34. Pacific Health Journal, January, 1890.
35. Manuscript 57, 1897.
36. Signs of the Times, February 9, 1882.
37. Review and Herald, Sept. 19, 1854.

BUNG 45

HMANGAIHNA LEH RILRU NGHET TAK NEN

Kawng Pahnih leh An Tâwpna Chu.—Naupang enkawl dân hi chi hnih, a tihdan phung inang lo êm êm mai leh a *rahchhuah* pawh danglam daih an awm. Rinawmna leh hmangaihna, finna leh rilru nghet tak nena inkawp, Pathian Thuin titura a tih ang thlap chuan he khawvel leh khawvel lo la awm turah hlimna a thlen ang a. A lehlamah tihtur ngaihthahna te, atthlâk taka intlâk ralna te, tleirawl sualna zilh leh khuahkhirhna lama hlawhchhamnate chuan lungngaihna thlenin naupang tân a tâwpa chhiatna a thlen bâkah nu leh pate tân ãahna a thlen ang.¹

Hmangaihna hian phirpui a nei a; chu chu tihtur pual hi a ni; an inpui tawn ve ve. Hmangaih hlur ringawta tihtur lam ngaihthah a nih leh si hian naupangte chu an luhlul a, an rilru a herh a, mahni hmâ an sial a, thu an awih lo. Hmangaihna tel miah lova tihtur hlen chhuah nâna an rilru tihnem leh hneh tumna ringawt chuan rah ãa a chhuah chuang hek lo. A nih dân tur ang taka naupangte thunun tur chuan hmangaihna leh tihtur pual chu an kal kawp tlat tur a ni.²

Sual Zilh Lohin Lungngaihna A Thlen.—Naupangte châk zawng leh duh thlanna kalh zâwnga thiltih a ãul châng a awm thin; chutiangah chuan nu leh pate lâwm nân mai mai emaw, an thuneihna entîrnân emawa tih ni lovin, anmahni naupangte ãatna tura ti an nihzia hmanga naupangte rilru chu hneh ngei ngei tur a ni. Thil dik lo chu siam ãat a nih loh chuan ama tân lungngaihna thlenin Pathian pawh A lawm lo tih zirtîr ni sela. Chutiang thununna hnuiaia awm naupang chuan an duh thlannate vana an Pa hnenah an hlan avangin an hlim em em ang.³

Mahni rilru thlêk ang ang leh thin thawh dân ang ang a awm mai mai ãhalaite chuan he khawvelah hian hlimna tak tak an nei thei lo va; a tâwpah chatuan boralna an chang bawh ang.⁴

Ngilneihna Hi Chhûngkaw Dân Ni Rawh Se.—Pathianin A mite A awp khâwm dân hi naupang zirtîr dân chungchanga entawn tur a ni. LALPA rawngbawlnaah hian inhnuaiichhiahna a awm lo va. In chhûngah leh sikulahte an awm tur a ni hek lo. Mahse nu leh pate leh zirtîrtute chuan naupangin an thusawite chu palzam mai mai phal suh se. Naupang thil tisual an zilh loh chuan Pathianin an fimkhur lohnaah chuan mawh a la phurhtir ang. An fate chu sawisel reng mai se tihna erawh a ni lo. Hmangaihna hi chhûngkua leh sikul dân ni sela. Naupangte chu LALPA dân zawm tura zirtîrin hmangaihna boruak nghing ve mai mai lo chuan sual lakah vêng rawh se.⁵

Naupang Nun Mawl Tak Chu Hre Thiam Rawh.—Nu leh pate u, in chhûng zinga Pathian mizia târlangtu tur in ni a. Thuâwihna chu anmahni naupangte hrâwk vak vak chungã phût lovin hmangaihna leh ngilneihna nena phût zâwk tur a ni. Nangmahni lama in fate in hip theih nân khawngaihna khat rawh u.⁶

In chhûngah nelawm takin awm ula. Ngaih kawih theih tur ãawngkam cheh lo hram rawh u. “Pate u, in fate ti thinur suh u,” (*Efesi 6:4*) tih hi thupêk thianghlim a ni. In fate chu kumah leh hriatna lamah naupang mai an ni tih hre reng rawh u. In thununna-ah leh in enkawlina-ah ding nghet ula, ngilnei thung rawh u.⁷

Naupangte hian thil ãa leh ãa lo an hre hrang lo fo va, thil an tihsual hian zâidam takin thil awmzia in hrilhfiãh ngai si lo va, hauh an tâwk leh zêk thin.⁸

Pathian thu-ah hian nu leh paten an faten thu an âwih loh chuan hnuaihhiah leh hleihluak taka tih phalna pêk an ni lo. Pathian dân chu chhûngkaw nunah leh ram inrêlbâwlna-ahthe hian hmangaihna tâwp lo thinlung aţangin a lo luang chhuak a ni.⁹

Naupang Beisei Awm Lo Chunga Khawngaihna.—Nu leh paten Krista finna nena an fa sualte enkawl a ţulzia chu ka hmu a. Beiseiawm lo ber berte chu hmangaihna leh dawhtheihna leh khawngaihna thûk ber mamawhtute an ni si a. Mahse nu leh pa tam tak chuan khawngaihna leh ngaihsakna rilru an lantir lo va, naupang soal chu an simtir thei lo a ni. Nu leh pate thinlung chu Krista khawngaihna chuan tinêm sela, tichuan A hmangaihna chuan an thinlung a pawh thei ang.¹⁰

Pathian rorelna – “Miin in chung a an tiha in duh tur ang zêlin mi chungah pawh tive rawh u,” (Luka 6:31) tih hi naupang leh ţalal zirtîr mêktute dân hman lâi lo ni rawh se. LALPA chhûngkaw zinga *member* naupang lam, khawngaihna nun kan chhawmpuite an ni. Krista thupêk chu mi rilru chak lo ber ber te, a naupang ber te, chesual zing ber te, kalsual nasa ber leh hel tlat maite chungah pawh thianghlim taka zawm ni rawh se.¹¹

Hneh Turin Naupangte Chu Pui Rawh U.—Pathianin naupangte hi A dimdawiin A ngaihsak hle. Nî tin hnehna chang turin a duh a. Chuvangin naupangte chu hnehtu ni turin i zirtîr theuh ang u. An chhûngte zinga mi tumahin tithinur lo sela. In ţawngkam leh chezia chu in fate tithinur ţhintu a nih phal suh ang che u. Mahse an tihsual chuan rinawm taka thununa zilh tur an ni.¹²

A Theihna Apiangah Fak Rawh U.—Thil an tih thatin naupangte chu fak rawh u. Fing taka infak hi kum upa zâwk leh thil hre thiam pha zâwkte tâna a tha ang bawkin naupang tân ţanpuitu tha tak a ni. Chhûngkaw biakbûkah hian thin tihchhiat miah tur ani lo bawk. Naupangten an ţanpuina che u chu fakin Kristian hawihhawmna te, lawmna te lantir ula, ngilneiin khawngaihna ngah rawh u.¹³

Hlim thei ula. Thinur chungin au vak vak loh tur. Fate khuahkhirh leh thununna ah chuan ding nghet ula, mahse ngilnei rawh u. Chhûngkaw *member* an nih venaa an tihur hlen chhuak turin fuih ula. Thil tha lo tih châkna hneh tuma an beihnate in hlutpuiziate pawh sawi chhuak rawh u.¹⁴

In faten chhûngkua an din hun a an awm dân tura in duh ang khan awm ula. An ţawng dân tura in duh angin nangni pawh ţawng rawh u.¹⁵

In Aw Ki Vêng Tha Rawh U.—Thinurna lam hawi lo, aw dam tak, tih tak takna aw nen ţawng rawh u. Faten thu an awih vat vat theih nân thinrim kher a ţul lo.¹⁶

Nu leh pate u, in fate chu in mawhphurhnaa awm an ni a. Eng chhûngkaw boruak hnuaihhiah nge in dah fimkhur rawh u. Hau reng chung leh phun khum reng chung chuan a tha lam hawiin in hneh hauh lo vang. An rilru chhûngrila thinrimna awm kaithotu ni lovin a tha lam kawnga kaihhruaitu ni zâwk rawh u. Thinurna tur in nei a nih pawhin in aw chuan in thinurna chu lantîr kher lo sela. Nangmahniah Setana rilru lan chhuahna chu in hmuhtir tur a ni lo. In hmuhtir hian in fate chu an hmalam hun, chatuan nunna nei tlâk ni tura in zirtîrna kawngah a pui miah lo vang che u.¹⁷

Khawngaihna leh Dikna Tânduntîr Tur—Pathian chu kan dân petu leh lal a ni a; nu leh pate chu A rorelna hnuaihhiah an intulût tur a ni. A rorelna chuan nu leh paten an fate an hnuaihhiah a khap a, naupangten nu leh pate thu an âwih loh a phal hek lo. LALPA chu hmangaihna te, khawngaihna te, zahngaihna te leh thutaka khat a ni. A dân chu a thianghlim a, a dik a, a that bawk avangin nu leh pate leh naupangte chuan an zawm ngei ngei tur a ni. Nu leh pate leh naupangte nun khuahkhirhtu dânte chu hmangaihna tâwp nei lo thinlung aţanga lo chhuak a ni a, Pathian malsawmna nasa tak mai chu chhûngkaw enkawl nâna A dân hmangtute chungah leh he dân zawmtu naupangte chungah chuan a sîr ang. Zahngaihna leh rorel dikna inkawpin mi a hneh theihna boruak chu lo hip ve tur a ni. “Zahngaihna leh thutak an intâwk a; felna leh

thlamuanna an infâwp.” He thununna hnuai awm chhûngkua chu dikna leh rorelna hlen turin LALPA kawngah an kal ang.¹⁸

Nu leh pa, mahni thu chauha rorel tum chuan thil an tisial nasa a ni. An fate chungah chauh an tisial lo, anmahni chungah pawh an tisial a, chezia leh ngilneihna ÷awngkam duhawm taka lang chhuak tur an thinlung la no taka hmangaihna awm chu an tidai zâwk a ni. Naupang chungah ngilneihna leh dawhtheihna leh hmangaihna lantir chu nu leh pate chungah lantir a ni ve leh ang. Miin an tuh apiang chu an seng dâwn si a.

Dikna chu kalpui in tum a nih chuan phirpui a nei a, chu chu zahngaihna hi a ni tih hre reng rawh u. An inkawp tlat a, lâk hran miah loh tur.¹⁹

Hleihluaknain Dodâlna Rilru A Puttîr. Mi Fîr Lutukte Hnena Thurawn.—Dikna leh kherkhiapnate hian hmangaihna a pawlh loh chuan naupangte chu thil ÷ha ti turin a hruai lo vang. Anmahnia awm buai châkna rilru kaih thawh awlsamzia hi en teh u. Tunah hian tihluihna satliah aia enkawl dân ÷ha zâwk a awm. Dikna hian phir a nei a, chu chu hmangaihna a ni. Fate in enkawl na zawng zawngah dikna leh hmangaihna chu kut insuih se, tichuan in beih hahna zawng zawng pui tur che uin Pathian ÷anpuina in dawng ngei ngei ang. LALPA, in Tlantu duhawm tak chuan Pathian pawm tlâk nungchang in lo neih theih nân malsawm che u A duh a, A rilru, A khawngaihna leh A chhandamnate pawh pêk A châk em em che u a ni.²⁰

Nu leh pate thuneihna chuan chin nei lo sela; mahse hman sual miah loh tur a ni. Fate thununna kawngah hian pa ber chuan mumal lo takin thil a ti hne hne tur a ni lo va, Bible duh dân ang hi a zawm tur a ni. A mize rûm tak leh rawng tak mai chu a inthununtir vaih chuan a lal a kha hle ang.²¹

Khawngaihna Aw Nêm Tak Nen Chauh Zilh Tur.—In fate nunah chuan thil dik lo leh thu âwih lohna nun in hmu ngei tih hi rinhlehl rual a ni lo. Nu leh pate ÷henkhat chuan an hrilh a, an fate chu an hrem bawk tiin an sawi ang; mahse chu chuan a siam ÷ha tak tak lo tih an hmu thei si lo. Chutiang nu leh pate chuan tihdan thar hmang rawh se. An chhûngkaw inawpna-ah chuan hmangaihna te, khawngaihna te leh ngilneihna te hi inkawp sela; amarawhchu dikna-ah te chuan lungpui angin ding nghet rawh se.²²

Thalai enkawltu tumahin kahpathir anga sak thinlung pu lo sela; khawngaihna te, zâidamna te, hawihhâwmna te, kawm nawmna te, hneh theihna te nei zâwk rawh se; amarawhchu zilhnate chu pêk tho tur an ni a; chutiang zilhna ÷awngkamte chu sual an tih mêk lâi titâwp nghal tur pawhin sawi chhuah theih a ni.²³

Nu leh pate hnena, “In chhûngkaw zinga in nungchang intehna chu kham sâng rawh u. In fate chu thu âwih turin zirtîr ula. Khawngaihna huhâng leh Krista anna nei thuneihna inkawpin awpkhâwm ang che u. In nun chu miten Kornelia chhûngkua anga ‘a chhûngte zawng zawng nen Pathian an ÷ih ÷hin a,’ (*Tith. 10:2*) an tih theih tur ni rawh se.” tih thu sawi tura hriattir ka ni.²⁴

Khîrh Lutuk emaw Inthlah Dul Lutuk emaw Loh Tur.—Naupangte rilru tihnuat thei inthununna, na deuh deuha sawisel te, tithinur khawpa inzilh te hi a ÷ha kan tih loh rualin a lova luak chhuaka engemaw hleka fak huam a, an tâna ÷ha lo khawpa an chungah kan lâwmna tihlan leh chiam site hi ÷ha kan ti chuang lo. Inthlah dul lutuk leh khîrh lutuk hi an ÷hat loh dân inang reng a, tih loh ve ve tur an ni. Fimkhurna leh rilru nghehna hi neih mâkmawh an nih rualin khawngaihna leh dimdawihnate pawh hi kan ban theih bik lo vang. Nu leh pate u, thlêmna buan reng mai thalaite in enkawl tih leh an tân chuan chung thlêmnate chu puitling zâwkte rûntu thlêmna ang thova dan harsa an ni tih hre reng rawh u. Thil ÷ha tih duh takzet naupangte chu an hlawhchham nawn ve fo thei a, beidawng lo va, chak taka awm tura fuih fote an mamawh ve a. Chuvangin heng tleirawho rilru hi ÷awngtaia ÷hahnemngaihna nen vêng ngun ula. Thil ÷ha tih an duhna chu tichakin an thiltih ÷hat apiangah fuihzawm zel rawh u.²⁵

Nghet Takin Ding Reng Ula, Phawklêkna Tel Lovin Thunun Rawh U—Naupangho hian rilru no tak leh duhawm tak mai an nei. Thil ho tê-ah an lâwm a, an thinur hmâ leh awm em baw. Hmangaihna ÷awngkam leh chêt ze dam tak nena thununna hmangin nute chuan an fate

rilru chu an phuar khawm thei a ni. Chhûngkaw tinte inthununna-ah hian rilru nghet tak, danglam mai mai lo leh rilrua rawn thawk phut ang chi ni lo hi neih a t̄ul hle. In sawi tum chu aw dam takin sawi ula, ngun taka ngaihtuah chungin che ula, in sawi ang chiah chiahin hlen baw rawh u.

Chu chuan in fate nen in inzawmnaah innginat tawna a lantir ang. Naupang mai an ni a, an inhlei ang a, an hlim ang a, an t̄ap ang; chungte chu lainatna nei lova hnar tur a ni lo. In hm̄el tinurin in hmuī a t̄ang chuan t̄awngkam vin ri chhuak suh se.²⁶

Ngilneihna meuh pawh hian t̄awpchin a nei ngei ang. Thuneihna chu khauh taka chhawm nun zel ni sela, a nih loh chuan tam takin nuizhat chung leh hmuhsit chungin an thuneihna chu an lo dawngsawng mai ang.

Ṭhalaite chung a nu leh pa thluak n̄emna te, anmahni hip tumna te, leh inthlahdulna te hi an chung a thil ṭha lo ber lo thleng thei chu a ni. Chhûng tinah hian nghehna te, thutl̄ukna te, a ṭha z̄awnga inmamawh tawnnate hi a pawimawh khawp mai.²⁷

In Tihsual Palhte Kha Hre Reng Rawh U.—Nu leh pate chuan an ni pawh naupan lâi a t̄anga sei lian ve tho an ni tih inhre reng rawh se. An kal kawng chu êng nasa takin a chhun chung leh thil tam tak an paltlang tawh chungin avsikna te, awhna te leh rinthu chhe tak tak an la nei ve fo tho a ni. Thil an tihdik vek bik loh avang leh an famkim vek bik loh avangin an fate thil t̄isual chu z̄aidam takin enkawl rawh se.²⁸

In faten thil ti tura in tih ni lo thil dang an lo tihin in thin a ur viau mai thei. Mahse nangni pawhin Pathian thup̄ek in âwih lo fo tawh tih in ngaihtuah ngai em?²⁹

Mi Hmangaih leh Rin Tâwk Nih Dân.—Nu leh pate leh zirt̄irtute hi an fate emaw mi finge emaw kawm ngeih tak tak si lo hian an intilalin an phunchiar ve viau lawi si ang tih a hlauhawm khawp mai. Anmahni lam chu t̄awng ṭha duh lovin a lehlamah an thuneihna chu nelawm loh tak, lainatna nei lo, naupangte leh zirlaite hneh thei hauh lovin an hmang lawi si. Mahse naupangte chu an huikhawm peih a, an hmangaih tih an lantir a, an thiltih reng reng an tuipei tih an lantir baw a, an infiamnate thlenga an telpui peih a, an zingah naupang anga an awm peih phawt chuan an fate chu an hlim em em ang a, an fate hmangaih leh rintawk an hlauh ang. Naupangte chuan an nu leh pate leh zirt̄irtute thuneihna zah dân leh hmangaih dân chu an thiam chak z̄awk baw ang.³⁰

Krista Chu Entawn Rawh U.—Krista chu mi harsa leh tlachham, natna tuarte zawlpuih A insiam a. Naupang t̄ete chu A malchungah pawmin an rualpui ang lekah A indah baw a. A hmangaihna thinlung lian tak mai chuan an mamawh leh harsatna a hre thiam a, hlim taka awm awmte hi hmuhawm A ti em em ṭhin. Khawpui t̄awt mup mup leh ri nuaih nuaih te ning em em a, mi fing verther tak tak leh rinawm lo pui pui bula awm hahthl̄ak ti hluah hluatu chu naupang pawisawi lo bula A awm chuan A thlamuangin A hahdam sawng sawng ṭhin a ni. Van Ropuina chu an buaina chinfelsak turin A rawn chhuk a, naupang hriat thiam tâwk lekin A zirt̄irna pawimawh tak takte chu mâwl t̄e t̄ên A sawi ṭhin. An rilru la naupang tak leh ṭhang chho m̄ekah chuan thutak chi, lo ṭo chhuak a, an len huna rah tam tak chhuah turte chu A tuh a ni.³¹

Khawngaihna Mamawh Naupang Luhul.—In lehkha kha ngaihawm ti tak leh lainatna nen ka chhiar zo chiah a. In fapa khan tunhm̄a zawng aiin pa a mamawh tih ka sawi ṭhin a nih kha. A awm khaw lo va; in hria e, ani pawhin a awmdan chu in hria tih a hre baw a; tichuan pawisawi tham a nih hmaa him tâwk nia in hriat in thu hrih ṭhin, a chhe lam nghawng thei awm pawha in ngaih loh kha tunah chuan t̄awngkam ngeiawm tak, chemte vih anga n̄a a ni ta. Nu leh pate chu anmahni t̄imualphotu an fate sualna avang chuan an zak chem chem ṭhin a, mahse chu naupang sual chuan keini Pathian faten A hmangaihna min pe a, min la pe zeltu leh hawikir a, kan sualna leh bawhchhiatnate sim tura min sawmtu leh kan bawhchhiatnate ngaidamtu kan van Nu leh Pa thinlung kan hliam ang leh kan sawisak ang hian a nu leh pate thinlung chu hliamin a sawisa ve z̄awk emaw chu le?

Tunah hian in hmangaihna kha hnûkkir mai suh u. Tunhma zawng aiin in hmangaihna leh lainatna kha mamawh a ni. Midangten in fapa thil tihsual chu a chhe thei ber leh lainatna tel hauh lova an en lâi ngei khân khawngaihna thûk tak nen nu leh pate chuan kawng him zawh turin inkaihruai dâwn lawm ni? Engtiang takin nge in fapa chu a sual ka hre ve hauh lo va, engpawh lo nise hei erawh hi chu ka sawi ngam a ni; mihring ngaih dân emaw thil tha ti nia inhriate nawrna vang mai mai emaw chuan in fapain rintawh hlauh leh tur leh a bawhchhiatnate haider tura in tihdan chu tlâwm thlâk lutuk leh zahthlâk lutuk anga a ngaih tur ang chuan tih phah suh u. Engvang mahin beidawng lo ula, in fapa sual in hmangaihna leh lainatna chu engmahin titâwp suh se. A sual avang tak hian a mamawh che u a, Setana thang lak aṅanga chhuah zalen thei nu leh pa a mamawh em em a ni. Rinna leh hmangaihna phuar nghet ula, nangmahni âi pawha amah ngaihven zawktu Mi Pakhat a nei tih hre rengin lainatnaa khat Tlantu chu vuan tlat rawh u.

A beisei bo zâwng leh tihnuâl zâwngin ṭawng lo ula, fuih fo zâwk rawh u. Amah leh amah a inchhanchhuak thei tih hrilhin nangni, a nu leh pate chuan lungpui nghet Kristaa a ke a ngah theih nân leh Isuaa chakna thlawn lo leh ṭanpuina Chiangsa hmu turin in ṭanpui thei tihte hrilh rawh u. A sualna chu a thûk tawh viau chuan hetianga nawr chhen hian in fapa chu a tidam mai lo vang. Thihna laka thlarau chhandam tur leh sual tam tak ti lo tura vêng tur chuan thil tihdan dik neih a ṭul hle a ni.³²

Thinur Thut Thut Lohna Pathian Dîl Rawh—Nu leh pate zawng zawng hnenah hian ‘Thinur thut ching in nih chuan hneh turin Pathian ṭanpuia dil rawh u. In faten in thin an tirim thut a nih pawhin pindanah lût vat ula, ṭhingṭhiin Pathian hnenah in fate hneh theihna boruak dik tak in neih theih nân dil ang che u.³³

Nute u, in thinrim thut a, in fate chu in vin nek ringawt a nih chuan Krista zir lovin hotu dang tihdan in zir tihna a ni. Isua tihian A ti, “Ka nghâwngkawh la ula, mi zir rawh u; kei hi thinlunga inngaitlâwm tak leh hniam tak ka ni, in thlarau tân chawlhna in hmu ang. Ka nghâwngkawh a nuam a, ka phur pawh a zâng bawh,” tiin. In hna chu hahthlâk riauva in hriat a, harsatna leh fiahnate in phun pui a, thlêmna do zo tura chakna reng nei lovah in inngaih a, in thin ter tek ṭhinte pawh hneh thei lova in inhriat bawh a, Kristian nun chu thil harsa lutuk anga in ngaih bawh chuan Krista nghawngkawh chu bâṭ lovin hotu dang nghâwngkawh in bâṭ tih in hre Chiang hle ang che u.³⁴

Pathian Anna Târ Lang Ula.—Kohhran hian mi inngaitlâwm leh rilru dam, dawhthei tak leh tuarchhel tak a mamawh a. Heng nihate hi an chhûngte an dawrna aṅangin zir rawh se. Nu leh pate hian chatuana an fate awm dân tur chu leia an nawmsakna tur aiin ngai pawimawh zâwk daih teh se. An fate chu Pathian chhûngkaw *member* zinga a naupang lam angin en sela, an hmêl an ena miin Pathian an hmuh zel theih nân zirtîrin thunun rawh se.³⁵

1. Review and Herald, Aug. 30, 1881.
2. Testimonies for the Church, vol. 3, p. 195.
3. Fundamentals of Christian Education, p. 68.
4. Review and Herald, June 27, 1899.
5. Counsels to Parents, Teachers, and Students, p. 155.
6. Manuscript 79, 1901.
7. Review and Herald, Apr. 21, 1904.
8. Manuscript 12, 1898.
9. Letter 8a, 1896.
10. Manuscript 22, 1890.
11. Education, pp. 292, 293.
12. Manuscript 47, 1908.
13. Manuscript 14, 1905.
14. Manuscript 22, 1904.
15. Manuscript 42, 1903.
16. Letter 69, 1896.
17. Manuscript 47, 1908.
18. Signs of the Times, Aug. 23, 1899.

19. Review and Herald, Aug. 30, 1881.
20. Letter 19a, 1891.
21. Review and Herald, Aug. 30, 1881.
22. Manuscript 38, 1895.
23. Manuscript 68, 1897.
24. Review and Herald, Apr. 21, 1904.
25. Signs of the Times, November 24, 1881.
26. Testimonies for the Church, vol. 3, p. 532.
27. *Ibid.*, vol. 5, p. 45.
28. Manuscript 53, Undated.
29. Manuscript 45, 1911.
30. Counsels to Parents, Teachers, and Students, pp. 76, 77.
31. Testimonies for the Church, vol. 4, p. 141.
32. Letter 18e, 1890.
33. Manuscript 33, 1909.
34. Signs of the Times, July 22, 1889.
35. Review and Herald, July 16, 1895.

THEN - XI
Inthununna Dik Lo

BUNG 46
INTHLAHDAAH THAT LOHNATE

Hmangaihna Diktak Chu Nuamchentir Hi A Ni Lo—Hmangaihna hi naupang thinlung kawngkhar chahbi a ni a, mahse mahni fate an duh duh tihtir thei khawpa nu leh pate hruaitu hmangaihna chu an thatna atâna thawktu hmangaihna a ni thei lo vang. Isua an hmangaihna ațanga chhuak khawngaihna chuan nu leh pate chu remhre taka an thuneihna a hmantir theih bâkah rang taka thu âwih turin an fate chu an phût theih phah ang. Naupangte leh nu leh pate thinlung chu phuar khawm a țul hle a, tichuan chhôngkua angin finna te, zahawmna te, ngilneihna te, dawtheihnate leh hmangaihna te luanna hmun an lo ni ang.¹

Thlahzal Lutukna Hian Fapa Sual A Siam.—Naupangten Pathian an ngaihsak lohna chhan chu an zalên thin lutuk hi a ni. An duh thlanna leh an rilru thlêkna lamte chu ngaihnathiam an ni zel a. . . Fapa sual tam tak sualna chhan chu in chhônga inthlahdah lutukna avang te, an nu leh paten Pathian Thu an âwih loh vangte a ni. An rilru leh tum chu nunphung nghet leh dik, petek ve mai mai lo leh nghet tak maiin a chhawm nun ni rawh se. Khawngaihna leh rilru nghehnate hi entawn tlâk nun duhawm leh danglam ve mai mai lo nena kenkawh tur an ni.²

Thlahzal Nasat Poh leh Inenkawl A Harsa.—Nu leh pate u, in chhôngkua chu naupangte nuam tihzâwngin siam rawh u. Mahse hetia ka tih hian an duh duha awmtir tur ka tihna a ni lo. An duh duha an awm nasat poh leh enkawl an harsa a, mi zinga an awmin awm dân tâwk an thiam ta lo thin a ni. An duh ang anga awmtir in phal chuan an nungchang thianghlimna leh duhawmnate chu a chuai thuai mai ang. Thu âwih dân zirtîr ula. In thuneihna kha an zah tur a ni tih hmu Chiang rawh se. Hei hi a tir lam chuan hrehawm an ti deuh mai thei, mahse nakin zelah an la hlim phah em em zâwk dâwn a ni.³

Naupang a duh duh tihtir leh kal sualtir hi sual a ni. Chuvangin naupang chu thununna hnuaiiah kuntir tur.⁴

Naupangte chu an duh ang anga an than chuan anmahni chauh kha emaw en bing a, ngaihtuah a, tihhlim tur an inti a. An duhzawng leh duh thlannate chu duhtawk ngahtir zel turah an indah mai a ni.⁵

Nu chuan a fa chu a duh duha awmtir a, a châk apiang tihtirin thu a âwih loh pawhin a pawisa lo tur em ni? Ni love, chutianga a tih ngat chuan a in chhôngah Setana chuan hnehna puanzar rapthlâk zet chu a rawn zâr duai dâwn tihna a ni. Chu naupang chuan amah chauha a

do theih loh avangin a dopui ve sela. Thahnemngai taka Pathian dil te, ramhuai thlêmna hnar te, a fa pawm lâi Setana inchhuhsaktir miah lohte hi nu hnathawh tur chu a ni.⁶

Naupang Duat Lutuk Hi Lungawi Lohna leh Luhulna A Ni.— Chhûngkaw thenkhatah chuan naupang duhzawng chu dân a ni. A duh apiang an pe a. A duh loh zawng apiang an duh loh ve mai a ni. Hetia an dah lal hian naupang chu hlim zâwk dawnin an hria a, mahse hengte hian a tiluhlul a, lawmna tak tak a neihtir chuang lo va, vuina tur a ngah belh ting mai a ni. Nawmchenna chuan chaw pângngai leh hrisel tui tihna te, mawl tak leh tha taka hun hman châknate a tibo bawk; nawmsak lutukna chuan chu naupang nungchang chu tun leh chatuan atân a tiderthawng bik em em a ni.⁷

Inhmuhsitna Elishan A Zilhhau Dân Sâwt Tak Mai Chu.—Naupang nuar chu an duh apiang pêk mai tur tih hi a dik lo. Elisha chu a rawngbawl tantirh khan Bethel khaw naupanghovin an lo chhah nawmna ngawt mai a. Pa zâidam tak chu a ni naa Pathian Thlarau chuan ânchhe lawh turin A tirlui tlat mai. Mipui chuan vana Elija lâwn thu kha an lo hre tawh a, mahse chu thil thleng urhsun zet mai chu fiamthu thawh nân an hmang zu nia! Elisha chuan naupangin emaw puitlingin emaw kohna thianghlim a dawn chu an nuizhat mai mai tur a ni lo tih a lantir ta a ni. Elija ang khan vanah chho ve se atân a tha zâwk ang tih an lo hrilh chu Lalpa hmingin ânchhia a lawh a nih kha. A chhaihtute chung a rorelna rapthlâk tak mai lo thleng kha Pathian tih a ni.

Hemi hnu hian Elisha chuan a rawngbawlna-ah harsatna a tâwk ngai ta lo. Kum sawmnga chhûng khan Bethel khua chu a lût chhuak fo va, khaw hrang hrang a tlawh kual nasa hle bawk a, chutianga a zin chhuah chângte chuan mihring sual tak tak leh thalai awm-eu tak tak awmnate a paltlang fo bawk a, mahse tuman an chhah nawmna ngai tawh lo va, Chungnung Bera zawlnei a nihna chu an ngâinêp ngam tawh lo a ni.⁸

An Nawrh Chiam Avangin Tlâwm Suh U.—Rorelna Ni-ah chuan nu leh pate hian an fate intihnawmsak dân tha lo tak avang hian insawifiah tur an la nei ngei ang. Tam tak chuan an fate huai bâk thlêm bâna awlsam ber anih avang ringawtin thil âwm lo pui pui an ngen apiang chu an pe zel mai a ni. Naupang chuan rilru dik tak pu chung a hnial a tâwk ang a, chu chu thu tâwpna a ni ang tihte zirtîr tur a ni bawk.⁹

Mi Thusawi Hmain In Fate Thusawi Awih Ngawt Suh U.—Nu leh pate chuan an fate sualna chu thil ho mai maiah an ngâi tur a ni lo. Thian tha thenkhatin in fate sualna an sawiin in dikna tichhiaah leh a mimal taka do angah inngâi suh u. Naupang leh thalaite awm dân hian khawtlâng nun a khawih a. Naupang sual pakhatin naupang dang tam tak a hruai sual thei a ni.¹⁰

In fate chu ringtu upa zâwkte thusawi aia an thil sawi âwih zâwk zel turah inngaihtir phal suh u. ‘Ka fate thusawi hi ringtu dangte thusawi aiin ka ring zâwk’ in tih tluka in fate in tihchhiat theihna nasa a awm lo. Mi tihder ching takah in chhuah mai ang.¹¹

Naupang Duat Sual Awm Dân—An duh duha naupang awmtir that lohzia hi chipchiar taka sawifiah zawh mai theih a ni lo. Naupan laia ngaihsak an hlauh loh avangin thenkhat chuan kawng an bo a, chung mite chu mihring nun diktak an tawn chhoh hnu-ah an inhre chhuak a, mahse tam tak chu an naupan lâi leh an tleirawl chhuah chhoh lâi khan mihring nun hi khingbâi taka an hriat avangin chatuan atân an bo hlen thin. Naupang duat sual chuan a damchhung daih phurrit a phur reng mai a ni. Fiahna a kaltlang a, thlêmna a tawh chângte leh lungawi lohna a hmuh chângte hian a duh thlanna thunun loh leh kaihhruai that loh ang ang chuan a kal vel mai mai thin. Thu âwih tura zirtîrna tha dawng lo naupang chuan thil tih thut thut hmang mize derthawng tak mai a nei ang. Mi thu hnuai a awm dân thiam lovin an thu hnuai a mi dah an tum a. Naupan laia thunun loh leh zirtîr loh kalsual zel chu nutling patling an nih hnuai an thil rochun chu a lo ni ta mai a ni. Mihring rilru herh tawh chuan thil dik leh dik lo a hrethiam tak tak tawh thin lo.¹²

1. Review and Herald, Oct. 9, 1900.
2. Manuscript 33, 1903.
3. Signs of the Times, November 24, 1881.
4. Review and Herald, May 4, 1886.
5. Testimonies for the Church, vol. 5, pp. 324, 325.
6. Manuscript 49, 1901.
7. Review and Herald, Apr. 13, 1897.
8. Manuscript 119, 1899.
9. Review and Herald, Apr. 13, 1897.
10. Signs of the Times, Sept. 17, 1894.

BUNG 47

THUNUNNA THLAHTLAMNA LEH A RAHTE

Inzirtîr Dân Dik Lovin Sakhaw Nun Pumpui A Nghawng.—Nu leh pa, Pathian òh tura fate zirtîr lo, thunun loh leh khuahkhirh miah loha fate enkawl puitlingho chungah chuan chungpikna a la thleng ang. An naupan lâi aţang rêngin an duh duh hunah duh tâwk tâwka nawrh benchhen leh huaibâktîr phalsak an ni a, chu rilru chu chhûngkua an din hnu-ah an la lût leh a. An rilru puthmang a kim lo va, an chhûngkaw inawp dân pawh a no zawng hliir a ni. Krista an rin hnu-ah pawh an naupan laia an thinlung luahtu zauthauna kha chu an hneh tak tak thei tawh òhin lo. Tunhma an têt laia zirtîrna an dawn rah chu an sakhaw nunah pawh an keng tel zêl tawh mai a ni. Èh kûl ang anga thingţang a ţhang zawm ang hian LALPA thlai ulh kur lak lawh tawh tihdanglam leh chu thil harsa ber a ni bawh. Chutiang nu leh pate chuan thutak an lo pawm chuan indona hautak zet mai an hmachhawn òhin. An nungchang chu an thlâk thei mai ang. Mahse an sakhaw nun pumpui hrim hrim chu an têt laia thununna an lo tlâkchham tawh khan a nghawng tawh tho tho mai. Hetianga inzirtîrna famkim lo avang hian an fate thlengin an tuar a, an dik lohna chu an tu chhuan thumna leh chhuan lina thlengin an kâi zel tawh mai a ni.¹

Tunlai Elia Chu.—Nu leh paten Elia anga an fate sualna an en mai mai theih chuan Pathianin mi an hneh theihna huhâng chauh pawh ni lovin an khuahkhirhna hnuaiia awm òhalaite rilru an hneh theihna pawh an tichhia a ni tih an hmuh theihna hmunah A la dah hlawm ang a. Zirlai hrehawm tak an la zir bawh ang.²

Aw, tunlai Elia, fate suahsualnaa chhuanlam zawng rûaiho hian Pathian pêk an thuneiha chu fate thunun nân leh zilh nân hmang nghal rawh se. An enkawlna hnuaiia awm naupangte sualna hmuh kân a, chhuanlam zawng ruai òhin nu leh pate leh naupang enkawltute hian heng thil dik lo thlah pungtute an nihzia hi hre reng rawh se. An fate chu thlah zalen mai mai lo leh thinur thuta che buan buan lovin hmangaihna leh òhawnţaina nen thununna tiang lo hmang fo òhin nise chu chhûngkaw hlim zâwk leh khawtlâng nun nuam zâwk kan hmu òhin ang mawle.³

Elia ngaihshamna chu ram chhûng nu leh pate hmuh theihah chiang taka tar lan a ni a. A khawngaihna thianghlim lo leh thil hriatthiam hauh loh tur an tireng chungah engmah a tih duh loh avang khan a fapa hur herh tak maite chungah chuan bawhchhiatna rah chu a seng ta a nih kha. Hetiang sualna awmtir reng phaltu nu leh pate leh bawhchhetu an fate chuan Pathian hmaah thil an tisual a, an bawhchhiatna avang chuan an inthawina chu A pawmsak ngai lo a ni.⁴

Nungchang Ţha Lote Hi Khawtlâng Tân Anchhia An Ni.—Aw, engtikah nge nu leh pate hi an fin vâ ang a, eng tikah nge Pathian Thu anga an fate hnen aţanga thu âwihna leh zahderna an phût tur an ngaihthahzia si hi an hmuh a, an hriat chhuah dâwn chu le? He inzirtîrna thlahdah rah chu an fate kal chhuakin mahnia in leh lo an han khâwr ve hnu hian a lang òhin a. An nu leh pate thiltisual chu an chhawm zel mai a ni. An nunze òha lo chuan a thleng thûi khawp mai; midang hnenah chuan anmahni nungchanga bet ei leh in duhzawng òha lo te, thil òha lo chin hlenna te leh thin ter tekte chu an kâi zel a. Tichuan khawtlâng tân malsawmna ni lovin ânchhia an lo ni ta zâwk a ni.⁵

Tunlai khawvel sualnate hi han chhui ila nu leh paten anmahni inthunna lam leh an fate thununna an ngaihthah vangah kan chhui lût fo thei ang.

Setana kut tuar mi sang têt hetiang an lo awmna chhan hi chu naupan laia nu leh paten an enkawl dân a pawlawh em vang a ni. Hetiang inenkawl na hi Pathianin khauh takin A la zilh ang.⁶

Inthununna Hruì Thlah Dulin—Naupang enkawl that loh, thu âwih tur leh mi zahderna nei tura zirtîrna dawng bawk si lo chuan khawvel an zawm a, an nu leh pate chu an kuta hruì hlingin an duh duhna hmunah an pawt kawî mai a ni. Naupangin hnial buai lova zahna an lantir maina tur hunah leh an thurawn an zawm maina tur hunah nu leh pate hian an inthununna hruì chu an phelh dul zing lutuk tlat. Nu leh pa, mi rilru nghet, khawngaihna ngah tia mi entawnte chu an faten an hruai ta zawmah mai. An lo nghing ta. Krista kraws châwi sângtu paho, tum thuhmun neia Lalpa Isua chhinchhiahna putute chu an fate zâwk chuan kalkawng inhnial theih tak mai leh chiang lo tak maiah chuan an hruai ta a ni.⁷

Naupang Lian Deuh Tawhte Thlahdahna.—Nu leh pa, mahni mawhphurhna hre awm tak takte pawh hian an khuahkhirhna chu an fate lo thang chho mêk duhzawng tihlawhtling turin an thlahdul hlauh thîn a. An fate duhzawng chu an dân hriat chhun chu a ni mai. Nu rilru nghet leh thle tawn mai mai lo, nunphung nghet an vawna lama thlep ve ngai lo, rinawm leh tlâwm takte meuh pawh an fate an lo nulât tlangvâl chhoh chuan an lo inthlahdah ve leh mai thîn. Mi mit lâk an tum luat avangin an fate chu Juda kalsual hovin an fate mei alh kal tlangtira Molek-a an pe ang khan Setana hnenah an kut ngeiin an pe a ni.⁸

Naupang Ngainat Nih Duh Vanga Pathian Tihmualphona.—Nu leh pate chuan Pathian hre lo tleirawlo rilru duhzawng chu hmun an kian a, khawvela lansarh tumin pawisa leh thildangten an tanpui hial a nih chu. Aw, chung nu leh pate chu engtin nge Pathian hma-ah an la insawifiah ang le? Pathian tihmualphovin an fa awm eu deuh deuh te chu an fak chiam a, an kawngkâ chu tunhmâa an lo duh tawh loh hnu intihlimna atân an hawng zau ta hle mai a ni. Khawvel lama an fate hneh nân lehkhaden te, lâmo te leh *balls* (N.America-a infiamna chi khat) te an phalsak zel a. An fate an hneh a tûl vanglai tak, Kristian diktak awmzia an lantirna hun tha ber turah chuan Elia ang khan an fate tihlawm tuma Pathian an tihmualpho avang leh A duhzawng an ngaih pawimawh loh avangin Pathian anchhia an dawntir ta zâwk a ni. Mahse thih dâwn dârkarah meuh zawng, sakhaw mi nihna sâng tak ringawt chu a hlu lutuk lo a ni. Hetiang sakhwana hi chanchin tha rawngbawltu thenkhat chuan an pawiti lo pawh a ni thei e, mahse nu leh pate chuan hlutna reng nei lo chawimawina neih tumin ropuina lallukhum chu an kalsan tih an la hmu chhuak ang. Pathian chuan nu leh pate chu an tihur hlen tura ding turin tanpui rawh se!⁹

In Fate Awm Dân Tura In Duh Angin Awm Rawh U.—In fate awm dân tura in duh ang chiahin awm rawh u. Nu leh pate chuan an nun leh tanwngkam hmangin an nungchang chu an thlah kal zelte thlengin an chhawm nung reng a. An awm dân mâwi lo leh hawihhawm lo tak tak leh an tanwngkamte chu an tute thlengin a kal zel a, tichuan inenkawl na lama nu leh pate tlin lohna chu anmahni tihmualpho zâwngin chhuan khat ata chhuan dang thlengin a kal ta zel mai a ni.¹⁰

1. Review and Herald, Oct. 9, 1900
2. Manuscript 33, 1903.
3. Signs of the Times, November. 24, 1881.
4. Review and Herald, May 4, 1886.
5. Testimonies for the Church, vol. 5, pp. 324, 325.
6. Manuscript 49, 1901.
7. Review and Herald, Apr. 13, 1897.
8. Manuscript 119, 1899.
9. Review and Herald, Apr. 13, 1897.

10. Signs of the Times, Sept. 17, 1894.

BUNG 48 NAUPANG CHHAN LETNA

Inrunrâlna An Chhan Dân.—Naupangte chu LALPAA an nu leh pate thu zawm tura thu pêk an ni a, nu leh pate pawh, “In fate tithinur suh u, an rilru a hnual dah ang e,” tih thu pêk an ni.¹

An rilru hneh tur âi mahin tihthinur tuma kan tih a zing zâwk fo. Nu pakhatin a fa thil ken, a tleipui em em a chhuhsak lawp lâi hi ka hmu a. Naupang chuan a chhan a hre lo va, a rilru a chi-ai kher mai. Chutah nu leh a fa inkarah chuan indona nasa tak mai a lo thleng ta, a lan dân chuan inzilhhauna ãawngkam hriam tak maiin chu indona chu a titâwp a; mahse chu indona chuan naupang rilru no tak maiah chuan awlsam taka hrûk reh theih tawh loh tur thil a innemkai ta tlat mai a ni. He nu thil tihdan hi a âthlâk kher mai. Thil lo thleng zelin a nghawng tur chu a ngaihtuah lo. A thil tihdan âthlâk tak mai leh vin zet mai chuan naupang rilru chhiatna lâi ber a kai harh a, an inhauh leh hunah chuan chu rilru chhia chu kaih thawhin a awm leh ang a, a hma aiin a chak zâwk baw ang.²

Sawisêlna An Chhan Lêêt Dân.—An thil tihsual palh vêng reng renga buai tur leh sawisêlna zawng reng chung naupangte hlimna khuh bo daih turin dikna in nei bik lo. Thil dik lo chu a dik lohna ang taka lanchhuahtir ni sela; a lan chhuah tawh loh nân kawng mumal tak leh nghet tak zawh tur a ni; chuti chung chuan naupangte chu rilru buai tak leh beisei bova awmtir tur a ni lo va, mahse huaisenna tlêm tê nen tal pawh hmasawnin in pawmpuina leh rintawkna chu an hlawh thei a ni. Naupangte chuan thil ãa tih an duh thei, an rilruin thu âwih an tum a ni thei baw, mahse ãanpuia fuih an mamawh a ni.³

Thununna Khauh Lutuk Hnuai An Awmdan—Engten nge chhûngkaw inthununna hi siam tih hriat thiamna tak tak awm lohna leh eng hi nge inthununna ni a, inawpna tih thua naupang rilru buaina chhûngkuate hian Pathian an va timualpho em! Thununna khauh lutuk te, phunchiar lutuk te, ãul lova inkhap beh leh intirh zut maite hian thuneitute zah lohna leh a tâwpah phei chuan Kristaa an hlen chhuah tur dân pawisak lohna-ah a hruai zâwk ãhin.⁴

Nu leh pa an khirh lutuk a, an intih lal lutuk hian naupang luhlulna leh timawhna rilru an kai tho va. Tichuan nu leh pate chuan nêem taka mi hneh theihna an neih tur kha an fate chungah chuan an lek thei ta ãhin lo a ni.

Nu leh pate u, ãawngkam rum deuh deuh hian helna rilru a chawh tho tih in hre thei ngang lo em ni? Ngaihtuahna nei miah lova in fate in enkawl ang khan miin tive ta che u sela engtin nge in tih ang? Thil lo awm chhan leh a nghawngte hi ngaihtuah rawh u. In fate in hauh a, mahni pawh invêng thei lo khawpa la naupangte in khawih ãhuai lâite khan chutiang inenkawlna chuan nangmahniah engnge a nghawng dân tih in inzâwt ngai em? Miin an sawisel deuh hlek che ua in huatthu chhiatziat kha in ngaihtuah baw em? Miin in thiltih ve theih zawng nia in hriat an lo ngaihsak vak loh tuma in rilru nat hmazia te kha in ngaihtuah em? Naupan lâi aãanga ãhang lian ve mai in nih kha. Chuvangin rum deuha in ãawng lâi te, in sawisel vak vak lâi te, Pathian mithmuha in enkawl dân ãat lohzia zât ve pawh tling lo an thil tihsual chhe tê avanga in hrem vak laia in fate rilru tur chu ngaihtuah teh u.⁵

Kristian nia insawi nu leh pate tam tak hi chu an piang thar lem lo va. Rinnain an thilungah Krista chu a cheng hek lo. An ãawng rum tak te, thu hnu an dân lohna te, an chapo rûknate hian an fate chu a hnar tlat a, sakhaw inzirtîrna zawng zawng pawh an ngeitir vek mai a ni.⁶

Insawisêl Rengna Hnuai An Awmdan.—Thil ãa lo siam ãat kan tumnaah hian mi dik lohna ringawt zawnga sawisel tur hlir zawng lo turin kan invêng tur a ni. Insawisel reng mai hian mi a ti chi-ai a, tumah a siam ãa lo. Mi tam tak, (mi rilru hneh awl zualte an ni fo) tân chuan inngaih thiamna awm lova insawisel rengna boruak chu tih tur tih tui loh phah rawihna tham a ni. Pangpârte pawh hi hri chhe keng thliin a nuai chuan an vul chhuak thei lo a sin.

Engemaw bik a tihsual ðhin avanga sawisel tâwk fo naupang chuan chu a thil tihsual chu a ze danglam bikna leh ðul lova intihhah thlawwna mai mai niin a ngai a. Chu chuan beidawwna leh rilru hnualna a siam a, mahse chu chu a thiltihtur ngaihsak lohna emaw luhlulna emaw hmangin a thup fo thung.⁷

Thupêk leh Hauhna An Chhan Dân.—Nu leh pa ðhenkhat, mahni-inthununna nei miah loho chuan buaina thlipui an tlehtir fo ðhin. Naupangte chu zâidam taka tir mai lovin an vin nghal ringawt a, chutah an naupangte chu ðul hauh lohva an la sawisel zui nek bawk. Nu leh pate u, in fate laka in awm dân hian an hlimna leh an rilru sâna turte pawh a tichhe vek zâwk a ni. Hmangaihna ni lo, an hnial ngam loh che u avangin in thu chu an awih mai a. An rilru chu an thiltihah a awm lo. In thu âwih chu hlimna ni lovin hna hrehawm tak a lo ni a, chu chuan in tirhna thil ðhenkhat a theihngihlhtir a, nangni in thin a lo ur zual a, naupang dinhmun chu a lo chhe ta tawlh tawlh mai a ni. Chutah sawiselna tur in hriat belh zel a, beidawwnaa an rilru a khah thlengin an nungchang ðha lo tak mai chu a lo langsar ta a, tichuan mi an tilawm nge lawm lo tih pawh an pawisa tawh lo. Engmah pawisak lohna thlarauvin a hneh a, chuvangin in chhûnga an hmuh loh hlimna leh lawmna chu nu leh pate hmuh phâk loh pâwn lamah an zawng ta a. Khawlaiah ðhian kawmin a sual berah an lo ðang ta mai ðhin a ni.⁸

Thil Tihdan Mumal Lo An Hmuh Dân.—Nu leh pate duh thlanna chu Krista duh dân ni rawh se. Pathian Thlarau Thianghlimin A thunun leh A siam an nih chuan an fate chu sawisel tur awm miah lovin an awp thei ang. Mahse thununna kawnga an khirh a, an kherkhiap viau chuan anmahni pawhin an tih theih loh titurin an phût tihna a ni a. An thiltih dân mumal lo tak hian hleih neihna rilru a kai tho bawk.⁹

Hleih Neihna An En Dân.—Naupangho hian hleih neihna chhe tê chauh pawh hi an hre thei khawp mai a, ðhenkhat pheï chu hleih neihna avang hian an beidawng a, thinrima vin nghek leh hremnaa vau pawh an pawisak loh phah hial ðhin. Dik taka thunun nise naupangte chu nungchang ðha tak leh inrem tak nei tur an nih laiin nu leh paten thunun an tum dân a dik tâwk loh avangin naupang thinlungah helna rilru tuh a ni fo bawk. Mahni pawh inthunun ðha thei lo nu chu naupang enkawl tlâk a ni lo.¹⁰

Kuta ðhuai leh Ben An Nih Chânga An Awmdan.—Nuin a fa a ðhuai nek a, a ben ðhuai ðhuai hian a fa chuan Kristian nungchang mâwi chu hmu theiin in ring em? Ring lo vang; an thinlungah sualna rilru a kai tho va, naupangin an ðhat phah lo.¹¹

ðawngkam Chhia leh Hriat Thiamna Nei Lo An Chhân Dân.—Nu leh pate chu zirtîrtu dik tak an nih theih nâna ðanpui turin Krista chu A inpeih reng a ni. A sikula zir chhuakte chu an ðawngkam a chhe ngai lo va, lainatna nei lo an ni hek lo; hei hi a chhan chu hetiang ðawngkam beng khawrh leh hriatna thazam tingawngtu hian rilru a tihrehawm a, a lo dawngtu naupang rilru ðha lo chu thunun theih loh khawpin a tichhe ðhin. Hei hi naupangten zah lo taka an nu leh pate an chhân ngamna chhan chu a ni fo.¹²

Innuihzatna leh Inhnehsawhna ðawngkam An Chhânna.—Nu leh pate hi mite nuizhat a, hau va, sawisel turin thuneihna pêk an (nu leh pate) ni lo va. An fate chu mâwi lo takin nuizhaburah an siam tur a ni lo. Hetiang zâwnga inthunun tumna hian sualna a siam ðha hek lo. Nu leh pate u, in fa sual zilh nân leh hauh nân Pathian Thu hi hmang ula. “LALPAN A ti,” tih hi zilh nân hmang rawh u. Pathian Thu anga tihrik a nih chuan he zilhna hian nu leh pate ðawngkam vin leh thinrim râwl aiin thil a tithei zâwk daih a ni.¹³

Dawhtheih Lohna An Entawn.—Nu leh pate dawhtheih lohnain naupangte dawhtheih lohna rilru a chawk tho. Nu leh pate thinurin an fate a tithinur a, an pianpui sualna a chawk tho ðhin. Mahni inthununna an hloh a, mâwi lo taka an ðawng buan buan hian Pathian chungah thil an tisuwal a ni.¹⁴

Thlêm Bawka Hauh Bawka An Awmdân.—Naupang thenkhat, an duhzawng pêk an nih loh avanga huai bâk, chhuata let tawp tawp leh ke pera t̄ap vak vak, nu f̄ing vak lovin vuak leh thlêm kawpa tihban a tum lâi ka hmu fo t̄hin. Hetiang inenkawlna hian naupang chu a tihluhlâng mai mai a ni. A tih leh hunah phēi chuan a hma ni ang bawka thlêm leh beisein a nuar nasa lehzual ang a; tichuan vuakna tiang dah t̄hat a ni a, naupangin a chhiat phah tung a ni.

Nu chuan a fa chu thil pakhtah chauh pawh a inhnentir tur a ni lo. He thuneihna vawng reng tur hian t̄awngkam vin kher hman a ngai lo ve; naupangin i hmangaih tih a hriat phahna zâwk ngilneihna leh kut chak tak leh nghet tak chuan a tum chu a hlen ang.¹⁵

Tum Mumal Lohna leh Rilru Nghet Tlâkchhamna.—Thutlûkna mumal lo lutuk leh rilru ngheh lohna hian thil a tichhe nasa thei kher mai. Nu leh pate thenkhatin a tira an fate hnena thil an pêk phal loh, a hnu lawka khirh lutuk nih hlauva an pêk phal leh mai t̄hin thu hi ka hre fo va. Chutiang chuan damchhungin an fate chu an hliam ta t̄hin a ni. Hei hi mihring rilru awmdan pawimawh tak, en khum mai mai loh tur chu a ni. Thil pakhat an duh em em chu beisei bo t̄hak khawpa hnial an nih chuan an beiseina chu a bo thuai a, thil dang an ûm daih mai t̄hin. Mahse beiseiawm taka a awn chhûng chuan neih tumin an bei zawm reng mai ang tih hi.

Nu leh pate tân fate tirh a t̄ul a nih chuan an tirhna an awih loh palha hremna chu leilung dân a danglam mai mai lo ang hian a danglam mai mai tur a ni bik lo. Hetiang dân khauh tak leh nghet tak hnuai a awm naupangte chuan an nu leh paten an phal tawh loh chu tihder leh tlawn kual vel vanga neih mai thei a ni lo tih an hre mai a. Tichuan inphah hnuai dân zirin an lo hlim phah zâwk ang. Thutlukna mumal nei lo leh nu leh pa inthlahdah lutuk hnuai a seilian naupang chuan t̄ap chung leh titau chung a awm zawng chu ngen chhuah thei niin an ring tlat mai a. Chutiang anih loh pawhin hremna tuar miah lovin thu chu an âwih lo ngam mai ang. Tichuan châkna te, beiseina te leh mumal lohnten an khat a, chu chuan an awm a tinuam lo va, a tithinchhia a, a tihel bawk. Chutianga fate enkawltu nu leh pate chu Pathianin an fate hlimna tichhetu angah A ngâi a. Hetianga fel lo taka inenkawlna hi mi sâng tam takte sakhua lohna chhan leh thinchhiatna chhan chu niin Kristian hming invuah mi tam tak tân chhiatna an ni.¹⁶

Tul Miah Lova Inkhap Behna.—Nu leh pate hi an upat a, fate an enkawl bawk si chuan pa ber chuan a kawng lo zawh tawh bum boh tak leh hahthlâk tak kha a fate chuan zawh ve ngei se tihna rilru a nei duh khawp mai. A tân chuan a faten anni nu leh patena an hlimna leh an nun nawmna tur ngaihtuhsak an mamawh tih hriat chhuah chu a harsa hle t̄hin.

Nu leh pa tam tak chuan an fate chu hlimna pawisawi lo leh him chin an chen pawh an phal lo va, an thinlungah thil t̄ha lo châkna an tuh ang tih an hlauh luatah naupang hlimna tur ngawih ngawih pawh an khapsak zel t̄hin. Thil t̄ha lo a chhuah phah an hlauh luatah an hlauh thil t̄ha lo laka an fate vênghim zâwk tur thil hotea han intihhlim pawh an phalsak lo; tichuan naupangte chuan duhsakna chu beisei bovah an dah ta tawp mai a; a ngen pawh an ngen buai peih lo. An nu leh pate thilkhap nia an hriat intihhlimna tawh phawt chu a rûka tih an tum zel tawh mai a. Tichuan nu leh pate leh fate inkara inrintawkna chu tichhiat a lo ni ta a ni.¹⁷

An Chanvo Awm Tak Pek An Nih Loha An Awmdân.—Nu leh pate chuan naupan lâi nawmzia sawi tur an hre lo a nih pawhin eng vangin nge an nin an hriat loh avang ngawta an fate nun chu an hliat thim tlat ang? Pa chuan chu kawng him awm chhun niin a hre mai thei; mahse mihring rilru hi a inang vek lo tih hi hre reng rawh se. An inkhap nasat poh leh an thil khap neih châkna rilru chu a nasa ang a, a rah chu nu leh pate thu âwih lohna a ni ang. Pa chu a fapa sualna nia a hriat avang chuan a lungngai ang a, a helna rilru avang chuan a thinlung a na hle bawk ang. Mahse a fapain thu a âwih lohna chhan chu thil sual pawh ni lem lova a intihhlim takngial pawh a khapsak zel vang zâwk a ni tih hre chhuak se a t̄ha a ni mai. Pa chuan a tir at̄angin engvanga khapsak nge a nih chu hrilh Chiang hle-ah a inngai a ni thei. Mahse nu leh pate chuan an fate chu mihring rilru nei an ni tih hre reng sela, miin an chungah tise an duh tur ang chiahin an fate chungah chuan tive rawh se.¹⁸

Mi Ti Kher Kher An Chhân Dân—An nu leh pate ațanga thunei tak leh mi chungtlâk taka awm țhang tawhten thununna leh zirtîrna khauh taka an lek kawh hian an fate an siam țha lo vang. An fate dik lohna hleka an duh khermei em emna chuan mihring thinlunga lungawi lohna thûk ber chu a kaitho va, an fate chuan dik lo tak leh hleinei taka enkawl nia inhriatna an lo nei mai țhin. An fate-ah chuan an mahni pêk ngei mihring ze pakhat chu an tawng mai reng a ni.

Chutiang nu leh pate chuan thutak an nun pui dân chu a dik loh em avang leh Kristian sakhuana chu mi hip lo tak leh mi hnar tak anga an lantir avangin an Pathian thu sawi ve chuan an fate chu Pathian hnen ata a hnawt bo zâwk a ni. Naupangte chuan, “A țha e, chu chu sakhuana a nih chuan a hnen ațangin engmah ka beisei lo ve,” an ti mai ang. Tichuan mihring thinlungah sakhaw hmelmâkna a intuh a, thuneihna kenkawh dân mumal lo chuan naupangte chu vanram sawrkarna leh dân hmuhsitna-ah a hruai ta țhin a ni. Nu leh pate hian an rorel fel lohnain chatuana an fate awm dân tur chu an tinghet ta a ni.¹⁹

Mi Zâidam leh Ngilneihnaah.—Nu leh pate hian an fate chu nelawm se an tih chuan țawngkam vinin an be tur a ni lo. Nu chuan a thin a tichhiat bâkah a zâm tlat avangin fa chu kuta țhuaiin a vin hrep țhin bawk a. Naupang chu zâidam tak leh ngilnei taka enkawl nise zawng mi nêlawm tak ni turin a chhuah ngei ang.²⁰

Hmangaih Taka Ngenna An Chhân Dân.—Pa ber chuan chhûngkaw puithiam a nih angin a fate chu zâidam tak leh dawhtei takin chhawnchhahh sela. Naupang rilrua buai châkna muhil chu kaitho lo turin fimkhur rawh se. Bawhchhiatna chu zilhhau lova a chhuah a phal tur a ni lo va, mahse mihring thinlunga thinur châkna chhe ber chi kaitho lova tihdan kawng a awm a ni. A fate chu hmangaihna nen kawm sela, an kawng zawh mêkin Chhandamtu a tihlungngaihzia te hrilh rawh se; tin, zahngaihna lalthutphah hma-ah chuan țhingthit puiin an chungah khawngaihna A lantir theih nân țawngtai sela, sim a, ngaihdam dil turin Krista hnenah hruai rawh se. Chutiang inthununna chuan thinlung sak ber berte pawh a tikehsawm vek zel deuhthaw ang.

Pathian chuan kan fate nen hian nun tlâwm taka inchwawnchhahh turin min duh a. Puitlingte neih tawh inzirna hun kum tam tak kha an la nei ve lo tih kan theihngihl leh țhin. Kan duh anga thil an tih loh apiang hian hauh phu hliah hliahin kan hre fo mai bawk a. Mahse hei hian thil a siam țha lo vang. Krista hnenah hruai la, tichuan A malsawmna chu an chungah a awm ang tih ring mai rawh.²¹

1. Manuscript 38, 1895.
2. Counsels to Parents, Teachers, and Students, p. 117.
3. Signs of the Times, Apr. 10, 1884.
4. Review and Herald, Mar. 13, 1894.
5. Manuscript 42, 1903.
6. Letter 18b, 1891.
7. Education, p. 291.
8. Testimonies for the Church, vol. 1, pp. 384, 385.
9. Manuscript 7, 1899.
10. Testimonies for the Church, vol. 3, pp. 532, 533.
11. Manuscript 45, 1911.
12. Letter 47a, 1902.
13. Fundamentals of Christian Education, pp. 67, 68.
14. Testimonies for the Church, vol. 1, p. 398.
15. Pacific Health Journal, April, 1890.
16. Signs of the Times, February 9, 1882.
17. Signs of the Times, Aug. 27, 1912.
18. Signs of the Times, Aug. 27, 1912.
19. Review and Herald, Mar. 13, 1894.
20. Review and Herald, May 17, 1898.
21. Manuscript 70, 1903.

BUNG 49
LAINA HNAITE SÛKTHLÊK

Laina Hnai Inthlahdahin Harsatna A Siam Thei.—Midang chungah in fate enkawlina in nghah dân kha fimkhur rawh u. Pathian pêk in mawhphurhna kha tuman an chhâwk vek thei lo che u nia. Naupang tam tak chu an chhûngkaw rorelnaah thiante leh laina hnaite an inrawlh tam lutuk avangin an chhiat phah a ni. Nute hian an laizâwnte emaw an nute emaw pawh an fate an enkawl dân fel tak maiah chuan inrawlhtir an phal tur a ni lo. Nu chuan a nu hnen aţang chuan enkawl tha ber pawh a lo dawng tawh a ni thei, mahse thil awm dân sawma pakua-ah chuan mahni fate enkawl tha tak nu pawhin a tute enkawl dân chu a thiam lo va, a duat sual tho tho tih hi a ni. Dawhthei taka nu thawh rah chu an pi zâwk chuan a lo thiat zar zar a. Chuvangin dân pângngaiyah chuan pi leh pute hi tute enkawl tlâk an ni lo tih hi thufing tak a ni. A hmei a pain mi tin hian nu leh pate chu kan zahin kan chawimawi ngei tur chu a nia lawm; mahse naupang enkawl chungchangah kher hi chuan an inrawlh ve phal lo sela, an chhûngkaw sawrkar chu anmahni ngeiin an khalh kal tur a ni.¹

Naupang Thinrim leh Mi Zahpahna Nei Lo An Nuihzat Mai Mai Hian.—Ka kalna apiangah chhûngkaw inthununna leh khuahkhirhna ngaihtah a ni hian ka rilru a tina thin. Naupang te tak tete chu an aia upate laka an hman hauh loh tur tawngkam, mi zahpah lohna leh thinchhiatna lantirtu hmanga mi an chhan lête phalsak an ni a. Chutiang tawngkam mâwi lo hmantir phaltu an nu leh pate chu dem zâwk tur an ni nghe nghe bawk. Naupang luhlulna leh chimawmna chu vawikhat lek pawh ngaihzam tur a ni lo. Mahse a nu leh pa, a pami leh a nite, a pi leh pute thlengin naupang kum khat mi lek thinur tawngkam chuan a tihlim a. A tawngkam mâwi lo lâi, dik si lo leh a naupan luhlulnate chu a finna-ah an ngai zel bawk. Tichuan thil tha lo a lo chin hlen phah a, naupang chuan thiante ngeirawn a hlawh phah ta thin a ni.²

Inzilhhauna Tha An Lo Sawihnawm Hian.—Nu hovin an chungah mawhphurhna tam dân an ngaihtuah lohzia leh an hmuh phâk lohzia ka hmuh hian anmahni avang hian ka khur a nih chu. Thla tlêm têt chauha upa mahni hmasial nausên chungah Setana hna thawh dân chu an hmu reng a. Sual tinrenga khat Setana chuan a nei ta vek ni hialin a lang a ni. In chhûngah chuan a pi emaw, a ni emaw, a chhûngte leh thiante emaw, ‘naupang lutuk zilhhaute chu a nunrawn thlâk em mai’ tih rintir tum an lo awm ve thei a; mahse a dik tak chuan a nunrawn thlâk hauh si lo va; nunrawna râpthlâk ber zâwk chu chutiang nausên no lutuk leh tanpui ngai Setana pêk pumhlum tawp chu a ni zâwk si a. Nausên a chelhna kut chu phihthlâksak tur a ni. Zilh a ngai pawhin rinawm awm la, dik takin ti rawh. Pathian hmangaihna leh naupang chungah khawngaihna dik tak chuan rinawm taka mawhphurhna hlen chhuak turin a hruai ang.³

Chhûng Khat Zînga Buaina.—Nupui pasal inneihna avanga lainaa insiam chhûngkaw hnih chhûngkaw thum, fate mêl tlêm te bial chhûngah inhmuh phâka an awm hi a tha ber lo a ni. Pakhat buaina chu midang tân buaina a lo ni ve zel a. A boruak chu tû tân mah a tha lo. Chhûng tinin buaina tâwk kan neih vêk ang chi, a theih chhûng chu mahni chhûngkua chohvin kan hriat tur ang chite pawh laina hnain an lo hre ve a, chu chuan kohhran inkhawm thlengin a nghawng pha a ni. Thil thenkhat, thian tha leh laina hnai zual tak takte pawhin an hriat loh tur chi a awm a. Chung chu chhûngkua leh mimalin an phur mai tur a ni. Amarawhchu chhûngkaw tam tak inhnaih lutuk chu an inkawm tel tel a, chutiangah chuan mi tin vawn tur chhûngkaw zahawmnain chhiat lam a pan tlat thin. Inzilh leh inhauhte a lo tul hian fimkhur tak leh nêh taka tih a nih loh chuan mi rilru tihnat a hlauhawm duh hle a. Nungchang entawntlâk ber pawhin tihsual palh leh hai palh a nei thei; thil tlêm têt aţangin thil tam tak a chhuak thei lo, chuvangin kan fimkhur em em tur a ni.

Chutiang chhûngkua leh kohhran chhûngkuate inlaichinna chu a nuam duh viau mai a; mahse thil zawng zawng ngaihtuahin Kristian nungchang mâwi famkim siam nân chuan a tha ber lo a ni. Chhûng tinte chu awm hrang theuhin a khat tâwkin intlauh pawh chauh se an vaia tân a lêt sawmin a tha zâwk daih ang.

Nupui pasal inneihna avanga inlaina hnai chhûngkaw intlawh pawh thinte chuan an lainate that lohna leh tlin lohna an hmuhin a siam that hna chu an kova tla ve-ah an ngai a; an inlaichinna man chu a san em avangin an laina hnai lem lote tih nise engahmah an ngaih tham loh tur thil tê tham tê-ah an lo lung ni lo ve ringawt a. Tin, an phû hle chung pawha duhsakna dawng tâwk lova inhriatna avangin rilru a na hmâ a. A châng pheih chuan thikna rilru a lo chhuak a, lei pawng satliah chu tlâng lian puiah a lo chang zel a. Hetiang inhriat thiam lohna tê tham tê leh ngaih dân inan lohna tlêm tê hian midang daih hnen ațanga fiahna leh harsatna lo kal aiin rilru a tina thei fê zâwk a ni.⁴

1. Pacific Health Journal, January, 1890.
2. Signs of the Times, February 9, 1882.
3. Review and Herald, Apr. 14, 1885.
4. Testimonies for the Church, vol. 3, pp. 55, 56.

THEN - XII

Rilru Chhûngril Lama Hmasâwnna

BUNG 50

THIAMNA DIK MIN NEHTIRTU CHU

Thiamna Dik Tak Zau Dân.—Thiamna dik tak chu engnge maw tihtur bik zir ngawt hi a ni lo; zau tak a ni. Taksa chakna leh rilru lama finna zawng zawng inrem taka siam that hi a huam a. Pathian hmangaihna leh tihna a zirtîr a, rinawm taka mihring nun mawhphurhnate hlen chhuak tura inbuatsaihna a ni.¹

Zirna diktak chuan rilru inthununna chauh a huam lo va, rilru nghet leh dik leh khawsak dân dik zirnate a huam bawk.²

Education zawng zawnga zirlai hmasa ber leh ropui ber chu Pathian duhzawng hriatna leh a awmze hriat thiamna chu a ni. He hriatna neih tuma beihna hi ni tin nunah lâk luh tum ila. Mihring hrilhfiarna ațang ringawta *science* zirte pheih chu zirna suak neihna a ni a; mahse Pathian leh Krista chanchin zirtu chuan vanram finna a zir a ni. Zirna thila buaina lo thlen chhan chu Pathian finna leh hriatna chawisan a nih loh vang a ni bawk.³

Mahni Hmasial Taka Mi-elna leh Duhamna Eptu Mi Hneh Theihna.—Tun hun ngeiah hian eng lam hawi zirna nge awm le? Eng rilru pû tura siam thin nge a nih? Mahni inhriat tumna a ni. Zirna tam tak kan pêk thin hi chu zirna hming pu tlâk an ni lo. Zirna dik takah chuan mi nih loh nih tumna te, lal duhna te, mihring nuna dikna leh mamawh ngaihnepnang ang chi, kan khawvel tâna anchhiate hian dotu a hmu nasa hle a. Mi tin tân Pathian remruatna-ah chuan hmun a awm. Mi tin chu a tha thei ang bera mahni *talent* tipung theuh tur an ni a; *talent* tihpun tuma rinawmna chuan, thilpêk chu a tam emaw a tlêm emaw, mi chu zahawmna a pe ang.

Pathian remruatna-ah chuan mahni hmasial taka inelnain hmun a chang lo. Mahni leh mahni in teh a, mahni leh mahni inkhaihkhin ho chu an fîng lo a ni (*2 Kor 10:12*). Kan thiltih apiang hi, “Pathianin chakna min pêk ang zela,” ti tur kan ni (*1Pet. 4:11*). “In tih apiangah mihring tâna ti lovin LALPA tân anga ti zâwkin, thinlunga tih tak zetin ti rawh u.” (*Kol. 3:23, 24*). He zirtîrna hlen chhuak chung a thiamna dawn leh rawngbawl chu a hlu hle mai. Mahse tunlaia thiamna kan tih nêh hian a kêr a va zau ta em! Tunlai zirna hi chuan naupang tê ber pawh midang el ran tur leh khum tum ran turin a phût a; sualna zawng zawng bul mahni hmasialna a vulh lian a ni.⁴

Eden-ah Khan Entawn Tur A Awm.—Khawvel awm tirha *zirna* inrelbawl dân kha khawvel awm chhûngah mihringte entawn tura siam a ni a. A nihphung nghet tak mai tar lan nân a entirna sikul chu kan nu leh pa hmasate awmna Eden huanah khan dah a ni. Eden Huan chu an

class room niin leilung dânte chu an zirilaibu an ni a, an zirtîrtu pawh Amah Siamtu ngei chu a ni.⁵

Isua Nuna Entawn Tur.—A zirtîrte a kaihhruai lâi khan Chhandamtu chuan khawvel siam tirha *education* kalhmang kha a zui a. Mi sawm leh pahnih A koh hmasakte leh an mahmawh tihsak an nih avanga an kawm ðhin mi tlêm tê kha Isua chhûngkuate chu an ni mai a. In chhûngah te, chaw eina-ah te, pindan rilah leh lovah te an zui zel a ni. A zin kualna-ah an kal ve zel a, harsatna leh fiahna an tawrh pui a, an theih tâwk chuan A hna chu an thawh pui ve ðhin.

Tlâng panga an chawlh lâi te, tuikpui kama an ðhut lâi te, sangha mantu lawnga an ðhut lâi te leh kawnga an kal lâi ten a zirtîr zel a. Mipui zinga thu A sawi pawhin zirtîrte chuan an ðhut hual a. A thu zirtîr zawng zawng an hriat vek theih nân Amah hnaih thei ang berah an ðhu ðhin a. Ram zawng zawng an hrilh kumkhua tawh tur thutak chu hriat thiam châkin an tuihâl a, an rilru zawng zawngin an ngâithla ðhin.⁶

Thiamna Dik Chu Thiltih leh Thu A Ni.—Naupan lâi leh tleirawl lâi hian a taka thawh tur leh thu zirna lam chu kal kawptir tur a ni a, an rilru chu hriatnaa hnawh khah ni rawh se.

Naupangte chu in lam hna tuksak ni sela. An tih theih ang tawka nu leh pate ðanpui dân zirtîr tur an ni. An rilru chu *hisap* thiamna nei tura hrual ni sela, an hriat rengna pawh an tih tura tuksakte hre reng thei tura delh ni rawh se; in chhûngah hna ðangkai thawh tura zirtîr an nih hian an kum phu tâwk ang zela an mawhphurhna a taka hlen chhuak thei turin an inzir mêk tihna a ni.

Þhalaite Rilru Puak Chuakin A Duh Reng A Ni lo.—An khawsak nâna ðangkai tak tak tur zir hi ðhalaiten an thlang lo fo. An châkna te, an duhzâwng leh duh loh zâwngte, ðul hmasaa an hriat leh an rilru thlêkna lamte chu an ûm a; mahse nu leh paten Pathian leh thutak an thlir dân a dik a, eng ang boruak leh ðhiante hovin nge an fate chim tur tihte an hriat bawh chuan hriatna nei lo tleirawl â tak takte fimkhur taka kaihhruai turin an kovah Pathianin mawhphurhna A nghat tih an inhre mai ang.⁸

Zirna Hi Hring Nun Harsatna Tlan Bosan Dân Zirna A Ni Lo.—Tleirawlte rilru-ah hian zirna hi mihring nuna phurrit leh hna harsate tlan bosanna tur a ni lo va; a tum chu hna thawh dân awlsam zâwk zirtîr leh rilru sâng tak pu tura zirtîr ani tih tuh ngheh ni rawh se. Mihring nunin a tum dik tak chu mahni tâna inhaivur vak ringawt hi ni lovin khawvela an mawhphurhna hlen a, mi chak lo zâwkte leh mâwl zâwkte ðanpui a, an Siamtu chawimawi hi a ni tihte zirtîr rawh u.⁹

Zirna Chuan Hnathawh Châkna Rilru Kai Tho Rawh Se—Kan ni tin thil tawn tê tham tê têa Krista rawngbawlina hian thil dang zawng aiin nungchang siamna-ah leh hmasialna tel lo rawngbawlinaa hring nun hrui theihna a nei ngah zâwk a ni. He rilru kaihthawh a, fuih chak a, dik taka kawng kawhmuhte hi nu leh pate hna a ni. Chu aia hna pawimawh chu pêk an ni lo. Rawngbawlina thlarau hi vanram rilru a ni a, hmasawntir tumna leh tihphurna lam reng reng chu vantirhkohten an thawhpui zel ang.

Chutiang zirna chu Pathian Thua inngat a ni tur a ni. Pathian Thu-ah chauh hian zirna thu bul chu a kimin a chuang a. Chuvangin Bible hi zirna leh zirtîrna lungphumah hman ni sela. Hriatna pawimawh ber chu Pathian leh A mi tirh hriatna hi a ni.¹⁰

Fin Vârna Ringawt Aiin Nungchang Siamna A Dah Sâng Zâwk.—Naupangte hian khawvel tâna hmantlâk an nih theih nân zirna dik an mamawh hle a. Mahse fin vârna ringawt ûm a, nungchang siam ðhat lam ngaihthah si chu a dik lo a ni. Chuvangin ðhalaite leh naupangte zirtîr a, chawm len a, cheimawi a, thlitfim chu nu leh pate leh zirtîrtute rilru luahtu ber lo ni rawh se.¹¹

Zirnain A Tum Chu Nungchang Siam A Ni—Zirna sâng ber chu nungchang siam tha theitu ber hriatna leh inthununna pe thei zirna bâkah an thlarau nun Pathian nungchang nena inremtirtu hi a ni. Chatuan thil hi kan duha kan tihbo mai mai theih a ni lo. Zirna sâng ber chu kan fate leh thalaite hnena Pathian kawng a tak ngeia hriatna petu leh Kristan A zirtîrte hnena a pèk pa a nihna zawna Pathian nungchang zirraite an rilrua nemnghehtu Kristian sakhaw finna ril zirtîrtu chu a ni.¹²

Thiamna Chu Mi Kaihruaia Tihmasawntu A Ni—Naupangte thil zirtîr hun a awm a, thalaite lehkhha zirtîr hun a awm baw; heng thil pahnih hi sikulah nasa taka kaihkawp tur a ni. Naupangte chu sual rawngbawl tur emaw felna hna thawk turin emaw zirtîr chhuah theih an ni baw. An hun hmasa lama an zirna dawnin thalaite khawvel nun leh an sakhaw nun a hril hle. Solomona pawhin “Naupang chu a kalna awm kawngah chuan zirtîr ula, a upat hunah pawh a thlah lo vang,” a tih kha. Hei hi a tha lam sawina a ni. Solomonan zirtîrna a sawi chu naupang kaihhruaina leh zirtîrna hmasawntirrate hi a ni.

He hna thawk tur hian nu leh pate chuan naupang kalna tur ‘kawng’ chu hre thiam hmasa rawh se. Hei hi lehkhahu chhiar tam ringawt a ni lo. Thil tha lam apiang te, a zahawm apiang te, a fel apiang te leh a thianghlim apiangte a huam tel a. A taka insûmna te, Pathian ñihna te, unau kara khawngaihna te leh Pathian hmangaihna leh midang nena inhmangaihna a zawm baw. He thil tum tihlawhtling tur hian taksa, rilru, nungchang leh naupangte sakhaw zirrai thleng hian ngaiven an hlawh tur a ni.¹³

Pathian Rawngbawl Turin Mi A Buatsaih.—Nu leh pate kovah hian an enkawl tura dah naupangte hnena *Kristian Thiamna* pe tura mawhphurhna a inngat a. Engti kawng mahin thildangin an hun leh rilru leh an *theihna* dawnte chu kai pêngin an fate chu Pathian an hlat fê thlenga vahtîr mai mai tur an ni lo va. An fate chu an chelhna kut aţanga tal chhuak a, ringlo mite kuta tlûk luh an phal tur a ni hek lo.

Khawvel rilru an lâk luh thûk lutuk loh nân an theihtâwp chhuah sela. Pathian hna thawk turin zirtîr rawh se. Pathian hmanrua niin anmahni leh an fate chu chatuan nun nei tlâkah insiam baw rawh se.¹⁴

Pathian Hmangaih Tur leh Hlau Turin A Zirtîr.—Kristian nu leh pate u, Krista hmingin in duhzawng te, in fate tâna in thil tumte chu endikin Pathian dân hmanga fiah tlâk an nih leh ni loh in en dâwn em? Zirna pawimawh ber chu naupangte hnena Pathian hmangaihna leh ñihna zirtîrtu chu a ni.¹⁵

Mi Tam Takin Tih Dân Hluiah An Ngâi.—Chatuan daih zirna ‘*education*’ chu tihdan hlui lutuk leh duhawm lo takah ngaih a ni deuh vek tawh ang. Naupangte an hun hman mêka an thatna tur te, an thlamuanna tur te leh an hlimna tur lam hawia an nungchang siam tura zirtîrna leh LALPA tlansate kalna tura kawng buatsaih an zawh theih nâna zirtîr chu tunlai tawh lo lutuk, thil tul lo tawpah ngaih a ni. In faten Pathian Khawpui kawngkhar chu hnehtu angin lût ve se in tih chuan tun an damlai ngeia Pathian ñih tur leh A thupêkte zawm tura zirtîr tur an ni baw.¹⁶

Thiamna Dik Chu A Thang Reng A, Zir Zawh Tih A Awm Lo—Tuna kan lei hring nun kal mêk hi chatuan nun atâna inbuatsaihna a ni. He leia zirna kan tan tawh hi leiah vèk hian a tâwp mai dâwn lo; chatuan thlengin a kal zel dâwn a, hma a sawn zel ang a, zawh tih a nei lo vang. Tlanna ruahman a nih dâna Pathian finzia leh hmangaihna nasatziarte chu puan belh zel a ni baw ang. Chhandamtu chuan Nunna Tui kama A fate a hruai lâi chuan hriatna nasa tak a pe hlawm a. Ni tinin Pathian hnathawh ropui tak mai, lei leh van siama enkawltu A nihzia fiahna chu mawina thar neia hawn zel a ni baw ang. Lalthutphah aţanga êng lo chhuakah chuan thurûkte hi an bo zo tawh ang a, tunhmaa kan thil hriat thiam phâk lohte lo tlâwm ñinzia mak tihna kan rilru chu a khat dâwn a ni.¹⁷

1. Counsels to Parents, Teachers, and Students, p. 64.

2. *Ibid.*, p.331.
3. *Ibid.*, p. 447.
4. Education, pp. 225, 226.
5. *Ibid.*, p. 20.
6. *Ibid.*, pp. 84, 85.
7. Fundamentals of Christian Education, pp. 368, 369.
8. Counsels to Parents, Teachers, and Students, p. 132.
9. Education, pp. 221, 222.
10. *Tihdam Rawngbāwlina*, p. 393.
11. Counsels to Parents, Teachers, and Students, pp. 84, 85.
12. *Ibid.*, pp. 45, 46.
13. Testimonies for the Church, vol. 3, pp. 132, 132.
14. Fundamentals of Christian Education, p. 545.
15. Review and Herald, June 24, 1890.
16. Fundamentals of Christian Education, p. 111.
17. *Tihdam Rawngbāwlina*, p. 466.

BUNG 51 SIKUL KAL TURA INBUATSAIHNA

Kum Riat Aṭanga Kum Sawm An Nih Lai Vel.—Naupangte hi in chhūngah khung beh reng tur an ni lo va, an taksa chak tâwk tura bul ṭan ṭha si lovin lehkhā zir ngut ngut tura phûṭ ngawt tur an ni lo. Kum riat emaw kum sawm emaw vel a nih thlenga a *class room* ṭha ber chu lo emaw huan emaw a ni a, a zirtîrtu ṭha ber pawh a nu niin a zirilaibu ṭha ber chu leilung dānte hi an ni. Naupang chu sikul kal rual a nih hnu-ah pawh a hriselna chu lehkhābu ami a thiam tam leh tam loh aiin la dah pawimawh zâwk tur a ni a. Taksa leh rilru ṭhan chhoh zel nâna ṭha ber tur hlirin a hual vel tur a ni.¹

Naupang tē reuh tē tē sikul kaltir hi dân pāngngaiāh neih a ni a. An rilru no tak mai delh rittu lehkhābu chu zir tura phûṭ an ni bawk a. Hei hi a finthlāk lo khawp mai. Naupang rilru zâm (*nervous*) chu engkawng mahin phurrit dang bel tur a ni lo.²

A Têt Laia Naupangin Hun A Hman Dân Tur Chu.—Naupang chu kum ruk, kum sarīh a nih chhoh hian a rilru lam âi mahin a taksa sawizawina lam ngaiāh pawimawh hmasak tur a ni. Hemi hnu hian a taksa a hrisel ṭhat chuan rilru leh taksa zirna chuan ngaiāhven hlāwh ve ve tawh rawh se. An têt lâi ka tih hian kum ruk kum sarīh chho vel hi a kâwk a. Hetih hun lâi hian naupangte chu beram no anga thlah zalen ni sela, engthâwl tak leh vei nei miah lovin in chhūngah leh tuallaiah te hlim taka infiamin tlan kual vel sela, zuangin ṭum rawh se.

Chutiāng naupang rilru a put laia a zirtîrtu chu a nu leh pa, a bikin a nu chauh chu a ni tur a ni. Lehkhābu aṭangin engmah la zirtîr lo sela. Naupangte chuan a tlāngpuiin an hmuhphāk leilunga thil awmte hi hriat chākin an dil chhût em em a. An thil hmuh leh hriat hawī zāwngin thil an zāwt fo ang a; nu leh pate chuan chu thil zirtîr nân hmang ṭangkaiin chung zāwhna māwl tē tē chu dawhthei takin chhāng rawh se. Hetiang zāwng hian hmēlma pa hun ṭha tur chu an chhuhsak a, an thilunga chī ṭha tuhin an fāte rilru chu thil ṭha lovin zung a kaiā hmain an lo vēng him hman ta ṭhin a ni. Naupan têt laia nuin hmangaiāhna nena a zirtîrna hi naupangten nungchang siām nâna an mamawh tak mai chu a ni bawk.³

Hun Inthlāk Laia Zirilaite—Nu chu zirtîrtu ni se, in chhūng chu naupangten an zirilai hmasa ber an zirna sikul ni bawk sela; heng an zirilai hmasate hian taimākna nunte huam tel rawh se. Nute u, in fa naupang tē tēte chu pāwn boruak thiāngah infiam sela; sava hramte chu ngaiāhlin A kut chhuak māwi tak tak aṭangte chuan Pathian hmangaiāhna chu zir rawh se. Leilung zirilai aṭang chuan thil māwl tē tē zirtîr ula; an rilru a lo ṭhan deuh hnu chuan lehkhābu ami in zirtîr leh ang a, an hriat rengna-ah nghet takin in chāmtir thei tawh ang. Mahse an têt lâi aṭang chuan ṭangkai taka nun zir rawh se. Chhūngkaw *member* a nih ve avangin chhūngkaw phurrit chu ṭangkai taka an tih ve theih tâwk tiin an phur ve thei tihte ngaiātua h ve a, chhūngkaw thil ṭul ti ve zel thei turin zirtîr rawh u.⁴

Hah Taka Tih Kher A T̄ul Lo.—Naupang tâna hetiang inzirtîrna hlutzia hi sawifiah rual a ni lo va, tin, hetiang inzirtîrna hi hahthlâk taka tih kher pawh a t̄ul hek lo. Naupangin hna t̄angkai thawh zir chu nuam an tih theih dân tur zawnga siam theih a ni. Nute chuan in chhûng khawsak dân an zirtîr laiin an fate chu an chhaih pah thei a. Hei hi nû kuta awm – dawhthei taka a indawt tê tê, tlêm lua awm lo, tam luâ awm lova a chipchiar thei ang bera thil zirtîr chu a hna a ni. He hna a thawh hian nu ngei pawh chuan inthununna—ah leh kawng dang dangah a hlâwkpuî hle ang.⁵

Sikula A T̄hianten A Rilru An Tichhe Thei—I fate chu sikul kal hma tir lutuk suh. Nu chu midang kuta a fate rilru no tak mai insiam chho tur a dah dânah chuan fimkhur hlê rawh se.⁶

Nu tam tak chuan fate kaihhruaina hun nei lovah an inngai a, an kawng dâl lo tur leh an bengchheng leh inhlei tihreh nân sikul an kaltir t̄hin.

Naupang lutuka sikul kal tir an nih hian an taksa leh rilru lam hriselna thlengin a tuar ang tih a hlauhawm theih bâkah nungchang lam ngaihtuah pawhin a t̄ha lo zâwk a ni. Naupang mize t̄ha lo pui pui nena inchul nêlna hun remchâng an neih phah a. Chu bâkah mi buluk leh nungchang mâwi lo tak tak, dâwtsawi a, chhiate chham a, thil ru a, mi bum bawk a, an aia naupang zâwkte hnena an thil chin t̄ha lo zawng zawng hrilh nuam ti em em ho zingah dah luh an ni. Naupangte hian, anmahnia awmtir chuan, thil t̄ha lam aiin a chhe lam an thiam chak zâwk zêl lehngal. Thil chin t̄ha lo hian mihring pianpui thinlung hi a rem ber a, tichuan an naupan têt laia an thil hmuh leh hriatte chu an rilru—ah nghet takin a châm reng a; an naupang thinlunga chi t̄ha lo intuh chuan zung a kaih ang a, an nu leh pate thinlung chhun hliamtu hling zum takah a la t̄ang ang.⁷

1. Education, p. 208.
2. Fundamentals of Christian Education, p. 416.
3. Pacific Health Journal, Sept, 1897.
4. Fundamentals of Christian Education, pp. 416, 417.
5. Letter 55, 1902.
6. Christian Temperance and Bible Hygiene, p. 67.
7. Solemn Appeal, pp. 130, 132.

BUNG 52 SIKUL KALNA TUR THLAN

Kan Inhloh Lui Nasa—A chang chuan Pathian hian Manoa nupui A rawn bia ang khan nu leh pate hnenah hian an fate an zirtîrna kawnga an tih tur hi bengah hriat theih ngei hian a riin rawn hrilh se ka ti t̄hin. Chhûngkaw inzirtîrna ngaihthah luat avangin hna kawng tin rengah kan inhloh chho zar zar a ni e. Hei hi sakhaw thilin hmuna a luah tamna sikulte mamawh an nih dân kan rilrua tuhtu pawh a ni reng a ni. Sualna râpthlâk tak mai do hi thiltih theih a nih chuan Isua chaknain chu chu kan ti ang.¹

Thil Pawimawh Hmachhawn Ila.—Nu leh pate u, in fate chu a nih tur ang taka inenkawl in chhûng sikul ang maia boruak t̄ha awmna sikul; zirtîrtuten uluk taka thil an zirtîrna hmuna, thlarau lam nun an dah pawimawh berna sikulahte dah rawh u. Kan tleirawl ho, mahni chhûngkuua nu leh pa Pathian t̄ihmite zirtîrna fing tak tak dawng tawhte hian in chhûng lum an chhuahsan hnu—ah an nun chu an vawng thianghlim zel dâwn nge dâwn lo tih chu Kristian inzirtîrna an zawnna hmuna miten an rilru an lo hneh danin a hril thûi khawp mai.²

Eng Zirtîrtu Zawng Nge?—Khawvelah hian zirtîrtu chi hnih an awm. Chi khat chu Pathianin êng put darh nâna A hmante an ni a, pâwl dang chu Setanan a hna thawk atâna a hman, thil t̄ha lo tih dân hre zet mai an ni. Pâwl khat chuan Pathian nungchang khi an ngaihtuah a, khawvela A mi tirh Isua an hriatna pawh a pung zel. He pâwla mite hi chu van lam tihvârna leh vanlam finna thil reng rengah chuan thlarau chawi kâna atân an inpe tawp mai a ni. An pianpui

thiltihtheihna zawng zawng chu Pathian hnenah an hlan tawp a, an ngaihtuahnate pawh Krista salah an tântir vek bawk. Pâwl dangte erawh kha chu thim lal fapa, midangte hnena soal hriatna zirtîrna hun remchâng hmuh inbeiseia harh vang vah reng mai nen chuan an inkawp thung.³

Pathiana Innghat Sikul Thlang Rawh U.—Pawn lama an fate zirna tur an thlanin nu leh pate chuan sawrkar sikula kaltir a him tawh lo tih hria sela; Pathian Lehkha Thua innghat thiamna an neihna tur sikulah kaltir an tum hram hram tur a ni. Kristian pa zawng zawngte chungah hian LALPAN hriatna pe a, Pathian duh dân leh A thu âwihna hmanga van nun neihtir thei tur thiamna an fate pe vek tura mawhpurna urhsun tak mai chu an chungah a innghat vek a ni.⁴

Israel-ho Hnena Pathian Thurawn Kha Ngaihtuah Teh U.—Aigupta rama Pathian rorelna a thlen dân khan LALPA chuan Israel mite chu in chhûnga an fate awmtir vek tura A tih bâkah an rante pawh lo aţanga khalh haw vek turin A ti a nih kha.

Aigupta rama Pathian rorelna a lo thlen laia Israel miten in chhûnga an fate an tawmpui thap ang mai khan tunlai khawvel boral mêkah pawh hian kan fate chu khawvel mite lak aţanga wawn hran tlat tur an ni. Pathian thupêk chu kan hriat phâk aia pawimawh a ni tihte zirtîr bawk ila. A vawngtute chuan Pathian dân bawhchhetute tihdan chu an entawn hauh lo vang.

Nu leh pate chuan Pathian dân chu zahin a zirtîrnate chu an zawm ngei ngei tur a ni. Tunlai nu leh pate leh hmanlai Israel mite hnenah khan Pathian chuan tihian A ti, “Hêng thu, vawiina ka pêk che u hi in thilungah a châm reng ang a; in fate thahnemngâi takin in zirtîr ang a; in ina in thut lâi te, kawnga in kal lâi te, in mut lâi te, in thawh hun tein in sawi thin tur a ni. Chhinchhiahna atân in bânah in zem ang a, in mit leh mit inkâr chal hrênna atân a awm bawk tur a ni. Tin, in kawngka biangah te, in kawngkharah te in ziak tur a ni,” A ti (*Deut 6:6-9*).

Hetianga taka chiang inkaihhruaina a awm chung hian Pathian mi thenkhatte chuan an fate chu rilru lama bawhlhlahw tak takte nena an inkawm theihna hmun sawrkar sikula kal an la phal tlat mai. Heng sikulahte hian in faten Bible an zir dân lo va, a zirtîrna thu tha tak takte chu an zir dân hek lo. Kristian nu leh pate u, Bible thu anga in fate zirtîr an nih theih nân rem in ruat tur a ni.⁵

Bible Thutak Dah Hniam A Ni A; Naupang An Chi-âi—Kan fate hian sawrkar sikul zirtirtute hnen aţang chuan Pathian Thu nena inmil thlap zirtîrna an dawng em? Sualna hi Pathian pawisawina anga tar lan a ni em? Pathian thupêk zawng zawng zawmna hi finna bul a nih thute an zirtîr em? Kan fate chu thutak an dawn theih nân Sabbath sikulah kan tir a, ni tin sikula an kal lehnaah chuan thu dik lo an lo zirtîr leh si a. Hengte hian rilru an chawkw buai a, naupangte chuan thutak kalh zâwnga zirtîrna an dawn chuan he zirnain rilru a hneh theihna chu engtin nge kan beih lêt ve tâk ang?

Chutianga thilah chuan kan thalai thenkhatte hi chuan sakhaw chungnunna hi an ngaihlu lo tihte hi kan ring thei em? Thlêmna-ah an pai lût tawkw tawkw a ni tihte kan ring phal em? Dân pângngai anga ngaihthah hlawhin an tân tha miah lo intihhlîmna-ah tha an sêng thlawn mai mai a, sakhuana lama an phurna a tlêm tial tial a, an thlarau nun a thim hle a ni tihte kan ring phal em? Rilru chu thlai chiin amah ang chiah chi dang a chhuah ang hian a chawmtu azir zelin a thang lian dân a ni. Heng thudikte hian an naupan têt lâi aţanga thalaite zirna vên ngun tulzia a tar lang tâwk viau lo em ni? Thalaite tân hian tunlai thiamna an tih ang tlângpui neia Pathian thutak ngaih pawimawh loh âi chuan hriatna nei lutuk lem lo pawha than len chu a tha zâwk dân lo em ni?⁶

Kan Kohhran Zawng Zawngah Sikul Din Vek Tur.—Kan kohhran zawng zawngah hian sikul leh heng sikula thawkw missionary zirtirtute an awm zel tur a ni. Sabbath serhtute fa zirtîrna hna pawimawh tak chu tha taka an thawh theih nân zirtirtute chu *science*-ah chauh ni lo, Pathian Thu-ahthe pawh an in *trained* that a pawimawh hle mai. Vêng hrang hranga awm heng sikul, a tul dân azira hmeichhia emaw mipa emaw Pathian tih miin an enkawlte hi zawnei sikul kalphung ang chiaha din ni rawh se.⁷

Khawpui Hrang Hrange Kohhran Sikulte.—Naupang kalna tur kohhran sikul, nuten an fate an vil zui reng phâkna si din a van ÷ul tehreng em! Chu sikulah chuan a takin Pathianin in lama an zir tura a ruat chhawrna-awm taka awmdan tur chu a taka hmanna hun ÷ha an nei thei ang

Khawpui chhuahsan thei lo ho fate chhandam tur leh zirtîr tur hian tun aia nasaa thawh theih a la ni a. Hei hian theih tâwp chhuah pawh a phû hle. Khawpui naupangte tân hian kohhran sikulte din ni sela, heng sikul zawm zel hian zirna sâng zâwk chu mamawh an nihna hmunah din leh thei tura ruahman lâwk ni bawh rawh se.⁸

Kohhran Tê Deuh Tân Pawh Sikul Din Rawh U.—Fate zirna avanga chhûngkaw tam tak, kan sikul lian zâwkte awmna hmun pem chillh ho hian an awmna hmunah awm reng se Hotupa rawng an bawl ÷ha zâwk ang. *Member* an nihna kohhranah chuan an bul vela naupangten *christian education* dik leh famkim an neih theihna tur kohhran sikul din sawi phur hle rawh se. Anmahni mamawh em emtu kohhran tê zâwka an awm reng chuan an fate leh anmahni tâna a ÷hat bâkah Pathian hna pawhin a ÷hat phah ang. Kohhran lian zâwka chuan mamawh an nih loh avangin thlarau lam nun thlahdah tura thlêmna a chak em em mai a ni.

Sabbath serhtu tlêm tê tal pawh an awmna hmun apiangah nu leh pate chu ÷angrualin an fate leh ÷halaite zirtîrna tur ni tin sikul din zel rawh se. Kristian zirtîrtu, missionary inpe zo tak, missionary ni tura naupangte chher theitu tur pakhat ruai sela. Tin, zirtîrtu dang, thil danga thiam pe theitu tur ruai bawh sela, Bible chu engkima a bul ÷anna leh zirna dang zawng zawng atân nunna ni rawh se.⁹

Vêng ÷henkhat, ringtute an tlêm lutuknaah chuan kohhran pahnih pathum ÷angrualin kohhran sikul tur tlâwm tak din rawh se.¹⁰

Nu leh pate hian heng zirna hmun tlâwm tê tê din pawimawhna leh tun huna Lalpan thawh a duhte thawhpui a ÷ulziate an hriat chhuah phawt chuan kan fate hmêlma pa chu a tibeidawng hle dâwn a ni.¹¹

Tualchhûng Kohhran Sikul.—A theih ang angin kan fate hian *Kristian thiamna* an nei thei tur a ni. Hemi tur hian a châng chuan kohhran chhûngkaw sikul din a ÷ul ÷hin. Vêng khata chhûngkaw engemaw zât inthurualin Pathian ÷ihmi zirtîrtu, nu leh paten fate an zirtîrna kawnga ÷anpuitu tur chu ruai se a ÷ha hle ang. Hei hi Sabbath serhtu awm fâl deulte tân malsawmna nasa tak a ni thei a. He remruatna hi tuna kan tihdan tlângpui, in a ÷anga kan sikul lian zâwkte zawm tura fate tîrh bo âi hian LALPA tân a lawmawm zâwk daih a ni.

Sabbath serhtu kan pâwl mi tlêm tete hi an ÷henawm khawvêngte hnena êng chhitu atân mamawh an ni a; naupangte chu an lehkhazir hun a zawh tawh hnuah in lama nu leh pate pui turin mamawh an ni thei. Kristian chhûngkaw invawng fel thlap, LALPA thupêk anga naupangin nu leh pate thununna an dawn theihna hmun hi naupang tâna hmun ÷ha ber a ni¹²

Member Awm Fâlthe Harsatna.—Sabbath serhtu ÷henkhat chu anmahni chauhin an rinpuite hnen a ÷anga hla taka an awm a. Heng mite hian an fate chu kan *boarding school*-ah te an kaltir a. ÷anpuinate an dawng a, an zirna sikul a ÷anga an lo haw leh chuan chhûngkaw tân malsawmna an ni ÷hin. Mahse ÷henkhat chuan in a ÷angin an fate an tir bo thei lo. Hetiangah hian nu leh pate chuan sakhaw zirtîrtu ÷ha eltiang, Krista tân theih tâwp chhuaha thawh nuam ti em em, LALPA huan khawi lâiah pawh thawh hreh lo mi rawih tur zawng mai se. Nu leh pate chuan zirtîrtu chu thawhpui sela, an fate pian thar nân ÷hahnemngai takin thawh ho rawh se.¹³

Naupangte Chhandamin Turin Thawh Rawh U.—Ram ÷henkhatah chuan nu leh pate chu danin sikula an fate kaltir vek turin a tilui a. Heng rama kohhran awmna tawh phawtchuan a kal tur naupang chu paruk pawh tling lo se sikul chu din tho tur a ni. In fate khawvel boruak bawhlhlawh takin mi a hneh theihna boruaka an tlahlum tur chhanchhuak mêk angin thawh rawh u.

He thil pawimawh tak maiah hian kan mawhphurhna kan ûm pha lo khawp mai. Hmun tam takah hi chuan kum tam tak kal ta khan sikul a ÷ing daih tawh tur a ni. Tichuan vêng tam tak

hian LALPA hnathawh dân lantirtu thutak âiawh an nei daih tawh bawk ang. Hmun pakhata in lian pui pui dintir khup lovin hmun hrang hrangah sikul tam tak din zâwk tur a ni.

Heng sikulte hi kaihhruaina fîng tak, anmahni kohhran ngeia naupang leh thalaiten an zir theihna tur chu din ni tawh rawh se. Hna thawhna tur bungrua chhawpsak t̄euh kan nih tawh hnua hetiang thil kan la ngaihthah reng mai hi chu Pathian pawisawina nasa tak a ni.¹⁴

Sikul Din Tawh Rauhsan Loh Tur.—Pathianin chiang taka min hrilh a nih loh chuan kohhran sikul din fel tawh chu rauhsan leh mai mai tur a ni lo. Sikul chu kaltluang lovin hun harsa tak tâwk ang pawhin lang mahse zirtirtu chuan thil kal dân thlâk se Pathian tanpuinain chhanchhuahna hna ropui tak a thawk thei ang.¹⁵

Naupang Luhul leh Awmhleite Dawmkan Tur.—A châng chuan hnathawh tiharsa khawpa buaipui ngâi an awm thin. Thununna tha dawng loten buaina an siam nasa thin a, an awmdan tha lo chuan zirtirtu rilru pawh a tihah thin. Mahse beidawng mai suh se. Fiahna leh harsatna hian hriatna a tipung a nia. Naupangte thu an awih loh viau chuan nasa taka beih a t̄ul tihna a ni mai a. A diktak chuan chutiang naupangte chu kohhran sikul din ngei a t̄ulna chhan tam tak zinga pakhat a ni ve reng a ni. A theih phawt chuan nu leh pate ngaihsak hlawh lo naupangte chu chhandam rura theih tâwp chhuah zâwk tur a ni.¹⁶

Khawvel Mi Tak Tak Thalaite Simtir Tur.—Kum tam tak kal ta khân hmun dang dangah hemi ----- ni lo sikul dang te reuh t̄e t̄e, kohhran mal sikul, naupangte leh thalaiten thiamna diktak an dawn theihna tur chu sa daih tawh tur kan ni. An zirlaibute chu Pathian Dân lam hawitirtu ni sela. Bible-ah hian chu thiamna chu inngat rawh se. He hnaah hian thutak êng chakna leh thiltihtheihna chu tihên zual zel a ni ang. Nawmsip bawlina lama rilru hmang ngai lo thalaite chuan chung sikulte chu an rawn zawm ang a, chutah ngei chuan tihdanglam an ni ang. Hetiang *misonari* hna hian, hrilh ka nih dân chuan thutak êng leh hriatna chu a darh zau theih nân sawithama mi rilru hneh theihna a nei tam ber a ni.¹⁷

Standard Tihsan Reng Tur.—Kan kohhran sikula thil tihdan reng reng chu a changkang ber chi a ni tur a ni. Isua Krista, Siamthatu chauh hi thiamna dik lo tihdamna chu a ni a; A Thu, Bible-a zirlai A dahte hi thlaite hmâ-ah chuan a mit la thei ang bera târ lan tur a ni. Sikul inthununna hian chhûngkaw inthununnaa a famkim lo lâi tifamkim sela, in chhûngah leh sikulahte hian Pathian tihna leh tlâwmna nun chu vawn reng bawk tur a ni.¹⁸

Pâwl Sâng Zâwk Zir Tura Buatsaih Ni Sela.—Nu leh pate hnenah he vaukhanna thu hi LALPAN A hrilh, “In chhûngah in fate huikhawm ula. Pathian dân hmusit a, thil tha lo tih chingtute leh chutiang tive tura mite zirtirtute lak ata thiar fihlim rawh u. A rang thei ang berin khawpui liante chu tlan chhuahsan ula, kohhran mal sikute din rawh u. In fate chu Pathian Thu hi an thiamna lungphum inngah nân pe ang che u. Hei hi zirlai duhawm tak takin a khat a, *primari* chin hnua lamten zir bera an neih chuan pâwl sâng zâwk zir tura buatsaih an ni.¹⁹

Pathianin Kan Mamawhte A Nei—Kan sikulte hi missionary hna thawk tlâk ni tura thalaite leh naupangte siam nâna Lalpa hmanraw pawimawh bikte an ni a. Nu leh pate chuan an mawhphurhna hre thiam sela, an fate chu an vanneih bikna leh lehkha an zir avanga LALPAN malsawmna A tiamsakte ngaihlu turin tanpui rawh se.²⁰

1. Manuscript 119, 1899.
2. Testimonies for the Church, vol. 8, pp. 225, 226.
3. Fundamentals of Christian Education, p. 174.
4. Counsels to Parents, Teachers, and Students, p. 205.
5. Manuscript 100, 1902.
6. Testimonies for the Church, vol. 6, pp. 193, 194.
7. Counsels to Parents, Teachers, and Students, p. 168.
8. Review and Herald, Dec. 17, 1903.

9. Testimonies for the Church, vol. 6, p. 198.
10. *Ibid.*, p. 109.
11. Manuscript 33, 1908.
12. Counsels to Parents, Teachers, and Students, p. 158.
13. Testimonies for the Church, vol. 6, pp. 198, 199.
14. *Ibid.*, pp. 199, 200.
15. Counsels to Parents, Teachers, and Students, p. p. 157.
16. *Ibid.*, p. 153.
17. Manuscript 150, 1899.
18. Counsels to Parents, Teachers, and Students, p. 174.
19. Testimonies for the Church, vol. 6, p.195.
20. Counsels to Parents, Teachers, and Students, p. 149.

BUNG 53 KOHHRAN MAWHPHURHNA

Kohhran Chu Vêngtu A Ni.—LALPAN kohhran sikul chu nu leh paten an fate an zirtîrna leh kan hmabâk hmachhawn tura an buatsaihnaa ãanpuitu atân a hmang ãhin a. Chuvangin kohhran chuan sikul hna chu ãhahnemngâi takin thawk sela, LALPA duhdân ang chiahin siam rawh se.¹

LALPAN kohhran hi vêngtu atân A ruat avangin ãhalaite leh naupangte chu thikna nen enkawl sela, ral vêngtu angin hmêlma lo kal hmu hmasa a, râlkhel dâr lo vawtu tur a ni. Mahse kohhran chuan thil awmdan chu a hre thiam si lo. Ral vêng chungin a muhil a nih chu! He boralna hunah hian nuho leh paho chu nunna chhan chhuak turin tho rawh se; chuti lo zawng, ãhala tam tak hi chatuanin an boral ang.²

Pathian Dân Chawisan Tur.—Kohhran hian a fateho chu sikulah emaw, midang an kawmnaah emaw thil chin ãha lo ãen an hneh mai loh nân an zirtîrin an chherchhuak tur a ni; khawvel hi bawhchhiatna leh Pathian duhzawng hmuhsitnain a khat si a.

Protestant kohhrante hian Sabbath lem, *Rome* kohhran hrin chu pawmin Pathian ni thianghlim chung lamah an châwi sâng a. Kan fate hnena kêr khata ni hmasa ber hi Sabbath dik a ni loh thu te, Sabbath thutak êngin min chhun tawh hnu pawha serh zui reng chu Pathian dân kalh a nih thu te Chiang taka hrilhfiah chu kan hna a ni.³

Hna Thiam Takte Chu Krista Tân Train Tur An Ni.—Kohhran leh mimal kan nihna ang pawha rorelnaa thiam chang tur kan nih chuan kan ãhalaite hi kan kuta hna thawh tur chi hrang hrang thawk tlâk an lo nih theih zâwk nâna zirtîr turin rilru zau zâwka beih dân kan ngaihtuah tur a ni. ãhahnemngai tak leh fîng taka hnathawk thawh thiam an awm loh avanga Krista hna chu tih ãhuanawp a nih loh nân *theihna* nei ãha tak takho finna chu thupêk sâng ber anga tihchak an nih a, thunun an nih bawk a, chei mâwi an nih theih nân remruatna fîng tak kan siam tur a ni.⁴

Sum Thawhkhawm Theuh Tur.—Mi tinin pawisa ãhawh ãheuh sela. Kohhran chuan sikul chu a chhawr tur naupang an kal ãha em en rawh se. Chhûngkaw rethei deute chu ãanpui tur an ni. Kan bul lawka mi, harsatna tawng chho mêk, Pathian hnathawk tlâka siamtu tur hriatna leh thil paltlang an neih nâna kan ãanpuina mamawh em emtute pawh kan ngaihthah tlat chuan *misonari* dik takah kan inçhâl thei lo vang.⁵

ãhala Tihtlâk Deute Chu Pawisaah Awl Tur.—Hmun hrang hranga kohhrante chuan ãhalaite zirtîr leh an *theihna* chu *misonari* hna thawh nâna hmantir turin mawhphurhna thûk tak mai an nei tih hre rawh se. Kohhrana hnathawktu ãha tak la ni thei awm mi, sikul luhna tur pawisa nei si lo an hmuh chuan kan sikul engemaw bera a luh theih nân mawhphurhna la rawh se. Kohhranahte hian thiltihtheihna famkim, rawngbawl tura koh chhuah ãul em em mai a awm a. LALPA huana thawk ãha em em thei tur mi an awm bawk a, mahse tam tak chu an mamawh thiamna nei tura sikul lût turin an rethei lutuk bawk si. Chutiang mite senso tumsak chu kohhran chuan a tihtur rengang ngâi rawh se.

An thinlunga thutak neitute rilru chu a inhawng a, a tulna apiangah mi an tanpui thin. An che chhuak a, midangin an lo entawn baw. Sikul kal se thatpui tur, kalna tur nei si lo chu kohhran chuan tanpuiin an thilphalzia lantir rawh se.⁶

Zirna Changkang Din Nân Sikul Pawisa.—Zirna sâng zâwk leh changkang zâwk din nân pawisa tam tâwk tak dah hnan ni rawh se. Kohhran hrang hrang tâna thawk tur mi thiam, inzirna nei tha tak tak kan mamawh a ni. Kohhran dangte *seminary* leh *college*-ah kan thalaite chu kan tir ngam lo tih sawiin kan thalaite sakhaw lam inzirna dah pawimawhna hmunah kan hruaikhawm tur a ni tihte târ lang rawh se.⁷

Rawngbâwl Ula, In Lama In Fate Erawh Ngaihthah Phah Suh U.—Kohhran mite hian midangte zinga Krista hna a kalchak theih nân hmanrua pein an fate chu Setana rawngbawla leh hnathawh chhonzawm turin an kalsan dâwn em ni ang?⁸

Kan vela mite beia thahnem kan ngaih em em lâi leh ram danga kohhran hnathawh kan nawr chak em em lâi hian kan fate leh thalaite zirna kan ngaihthah phah a nih chuan henga kan hnathawhte hian thiam min chantir chuang lo vang. Pathian hnathawktu atâna zirtîr tur an ni a. Nu leh pate bâkah zirtîrtute chuan thuchah leh an nungchang hmangin thalaite rilrûah chuan thutak bul thut nghet tak mai leh rinawmnate an tuh tur a ni a, tichuan Pathian tân kahpalthir anga rinawm nutling patling an lo ni mai ang.⁹

Rinnain Tawngtai Ula; Pathianin Kawng A Hawng Ang.—Mi thenkhat chuan, “Chutiang sikulte chu engtia hawn tur nge ni ang?” an ti maithei. Kan hausa hnan lo khawp mai; mahse rinnaa kan tawngtai a, Pathian kan rin chuan kan thalaite, lehkhabu leh Pathian Thu chauh ni lo, kut hnathawh thiamna thlenga an inzirna tur sikul lian vak lo, hmun fianriala din turin kan hmâ-ah hian kawng A rawn hawng mai ang.¹⁰

“Tho Ila, I Din Ang U”—(Note: *Hei hi July 14, 1902-a a in bul lawka sikul din tura mite a ngenna a thusawi thenkhat lâk chhuah an ni*). Crystal Springs (Sanitarium, California)-ah hian hna chu dik takin kan kalpui tur a ni. Fa kan nei hlawn a. Kan fate hi khawvel leh a bawchhiatna, Pathian dân a hmuhsitnaten an tihbawlhhlawh kan phal dâwn em ni? Sawrkar sikul, kan fate tihbawlhhlawh an nih theihna hmuna fate kaltir tum mêkte chu “Engtin nge *risk* in lâk ngam?” tih ka zâwt a ni.

Kan fate tân kohhran sikul din kan châk a. Hmanrua a ngâih tam avangin a daih tâwk pawisa thawh khawm a harsat hmêl hlê mai bâkah sikul lian vak lo remchang tak mai han sa em tur chuan mi rilru chawh thawh a harsat hmêl fû a ni. *Sikul Komiti* chu sikul tâna an hman peih chhûnga an hman atân kan ram hawh kan phal tih ka hrilh tawh a. Chu chuan kan fate hnena Pathian Thu, nuna leh Pathian Fapa tisa kan zirtîr theihna tur sikul din nân mi a tihphur ka beisei a ni. . . . Pathian Thu zirna sikul sak hi in phurpui hle dâwn lo em ni? Pa pakhat chu sikul sak hnatlângah a thawk thei dâwn nge dâwn lo kan zâwt a. Ani chuan ni tin dollar thum kan pêk a, eitur leh rianna kan ngaihtuahsak theih baw chuan min pui thei ang tih a sawi a. Chu chu kan duh lo a ni. Tanpuina chu a lo kal mai ang. Bible zir theihna, tawngtai theihna leh Bible zirtîrna

anga naupang kan kaihhruai theihna sikul neih theih thuai kan inbeisei a ni. Kan ngaih dân min tawmpui thei apiang chuan sikul saknaah hian min rawn pui duhin kan ring a. He tlâng pangah hian hnathawktu sipai rual tam vak lo chu chherchhuah theih kan inbeisei a ni.¹¹

Tha leh Pawisain Tanpui Rawh U.—He sikul lo hlawhtling tur hi mi tinin an ngaihven tih kan hria. Hun awl nei chu sikul sa hian ni hnih khat rawn thawk ve teh se. A hmanraw pawimawh zual leina tur pawisa pawh kan la khawl ngah zo lo a nih hi. Thilpêk kan dawn tawhah kan lawm a, mahse he thil rawn ngaihven tur hian mi tin kan sâwm a ni; tichuan kan faten thiamna diktak lungphum Bible an zir theihna hmun sikul chu kan nei thuai thei ang. “LALPA tih hi finna bul a ni” tih hi an zirtîr hmasak ber tur chu a ni.

He thil kal mêk hian hnufum lam a panna chhan tur a awm lo. Mi tinin tha thawh sela, beidawng lovin a zawh hma chu phur taka thawh chhunzawm zel tur a ni. Mi tinin engemaw tal ti vek rawh se. Thenkhat tân phei chuan zing dâr lia thawh a tul hial mai thei a ni. A tlângpuiin chumi hma chuan hna ka tan hman thin. Thenkhat chu khaw ên veleha thovin ukthuan ei hma dârkâr hnih khat chhông tal an rawn thawk thei bawk. Hei hi thenkhat chuan an ti thei ve kher lo; mahse mi tinin Pathian rawngbawl tura naupangte zirtîrna leh thununna atâna sak mêk sikul *building* chu an tuipui a ni tih entir nân engemaw tal an ti thei theuh a ni. Chutianga tanpui tumna chi reng reng chu Pathianin malsawmnain A vur zel ang.

Unaute u, kohhran sikul din tur hian engnge in tih dâwn le? Mi tinin he sikul *building* neih hi malsawmna leh vanneihna-ah an ngai theuhin kan ring a. Thawh zel duhna rilru nen, “Kan tho vang a, kan din ang.” i ti theuh ang u hmiang. Lungrual taka kan thawh theuh chuan ni tina kan fâten LALPA kawng an zawhna tur sikul chu kan nei thuai mai ang. Theih tâwp kan chhuah theuh chuan LALPAN mal min sâwm dâwn a ni. Thovin sikul chu kan sa dâwn em le?¹²

1. Counsels to Parents, Teachers, and Students, p. 167.
2. *Ibid.*, p. 165.
3. Testimonies for the Church, vol. 6, p. 193.
4. Counsels to Parents, Teachers, and Students, p. 43.
5. Testimonies for the Church, vol. 6, p. 217.
6. Counsels to Parents, Teachers, and Students, p. 69.
7. *Ibid.*, pp. 44, 45.
8. Testimonies for the Church, vol. 6, p. 217.
9. Counsels to Parents, Teachers, and Students, p. 165.
10. *Ibid.*, p. 204.
11. Manuscript 100, 1902.
12. *Ibid.*

BUNG 54 ZIRTÎRTUTE LEH NU LEH PATE TANRUALNA

Inhriat Thiam Tawwna Neih A Tul.—In lama zirtîrtute leh sikula zirtîrtute chuan an hnathawh ve ve-ah inhriat thiam tawwna thûk tak an nei tur a ni. Inthustrialin thawk dun sela, *missionary* rilru hmun khat pû a, tisa, rilru leh thlarau lama naupangte hlâwkna tur ngaihtuah bawk a, thlêmna thlipui kara ding thei tur nungchang chher turin tang ho rawh se.¹

Nu leh pate hian anmahni ngeiin chutianga sikula kal an fâten hamthatna an dawn nasatzia an hriat chhuah phei chuan kohhran sikul chuan nasa lehzualin hna a thawk thei tih hre reng sela, zirtîrtute chu thinlung takin thawhpui rawh se. Tanngtaina te, dawhtheihna te leh zâidamnaten nu leh pa chuan âthlâk taka inthlahdahna leh thinchhiatnain a tichhiat chu an sût leh thei a ni. Nu leh pa leh zirtîrtute chuan hna chu thawk ho sela, nu leh pate phei chuan anmahni zâwk pawh chu an zinga Pathian tihmi zirtîrtu, mi thahnemngai lo awm ve chuan a pui nasa tih hre reng rawh se.²

Tanrual Lohna Hian Mi Hneh Theihna Boruak Tha A Tichhia—Mi tlêm tete thinlunga inrem lohna rilru châm tlat mai chu midangah a darh zel a, sikulin a tha lama mi a hneh theihna boruak pawh a tichhe vek thei a ni. Nu leh paten an fate chhandam nâna zirtîrtu thawhpui an peih a, an phur viau hma loh chu sikul din turin an la inbuatsaih tâwk lo tihna a ni.³

Thawh Hona Hi In Chhunga Intan A Ni.—Thawh hona hi in chhôngah nunah nu leh pate ngeiin bul tan rawh se. An fate an zirtîrna-ah hian mawhphurhna intawm an nei a, chu chu lungrual taka hlen an tum dun reng tur a ni. Pathian hma-ah inngaitlâwm sela, an inchoawmdawl zel theih nân A hnen atangin tanpuina dil rawh se. An fate chu Pathian laka rinawm tur te, nunphung ngheta rinawm tur te, mahni inbum lo tur te leh an hmuh phâka awm zawng zawngte laka rinawm turten an fate chu zirtîr bawk rawh se. Chutianga zirtîrna dawng naupang chu sikul a kal hunah pawh buaina siama mi timangantu-ah an tang ngai lo vang. An

zirtirtute tân ɽanpuitu an ni ang a, an zirlai puite tâna entawn tlâk, an infuihna ber an ni bawk ang.⁴

Chung naupangte chuan an sikul chhûngah in lama in zirtîrna hmangin mi an hneh zel dâwn a ni. Pathian ɽihmi nu leh pate leh zirtirtute chu lungual taka an thawh ho ngat chuan naupangte thinlung chu kohhrana Pathian hnathawhte thûk taka tuipui turin buatsaih an ni. In chhûnga khawngaihna chi tuh chu biak inah lâkluh a ni a, Pathian chu chawimawiin A awm thin.⁵

Nu leh pate chu sumdawna leh he khawvel nawmsakna lama an inhman ral a, an fate thununna lam an ngaihthah si chuan zirtirtute hna an ti harsain an tihrehawm ringawt lo va, a sâwt hlawl lo zâwk fo a ni.⁶

Zirtirtu Hna Hi A Belhchhahna Chauh A Ni.—Nungchang siamna hna-ah hian in chhûng ang tluka hnehna boruak nei nasa thil dang engmah a awm lo. Zirtirtu hna chu nu leh pate hnathawh belhchhahna ang chauh a ni a, nu leh pate zirtîrna âi a awh tur a ni lo. Naupang hamɽhatna lam thil reng reng chu nu leh pate leh zirtirtute thawh hona ni zel rawh se.⁷

In chhûnga naupang kaihhruaina reng reng chu zirtirtute ɽanpuitu ni zel rawh se. Naupangte chu in lamah faina te, fel thlapa chêt te, uluk taka thil tih pawimawhna te zirtîr ni sela, chung zirlaite chu sikul chhûngah nunpui rawh se.⁸

Naupang chu sikul kal rual a lo nih chuan zirtirtu chuan a nu leh pa thawhpui sela, kut hnathawh chu an sikul zirlai pêng khat ni zawm rawh se. Hetiang hna thawh hnial tlat ɽhin sikul naupang tam tak an awm a. Hna ɽangkai thawh, inhlawh ang chite hi tlâwm thlâk lutukin an hria a; mahse engin nge mihring hi min tizahawm ɽhin tih hi an hre lo a ni.⁹

Sikul Kaltlangin Chhûngkuain Malsawmna A Dawng Thei—Zirtirtu chuan dawhthei tak, ɽahnemngai tak, rim tak leh Krista hawilam apiang hawia a thawh phawt chuan chu siamɽhatna hna chuan naupang chênna chhûngkua thleng phakin vanram boruak nuam zâwk leh thianghlim zâwk chu in chhûngah a la lût thei a. Hei hi *misonari* hna sâng ber chu a ni Chiang a ni.¹⁰

Zirtirtu fimkhur tak chuan mi ɽangkai ni tura naupangte kaihhruaina hun remchang tam tak a hmu ang a. Naupang tê zual phei chuan a bikin zirtirtu chu an zahin an ring tâwk em em mai dâwn a ni. A thurawn apiang chuan in chhûnga thawh chi a ni emaw, ni tin hnaa rinawmnaah emaw, damlo leh retheite rawngbawlsaknaah emaw rah a chhuah lo thei lo a ni ber mai. Tichuan a lêtin a hlâwk leh zual tihna a ni. Chu thurawn ngilnei tak chuan a petu a rul lêt ang a. Nu leh pate lawmna leh thawhpui chuan zirtirtu phurrit chhâwk zangin a kawng a ti-êng ang.¹¹

Nu leh Paten Zirtirtu Hna An Chhâwk Zang Thei.—Nu leh pate hian rinawm taka an tihtur an hlen chuan zirtirtu hna an chhâwk zang nasa hle ang a. A beiseina leh a thil tumte pawh a sâng sawt bawk ang. Krista hmangaihnaa khat nu leh pate chu phun reng ringawt lo turin an insûm ang a, an fate zirtîr tura an mi thlan ɽanpui a, fuih chak turin theih tâwp an chhuah zâwk ang. An hnaa ɽahnem an ngâi ang bawkin ani zirtirtu pawh chuan ɽahnem a ngâi ve tih an ring bawk ang.¹²

Nu leh paten an mawhphurhna an hriat hun chuan zirtirtute tân thawh tur a tlêm hlê ang.¹³

Nu leh pate Hi Zirtirtute Tân Thurawn Petu An Ni Thei.—Kan in chhûngahte hian Pathian hmangaihna sawi ila, sikulah i zirtîr bawk ang u. Pathian Thuin mihring nun dik a sawite hi in chhûngah leh sikulah lâk luh tur a ni. Nu leh pate hian LALPA duhzawng inpuang chhuak iarh mai hmaa inphah hnuai tur an nihzia hi hre Chiang se chuan in chhûng enkawlnaa an thil lo paltlang tawhte aɽanga thlêmna laka naupangte leh ɽhalaite vên dân an lo hriat hnem tawh avangin kan sikulah leh zirna chungchângah thurawn petu fing tak an ni thei ang a. Tichuan zirtirtute leh nu leh pate chu vanram kai tlâk tura ɽhalaite an zirtîrna-ah Pathian thawh puitute an ni ang.¹⁴

Nu leh pate hian an fate nungchang leh an taksa chak lohna leh piansualnate an hre chiang ber a, chu chu zirtîrtu hrilh se a tân a ẵngkai hle ang. Mi tam takin hetiang tihna châng an hre lo hi a pawî hle. Nu leh pa tam tak chuan anmahni ngeina zirtîrtu va hrilh emaw ẵnpui emaw lam chu an ngaihven meuh lo.¹⁵

Nu leh pate chuan zirtîrtu thawhpui chu an tihurah ngâi sela, an fate zirtîr mêktu tân chuan tawngtai nasa rawh se.¹⁶

Zirtîrtute hi Nu leh Pate Hnena Thurawn Petu Anni Thei.—Nu leh pate hian zirtîrtu am hi an hnaih hmasak ngâi meuh loh avangin zirtîrtu zawkin nu leh pate an hnaih hmasak hi a ẵl zâwk fo a ni. A naupangte chu an inah tlawh sela, a chhûngte bulah eng tin nge a khawsak tihte hriat tum rawh se. A mimal amah ngeiin an chhûngte leh an khawsak dân a va hmuh khan a zirlai naupang naupang nena an inphuarna hrui a tinghet thei a, an nunzia leh khawsak phung inang lo tak takte pawh hlawhtling zâwka enkawl dân a hre thei ang.

Amah zirtîrtu ngei chuan in chhûng zirna chu a ngaihven peih avang chuan a lêtin a hlâwk phah dâwn a ni. Nu leh pa tam tak chuan an eizawna leh thil dang avangin a ẵa zâwng fate an hneh theihna hun ẵa an bawh pelh nasa a. Zirtîrtu chuan chutiang nu leh pate theihna leh remchanna muhil kai tho tur chuan thil nasa tak an tithei a ni. Midang, an mawhpurhna rit êm êm hria, an fate nutling patling chhawr tlâk mi ẵa-ah an chhuak lovang tih hlauva zâm em em a hmu bawh ang. Zirtîrtu chuan he mite phurrit hi a chhâwk sak fo thei a; inrâwn khâwmin a lo chak phah ve ve thei a, an rilru a phur phah thei viau bawh.¹⁷

1. Counsels to Parents, Teachers, and Students, p. 157.
2. *Ibid.*, pp. 155, 156.
3. Testimonies for the Church, vol. 6, p. 202.
4. Education, p. 283.
5. Letter 29, 1902.
6. Review and Herald, June 13, 1882.
7. Education, p. 283.
8. Manuscript 45, 1912.
9. Counsels to Parents, Teachers, and Students, p. 146.
10. *Ibid.*, p. 157.
11. Education, p. 213.
12. Counsels to Parents, Teachers, and Students, p. 157.
13. *Ibid.*, 148.
14. Letter 356, 1907.
15. Education, p. 284.
16. Fundamentals of Christian Education, p. 270.
17. Education, pp. 284, 285.

BUNG 55 THUNUNNAAH ẵANRUAL TUR

Zirtîrtuin Naupang Enkawnaah Remhriatna A Mamawh.—ẵhalaite zingah chuan thiamna leh nungchanga danglam tak tak hmuh tur an awm ẵuh ang. ẵhenkhat chu khuakhirhna nasa tak leh rum tak hnuaia seilian, luhlul tak leh ngêng tak mai an ni a. ẵhenkhat thung chu duat hlawh em em, uchuak taka fate duat ẵhin nu leh paten an apiang tih an phalsakte an ni bawh. An nungchang a chhiat hlen thlengin an dik lohnaah thiam an inchantir zel a. Heng mi rilru inang lo tak takte enkawl tur hian zirtîrtu chuan remhre taka a beih a, zâidam tak leh rilru nghet cherh chawrh pu chung a awpkhâwm a ẵl a ni.

Sikul inthununna duh lova ning em emte pawhin an tilang fo vang. ẵhenkhat chuan hremna pumpelth tumin an finna zawng zawng an hmang ang a, ẵhenkhat chu an sual man hremnate engahmah ngâi lo angin an awm lui thung ang. Heng zawng zawng hian naupang zirna atâna mawhpurtuten dawhthei tak leh nasa lehzuala an nawr a ẵlzia a tilang zâwk a ni.¹

Inkaihruaina Dân Tlêm Se; Uluk Thung Ila.—In chhûngah leh sikul lamahte inthunna fel tak a awm tur a ni. Zirtîrtu chuan a sikul naupangte nungchang kaihhruai dân tur duang sela. A dân siam chu tlêm tê, uluk taka siam ni rawh se; siam a nih tawh rau rau chuan kenkawh ngei tur a ni. Anmahni kaihhruihtu nun dân dik reng reng chu zirlai naupang hma-ah dah ni sela, chu dân thatna chu a hmu mai ang.²

Zirtîrtu Chuan Thu Awihna A Kengkawh Tur A Ni.—Sikulah leh inahte hian inthunna chungchang hi hriat thiam tur a ni. Sikul chhûngah tiang hmanna tur awm lo se tih hi beisei bawh ila. Mahse sikulah chuan thununna leh zilhna, ÷awngtaina leh an tâna zirtîrtu rilru hahna zawng zawngte pawh luhlul chhuaha hnar tlat an awm erawh chuan thu an awih ngei tur a ni tih hriat thiamtir chu a ÷ul a ni mai.

Zirtîrtu thenkhat chuan thununna kenkawh hi ÷ha berah an ngâi lo. An tihur chu zirtîrna pêk mai kha niin an hria a. A dik, an zirtîr tur a ni. Mahse an hmuh theih reng an hmaa nundan dik awm chu an zah loh a, zirtîrtu berin thuneihna nei awm pawha a inngaih loh chuan naupangte zirna chu eng ang tak ni ang maw?³

Nu leh Pate Tanpuina A Mamawh.—Zirtîrtu chu amah chauha phurrit phurhtir tur a ni lo. Kohhran member-ho lainatna te, ngilneihna te, thawhpaina te leh hmangaihate a mamawh hle a ni. Nu leh pate chuan zirtîrtu chu a hnathawh an hlutsak ani tih te entirin fuih sauh sauh sela. An faten zirtîrtu an ngaihneip theihna lam hawi thil engmah sawi suh se.

Mahse nu leh pa tam tak chu zirtîrtute nen an ÷angrual lo tih ka hria. Sikula an faten thil ÷ha an zir pawh in lamah an lo châwm zui lo va; châwm nun zui ahnêkin an fate chu khuahkhirh miah lovin an duh duha awm an phalsak a ni. Zirtîrtu chuan thu awihna phûtin a thuneihna han hmang se naupangte chu in lamah uar fêin an zualko va, an zirtîrtu tihdan chu dik famkim chiah lovin an sawi a. Zirtîrtu khan hreh ngawih ngawih chung a ti pawh a lo ni ve mai thei e; mahse nu leh pate chuan an fate chu a dik lo zâwk pawh nise an ÷an nghal bur ÷hin. Fate hauh hrât apiangin sikula an fate zilhna leh thununna lo vui puia sawisel an hrât lehngal.⁴

Naupangin sikul thuneitute leh inthunna an sawisel apiang lo ‘amen’ pui ÷hin nu leh pate hian nungchang tichhe mêktu thiltihtheihna chu hlauhawm thamin an tipung nasa leh zual tih an inhre si lo. Tleirawl sualnate hi a pun nasat em avangin an nun hneh theitu anmahni hual veltute hi a ÷ha lam an nih a ÷ul em em a ni.⁵

Zirtîrtu Rinawm Chu Chhawr Zawm Rawh Se.—Mahni fate thlarau veina reng reng nei lo, zirtîrna leh kaihhruaina ÷ha pawh pe ngai lo apiangin sikula an faten zilhna leh hremna an tawh chu sawisel an ching a. Heng naupangte hi kohhran mal tân mualphona an ni mai lo va, Adventist hming hrim hrim tân pawh mualphona a ni.⁶

An fate chu nu leh pate chuan Pathian tân te, kalphung nghet atân te, mahni leh mahni lakahte leh an hmuh phâka awm zawng zawngte tân thlenga rinawm turin zirtîr rawh se.

Hetieng taka fate zirtîr ÷hin nu leh pate chu zirtîrtute sawisel vak vak mi an ni ngai lo vang. An fate thatna tur leh sikul dikna chuan a theih ang ang an mawhphurhna ÷awmpuitu chhawmdawl leh chawimawi chu a phût tlatin an hria a ni.⁷

Naupang Hriatah Zirtîrtu Sawisel Suh U—Nu leh pate u, kohhran sikul zirtîrtuin in faten chatuan nunna nei se tia thunun leh zirtîr a tum lâi khân ti lutuk deuhin lo hria pawh ni ula naupang hriatah chuan sawisel reng reng suh u. Chhandamtu hnenah an thinlung pe se in tih chuan an chhandamna atâna thawk mêk zirtîrtu chu pui rawh u. Sawiselna ÷awngkam aiin an zirtîrtu hnathawh ÷hat fakna chu nu hmuï a ÷angin naupang chuan hre tam zâwk se an tân a va ÷ha leh zual dawn em! Chutieng ÷awngkam chuan mi a hneh rei a, naupangte rilru chu an zirtîrtute zah turin a hneh bawh ang.⁸

Zirtîrtute chu sawisel a ÷ul a, thurawn pêk a ÷ul a nih pawhin a fâla tih tur a ni. Hei hi a sâwt lo a nih chuan sikul enkawlina lama thuneitute hnenah thlen mai tur. Naupangten thûi taka an dinhmun inngahnate an hmuhsit theihna turin engmah sawi loh tur a ni.⁹

Nu leh pate chuan zirtîrtu-ah inchan chhin se, naupang inang lo tak tak, pâwl hrang hranga thente enkawl leh huikhawm hatsat turzia chu an hmu ang a, an en dân a danglam daih ang.¹⁰

Thu Awih Lohna Hi Inchung Ațanga Ințan A Ni.—Naupangte an duh ang anga awmtir hi nu leh pa chuan hmangaihna an ti mai thei a, mahse nunrâwnna tâwphâwk a ni. Naupangte hian thil an ngaihtuah thei a, ngaihtuahna nei tak tak lova khawngaih ringawtte hian nu leh pa hmuhah țha viauin lang mahse an rilru a tina țhin. An țhan len chhoh ang zelin an thu âwih lohna pawh a țhang lian ve zel a. An zirtîrtute pawhin siam țhat an tum a ni thei, mahse a nu leh pate chuan an țan tlat zel a, tichuan sual chu a țhang lian zel a, a hma aia thimna chhah zâwk bumnaa khuh a ni lehzel bawk. Heng naupangte kawng zawhah hian naupang dangte pawh hruai bo an ni hlawm a, chuti chung chuan an nu leh pate chuan thil dik lo chu an hmu thei lo. An fate thusawi chu an sualna avanga avanga rûm țhin zirtîrtute thusawi aiin an dah pawimawh zâwk bawk.¹¹

Thawpui Harsa Nu leh Paten Zirtîrtu Hna A Lêtin An Tihautak.—Nu leh paten an fate zirtîr an ngaihthah hian zirtîrtu hna chu a lêtin an tihautak a ni. Naupangte chuan an nu leh pate mize nelawm lo tak mai leh buluk tak mai chhinchhiahna chu an pû a. In lamah ngaihsak an hlawh loh avangin sikul inthununnate chu khirh lutuk leh râwng lutukin a hre țhin. Chutiang naupangho chuan fimkhur taka vên an nih loh chuan an nungchang duhdah tak mai leh țha lo tak mai hmangin naupang dangte an dâwi bawk. Naupangin in lama zirtîrna an dawn țhat loh khuhna tur sikula an thil țha zirte chu an nu leh paten an dik lohna-ah pawh an lo lainat tlatna chuan engmah lovah a lo chantir leh țhin.

Bible ringtu nu leh pate hian an inenkawl dân țha lo tak mai chu an kalpui zel ang a, an rilru sual tak mai chu an fate-ah hian an la nemnghet zel dâwn em? Tun hun atâna thutak puangtu nute leh pate chu harh chhuak sela, he sualnaah hian tel ve tawh lo va, an fa sual tak takte thusawi pawma Setana hmanrua ni tawh lo turin harh rawh se. Zirtîrtute tân nu leh pate inrawlhna tel lo va, naupang ho boruak leh huhâng chauh neih chu a tâwk e.¹²

1. Testimonies for the Church, vol. 5, pp. 88, 89.
2. Counsels to Parents, Teachers, and Students, p. 153.
3. Review and Herald, Sept. 15, 1904.
4. Counsels to Parents, Teachers, and Students, pp. 153, 154.
5. Testimonies for the Church, vol. 5, p. 112.
6. *Ibid.*, p. 51.
7. Education, p. 283.
8. Counsels to Parents, Teachers, and Students, pp. 154, 155.
9. *Ibid.*, pp. 161, 162.
10. Testimonies for the Church, vol. 4, p. 429.
11. Review and Herald, January 20, 1901.
12. Review and Herald, Oct. 9, 1900.

BUNG 56 ACADEMY LEH COLLEGE A ZIRTÎRNA

Khawvel Zirna Sikulah Mi Tam Tak An Bo.—Dâwt ni si lo râpthlâk tak, nu leh pate tikhur thei hial tur chu hei hi a ni--- rilru changkang leh inthununna țha beiseia țhalaite kalna sikul leh college tam takah hian nungchang tichhe thei boruak, rilruin a tum țha tak ațanga mi hruai pêng thei leh rilru tihnam thei thil a lar hle mai tih hi. Sakhaw mi lo tak tak te, nawmsip ngaina mi te leh mi bawlhhlawh hrim hrimte nena inzawmna ațangin țhalai tam tak chuan an thianghlimna leh an tlâwmna nun te, Pathiana rinna te, Kristian nu leh paten an duh em em leh țhahnemngai taka țawngțaina leh fimkhur taka inzirtîrnaa an vên mahni inphatna thlaraute chu an hloh a ni.

Mite rawngbawlsaktu nih tuma sikul kal tam takte pawh sakhaw tel lo zirna chuan a dawlh bo va. Thiam fâl tak nih a, khawvel dînhmun țha leh chawimawina neih duhin an tum an tisâng ta hle mai a ni. An sikul luhna chhan ber chu hmuh khûmin mahni hmasialna leh khawvel

ûmnain an nun an hloh der mai. Tichuan an khawvel nun leh khawvel lo la awm tura an nun chu an hloh hlen phahna tur thil chu an lo ching hlen ta a nih chu.¹

Chhûngkaw Sakhuaa Boruak A Bo—“Thlêmnaah min hruai lût suh ang che” tiin in tawngtai a. Chuvangin in fate chu thlêmna t̄ul lo an tawn theihna hmunah dah suh u. Thinlung buh hmuna buhlem theh ang mai la ni thei mi hneh theih tak mai nena an inzawm theihna sikulah kaltir lovang che u.

An naupan lâi, chhûngkaw sikula an kal lâi hian in fate chu Pathian t̄ihnaah chuan zirt̄irin thunun ula. Chutah sakhuaa rilru leh an thinlung ātanga Pathian hmangaihna an neih tawhte an bo leh vek theihna hmuna dah lo turin fimkhur hle ang che u. Hlawh tam tak neih theihna emaw thiamna sâng tak hmuh theihna hun remchangte pawhin in fate chu in uap phâk lohna hmun, thlêmna chak tak takten an hip reng theihna hmuna dah turin hruai che u suh se. “Miin khawvel pum hi nei se; a nun ch̄an ta si se a tân eng nge s̄awt ang?” (*Marka 8:36, 37*).²

Kan College-te Hi Pathian Ruat An Ni.—Pathian vantirhkohin kan t̄halaite inzir n̄ana zirna in sak tur a nih thu min hrilh lâi khan thlarau chhandam n̄ana Pathian ruat hmanraw pawimawh berte zinga pakhat a ni d̄awn tih ka hmu a. Kan college-in mi a hneh theihate hi a nih tur ang tak chu nise chuta zir chhuak t̄halaite chuan Pathian hmuin A hnathawh zawng zawngah chuan an chawimawi ang a; Pathian p̄ek an finate an chher chhoh lâi chuan t̄ha z̄awka A rawng bawl at̄an an inbuatsaih m̄ek tihna a ni.³

Kan kohran sikulte hi Pathian din an nih hlawm avangin t̄halaite chu zawlnei sikul anna lama t̄hang zel tur kan sikula lût turin fuih ni hlawm teh se.⁴

Sikul Chhûngkuua Thil Daihriat Hl̄awknate.—Engemaw chenah kan sikul ātanga lehkhazir tur naupangte hian zirna dik lo an neihna hmun an in chhûng ātanga l̄ak hran an nih chuan hmasawna tlo leh daih rei z̄awka an nei thei a ni. Chhûngkaw t̄henkhat tân chuan pawisa khêk n̄ana an fate sikul hnaiha insawn a t̄ul mai thei e; mahse tam takah chuan hei hi an fate tân malsawna ni lovin hmasawna daltu a ni thei.⁵

Hmeichhe Awm T̄ha Duh Lo Tân Hostela Awm A T̄ha.—In fanu kha hm̄elma pa chuan thir l̄ên anga ngheta a phuar beh thlengin a ta neih ringawt mai a; a thlarau chhandam tur chuan thlan tui nen tak meuh meuha beih lêt fê a ngai tawh ang. Hlawhtling tak tak tur phei chuan kawng chanvea bansan chi a ni lo va. Rei tak a lo tih t̄han tawh chu awlsam t̄ea insimtir theih a ni lo. Mi hneh thei tak mai boruak muanawm, nghet charh mai awmna hmunah dah tur a ni. He ----- khuua college-ah hian dah ula ka ti a; hostel inkhuahkhirhna hnuaiah awm rawh se. Tunhma khan hetah hian lo dah daih tawh z̄awka awm a ni.

He hostel hi chhûngkaw t̄ha tak ang ni thei tura ruahmanna fel tak nen enkawl a ni a. T̄henkhat rilru nen chuan a inmil kher lo pawh a ni ang; hei hi a chhan chu anmahni a duh lotute z̄awka kha thurin dik lo zirt̄irna dawng a, mahni nawmsakna leh lawmna zawng, an thil chin t̄han leh tihdan reng reng t̄haa ram awm lo vek an nih vang z̄awka a ni. Ka unau duhtak, hun tâwp kan hnaih ta; khawvel duhzawng leh thiltih dân ni lovin Pathian duhzawng tih a, Bible-in engnge a sawi tih hriat a, Pathianin êng min p̄ek ang zela kal hi kan duh a. Kan rilru thlêk lam te, kan hnam dân leh hnam thilte hi an lal tur a ni lo. Pathian Thu hi kan intehna tur chu a ni.⁶

Hostel Naupangte.—Zirt̄irtute t̄henkhat chuan naupang, sikul bul hnaiha nu leh pa neite chu an zirt̄irtute nen sikula an awm ho loh chuan sikul hamt̄hatna hi an chang ve thei lo vang an ti niawm takin a lang a. Ka tân chuan hei hi ngaih dân thar leh mak tak a ni.

Naupang t̄henkhat chu an in chhûng boruakin a zir chiah loh avangin sikul t̄ha tak enkawlna hnuaia engemaw chen an awm hian an t̄hatpui em em a. T̄ulna avanga mahni in chhuahsan a, sikul hamt̄hatna bel lo thei lote tân phei chuan sikul chhûngkuua tel chu malsawna nasa tak a ni. Mahse nu leh pate awp chhûngkuua, Pathian t̄ihna leh A thu âwihna hmun ni m̄ek leh la ni zel tur, nu leh pate kaihhruaina t̄ha tak mai hnuaia chhûngkaw sakhaw mi tak te inthunna leh

inenkawlna hmun, anmahni nu leh pate ngeiin an uapna boruak an chen theihna chu naupangte tâna hmun tha ber ani tur a ni.

Hostela awm rûal tawh naupangte chungchangah chuan sikul bul hnaia an nu leh pate nen an awm ho phawt chuan hostela awm ngei ngeina tur dân ʔul lo leh awm lo pui pui siam lo vang u.

Nu leh pate rilru chu an fate tân hostel khuahkhirhna hnuaiawm a tha e tia kan hneh theih loh chuan a theih chhûng chu an thuhnuaiawmtir kan phal mai tur a ni. Hmun thenkhatah chuan sikul bul lawka awm nu leh pate pawhin in lama an awm âi chuan inkaihruaina mumal tak an dawn theihna tur hostela an awmin an fate chuan ʔatpui zâwk dawnin an hre thei. Mahse engti kawng mahin kan sikul zinga a eng ber emaw tal ʔatna chhim ve tura an nu leh pate hnen aʔanga naupang lâk hran ngei ngei ngâi tur zâwngin kan innawr tur a ni lo.

Nu leh pate hi fate enkawl tura leilung danin a ruatte an ni a, an zirna leh inkaihruaina vil reng turin mawhphurhna namai lo tak an nei a ni.

Nu leh pa, kum engemaw zât mahni fate hmasawn dân lo thlir rengtute chuan an faten nungchang tha an neih a, an lo puitlin theih nân engang enkawlne leh zirtîrna nge an mamawh an hre ber ang tih hi kan hre thiam thei dân ngang lo em ni? Sikul aʔang mêl hnih mêl thum bial vela awm naupang, an chhûngte nena awm, nu leh pate thlazar hnuaiawm hlâwkna chen mêktute chu sikula an luh phalsak tur tih hi ka thurawn chu a ni. A theihna apianga chhûngkua chu phuarkhawmin awm rawh se.⁷

Naupang Zawng Zawngin Lehkha An Zir Thei Tur A Ni.—Kohhran hian a mutthilh avangin naupangte leh ʔalaite zirna chungchang pawimawh dân hi a hre chhuak zo lo. Mi pakhat chuan, “Eng nge maw kan ʔalaite lehkha zirtîr tur hian kan khermei a, kan fimkhur em em le? Ka ngaih dân chuan lehkha lama tui mi an awm a nih a, chu mite chu i lâk theih chuan emaw, inthununna engemaw bik mamawh thil danga kohna hmu an awm a nih chuan ngaihven deuh bik ta la, chu chu a ʔul a nih chuan a tâwk alawm. Kan ʔalaite zawng zawng tha taka zirtîr vek tum kher chu a ʔul lo ve. Ka thil sawi hian a ʔul chu a chhâng kim em?” a ti a. Ka chhanna chu “Teuh lo mai” tih a ni. Kan ʔalaite zawng zawng hi Pathian hnathawktu ni tura thâwkkhum an nih theih nân kan sikul malsawmnate leh ʔatnate hi chantir kan phalsak vek tur a ni. Mi ʔangkai tak, mimal leh khawtlâng tâna mawhphurhna la thei mi ni turin thiamna an mamawh vek si a.⁸

Thlah Thlâk Bik Nei Lo Sikul.—Mihring rilru finna hian Pathian ropui nâna sawizawi an nih theih nân nungchang mâwi zir a mamawh a. Rilru pêng hrang hrangte hian sawizawi an nih hian anmahni zâwn ʔeuh chakna inang an neih vek theih nân ngaihtuahna awmdan hi uluk taka vil tur a ni. Nu leh pate hian an fate chu an mawhphurhna ti lova an rilru thlêkna lam apiangte, an nuam tihzawng leh duhzawng apiangte zuitir an phalsak chuan hetiang zel hian an nungchang a insiam ang a, mihring nuna eng mawhphurhna mah chang tlak lovah an chhuak mai ang. Naupang châk zawng leh rilru thlêkna lam chu khuahkhirh a, an nun chak lohna lâite tihchak a, an duhzawng an ûm chak lutuk turte chu beng daih bawk tur a ni.

Rilru pêng khat chu chawltir ni ta reng mai se emaw a kawng pângngai zawh lo ta se emaw Pathian thiltum chu phurchhuah a ni dân lo tihna a ni. Chuvangin rilru finna zawng zawngte hi a tha zâwnga hma lam pantir vek ni rawh se. Pêng tin hi an inlaichin tawn vek avangin enkawl ʔeuh tur an ni a, tin, rilru chuan thlêk bik a neih ngut loh nân sawizawi vek tur an ni bawk. Pêng pakhat emaw pahnih emaw chauh pawh hi in faten an rilru chakna te thil dang zawng zawng ngaihtaha kawng pakhat chauha hman an duh avanga chawm len a, hman nawn reng an nih chuan rilru fim lo tak leh rilru inchawih lo zetin an puitling chho ang a. Thil pakhatah an fel viau pawhin thil dang pawimawhah chuan an tla bal hle ang. Nutling patling lâk tlâkloh zet an ni dân a ni. An tlin lohnate chu a langsar a, an nungchang pumpui chu a tichhe hle ang.⁹

Chawl Lova Zir Kumtluan ʔat Lohnate—Nu leh pa tam tak chuan kum tluan deuhthawin an fate chu sikulah an dah ʔhin. Heng naupangte hian khâwl ang main a hun takah lehkha an

zir tluk tluk reng a, mahse an zirlai chu an hre reng chuang si lo. Heng zirlâi, chawl lova lehkhazir reng maite hi an â lo chauh zâwk a ni. Tihdan ngaia zir reng mai chuan rilru a rintang a, an zirlai pawh an tui tak tak thei lo; tam tak tân phei chuan lehkhabu hmanna lam reng reng chu hrehawm a tling a ni. Ngaihtuahna ril tak tak hman leh hriatna lâk khawl pawh an tum lo. Mahni inen lêt leh inchhui lêt duhna rilru pawh an pu hek lo.

Chik taka thil ngaihtuah leh finna ril nei an awm mang lo va, chu chu ngaih dân dik lo deuh maiin an finna thang zel tur a dal tlat vang a ni. Nu leh pate leh zirtirtute ngaih dân chawl lova lehkhazir tluk tluk mai hian thluak(finna) a tichak tih hi a dik lo, tam takah phei chuan a letling chiah zâwk a ni.¹⁰

Nu leh Pate Chauhin An Sawisel Chi A Awm.—Zirtirtute hi nu leh pate hna thawk tura beisei chi an ni lo. Mangan thlâk khawpa mahni mawhpurhna ngaihsak lo nu leh pa an awm fo mai. Elia ang khan an fate an khuahkhirh tha tâwk lo va, tichuan an thunun zawh loh an fate chu in lama an pêk daih tawh tur zirtirna dawng turin college-ah an tir ta thin a ni.

Zirtirtute hian mi tlêm tê chauhin an hlutsak hnathawh tur an nei. Heng thalai awm eu tak takte hi enkawl tha se miin an fak phah vak lo. Thalaiteen sual kawng zawh an thlan luih miao va, chhiat lam an pan zel erawh chuan zirtirtute chuan nasa taka dem hlawhin a sikul pum chuan sawisel a kai phah lawi si. Thil awm dân tam takah chuan nu leh pate hi sawisel ngai zâwk chu an ni. An fate thunun a, zirtir an awlsam lâi, an thinlung leh rilru hneh awlsam lâi hun hmasa zawng zawng chu an kuta awm a ni. Mahse an chêt muan luat avangin naupangte chu sual kawng zawha an thinlung a sak thlengin an duh duha awm phalsak an ni.¹¹

Nu leh paten Zirtirtute Thuneihna Chawm Nung Rawh Se—Zirtirtuten an hmachhawn tawh thin harsatna lian deuh deuh zînga pakhat chu *college discipline* kenkawh chungchânga nu leh pate thawhpui an harsa lutuk hi a ni. Nu leh pate hian zirtirtute thuneihna chu din pui ngat se chuan thawng chaltlai te, nungchang huatthlala awm deuh mai te, inchungtlâknate ang hi tam tak vên a ni ang. An fate chu thuneitute thu awih tur leh zah hle turin phut rawh se. An faten thil tha tih an chin hlen hma loh chu taima tak leh chawl miah lova zirtir tur leh khuahkhirh turin thawk rawh se. Chutiang inzirtirna nen chuan thalaite chu thuneitute thuhnuaiyah mi pângngaiin awm dân tur awm tawka ngaih tlângpui zawmin an awm ang.¹²

College-a inthununna that leh that loha thu tlûkna chu naupang kutah dah tur a ni lo. Nu leh paten zirtirtute leh sikul zirdan kalphung chu an fate luhna tlaka an ngai a nih chuan an ngaih a tha a, an rilru a dam tih leh thununna an lekkawh dânte chu tha an ti tilang rawh se.

Nu leh pa fing chuan dân pawisak lohna lam chi reng reng tuar zam ngai lo sikul, nuamsip ûm mai mai lo tur leh thu âwih tlat tura naupang hrualna hmun leh zirtirna boruak thain a tuamna hmunte an lo awm chu an lawm em em ang.

Nu leh pa thenkhatin sikul kal tura an fate an tirh duhna chhan chu in lama an enkawl theih loh vang a ni. Heng nu leh pate hian zirtirtute thununna chu an thlawp dân nge? An fate dân sawi chu an âwih zel dân?¹³

Sikul Inthununna An Thlawp Tur A Ni—Nu leh pa thenkhat, -----sikula fate tir ve chuan zirtirtuten thil tihawm lo lutuk ti tura an phût chuan tih loh tur; tu pawhin tir se, tiin zu hrih a! Naupang zirtir dân mak tak a ni! Engtin nge engmah la dai hriat lo pui chuan thil tihawm leh awm lo te an hriat phâk ang?

An lènna tur tuma hriatpui loh hmunah lêng duh se, chu chu an zirtirtute emawin sawifiah turin ti se, thil tih awm loh lutuk, an mimal dikna bawhchhiatna a ni em? Midang rinchhan lova an awm chu tihbuai tur a ni lo ve. Inthununna apiang hlei hluak taka an zalenna khapsak anga an ngaih chuan eng thuneihna leh chaknain nge heng thalaite chungah hian thunei ta ang?

Thil awm dân tam takah chuan heng thalaite hi sikulah rei lo tê chauh an kal a, zir zo lovin in lamah, sikula an neih theih loh zalenna, an duh thlanna rilru sawizawi loh leh zirtir loh zui turin an kir leh thin. An nu leh pa fing lo ve tak tak ten inthlahdah an zirtirna chuan tun leh chatuan atân a hna a thawk ta, heng thlarau bote hi nu leh pate bat anga ziah luh a lo ni ang.¹⁴

College Zirilaibu Pawn Lama Thiamna—Naupangte leh thalaite chuan zirna thu-ah hian a tha thei ang bera thiltih chu chin thanah nei rawh se. College-a an thil zirte hian thiamna an mamawh zawng zawng a huam zo lo va. An thil hmuh leh hriat atangten an inzir thar reng tur a ni. Thil awm dân leh an lo awm chhan atang te, an bul vela thil awm atang te, leh mihring nuna thil lo thleng thin atang te hian an zir thei bawk. Ni tinin an thil pumpelh ngei ngei turte leh an dinhmun chawikanga tizahawm thei thil, nungchang tinghet a, an mahnia nu ropui pa ropui nihna lungphum nunphung dik tinghettu chu an zir thei a ni.

Tum mumal nei lo leh pawlawh taka an zir a, tumna tak tak nei lova an tei vel mai mai a nih chuan Pathian tehna chu an thleng pha hauh lovang.¹⁵

1. *Tihdam Rawngbawlna*, p. 395.
2. Manuscript 30, 1904.
3. Testimonies for the Church, vol. 4, pp. 419-422.
4. Fundamentals of Christian Education, p. 489.
5. *Ibid.*, p. 313.
6. Testimonies for the Church, vol. 5, p. 506.
7. Letter 60, 1910.
8. Review and Herald, February 13, 1913.
9. Testimonies for the Church, vol. 3, p. 26.
10. Counsels to Parents, Teachers, and Students, pp. 84, 85.
11. *Ibid.*, p. 91.
12. Testimonies for the Church, vol. 5, p. 89.
13. Manuscript 119, 1899.
14. Manuscript 119, 1899.
15. Youth's Instructor, Apr. 21, 1886.

THEN - XIII

Taksa Than That Nâna Pawimawh Hmasâte

BUNG 57

INSAWIZAWI LEH HRISSELNA

Hna Mumal Tak leh Intihhlimna—Naupangte leh thalaite hian hriselna te, hlimna te, taksa chak tak leh thluak tha tak mai nei tur chuan pawnah awm tam sela, intihhlimna leh tihur mumal fel tak nei bawk rawh se.¹

Naupangte hian an hun awlah thawh tur nei sela. Rilru hmanna leh pawna taksa sawizawina chuan in fapa taksa chu a tichhe hauh lo vang. Hmeichhe naupangten in chhûngah hna tangkai thawk sela a hlâwk em em a, tin, an hrisel nân leh taksa insiam nân pawn lamah hna tangkai thawk ve fo rawh se.²

Insawizawi leh Boruak Thianghlim.—Ni tina kutke hmang ngai lote chuan insawizawi han tum se an chak lohzia an hre mai ang. Taksa bung tinin mahni hna theuh an thawk a, mahse thisen zâm leh tihrawlte chu hnathawk thei tur leh taksa khâwl hrisel tak vawng thei dinhmunah an ding lo. Kan kutkete hi hman thana chak tur an ni. Hahthlâk lutuk lova ni tin insawizawi hian tihrawl a tichak a, insawizawi loh erawh chuan an zawi a, an chak lo hle. Pâwn thawvenga ni tin phur tak maia insawizawina hian thin, kal leh chuap hnathawhte a tichak bawk.

Nangmah tanpui turin tumruhna nei la, chu chuan hritlâng a vêng ang a, hriatna thazâm tân chakna a pe ang. Tichuan rei lo têah insawizawi leh boruak thianghlim hip hlâwkzia leh heng malsawmna tel lova nung thei i nih lohziatê chu i hre chhuak dân a ni. Boruak tha dawng lo i chuap chu mihring riltam eitur nei lo ang a ni a. A dik tak chuan chaw tel lo va kan dam theih chen aiin Pathianin chuap tâna a chaw siam boruak tel lova kan dam theih chen hi a tawi fê a ni.³

A Bîkin Zirlaiten Taksa Sawizawi An Mamawh.—Taksa tihchêt loh lutukna hian taksa khâwl a tichak lo hle. Pathianin mipa leh hmeichhia te hi tangkai tak leh phur taka che turin A

siam a. Hna ƚangkai thawk chung a tihrawl zawng zawng sawizawi tluk hian ƚalaite chakna chu thil dang engmahin an puntir lo.⁴

Insawizawina Hian Taksa leh Rilru Hnathawh A Tichak.—Sikul chhûnga naupang leh ƚalai dahkhawm, lehkhabu chauh ngaihtuah ƚhinte chuan taksa ruangâm ƚa tak an nei thei lo. Taksa sawizawina tel lova lehkha zir nâna thluak sawizawina hian thluakah thisen a hip lût duh riau va, taksa puma thisen kal vel a buai phah a. Thluakah thisen a tam lutuk laiin taksa hmâwr lamin an nei tlêm lutuk thung si. Chuvangin naupang leh ƚalaite lehkhazir hun tur chu fel taka bithliah ni sela, an hun awl engemaw ber chu taksa sawizawi ngei tur hna thawh nân hmang rawh se. An ei leh in dân te, an inchei dân leh an mut dânte chuan leilung dân pângngai a zawm chuan taksa leh rilru hriselna tichhe miah lovin thiamna a nei thei dân a ni.⁵

Naupangte chu an têt lâi aƚang rengin mawhphurhna tlêm têt chauh pawh pe ula, taksa leh rilru chu sawizawi a nih avangin a lo chak deuh deuh ang. Tichuan, ƚalaite chu LALPAN nakin lawka A kohna tur hna ropui zâwkah chuan ƚanpuitu ƚa tak an la ni thei dân a ni. Taihmâkna te, fimkhurna te leh enkawltu nihnte hi mi tlêm têt chauh zirtîr an ni a. Hetiang rual naupangte tâna anchhe râp̄hlâk ber chu thachhiatna leh awmawlina hi a ni. Hna hrisel leh ƚangkaite hian thil ƚa mi a chin hlentir theih bâkah nungchang zahawmnate a chawisân avangin malsawmna a ni.⁶

Hna Hrang Hrang Thawka Inthlâk Dân Tur Remruat Rawh U.—ƚalaite rilru harhvang tak leh an ƚa za tak mai hi a hmanna awm ngei sela, anmahni siam ƚa thei leh mite tâna malsawmna ni thei hna ƚangkai thawh tur kawhhmuh an nih loh chuan an rilru leh taksa tâna ƚa hauh lo thildang khawih tur an hmu tho tho ang.

ƚalaite chuan hlim takin an nu leh pate hring nun phurrit chu ƚawmpui ve sela. Hetianga an tih hian an chhia leh ƚa hriatna thiang tak chu an vawng ƚa a, chu chu taksa leh rilru hrisel nân a ƚul em em a ni. Tin, hetia an tih lâi hian hna ngai rei tak tak thawhtir avanga an rim lutuk tur chu vên tur a ni bawk. ƚalaite an hnê hnâwp thlenga hna ngai thawhtir an nih chuan han chawhtir zâwk leh thil danga han thlâk zawk avanga an thawh theih aia tlêm daih an thawk thei ang. Rilru hi a rim lutuk chuan chak deuh deuh ahnêkin a tlahniam zâwk ƚhin. Hna thawh tur tihdanglam a nih hian hriselna leh phurnate pawh a la awm thei zâwk a ni. Mahni chauh intihhlim duhnate hi mihring rilru tân an hlauhawm avangin thil ƚangkai lo zâwk avanga a ƚangkai zâwk hnâwl a ƚulna a awm lo vang.⁷

Thil Tihlai Ninna Hi Hnathawh Rah Pângngai A Ni.—Nute u, in fanute, thildang tihtur pe leh mumal si lova dah awl a, an tih duh apiang, la phiar emaw thil danga an buaina tur thil mak tak takte tihtir in phal chuan chu ang tluk reng reng a suala hruai luhna thil dang a awm lo. An tihrawl leh kutkete chu sawizawi rawh se. Ning ta viau se engtin nge ni ang? Nangni in hnathawh kha in ning lo bik em ni? An thawk rim lutuk bik a nih si loh chuan an ninna ringawt chuan thawh hahnain nangni a tihnat aiin a tina bik dân em ni? A teuh lo mai.⁸

An ning hle mai thei, mahse thawh hah hnêp hnua chawlh hahdam nawmzia hi! Zanah han mû ila mutthil hlan chuan a tûka hna thawk leh thei turin taksa chau tawh chu leilung dân a tidamtu mutthilhna chuan a tidam leh mai ƚhin.⁹

Retheihna Hi Malsawmna A Nih Theihna Chhan.—Hausakna leh awm âwlina hi ƚhenkhat chuan malsawmna ni hliah hliahin an hria a; mahse buai reng mai, hlim taka mahni ni tin hna thawk reng ƚhinte hi mi hlim ber ber leh hriselna hlimpui bertute an ni. Mihring chuan a ni tin eitir a thawk chhuak tawh ang tih leh nakina hlimna leh ropuina thutiamte hi lalthutthleng thuhmun aƚanga lo chhuak an ni a, malsawmna an ni ve ve.¹⁰

Naupang leh ƚalai tam tak chu awm âwl luat avanga chhiatna lakah a vên tlat avangin retheihna hi kawng tam takah malsawmna a ni. Rilru leh taksa lam chaknate hi chhawm nun reng a, a nih ang tur taka hma sawntir ni rawh se. Nu leh pate enkawlina thil kal zel tur leh hmasa ber tur chu nutling-patling tihtlâk tak an loh nih theihna tur taksa ruangâm nghet tak an

faten an neih leh neih loh hriat chu a ni. Taksa zawizawina tel lo chuan chu chu a neih ngawt theih si loh.

An taksa leh rilru hrisel nân naupangte chu mamawhna em em a awm loh tum pawhin hna thawh dân zirtîr ni rawh se. Nungchang zahawm leh thianghlim neih an duh chuan tihrawl zawng zawng sawizawitu hna thawh tur, remruatna fel tak hnuai a awm chu nei rawh se. Tângkai ve nia inhriatna leh midangte tanpui tura mahni inphatna atanga lungawina lo awm chu chen theih hlimna zawng zawng zinga hrisel ber a ni.¹¹

Rilru leh Taksa Hnathawh A Intluk.—Zirlaite chu taksa lam sawizawi hman lo lèk khawpa lehkha an zir reng phalsak ni suh se. Ni khata hun engemaw chen hi pawn boruaka tihrawl sawizawina hun atân hman an nih loh chuan hriselna hi vawn that theih a ni lo. Taksa bung hrang hrangte hmang kim vek chi kut hna thawh nân hun engemaw ruat bik chu hman tur a ni. Rilru leh taksa phurrit chu intluktur ni sela, tichuan zirlaite rilru chu a lo chak thar leh ang. Natna nei a nih pawhin taksa sawizawina chuan a taksa bung hrang hrangte chu dân pângngai anga hnathawh turin a pui thin dân a ni. Zirlaiten college an chhuahsan hun chuan an rawn luh tih âia hrisel zâwk leh mihring nunphung hriat thiamna sâng zâwk nen chhuak rawh se. Hriselna hi nungchang ang bawka urhsuna vên tlat tur a ni.¹²

Thalai Tha A va Riral Chak Êm!—Thalai tha za zak mai leh harh vang vah maite hian an chakna tam lutuk mai hlutzia chu an hre hlawm mang si lo. Rangkachak aia ro hlu zâwk, zirna emaw, nihna leh hausaknate emaw âi pawha hmasawn nâna pawimawh zâwk hian ngaihnep hlawhin a va riral chak em!

Thil nung awm dân zirna an tih laiin naupangte chu taksa chakna hlutzia leh a vawn him dân te, hring nun indonaa a tih theih sâng ber ti thei tura hmasawntir a nih theih dânte hmuhtir ni rawh se.¹³

Thathona Chu Khap Lova Kaihhruai Tur.—Kan fate chu duh thlanna kawng pêngthuamah an ding reng mai le. Pêng tinah mahni nawmna zawng tura khawvel hipna chuan LALPA tlansate kalkawng atanga pêng turin an lo ko sup sup si. An duhthlanna-ah chuan malsawmna nge an nih dân anchhia tih chu a inngat tlat a. An taksa chakna chu a luang liam a, an thiltihtheihna enchhin lohte chu enchhin an châk hlih hlih bawk a, an nun chhûngril so but but chuan luan chhuahna tur chu an hmuh ngei a ngai si. A tha zawng emaw a sual zâwngin emaw an thathona chu an hmang dân ngei mai le.

Tleirawl tha zate hi Pathianin a dodâl lova, thatho lo deuh turin a ngen ngai hek lo; kawng dikah a hruai zâwk thin a ni. Mi hlawhtling dik tak leh chawimawi tlâka mihring siamtu thil chi hrang hrang, dan rual loha thil tha lehzuah duhna te, rilru zâm ngai lo te, thahnemngaihna nasa tak te, leh beidawng lova beih talh tah peihnate hi a hnual zâwng kalpui tur a ni lo. Pathian khawngaihna azârah lei aia vante khi an sâng zâwk anga khawvel lawmna leh mahni hmasialna mai âia sâng zâwk hlawhtlinna nei tura kaihhruai tur an ni.¹⁴

1. Counsels to Parents, Teachers, and Students, p. 83

2. Testimonies for the Church, vol. 4, p. 97.

3. *Ibid.*, vol. 2, p. 533.

4. Signs of the Times, Aug. 19, 1875.

5. Counsels to Parents, Teachers, and Students, p. 83.

6. Review and Herald, Aug. 30, 1881.

7. Youth's Instructor, July 27, 1893.

8. Testimonies for the Church, vol. 2, p. 371.

9. Signs of the Times, Apr. 10, 1884.

10. Christian Temperance and Bible Hygiene, p. 97.

11. Testimonies for the Church, vol. 3, p. 151.

12. Christian Temperance and Bible Hygiene, pp. 82, 83.

13. Education, pp. 195, 196.

14. *Tihdam Rawngbâwlina*, p. 387.

BUNG 58
A TAKA HMANTLAK NUN NEI TURA INZIRTÎRNA

Pathianin Adama leh Evi te Hnathawk Tura A Tih Chhan.—LALPAN Adama leh Evi te A siam khan Eden huanah Lalpa tâna enkawl tur leh chei turin A dah a. Hna thawh tur an nei kha an tân chuan hlimna a ni; ni lo se Pathianin hna thawk turin A tir lo vang.¹

Khawvel pian hma daiha Pa nêan an inbiak dân chuan LALPA Pathian chuan Adam leh Evi tân huan A siam ang a, a chhûnga thei leh thlai chi tinte ching pung a, enkawl zuina hna pêk an ni ang. Hna ẵangkai thawh chu an nupa tân himna a ni a, chu chu an thlah kal zelte tân pawh khawvel tâwp thlengin a dik zel tawh ang.²

Kan Entawn Tur Isua –Sawisel Bova Hnathawktu—Leia A awm lâi khan Isua chu mi thu âwih thei tak leh in chhûnga ẵangkai tak a ni. Nazareth khuua an dawr te reuh tê-ah chuan A kut ngeiin *mistiri* hna A thawk a. Bible chuan, “Nausên chu a lo sei lian deuh deuh va, a lo chak telh telh a, finin a khat ta a, Pathian khawngaihna changin a awm bawk a.” a ti. Luka 2:40. A naupan lâi leh tleirawl chhoh laia hna A thawh tam avang chuan A taksa leh rilru chuan hmâ an sâwn deuh deuh a. A taksa chaknate chu fimkhur lo taka hmang mai mai lovin an hrisel nân A sawizawi bâkah kawng tinrenga A ẵa thei ang bera hnathawh nân A hmang a ni. Hmanraw hman dânah pawh tihsual pheng phung duh lo mi A ni a. Nungchang lama sawisel bo A ni ang bawkin hnathawktu A nihna-ah pawh sawisel bo a ni.³

A thilsiam reng reng chu ẵa tak, rem taka inchuktuah, rem fel vek hnua fiah dâwl zo tak an ni vek bawk.⁴

Nîtin Rim Takin Hna A Thawk Thîn.—Isua chuan hringnun kawng tlâwm tak mai hi Ama nun ngei hmangin thianghlimah A siam a. A nun kha mi taima nun dân a ni. Vanram Mi Ropui chuan kawthler A paltlang a, mi naran hnathawktute angin A inchei a. Hnathawh pahin tlâng kawng chhuk leh chhote chu A paltlang reng bawk. Vantirhkohte chu tlâng pang kawng chho zet maia A kal lâite chuan ẵanpuia tura tirh an ni lo va, hna hniam tak mai A thawh laia lo ẵanpuia turin tirh an ni hek lo. A chhûngte ẵanpuia hna hahthlâk tak tak A thawh lâi pawh chuan Galili dîl kama thlarau rilţam mi sangnga A hrâi ẵuma A thiltihtheihna ang tho thiltihtheihna kha A nei a ni.

Mahse A van thiltihtheihna chu A phurrit leh thawhrimna te chhawk zângtu atân A hmang ngai lo. Mihring mihrinna hi a ẵat lohna (natna) zawng zawng nen A chhawm vek a, a hrehawmna lâi ber pawh hi pumpelh A tum lo. Thingtlâng mi inah silhfen chhe tak tak nen A khawsa a, mi hnuaihningte A kawp a, A dawhtheihna kut chuan ni tin rim takin hna A thawk thîn. A nun dân khan mihring tihur chu taimâk a ni a, hnathawh hi a zahawm tih min entir a ni.⁵

Isua kha Nazareth khuuah khan tumah hriat hlawh lo leh chawimawi lohin rei tak A cheng a. Chu chu mihring nuna kan mawhphurhna tlâwm tak hlen chunga Pathian hnaih dân A zirtîr theih nâna ti a ni. Vantirhkohte tân pawh vanram Ropuina, Krista he leia A lo chhuk leh mihringa chang saltliah pawh ni lo va, hna hrehawm ber leh hnuaihning ber A rawn thawk thei kha thurûk inthup a ni reng a. Hei hi mihring fate hrehawmna te, an lungngaihna te, an rilru hahna te A hriatchian a, keimahni anga A awm theih nâna ti A ni.⁶

Thil ẵangkai Hlenchhuak Turin An Rilru Kai Tho Rawh U.—Naupangte leh ẵalaite rilrua thil tum sâna awm chu thil ẵangkai, anmahni leh midangte tân pawha hlâwk phahna tur tia sawizawi turin kaihthawh ni rawh se. Rilru leh nungchang tihmasawn a, kutke hman ẵangkai dân zirtîr a, mihring nuna harsatnate tuar thei tura ẵalaite zirtîrtu insawizawina hi taksa leh rilru hnathawh dân zawng zawng tichak a, tinghettu chu a ni a. Tichuan taimâkna dik, thil ẵa tih chin hlennaah hian lawmman a awm a ni.⁷

ẵalaite hnenah hian nun awmzia chu ẵahnemngai taka hnathawh te, mawhphurhna hlen te, leh enkawlna hnathawh tea ni tih zirtîr ni sela. Rikrum thila hman tlâk nutling patling an nih

theih nân a tak taka thil tithei tura inzirtîrna pêk an ngâi a ni. Awmze nei thlapa hnathawh thiam hi mihring nuna harsatna lo thleng thei laka invênna mai ni lovin kawng engkima hmâ an sâwn theih nâna tanpuitu a ni tihte pawh zirtîr tur an ni bawk.⁸

Kut Hnathawh Hi Mahni Intihhnamna A Ni Lo.—Mi tam tak ngaih dân dik lo chu hnathawh hi intihhnamna emaw an ti hi a ni; he ngaih dân dik lo avang hian thalaite chuan zirtîrtu, ziaktu, sumdawng, dân hremi, etc ... leh kut hnathawh lam ni lo tawh phawt chu eng hna pawh nise thawh tumin lehkha an zir a. Nulate lahin in chhûng chêt lam chu an hmusit bawk si. In chhûng chêt avanga taksa insawizawi hi, a hahthlâk lutukte a nih loh chuan, hriselna atân a tha tihte chu ni ve bawk mah se zirtîrtu emaw ziaktu emaw an nih theih nân lehkha an zir vak a, a nih loh leh in chhûnga awm hmun râwt chi hna thawh tumin sumdawna lamte an zir bawk.⁹

Khawvel hi kut hnathawh an zeih lohzia uanpui zâwk nulâ leh tlangvâlin a khat a; Chung mite chu an danglam thei lo deuh thaw a, an chapo va, an inthlahdah a, inthehlâr an ngainâ a, an hlim lo va, duhtawk chin reng an nei lo. An che tlaran fo va, nunphung dik an hre hek lo. Khawtlâng hmai an tibal a, nu leh pate tân mualphona an ni.¹⁰

Tumah hian kut hnathawh hi eng ang chi pawh nise kan zahpui tur a ni lo. Hnathawh hi a zahawm asin. Lû leh ke hmang rimtute chu hnathawh lâi nei an ni thin a. Mi zawng zawngin hna an thawh hian thleng sil leh chhuat nawh ringawt pawh nise an sakhua an chawimawi a, an mawhphurhna an hlen a, inkhawm kawnga kal lâi ang tho an ni. Hna harsa lem lo tak thawka kutke a buai lâi hian rilru chu sâng taka a awm a, ngaihtuahna thianghlim leh fel chuan a tiropui bawk.¹¹

Thalaite Chuan Hrehawm Ti Ngawih Ngawihin Hnathawh Suh Se—Thalaite chu hnathawh zahawmna dik tak hmu tura kaihhruai ni rawh se.¹²

Kut hnathawhin en hnuai a hlawnah chhan ber pakhat chu dawngdah tak leh ngaihtuah Chiang mang lova thawh a nih fo thin vang a ni. Duh reng vang ni lo, loh theih loh vanga thawh a ni thin. Hnathawktu chuan a hnathawh lâiah a rilru a dah lo va, mahni inngaihsanna a nei lo va, a thawh ang thawk midang ngaihsanna a nei hek lo. He ngaih dân dik lo hi kut hnathawh vèk hian a nuai reh tur a ni. Thil a nih tur ang chiaha tih leh fimkhurnate hi chin hlenah nei sela. Zirlaite chuan remhriatna leh fel taka thiltih te, hun ren thiam leh awmze nei taka chêt vel an zir bawk tur a ni. Thil tihdan tha ber zirtîr ringawt lovin hmasawn zel duhna rilru pu tura chawh phur ni sela. Mihring thluak leh kutkein a tih theih chinah sawisel bova thawh chu an tum ber ni bawk teh se.

Chutiang inzirtîrna chuan thalaite chu nuam titaka hnathawktu-ah a chhuah ang. Rim taka thawktute thawhrimna chu a chhawk ang a, hna hnuaihning ber pawh a tizahawm sawt dâwn a ni. Hna reng reng ninawm leh hahthlâk taka ngâi a, hmasawn tumna reng reng nei lo chuan phurritah a nei ang. Mahse hna hnuaihning berah pawh finna a awm tih hretu chuan a zahawmna leh a mawina a hmu ang a, rinawm tak leh tling taka thawh nuam a ti hle thung dâwn a ni.¹³

Hausakna Hi Kut Hnathawh Lohna Nân Chhuanlam A Tling Lo.—Nu leh pa Hausa deuhho hian an fate mihring nun a taka tih tur zirna lam pawimawhna hi a hre lo va. An fate rilru leh nungchang that nân leh nakin zela hman tlâk an nihna tura tâna hna tangkai thawh dân zir tulna hi an hmu lo a ni. Hetiang zirna hi an fate chanvo a ni asin; vanduinawt pawh lo thleng se an kut leh ke an hmang thiam si a, zahawm takin anmahniin an ding thei dâwn a ni. Chakna khawl khawmsa an neih chuan chêng khat pawh nei lo mah se an rethei lo vang.

Thalai an nih laia khawsa thei takte pawh an tla chhe der thei tho va; a nu leh pate bâkah a unaute zawng zawng pawh chawm an ngâi thut thei a ni. Hetiang rikrum thil a lo thlena chhawr tlâk ni tur hian thalaiho zirtîr hi a pawimawh hle. Hausakna hi a hausaten an fanu leh fapate thil tak taka hman tlâk nihtir theitu kut hnathawh thiamna daltu atâna an hman chuan anchhia a ni.¹⁴

In Chhûngah Naupangte Chu Che Ve Rawh Se—Nu rinawm chuan incheina ringawt ngaihtuah mi nih a duh lo va, a thei bawh hek lo. A fate duhzawng zawm nân leh awm awltirna chhuanlamah in chhûng chêt a âtchilh bawh hek lo vang. Awm âwltir a hnêkin kawng engkima mi hman tlâk an nih theih nân in chhûng chêt vel dân chu a zirtîr zâwk ang. Naupangin nute puihna châng an hriat phawt chuan hna tângkai tak thawh chu nun hlim nân a tûl hle tihte, zahpuiawm a hnêkin a zahawm hle a ni tihte chu an zir dâwn a ni. Mahse nu chuan a fanute chu thatchhiat a zirtîr a, aman in chhûng chêt vel zawng zawng a tih vek chuan amah chu an chhiahhlawh ang leka an en nân te, anmahni zai ngâi zel tura amah chu beisei tur leh an tih tur zawng zawng tivek tura amah beisei zel turin a zirtîr tihna a ni. Mahse nu chuan a zahawmna chu vawng reng rawh se.¹⁵

Nu thenkhatin an fanute an dah no lutuk hi a dik lo. An dah no lutuk hian thatchhia se an ti tihna tluk a ni. Nute chhuanlam tam ber chu, “Ka fanute hi an chak lo em a ni,” tih hi a ni a. Mahse an chak lohna leh lâktlâk lohna tur kawng an zahpui zâwk asin. Kaihhruaina fel tak hnuai hna hawh chu anmahni tichak a, tihlim a, tiphur a, hring nun hual veltu harsatna hrang hrang hmachhawn ngamtirtu chu a ni.¹⁶

Naupangte Chu An Thawh Tur Hna Tângkai Pêk Tur.—Nu leh pa fimkhur lo hovin an fate hnathawh tur an ngaihsak lohna hian sawisên loh sualna a hring a, thalai tam tak nun a tichhia a, vanduaithlâk takin an tângkaina tur pawh a tizeng vek a ni.

Pathian chuan nu leh pate leh zirtîrtute chu naupang hnena ni tin hna tângkai tak tak thawh dân zirtîr se A duh a. Taihmâkna hi fak mâwi hle rawh u. Hmeichhe naupangte bâkah mipa naupangte pawhin pawn lama tih tur an neih loh chuan nute puih dân zir rawh se. Naupan têt a tângin mipa naupang leh hmeichhe naupangte chu fîng taka chhûngkaw eizawmna thawh pui ve turin hahthlâk lo deuh leh an len dân a zirin hautak lehzual thawh dân zirtîr ni bawh rawh se. Nute u, dawhthei takin in fate chu kut hman dân zirtîr ula. Nangmahni ang bawkin in chhûng chêtah an zeî tur ani tihte an hre thiam tur a ni.¹⁷

Chhûngkuaa naupangte chuan chhûngkaw mawhphurhnaah tih tur pual nei hran theuh sela, an hna chu rinawm tak leh lawm taka hlen chhuak turin zirtîr bawh tur a ni. Hetiang zâwnga hna sem zai a nih a, naupangte chu an phu tâwk mawhphurhna nei thang an lo nih chuan chhûngkua-ah tumah hah bik an awm lo ang a, engkim mai chu a nuam zaih vek mai dâwn a ni. Chhûngkaw *member* tinin an awm dân an hriat chian avangin sum pawh an ren thiam hle ang.¹⁸

Zirlai Hmasa Ber Chu Ei Rawngbawl leh Puanthui.—Nute chuan an fanute chu chokâ-ah hruaiin ei rawngbawl dân chipchiar tak zirtîr sela. Chu lovah puanthuite pawh an zirtîr tur a ni. Puan zai dân leh nalh taka thui pum dânte zirtîr rawh se. Nu thenkhat erawh chuan an fanu thil zir tantir zeî lo ve tak takte hnena thil tihdan tur hrih buai vel âi chuan anmahnia tih vek an duh zâwk a. Mahse hetiang an tih hian zirna pêng pawimawh tak pakhat chu ngaihtahin a awm a, an fate chungah thil sual nasa tak an ti a ni; hei hi a chhan chu nakin zelah heng thil ho tê têa langte an hriat loh avang hian an la inzahpui fo dâwn a tin a ni.¹⁹

Mipa Naupangte leh Hmeichhe Naupangte Chher Puitling Rawh U.—Chhûngkaw dinna-ah hmeichhia leh mipain chanvo an nei ve ve ang bawh hian mipa naupang leh hmeichhe naupangte pawhin in chhûnga an mawhphurhna chu an hre tur a ni. Khum khuh that te, pindan rem fel te, thleng sil leh chaw ei siam te, mahni thawmhnaw sùk leh thui that te hi mipa naupangin zir se mipa a nih loh phah chuang lo vang a; a hlim phah zâwk ang a, a tângkai fê zâwk bawh ang. Hmeichhe naupangten sakawr chung chuan leh a enkawl te, [*Note: Hei hi kum 1903-a ziah a ni a. Sakawrte chuang ngai tawh lo mah ila a thuphung chuan a la dik tho mai.*] tuboh leh thingzaina hman dân te, bâwng tuthlawh leh suahdûr hman dân zawng zawngte pawh zir se rikrum thilah an hman tlâk ang.²⁰

Kan fapate ang bawkin kan fanute pawhin hun hman thiam an zir a tûl khawp mai. Pathian hnena an hun hman dân sawifiah tura koh an nih theihna chu a intluk reng a ni. Nunna hi *theihna* kan neih fîng taka tihpun zel nâna pêk kan ni si a.²¹

Nu Chakna Vawnhim Thatzia Hi En Teh U.—Ni tin hian in chhûngah chêtna tur, ei rawngbawl te, thleng sil te, hmun phiah leh bawlhhlawh paih tih angte hi a tam duh khawp mai. Nute u, hetiang thil ti tur hian in fanute in zirtîr em? An tihrawlte chuan sawizawi an mamawh a. Khawlaia *ball* pêt leh zuang lâw vel mai mai lovin an insawizawi dân chu tum nei rana tih ni rawh se.²²

Naupangte chu chhûngkaw harsatna phur ve turin zirtîr rawh u. Hna tângkai thawk ve turah indahtir ula. An tihurte awlsam tak leh tha taka tihdânte entir rawh u. Nu phurrit an chhâwk khan a chakna an vawn thatsak a, a nunna an pawh seisak tihna ani tih hre thiam turin tanpui ang che u. Nu tam tak chu an phurrit chhâwk tura an fate an zirtîr loh avang chauhin a hun lovah vuiliam an ni. In chhûnga midangte rawngbawlsak duhna rilru tihphur a nih hian nu leh pate chuan an fate chu mahni hmasial ngai lote aiawhtu Krista chu an hnaihtir sawt tihna a ni bawk.²³

Hlimna Tur Enchhinna.—Naupangte u, in nute chu thutthlengah thut hahdamtir ula, engnge ti hmasa ber ula an tih che u zâwt rawh u. Nu tam tak, hah lutuk leh rim tawng lutuk thin tân chuan hei hi a mak ngawt ang. Naupangte hian nu kutke leh rilru hah tawngkhawng an chhawk a, rinawm taka in chhûng mawhphurhna an hlen hmâ loh chuan rilru nawmna leh thlamuanna tak tak an nei ngai lo vang. Hengte hi zirna sâng zâwk an neih theihna tura hmasawna rabhi an ni.

Ni tin rinawm taka in chhûng mawhphurhna hlenna hian in chhûng ching feltu diktakte tân lungawina leh thlamuanna a thlen a ni. In chhûng chêt vel ngaihsak ve reng reng lote hi khawharna leh lungawi lohnaten a tibuai a, a chhan chu mi hlim thei takte hlimna chhan chu nu ber chungah emaw chhûngkaw member dangte chungah emawa chhûngkaw phurrit inngat chu an chhawk zângkhai thin vang a ni tih thudik hi an hriat loh vang a ni. Tichuan mi tak tak chu zirlai tângkai ber mai, an hma lam hun atâna an hriattur thil pawimawh zir lova hnutchhiahin an awm ta thin a nih chu.²⁴

In Chhûng Chêt Vêla Rinawmna Lawmman.—In chhûnga tihur awm apiang rinawm taka hlen chhuah a, mahni phû tawka kan dinhmun theuhte chu tlâwmin hniam mah se tha taka luahna hian rilru a tisâng a ni. Hetianga mi hneh thei chhûngkaw boruak thinghlim neih hi a va tha em. Hetah hian thlamuanna leh hlimna thianghlim chu a awm a, tihdam theihna a nei bawk. Thlarau lam natna pawh hriat mang loh kârin a lo tidam ang a, taksa natna atân hial pawh damna a ni. Rilru thlamuanna, rilru thianghlim leh thiltih dân tha atanga lo chhuak chuan taksa bung hrang hrang tân a thlawnin tui nung a pe ang. Hnim hnah nêw tak chung a dai tla a inthlawr fim ang hian Pathian lawm loh zawng sawi ngai lo chhûng lam thlamuanna leh chhia leh tha hriatna chuan rilru a tichakin a tiphur bawk. Tichuan duh thlanna chu a nih tur ang taka kaihhruai leh thunun a ni a, a danglam ve mai mai hek lo vang. Anmahni an thianghlim avangin an tawngtâina pawhin lawm a hlawh a. Chutianga in neih theih rilru finna chu in thian kawm apiangte tân malsawmna a ni ang. He rilru muanna leh damna hi a lo rei chuan dang pângngai a lo ni ang a, a êng zungzâm mâwi tak chuan in vela mite a ên ang a, chutah nangmahni vêk chu a rawn chhun lêt leh ang che u. He van thlamuanna leh rilru damna hi in neih tam poh leh a pung nasa mai ang. Chu chu rilru tibuitu nilovin, hlimna nung, phurna tipungtu ani zâwk a ni. Thlamuanna famkim hi vanram nunze pakhat, vantirhkohten an chen mêk chu a ni bawk.²⁵

Vanramah Thawh Tur A Tam.—Vantirhkohte khi hna thawk reng – mihringte tâna Pathian rawngbawltute an ni. Chhiahhlawh dawngdah, vanrama awm awl mai mai mai tum ho chuan vanram awmzia an hre sual nasa hle. Siamtu chu chuan mi dawngdahte tân intihhlimna tur hmun A siam lo. Vanram chu tihur nuam tak tak awmna hmun a ni ang a, mahse thawkrim leh phurrit phur te, rinna avanga indo tha hneh tawh te tân chawlhna nuam a ni ang. Thi theih lohna neiin tleirawl tha ang zak an pu dâwn a, chutah Setana leh sualna do a ngâi tawh dâwn si lo. Heng hnathawk thei mi chak tak takte hi chatuana thu mai mai tur nise a hrehawm hle ang a, vanram pawh vanram a ni lo vang. Kristiante tâna kawng ruata kal hi a hrehawmin a hahthlâk a

ni thei, mahse Chhandamtu hniak hmanga chawimawiin a awm a, chu kawng thianghlim zawhtu chu chhandam a ni ang.²⁶

1. Manuscript 24b, 1894.
2. Signs of the Times, Aug. 13, 1896.
3. Fundamentals of Christian Education, pp. 417, 418.
4. Evangelism, p. 378.
5. Health Reformer, October, 1876.
6. *Ibid.*
7. Counsels to Parents, Teachers, and Students, p. 147.
8. Education, p. 215.
9. Counsels to Parents, Teachers, and Students, p. 291.
10. The Health Reformer, December, 1877.
11. Testimonies for the Church, vol. 4, p. 590.
12. Education, p. 214.
13. *Ibid.*, p. 222.
14. Testimonies for the Church, vol. 3, p. 150.
15. Pacific Health Journal, June, 1890.
16. Signs of the Times, Aug. 19, 1875.
17. Review and Herald, Sept. 8, 1904.
18. Signs of the Times, Aug. 23, 1877.
19. Appeal to Mothers, p. 15.
20. Education, pp. 216, 217.
21. The Health Reformer, December, 1877.
22. Manuscript 129, 1898.
23. Manuscript 70, 1903.
24. Manuscript 129, 1898.
25. Testimonies for the Church, vol. 2, pp. 326, 327.
26. Christian Temperance and Bible Hygiene, p. 99.

BUNG 59 THIL ƧANGKAI TUR ZIRTƧR

Naupang Zawng Zawngin Hnathawh An Zir Tur A Ni.—Naupangte hnena hna thawh tur pêk hlawhchham chungchanga nu leh pate fimkhur lohna hian sawisen loh sualna a thlen a, Ƨhalai tam tak nun tichhiain an Ƨangkai tur ang pawhin an Ƨangkai theih loh phah nasa hle a. Chuvangin hna thawh thiam nei mumal lova tlangvâl awmtir ringawt hi Ƨha lo tak a ni.¹

Chhum ding aƧangin Isua chuan Mosia kaltlangin Hebrai-ho chu an fate hnena hnathawh zirtƧr tur te, eizawn dân zirtƧr tur te, leh awm mai mai lo tura kaihhruaina A pe a ni.²

In fate chu a Ƨul thut pawha anmahni thawh chhuahsaa an nun theihna tur hriatna nei turin in Ƨanpui tur a ni. Hnain a kohna an chhang dân anih pawha rilru nghet tak pu turin zirtƧr ang che u.³

Hmanraw Hman Dânte ZirtƧr Tur.—Naupangte chu an lo len deuh chuan hmanrua pêk tawp mai tur. An tihtur chu châkawm taka kan siam thiam pheï chuan hmanraw hman kawnga zirlai remhre tak an lo ni mai ang. Pa chu *mistiri* a nih chuan a fapate chu in sak dânte zirtƧrin Bible, LALPAN mihringte hi A in sak anga A khaihkhinna Pathian Lehkha Thu chu inkaihhruai nân hman rawh se.⁴

In Fapate Chu Agriculture Lam ZirtƧr Rawh U.—Pate chuan an fapate chu an eizawna leh hnathawhna-ah hrui ve Ƨhin sela. Loneitu pawhin loneih hi an fapate tâna hna hnuai hnung deuhah ngai suh se. Loneih hi tûnlai thiamna (*science*) hmanga tihchangkân tur a ni.

Loneih hrim hrim hi hlâwk lo hlea sawi a ni. Lei hian buaipui a phû lo niin an sawi a, tichuan leilunga eizawngtute chu vanduai hlea ngâin an Ƨanpui lo chauh Ƨhin. Mahse mi pângngai lo nei lo thei si lo chuan leilung awm dân chu zir Chiang sela, a tuh dân Ƨha te, a enkawl dân te leh a seng hlâwk dânte thlengin zir sela lawmna tur thil thar a hmu ngei ngei ang. Mi tam tak, “Lo hi ka nei chhin tawh a, thil awmdân chu ka hre Chiang khawp mai,” ti Ƨhinte

ngei pawh hian leilung enkawl dân leh tûnlai thiamna hmanga hnathawh dân zir an mamawh a ni. An lei lehna tuthlawh chuan thûk lehzualin hai sela, a thlûr pawh zau lehzual rawh se. Lei an leh avang hian mi naran leh mi satliah ni turah an indah kher tur a ni lo tihte hria sela. A hun taka thlâi chi thlâk te, thlâi enkawl chhoh dânte leh Pathian remruatna anga thiltih dânte an zir bawh tur a ni.⁵

Inzirtîrna Hlu Ber Chu.—Kutke hmanna thil inzirtîrna zingah loneih dân inzirtîr tluka hlu hi a awm lo va. Thlai chin tluka kut hnathawh inzirtîrna hlu thil dang a awm lo. Chuvangin loneih-a tui tur hian nasa lehzuala beih tur a ni. Zirtîrtu chuan Bible-in loneih chungchâng a sawi dân; leileh hi mihring tâna Pathian remruat a nih dân; mihring hmasa ber, khawvel pumpui awptu enkawl atân huan pêk a nih thu te, khawvel mi ropui tam tak chu lei let fo tawh thin an nih thute kawhhhmuh sela. Chutiang mihring nun that biknate chu entir bawh rawh se.

Loneiha eizawng mite chuan thlêmna tam tak an pumpelh a, khawpui lian pui puia hnathawhte chan phâk loh malsawmna leh hamthatna chhiarsên loh an chang a ni. Tunlai khawvel, sum leh pâi ûma mi an intlansiak nasat em em tawhna hunah hian mahni kea ding dik tak, leilettu anga mahni thawh chhuah phû tâwk chiah sengtu mi an tlêm kher mai.⁶

Thlai Tharlâm An Hlu Bik.—Chhûngkua leh sikul, college leh a dangte hian thlai chindân leh leileh hlâwk dânte zir nasa lehzual rawh se. Miin a hun tēja lein rah chhuah thin hlutziat chauh hi an hriat chuan hlâwk zâwka leilung enkawl dân an zir tur a ni. Mi zawng zawngin lo leh huan aţanga thlai leh theirah tharlâm tak takte hlutzia hi hre chiang rawh se.⁷

Sikulte Chuan Hna Tângkai Zirtîrna Pe Rawh Se.—Hnathawh nâna kutke hman dân inzirtîrna hian mi pawm dân âia thûka ngaihven a phû a ni. Sikulte hi rilru leh nungchang tha tak siamtu tura dân an nihna bâkah taksa siamthatna leh thilsiam lam zirna hmanraw tha ber nei tura dân ni bawh rawh se. Loneih lama inzirtîrna te, thilsiam lam zirnate leh hna tângkai ber ber a theih anga tam heng chhûngkaw enkawl te, ei leh in hrisel tak buatsaih dân te, puanthui te, incheina hrisel siam dân te, damlo enkawl dân leh a dangte pawh inzirtîr tur a ni. Huan te, thilsiamna hmun te leh inenkawlna pindan te siam ni sela, hna peng hrang hrangte chu zirtîrtu thiam tak tak kaihhruaina hnuaiyah awm theuh rawh se.

Hna chuan tum bik a neih bâkah ngunthlûk taka tih ni sela. Mi tinin themthiamna kawng hrang hrang neih mamawh mahse thil pakhat thiam bel bik a nei ngei ngei tur a ni. Sikul naupangte chuan sikul an chhuahsan meuh chuan engemaw tulna a lo awm palh pawha eizawna tlâk hna thawh tur emaw thiam thil emaw an nei hman theuh tur a ni bawh.⁸

A Lêta Hlû Inzirtîrna.—Sikul nena inzawmna nei hna hrang hrang thawh theihna, sikul hun awl engemaw chângna naupangin hnathawh tur an neih theihna leh an insawizawi theihna a awm tur a ni. . . Tichuan lehkha an thiam rualin a taka eizawna tur kawng dang an lo hre pah thei ang.

Science Aiin Thilsiamna Lam A Hlu Zawh Daih.—Ei leh in siamna lam zirna-ah chuan nulaho hnena eisiam dân zirtîr tur mi thiam tak awm sela. Nulate chu puanthui zirtîr nise ni tin khawsakna-ah an tângkai pui hle ang.⁹

Tlangvâlte tân pawh eizawna hrang hrang zirna hmun, rilru leh taksa an sawizawina tur awm rawh se. Tlangvâlte chuan thil pakhat chauh thiam dân ta ang sela *science* chu hriselna leh nunna atâna a that lohna zawng zawng huamin a thlang ang nge ni tin nuna a hman theih hnathawh thiamna chu a thlan ang? Tim miah lovin a hnuhnung zâwk kan ti ang. Pakhat zâwk hi dahbo tur nise lehkhabu aţanga inzirna/hriatna hi dah bo zâwk tur a ni.¹⁰

Mi thenkhat zirtîrna dik lo dawng a, naupangte zirtîrna kawngah pawh ngaih dân dik lo deuh mai nei an awm thei a. Heng naupangte leh thalaite hian zirtîrna tha an mamawh a, tisa hna leh rilru chu inkawptir rawh u; an pahniha kal dun reng tur an ni.¹¹

Mi Taima Hlim Thei Isua Entawn Tur.—Sumdawng, *mechanic*, dân hremi leh loneitu ni chung Pathian rawngbawl leh Kristian sakhaw thu leh hla phurh chhuah chu mi hriatsa vek missionary nih a, miin a dinhmun pawh an hriat vek leh chumi avanga harsatna zahve kiam sa chung hnthawh aiin a harsa zâwk daih a, khawngaihna tam zâwk leh nungchang inthununna khauh lehzual pawh a mamawh reng a ni. Sumdawanna hmun leh *workshop*-a sakhuaana lâ lût tur chuan thlarau lama mi chak tak, ni tin nun thianghlim leh khawvel thila indawrna reng reng Pathian Thu ang thlap thlap thei mi nih a ngâi bawh.

Tuma hriat hlawh lova kum sawmthum zet Nazareth khaw te reuh tēja A awm lâi khan Isua chuan A hun laia mi vantlâng nun dân mâwl tak anga eia inin A mû a, kumtluana hnthawkin chawlh hahdam chângte pawh A nei ve a ni. Mi bik riau anga en turin tu rilru mah lâk a tum lo va; mahse khawvel Tlantu, vantirhkohte chawimawia awm, englai pawha A Pa hnawthawktu niin hun tâwpa mite pawhin an entawn tur zirlai chu A nun chhuah pui a ni.

He zirlai pawimawh, hring nun mawhphurhnaa thil ÷ul taimâkna nun hlimawm tak mai hi tlâwm hlein lang mah se Krista zuitu tam zâwkte tân zir tur a ni. Kan hnthawh sawisel tur mihring an awm loh a, faktu tur leh demtu tur pawh an awm loh chuan Amah Pathian ngeiin A rawn endik anga thawh ni rawh se. Thil lian tham taka kan rinawm ang bawkin thil tēja tham tēja ngaihah pawh kan rinawm tlat tur a ni.¹²

1. Manuscript 121, 1901.
2. Manuscript 24b, 1894.
3. Signs of the Times, Aug. 19, 1875.
4. Manuscript 45, 1912.
5. Signs of the Times, Aug. 13, 1896.
6. Education, p. 219.
7. Counsels on Diet and Foods, p. 312.
8. Education, p. 218.
9. Counsels to Parents, Teachers, and Students, pp. 83, 84.
10. Testimonies for the Church, vol. 3, p. 156.
11. Manuscript 19, 1887.
12. Health Reformer, October, 1876.

BUNG 60 NUNPHUNG PANGNGAI HRIATNA LEH ZAWMNA

Mihring Taksa Ropuzia Hi.—Pathian themthiamzia entirna kan ni a, Bible pawhin “hlahawm tak leh mak taka siam” kan ti tih a puang. He hmun (taksa) hi rilru awmna atâna ‘mak taka siam,’ Amah LALPA ngein Thlarau Thianghlim chenna atâna A *tempul* sak a ni. Rilru hian mihring pumpui a thunun a. Kan thiltih chhia leh ÷ha zawng zawng lo chhuahna chu rilru hi a ni. Rilru hi Pathian chibai min bûk tirtu leh van mite min pâwl tirtu chu a ni a. Mahse mi tam tak chuan he ro hlu tak mai awmna mihring taksa ngaihtuahna reng reng nei lo hian an nun an hmang zo a nih chu.

Taksa pêng tin hi rilru tân chuan chhiahlawh an ni a, hriatna thazâmte hi taksa pêng hrang hranga a thupêk keng kual, taksa khâwl chêt dân kaihruaitute an ni.¹

Taksa hnthawh dân zir hian a hnthawh tur thawh nâna hmanrua a rem mil dân mâwi lutukte, taksa bung hrang hrang inrin tawn dân leh hna an thawh rual dânte hi thlir ngun bik ni sela. Chutianga zirlai rilru chu kaihthawh a nih a, taksa ruangam inrelbawl dân pawimawhia hmuhtir a nih chuan zirtirtu tân naupang hnena taksa ÷hanna dik tak neihtir tur leh thil ÷ha tih chin hlentir turin thil tam tak a tih theih ang.²

Hrisêlna Hi Vên That Tur.—Rilru leh thlarau te hi taksa kaltlanga an inpuan avangin an chakna chu taksa hriselna leh thiltihah an inngat nasa em em a; taksa tihriseltu reng reng chuan rilru a tihchak lehzual bâkah nungchang nghet tak a siam bawh. Hrisel lo deuh chung chuan tuman mahni chung mawhphurhna te, an mihring puite chung a an mawhphurhna te leh Siamtu chung a an mawhphurhna ngei pawh hre thiamin an hlen chhuak thei lo. Chuvangin

hriselna hi nungchang ang bawka vên uluk tur a ni. Mihring taksa inrelbawl dân leh hriselna chungchang hriatna hi zirna zawng zawng inngahna ni rawh se.³

Hriselna Dân Hi Mi Tam Takin An Zir Peih Lo.—Mi tam tak chuan nun dân tha hriatna leh hriselna tha nei lêh tura thil hotê han tih ngâi zeuh ang chi pawh an tipeih lo. Nunna hi an duat thiam lo va. Mahse leilung dân an bawhchhiat avanga an lo dam loh hian an dik lohna siam that tum si lovin Pathian malsawmna an dil leh ringawt thin.⁴

Keimahnî hi kan inhrilh fîng tur a ni; hriselna dân kan zawm hian duhtawk mai lovin midangte pawh kawng tha zâwk chu kan zirtîr tur a ni. Mi tam tak, tunlâi thudik engemaw bik riau hriaa inngâite pawh insûmna leh hriselna thu-ah hian tha tichhuak khawpin an lo chu ual bik lo fô mai a. Chipchiar taka zirtîr tur an ni. He thupui hi an hriatah sawi thar reng ni sela. Chhûngkaw tin deuhthawte rilru hi hemi chungchangah hian kaihtawh an ngaih avangin thil pawimawh vak lo anga hnawh liamtir mai mai tur a ni lo. A taka insiam thatna dik chu zawm a nih theih nân chhia leh tha hriatna muhil chu kaihtawh tur a ni.⁵

Hriselna dân tha heng ei leh in te, insawizawi te, naupang enkawl dân te, damlo enkawl dân te leh thildanga a anpuite kan lo tihdân thinah hian ngun lehzuala rilru pêk tur a ni.⁶

Invên Dân Zir Tur.—Tunlaia thil tam tak, thihna te, natna te leh hrisel lohna te hi ram chângkâng leh malsawmna dawng nasa ber ramah meuh pawh hian engnge a chhan ngaihtuah a ni mang lo zu nia. Mihring nun hi a chhe sâwt hle mai . . . Hnamte chungah rehtheihna leh chhiatna lo thleng thinte hi vên theih an ni a, engemaw chenah chu mi vên theihna chu nu leh pate chungah inngat a ni.⁷

Naupangte Chu Thil Lo Thlen Chhan leh A Nghawngte Zirtîr Rawh U.—In fâte chu thil lo awm chhan leh a nghawng theihte zirtîr ula. An nun kawnga dân awmte an bawhchhiat chuan an tawrh phah nasa dâwn tilte entir bawh ang che u. In duh anga hma an sawn lo a nih pawhin rilru tihnuai mai lo ula, dawhthei takin zirtîr zel ula, hnehna in chan hma lo chu kal zel tur a ni.⁸

Nun dân dik leh tha zira nunpui peih mi chu tisa leh thlarauvah malsawmin an awm ang. Hriselna dân thûk tak mai hriat thiamna hi sual lo pung zel laka invênna tha tak a ni.⁹

Zirtîrna Chu Awltê Atanga Tan Tur.—Naupangte chu an têt lâi atang rengin mihring taksa bung hrang hrang leh hriselna dânte hi awl têt têt zirtîr tur an ni. He zirtîrna hna hi in lamah nuin tan sela, chu chu sikulah zir chhinzawm rawh se. An lo upat deuh hnu thlengin mahni in chhûng enkawl tlâk an nih hmâ chu he zirtîrna hi chhinzawmtir reng tur a ni. Taksa pêngte vawng hima natna laka invên dân pawimawhziatê hi hre thiam sela, natna tlânglâwn enkawl dân leh *accident* buaipui dânte pawh zirtîr ni rawh se.¹⁰

Thil Hriat Zul Ringawt Hi A Tâwk Lo.—Taksa bung hrang hrang chanchin zir laite chu thil thu dik leh dân hriat zul ringawt a tâwk lo tih zirtîr tur a ni. Hriatna ringawt hi chu a tangkai lo. Pindan chhûnga boruak luhna pawimawhzia chu a hre thiam a ni thei, a pindanah pawh boruak thianghlim a lût tha hle thei; mahse a nih dân tur ang taka a chuapah boruak tha a hip luh si loh chuan a thâwk chu a buai tho tho ang. Faina pawimawhzia a hre thiam a ni thei, a intihfaina tur hmanrua pawh pêk a ni thei; mahse a hman chuan si loh chuan engmah lo mai a ni. Heng hriselna dân zirtîrnaa tul ber chu an rilrua a pawimawhzia tuh hi a ni, tichuan rilru fim takin an zawm mai ang.¹¹

Leilung Dân Hriatna Neih A Tul.—Taksa bung hrang hrang chanchin zirnaa tel ngai meuh lo, mahse naupangte tân hemi thupui an zir lâia an thil hriat leh zir zawng zawng aia pawimawh thil dang a la awm a. Taksa pêng hrang hrang chanchin zirnaa a lungphum, naupangten an zir ngei ngei tur chu leilung dânte hi Pathian dân an ni a, Thu Sawm Pêk tluka thianghlim an ni tih hi. Kan taksa pêng tin thununtu dânte chu LALPAN hriatna thazâmah te, tihrawlah te leh taksa thlur tinahte hian a ziak vek a. Fimkhur lo taka he dân bawhchhiatna hi min Siamtu chungah sualna a ni a. Chuvangin chipchiar taka heng dân hriatna hi rilrua tuh a tul em em a ni!¹²

A Hun Tak Eia A Hun Takah Mut Tur.—A hun taka ei leh a hun taka mut pawimawhia hi hmuh hmaih miah loh tur a ni. Mutthilh lâi hi taksa insiam hun lâi a ni a, chuvangin tleirawlho chu a bikin a hun takah rei tâwk tak mu ðhin rawh se.¹³

Mut hun bik neih laiin hnathawh tur lo neih ve sek loh tur a ni. Zirlaite chuan zanah rei deuh deuh mengin chhun mut ching suh se. Hei hi an in lama an chin dân a nih pawh sim sela, hmâ taka mut ching rawh se. Tichuan a tukzingah hnathawh turin hma taka harh vang vahin a tho thei ang.¹⁴

Hrisêlna Dân Nunpui Tura Tur Luïh Tur.—Ei leh in dân ðha leh inchei dân ðhate chu barh luïh tur a ni. Thil chin ðha loten tleirawlte tân Bible zirtîrna kalha nun a tiawlsam a. Chuvangin naupangte chu an ei châk zawng apiang, a bikin tisa châkna titho tei leh ruïh theih thilte ching lo tura vên ðhat hle tur an ni. Kristian nu leh pate chaw ei dawhkanah chuan dawra eitur hmin sa hmuihmer dip ang chite leh hmuihmer bawhlote a inchhawp tur a ni lo.¹⁵

Taksa leh rilru tichau thei thil engmah kan ching hlen tur a ni lo va, kan chaknate pawh a khaw lo zâwngin kan hmang tur a ni hek lo. Mize duhawm tak mai te, rilru fim takte, thil naran leh thil thianghlim kan thliar thiam theih nante leh Ama ta kan thlarau leh taksa hmanga Amah Pathian kan chawimawi theih nante kan chakna zawng zawng nena kan hriselna hi vawn ðhat kan tum tur a ni.¹⁶

Taksa Dahdan Dik Pawimawhna.—ðhutdân dik leh din dân dik kan zir hmasa tur a ni. Pathianin mihringte hi ding turin min siam a, taksa lam hlâwkna ringawt ni lovin rilru leh mizia, chêt dân zeina leh zahawmna, mahni inthununna, huaisenna leh mahni kea din theihnate nei turin min duh a, chu chu ding ngil tura siam kan nihna hian a ðanpui tlat a ni. Zirtîrtu chuan ðawngkam leh entirna hmangin he thu hi zirtîr sela. ðhut dân dik leh din dân dikte chu entirin zawm ngei tura tih luïh tur a ni.¹⁷

Thawk Dân leh Aw Pêk Chhuah Dân.—Taksa dah dân dik dawta pawimawh leh chu thâwk dân leh aw pêk chhuah dân hi a ni. Ding ngil auh leh ðhu ngil auh ðhin chu a thawk dân pawh dik deuh tura ngaih a ni a. Mahse zirtîrtu chuan a zirlaite rilruah chuan boruak hip luh vak vak pawimawhia hi tuh rawh se. Thâwkna taksa bung hrang hrangten a nih dân tur ang taka hna an thawh hian thisen kal a ðiða a, taksa hnathawh pumpui a tichak a, chaw ei a titui a, chaw pai ðawihna a pui a, mut a titui bawh a, taksa tichak thar ringawt lovin rilru pawh a tihahdam tihte entir bawh rawh se. Boruak hip luh tam pawimawhia a zirtîr lâi chuan tihtir chhin ve sela. An tihzawm zel theih nân tihturte pê sela, chin ðhanah an nei ngei em tihte en rawh se.

Aw pêk chhuah dân pawh hian chuap a tihfân avang leh a tihchak theih avangin taksaah pawimawhna riau a nei ve a, natna a tireh thei a ni. ðhusawi dân dik leh lehkha chhiar dân dik chu dul thuar velin hna lo thawk ve se, engmahin thâwkna dâwt leh chuap hnathawh tibuai lo bawh se tih hi a ni. Hrawk bawr tihrawl aiin pum thuar vel hi ðang nasa zâwk bawh rawh sela, rilru hahna tur leh chuap natna leh hrawk lam natna nasa tak tur chu vên theih a ni. Aw rang lutuk lo, ki sâng mâwi tâwk leh nâl tak, fiah tak bawh sia thu sawi tum tur a ni. Hei hian mi a tih hrisel bâkah zirlaite hnathawh chu nasa taka ðiðhain pawm a tinuam hle bawh ang.¹⁸

Chhôngkaw Hlim Nana Thil Pawimawh Pathum—Hrisêlna chungchang zirna-ah zirtîrtu ðhahnemngai chuan hun remchâng a hmuh apiangin mahni inenkawl fai leh mahni awmna vel vawn fai pawimawhna a sawi zel ang. Ni tin inbual ðhatna leh inbual hi hriselna a nih dânte, rilru a tichak dânte chu sawi uar tur a ni. Ni êng leh pindana boruak luhna pawimawh dân te, mutna pindan hrisel leh choka hrisel neih ðulnate pawh ngaihtuah ni sela. Tin, zirlaite chu mutna pindan hrisel te, choka fai tak mai te leh mitla taka thil rem fel thlip thlepte hian chhôngkua a tihlim a, thil man to pui pui hun khup ringawt ai chuan inlêng mi pângngai deuhte zah pawh a hlawh zâwk a ni tihte hrilh vek tur. Kum zabi sawm leh pariat zet kal tawha Zirtîrtu thianghlima thusawi, “Nunna hi chaw aiin a thupui lo vem ni? Taksa pawh hi silhfen aiin a

thupui zâwk lo vem ni?" (*Luka 12:23*) a tih kha a pawimawh dân a la nêp chuang reng reng lo.¹⁹

Leilung Dân Hmanga Intihdam Dân Zir Rawh U.—Boruak thianghlim, ni êng, insawizawi, chaw tha, tui thianghlim, Pathian rinna te hi an vai hian damna diktak an ni. Mi tinin leilunga damdawi awmsate leh a hman dânte hi hre vek sela. Damlo enkawldân tlangpui hriat leh chu hriatna chu a taka hmang thiam tura inzirtîr chu a pawimawh em em a ni.

Leilung dân hmanga inenkawl na hian tha a duh tam a, mi tam takin an peih loh phah thin. A thawh muan bawc avangin mi rilru hmanhmawh mi tân chuan a muang lutukin a lang bawc. A tlaran zâwnga khawsakna sim tur hian inpêkna neih a ngâi a. Mahse a tâwpah chuan tihbahlah miah loha leilung dân kal mêk chuan fing tak leh tha takin a hna chu a zo mai ang. Beidawng lova leilung dân zawm hram hramtute chuan lawmman atân taksa hriselna leh rilru hriselna an la dawng dân a ni.²⁰

Dân Huam Zau Tak Chu.—Mahni tâna kan tih theih thilah hian uluk tak leh fimkhur taka ngaihtuah tur a awm. Mahni kan inhre Chiang tur a ni. Pathianin ka enkawl tura min pêk he in, ka taksa hi a hrisel thei ang bera ka enkawl theih nân ka inzir reng tur a ni ang. Ka taksa tâna tha thei ang ber tur thil ka ei ang a, ka thisen kal tibuai lo thei ang ber tur thawmhaw ka inbel bawc ang. Insawizawi uarin boruak thianghlimte ka hip tam ang a. Ni êng ka dawn theih zawng zawng ka dawng bawc ang. Ka taksa vêng himtu rinawm tak ni turin finna ka nei tawh bawc ang.

Thlan tlâk laia pindan vawtah ka lûh chuan a âthlâk hle ang a; ka thu hahdam nghal a nih chuan enkawltu fing ka nih lohzia ka tilang tihna a ni a. Kutke vâwt vêk chungka ka thut a, ka thisen luang vêl chu ka thluakah leh kawchhung lamah ka kirtir vek a nih pawhin a finthlâk chuang lo kher mai. Khaw hnawngah ka kete ka tuam lum tur a ni a. A hun takah thisen tha ber chi siam thei tur chaw tha ein pumpelh theih dinhmunna ka ding a nih chuan chin tâwk nei miah lovin hna ka thawc hek lo vang. Keimaha Pathian dân awmte hi ka bawchhe palh a nih pawhin ka sim ang a, ka insiam tha ang. Tichuan Pathianin daktawr tha bera A dah boruak thianghlim te, tui thianghlim te, leh damna ni êng hnuaia duhsak tlâk ni turin ka indah ang.²¹

Mimalin Pathian Lakah Mawh Kan Phurh Theuh.—Kan taksa hi Kristan mana A lei a nih avangin duh duha kan tih a thiang tawh lo. Hriselna dân hre thiam apiang chuan mihringa siamtu Pathianin anmahnia A dah heng dânte hi zawm vek sela. Chu chu mimal mawhphurhnaah dah tur a ni. Keimahni ngei pawh hian chu dân bawchhiat man chu kan tuar ang. Pathian hmâah mimal angin ka thil chin than leh tihdânthe chu kan la sawifiah vek dân a ni. Chuvangin kan buaina chu, “Khawvelin engnge an tih?” tih ni lovin, “Pathianin A chenna tur hmun min pêk hi engtin nge mimal anga ka lo enkawl?” tih hi a ni.²²

1. Fundamentals of Christian Education, pp. 425, 426.
2. Education, p. 198.
3. *Ibid.*, p. 195.
4. Christian Temperance and Bible Hygiene, pp. 112, 113.
5. *Ibid.*, p. 117.
6. Education, p., p. 197.
7. *Tihdam Rawngbâwlina*, p. 369.
8. Counsels to Parents, Teachers, and Students, p. 126.
9. *Ibid.*, p. 138.
10. Education, p. 196.
11. *Ibid.*, p. 200.
12. *Ibid.*, pp. 196, 197.
13. *Ibid.*, p. 205.
14. Counsels to Parents, Teachers, and Students, p. 297.
15. *Ibid.*, p. 126.
16. Youth's Instructor, Aug. 24, 1893.
17. Education, p. 198.
18. *Ibid.*, pp. 198, 199.

19. *Ibid.*, sp. 200.
20. *Tihdam Rawngbawlina*, p. 111.
21. Medical Ministry, p. 230.
22. *Tihdam Rawngbawlina*, p. 298.

THEN - XIV
Taksa Chakna Enkawl That Dân

BUNG 61
CHHUNGKAW ENKAWLTU CHOKA AH

Note: *Counsels On Diet and Foods tihah ei leh in chungchâng chu chipchiar zâwka ziah a ni.*

Chhôngkaw Enkawltu Hnena Kohna Sâng Tak Chu.—In chhông hna tluka hna pawimawh a awm thei lo. Chaw tui tak chhum a, ei châkawm taka dawhkana chhawp thei tur chuan fin a ngâi a, *experience* neih that pawh a tul hle. Kan pum chhônga lût tur leh kan taksa khâwl chawmtu thisena insiam tur chaw buatsaihtu chuan dinhmun pawimawh ber leh sâng ber a luah a ni.¹

Thalaite tân an ni tin nuna an mawhphurhna hriat chian theuh a tul hle mai. A tul chuan nute chu sâptawng emaw, chhiarkawp emaw rimawi lam emaw thiam kher lo pawhin an awm thei a; mahse chaw chhum dân te, inchei dân te leh chhôngkaw khawsak ngaihtuahna chi hrang hrang thiam lo chuan a awm theih loh a ni.

Chhôngkua hi hlim tur leh hrisel tur chuan eirawngbawltu thiamna leh remhriatna tluka pawimawh engmah a awm lo. Chaw tui lo leh hrisel lo chhumtu chuan puilting pawh an tangkai tur angin a tiangkai thei lo va, naupang than a tihtu baw. Taksa mamawh ang chiah eitur tuihnâi leh ei châkawm tak a siam erawh chuan a siam sual tuma a pawikhawih let thawka thain hna a thawk tihna a ni. Chuvangin kawng tam takah nun hlimna hi rinawm taka tihtur naran ang lang hlen chhuahnahte hian an inngat tihna a ni thei.²

Ei rawngbawl Thiamna Hi Thiam Thil Pawimawh Tak A Ni.—Eirawngbawl thiamna hi thil ténau a ni lo. . . . He thiam thil hi nunna nen a inhnaih em avangin thiam thil zawng zawng pawimawh berah dah tur a ni. Thisen nei tha tur chuan taksa khâwl hian chaw tha a mamawh avangin eirawngbawl hi dah pawimawh lehzual ni sela. Mipui tihriseltu ber chu tui taka ei rawngbawlnain hriselna hna a thawh hi a ni.

Eitur buatsai thiam loh lutukna avang hian hriselna siamthatnate pawh hi hriselna tichhetu a ni zâwk fo mai. *Hriselna Siamthatna* hlawhtling tak nei tur chuan chaw hrisel buatsaih dân hriat tlêm lutukna hi tireh phawt ni rawh se.

Ei rawngbawl thiam tak an awm mang lo. Nu tam tak hian an chhôngte hmaa eitur tuihnâi tak tak an chhawp theih nân rawngbawl dân an zir a ngâi a ni.³

Ei Rawngbawl Thiam Tak Nih Tum Rawh U.—Kan laizawnte hian ei siam an thiam lo fo mai nia! Chutiang mite hnena ka sawi thin chu, kan rama ei siam thiam ber hnenah ka kal ang a, ei siam thiam tak leh remhre tak ka nih hmâ loh chu a tul chuan chawlhkar hnih mai lo deuh pawh ka va châm chilh mai ang tih hi a ni. Kum sawmli mi vel chu la ni ila ei siam dân hi ka zir em em ang. Ei siam thiam tak nih chu in tihtur a ni ang bawkin in fanute hnena zirtîr chu in mawhphurhna a ni.⁴

Zir Ula, Tichhin Zel Rawh U.—Chaw hi mâwl tak, hrisel taka siam theih a ni a, mahse ei châkawm tak leh hrisel taka buatsaih tur chuan thiamna bik riau neih ve a tul a ni. Ei siam dân chu nuin zir sela, dawhthei takin an thil zir chu tichhin zel rawh se. Hetiang hi an buaipui peih loh avangin mi tam takin hrehawm an ti a. Mahse hei hi ka sawi duh, in chakna muhil kha kaitho ula, nangmahni leh nangmahni inhrilh rawh u. Chaw hrisel leh tui tak buatsaih dân zira enchhin vel chu hun khawhralna-ah ngâi lo ula. Ei siam dân thiam bel turin engtia rei pawh zir

dawn ula chhûngkaw enkawl tur in la nih chuan fel taka enkawl dân zir chu in mawhphurhna a la ni tho tho si a, zir zel phawt rawh u.⁵

Eitur Chu Mâwl Tak, Chi Tam Tak Ni Rawh Se.—Chaw chu chi khat chauh ni suh se. Chawhmeh ngâi rei deuh deuh hmeh tur a ni lo. Chawhmeh chi hrang hrang inei chhâwk chuan chaw ei a tui a, taksa tân chakna ni.⁶

Kan taksa hi kan thil eiin a siam a ni a; taksa nalh leh hrisel nei tur chuan chaw tha, kan taksain a mamawh ang zela thiam taka buatsaih kan ei tur a ni. Chi hrang hranga eitur hrisel siam dân zir hi chawchhumtu tân chuan an sakhaw lam mawhphurhna ve a ni a, tichuan an ei siam chu a tui ang a, a lo hrisel ang.⁷

Chaw ei dawhkan rem dân pawh hi mi mit la tur ringawt leh incheina anga tih a nih hian rilru a hruai sual thin a. Hrisel taka eitur buatsaih lam chu a pahnihna-ah dah a ni thin. Chutiang chuan thil tha engmah tih nei si lovin sum leh tha leh hun a heh hle ringawt mai a ni. Vawikhat chaw eia dawrzawn chanve zet eng engemaw han chhawp kur lêk lûk chu changkana pawh a ni mahna, mahse chu thil chuan hriselna a tichhe zâwk si a. Mi pângngai chuan incheina anga ei leh in sawngbawl hi thiltih leh ÷awngkamin an dem ngam tur a ni. Chaw ei dawhkana kan eitur chhawpte chu mâwl tê tê nise chhûngkuate hian kan va hrisel phah zâwk dawn êm!⁸

Chaw Tui Lovin A Nghawng Chu—Chaw chhum tui loh hian mi sâng tam tak nun chu a tichhe mêk a. Mi tam tak ngaih aiin miin an boral phah nasa a ni. Kan taksa hnathawh a tibuai a, natna a tichhuak baw. Hetiang dinhmun hi a thlentir tawh chuan van thilte chu hriat thiam mai theih a ni tawh thin lo.⁹

Chaw tlemte, chhum that loh lehngal chuan thisen siamtu taksa pêngte a tichchauh avangin thisen a tichhia a. Taksa hnathawh dân a tibuai a, natna leh a kaihhnawih thinchhiatna leh hriatna thazâm sa huai huai ang chite a siam baw. Chaw chhum tui loh tuartu hi nuaih têt an awm asin. Thlanlung tam takah hi chuan, “Chaw chhum tui loh vanga thi,” tih te, “Pumpui tikhaw loh vanga thi,” tihte hi inziak awm zâwk tak a ni.¹⁰

In fate Chu Ei Siam Dân Zirtîr Rawh U.—In fate chu ei siam dân zirtîr ngei ngei ang che u. Chutianga in zirtîr ngat chuan sakhaw lam an zirnaa an tih ngei ngei tur nun dân nghet in tuh tihna a ni. In fate hnena taksa hnathawh dân zirlai in pêk a, mâwl tak leh thiam taka ei siam dân in zirtîr hian zirna pêng pakhat, pawimawh em em chu a bul in ÷ansak der tawh tihna a ni ang. Eitur tha buatsaih tur chuan thiam a ngai hle a. Eitur tha siamah hian sakhuana a awm a, hemi zirna lama pawlawh lutuk leh mâwl lutukho sakhuana chu eng sakhuana nge tih ka zâwt a ni.¹¹

Dawhthei Tak leh Hlim Takin Zirtîr Ula—Nute chuan an fanute chu naupang tê deuh pawh nise choka-ah hruaiin ei rawngbawl dân zirtîr rawh se. Nu chuan a fanute chu zirna nei miah lova chhûngkaw enkawl dân thurûkte hre turin a beisei ngawt thei lo vang. Hmangaih tak leh dawhthei takin zirtîr sela, a zirtîrna hna chu hmêl hlim tak leh fakna ÷awngkam nen pawm nahawm takin siam baw rawh se.¹²

In fanute chu vawikhat, vawihnih, vawithum, vawili thleng pawhin hlawhchham mah se sawisel vak suh u. Phur lohna chuan anmahni-ah “Tul lo lutuk, ka thiam thei lo” tih tir tura hna a lo thawh sa reng tawh avang leh a thlêm sa reng tawh avangin insawiselna hun a ni hrih lo. An zir châkna a bo phah mai mai a ni. Sawiselna ÷awngkam aiin infuihna ÷awngkam hlimawm tak leh beiseiawm tak, “Tihsual hlau suh. I zir ÷an chauh a, tisuawm reng i ni. Ti nawn leh la, i thiltihah i rilru pe rawh. Fimkhur la, i la hlawhtling em em ang,” tihte hi hman zâwk tur a ni.¹³

Zir Châkna leh Tuina Tihreh A Nih Dân.—Nu tam takin he hriatna pêng khat pawimawhzia hi an hre lo; an fate zirtîr buai vel leh an zir paha an thil tihsual palh vel buaipui aiin anmahnia tihfel vek an duh zâwk thin. An fanuten thil an han tihsual palh chang pawhin, “A tul lo, engmah i tih theih loh kha. Min puihna aiin min tihbuaina a tam zâwk,” tiin an fanute thil zir châk ve ÷an chu an hnar fo thin a ni.

Tichuan naupang thil zir tum ðan chuan hnar an han hlawh ta phawt mai a. An hlawhchhamna hmasa ber chuan an zir ch  kna leh tuina a tireh a, a tum pawh an tum chhin ngam tawh lo. Ei siam a nih loh phawt chuan puanthui, la phiar leh hmun phiah te an thlang a. Hei hi nu thiam loh a ni. Dawhthei takin zirt  r sela, tichuan an tihchhinna a angin an lo thiam chho ve hret hret ang a, zir tir mai an la nih avanga an ze   lohna leh famkim lohna zawng zawngte chu a la reh vek mai ang.¹⁴

Nulate T  n Inbuatsaihna Pawimawh Ber A Ni.—Nulate chu ei siam d  n zirt  r ngei ngei tur an ni. An chungah eng thil pawh lo thleng se heta hi a taka an hman theih thiamna chu a awm e. Ei siam d  n zirna hi zirna p  ng khat, mihring nun nghawng nasatu ber chu a ni a; a bikin kan hmangaih em emte nun nghawngtu ber a ni.¹⁵

Ka thawmh  naw min thuisaktu hi ka chhuang a; lehkha min ziahsaktu pawh ka ngaihlu viau mai; mahse kan chawchhum, thluak, ruh leh tihrawl ch  wma chhawm dawltu tur chaw chi hrang hrang siam thiam zet mai chuan kan awmpuiho zingah hmun pawimawh ber a luah a ni.¹⁶

Nulate hian ei rawngbawl leh in chh  ng sekrek khawih hi chhiahhlawh hna-ah an ngai a; hei vang hian hian pasal an neih a, chh  ngkaw enkawltu tur an nih hnu hian n   nihna leh mi nupui an nihnaa an mawhphurhna an hre mang lo fo a ni.¹⁷

  tna leh Sualna Lakah Inv  ng Rawh U.— In fanute hnena ei rawngbawl d  n in zirt  r hian   tna leh thil sual laka v  nhim n  n kulh rinawm tak in sak hnan tihna a ni, chuti ni lo se thl  mnaah chuan an tlu mai ang.¹⁸

A Hmei A Paa Ei Siam D  n Zir Tur.—Hmeichhia pawh mipa pawhin chaw hrisel leh man tl  wm tak siam d  n an hre tur a ni. An hnathawhin chaw   ta an hmuh mai theih lohna hmunah a dah fo thei a; chuvangin ei siam thiam an nih phawt chuan an chhawr   ngkai hle ang.¹⁹

Nul   leh tlangv  lte hi sum s  ng vak si lova ei siam d  n leh sa tel lova siam d  nte zirt  r ni rawh se.²⁰

Inren Zir Ula; Ho Mai Maiah Inkhawhral Loh Tur.—Ei siamdan p  ng hrang hranga zawhna awm thei, kan ngaihtuah ngai tur chu— “Ei tur hi eng tin nge a hautak lo thei ang ber leh p  ngngai thei ang berin kan siam ang?” tih hi a ni. Dawhkana kan ei bangte pawh tih ri-ral mai mai tur a ni lo va, a hman   ngkai zui zel d  n ngaihtuah nise. Chutianga inren thiamna leh remhriatnate hi vanneihna an ni. Khaw lum l  i chuan ei tur siam tl  m deuh ula. Tui nei lo chi ei uar tur a ni. Mi rethei tam tak, ei tur neih lo em em vang pawh ni lote chu an retheih chhan hrilh fin theih an ni fo; chu chu thil t   tham t   t  a inkhawhral an uar lutuk hi a ni.²¹

Inen L  tna Tur Zawhna Pawimawhte.— “Chutichuan in ei pawhin, in in pawhin, in tih apiangah Pathian ropuina n  n tizel rawh u,” (*1 Korin 10:31*). Hei hi ei tur siam l  i leh ei tura in chh  ngte in koh khawm l  iin in ti em? In fate chu in hriat ph  ka thisen   ta ber chi siam thei tur chaw in siam sak em? An taksa kh  wl hnathawh vawng   ta thei ber tur chaw a ni em in p  k chu? Nunna leh hriselna   ta ber ber nehtir thei chaw a ni bawk em? In fate hm  a chhawp   tna in hriat   tat ber em ni? Nge, an hma lam hun ngaihtuah miah lovin chaw hrisel lo, tisa ch  kna chawk tho thei leh mi tiza thei chaw em ni in chhawpsak?²²

1. Testimonies for the Church, vol. 3, p. 158.
2. Education, p. 216.
3. Counsels on Diet and Foods, p. 263.
4. Testimonies for the Church, vol. 2, p. 370.
5. Christian Temperance and Bible Hygiene, p. 49.
6. *Tihdam Rawngb  wlina*, p. 287.
7. Christian Temperance and Bible Hygiene, pp. 48, 49.
8. *Ibid.*, p. 73.
9. *Ibid.*, p. 49.
10. *Tihdam Rawngb  wlina*, p. 290.

11. Testimonies for the Church, vol. 2, p. 537.
12. *Ibid.*, vol. 1, p. 684.
13. *Ibid.*, pp. 684, 685.
14. *Ibid.*, p. 685.
15. *Ibid.*, pp. 683, 684.
16. *Ibid.*, vol. 2, p. 370.
17. *Tihdam Rawngbawlina*, p. 290.
18. Testimonies for the Church, vol. 2, p. 370.
19. Ministry of Healing, p. 323.
20. Counsels to Parents, Teachers, and Students, p. 313.
21. Counsels on Diet and Foods, p. 258.
22. Testimonies for the Church, vol. 2, pp. 359, 360.

BUNG 62 NUNG TURA EI

Thil Ei Châkna leh Ei Duhnate Hi Pathian Remruat An Ni.—Kan pianpui thil ei châkna leh ei duhnate hi chunglam remruat a ni a, mihringte hnena pêk a nih tirh pheï kha chuan thianghlim tak a ni. Pathian remruat dân chuan ei leh in châknate hi chhia leh tha hriatna fim takin a thunun ang a, kan hlimna atâna rawngbawltu an ni ang. Chhia leh tha hriatna thianghlimin a thunun a, a kaihhruai hian LALPA lama thianghlimna a lo ni thin.¹

Ei leh In Hi Pathian Enghelh Zâwng Tak A Ni.—Israel fate zirna khan an thil chin than zawng zawngte kha a huam vek a. A hamthatna lam hawi thil reng reng chu vanin a enghelh em em vek bâkah dân thianghlim huang chhûngah an awm vek a ni. An eitur A hluisak lâi pawhin Pathian chuan an tâna tha ber tur A zawng a. Thlalerah eitur A pêk *manna* pawh kha a nihphung renga taksa leh rilru tichak thei a ni a. An vahvaihna thlalerah kha hrehawm hlê mah se Israel hnam zingah tumah chak lo an awm lo reng a ni.²

Kan Ei leh In Ațanga Insiam Kan Taksa.—Kan taksa hi kan ei leh in ațanga insiam an ni. Kan timurte hi chhe tâwk an awm reng a, taksa pêng engemaw a chêt hian thil engemaw paihchuah a nei zel a, chung a thil paihchhuahte chu kan chaw ei hian a hnawhkhat lehzel a ni. Taksa pêng tinte hian an chanpual theuh chaw tha an mamawh a. Thluak chuan a chanpual tur a hauh tlat a. Chutiang bawkin ruh, tihrawl leh hriatna thazâmte pawhin an chanpual an hauh theuh bawk. Kan chaw ei thisena a lo chan leh chu thisen taksa bung hrang hrang siam nâna hman a lo nih dante hi a mak kher mai! Mahse he taksa insiamna hna hi chawl lovin a kal reng a, hriatna thazâmte, tihrawlte leh timurte chu nunna pein a tichak reng a ni.³

Nausên Chu Chaw Pêk Dân Dikin Bul Tansak Rawh U.—Naupang hnena ei leh in dân tha zirtîr pawimawhna hi sawi uar lutuk a awm thei lo vang. Naupang chu ei tura nung ni lovin nung tura ei an ni tih zirtîr a tul hle. Zirtîrna chu nû mal chung a awm lâi ațanga tan tur a ni. Nausên chu a hun bi dik takah chauh hrai ni sela, a upat chhoh ang zelin pêk khât hret hret tur a ni. A pai tawih theih loh tur puitling ei chi thil thlum *sweet* te pêk loh tur. A hun takah fimkhur takin naupang chu chaw pe la, chu chuan a tihrisel mai ni lovin a tiduhawmin a tizâidam a, kum tak hnu pawha malsawmna la ni thei tur thil tha a chin hlen pahna lungphum a ni ang.⁴

An Ei leh In Duh Zawng Zirtîr Rawh U.—Naupang lo thanng lian zel chu fimkhur taka an ei leh in duh zawng leh châk zâwngahte la zirtîr zawm zel tho tur a ni. Hriselna lam ngaihtuah miah lovin an duh hun hunah an duh duh ei tir mai mai an ni fo va. Eitur tha lo lei nâna pawisa leh tha sên zozaita chuan tleirawlte chu mihring dam chhan tha ber leh mihring hlimna sâng ber chu duh duh ei theih hi a ni tih ngaih dân nei turin a hruai a. Hetiang inzirtîrna hian mi a tivir a, natna a thlen thin.

Nu leh pate chu ei leh in chungchangah zirtîr tha sela, eitur tha lo an ei an phal tur a ni lo.⁵

Ei leh In Dânin Thlarau, Rilru leh Taksa Chakna A Nghawng.-- Hriselna leh hlimnain a chhiat phah khawpa mahni fate duh zawng apiang tihsak thin nute hian nakin lawka rah chhuah tur sualna chi an tuh a ni. Naupang than ang zelin mahni intih nawmsak duhna chu a than lian ve zel a, rilru leh taksa chakna a bo va. Hetiang hna thawktu nute chuan an chi tuh chu hrehawm titakin an seng ang. An fate nungchang leh rilru chu khawtlang leh in chhûnga thil ropui han titlak an ni lo tih an hmu a. Thlarau, rilru leh taksa thiltihtheihnate chuan chaw hrisel lo avangin an nih tur ang an ni pha lo nasa hle a ni. Chhia leh than hriatna a fim lo va, thil than duhna rilru tihchhiat a ni bawk.⁶

Chaw Tha Ber Thlang Rawh U.—Eitur than kan hriat duh chuan a tira Pathianin mihringte eitura A ruahman kha zir hmasak tur a ni. Mihring siamtu leh a mamawh hretu chuan Adama chu eitur A pe a. A eitur pête chu theirah te, be mu lam te, thei pil sak te leh thlai te an ni.⁷

Mawl Tak leh Itawm Taka Siam Tur.—Pathian chuan mihringin a duhtawka a ei leh in chakna sual tel lo phuhrûkna tur thil tam tak A chhawpsak a. A hmâ-ah chuan leilungin a rah chhuah eitur chi hrang hrang, a chakna puhru thei leh a taksa khawl hnathawh tichak thei tur chu A phawrsak a ni. Heng zawng zawng hi kan Pa vana mi chuan duh tâwka kan ei a phal a. Theirah te, be mu te, thlai hnahte hi bawlhlo leh hriak mawm lam leh bawngnhute leh *cream* te lova mâwl taka buatsaih an nih hian a hrisel ber mai. Taksa tân chakna an ni a, mi a tituarchhel a, rilru a tichak a, chutiang chakna chu eitur dangah an awm ve lo.⁸

Chakna Inhruaitir A Him Lo.—Taksa siam nana thil pawimawh petu chaw chauh thlan tur a ni. He duh thlannaah hian chaw chakna ringawt bawhzui chu a him lo. Ei leh in than lo kan chin avang hian chaw chaknate pawh hi a dik lo zo tawh a. Hriselna tichhia a, min tichak lotu chaw ei mi chaktir zawk fo thin. Hmun tinrenga natna leh tawrhna thleng mêkte hi ei leh in chungchânga ngaih dân dik lo a lâ em vang a ni.⁹

Chakna Sawi Zawi Loh Zuitu Naupangte Chu.—Rêla kan chuan lain nu leh pa thenkhatin an fate thil ei theih lohzia leh *cake* leh sa tel lova chaw an ei theih loh dân an sawi ka hria a. Chawfak a lo hun a, an naupangte eitur an chhawpsak chu ka lo en reng a. *Wheat* atanga siam chhangthawp te, thing hmarcha leh bawlhlo chi hrang hranga thua *ham* zai phel te, *pickle* te, *cake* te leh thil um lam chite an ni. Naupangte hmêl dang lap mai leh eng pap mai atang chuan an pum lam an sawisel fo tih a lang reng mai a. An zinga pahnihte chuan an bul lawka chhûngkaw dang *cheese* ei lâi chu an en reng a, an hmâ an eitur chhawp chu an ei duh ta lo. Chutah an nu ber chuan a faten thil dang an ei duh loh phah takngial dâwna hriain *cheese* chu a va dilsak ta ngawt mai a. Heti hian a tizui, “Ka fate hian thil eng eng emaw ni hi an ngên a; an duh duh ka eitur mai. Kan ei chak viau hi chu kan taksa hian a lo mamawh thin.” tiin.

Thil ei chaknate hi hruai sual ni thin lose chu he nu thusawi hi a dik viau ang. Thil ei chakna pangngai leh chakna than lo an awm a. Mahni fate heng thil than lo, lungno ei te, pencil seh te, *coffee* ro ei te, thingpui in te, thakthing ei etc...te leh mi tizauthau thei thil an chin hlen thlenga an ei phalsaktu nu leh pate chuan kan ei chak viau hi chu kan taksa hian a lo mamawh thin an ti thei lo vang. Sual a nih thlengin chaw chakna hi a than lo zâwna zirtir a ni a. Pumpui pangti pêng than tak mai chu a hriatna chak tak mai a hloh thlenga tihzat leh tihsat a ni bawk a. Chumi hnu chuan chaw hrisel leh tlâwm lam chi chu an da koh tawh mai a ni. Pumpui hman sual laklawh tawh chuan eitur thawk na tak a dawn loh chuan hna a thawk thei tawh thin lo. Heng naupangte hi an sên lâi atanga chaw hrisel, mawl têa buatsaih, khawih danglam vak loh, sa, thil mawm lam leh bawlhlo nena chawhpawh lohte pêk than an nih chuan an chaw ei a tui reng zawk ang. Eitur reng reng hi sawngbawl vak vak loh a, a nih ang anga ei hian taksa tân a than ber a ni.¹⁰

Sa Thung Hi?—Eitur intuk (*diet*) chungchângah hian ramri chiang tak kan kham lo va, mahse theirah te, buh lam chi te leh thei pilsak (nuts) awmna rama Pathian mite tân chuan sa hi chaw than a ni lo tih erawh kan sawi thung. Sa hian mihring nun chu ransa anna lamah a hruai a,

mihring leh mihring inkâra hmangaihna leh khawngaihna lantirna tur a laksak a, mihring chhungril nun ze hniam zawkin a sâng zâwk a thununtir bawk tih hriattir ka ni. Sa ei hi a lo hrisel tawh ðhin a nih pawhin tunah hi chuan a hrisel ta lo.¹¹

Sa Ei Lohna Tur Chhante.—Sa ei ho hian thlai leh *grains (buhfai, wheat, etc)* a taksa chakna pai thil chu hetiang ei ðhin sa aþangin an dawng ve chauh tihna a ni. Thlai leh *grains-a* nunna awm chu a eitu ransa-ah a lût a. Chung chu sa kan ei hian kan lo dawng chhawng veleh a ni. Hetia ti kual lo hian Pathianin kan chaw atâna A siam chu ei mai ila a va ðha zâwk dawn em!

Sa hi chaw ðha ber a ni ngai lo; tunah phei chuan ran natna hi a pun chak sâwt em avangin duhawm lo tak a ni. Sa ei ho hian engnge an ei an hre mang lo a nia. An sa ei tam tak hi a dam laia a awm dân chu hmu ngat se an ten ve ðhin ngawt ang. Mite chuan *cancer* hrik leh TB hrik bawm khah ran sa an la ei zawm reng a. Tichuan TB te, *cancer* natnate leh natna hlauhawm dang dang chu kaichhawn a ni ðhin.¹²

Chuti Maiin A Þat Lohna A Lang Ngai Lo.—Sa ei ðat lohna chu chuti maiin a lang nghal kher lo vang, mahse hei hi sa ei a paw lo tihna a ni lo. Mi tlêm tê chauhin sa hi an thisena tûr phultu leh nâ an tawrhna chhan a ni tih hi an âwih phal ang. Sa ei avangin mi tam tak an thi a, mahse an thihna chhan chu anmahni leh midangte pawhin rinhlelhna châng reng reng an hre lo.¹³

A Tira Chaw Hrisel Min Pêkah Khan Kir leh Rawh U.— Mi zawng zawngin sa tel lova nun kan tum a hun tawh lo vem ni? Vana vantirhkohte kawm tlâk mi fel leh thianghlim nih tumte hian engati nge tisa leh thlarau tâna ðatna nei miah lo hi chaw anga an la ei reng theih? Engtin nge Pathian siam nungchate nunna chu nawmsip bawl nân an lâk theih chu le? A tira Pathianin mihring hnena chaw tui tak leh hrisel tak A pêkah khan kir leh hlawm rawh se.¹⁴

Krista Lo Kal Lehna Nghâktute Kawng Chu.—Krista lo kal lehna nghâktute zingah chuan sa ei hi tihban a la ni ang a, sa hian an ei turah telna reng a nei lo vang. Hei hi thlir rengin hetiang lam hawi hian kan thawk tur a ni. Sa ei reng chung hian Pathianin lawm taka min pêk thutak êng chu kan remin ka ring thei lo.¹⁵

Pathian Remruatnaah Kir leh Rawh U.—Pathian chuan A mite chu a tira A remruatna zawm turin A hruaikir mêk tih hmuhtir ka ni fô mai; chu chu ransa thi sa eia nung lo turin tihna a ni. Mipuite hnena kawng ðha zâwk zirtîr turin min duh zâwk a. . . . Sa ei hi bansan a nih a, a ei châkna lam inzirtîr a nih loh a, theirah leh *grain* ei ðatna lam sawi uar a nih bawk chuan Pathianin a tira thil nih dân tur A duan ang khân thil chu a awm thuai ang. A mite chuan sa an ei tur a ni lo.¹⁶

Chaw Ei Dân Thlâk Thua Zirtîrna.—Sa ei hian tihrawl a tichak tih ngaih dân hi a dik lo. Sa tel lo hian taksa khâwl mamawh hi a pêk ðat theih zâwk a, a tel lo hian hriselna ðha pawh chen a nuam zâwk. Buhfang lam chi te, theirah te, thei pilsak leh thlai hnahte hian thisen ðha tak siamna tura thil ðul chu an pai tam tâwk a. Heng hovin chakna an pêk ang hi sa hian a pe thei lo zâwk a ni. Sa hi hrisel nân leh chak nân pawimawh hle se chuan a tira mihringte eitur tarlan zingah pawh khan a tel ve ngei ang.

Sa han ei loh thut hian chak lo riau leh nguai deuh riauva inhriatna a awm thei a. Tam tak chuan hei hi sa ei ðatzia sawi mâwi nân an hmang ðhin; mahse a ni lo, mi tiza thei thil an nih vang leh thisen kal an tihbuai a, hriatna thazâm an tihzauthau vanga a han awm ta thut lo lang sar ta mai a ni. Þhenkhat chuan sa ngei hi zu ngawlveiin zu no kalsan harsa a titluk zetin a harsa an ti a, mahse an sim chuan an tân a ðha zâwk ang.

Sa ngei hian a aiawh turin chakna pai tam leh ei châkawm tak *grain* te, thei pil sak lam te, thlai te, theirahte chhawp tur a ni. Hei hi a bikin mi chak lo leh hna hahthlâk thawk reng ðhinte tân a ðul lehzual.¹⁷

A Thlâkna Tha Taka Buatsaih A Tângkai.—Rin râwl bera sa ei lohnaah ei siam uluk a pawimawh leh zual hle. Sa âiawh thil dang buatsaih tur a ni a, chung sa ai awhtu chaw leh a hmehte chu sa châkna tireh rawih khawpa buatsaih uluk tur an ni.¹⁸

Sa ngheia retheih phah sawt chhôngkua ka hre hlawm a. An rawngbawl tui lo lutuk chu pumin a ngeih lo va, chuvangin *hrisêlnaa siamthatna* hi an that pui ve lo va, an taksa pawhin a chak loh phah tih min hrilh a ni. Mi thenkhat sa tel lova chaw mâwl tê tê ei tum ho hlawhchhamna chhan pakhat chu hei hi a ni; an ei chhe hrim hrim tih hi. Pawlawh takin chaw ei tur an buatsaih a, tihdan ngai an ring reng bawk.

Chaw vawikhat eiah thil chi hrang tam tak a ngâi lo va, mahse a ngai rin reng tur tihna chu a ni chuang lo. Chaw eitur chu mâwl tê, mit la tak leh ei châkawm taka siam tur a ni.¹⁹

Châkna Kal Fawr Chu Hneh Tur.--Chaw hautak deuh leh mi tizauthau thei chi ei thangho chuan engemaw thil pângngai bâk ei châk ngawi ngawih bik an nei duh riau va, chaw naran leh mâwl tak mai chu an châk nghal ngawt thei lo. Mi eidân pângngai anga ei thei tur leh an pumpui buai pawh a lo pângngai leh theih nân chuan hun a duh deuh thin. Mahse beidawng lova chaw hrisel ei lui tauh tauhtu chuan hun engemaw chen hnu-ah tui an tichhawm ve mai ang a. A rim tui tak mai leh itawm tak maite chuan lawm hlawhin chaw hrisel lo deuh an ei aia tuiin an ei mai ang. Pumpui pawh a lo hrisel tâk avangin a rim lutuk lo va, a buai lo va, a hna a thawk chak zâwk bawk.²⁰

Hrisel Taka Thil Ei Hi Inpêkna A Ni Lo.—Naupangte chu an thil ei châkna thunun tur leh hrisel nân thil ei tura zirtîr an nih rualin an tâna tha lo tur chauh an chân tih hriattir tur ni sela. Thil tha zâwk atân thil tha lo an bansan a nih chu. Chaw ei dawhkan chung a eitur inchwawp chu mi lêm tak leh itawm tak, Pathianin thil tha tam tak A pêk hmanga siam ni rawh se.²¹

Khaw Awmdan, Sik leh Sa leh Eizawnnate Ngaihtuah Rawh U.—Anmahni ngawta chaw hrisel zawng zawng hi kan awmna hmun leh hun tawn dân azirin an tha vek ngawt lo. Eitur thlan dânah hian fimkhur hle tur a ni. Kan ei leh in hi kan awmna ram sik leh sa bâkah kan eizawna mil zela thlâk ni sela. Chaw thenkhat chu kan awmna hmun leh hun azira tha vek lem lo an awm a. Chuvangin eitur chi hrang hrang, hnathawh inang lo tak takte tâna that dân chi hrang hrang nei an awm thluah tihna a nih chu. Thahrui heh chi hna hahtlâk thawk thin tâna chaw tha tak chu dawhkana hnathawk, thluak hmanga eizawng, thahrui hman ve vak lo ho tân a tha ve zel kher lo. Pathianin chaw chi hrang hrang tam tak mi pe a, mi tinin chung eitur chi hrang hrang atang chuan a tha ngei a ni tih rilru fim taka an ngaihtuah tawh leh hun kal tawh atanga an lo hriat than, an mamawh phuhurutu ber tur chu thlang mai rawh se.²²

Remhre Tak leh Thiam Taka Eitur Chu Siam Tur.—Châkna tihreh nân ringawt thil ei loh tur a ni a, chaw tha a ni leh nih loh leh a buatsaih dân ngaihtuah miah loh chu a dik lo a ni. Tin, chaw chu a tui loh chuan taksain a that pui bawk lo vang. Eitur chu fimkhur taka thlan, remhre tak leh thiam taka buatsaih ni rawh se.²³

“Eng Pawh Kan Thlang Thei.”—Chhôngkaw thenkhat chuan an inlêngte tân eitur tam tak an chhawp a. Chawhmeh chi hrang hrangin chaw ei dawhkan an tikhat lûk thin. Hetiang eitur chi hrang hrang inchwawp teuh hi a ei ve ngâi lo tân chuan ei châkawm tak a ni.

Hetianga inlêngte tâna inbuatsaih vak thinte thiltih dân chu ka lo hre ve a. Heng mite hian anmahni chhôngkua chauha an awm chuan mumalin thil an ti leh hauh si lo. An chawhmehte chu nu ber duhzâwng a siam an ni ber. An inlêngte tâna an inphal zau tehreng nen ‘keini tân chuan engkim hi a tha vek e’ ti niawm tak an ni. An dawhkan hun dân nalh lo tak leh an chawhmeh dai duk mai, ei châkawm hlawl lote chu thil awm dân pângngai a ni. “Keini chuan eng pawh kan ei thei” an ti a nih hmêl hle a ni.²⁴

Chaw Ei Hun Hi Inkawm Hona Hlimawm Takah Siam Tur.—Chaw ei lâi hi hlim taka inkawm hona leh intuaithar lehna hun a ni tur a ni. Rilru tihah thei leh tinuam lo chi reng reng

chu dah bo ni sela. Thil tha zawng zawng min Petu chung a lawmna te, rinna te leh zahngaihna te lantir ni bawk sela; tin, titina boruak chu thinlung hlim tak aţanga lo chhuak boruak nuam tak, rilru hahna tel lo ni bawk rawh se.²⁵

Chaw ei dawhkan hi nu leh paten chhan tha mumal awm lova an fate helna rilru an puttirna hmun tur a ni lo. Pathian hmangaiha A thu awihtute chuan Pathian rama Beram No nupui neihna ruai chu an la kil ang a, amah Isua ngeiin eitur A la pe dawn tih hre reng chungin chh ngkua chuan hlim tak leh lawm takin kil ho thin rawh se.²⁶

Hunbi Nei Taka Ei Tur.—Hunbi nei mumal lova thil ei hian chaw pai tawihna kh wl a tibuai a, hriselna leh nun hlimnain a chhiatphah thin.²⁷

Eng vang mahin chaw ei hun hi a mumal lo tur a ni lo. A hun p ngngai aia d rk r hnih khat leka hm -ah zanriah hi lo kil ta mai ila, chu phurrit thar phur tur chuan pumpui chu a la inring hman lo. Chhun lama kan chaw eite kha duh anga a la chinfel hman loh avangin hna thar thawk leh tur chuan a la chak t wk lo va, chuvangin pumpui chu a lo rim lutuk ta thin a ni.

Hna laklawh, thawh zawh mai tur a awm vang ngawtin chaw ei hun chu d rk r hnih khat lek pawha tawlh hlat tur a ni lo. A hun p ngngaiha pumpui chuan chaw a lo beisei a. Chu chu pawh khawtlai a nih vaih chuan a kh wl chakna chu nasa takin a lo kiam a, a t wpah phei chuan ril tam (chaw ch kna) a bo thak thei a ni; chaw chu han ei leh tehreng pawh ni ila pumpui chuan a nih tur angin a thawk tawh tak tak thin lo va, kan thil ei chu thisen tha-ah a chang thei ta thin lo a ni. Mi zawng zawng hian chaw ei ink ra engmah ei lovin a hun takah chauh ei sela, chaw ei an ch k hliah hliah ang a, an chaw ei a tui ang a, an thawh rimna rul l t tur an chaw ei chu a tui hle ang.²⁸

Naupang Chu Chaw Ei D n, A Hun leh Engnge Ei Tur Tihte Zirt r Rawh U.—Naupangte hi a tl ngpuiin chaw ei d n te, a ei hun te, leh engnge ei tur tihte zirt r an ni ngai meuh lo. An duh duh hunah an duh apiang ei phalsak an ni a, an mitin a  t zawng apiang ei tura thl m an ni; *cake, pie, butter, sweet* leh chhang te an ei a, hei hian ei leh in  tchilh mi, pum lam sawisel reng maiah a siam a ni. Pumpui chu kh wl nung reng anga hna a thawh avangin a lo chau va, a thawhrimna chh wk turin thluak a pun a, rilruin a lo chauh phah thin. D n p ngngai lo deuha phurna leh ch kna lo zuai chuan a tithinchhia a, an z min an buai a, an thu an duh bawk. An nu leh pate hmuh ph k loha an awm phei chuan rintl k an ni lo. A ch ng phei chuan engmah lo ang chauh an ni. Zahna ch ng hre tur leh sual sualzia hre thiam tura ben harh hleih theih pawh an ni lo. D wt sawi mai te, thudik chanve han sawi zauh te, mi bum mai te an ching dawklak hm  hle bawk.

Hetianga an fate an awm hian nu leh pate chuan pawh an ti hle a, mahse anmahni thiam loh a ni tih an inhre si lo. Ei leh ina an fate ch k zawng leh duhzawng khuahkhirh t lzia an hriat loh avangin an fate chuan an thil chin tha lo chu an thanlen pui a. Nute lah chuan taksa leh rilru lam thlenga tichhe thei eitur chu an kut ngeiin an fate hm -ah an chhawp thin si a ni.²⁹

Chaw Ei K rlakah Engmah Ei Loh Tur—Pumpui hi uluk taka enkawl tur a ni. Hna thawhtir reng tur a ni lo. He taksa p ng pakhat, hman sual hlawh tak mai leh tihbuai hlawh zet mai hi chawlh hahdamna hun p k ve tur a ni.

Chaw p ngngai ei kham hnu chuan pumpui hi d rk r ng  tal  wltir ni sela. Chaw ei leh hm  loh chu chaw lam chi reng reng a l t tawh tur a ni lo. He hun k r awlah hian pumpui chuan a hna a thawk ang a, chaw tam z wk dawng leh thei dinhmunah a ding leh hman ang.³⁰

Nu hovin chaw ei ink ra an fate an duh apiang an eitur thin hi a tha lo hle. Hei hian pumpui hnathawh a tibuai a, nakin lawka anmahni tihrehawmtu a la ni ang. An tlei lohna chhan tam tak chu chaw tui loh vang leh pai tawih that loh vang a ni thei; mahse nu chuan thil awm d n ngaihtuahna hun nei lo leh a thiltih dik loh siam thatna hun nei lo-ah a inngai tlat thin a. An buaina thawi dam turin a thiltih l i a chawl thei hek lo. A fate hrehawm tuar bengchheng tihreh n n eitur emaw an khalh tur emaw a pe leh ringawt a, mahse chu chuan thil tha lo chu a tipung z wk a ni.

Nute hian an fate hrisel lo chu an phun pui nasa hle a, daktawr an râwn leh ringawt thin. Han inngaihtuah chiang deuh hlek se chu an ei leh in dik loh vanga buai an ni tih an hmu vat mai ang.³¹

Mut Dâwna Chaw Ei Chin Hi A Tha Lo.—Thil chin tha lo deuh pakhat leh chu mut hma chiaha thil ei hi a ni. Chaw pângngai ei tawh hnu-ah pawh chau deuh riauva inhriatna a awm avangin thil dang an ei leh thin a. Insum zawh lohna avangin he thil tha lo hi chin than a lo ni a. Engemaw tal ei lova muhil hlei thei tawh lo khawpin an thil chin chu bansan a harsa tawh thin. Zan reia chaw ei avang hian mutthilh hlan pawhin pumpui chuan hna a thawk zawm reng a. Chutianga hnathawk reng e ti lo chuan a nih tur ang takin a thawk si lo. Mumang tha lo avangin mut a tui lo va, a tûk zingah mut kham lo zeta thawh a tûl a, tukthuan ei pawh a châkawm lo zo vek thin. Chawl hahdam tura kan mut hian pumpui pawh taksa pêng dang an chawl ang bawkin a hnathawh tur thawk zo vek tawh sela, chawl ve rawh se. A bikin thahruï hmang lo chi tân phei chuan zan rei hnua thil ei hi a tha lo lehzual a ni. Hemi avanga buaina lo chhuak hi kan thihna chhan natna lo ințanna a ni fo.³²

Nu Pakhat Hnena Tukthuan Pawimawhzia Hrilhna.—I fanu rilru kha a dawih a, a thil ei dân kha fimkhur taka vên tur a ni. Chakna pai lo chi thil engmah a châkna puhruk tur ringawta a ei phalsak tur a ni lo. Tukthuan ei lovin sikul kaltîr miah lo la. Nangmah rilru sùkthlêk dân ang ang kha kalpui ringawt suh. Pathian thununna hnuaiah inpe pumhlum tawp la, A duhzawng zawm thei tura i duhzawng i her rem theih nân A lo tanpui ang che.³³

Tukthuan atâna tlêm tê chauh ei hi kan ram chin dân a ni a. Mahse hei hi pumpui enkawl dân tha ber chu a ni lo. Zingkarah hian ni khat chhûnga kan thil ei hun dang aïin pumpui hi chaw tam tak pai thei turin a inbuatsaih tha zâwk daih a. Chuvangin tukthuan atâna tlêm tê chauh eia zanriah atâna chaw ei t̄euh hi chindân tha lo tak a ni. Tukthuan hi a tam thei ang bera kan ei theih nân a tui thei ang bera siam ni zâwk rawh se.³⁴

Eitur Tha Ber Chi Chhawp Teuh Rawh U.—Naupangte leh thalaite hi engti kawng mahin chaw kham lova siam tur an ni lo; chaw hrisel eitur tam tâwk tak an nei reng tur a ni. Mahse hei hi *cake* man to pui pui leh chhang thlum chhawpsak tur an ni tihna a ni lo. Insawizawi thain chaw ei tha bawk sela, chu chuan an rilru leh nungchang thlengin a nghawng a ni. Eitur tha leh hrisel chu pumpuiin chaw a pai tawih theihna vawn thatna hmanruate zinga pakhat a ni ang.³⁵

Hêngte Hi A Tâwk Chauha Tih Tur An Ni.—Nu leh pate hian an fate chu an hrai puar lutuk fo. Heng naupangte hian pum lama harsatna an la nei mai ang. Chaw tha pawh hi vawikhata ei tam lutuk loh a tha. Nu leh pate u, in fate hmâah chuan an ei khawp chauh chhawp ula. An duh tâwk tâwka an ei atân engmah hnutchhiah loh tur a ni. Hei hi in vên that loh chuan in fate chuan thil hmuh leh hriat theihna chak lo tak an nei mai ang. Sikulah kal pawh nise an thluaka chakna kal tur kha pumpui tibuaïtu chaw chuang bang buaipui nân a hman avangin a thiam tur ang pawhin a thiam thei lo vang. Naupang hnena chaw pêk tam lutuk hian tihchak a hnêkin a tichak lo zâwk tih thu hi nu leh pate zirtîr a t̄ul hle a ni.³⁶

Thu Petu Tur Chu Naupang Ni Lovin Nu leh Pate An Ni.—An thil ei leh in châkna ringawt chu bansan a, Pathian pêk chaw mâwl leh tlâwm takah chuan lawm hle turin zirtîr rawh u. An ei tur sawiin thu an pe tur che u a ni lo va, nangmahni zawkin engnge an ei ang a, engnge an tân tha ang tih chu in sawi zâwk tur a ni. In fate chu an châkna tha lo rem zawng a nih loh vang maia chaw tha leh hrisel sawisel leh phunpui in phal chuan chu chu in tân sual a ni baw.³⁷

In fa chu in fa a nih avang ringawta a duh duh tithei tur leh a duh apiang thlang thei tura inngaihna rilru in neihtir tur a ni lo. A ei atâna tha lo chu a duh zawng a nih avang ringawtin thlantir phalsak tur a ni hek lo. Nu leh pate thiltawn tawhte chuan naupang nunah thu a nei hle tur a ni.³⁸

In Fate Duhzawng Chu Awmze Nei A Nih Chuan Zahsak Rawh U.—Kan nun hi rilruin nge taksain thunun dâwn tih chu mimal duhthlanna inngat a ni. Thalaite chuan, a mimal theuhin, an nun siamtu tur chu thlang ngei sela; anmahni dotu thahrui bâkah nungchang leh hma lam hun hritu mi hneh theihna boruakte chu a hriat thiam theih nân thi leh thau pawlhin tang rawh se.³⁹

Naupangte leh thalaite kan zirtîrnaah chuan khawvel mite ei leh in dân anga tih ve a, an inchei anga inchei chu nunna leh hriselna dân kalh a ni a, chu chu rilru finna leh chhia leh tha hriatna fim tak nena khuahkhirh tur a ni tih hi zirtîr tel ni rawh se. Ei leh in châkna leh kan thil chin dawklak tawhte hian mi a hneh theih hle a, mahse chu chu chhia leh tha hriatnain thu min hrilh beng hniamtu atân hman phal miah tur a ni lo. Hemi tihlawhtling tur hian thalaite chuan ransa ang leka ei leh ina lawmna aia sâng zâwk tum an neih a, rilru sâng zâwk an put a ngai a ni.⁴⁰

Ei leh In Châkna Tha Lovin A Nghawng Thuizia Chu.—Thenkhat chu Pathian ropui nâna ei leh in pawimawhzia zirtîrna hian a hneh lo khawp mai. An ei leh in châkzawng ûm luatna chuan an nun kawng kil tin a nghawng a ni ber e. Chhûngkua, kohhran, tawngtai inkhawm leh an fate nungchangahte thlengin hmuh theih a ni a. An tân chuan anchhia a ni ber e. Chu chuan he ni hnukung thutak hre lo tur hian a dal tlat mai zu nia!⁴¹

Nun Hrisel, Mimal Mawhphurhna.—Kan ei leh inte hian kan nunah leh nungchangah pawimawhna tak a nei a, chuvangin Kristiante chuan an ei leh in dân chu leilung an remtir tur a ni. Heng thilahte hian Pathian laka kan mawhphurhna hria ila. Mahni duhthu reng vanga thil hriat loh hi sual a nih avangin hriselna dân zawmna hi thahnemngai taka zir ni rawh se. Mi tinin hrisel taka nunna dân hi mahni mimal mawhphurhnaah ngâih theuh tur a ni.⁴²

1. Temperance, p. 12.
2. Education, p. 38.
3. *Tihdam Rawngbâwlina*, p. 282.
4. *Ibid.*, p. 383.
5. *Ibid.*, p. 384.
6. Counsels on Diet and Foods, p. 230.
7. *Tihdam Rawngbâwlina*, pp. 283.
8. Counsels on Diet and Foods, p. 92.
9. *Tihdam Rawngbâwlina*, p. 282.
10. Counsels on Diet and Foods, p. 239.
11. Testimonies for the Church, vol. 9, p. 159.
12. *Tihdam Rawngbâwlina*, p. 313.
13. *Ibid.*, p. 315.
14. *Ibid.*, p. 317.
15. Counsels on Diet and Foods, pp. 380, 381.
16. *Ibid.*, p. 82.
17. *Tihdam Rawngbâwlina*, p. 304.
18. Letter 60, 1896.
19. Testimonies for the Church, vol. 2, p. 63.
20. *Tihdam Rawngbâwlina*, pp. 285.
21. *Ibid.*, p. 385.
22. *Ibid.*, pp. 296, 297.
23. *Ibid.*, p. 300.
24. Manuscript 1, 1876.
25. Education, p. 206.
26. Letter 19, 1892.
27. *Tihdam Rawngbâwlina*, p. 374.
28. Counsels on Diet and Foods, p. 179.
29. Pacific Health Journal, May, 1890.
30. Counsels on Diet and Foods, pp. 173, 179.
31. Christian Temperance and Bible Hygiene, p. 61.
32. *Tihdam Rawngbâwlina*, pp. 292.
33. Letter 69, 1896.

34. Counsels on Diet and Foods, p. 173.
35. Letter 19, 1892.
36. Manuscript 155, 1899.
37. Letter 23, 1888.
38. Signs of the Times, Aug. 13, 1896.
39. Education, p. 202.
40. Good Health, July 1880.
41. Christian Temperance and Bible Hygiene, p. 151.
42. Manuscript 47, 1896.

BUNG 63 KAWNG ENKIMA INSUMNA

Mihring Nuna Natna Tam Ber Hi Insumtheih Loh Vang A Ni.—Insum theih lohna hi mihring nuna natna tam zâwk inngahna lungphum a ni. Kum tinin mi sang tam tak a tiboral bawk. Insum theih lohna kan tih hian thil ̄tha lo entirnan zû tih ang ringawt kan kawhtir lo va; a awmze zâu zâwk ei leh in châkna leh thinrim insûm theih lohnate pawh hi kan huamtir a ni.¹

Insum theih lohna avang hian ̄thenkhatin an rilru leh taksa chakna zahve te, hmun thuma thena hmun khatte an hloh a, hmêlma pâ duh dân danin an awm phah ̄thin.²

A Lutuk Chu Sual An Ni Vek.—Ei puar lutuk te, in tam lutuk te, mut tam lutuk te leh en tam lutuk te hi sual an ni. Taksa leh rilru chakna zawng zawngte hi hrisel tak leh inrem taka an chêt hian hlimna a ni a; chu chakna chu a sân nasat a, a thianghlim poh leh hlimna chu engmah pawlh lohlin a sâng ve zel mai dâwn a ni.³

Insumna Hi Sakhaw Nun Dân Nghet A Ni.—Nun kawng engkima insûmna hi zirtîr a, nunpui bawk tur a ni. Ei leh in, zân mut leh incheina thlenga insûmna hi sakhaw zirtîrna thu bul ropui berte zinga pakhat chu a ni ngei mai. Thlarau biakbûka thutak lo thleng chuan taksa enkawl na lamah a hruai a. Mihring hriselna lam hawi miah lo thil chu ngaihsak duh miah loh tur a ni. Kan chatuan ham̄thatna tur chu tun kan damchhunga kan hun leh chakna leh mi hneh theihna boruak kan hman dânah a inngat bawk.⁴

Nunna pakhat chauh hawhtir kan ni a; chuvangin hetiang hian mi tin inzawt rawh se; “Ka nunna hi engtin nge a hlâwk thei ang berin ka peipun ang?” tiin.⁵

Mahni insiam ̄that hi Pathian leh kan mihringpuite laka kan tihtur hmasa ber a ni. Pathian min pêk kan pianpui thiamna zawng zawngte hi a ̄tha famkim thei ang ber tura enkawl ni sela, tichuan kan phâk tawka thil ̄tha ber kan tih theih phah ang a. Tin, chutiang atâna hun hmanral chu taksa chak nân leh rilru hrisel nân a ̄tha hle a ni. Kan rilru leh taksa hnathawh pakhat lek emaw hi thawhrim luat vang leh kan taksa khâwl khawi lâi ber emaw hman sual avanga tihchhiat emaw mi ang lova siam emaw chu kan tlin lo va. Kan tihchhiat chuan a nghawng chu kan tuar ngei ngei ang.⁶

Thiltihtheihna Mak Tak Mai A Nei.—Insum theihna leh a hun taka thil tihna hian thiltihtheihna mak tak mai a nei a. Thil lo thleng palh thut emaw pianpui thiamna emaw aiin nungchang dam dai leh duhawm tak, nasa taka mihring nun kawng tirualremtu nei turin a thawk nasa zâwk bawk. Chutih rual chuan mahni inthunun theihna ātanga thiltihtheihna kan neih chu mi tin hmaa awm mawhpurhna khirh tak mai thil nihna diktakte hlawhtling taka chelh theihna hmanruate zinga a hlu ber pâwl a ni tih hmuh a ni bawk ang.⁷

Ngaihtuahna Fim Belhchhahtu A Ni.—Dinhmun pawimawh luahtute reng reng chuan rah pawimawh tak chhuah thei thutlukna siam tur an nei ̄thin a. Rang taka an ngaihtuah a ̄tul fo va, chu chu mi insûm theih takte hian an tithei ̄thin a ni. Ngaihtuahna chu taksa leh rilru chaknate a dân dik taka enkawl a nih hian a lo chak lehzual ̄thin a. Hnathawh avanga rilru sênna chu a nasat lutuk loh phei chuan chakna thar a lo awm zâwk ̄thin.⁸

Insum Theihna Hian Lawmman Tam Tak A Nei.—Tunlai chhuan kal mêkte hi ei leh in châkna titho thei thlêmna îtawm tak takin a hual vel a. A bîkin kan khawpuiachte hian ban phâk maiah nawm chenna tur itawm tak tak a awm zel mai. Daniela anga intibawlhhlawh duh lote chuan an insûm theihna avangin lawmman an la dawng ang. An taksa a chak avang leh an tuarchhel avangin rikrum thil a lo thlen pawhin hman mai theih tur chakna chhêk khawlsa an ngah bik a ni.

Taksa enkawl dân dik hian rilru a tichak a. Finna thiltihtheihna te, taksa chakna te leh damreina te hi dân danglam thei lova innghat an ni. He thu-ah hian thil thleng palh emaw vanneih emaw a awm thei lo. Leilung dân chung a lêng Pathian chu leilung dân bawhchhiatna rah ațanga mihringte vawngghim turin Arawn inrawlh lo vang.⁹

Hriselna Țha famkim Nei Tur Chuan Thil Engkimah Insum Tur. – Hriselna vawng Țha tur chuan thil engkima insûm theih a Țul hle. Kan Pa vana mi chuan hriselna siam Țat dân tur êng chu Arawn tir a. Chu chu ei leh in châkna khaw lo tawh tak mai ațanga lo chhuak سوالنا laka invênna tur a ni. Tichuan thianghlîmna ngâitute chuan Pathianin thil Țha A pête chu fîng taka hman dân an hre thei ang a, tin, ni tin nuna an insûm theih avangin thutak hmanga tihthianghlîm an ni bawk ang.¹⁰

Insum Theihna Hi Tihthianghlîmna Hmaa Kal A Ni.—Pathian mite chuan thil engkima insûm theihna tih awmzia hi zir vek rawh se. Mahni intih nawmsak duhna zawng zawng chu an nun ațangin paih sela. Krista duhzawng remna leh tihthianghlîmna awmzia diktak an hriat thiam tak tak hmain Pathian Țanpuina nen thil tihdan Țha lo leh thil chin Țha lote an hneh hmasa tur a ni.¹¹

Lekhazirnaah.—Lehkha zir lutuk pawh hi ruih theih thil chi khat ang a ni; chin tâwk nei lova zir Țhin ho chu zu ruih hmang ang bawkin kawng dik ațangin an pêng a, hmun thim takah an tlu lût Țhin. LALPAN zir lai zawng zawngte chu Pathian ropuina chauh thlir turin A duh a. A taksa chakna leh rilru chaknate chu *science* thiamna zawng zawng neih tuma hmang ral vek lovin LALPAN kawng A ruatsak felna kawng zawng hmu tura mite Țanpui nân a vawng Țha zâwk tur a ni.¹²

Hnathawhnaah.—Hna kan thawh pawhin insûm tur a ni. Rimtawng lutuka hnathawhna Țulna hmunah kan indah tur a ni lo. Mi Țhenkhat tân hei hi Țul châng a awm mai thei; mahse thil bîkah ni sela, dân anga neih loh tur a ni. Thil engkima insûmna hi a takin zawm Țeuh ila. Kan tihve theih tia LALPA kan chawimawi hian A tih tur tiin kan hriselna hi min vawn Țatsak ang. Kan taksa pêng tinte hi kan thunun thei tur a ni. Kan thil eiah te, kan thil inah te, kan incheinaah te, kan hnathawhah te leh kawng engkima kan insûm theih chuan daktawr min tihsak theih loh thil kan intihsak thei a ni.¹³

Nilenga hnathawh hun tlâi thim thlenga pawhsei loh hi dân anga neih ni sela. Hetianga pawtsei thinte hian an chakna an hman zawh avang leh zauthau deuh chung a an thawh avangin an hlêp aia tam an hloh zâwk tih hmuhtir ka ni. A pawina chu an hmu nghal kher lo mai thei e; mahse an taksa inrelbawl dân chu an tikhaw lo chiang a ni.¹⁴

Hunbi tuk chhûnga hnathawh zawh tum, an rilruin tâwp tawh tura a hrilh chung pawha thawk zui zelte chu a hlâwkpuitu tak tak an ni ngai lo. Pûk chawpa nung mai an ni. Nakina an la mamawh tur chakna pawimawh tak mai chu an khawhral a. Tichuan fimkhur lo taka an khawhral an thahrui chu mamawh a nihin engmah an lo nei tawh Țhin si lo. Taksain a tlin sêng lo va, rilruin a peih hek lo. Thil tam tak an chân dâwn tih an inhria a, mahse engnge a nih chiah an hre si lo. Mamawh hun a lo thlen chuan an chakna hnâr zawng zawng chu hman zawh a ni tawh si a ni. Hriselna dân bawhchhetute zawng zawng chu hei aia tuar nasatu emaw hloh nasatu emaw an ni vek thei. Pathian chuan hun hrang hranga kan mamawh tur taksa chakna min pe Țeuh a. He chakna hi fimkhur lo taka kan hman rim lutuk reng chuan thil tam tak kan chân fo vang.¹⁵

Incheinaah.—Eng lam hawi zawng pawh nise incheina chu a hrisel tur a ni. “Thil dang zawng zawng aiin tisa leh thlarauvah hrisel ila” tih hi Pathian min duh dân a ni baw. Tisa leh thlarau lam hrisel nâna Pathian thawpuitu tur kan ni. A pahniha nei kawp tur chuan hrisel taka inchei hian a tanpui nasa hle.

Incheina chu mâwl tak leh nalh tak, duhawm tak ni rawh se. Krista chuan chapona nun nei lo turin min vaukhan a, mahse a duhawmna leh a mawina kan neih erawh chu min khapsak lo.¹⁶

Ei leh Inah.—Insum theihna dik tak chuan thil tha lo reng reng laka inthiar fihlim tur leh thil tha pawh fing taka hmang turin min zirtîr a. A nih dân tur ang taka an ei leh in ten hriselna te, nungchang leh he khawvela an tangkaina bâkah an chatuan hmabâk thlenga a khawih dân hria chu mi tlêm tê chauh an ni. Ei leh in châkna hi kan rilru leh mizia hian thunun tlat sela. Kan taksa hian kan rilru hi thunun lovin kan rilru zâwk hian kan taksa hi a thunun tur a ni.¹⁷

Ei leh in leh hnathawha insûm lo leh âwm lo lutuk thleng thlenga ti thinte chuan mâwi lo taka tanngin mâwi lo takin thil an ti thin. Insum thei lo mi ni tur hian zu in kher a ngai lo. Insum theih lohna sual – thil ei sek te, chaw hrisel lo leh hautak chi ei teuh ringawt te hian chaw pai tanwihna hnathawh tha tak tur chu a tibuai a, thluak a khawih a, rorel thiamna a tibuai a, pangngai tak leh dam taka thil ngaihtuah theihna leh tih theihna a dal tlat baw.¹⁸

Ei Tam Lutuk Lo Tura FimkhurTur.—Ei leh in avanga thil hlauhawm lo thleng hmun sawma thena hmun kua chu ei tam luat vang a ni. Natna hri vang ni lova hrehawm tuar tam tak an awm a. An natna chhan ber chu ei leh ina an insûm loh vang a ni zel. An thil ei a hrisel phawt chuan duh tawka ei theiah an inngai a. Mahse an hre sual nasa hle. Mi chak lote phei chuan chin tâwk neiin puar lutuk lova ei zâwk tur a ni. Tichuan taksa khâwl chuan awlsam zâwk leh tha zawkin hna a thawk thei ang a, hrehawm tam tak pumpelth a ni ang.¹⁹

Pathian Chu Vawikhat Lek Insum Lohnain Phatsan Suh.—Mana lei kan ni a, chuwangin Ama tâ kan taksa leh kan thlarauva Pathian chu chawimawi tur kan ni. Pathian fapa mal neih chhun chuan man chhiarsên loh, Ama nunna hlan meuha min lei tawh avangin thil pakhat leka insûm theih lohna Pathian chu kan phatsan tur a ni lo. Thil chin tha lo bawihna kan tân reng theih nân A thi lo va, Pathian fate kan lo nih a, kan mihring thiltihtheihna zawng zawng nena a rawng kan bawl theih nân A thi a ni zâwk.²⁰

He thilah hian Pathian tân an ding a ni tih inhre rengho chuan an pumpuiah an ei leh in châkna puhurutu ringawt leh chaw pai tanwihna khâwl tibuai thei thil ringawt chu an luhtir lo vang a. Tin, an ei leh in duhzawng tha lo tak hmangin emaw, an inchei duh dân mâwi lo tak hmangin emaw Pathian bungrua chu an tibawrhâng hek lo vang. Pathian nena thawk ho tur chuan uluk taka mahni taksa an enkawl tur ani tih an inhriat avangin mihring taksa khâwl hi uluk takin an enkawl zâwk dawn a ni. Pathian chuan hrisel se, hlim se, chhawrtlâk nise A duh vek a. Mahse hetiang ni tur hi chuan an duhzawng chu Lalpa duh dân an remtir tur a ni.²¹

In Chhûng Nun Kil Tinah Insumna Nei Rawh U.—Insûmna nun phung nghet tak mai hi in chhûng nun zawng zawngah lâkluh nise kan ti bur mai a ni; tin, nu leh pate nun dân chu insûmna lama entawn tlâk ni baw sela; nawsên lâi atangin a danglam lo thei ang bera mahni inphatna leh mahni inthunna hi zirtîr tur a ni baw.²²

Kristiante insûm theihna hi chhûngkaw bil leh kohhranah hmun sâng tak luahtîr ila. Kan nungchang, kan mizia, kan thil tihdan siam thatu, hnathawktu leh nunna a ni tur a ni.²³

1. Pacific Health Journal, April, 1890.
2. *Thalaité Hnêna Thuchah*, p. 190.
3. Counsels on Diet and Foods, p. 44.
4. Testimonies for the Church, vol. 6, p. 375.
5. Pacific Health Journal, April, 1890.
6. Signs of the Times, November 17, 1890.
7. Education, p. 206.
8. *Tihdam Rawngbâwlina*, p. 297.

9. Christian Temperance and Bible Hygiene, p. 28.
10. *Ibid.*, p. 52.
11. Medical Ministry, p. 275.
12. Counsels to Parents, Teachers, and Students, pp. 405, 406.
13. Temperance, p. 139.
14. Counsels on Health, p. 99.
15. Fundamentals of Christian Education, pp. 153, 154.
16. *Tihdam Rawngbāwlna*, pp. 274.
17. Temperance, p. 138.
18. Christian Temperance and Bible Hygiene, p. 155.
19. Manuscript 1, 1876.
20. Letter 166, 1903.
21. Temperance, p. 214.
22. Review and Herald, Sept. 23, 1884.
23. Temperance, p. 165.

BUNG 64 CHHŪNGKUA LEH INSUMNA BEIHPIUI

Insum Theih Lohna A Hluar.—Insûm theih lohna hian mi a la rawk zel a ni. Bawhchhiatna chu thutak leh felna hmasawn zel lo daltu angin a ding luh mai a. Mâwlna leh sualna aţanga lo piang khawtlâng sualdate chuan kohhran leh khawvel hnenah hrehawmna sawisen loh thlenin thimna chhumpui nen an khuh reng mai a ni. Țhalai zinga sualna chuan kiam lam aiin pun lam a pan a. He anchhe Țha lo zet mai thaibo tur hi chuan Țhahnemngai taka thawh reng mai loh chu kawng dang a awm lo. Lungkhamna leh ei châk zawng nena buaina te, thil chin Țha lo leh châkna tenawm tak nena indonate chu a nasain a hlauhawm hle dâwn a, chuwangin rilru nghet tak pu chung a che chhuakte chauhin he indona-ah hian hnehna an chang ang.¹

Insûm theih lohna hi thunun tum nasa hle mah ila a pung sâwt teh e. A hmasawn zel tur lo dang a, tlu tawhte kai tho tur leh thlêmna laka mi chak lote vêng tur hian Țhahnem ngaih luat a awm thei lo a ni ber mai. Kan mihring kut chak lo tak mai nen hian tihtheih nei tam lo mah ila Țanpuitu hlauhchham ve ngai lo chu kan nei a. Chuwangin Krista bân chuan mihring lungngaihna thûk ber leh hmingchhiatna thûk ber thlengin A ban pha vek tih hi kan theihngihl tur a ni lo. He insûm theih lohna thlarau rapthlâk tak mai hneh tur hian min Țanpui thei reng a ni.²

A Chhâna Chu Engkima Insum A Ni.—Insûm theih lohna laka himna kawng awm chhun chu *zu chak* (wine) deuh leh a *nêm* (beer) deuh, in atâna Țha lo *zupui lam chî* laka insûm hmak hi a ni. Kan fate pawh mi puitling, mi huaisen leh chak nihna chu heng thil Țha lo laka insûm hi a ni tih zirtîr ang u. Pathian chuan engten nge mi putling tak takah mi siam tih min kawhhmuh a ni. A hnehtute leh nunna bu aţanga an hming thaichhiat lohte chu chawimawiin an la awm ang.³

Nu leh pate chuan mi tam zâwk nun dân anga thil tive ngawt lovin Țhahnemngaihna nen, beidawng lo va beih hram hramnain an fate chu insûm theih lohna avanga dân bawhchhiatna leh retheihna laka vêngtu tur an chhia leh Țha hriatna kulh chuan an hung thei a ni. Naupangte chu pianken ze mak tak neia an lo Țhan chhoh loh nân an têt lâi aţanga enkawl tur an ni a; mahse fimkhur taka thunun a, a Țha lam leh a insiam Țha zawng leh insûmna lam kawng zawh zawng dinhmun an rem theih nân zirtîr tur an ni. Tichuan buaina a lo chhuah reng rengin siam Țatna dik Țantute rawn bei ngei ngeitur dodalna thlipui lo do thei turin mahni kea din theihna rilru leh nungchang an nei ang.⁴

Insum Theih Lohna Hi Chhûngkaw Inthlahdah Vang A Ni Fo.—Kan ramah hian insûm theih lohna hi kan do nasa hle a; mahse sakeibaknei Țhankin tawh phuar beh tum chu thil namai a lo ni lo. Kan tha sên zâtve zet hi nu leh pate zirtîr nân hmangin an fate nungchang leh thil chin Țhan chu anmahni mawhphurhnaa innghat a ni tih hrihl ta zâwk ila tuna kan tihdan ai hian a lêt sang chuangin a Țha zâwk awm e. Insumna lama thawktute zawng zawng chu Pathian zara

tuang taka kal zel turin kan ngen a; mahse an do mêk سوالنا lo awm chhan chu thûk zâwka en tur leh fimkhur turin kan ngên nghal a ni.⁵

Insum theih lohna bulpui ber kan hriat duh chuan vaihlo leh zu hmanna aia thûk zâwk kan chhui tur a ni. Thatchhiatna te, tum mumal neih lohna te, leh thian soal kawmte hi a chhan bul zâwk chu a ni thei. In chhûng chaw ei dawhkan vawng tha viaua inhre chhûngkua-ahte hian insûm theih lohna chhan chu hmuh a ni fo zu nia. Chaw pai thawihna tibuaite, rilru tizauthau riautu emaw taksa khâwl hnathawh tichau a, rilru leh taksa chakna tibuai a, rilruin taksa a thunun theihna tichhetute hian insûm theih lohna lam a âwn tlat a ni. Thalai fel awm tak takte tlukna chhan chu ei leh in châkna pângngai lo deuh mai siamtu chaw hriseh lovah a chhui luh thei ang.⁶

American mipuite chaw ei hi a tlângpuiin zu ngawl mi veitir thei zâwnga buatsaih an ni a. Mi tam zâwk chuan mahni châk zawng ûm hi kal dân phungah an nei baw. Mahni ei châk zawng hrikthlâk nâna taksa tâna thâtna nei lem lo ei sek thinte reng reng chuan an châkna rawn thawk chu an dang zo lo fo thin; hei hi a chhan chu an châkna dang thei tura an thiltitheihate chu ei leh in tha lo an chin than a lo nghet chhoh dân ang zela an tihkiam thin van a ni.⁷

Thingpui leh Coffee-te Hi A Tizualkai An Ni—Inchhungah insûm theih lohna inñan tawh avangin chaw pai thawihna khâwl a lo chak lova, chaw pângngai tui tih lohna a lo awm thuai thin. Chutah awm dân hriseh lo tak a lo awm a, mi tizauthau thei chaw ei châkna nasa tak a lo chhuak ta a ni. Thingpui leh coffee te hian hna an thawk thuai a. Heng tûr hnathawhte hian hriatna thazam an chaw tho va; a châng pheh chuan hun rei lo tê atân rilru leh ngaihtuahna pawh tifim sawt angin a lang thin. Hetianga mitizauthau thei thil hian rah duhawm tak chhuaha a lan avang hian tam takin mamawh riauvan an inhria a; mahse hei hian nghawng a nei zel a ni. Hriatna thazâm chuan nakin atâna a chakna khawlkhawm tur chu an lo hmang pûk mai a ni a, tun thil maia min tiharh nia kan hriatna hi nguina a zui nghal vat ang. Thingpui leh coffee in avanga harh huaia inhriatna lo awm vat thin hi hriatna thazam tizauthau vang leka lo awm a ni tih fiah a ni a, taksa khâwl tân a la pawh zâwk ang.⁸

Vaihlo—Tûr Hmuh Theih—Vaihlo hmanna hi zû aia pawha hriatna thazam khawih nasatu a ni a. Zu no aiin sala a man tawhte chu a phuar nghet zâwk baw; chu chu sim a harsa zâwk tihna a ni. Vaihlo hian taksa leh rilru hi tam takah chuan zû aiin a tichhe nasa zâwk a; hei hi a chhan chu tûr a ni tih min an hriat loh vang a ni.⁹

Vaihlo hian thluak a khawih a, hriatna a tichawlawl a, chuvangin rilru chuan thlarau lam thil, a bikin hetiang thila intlakralna siam thâtna lam pheh chu a hrethiam thei lo thin. Kawng hrang hranga vaihlo hmangtute hi Pathian hma-ah chuan dem an kai a ni. Hetiang thil tenawm tichung hian Ama ta, an taksa leh rilru hmangin Pathian an chawimawi thei lo.¹⁰

Vaihlo hian thluak a tichak lova, thil hriat theihna chak tak chu a tizeng baw a. A hmang thinte chuan thil thawk na tak in an châk a, chu chuan zu in naah a hruai lût fo baw.¹¹

Mi Tizauthau Thei Thil leh Damdawi Ruih Theih Hnathawh—Mi tizauthau thei (*zu, beer*) leh ruihtheih thil (*narcotic*) hna thawh chu taksa chakna tihchhiat a ni ber a, taksa hna a thawh chuan rilru lamah pawh a thawk lo thei lo. Heng mi tizauthau thei zu, beer etc. te hian taksa tichak thutin rilru pawh a tiphur thut thei a, mahse chu phurna chu a lo reh chuan rilru leh taksa chu a hma aiin a lo chhe zâwk thin. Zu tha lo leh vaihlo-te hi kan hnam tân ânchhe râpthlâk tak an ni tih fiah a ni tawh a; taksa leh rilru an tichhe ringawt lova, mihringa chhia leh tha hriatna awmte pawh an tichhia a ni. Chhia leh tha hriatna thuneihna dahsawn a nih pheh chuan ransa mizia a lo lang thin. Heng tûrte hi kan hman nasat poh leh ka mizia chu a khaw lo dân tihna a ni.¹²

Naupangte Chu Hetiang Thil Tha Lo Haw Tur Hian Zirtir Rawh U.—In fate chu hetiang eitur mi tizauthau theite hi ten turin zirtir ula. Mi eng zâtin nge hre lova hetiang châkna hi chawm puitling ang le?¹³

Pathian chuan nu leh pate chu ei leh in, a bikin mi tizauthau thei leh damdawi tha lo châkna ûm lo tura zirtîr turin a ko mêk a. Kristian nu leh pate chaw ei dawhkana an chaw chhawpah chuan bawhlo tam lutuk leh hmuihmer dip lam chi a tel tur a ni lo. An pumpui chu hmang sual lova vawn that a nih theih dân tur zir rawh se.¹⁴

Tun ang hun hmanhmawh tawhah hian chaw min tizauthau lo chi chu a tha zâwk a ni zel mai. Kawng engkima insûm leh ei leh in châkna anga awm loh hi kawng him awm chhun chu a ni.¹⁵

Nu leh Pate Hnena Chona.—Nu leh pate chuan an fate chu ei leh in âtchilhna leh châkna sâng tak an neihtir thei a. Chu chuan heng naupangte hi khauh taka insûm tur leh thil thianghlim leh zahawm ching thang tura zirtîr leh hrual a tiharsa em em mai a ni. Naupangin an nu leh pate tihdan entawna chaw hrisel lo leh damdawi ruih theih leh mi zauthau thei thil châkna an neih vaih chuan nu leh pate chungah chuan an fate hnena an hnutchhiah châkna tha lo tak mai do lêt turin mawhphurhna urhsun tak mai leh rapthlâk tak mai nghah a ni. Nu leh pate chuan rinna leh beiseina nena an fanau vanduai tak maite chungah an mawhphurhna taima tak leh thahnemngai taka an thawh a va tûl dâwn êm!¹⁶

Kan Ei leh In Châk Zawngte Tih Hmasawn Tur A Ni.—Nu leh pate chuan nunna dân leh hriselna dân hriat thiam chu an hna hmasa berah nei sela, tin, an eitur buatsaihna aţangin emaw an thil chin than hmangin emaw an fate rilru hrui sual thei tur thil engmah ti suh se. Nute hian chaw tlâwm tak leh mâwl tak, hrisel tak, chaw pai tawihna khâwl hnathawhin a chhiat phah loh tur, hriatna thazâmin a buai phah loh tur siam dân an zir a va tûl êm! An fate hmaa an eitur chhawp chuan an zirtîrna thu chu chaw chhe miah suh se. An eitur siam chuan chaw pai tawihna khâwl chu a tichak emaw, a tichhia emaw a ni thin a, Pathian thisena lei bungrua naupangte rilru hriselna leh taksa hriselna pawh thûi tak chu a thunun phâk a ni.¹⁷

Nu leh pate chungah hian an fate rilru leh tisa vêng him tura rinna urhsun tak nghah a ni a. Chutiang taka an vên that chuan an nghing mai mai lo va, an thlarau dinhmun pawh a hlauhawm lo a ni.¹⁸

Kan laizâwnte hian dawhkana chaw tha leh hrisel chaw chhawpin mite chhandamna hna ropui tak an thawk thei a ni. An hun hlu tak chu an fate ei leh in duhzawng leh châk zawng zirtîr nân leh kawng engkima insûmna an lo neih theih nâna kaihhruaina hunah an hmang thei a, mahni inphat a, midangte tâna malsawmna ni turin an fuih thei baw.¹⁹

Nu leh Pa Inthlahdahin Mawh An Phur.—Nu leh pa tam tak chuan an fate chu mahni inphatna nun nei tura zirtîr peih lovin an hêl a, an duh duh eia inin an awmtir mai mai thin. Châk zawng apiang ei duhna te, rilruin a thlêk lam apiang tihhlawhtlin tumnate hi kum upat avanga tâwp mai chi a ni lo; heng thalai inthlahdahho hi an lo upat chhoh zel rual hian rilru so butin a thunun a, ei leh in châkna bawihah an tâng thin. Vantlâng zinga khawsain mihring nun an han tem ve a, thlêmna do zo turin chakna reng an lo nei lo. Chûng mi, vaihhlo heh, zu ruih hmang leh ei leh in âtchilh mite nunah chuan zirtîrna dik loh rahte chu ka hmu thei a ni.

Insûm theih lohna sual rapthlâk tak mai avanga Kristian nu leh paho lungchhe taka tap kan hmuh hian rilru-ah zawhna a lo lang thin. Chungte chu - Thalaite chu tute nge zirtîr? Anmahnia châkna thunun theih loh awm hi tu chawmlen nge? He leia mi ţangkai tak ni thei tur leh khawvel lo la awm turah pawh vana vantirhkohte zinga awm tlâk ni thei tura an nungchang siamtu mawhphurhna urhsun tak mai chang a, ngaihtah leh si chu tute nge ni? tihte hi an ni.²⁰

Hna Tak Tak Chu In Chungah Inţan A Ni.—In chhûng hi hna tak tak inţanna tur chu a ni. Phurrit zinga a rit ber chu thalaite zirtîrnaa mawhphurhna nei, an nungchang siamtute chungah hian a inngat a. Hetah hian nute tâna hnathawh tur, mahni fate thil tha tih chin hlentir tur leh eitur tha chawh ei thin tur te, mize tha fei tak an neih nâna ţanpuina hnathawh turte a awm a ni. Mi hrui mai mai theiha awm lo tur te, thil tha lo inhnehtir mai mai lo tur te leh a tha lama midang hneh zâwk tur te, an thian kawmte chawimawia dawm kang tur ten zirtîr rawh u.

Pathian an zawm tlat chuan thlêmna chak ber pawh do thei turin chakna an nei ang tihte zirtîr baw k ang che u.²¹

Insumna Hi Fiamthuna Chi A Ni Lo.—Mi tam tak chuan insûm theihnate hi fiamthu nân an hmang thin. Engnge an ei a, an in thin tih ang thil tê tham lutuk hi LALPAN engahmah A ngâi tham lo an ti a. Mahse LALPA chuan heng thil hi engahmah ngâi lo nise Manoa nupui hnenah khanrawn inlârin kaihhruaina chipchiar tak, a zawm ngei ngei tur kha A rawn pe hauh lo vang. Hei hian heng thil hi a ngai pawimawh tih a entir chiang viau lo maw?²²

Siamthatna Chu Nu Berah A Ințan.—Bible-ah hian a hring nuna a thil chin țhante vawn him nâna nu ber fimkhurna turte ziahlan a ni.²³

Siam thatna chu fâ a hrin hmain nu berah țan hmasak tur a ni; Pathian kaihhruaina chu rinawm taka zawm a nih chuan insûm theih lohna hi a awm lo vang.²⁴

Nu thiltih dân ringawt ni lovin naupang zirtîrna pawh vantirhkohin Hebrai nute a zirtîrna-ah chuan a tel a. Israel-te chhanchhuaktu tur Samsona chuan pian leh murna chhuanawm tak a neih ringawt kha a tâwk lo; hei hi chu fimkhur taka inzirtîrnain a zui ngei ngei tur a ni a. Chutiang tak chuan a sên lâi ațang rengin insûm theihna nun nei tura zirtîr tur a ni.

Hebrai naupangte kaihhruaina dân khan naupang taksa țhanna lam nghawng thei thil reng reng chu kan ngaihtah tur a ni lo tih min zirtîr a. Engmah hi pawimawh lo a awm lo. Taksa hriselna khawih thei thil reng reng hi chuan rilru leh nungchangah hnuhma a nei zel thin.²⁵

Puaklai an nih ațangin insûmna leh mahni inthununna hi zirtîr tur a ni. He phurrit hi nu chungah a inngat deuh ber a. Chutah chuan pa berin țanpui sela, hlawhtling takin a kalpui zel thei ang.²⁶

Meilum Aina leh Sikulahte Chu Zirlai Chu Chhunzawm Zel Rawh U.—Thil lo chin țhan reng tawh bansan hmak hi thil harsa ber a ni. Insûm theih lohna thlarau sual hi hneh a awlsam lo asin. A chak si a, hneh mai mai theih a ni lo. Mahse nu leh pate chuan insûm theih lohna do beihpui chu an meilum aina-ah te, an chhûngkuaah te leh nausên an nih lâi ațanga an faten zawm se tia thil an zirtîrna ațangten țan sela, tichuan hlawhtlin an inbeisei thei ang. Nute u, in fate nungchang din a, siam țha a, kaihruai a, ei leh ina insûmna nun nghet chu khauh taka zawm tura zirtîr nân Pathianin hun A pe che u a. Chu hun hlu tak mai chu a nihna ang taka in hman ral chuan a la rul leh em em dâwn che u a ni.²⁷

Hemi chungchanga inzirtîrna hi sikul leh in chhûngah pêk vek tur a ni. Tleirawl leh naupangte hian zû, vaihlo leh an anpui tûr pai chi, taksa tichhia a, rilru tibuai a, tisa châkna kaitho theiho nghawng that lohziate hi hre vek sela. Hetiang tih ching reng reng chuan taksa, rilru leh pianpui thiamnate hi a nihna tur ang tak takin an nei rei thei lo tihte pawh chiang taka lantir tur a ni.²⁸

Tlêmte Bawchhiat Pawh A Pawi Tih Entir Tur.—Sual chu a ințan tîr ațanga vên ngun tur a ni. țhalaite kaihhruaina-ah chuan kawng dik ațanga pawi tham awm lo taka han pen hlek pawh a pawi theihzia hi hrilhfiah ni sela. țhalaite rilru chu bawih ni lovin bawih neitu tur zâwk an ni tia hneh ni baw k rawh se. An thinlung lalram awptu atân Pathianin A ruat a, chu lal dînhmun chu a takin an hmang tur a ni. țhalaite hnena chutiang zirtîrna chu rinawm taka pêk a nih chuan a nghawng chu anmahni țhalaite tân chauh ani lo vang. Mi a hneh theihna chuan boral mai tur mi sâng tam tak thleng phâkin a chhandam dâwn a ni.²⁹

Thlêmna Do Thei Turin Nungchang Nghet Tak Siam Rawh U.—Insûm theih lohna sual lo pung zel hneh tur hian dikna lamțang chung a mimalin beih a țul khawp mai. Aw, ram chhûnga nu leh pa zawng zawngte thinlung titui a, tialh thei țawngkam hi han hmu chhuak tehreng ila aw!³⁰

Nu leh pate hian an fate nun hlimna tur leh hriselna tur lungphûm chu an phûm thei a. Thlêmna do thei khawpa nungchang nghet nei sa leh hlawhtling taka mihring nun harsatnate hneh thei tura chakna leh huaisenna nei sain an in ațang chuan an tir chhuak a thei a. Tin, an

nun chu Pathian chawimawina leh khawvel tân malsawmna ni tura an chaknate chu siam tha turin an chawkpur thei bawk. Chu bâkah an kalna kawngte chu chung lama mi ropuina turin a hrehawm lâi leh nawm lâi pawha an zawh ata an siam ngilsak thei a ni.³¹

Pathian chuan ei leh in leh incheina-ah te insûm theihna thupui zau takah hian ding nghet tlat turin min ko a ni. Nu leh pate u, Pathianin mawphurhna A pêk che u hi in hre thar leh dâwn em le? Hriselna siam thatna thu bul hi zir ngun ula, in fate chu mahni inphatna hi himna kawng awm chhun a ni tih zirtîr rawh u.³²

1. Temperance, p. 234.
2. Christian Temperance and Bible Hygiene, p. 21
3. *Ibid.*, p. 37.
4. Temperance, pp. 214, 215.
5. Review and Herald, Sept. 23, 1884.
6. Education, pp. 202, 203.
7. Testimonies for the Church, vol. 3, p. 563.
8. Christian Temperance and Bible Hygiene, p. 31.
9. Testimonies for the Church, vol. 3, p. 562.
10. Counsels on Health, p. 81.
11. Christian Temperance and Bible Hygiene, p. 17.
12. Signs of the Times, Sept. 13, 1910.
13. Christian Temperance and Bible Hygiene, p. 17.
14. Review and Herald, June 27, 1899.
15. Testimonies for the Church, vol. 3, p. 561.
16. *Ibid.*, pp. 567, 568.
17. *Ibid.*, p. 568.
18. *Ibid.*
19. *Ibid.*, p. 489.
20. Christian Temperance and Bible Hygiene, p. 76.
21. *Ibid.*, pp. 21, 22.
22. Temperance, pp. 233, 234.
23. *Tihdam Rawngbâwlina*, p. 361.
24. Signs of the Times, Sept. 13, 1910.
25. *Tihdam Rawngbâwlina*, pp. 379, 380.
26. Review and Herald, July 9, 1910.
27. Testimonies for the Church, vol. 3, p. 567.
28. Education, p. 202.
29. *Ibid.*, pp. 203, 204.
30. Pacific Health Journal, May, 1890.
31. *Tihdam Rawngbâwlina*, p. 340.
32. Manuscript 86, 1897.

THEN – XV *Silhfên Mâwi*

BUNG 65 MUMAL TAKA INCHEI MALSAWMNA

Thawmhnaw Inmil leh Inhmeh.—Thil dang ang bawkin incheina hmanh hian Pathian kan chawimawi thei. Kan silhfente chu nalhin hrisel se A ti a ni ringawt lo va, inchawih mâwiin inhmeh thlap se A duh a ni.¹

A nalh thei ang bera lan dân kan zawng tur a ni. Biakbûk rawngbawlnaah khân Pathian chuan A hmaa rawngbawl turte inchei dân tur chipchiar tak a sawi a. Chutiang tak chuan A rawngbawltute incheinaah duh dân bik A nei tih zirtîr kan ni. Arona silhfen kha entir nei a nih avangin a bik taka siam a ni a. Chutiang bawk chuan Krista zuitute incheina pawh entawn tlâk a ni tur a ni. Thil engkima A aiawhtu tur kan ni a. Kan landân chu kawng engkimah nalhin fel tlarh sela, tlâwm tak leh thianghlim tak ni bawk rawh se.²

Leilunga Thil Awmten An Lantir Chu.—Leilunga thil awmte (*pangpâr mâwi tak takte*) hmangin Krista chuan kan inchei dân tura A duhzawng, vanramin a ngaihhlut em em bawk heng thil, incheina tlâwm tak, thianghlim tak, inhmeh takte hi A entir a ni.³

Kan Inchei Danin Nungchang A Tilang.—Mi chu a incheina leh a inbel duh dân ațangin eng ang mi nge a nih a hriat theih mai a ni.⁴

An in chei duh dân ațang mi nungchang awm ang chu ngaih dân kan lo nei mai thin. Nu, Pathian țihmi inngaitlâwm tak chu tlâwm takin a inchei ang. Thil fel tak duh mi leh mi rilru changkang tak chu a incheina mâwl tak leh inhmeh tak chuan a tilang mai dâwn a ni. Hmeichhia, mâwl tak inchei, a mizia leh incheinaa lemchang ve hauh lo chuan hmeichhe diktak nihna chu rilru țhatna hi a ni tih a hriat thiamzia a entir a. Tlâwm taka inchei hi a duhawmin a va ngaihawm em! Phâizâwl pangpâr ang maia duhawm a ni.⁵

Kaihhruaina Thu Bul Chiang Taka Puan A Ni.—Kan mite chu LALPA hmâah chuan fimkhur tak leh invêng râna kal turin ka ngen a ni. Hriselna dân bul a rem chhâng chuan hnam inchei dân chu zui ve zel ve mai ula. Kan laizâwnte chu mi tam tak tihdân angin mâwl takin inchei sela, an silhfen chu țha tak, tlo tak, kan hun lâi mil ni bawk sela; chu bâkah incheina hian rilru luah khat hauh suh se. Kan laizâwnte chu mâwl takin an inchei tur a ni. Thawmhnaaw mâwihnâi, chapona lam lantir miah lo leh khûn takin inchei bawk sela. Khawvel hi chhâng lam incheina, Pathian khawngaihna silhfen entirna nung chu pe rawh se.⁶

Hnam Incheina Hrisel, Mawi, Remchâng Zui Ve Tur.—Kristiante chuan khawvel mite laka danglam taka incheiin mi mit lâk an tum kher tur a ni lo. Mahse an rilruah chuan tlâwm tak leh hrisel taka inchei an duh a, an duhna ang taka an kal vanga mi inchei anga inchei ve thei an nih lo pawhin khawvel mite an tumin an inchei dân chu thlâk kher suh se; an mahni anga khawvel mite an inchei lo a nih pawhin diknaa awm tura rilru huaisenna leh mahni ngaih dân mal din pui ngamna rilru chu an lantir tur a ni.

Khawvel miten incheina mawl tak, remchâng tak leh hriselna dân zawm țha tak, Bible kalhna nei lem lo an chin chhuah chuan khawvel mite inchei ang chuan inchei ve mai ila. Chu chuan Pathian nena kan inlaichinna emaw, khawvel nena kan inlaichinna emaw a tidanglam lo vang. Kristiante chuan Krista zui sela, an incheina chuan Pathian thu mil rawh se. A lutuk reng reng chu an pumpelth tur a ni. Sawisel a hlawh emaw fak a hlawh emaw lam ngaihtuah lovin kawng ngil tak chu zui mai sela; thil dik chu a dik avangin vuan tlat rawh se.⁷

A Lutuk Chu Pumpelth Tur.—Inchei dân thar âthlâk tak tak ûm tumin hun khawhral suh u. Nalh tak leh fel takin inchei ula, amarawhchu inchei lutuk avang emaw, inchei loh lutuk avang emawa mi sawi hat tling khawp erawh chu ni suh ang che u. Vante khian an thlir reng che u tih hre awm tak leh Pathian enthlâk mêk in ni tih inhria ni awm takin inchei rawh u.⁸

Inchei Fimkhurna Hi Chapona Nen Ngaih Pawlh Loh Tur.—Chapona leh incheina sawisel deuh reng mai pawh an awm a. Chung mite chu an inchei duhdah kher mai. Balh hi zahawmna emaw tiin an inchei mumal lo va, inchei duh dân bik pawh an nei lo. An thawmhnaawte chu enkawltu awm lo ang maiin a darh neih nuaih mai a ni. An silhfente chu a rimchhia a, chuti chung chuan heng mite hian chapona hi huain an do va. Chêt felna leh fainate hi chapona nena ang khat rengah an ngai a ni.⁹

Incheina lama mi pawlawh leh țawp tak ho titi duhzawng chu a sâng vak ngai lo va, an rilru pawh a thianghlim khât khawp mai. A châng pheih chuan danglam taka khawsakna leh țawp taka awm hnuang mai chu inngaitlâwmna niin an ngai bawk.¹⁰

Kristan Fimkhur Turin Min Ti.—Krista chuan miin incheina an âtchilh dân hi hmuin A zirtirte chu he lama ngaihtuahna hmang nasa lutuk lo turin thu A pe a ni; “Silhfen thu-ah engahnge in lungkham ni? Ram tuktinpâr țhanzia hi țha takin ngaihtuah rawh u; hna an thawk lo, la pawh an kai hek lo; nimahsela ka hrilh a che u, Solomona meuh pawh a ropuina zawng

zawnga a inthuum khan heng tuktipâr pakhat tluk pawh hian cheiin a awm lo.” A ti a (*Mat 6:28, 29*). Incheinaah chuan a bikin hmeichhiate hi an hautakin an hawisâng hma deuh a, chuvangin heng thupêkte pawh hian a kâwk deuh bik a ni. Krista duhawmna leh inngâihlâwmna nena tehkhin chuan heng rangkachak leh lunghlute hi chu sawitham an ni reng reng lo.¹¹

Pathian Mite Tâna Bible Zirtîrna.—Heng Bible chângte hi kawhmmuh ka ni. Vantirhkhoh chuan, “Pathian mite zirtîrtu tur an ni,” a ti a. “Chutiang bawkin hmeichheho pawh intlâhdah lo leh inbel lutuk lovin, thuam inchawih tâwkin inchei sela, sam phiarin emaw, rangkachakin emaw, tuikeplungin emaw, puan man tam tak taktein emaw inchei lovin; amaherawhchu (hmeichhia Pathian ngaihsak intite chu inphu tawkin) thil tihthatin inchei sela ka duh.” 1 Tim. 2:9, 10. “In incheina chu pawn lam incheina – sam phiar te, rangkachak thi awrh te, silhfena inthuum te chu ni lovin, thinlunga mihring thurûk chu, rilru thuhnuaui rawlh leh nunnêm, silhfen chhe thei lova inthuum ni zâwk rawh se, chu chu Pathian mithmuhin a hlu em em a ni. Chutiangin hmasânga hmeichhe. . . . awmin an inchei si a,” (*1 Pet. 3:3-5*).¹²

Mi tam tak chuan he thupêk hi ngaih pawimawh tlâk loh khawpa thu hluiah an ngâi a; mahse A zirtîrte hnena petu chuan kan hun laia incheina âtchilh hlauhawm dân hi a hriat avangin vaukhanna thu min rawn thawn a ni. Chu vaukhanna chu âwihin mifing kan ni dâwn em?¹³

Krista zui tumtu diktakte chu an thawmhnaw inbel tur chungchangah an fet hle ang a; LALPAN fiah taka a parh he thupêk (*1 Pet. 3:3-5*) hi zawm an tum hram hram ang.¹⁴

Inchei Atchilh Hlauhawmna.—Inchei âtchilhna hian mizia a tiderhawng a, hmeichheho phei chu Kristian nute nungchang, thuhnuaui rawlhna leh nunnêmna letling chiaah a nihtir thei a ni. Mi mitlâk tumna leh incheina hautak zet maite hian a neitu thinlungah tisa châkna a pe fo va, a lo thlirtu rilruah châkna bawhlhlawh tak mai a kaitho fo bawh. Pathian chuan nungchang chhiatna hi chapona leh lê lo taka incheinain a hmakhalh zat zat tih a hmu reng a. Silhfen to pui puite hian thil tha tih duhna rilru a tisak tlat tihte pawh a hmu reng a ni.¹⁵

Incheinaa Tlâwmna Nun Hriatpuitu.—Ka laizâwn la nula deuhthe hnena ka thurawn duh chu incheina tlâwm leh naran, chapona tel hauh lo inbel hi a ni. In khawsak dân leh incheina tlâwm tak tluka midangte hmuha êng in chhit theihna kawng dang reng reng a awm lo. Mi zawng zawng hmuhah chatuan thilte nena khaihkhinin he khawvela mihring nun hi chu engmah lo a ni tih in târ lang bawh.¹⁶

Tlâwmna Nun Hian Boralna Sang Tam Tak Lakah Min Vêng.—Ka laizâwn te u, sual anga lang hlek chu pumpelhlawh rawh u. In invên that loh chuan tunlâi hun hmanhmawh, hlemhlêtna a hluar êm êmna hunah hian in him hauh lo a nia. Dikna leh inngâihlâwmnate hi hmuh tur an vâng teh e. Krista zuitute in nih ang leh dinhmun zahawm tak luahtute in nih angin a man chhiarsen rual loh khawpa hlû inngâihthlawmna nun chu ngâihlu hle turin ka ngen che u a ni. Chu chuan a tizahawm ang che u.¹⁷

Incheina tlâwm tak, inngâihlâwmna nun nena inzawm tlat chu um ula, chu chuan tawng insûm theihna boruak nen nu la valai deuh chu a tuam ang a, boralna kawng sâng tam tak lakah a vêng ang.¹⁸

Ngaih dân Hlui Lutuk.—Incheina chungchanga thianglimna leh felna kawng zim zawh tura naupangte zirtîrna hi thil awm lo leh ngaihdân hlui lutuk nia ngaih a ni fo va. Hei hi Pathian chibai bûktu nia inchnal nu leh pate zingah pawh a tlânglawn viau mai a, mahse hetiang ngaih dân neitute hian sum ûmtute an ni tih an târ lang mai a ni. An thenawm khawvêngte an en rân a, an inchei dân leh an fate an chei dân pawh an lâwina kohhran *member* te khum tum rana tih a ni thin.¹⁹

Vanram Pawm Tlâk Incheina Awm Chhun Chu.—Naupang leh thalai zawng zawngte tâna incheina tlâk a awm a; chu chu mi thianghlimte felna a ni. Khawvel incheina ûmphâk tuma an beih nasat ang chiaha taima tak leh beidawng lova an beih chauhin Krista felna chuan thuam an ni ang a, an hming pawh Nunna Bu aţanga paih chhuah a ni lo vang. Nute leh naupangte hian hetiang a ţawngţai hi an mamawh hle mai: “Aw Pathian, keimahah hian thinslung thianghlim tak siam la; ka kawchhûngah hian thlarau dik tak siam thar leh ang che.” (*Sâm 51:10*) tiin. He thinslung thianghlimna leh thlarau duhawm takte hi tun leh chatuan thlengin rangkachak ai pawha hlu zâwk an ni. Thinslunga thianghlimte chauhin Pathian an hmu ang.

Nute u, in fate chu uluk tak leh hmaih awm miah lovin Krista felna an inthuam chauhin vanramah lâkluh an ni thei tih leh chu silhfen nen chuan he khawvela an mawhphurnate hi Pathian chawimawi nân chawl lovin an thawk thei tih zirtîr rawh u.²⁰

1. Education, p. 248.
2. Testimonies for the Church, vol. 6, p. 96.
3. *Tihdam Rawngbâwlna*, p. 275.
4. Review and Herald, January, 30, 1990.
5. Review and Herald, November 17, 1904.
6. Manuscript 167, 1897.
7. Testimonies for the Church, vol. 1. pp. 458, 459.
8. Manuscript 53, 1912.
9. Review and Herald, January, 23, 1900.
10. Review and Herald, January, 30, 1900.
11. Christian Temperance and Bible Hygiene, pp. 93, 94.
12. Testimonies for the Church, vol. 1, p. 189.
13. *Ibid.*, vol. p. 630.
14. Messages to Young People, p. pp. 345, 346.
15. Testimonies for the Church, vol. 4, p. 645.
16. *Ibid.*, vol. 3, p. 375.
17. *Ibid.*, vol. 2, p. 458.
18. Education, p. 248.
19. Signs of the Times, Sept. 10, 1894.
20. Christian Temperance and Bible Hygiene, p. 95.

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Zirna Pêng Pawimawh Tak Pakhat A Ni.—Inchei dân dik zirtîrna nei lo zirna chu zirna kim lo tak a ni. Chutianga incheina chungchang zirtîrna a tel loh avang chuan zirtîrna hna chu tihbahlah leh kalsualtir a ni fo mai. Incheina ngainat lutukna leh âtchilhate hi zirtîrtu hmêlma chak ber leh dodalna chak berte zinga mi an ni.¹

Inchei Dân Tur A Chiah Chiaha Pêk A Ni Lo.—Mi inchei dân tur zawng zawng chipchiar taka pêk ka ni lo.²

Fel Thak Se, Mit La Sela, Fai Bawk Rawh Se—Thalaite chu nalh tak leh mit la taka an lan theih nân incheina dân dik ching nghet turin zirtîr ula; an silhfen vawn fai dân leh thui nalh dânte zirtîr ni sela. An thil chin than reng reng chu midangte tâna malsawmna leh ţanpuina ni rawh se.³

Kan silhfen chu a hun leh a hmuna zira inhmeh leh nalh tak ni sela. Puan tha tak a nih loh pawhin a faian a thianghlim tur a ni.⁴

Thawmhnaw Duhzawng Tha leh Fel.—Kristiante chuan incheina uchuak leh intihveina lam chu pumpelh sela; an thawmhnaw hrim hrim erawh chu fel thak se, intih lârna lam tel lo, tlâwm tak, mumal tak leh inhmeh taka miin an inbel theih ni rawh se.⁵

Thil mawihnai hriatna dik chu hmuhsit emaw dem mai tur emaw a ni lo. A nih ang taka nunpui a nih phawt chuan kan rinna hian mâwl tak, fel taka inchei tur leh thahnemngai taka

hnathawk turin mi a hruai ang a, tichuan midanglam bik anga chhinchhiah kan ni ang. Mahse fel tak leh awmze nei thlapa inchei duhna kan hloh chuan thutak chu kan kalsan deuthhaw tihna a ni; thutak chuan mi tihnam lovin rilru a tisâng zâwk si a.⁶

Ka unaute u, in incheina khan Krista leh thutak thianghlim lam țang zâwngin emaw khawvel lam țang zâwngin emaw thu a sawi thei thei a. Khawi lam zâwk țanin nge in sawi le?⁷

Rawng leh Hmêl Duhzawng.—Silhfen rawng thlan dânah pawh kan duhzâwng chu lang sela. A remchan dân azirin inang tlâng se a duhawm hle ang. Hmêl lan dân pawh ngaihtuahtel tur a ni. Rawng lâ lutuk lo lam zawn ni sela. Milem kan dah a nih pawhin lian pui pui leh *hot* tak tak, a thlangtute chapona leh pâwnlânzia entirtute chu pumpelhi ni bawh sela. Rawng hi hrang hranga chei rân buai duhnate hi a ța lo a ni.⁸

A Tlo Tur leh Țangkai Tur Ngaihtuah Nise.—Kan silhfente chu a tlâwma a mâwl rualin a ța tur a ni a, a mâwi tur a ni a, a țangkai bawh tur a ni. Mi hmuha nalh tur lam aiin a tlo tur ngaihtuaha thlan ni sela. Khaw vâwh lâi a nih chuan min tilumin min vawng him rawh se. *Thufingte* Bua nu fîng kha chuan ‘a chhûngte vûr a hlauhsak lo va, a chhûngte zawng zawng chu puan sen lâ sinin an awm si a’ (*Thufingte 31:21*).⁹

Thawmhnaw Tlo Tur Lei Hi Inrenchemna A Ni.—Hmanraw ța tak leia, uluk taka siam hi a ța a. Inrenchemna a ni. Chei vul chûk kher pawh a ngâi lo; chutiang atâna insen so vak chu mahni lawmna atâna Pathian pêk tur sum leh pâi khawhralna a ni.¹⁰

LALPA Huana Mamawhnate Hre Reng Rawh U.—Nalh tak leh duhawm takin kan inchei tur a ni; mahse ka unaute u, in thawmhnaw tur leh in fate thawmhnaw tur in lei lâi khan LALPA *grape* huana hnathawh tur la tamzia hi ngaihtuah tel ang che u.¹¹

Khawvel mite chu thawmhnaw manah an inseng vak vak țin. Mahse LALPA chuan A mite chu khawvel mite lak ațanga inthiarfihlim a, a hranga awm turin A ko mêk a ni. Ni hnunngah kan awm mêk intite tân chuan thawmhnaw lêr leh man to pui pui neih hi a mâwi ve lo. . . .

Thawmhnaw tur in leiin inren thiam hle ang che u. In incheina khan in bul vela mite rilru kha a chhe lamin emaw a ța lamin emaw a hneh thei tih hre reng ula. Hmun danga an thil mamawh êm êm hmangin inthuam vak suh u. LALPA sum chu kan awh zâwng silhfen to tak tak lei nân hman miah loh tur a ni.¹²

Tlâwm Taka Incheina Hian A Silhfen Neitu Sakhua A Fak Mawi.—Silhfen mâwl tak hian a neitu nu landan chu a timawi hle a ni.¹³

Kristiante inchei dân tur awm tak, mâwl tak leh fel tak, nu hnathawk ța, Pathian anna nun neite inchei dân tur awm rengin inchei rawh u.¹⁴

Tam tak chuan incheina chhuak thar umphâk an tumna lamah incheina pângngai mâwl tak hi an duh khawp lo va, phuahchawp thilin a âikaih tlat mai a ni. Hun leh pawisa, finna rilru leh an tum sâng takte chu mi tam zâwk inchei dân ang tih ve tum nân an khawhral țin.¹⁵

Țhalai duhtakte u, mi vantlâng inchei dân anga in inchei ve ngawt a, rangkachak leh la țin mawi in inbel a, intihlâr nâna thil phuahchawp in inbelte hian midang hmuhah in sakhua leh in rinna tia in chhâl thutak chu a fakmawi lo kher mai. Hriat thiamna nei tawh phawt chuan pawn lam mawina in ûm dân chu in rilru hniamzia leh in thinlung chapozia fiah nân an hmang ang.¹⁶

Remchâng Lo Chunga Intihlar Tumna A Awm Tur A Ni Lo.—Mahni taksa cheimawi a, lukhum parha sava hmul târ chuai țin ținhalaithe chu an sualna avangin Chhandamtu chuan hling lukhum zahpuiawm tak A khum tih hi ka hrilh nawn a ni. Mahni silhfen chei mawi nâna hun hlu tak tak in khawhral lâi khan ropuina LALPA chuan țin loh kawr mâwl tak A inbel țin tih hre reng ang che u. Mahni taksa chei mawi nâna intihah ținthe chuan hrehawm tuarte leh tlachhamte tâna hrehawmna te, mahni inphatna leh inpêkna avanga Isua hah ținzia kha an rilru-ah an vawng reng tur a ni. Keimahni avang hian A Pa hnenah mittui nen ținpin A ținngțai nasa a. Chu chu tuna kan chen mêk chapona leh uanna leh nawmsip bawlina, Krista hmangaihna

min nawr bo saktu lak atanga min chhanchhuahna tur a ni. Chung mittui avang chuan kan Chhandamtu hmêl pawh lungngaihna leh mangannain mihring fate zawng zawng âi pawha hmêl mâwi lovah a siam a ni.¹⁷

A Cheimawina Tùl Lo.—In thawmhnaw chu tùl lovah chei chuaih lo ula, chumi aia in pawisa hum chu Pathian tân dah rawh u. Mahni inphatna nun neih zir ula, chu chu in fate zirtîr ve rawh u.¹⁸

Tanhmun Sawifiahna.—Mi hian *collar* (nghawnga puan bah chi---*muffler* ang deuh) bah tha ka tih leh tih loh hi min zâwt sek mai a. [Note: *Testimonies for the Church*, vol. 1, pp. 135, 136 en rawh.] Ka chhâna chu tha ka ti lo tih hi a ni reng. Thenkhat thung chuan *collar* chungchang ka sawina kha an lo kal thui pui lutuk a. Puan bah lam chi hrim hrim ka do emaw an tih phah baw. Hmuhtir ka nih dân ve thung chu *collar* man to pui pui, thil man to tak tak leh thil tùl miah lova chei mawi, Sabbath serhtuten an awrh thin, inchei nân leh intihlâr nâna an la awrh tâk reng hi a ni. *Collar* ka sawi hian a anpui thil dang, *ribbon* ang chite awrh reng reng loh tur ka tihna a ni lo.¹⁹

Hleihluak Tak leh Uchuak Taka Chei Mawi.—Kan rawngbawltute leh an nupuite hi narân (tlâwm)deuh taka incheina-ah entawn tlâk ni se; nalh tak, hmuh nuam tak, thawmhnaw tha takin inchei sela. Amarawhchu a to lutuk lo a nih pawhin hleihluak tak leh uchuak taka inchei parh lam chu pumpelh rawh se. Heng hian kan dinhmun a tichhe zâwk a ni. Thalaite hi mawl tak leh nalh taka inchei zirtîr ila. A man chu engmah tham lo pawh nise tùl lova cheimawina lam chu paih tur a ni.²⁰

Intihlârna Tur A Ni Lo.—Nungchang mawina diktak chuan intihlâr nâna inchei vak vak hi nuam a ti lo.²¹

Bible chuan thuam inchawih tawka inchei a zirtîr; “Chutiang bawkin hmeichheho pawh.... thuam inchawih tawkin inchei sela,” (1 Tim. 2:9) tiin. Hei hian intihlâr nân puan man tamin emaw tlereuh man to tak takin emaw inchei a khap a ni. Mi mit lâk tumna hmanrua reng reng leh mi ngaihsân zâwnga awm tumna reng reng chu Pathian thuin inchei dân tura a sawi thuam inchawih tâwk A tih zingah hian an tel ve lo.²²

Incheina thua mahni inphat hi Kristian tihturte zînga pakhat a ni. Mâwl taka inchei a, tlereuh leh thildang neuh neuh inbel lohte hi kan rinna nen pawh a inrem hle. Khawvel mite incheina hautak pui pui leh nawmsip bawl ngainatna âthlâkzia hmutute zîngah chhiar tel kan ni ve em le?²³

Incheina Chhe Thei Lo Hmêlma Rangkachak leh Lungflu.—Incheina chhe thei lo, he lei hring nuna kan vela mite hnena hlimna petu leh chatuan thleng pawha êng tur incheina tlereuh a awm a. Chu chu rilru inngaitlâwm leh thuhnua rawlh, Pathianin incheina man to ber, thlarau lam incheina inbel tura min ngen chu a ni. Pawn lam incheina, rangkachak leh lunghlute zawng lovin rangkachak thami âi pawha hlu zâwk finna neih tumin thahnemngai taka beih a ni ang.²⁴

Krista duhawmna nena tehkhin chuan rangkachak leh lungflu leh thil man to tak takte hi an va hlu lêm lo em! Leilung mawina hian dân fel tak neiin bung tinte chu a inrem fel thlap a; mahse thlarau lam mawina erawh chuan kan thlarau chu Isua anna-ah a hrui thung a. Hei hian thlarau lam mawina neitu chu rangkachak âia hlû, Ophir rangkachak âi pawha hlu zâwk daihah a siam a ni. Krista khawngaihna hi a diktak chuan a man chhiar sên loh incheina a ni a. Chumia incheite chu a chawimawiin a chawi sâng a, ropuina êngin midangte a chhun êng baw a. Malsawmna leh êng lo chhuahna hnâr Krista lamah a hip thin.²⁵

Mawina Diktakin Mi A Hip Theihzia.—Thil tak tak lam aia a lungkuai lam awn tlatna mi zawng zawnga awm hi leilung dân a ni. Hemi thlir reng chung hian nu leh pate chuan an fate an zirtîrna-ah mahni inphatna te, mawhphurhna te leh thutakte hmangaih turin zirtîr sela, tin,

mahni kea ding thei tur te, mi tam zawkin kawng dik lo thlang mah se kawng dik thlang tlat turten an zirtîr bawk tur a ni.

Thalaiten hrisel taka an taksa an vawn a, mize nelawm tak an neih chuan khawngaihna thianghlim nena an put dun theih hmelthatna diktak chu an nei ang. Chhûng lam nun mawina diktak an neih lohzia tihlanna zel a nih avangin thil phuahchawp chu inchei nân an mamawh tawh hek lo vang. Nungchang mâwi tak chu Pathian mithmuhah chuan hlu tak a ni. Chutiang hmelthatna chuan mite a hip a, a hruai sual ngai lo vang. Chutianga mi hip thei rawng mâwi chu a nghet a, a chuai ngai dâwn lo.²⁶

Isua sakhuaa thianghlim chuan a zuitute chu leilungin a ken hmelthatna tlâwm tak leh awm dân mâwi pângngai, thianghlimna sâng tak chu phuahchawp leh dawt thu ringawt aia nei turin a phût a ni.²⁷

Naupangte Chu Incheina Mâwi Tak Hre Tura Zirtîr.—In chhûng mawhphurhna-ah hian i rinawm ang u. In fate chuan thu âwihhain ro a rêl dâwn tih hre thiam sela. Incheina thu-ah pawh eng hi nge fel a, eng hi nge atthlâk tih thliar hrang thiam turin zirtîr rawh u. Silhfen tlâwm si, tha bawk siin thuam ang che u. Krista lo kal lehna atâna inbuatsaih mêk kan nih avangin entawn tlâk incheina inchawih mâwi tâwk, mi incheina tlânglâwn nena inang lo tak mai chu khawvel hmuhah kan târ lang tur a ni. Heng thil hi sawi ho ula, in tihurte pawh fîng takin ruahman rawh u; chutah in ruahmanna chu in chhûngkuaah hlen chhuak ula, in fate duhzawng leh ngaih dân ni lovin zirtîrna thu bul sâng zâwk kaihhruaina chu zui tum tlat ang che u.²⁸

Kan thinlung hi Krista thinlung nen a inzawm phawt chuan tû taksaah mah hian mite hip tur emaw, inhnialna chawk chhuaktur emaw thil dang dah a ni ngai lo vang.²⁹

Awmna Hmuna Zir leh Kum Phu Tâwk Zel Silhfen Neihsak Tur.—Ka laizawn duh tak, hmangaihna i fate chu i thinlungah phuar bet rawh. Thil engkimah ngaihven thain enkawl tha la. Thawmhna nalh lo deuh mai inbel hian inzahpui theih a nih avangin an lan tlâwm bik lutuk loh nân silhfen nalh takin thuam ang che. Kan awmna hmun leh kum phû tâwk ang zela zira nalh tak leh inhmeh taka inchei hi a tha a ni.³⁰

Taksa A Phuar Lutuk Tur A Ni Lo.—Kan silhfen inbel chu thâwl lam deuh, thisen kal tibuai lo tur leh thâwk dân pângngai tibuai thei lo chi ni sela. Ke bawr hi huh leh vâwt lakah vênhim ni bawk rawh se. Hetianga inthuam chung hi chuan zing dai tla karah emaw, vûr tlâk zawhah emaw, ruah sur banah emaw pawh hritlâng kâi hlau miah lovin pâwn thawvengah kan insawizawi thei ang.³¹

Naupangte Incheina.—Naupang incheina chu a lum that a, a hâk a nawm a, a him that bawk chuan an nawrhna chhan leh tlei lohna chhan tam tak zinga pakhat chu lâk bo a ni ang. Nautê chu a lo hrisel zâwk ang a, nu tân pawh hun leh tha tam tak sênga nau awm a tul tawh dâwn lo a ni.

Kawnggrên tâwt lutukte hian lung leh chuap hnathawh a tihbui avangin hrên tâwt lutuk loh ni se. Taksa bung khawi lâi mah hi chêt harsa khawpa hrên mar loh tur a ni. Naupang inthuamna pawh thâwl deuh lam, an thâwkna tibuai lo thei ang ber niin a uai rih lutuk loh nân an kokî-ah bahsak a tha ang.³²

Taksa Hmâwr Lamte Thuam Uluk Lehzual Tur.—Taksa hmâwr lam hi uluk lehzual ni sela, taksa lum lâi ber âwm bawr leh lung awmna lâi bawr vêt ang thova thuam that tur a ni. Mahni fate taksa hmâwr lam thuam tha lo chuan incheina leh an fate hriselna leh nunna an thleng tihna a ni ber. Heng taksa hmâwrte hi a dang ang bawka tihlum that an nih loh chuan thisen kalvel a inkhuang rual lo va. Hêng taksa hmâwr lam, taksa bung pawimawh lâi aţangin hla deuh ho hi thuam that an nih loh chuan thisen chu lu lamah a chho vak a, chu chuan lu nâ leh hnâr thi a thlen thei; chutianga a nih loh vêt pawhin lûngah thisen a tam lutuk avangin âwm bawr a tâwt a,

lungphu a tichak a; tin, pumpuiah thisen a tam lutuk thei bawk a, chaw pâi ÷awihna lamah harsatna a thlen thei bawk.

Nalh loh hlauh luat vangin nu tam tak chuan an fate chu kut leh ke lang deuh vekin an chei ÷hin a; tichuan thisen vâwt chu kawchhông lamah a kir leh a, thisen kal dân a tibuai a, natna a thlen ÷hin. Kan kutkete hi hmâi anga pho chhuah reng atân Siamtun A duang lo. LALPAN kan kut leh ke tân thisen kawng leh hriatna thazâm, mihring nunna luang kual vel dawng ve tho tur chu, taksa dang nen rual khâi taka lumna nei turin A siam a. Chuvangin taksa hmâwr lama thisen a kal ÷at theih nân kan thuan uluk tur a ni.

Setana chuan kut leh ke tilang thei incheina a hmu chhuak a, vâwtin thisen chu a lo kalna lamah a kirtir leh ÷hin. Nu leh pate chu incheina maichâmah kûnin an fate chu an thisenzâm leh hriatna thazâm tisâwng thei chiin an thuan a, Pathian remruat danin an thawk thei ta ÷hin lo a ni. Chutah kut leh kete chu a lo vâwt reng a. Chung nu leh pa, chhia leh ÷ha hriatna hmang lova tunlai inchei dân la zawktute chuan an fate hriselna an rûksak chungchângah Pathian hnen a÷angin zawhna chhan an la hmabâk a ni. Nunna meuh pawh hi incheina pathian hmâ-ah chuan hlan a ni fo mai zu nia!³³

Mipa leh Hmeichhe Silhfen Danglamna.—Hmeichhe zingah mipa nena an lan dân leh incheina danglam lo thei ang bera siam duhna boruak a lian sâwtin mipa ang chiaha inchei an uar hle mai, mahse hei hi Pathian ten zawng tak a ni; “Chutiang bawkin hmeichheho pawh.... thuan inchawih tawkin inchei sela,” (1 Tim 2:9).

Mipa leh hmeichhe incheina chu chiang takin a danglam tur ani tih hi Pathian remruatna a ni a, he thu hi kaihhruaina fel tak inpêkna ngei tur khawpa thil pawimawhah A dah a ni. A chhan chu mipa leh hmeichhe thawmhnaw inang hian mipa leh hmeichhia thliarhran a tiharsa a, dân bawhchhiatna a tipung bawk.³⁴

Biak Ina Incheina.—Tumahin intihlâr tumna silhfen nen Pathian biakbûk chu timualpho suh se.³⁵

Mi zawng zawng hi nalh tak, fai tak leh awmze nei taka inchei turin zirtîr vek ni sela, mahse biakbûk chhông nena inmil lo lutuk pâwn lam silhfen nena kal tur chuan zirtîr miah loh tur a ni. Silhfena intihlâr tumna hian Pathian zah lohna a kawh avangin chutiang chu a awm tur a ni lo. Chutiang chu a awm vaih chuan mi rilru chu mi incheinaah ringawt fûin ngaihtuahna chu a thil dangin a khat tlat tawh ÷hin. Pathian chu kan ngaihtuahna luahtu ber leh kan biak ber ni rawh se; inkhawmna thianghlim leh urhsun tak a÷anga rilru la pêngtu reng reng chu Pathian pawisawina a ni. *Ribbon* leh *bow-tie*, sava hmul leh kawr pawhchuar chuaih maite, rangkachak leh tangkaraw incheina angte hi milem biakna chi khat an ni a, inkhâwmna hmun thianghlima luhpuiah chuan a inhmei lo a ni.³⁶

Pathian Thua ‘khawvel ata a hrangin awm rawh u’ tih thupêk tihlawhtling tur hian ÷henkhat chuan silhfen lam chu ngaihthah viau turah an inngâi a. Kan unau hmeichhe ÷henkhat lahin thawmhnaw naran tak mai inbel chu khawvel mite lak intihhrannaah an ngâi a, chawlhkar tluana an thawmhnaw hâkte chu Sabbath niin Pathian be tura mithianghlimte kal khawmna hmunah an ha lût bawk a. Kristian nia inchhâl mipa ÷henkhat pawhin he ngaih dân hi an ÷awmpui a ni. Heng mite hi Sabbath ni chuan thawmhnaw ÷awp tak tak leh thler hniang hnuang, vaivur leh chirh kâi luai inbel chungin an inkhawm ve ÷hin.

Mahse heng mite hian khawvel mi lâ, an tlawn zawng deuhthe an hmuh dâwn erawh chuan an silhfen neih ÷at ber an inbel ÷hin si. Hei hi a chhan chu sam thur bem bum leh thawmhnaw chhe tak tak nena an hmuh vaih chuan heng mite hian ngainêp riauva inhriatna an nei dâwn a ni. Chutianga thawmhnaw ÷awp tak nena mahni mihring puite hmu ngam lo ho chuan Pathian be tura Sabbath nia inkhawmna-ah chuan thawmhnawin kori a tu lo an ti leh si a nih chu.³⁷

Incheina Hi Inhnial Buai Nân Hman Loh Tur.—Incheina hi sakhuana thupui berah hman a ÷ul lo. Thil dang pawimawh zâwk sawi tur a tam; Krista chanchin sawi rawh u; in thinlung a lo danglam hunah Pathian Thu kalhtu thil reng reng chu an tla fai vek mai ang.³⁸

In incheina kha Pathian mithmuha tihlutu che u a ni lo va. Chhûng lam incheina, khawngaihna Thlarau, ṭawngkam ngilnei leh midangte ṭhatna tur ngaihtuahna te hi Pathian ngaihhlut zawng an ni.³⁹

A Inrin Kêp Theih Loh. Entawn Tur Erawh Siam Nise.—An sakhuanaa incheina dah pawimawh tlat ho chu fuihpawrh suh u. Mi tinin Pathian Lehkha Thuin inchei dân tur mawl tak leh tlâwm tak a zirtîr hi zir sela. A thu zir chu rinawm taka zawmin khawvel mite leh ring tharte mithmuhah entawn tlâkin awm rawh se. Pathian chuan tumah hi midangte chhia leh ṭha hriatna ring turin A duh lo.

Isua hmangaihna leh tlâwmnate kha sawi ula, mahse unaute chu an lan dân leh incheinaa pawlawh tur chuan fuih reng reng tur a ni lo. Mahse he hna hi ṭhenkhat chuan nuam an tileh lutuk a; hetiang lam hawia rilru an put veleh a pawp bel phuitu emaw an inti tawh mai ṭhin. Tichuan rorelna thutthleng chung a ṭhu emaw intiin an unau an hmuh apiangte chu sawiselna tur an zawng a. Hei hi rilru tihzimna leh thlarau lam ṭhan tih ṭhutnate zinga thil tithei ber pakhat chu a ni. Chu rorelna ṭhutphah aṭang chuan Pathian dah an nih loh avangin A la pawt thla ang.⁴⁰

Rilru Hi A Dik Tur A Ni.—Kristian kan nih chuan kan duh ang lo zâwng kal a ṭul a nih pawhin Krista chu kan zui zel tur a ni. In thinlungah hetiang inchei duhdah hi in ngainat reng tho chuan chu chu ha suh, chu chu ha rawh intih kha a sawt lo; thingtuai chhawk ang chauh a ni; rei lo tê-ah a rawn chawr duah leh hluah mai ang. In rilru pângngai kha rei lo tê-ah a rawn lang chhuak leh dâwn a. Chuvangin in chhia leh ṭha hriatna kha hmang mai rawh u.⁴¹

Kohhran Pâwl Tam Takin An Thiltihtheihna An Hlohna.—Mihring chhia leh ṭha hriatna hi chuan Pathian Thu kaihhruaina chiang tak leh fiah tak hi a pumpelh dân emaw a dahsawn dân emaw a zawng ṭhin a. Chhuan tinah Krista zuitu nia inçhâl tam zâwk chuan he thupêk, mahni inphatna leh inngaihtlâwmna, ṭawngkam, nungchang leh silhfen tlâwm tak leh mâwi tak phûtu hi an ngaisâng lo va. A nghawng zel pawh a inang vek mai – chanchin ṭha zirtîrna pên bosanna chuan khawvel mite inchei dân, an thil tih dân te leh zirtîrna thubul pawmnaah a hruai vek a ni. Pathian ṭihna dik tak chu dân pângngai thil tih ve mai mainain a luahlan a. Khawvel hmangaihtute hnen aṭanga lâk bo tawh Pathian awmpuina leh thiltihtheihna chu inngâitlâwm taka Amah betu, Pathian Thu thianghlim zirtîrna awih duh rengtute hnenah hmuh a ni. He kawng hi chhuan indawt chho zelah pawh miin an zawh zel a. Kohhran pâwl hrang hrang rawn ding chhuak zelte pawh chuan an tlâwmna nun kha bansanin a tira an thiltihtheihna kha an hloh ta ṭeuh ṭhin a ni.⁴²

Pathian Thu Hi Intehna Tur A Ni.—Incheina lam thu-ah chuan Bible zirtîrna ang zela invên ṭhat hle tur a ni. Incheina hi pawn lam khawvel awptu pathiannu a ni a; kohhranah a rawn inrawlh thûk hle ṭhin. Kohhran chuan Pathian Thu chu inteh nân hmang sela, he thupui hi nu leh pate pawhin fing takin ngaihtuah rawh se. An faten khawvel inchei dân an hawi ṭan nia an hriat chuan Abrahamang khan hneh takin an in chhûng chu an awp tlat tur a ni. Khawvel nena inzawmtir lovin Pathian nen inzawmtir zâwk rawh se.⁴³

1. Education, p. 246.
2. Letter 19, 1897.
3. Testimonies for the Church, vol. 6, p. 170.
4. *Ibid.*, vol. 4, p. 642.
5. *Ṭhalaithe Hnêna Thuchah*, p. 278.
6. *Ibid.*, p. 353.
7. Review and Herald, November 17, 1904.
8. Health Reformer, Quoted in Healthful Living, p. 120.
9. *Tihdam Rawngbâwlina*, p. 274.
10. Counsels on Stewardship, p. 301.
11. *Ibid.*
12. Manuscript 24, 1904.

13. Review and Herald, November. 17, 1904.
14. Review and Herald, Dec. 6, 1881.
15. Health Reformer, April, 1872.
16. Testimonies for the Church, vol. 3, p. 376.
17. *Ibid.*, pp. 379, 380.
18. Counsels on Stewardship, pp. 301, 302.
19. Testimonies for the Church, vol. 1, pp. 135, 136.
20. Testimonies to Ministers and Gospel Workers, p. 180.
21. Christian Temperance and Bible Hygiene, p. 93.
22. Counsels to teachers, p. 302.
23. Testimonies for the Church, vol. 3, p. 366.
24. *Ibid.*, vol. 4, pp. 643, 644.
25. Review and Herald, Dec. 6, 1881.
26. Signs of the Times, Dec. 1875
27. Testimonies for the Church, vol. 3, p. 375.
28. Manuscript 45, 1911.
29. Testimonies to Ministers and Gospel Workers, p. 131.
30. Testimonies for the Church, vol. 4, p. 142.
31. Christian Temperance and Bible Hygiene, p pp. 89. 90.
32. *Tihdam Rawngbawlina*, p. 372.
33. Testimonies for the Church, vol. 2. pp. 531, 532.
34. *Ibid.*, vol. 1, pp. 457-460.
35. *Ibid.*, vol. 5, p. 499.
36. *Ibid.*
37. Review and Herald, January. 30, 1900.
38. Evangelism, p. 272.
39. Counsels on Stewardship, p. 301.
40. Historical Sketches of Seventh-day Adventist Foreign Missions; pp. 122, 123.
41. Review and Herald, May 10, 1892.
42. *Thalait Hnêna Thuchah*, p. 282.
43. Testimonies for the Church, vol. 5, p.499.

BUNG 67 INCHEINAIN MI A DAWI-ÂT THEIHZIA

Incheina Hi Awptu Nunrawng Tak A Ni.—Incheina hian khawvel hi a awp bet tlat a, a nunrawng viau lehngal; A hnena intulût tawhte chu hun leh hmun remchâng lo leh nuam lo takah pawh a tâna inpe turin a tilui tlat thîn. Chhan awm lovin mi a thing a, zahngaihna awm miah lovin a khawn lui bawk. Mi pual-ât theihna chak tak a nei a, a duh dân anga awm lote chu sawiselin a hmusit thei khawp mai.¹

Mi hausate chuan a thil tihdan chhuak thar zel chu midang khûm tum nân hman an tum a; mi awm thei deuh ho leh retheite chuan an chungam mite tih ang tihve tumin an bei nasa em em bawk a. An sum leh thain a tlin loh a, neih talh an tum tho phei chuan phurh zawh loh deuhthaw thleng hialin an hah phah thîn. Tam tak tân chuan an thawmhnaw chu nalh tak leh mâwi tak pawh la nise a thar a chhuah chuan engtihna mah an ni lo; hluhlawn emaw chei that emaw a ni mai.²

Incheina thar chhuak reng mai phena phusa ber leh che nasa ber Setana chu incheina dân naranah chuan a lungawi ngai lo va, nungchang leh taksa hriselna tichhe thei tur incheina thar duang chhuak turin a buai em em reng bawk; a hmanruate chu an hlawhtlin em avangin hnehtu a ni ber e. Incheina maichama amah chibaibûktute thahnemngaihna mitdel leh hriselna tichhe zâwnga âtna chuan a thuhnuaiyah awlsam taka mi tam tak a dah theih avangin thihna meuh pawh hlimin a nui a ni.³

Incheina chhuak thar âtchilhna hi rilru lam natna a ni a, nun thar neih tawh hnua chhawm zêl tlâk a ni lo. Chanchin thain titura min duhte zawm tur chuan incheina thlâk danglam daih a tul châng a tam ang.⁴

Mi Thenkhatin An Tawrh Dân.—Pathian Lehkha Thuin min zirtîr dân leh tunlai incheina chhuak thar zelin ti tura mi a chawhte hi an va han danglam kher em! Kum za tlêm kal ta emaw kum sawm bi tlêm tê kalta emaw chauh pawh kha han thlir kir teh u. Nu zahawm, Pathian ðihmi leh rinawm pângngai tâna mâwi lo tur tihchiang sa a va tam awm em! Nula rethei ve tê têtê pawhin intih engemaw vel nân khaw vâwt pawh pawisa zo lovin an kawrfual chu a hlangin an ha a, an nunna pawhin a tawrh phah reng a ni. Midang tam tak chuan nalh tak taka mi hausa inthehkual vel chu awtin mâwi leh mâwi lo pawh an sawi lo. Chhûngkaw tam takin an retheih phah a, pa tam tak phei chuan an nupuite leh an fate incheina hautak lutuk enkawl nân pawisa an eirûk phah a, a nih loh leh an tlâkchhiat phah hial a ni.⁵

Incheina Atchilhna Hian Chhandamna Dinmun A Tiderhawng Thei.—Chapona leh intihveinate chu hmun tinah hmuh tur a awm a; mahse mahni mawina hmuh tuma dârthlalang en ðinte hian hring nun dârthlalang lian Pathian dâna inen tumna rilru chu an nei hauh si lo. He inchei âtchilhna hian mihring nungchanga inngaihtlâwmna te, duhawmna te leh thuhnuai rawlhate hi a tichhe vek a. Pathian biakna tur hun ðha, thinlunga inngaihtuahna leh ðawngtâina nena Pathian Thu zirna hun ðha zawng zawng a eiral vek bawk. Kristian tumahin a thlarau chhandamna dinmun tiderhawng lovin mi tibeidawng thei khawvel incheinate hi a zawm thei lo.⁶

Mi Mitlâk Duhnain Chhûngkaw Dinmun A Tiderhawng.—Krista khawngaihna azârah nute hian hna ropui tak an thawk thei a ni. Hei hi hriain Setana chuan incheina thar hmuhchhuah tumin hna a thawk nasa a, mi mit lâk duhna rilruin tunlai Kristian inti nuho rilru leh thinlung a lâk pên a, an fate enkawlna leh zirtîrna hun emaw an rilru leh nungchang siamna hun emaw, an fate entawn tlâka thil ðha tih hman miah lo tura siam emaw chu a tum lian tak a ni. Setana chuan nu ber rilru leh hun a neihsak tawh chuan a hlawhtling hle tih a inhre chiang a. Thil awm dân hmun sawma hmun kua-ah chuan chhûngkaw pumpui rilru chu inchei tur leh ðul lova intheh lâr turin a neihsak thei a. Nu ber a man ngheh tawh chuan naupang ho chu bêl chhûnga sa-ah a ngâi hmiah mai a ni.⁷

Nu berin a Chhandamtu aia incheina a ngainat zâwk avangin naupangte pawhin an chhandamna aiin incheina chungchâng an hre tam zâwk bawk.⁸

Nu leh pate leh an fate chu mihring nuna thil dik ber, thlum ber leh ðha ber rûksak an ni ta. Incheina âtchilh vangin ram lo thleng tur atâna inbuatsaihna aţang chuan bum chhuah an awm ta a nih chu.⁹

Incheina Tuipui Fâwn Dân Ngam Loh Vang A Ni.—Nu tam tak rilru hahna chhan chu an hun laia incheina ûm phâk an tum vang a ni. Heng incheina chhuak tharin taksa, rilru leh nungchang hriselna a khawih pawî dân hi a râphtlâk asin. Thu dika ding nghet ngam lovin nuho chuan tunlaia ngaih dân tlânglâwn tak fâwn vel hi an inlen kualtir a. . . . Kristiana inti nuho chuan incheina pathiantu mi tam zâwkte tihdan zui an châk avangin zirtîrna thu bul chu an phatsan fo bawk. An chhia leh ðha hriatna chuan ðha a ti lo, mahse thil ðha lo dova ding ngam turin an huaisen tâwk lo a ni ber mai.¹⁰

Nu leh Pate U, Fimkhur Rawh U.—Nu leh pate hian an fate chu thawmhnaw man to, nalh tak taka chei mawi an hâktir a, an inhmehzia sawiin an fate chu an fak zui chiam ðhin. Hêng nu leh pa mâwl tak takte hian Setanan an thil tihdan a lo thlâwpzia leh âtthlâk takin an thil tih chu chhonzawm zel se tia a lo tur dân chu hmu thei se an mangang ngawt ang.¹¹

Nu Tam Tak Harsatna.—In fanute khan an incheina ni lo mi inchei dân chu hmu ngat se chu an awt ve hle ang. A nih loh pawhin mi neih ang duh lovin in rinna avanga pêk rêm chiah loha in ngaih incheina chhuak thar chu an duh tlat thei bawk a. He thil avang hian an nuizhat che u phalin chanchin ðha zirtîrna anga an mahni chu siam lovin nangmahni zâwk kha an duh duh dâna an thunun che u in phal em? Kan fate hi Pathian mit hmuhah chuan hlu tak an ni a.

Chuvangin Pathian Thu chu zirtîr ila, a kawngte chu i zawh pui ang u. Vanin a fak tlâk ni nun nei khawpa in fate zirtîr chu in zalênna a ni.

Kan fate chu khawvel incheina chhuak thar zui ve zel turin fuih lo ila; zirtîrna dik tak pêknaa kan rinawm phawt chuan hetiang hi chu an ti lo mai ang. . . . Khawvel incheina chhuak thar zel hi chuan hohna riau an nei a, chuvangin nghet taka dingin in do ngam tur a ni.¹²

Inthehlâr Châkna Rah Chu.—Incheina leh nawmsak duhna hian mi sang tam tak nun hlimna a tichhia a ni. Mi thenkhat, Pathian hmangaiha a thupêk zawm inti tam tak chuan tlin lo chung chungin heng mite hi a theihna apiangah an entawn a, chuti chung chuan Kristian hming chu an la chhawm ve reng si a ni. Thalai thenkhat inthehlâr châk lutuk lah chuan duhtâwka an inchei theih a, nuamsip an bawl theihna a nih dâwn phawt chuan lâwm takin an Kristian hming chu an bansan hnial miah lo thung.¹³

Nalh tum vanga hun tam tak inchei nâna khawhral thin chhôngkuate chu Isuan hla tak ațanga A hmuh theipui kung ang kha an ni. He theipui kung hi dikna hma-ah chuan duah ve hluah mai a; mahse Krista A lo kal hnaih a, a kung bul ațanga a ler thlenga a rah A han zawn chuan a hnah mai lo chu engmah A hmu ta lo. A rah ngei chauh duha kal A ni si.¹⁴

Pathian Fanute Lawmna A Ni Ve Lo.—He khawvel, mamawh tamna hmun leh harsatna hmunah hian inchei leh intihnalh tum vanga hun khawhral lo pawhin thawh tur t̄ul leh pawimawh tak tak a tam tâwk hle. Van Lal fanu, lal chhôngkaw zînga mite chuan vanram nen an inzawm reng theih nân leh khawvel Tlantu nen an thawh ho reng theih nâna nun sâng zâwk neih chu an mawhphurhna rit takah an dah a. He hnaa inhnahnawihthe reng reng chuan hun hnuhnunga hmeichheho rilru leh ngaihtuahna la bo vek thei incheina chhuak tharah hian lungawina an hmu ve lo vang. Pathian fanute an nih takzet chuan an nungchang a thianghlim ang a. Khawtlâng nun tibawlhhlawh thei boruak (incheina) an hmuh hian an Chhandamtu ang khan khawngaihna avanga chawh thawhin an awm zâwk dâwn a ni. Kristan Ama theih tâwk chin ațanga mihringte tân A thawk ang khan anni pawh hian Krista khawngaihna țawmpui chungin an mahni huam china an theih tâwk leh an remchan dân ang zelin thlarau boral mêkte chhandamna hna chu an thawk ang.¹⁵

1. Christian Temperance and Bible Hygiene, p. 85.
2. Education, p. 246.
3. Christian Temperance and Bible Hygiene, p. 85.
4. Testimonies for the Church, vol. 6, p. 96.
5. *Tihdam Rawngbâwlna*, p. 276.
6. Review and Herald, Mar. 31, 1891.
7. Manuscript 43, 1900.
8. Testimonies for the Church, vol. 4, p. 643.
9. *Tihdam Rawngbâwlna*, p. 277.
10. Review and Herald, November. 17, 1904.
11. Pacific Health Journal, January, 1890.
12. Manuscript 45, 1911.
13. Testimonies for the Church, vol. 3, p. 366.
14. Manuscript 67, 1903.
15. Testimonies for the Church, vol. 3, pp. 483, 484.

THEN - XVI

Rilrûa Thatna Vawnhim

BUNG 68

SUALNA CHIMAWM TAM ZIA

Sual Hleihluakna Hun.—Kan chenna khawvel hi a boral mêk a ni. Sualna chu a hleihluak tak em avangin mi tam tak hmangaihna chu a dai zo ta. Heta ‘tam tak’ a tih hi Krista zuitu intite sawina a ni. Pathian hawisanna leh bawhchhiatna tlânglâwn tak maite hian Krista zuitu intite

chu a nghawng ve a; a dik tak chuan hengte hian a nghawng ve kher tur a ni lo. He tlâkhniama lo awm chhan hi chu سوالنا laka an inthiar fihlim chian loh vang a ni. سوالنا a lo hleihluak tâk avanga Pathian an hmangaihna a dai a nih chuan a chhan chu a Chiang mai; anmahni pawh he bawhchhiatna-ah hian an tel ve tihna a ni; ni lo se chuan Pathian an hmangaihna leh hemi atana an thahnemngaihna hi a nghawng pha tur a ni lo.¹

Milem leh Lehkhabu Tha Lovin Mi A Hneh Dân.—Thalai tam tak chuan lehkhabu an ngaina hle a. An ban phâka awm apiang an chhiar mai a ni. *Love story* ngaihnaawm tak tak leh milem bawlhhlawhte hian a chhe zâwngin mi a hneh thei khawp mai. *Novel*-te hi tam takin an chhiar chawt zel mai a, chu chuan an suangtuahna a tibawlhhlawh hle a ni. Motor-ahte hian hmeichhe saruak thlalâkte hi an rawn zuar leh nawlh mai thin a. Heng milem tenawm tak takte hi thlalâkna dawrahte chuan an târ del dul lehngal a. Tun hun hi soal bawlhhlawhin hmun tinreng a fanna hun a ni ta. Kan thil chhiar leh mit hmuhte hian mit châkna leh rilrua châkna tha lote chu a kai tho va. Thinlung pawh suangtuahna tha lovin a tibawlhhlawh zo ta. Rilru chuan châkna tha lo tak leh hniam tak mai kaihto thei thil suangtuah chu a nuam tihzâwng a ni a. Heng suangtuahna tenawm taka milem bawlhhlawh pui pui lo lang thinte hian rilru a tibawlhhlawh a, dawî ât leh buma awm mihring chuan a inhlina hrui dul tak mai chu hurna rilru pua chhuah nân a phelh ta thin a. Chutah Pathian anpuia siam mihring chu سوالنا leh dân bawhchhiatna chuan ransa tluk lekah a hnûk hniam a, a tâwpah pheh chuan hremhmunah a pilpui hial thin.²

Hurna Hi A Bika سوالنا A Ni.—Ka hmâah hian khawvel awmdân râpthlâk tak mai chu lantirin a awm a. سوالنا chu hmun tinah a khat liam a ni. Hurna hi tun hunah hian a bika سوالنا a ni a. Hetiang reng reng hian سوالنا hian a سوالنا hi a la chapopui ngai lo. Mite chu dawî âtin an awm ni berin a lang a, thahna leh dikna duhtute meuh pawh سوالنا chu a chak em avang te, a lâr em avang leh a huangtau em avang chuan an beidawng lo chauh a ni.³

Rom 1:18-32 hi Krista lo kal vawihnihna hmâ lawka khawvel awmdân tur sawifiahna a ni tih hrilh ka ni bawk.⁴

Fiahna leh tawrhate ni lovin سوالنا hi Pathian hnen aţanga A mite tihrangtu leh Amah chawimawia hlimpui thei lo khawpa siamtu chu a ni. He سوالنا ngei hi thlarau tiboraltu chu a ni a. Sabbath serhtu chhûngkua-ahte hian an awm ve reng a ni.⁵

Setanan Thalaite A Bei.—He ni hnununga Setana hna bik pakhat chu thalaite rilru neihsak a, tichhiatsak a, an tisa châkna kaihthawh a ni. Hetianga a tih theih ngat chuan thil tenawm tak a tihtir thei dawn a, tichuan mihring rilru ropuina zawng zawng chu tihhniamin a awm ang a, a duh apiang titurin a thunun thei dawn tih a hre reng a ni.⁶

Vantlâng Nun Kal Zel Tur Lanna A Ni.—Tunlai thalaite hi nakina khawvel awm dân tur entirtu an ni a, anmahni kan hmuh dân hi nakina mi kan beisei dân tur pawh a ni. A tam zâwk hian intihlimna an ngaina a, hnathawh erawh an hreh hle si. Mahni inthunun theihna an tlachham a, thil hotê-ah an zauthau a, an thinur thuai bawk. Chhuan tinreng leh dinhmun hrang hranga ding mi tam tak chuan nunze nghet emaw chhia leh tha hriatna fim emaw pawh an nei lo; an awm awl si, pawisa an heh bawk si; سوالنا an um a, vantlâng nun an tibawlhhlawh a, kan khawvel hi Sodom pahnihna-ah an siam a ni ber. Ei leh in châkna leh tisa châknate hi chhia leh tha hriatna leh sakhuain thunun se zawng, vantlâng nun hi nasa takin a danglam ngei ang. Tuna kan dinhmun râpthlâk tak hi Pathian remruat dân ni lovin leilung dân bawhchhiatna avanga lo awm an ni zâwk.⁷

Mahni Inhman Khaw Lohna.—Mi fel awm tak takte pawhin mahni inhman khaw lohna soal leh a rahte hi an hre thiam lo. Miin rei tak an lo chin than tawh pheh chuan an hriatna mit a tidel a. He سوالنا soal râpthlâkzia hi an hre lo a ni.⁸

Naupangte leh thalaite pawh a hmei a pain rilru bawlhhlawhnaah an lût thûk tawh a, he سوالنا tenawm tak, thlarau leh taksa tichhe thei soal hi an ching fo mai. Kristian inti tam tak

mit chu he thil avang hian tihdelin a awm a, sual a nihna hre thiam turin an rilru kaihthawh zawh a ni lo; an sim thuai loh chuan a rah chiang tak chu tisa leh thlarau boralna a ni. Lei chung a thilsiam ropui ber, Pathian anpuia siam chu ransa tluk lekah a indah a. A intimualpho vin a inti bawlhhlawh a ni. Kristian tawh phawt chuan a châkna chu sôm sela, nun ze nghet takin thunun rawh se. Hetianga a tih loh chuan Kristian hming pu tlâk a ni lo.⁹

Chhông lam bawlhhlawhna hian sual dang aiin hnam dinhmun a hnûk hniam zâwk daih a. Râpthlâk khawpin he sualna hi a tlânglâwn a, natna a thlen sawi tur a tam hle bawh. Naupang tê lam, nausên thleng hian an pianpui serh bâwr zâ chu an han khawih hian rei lote chu a reh mai a, mahse chu chuan a hnu lawkah a tiza zual a, chu chuan a tihawntir leh a, an len thlenga uar chho zelin an ching hlen ta ðhin a ni.¹⁰

Hurna Rilru Hi Inhhun Theih A Ni.—Nu leh pate chuan he sualna hi an faten an hre thiam pha lo emaw an ti ðhin. Tam takah chuan nu leh pate zâwk chu a tisuatu an ni. An inneihna chu an hmanng khaw lo va, nawmchennain an ransa rilru chu an tizual bawh a. Chutianga a lo zual zel lâi chuan an rilru leh taksa hnathawh leh nungchang a lo rawih zel thung a. Thlarau lam thil chu ransa ziain a khuh bo vek mai a ni. Naupang lo piang chhuakte chuan an nu leh pate nungchang anna an neih avangin ransa rilru an âwn tlat mai a. Hetiang nu leh pate inkara piang naupangte chuan a rûka sual tenawm tak hi an chhawm deuh ngei ngei bawh. Anmahni nu leh pate ngeiin an sualna (hurna rilru) chu an fate-ah an nem kai avangin chu an sualna chuan an fate a la hliam dâwn a ni.¹¹

Sal Tâna Nuam.—Ransa tluk lek tisa châkna mi hneh theih zet maiin mi fîng awm tak tak leh mi naran chunglam hialte a thunun tlat mai ka hmuh hian ka rilru a na hle a ni. Tisa châkna bawlhhlawh tak hian salah man tlat lo se chu mi thiltitheih tak tak leh hna ðha tak tak thawk theih tur an ni. Hei hian mihring mihrinnaa rinna ka lo nghah ðhin pawh nasa takin tinghing zu nia!

Mi fel awm tak taka ngaihte pawhin hmun fâlah tumah khawih buai lovin ni tin deuhthawh he an puanhnuai sualna hi an ti ru reng a. He sualna râpthlâk tak mai hi khawmpui urhsun ber neih lâi pawhin an tiru reng tho. Rorelna chungchanga mi thusawi urhsun ber ber, Pathian rorelna hmâa ding ang hiala inngaihtirtu thusawite chu an ngaithla a, hlauvin an khur a; mahse dârkâr khat êm pawh a liam hman emaw chu tihaturah a rûka an thil chu chhonzawm leh an taksa chu an tibawlhhlawh ðhin. He sual râpthlâk tak mai salah hian an tân ngheh tawh em avangin an châkna thunun theih lo khawpa thiltitheihna nei lo angin an awm hial a ni. Thahnemngai takin an tân kan thawk a, kan enkawl a, kan ðawngtaisak a, kan ðap a; chutichung chuan thahnemngai taka kan beihna leh lungngaihna piah lamah he thil chin bawlhhlawh tak mai hian hnehna a chang a, heng sualnate hi tihzawm zel an la ni ta a nih hi.¹²

A Tuartuten He Sualna Hi An Thehdarh.—He thlarau leh tisa tichhe theih sualna ching nghet tawhte chuan a rûka an thil tihsual chu an ðhiantie tihtir ve an tum ðalh a, an hlawhtlin hmâ loh chu an chawl mang lo. Naupang dang chuan hriat chian an lo châk a, chutiang chuan chu sualna chu naupang zawng zawng deuhthawin an hriat vek thlengin an intihhmuh zel tawh mai a ni.¹³

Mi rilru bawlhhlawh pakhat lek pawhin dam chhônga mi tam tak paih bo theih tawh loh tur sualna chi chu a thehdarh theih a ni.¹⁴

1. Testimonies for the Church, vol. 2, p. 346.
2. *Ibid.*, p. 410.
3. *Ibid.*, p. 346.
4. Appeals to Mothers, p. 27.
5. Testimonies for the Church, vol. 2, pp. 390, 391.
6. Christian Temperance and Bible Hygiene, p. 136.
7. *Ibid.*, p. 45.
8. Testimonies for the Church, vol. 2, p.347.
9. *Ibid.*
10. *Ibid.*, pp. 391.
11. *Ibid.*
12. *Ibid.*, pp. 468, 469.

13. *Ibid.*, p. 392.
14. *Ibid.*, p. 403.

BUNG 69 THIL CHÎN ƧHA LOVIN A NGHAWNGTE

Taksa Chakna A Tikiam.—A rûka mahni inhrik thlâk chinna hian taksa chakna pawimawh a tichhe nasa a. Chutianga Ƨul miah lova inhmanna chu rilru nguina a zawm nghal zat ang. Ƨhalai zingah hian a pawimawh ber thluak hi naupang têt lâi aƧanga delh rih a ni a, chutah tha zawng zawng hmang zovin thahrui an tlâchham a, an taksa chu natna hrang hrang tuar thei dinhmunah a lo ding ta Ƨhin a ni.¹

Upat Hnua Natna Tur A Lo Buatsaih Lawk.—A rûka mahni inhrik thlâk hi kum sawm leh panga vel aƧang chin chhoh a nih chuan leilung kalphung pângngai chuan hman khawloh a nihna chu a duh lo tih a tilang ang a. A tawrh zel chuan a dân bawhchhetute chu kawng hrang hrangin a la rul lêt ang. A bikin kum sawmthum leh kum sawmli leh panga inkarah a lang nasa bik dân a ni. Heng taksa natna leh natna chi hrang hrang, thin leh chuap natna te, thazâm natna te, ruhseh te, zângruh natna te, kal natna te, leh pânchhiate hi an vei ang. Taksa khâwl pawimawh Ƨenkhat an chau va, chu chuan a dangte tân hna a tirip a, taksa khâwl rem taka inchuktuahte chu a tibuai a, a lo chhe thuai thuai a, a rah chu thihna a ni.²

Thupêk Parukna Hi Fimkhur Lo Taka Bawhchhiat A Ni.—Vawilekhatah mahni intihlum thut hi vanram hmuh danin thihna ngei ngei tura zawi zawia intihchhiat aiin a sual zâwk chuang lo. Mahni chhiatna tur ngei ngei thil Ƨha lo tilui tlat chuan leiah hian hremna a tuar ang a, a sim hneh hle loh chuan mahni intihlum thutte ang thovin vanramah lâhlul a ni bik lo vang. Kan thiltih leh a nghawngte hian inkungkaihna an nei zel a, chu chu Pathian duh dân a rêt a ni.³

Rilru Thianghlimte Pawhin Natna An Tuar Tho.—Ƨhalai hrisel lo zawng zawngte hi a rûka thilsual tih chingah kan puh vek hauh lo. Mi rilru thianghlim, chhia leh Ƨha hriatna hmang thiam tak tak, an thunun theih loh natna chi hrang hrang tuartu an awm ve thei tho.⁴

Rilru Chakna A Tichhia.—Nu leh pa inthlahdah leh naupang duat chite chuan an faten an zirlai chu harsa lutuka an sawi hian an lo khawngaih a, an hriselna pawhin tuar hialin an hria a ni. A dik, zirlai har lutuk leh tam lutuka naupangte rilru tikhah chu a finthlâk lem loh ve. Mahse, nu leh pate u, in fate thusawi âwiha pawm nghal mai lo khan he thu hi uluk zâwkin in ngaihtuah ngâi em? An nawmsam lohna chhan nia an sawite chu in ring hma lutuk Ƨhin a ni law'm ni kha? Pawnlânga a chhan an sawi âia thûk zâwk daih kha nu leh pate leh anmahni enkawltute chuan an thlir tur a ni.⁵

Heng naupangte rilru chakna hi thianghlim leh fel taka an awma an rilru chakna ang tur hmun thuma Ƨhena hmun khat pawh tluk zo lova tihchhiat an ni. Mahni inhrik thlâkna avangin an rilru chakna pawh an paih bo vek mai.⁶

Tumna Sâng Tak leh Thlarau Nun A Tichhia.—A rûka sualna hian sakhaw mi Ƨha tak ni tura tum ruhna te, Ƨhahnemngaihna te, leh duh thlanna chak takte a tichhia a ni. Kristian nih avanga kan thil pawm tur hriatna dik nei tawh phawt chuan Krista zuitute chuan A zirtîrte ang khan an tisa châkna te, an thahrui chakna te leh an rilrua chhia leh Ƨha hriatna zawng zawngte chu A duhzawng angin an awmtir vek tur a ni tih an hre vek a. Chuvangin mahni tisa châknain a thununho chu Krista zuitute an ni thei lo. An thil chin tenawm tak mai kalsan a, Krista rawngbawl thlang tur chuan an pû, sual ching chhuaktu rawngbawlin an buai lutuk a, an hman lo a ni.⁷

Sakhuana Chu Dân Pângngai Angin A kal Reng, Mahse A Ro A Ni.—Krista zuitu thenkhat chuan Pathian duh loh zawng an ti tih leh an hriselna an tichhia tih an hria a, mahse tisa châkna bawihah an tâng tlat si. Rilrua inthiam lohna an nei a, fianrial ÷awngtaina hmanga Pathian pâwl châkna an nei tlêm tial tial baw. Sakhua chu dân pângngai ang chuan an vawng ve reng a, mahse an thinlungah Pathian khawngaihna hmun a chang tlêm a ni. A rawngbawlnaah an thinlung an pe tak tak lova, an ring tak tak lo va, A Ropui nân an nung lo va, A thupêkah an lâwm lo va, Amahah hlimna reng reng an nei lo.⁸

Mahni In Thununna Bo Zo Hialin A Lang.—Thenkhat chuan a rûka an inhri thla ÷hin chu soal a ni tih an pawm ang a; mahse an tisa châkna an thunun zo lo a ni tiin chhuanlam an siam lui tlat ang. Hei hi Krista hming lamtute reng reng tân chuan soal nih inhriatna râpthlâk tak a ni. “Krista hming lam tute apiangin soal kalsal rawh se.” Eng vanga heti taka chak lo nge kan nih? Mihring rilru chhûnga ransa mize awm chu lalthuthleng a luah thlenga sawizawi leh tichhak chhoh zel anih vang a ni ber. Ahmei apa hian nunphung dik leh nghet chu an tlâchham a ni. An pianpui châkna soal chu rei tak an lo duat soal laklawh tawh avangin thlarau lamah chuan an boral mêk a, an mahni leh an mahni inthununna pawh a bo vek hialin a lang ÷hin. An pianpui سوالنا chuan ro a rêl a, tichuan a rorêtu tur zâwk chu tisa châkna bawlhhlawh tak mai chuan a awp bet tlat mai a ni. Thlarau dinhmun chu a hniam thei ang berah phuar beh a ni a. Tichuan tisa châkna chuan thianghlim duhna rilru a dawh zo va, thlarau nun hausakna a lo chuai ta ÷hin a ni.⁹

Vanram Nena Inzawmna A Tha Lo.—He سوالنا tenawm tak laka vên him loh mihring thinlungah chuan Van ațanga thuchah urhsun tak mai lo chhuak chu nem kai theih a ni lo. Dân pângngai lo taka tisa châkna hrik thlâk duh avanga inngaihtuah phurna bawlhhlawh tak mai chuan thluaka hriatna thazâm awmte chu an nihna tur dik tak a hlohtir a. Taksa bung hrang hrang zawmtu thluaka hriatna thazâmte chauh hi Vanramin mihring a rawn biak pawh theihna leh a nun chhûngril ber a rawn khawih theihna awm chhun chu a ni a. Tichuan hriatna thazâma *electric current* kal vel tibuaite apiang chuan a chaknate a tihhniamsak zel a, chu chuan rilrua thil hriat theihmate a tihlum ta ÷hin a ni. Hetiang thil tak tak ngaihtuah hian Pathian ngaihsak inti rawngbawltute leh mipuite chu he thlarau nun tibawlhhlawh thei سوالنا lak ațang hian inthiarfihlim a ÷ul takzet a ni.¹⁰

Thenkhat An Inchhir; Mahse An Inzahpui.—He thil chin dân tenawm tak maiin mi rilru a khawih dân hi a inang vek lo. Naupang thenkhat chu an rilru a sângin a nghet a, mahse an ÷hian kawmte ațangin he thil tha lo hi an lo ching ve a. Tichuan an thiltih ÷hin chuan a tingui a, hrehawm an ti a, an ngaimawh baw a; hetiang chung hian sakhuana thil an ngaihsak loh phah lo va, thlarau lamah an tlâkhniam phahna awm pawh an lantir lo. Inchhir avangin hrehawm an ti fo ang a, an inten hluah hluah ang a, an inzahpui hle baw ang.¹¹

Thlêmna Lakah Rilru Hi A Vên Theih.—Mihring rilruin a thil chin ÷han tawh a do hian nasa takin a chakna a hloh a. Suangtuahna tenawm tak chuan mitthla a thil hmuh a thunun a, thlêmna chu do zawh loh deuhthaw a lo ni ta ÷hin a ni. Mahse rilru chuan thil changkâng zâwk a ngaihtuah ÷han a, thil thianghlim leh bawlhhlawh kâi lo suangtuah tura zirtîr a nih erawh chuan thlêmna do thei tura hung tlat a ni ang. Suangtuahna chu van lam thil leh thil thianghlimah a cheng reng tawh ang a, thil tenawm leh bawlhhlawh a hip thei tawh lo vang.¹²

Hêng Thilah Hian Fing Rawh U.—Tisa châkna hrik thlâkna chuan mi tam tak chu thutak hmuhtir duh lovin a maimit chhintir ang; hei hi an thil chin dawlak tawh an sim duh si loh sualzia chu an hmu ang tih an hlauh vang a ni; an duh phawt chuan mi zawng zawngin an hmu dâwn si a. Enna aia thimna an thlan zâwk miao chuan an سوالنا chu a nêp hauh lo vang. Engati nge mite hian an taksa, rilru leh nungchang nghawng thei heng thil hi chhiara mifing an lo ni mai loh chu le? Pathianin A rawngbawl nân leh A ropui nâna tha taka enkawl tur leh vawn tur chênna tlâk taksa A pe che a. Chu i taksa chu i tâ a ni lo. “Pathian in in nih leh Pathian Thlarau

nangmahniah a awm reng tih in hre lo vem ni? Tupawhin Pathian in chu a tikhawloh chuan chu mi chu Pathianin a tikhawlo vang; Pathian in chu a thianghlim si a, chu in chu nangmahni in ni e.” (1 Kor 3:16, 17). “A nih leh, in taksa chu, in chhûnga awm Pathian hnen aţanga in hmuh Thlarau Thianghlim in a ni tih in hre lo em ni le? Mahni tâ pawh in ni lo va, mana lei in ni tawh asin, chuvangin in taksaah chuan Pathian chawimawi rawh u.” (1 Kor 6:19, 20).¹³

1. Appeals to Mothers, p. 28
2. *Ibid.*, p. 18.
3. *Ibid.*, p. 26
4. *Ibid.*, p. 23.
5. Testimonies for the Church, vol. 4, pp. 96, 97.
6. *Ibid.*, vol. 2, p. 361.
7. Appeals to Mothers, pp. 9, 10.
8. *Ibid.*, p. 25.
9. Testimonies for the Church, vol. 2, p. 348.
10. *Ibid.*, p. 347.
11. *Ibid.*, p. 392.
12. Christian Temperance and Bible Hygiene, p. 135.
13. Testimonies for the Church, vol. 2, pp. 352, 353.

BUNG 70 FIMKHURPUI TURTE LEH THURAWNTE

Chanchin Tam Tak Hailan A Ni.—Mi awmdan tam tak hmuhtir ka ni a, an nun chhungril ka han hmuh a, Pathian ngaihsak anna nun neia in chhâl, vanram chanchin sawi ve fo site thinlung tuiêk nasatzia ka hmuh chuan ka rilru hi a nâ a, ka ten bawk a. Tu nge ka rin tak ang? Tu nge bawhchhiatna lak ata fihlim? tih hi ka inzâwt fo thin.¹

Ka hmaa tunlai thudik ring inti chhûngkuate awm dân hailan a nih chuan mi râp hlawm ngei mai. Thalaite chu sawi loh naupangte chêt tlâkran dân chu awihawm loh khawp a ni. Nu leh pate lah chuan a rûka sualnain an faten Pathian anna an neih ve chhun a tihchhiat mêk dân leh a nuai bo mêk dân chu an hre si lo. An zingah chuan Sodom nun chu a awm reng mai si a. An fate chu Pathian hmangaih tur leh A thu âwih tura an zirtîr loh avangin nu leh pate mawhphurhna a ni. An khuahkhirh lo va, LALPA kawng chu taima takin an zirtîr hek lo. An duh duh hunan an luh an chhuah leh khawvel mite kawm an phalsak a. Hêng nu leh pate zirtîrna leh thuneihna eptu khawvel mite huhang hi khawtlâng nun tha taka an sawi zingah pawh thahnem tak hmuh tur an awm zel a. An incheina te, an hawiher leh an intihhlim duh dân boruakte chuan Krista chu an kalh chiang hle mai.

Kan himna awm chhun chu Pathian midanglam bik anga kan dinna chauh hi a ni. Tunlai khawvel boruak chhe tawh tak mai thiltih dân leh incheina lakah hian zung khat bawk lek pawhin kan tawlh tur a ni lo va. Rilru lama ding hrang thei, thil chin dân bawlhhlawh leh tenawm nena inzawmna nei miah lo kan ni tur a ni.²

Hriatna Nei Lote Tihên Theih An Ni.—Eng anga mi dinhmun sâng pawh nise tisa châkna hrik thlâk duh mi reng reng chu Kristian a ni thei lo. Krista bawihite an nih angin an hnathawh te, an Pathian biak dân te leh himna te chu an tha famkim tur a ni. Mi thenkhat chuan an thiltih that lohzia leh sualzia chu an hre lem lo va. Chutiang mite chuan hrilh vâr an mamawh a ni.³

Tawngtai Dam Beiseitu Mi Pakhat.—Vawikhat chu ka pasal nen kan inkhawm laiin ngâwr nâ mi pakhat khawngaih thlâk deuh mai hi kan tawng a. A dawl dangin a chêt kher mai. Pathian mite chu a tâna tawngtai turin a ngên a. A sawi danin an chhûngkuain an dam lo va, a fa naupang tê pawh a sùn a. A thusawi dân aţang pawh chuan a tuar hle tih a hriat theih a ni. Pi White-i te nupa hmuh a châk hle tih a sawi bawk a. An nin tawngtai se a dam mai a inring a ni. Inkhawm ban veleh chu pa chanchin chu kan unaute chuan min hrilh zawm zel a. An sawi danin a nupui a dam lo va, a fa a sùn leh a, kohhran pawhin a tanpui tawh a ni. A inah inkhawmin chu chhûngkaw khawngaih thlâk tak maite chu tawngtai saknate pawh an lo nei

tawh bawk. Kan chauh em avang leh inkhawmnaa kan rintang deuh avangin min lo hre thiam hrih se ka duh khawp mai a. Chu bâkah chumi chungchangah chuan LALPAN engemaw sawi phawt se, chumi hma chuan tumah tawngtaisak tawh hrih lo ila tiin rilru ka lo siam tawh reng reng bawk a.

Chumi zan chuan LALPA hmâ-ah thingthiin kan tawngtai a, chu pa chanchinte pawh chu kan chham tel nghe nghe a. A chungchânga Pathian ngaih dân hriat tumin kan dil bawk a. LALPAN he pa tâna kan tawngtaina hi a lo hria ang em? LALPA hnenah engkim kan ngat a, kan mu ta a ni. Chumi zan ka mumangah chuan chu pâ chanchin chu chiang deuh mai hian hriattirin ka awm ta a. A naupan lâi atanga a awm dân chu min han entir ta a, a thinlunga sualna a duh em avangin LALPAN atâna kan tawngtaina chu A ngaihla dân hlek lo a lo ni. Tichuan kan hruai hrang a, a mi ngenna kan tihhlawhtlin theih loh thu leh pawh kan tih thu chu kan hrih ta a. Mumang lama a awm dân ka hmuh thu ka hrih chu a dik tih a nemnghet a. A naupan lâi atangin a tisa châkna chu amah chauhin a lo hri thla thin a, chu chu nupui a neih hnu-ah pawh a sim lo; mahse sim a tum tih a sawi a. Rei tak a lo chin tawh sual hneh tur a nei a nih chu. Amah chu pa valai tak a la ni. A nunphung chu a ngheh loh avangin rei tak a lo chin dawklak tawh chu sim a tum pawhin a tlu leh thin a ni.

Heta hi mi pakhat, ni tin mahni intibawhlhawh chung Pathian hmaa kal ngam a awm a. Tenawm taka a tihchhiat a chakna chu tipung turin a tawngtai a, mahse a dil ang chu pêk nise a tisa châkna tihpuitlin nân a hmang leh ngei dân si. Pathian hi chu a va dawhthei em! Mihring hi a sualna ang zelin en se tu nge A mithmuhah ding thei ang? Fimkhur lo deuhin he pa chungchâng hi a thil chin tenawm tak a tih reng lâi hian Pathian hnenah thlen ila LALPAN min ngaihla ang em? Kan tawngtaina chu a chhâng ang em? “Nang bawhchhiatnaa lawmna nei lo Pathian i ni; i kiangah mi sual reng reng pawh an cheng lo vang a. Mi â te chu i hmâ-ah an ding hek lo vang; bawhchhiatna chingtute chu i haw si a.”

Hei hi chu tam tak zinga phat chauh a ni. A tleirawl lâi atanga a thil chin tenawm tak mai chu inneihna meuh pawhin a simtir thei lo a nih chu. He pa awm dân ang hi thil thleng khât tak nise ka tihlê a, mahse a ni teuh si lo; amah ang hi an tam em em zu nia!⁴

Mahni Intihlum Chu. – Pû _____ chu Krista zuitu tha tak nia ngaih a ni a. A hrisel lo khawp mai. Kan khawngaih hlawm hle nghe nghe a ni. A chungchâng hi inlarna-ah ka hmu a. Pathian duhsakin a awm lo tih a inhre lo va, bumin a awm a ni. Mihring tling lo deuhthaw a nih thlengin a inhmang sual a. He sualna hi Pathian mithmuhah a tenawm a ni tih hmuhtir ka ni. . . .

He thil hi a chinna a rei tawh bawka a inthunun thei lo deuhthaw a ni tawh e. A pianhmang ringawtah chuan pa fel tak, thilti thei ve tâwk tak a ni a. Mahse a taksa leh rilru chakna zawng zawng chu Setana hnuaiyah a awm a, a maichâmah hlanin a awm vek tawh a ni.

Hepa hi a kal thûi lutuk tawh a, Pathian pawhin A kalsan tawh a ang khawp mai. Ramhnuaiyah a kal a, he sualna hi a sim theih nân chaw ngheia tawngtain chhun leh zan a va hmang a, mahse a tihdan ngaiyah bawk a kir leh thin. Pathianin a tawngtaina chu a ngaihla lo. Aman a tih theih reng tihsak turin Pathian chu a dil thin a ni. Pathian hnenah thu a tiam fo va, mahse a intihchhiat thleng thaka Pathianin A kalsan thlengin thutiam chu a bawhchhe fo va, a tisa châkna-ah bawk chuan a tlu leh thin. A boral ta nghe nghe a. Mahni intihlum dik tak a ni. Vanram thianghlimna chu a han tibawhlhawh ngai dân lo a nih chu.⁵

Fanu Inthlahdah Hnena Ngenna.— [Note:Hei hi nula pakhat, a rûka mahni inhri thla thin hnena a bika a thawn a ni.] I rilru kha a bawhlhawh a ni. Hnathawk lovin i awmawl rei lutuk a ni ber. In chhûng chêt chu i malsawmna dawn theih ropui ber a ni. Suangtuahna tenawm tak leh awm dân tha lo taka i awm avanga i natna hmun sawma thena hmun khat pawh kha i tuar lo vang. Nula leh tlangvâl inkawm dânah hian ngaih dân dik lo deuh mai i nei a, tlangvâlho bula awm lah chu i rilrem zawng tak a ni lehngal. I rilru leh thinlung kha a thianghlim lo a ni. Nulâ leh tlangvâl hmangaihna thawnthu chhiarin i intichhia a, i rilru pawh suangtuahna bawhlhawhin a man ngheet tlat mai. I suangtuahna i thunun theih loh thlengin i mitthlaa i thil

hmuhte chu bawhhlawh hliir a ni. Setanan a duh duha a bawl turin a hruai mêk che a nih kha. . .

I nungchang pawh a thianghlim lova, a mâwi lo va, a duhawm bawh hek lo. Pathian i hlau bawh si lo. I remruatna tihlawhtling turin i inthup fo va, i chhia leh tha hriatna i pawngsual a ni ber mai. Ka nâu duhtak, i awmna hmunah khan i ding nghal anih loh chuan i hma lawkah chhiatna a awm asin. I thil suangtuah vak vak leh thil ni thei lo pui pui i hisap thin kha titâwp la. Ngaihtuahna bawhhlawh leh âthlâk tak tak kha bansan rawh.

Him takin tlangvâlho chu i kawp reng thei lo. Thlêmna tui lian chuan i awm bâwr a rawn chim a, nungchang nghehna te, hmeichhe zahawmna leh felna diktakte chu rawn kar phawng dawnin a lang hial mai. Tuna i tumruh dân leh luhlul dân anga i kal zel chuan engnge i chanchin zel tur ni ang? Tisa châkna maichamah i chatuan nun i hlan têt tawh avangin i dinhmun chu a hlauhawm hle a ni. Tisa châkna chuan i nun pumpui a thunun chho mêk a. Chu tisa châkna chu eng châkna nge? Châkna tha lo, chhiatna thlentü a ni. I tisa châkna chu i hneh loh vaih chuan i nu leh pate nun i tihrehawm ang a, i laizawnte rilru tinain i tizak ang a, i nungchang ngei pawh hlohin chatuan nunna leh vanram i chän dâwn a ni. Chumi ti tur chuan i inring tawh em ni?

I ngampa lutuk deuh. Tlangvâlthe chu i hâk hiam a, i titi tui ber an ni. “Thinlunga khat liam kâin a sawi thin.” I thil chin dawklak tawhte chu nangmah thunun turin an chak lutuk tawh a, chuvangin i thil tum leh châkzâwng tihlawhtling tura mi bum dânte pawh i thiam viau a ni. Hetia ka ziah avang hian i tân beisei a bo ka tihna a ni lo; nise chu hetiang hian ka ziah lo zâwk ang. Pathian chaknain i tunhma nun chu i siam tha thei a ni.

Tlangvâlho chu hnar hlawm teh. An bula i awm chuan thlêmna a chak lutuk tlat. Pasal neih lamte pheih chu i rilru atangin dah bo hmiah rawh. Pasal nei tlâk i la ni lo. Nu phurrit leh mawhphurhna hre thiam tur chuan kum engemaw zât inzir i la mamawh ang. I ngaihtuahna te, i tisa châkna te, i rilrute kha a tha lam zâwngin thunun la. Hengte hi hurna rawngbawl turin dahhniam suh ang che. Thianghlimna-ah chawi sâng la, Pathian hnenah hlan rawh.

Nula fimkhur, nula fel leh zahawm i la ni thei; mahse thahnemngai taka beihna tel loh chuan a theih loh. I invêng ang a, i tawngtai ang a, Pathian i bia ang a, i rilru sùkthlêk leh i thiltihte i en ngun ngei ngei bawh tur a ni. I thiltih leh suangtuahnate ngun takin zir chiang ang che. I pâ hmâah thil tenawm i tingam ang em? Teuh lo mai. Mahse i Pa vana mi, Mi zahawm zâwk leh thianghlim zâwk hmâah chuan i tingam lawi si. Ani, sualna nei lo vantirhkoh thianghlimte hmâah leh Krista hmâ-ah chuan i taksa chu i tibawhhlawh ngam a; chhia leh tha hriatna kalh zâwng leh vaikhanna leh thutak êng an pêk tawh che kalh zâwngin i tichhunzawm zêl ngam bawh a. Mahse hei hi theihngihl suh, i thiltih zawng zawng kha chhinchhiah vek a ni a. A rûk thei ang bera i thiltihte kha i la hmu leh vek dâwn. . . .

Mi tin chanchin ngaihtuahna ni-ah chuan heng thuziakte hi i la hmu leh dâwn tih ka hrilh lawk a che. Tawi khaw muang lovin Krista pan la, Amah chauh chu boralna ata khawngaihnaa chhandam theitu che a ni. Amah chauhin i rilru leh nungchang chu a tidam leh thei a. Chutah Pathian hmangaihna i lo nei thei a; i thil hriat thiamna a lo chiangin a lo puitling ang a, i chhia leh tha hriatna a chakin a lo êng ang a, a thiang bawh ang; tin, i duh thlanna tihthianghlim tawh leh fel tak chu Pathian Thlarau thununna hnuaiyah a awm bawh ang. I duh thlan ang angin i awm thei. Felna kawng i hawi dâwn a nih chuan sual kalsan la, thil tha tih zir rawh; tichuan i lo hlim zâwk ang a; hring nun indona-ah hian i hlawhtling ang a, hei aia nun tha zâwkah ropuina leh chawimawina nen i la ding dâwn a ni. “Vawinah hian tû rawng nge i bawl dâwn thlang rawh.”⁶

Nu leh Pate Mut Hlanin Setanan Hna A Thawk.—Hun hi a hmanhmawh ta. Naupang tê reuh tê tê, *nursery*-a nungchang mâwi la zir rual awm leka ngaihte pawh an rilru lâksak an intum tan der mai. Hetianga an inkawm fo hian enge a rah chhuah? An inkawmna hian thalaite thianghlimna a belhchhah em? Teuh lo mai. An tisa châkna hmasa chu a tipung a; an inkawm zawhah Setanan thalaite chu a dawî â a, tichuan thil tha lo titurin an inpe ta thin a ni.

Nu leh pate chuan an mutthilh tlat avangin an in chhûng ngeia Setanan hremhmun puanzar a zâr duai pawh chu an hre lo va. He hun bawhhlawh taka thalaite hian eng tak la tawng ang

maw? tih zir tura hruai ka ni a. Ka sawi nawn leh ang. Nu leh pate hi an muhil a ni. Thalaite chu hmangaihna an lung a kuai tlat a, an dik lohna siam tha turin thutak chuan thiltihtheihna a nei lo. Sualna tuifawn hi engtia tih tâwp tur nge ni ta ang? An duh phawt chuan nu leh pate hian an ti thei a ni.

Hmeichhe naupang tleirawl hre tan ve dêk dêk te ngampa taka a rualpui emaw, a aia upa deuh tlangvâl emawin a rawn rim ngam chuan rawn kal tawh lo tura hrilh turin zirtîr tur a ni. Mipa naupang emaw, tlangvâl hoin emaw hmeichhe tleirawl chu kawm an rawn tum fo chuan thil dik lo a awm tihna a ni a. Chu hmeichhe naupang chuan a dinhmun hrilh a, khuahkhirh a, a kum rualpui hmeichhe naupanga thil awmte hrilhtu tur nu a mamawh a ni.

Thurin bawlhhlawh lâk tak, hriselna lam ațanga thlirna niawm tak ‘hmeichhia leh mipate hi an awm ho tur a ni’ tih chuan a hna tenawm tak chu a thawk ta. Nu leh pate hian Setana finna tlêm tê chauh pawh hi hmu thei se chu hmeichhie leh mipa inkawmna hi a hlauhawm nêp deuh thei ang. Mahse Setana chu thalaite rilru bual ât a tumna-a chuan a hlawhtling ta viau mai a; hmeichhia leh mipa inkawmna chuan sualna chu a lêt sawmhnhin a tipung ta zâwk a ni.⁷

Kan Sawi Uar A Ni Lo.—He thil hi in hriatah ka sawi uar lutuk emaw tiin inbum suh u. Ka sawi uar lutuk lo a nia. Rorelna hmâa la fiah tur thudik ka sawi mai a ni. Harh teh u! Harh teh u. Thil dik lo kha a dik zâwka a lan hmâ leh mi tam tak boralnaa in fate an boral hmâ ngei hian ka ngen che u a ni. Chu hna urhsun tak chu thawk ula, a pui tur che uin in kawng êntu êng in hmuh theih apiang la ula, tuna in êng lâk khawm tanpuina khan Pathian rorelna hmâa ding mêk angin in nungchang leh nun dân chu ngun takin bih chiang nghal rawh u.⁸

Nu leh pate an harh hmâ loh chuan naupangte tân beiseina a awm lo.⁹

1. Testimonies for the Church, vol. 2, p.349.
2. *Ibid.*, vol. p.78.
3. Appeals to Mothers, p. 25.
4. Testimonies for the Church, vol. 2, pp. 349-351.
5. Appeals to Mothers, pp. 24-28.
6. Testimonies for the Church, vol. 2, pp. 559-565.
7. *Ibid.*, pp. 482, 483.
8. *Ibid.*, p. 401.
9. *Ibid.*, p. 406.

BUNG 71

NU LEH PATE VENHIMNA LEH TĀNPUINA

Nausên Lai Ațanga Mahni Inthun Zirtîr Tur.— Kan fate hi an nausên lâi ațanga mahni inthunun tur leh kan hnena duh thlanna pe tura zirtîr hi a va pawimawh em! A that lohzia hre lova thil chin tha lo an lo ching ve palh hlauh a nih pawhin an thil chin tha lovin taksa khâwl leh rilru a tihchhiat theih dante sawia an chhia leh tha hriatna leh an rilru hnehin siam that theih a la ni. Mi bawlhhlawh tu pawhin an hlauhna tireh an tum a, an thil tih tha lo tak mai chu chhonzawm zela tura an thlêm pawhin eng ang chhuanlam pawh hmang se hmêlma, Setana thawhpuitute an ni tih kan entir tur a ni.¹

An Rilru Vawng Thianghlimin, Vêng Uluk Rawh U.—Nute tân fate thil tih thin hriat loh lutuk hi sual a ni. An thianghlim a nih chuan vawng thianghlim reng ula. An rilru la naupang tak chu hung ula, he hriselna leh thlarau nun tichhe thei sualna ten tur hian buatsaih rawh u.²

Setana chuan thalaite rilru hi a thunun tlat a, chuangin a chhandam turin rinawm tak leh huaisen takin kan thawk tur a ni. Naupang tê tê pawhin he sual hi an ching a, an kum upat ang zela taksa leh rilru hnathawhna zawng zawng leh thlarau a tihbawlhhlawh thlengin an than len pui thin. An hriselnain a tawrh theihzia hi fimkhur taka hrilh chu nise he sualna lak ațang hian mi tak tak chu chhanchhuah theih an ni ang. An hriselnain a tuar nasa dâwn tih hi an hre hlawm lo a ni.

Nute u, thil chin ṭha lo deuh mai an zir loh nâna in fate vêng tur hian fimkhur lutuk a awm thei lo vang. Sual chu chin ṭhan a nih tawh hnua nuai reh leh aiin invên a awlsam zâwk daih a ni.³

Insawizawina Hian Invênna leh Inen Chianna A Hril.-- He سوالنا hi in faten an ching ve a nih chuan bum che u tumin dâwt an sawi fo ang tih a hlauhawm a ni. Mahse nute u, in ngâwi mai tur a ni lo va, in enthlithlaina pawh tâwp hek suh u. In lawm tâwk a tlin hma loh chu in chawlsan tur a ni lo. In hmangaihte hriselna leh an thlarau chu a boral mêk chuan he thil hi thil pawimawh berah a siam ta a ni. Chiang taka zawh chianna leh tumruh taka enthlâkna chuan eng ang pawhin thup tumin pumpelth tum che u mah se thudik tak chu a hailang tho tho ang. Tichuan nu ber chuan he thupui hi a nihna dik tak hrilh sela, mi a hnuh hniam dânte entir rawh se. He سوالنا hian mahni inzahpuina a thlen a, nungchang zahawmna a tichhia a, rilru leh taksa hriselna a tichhe bawk a; a bawlhhlawhna rimchhe tak hian Pathian hmangaihna dik tak leh thianghlina duhawm tak chu a hlah bo daih thei a ni tia an rilru hmin tum bawk rawh se. Nu chuan he سوالنا hi a tâwp tawh tih fiahna chiang tâwk tak a hmuh hmâ loh chu he thil hi a kalpui zel tur a ni.⁴

Bul In Ṭan Dawnin Hmanhmawh Lo Ula, Khak Nghal Suh U.—Eng tin nge سوالنا awm reng tawhsa chu kan tihreh ang? Eng tin nge bul kan ṭan ang? in ti mai thei. Finna i tlachham a nih chuan Pathian hnenah dil la, A lo pe ṭeuh ang che. Pathian ṭanpuina dilin ṭhahnemngai takin ṭawngṭai rawh. Tihdan pakhat hmanga chin fel theih a ni lo va. Thutlukna thianghlim sawizawi a ṭul ta a nih chu. Thinur leh hmanhmawh chungin ti lo la, i fate chu khak nghal ringawt suh. An rilru i tihel mai mai a ni. I tihsual palhah i in chhir ngam tur a ni a, chuti lo chuan i thil tihsual chuan thlêmnaa i fate hruai turin Setana tân kawng a hawnsak thei si a. Hriselna dân bawhchhiatna a nihzia lam aṭanga i zirtîr loh chuan i thiam loh a ni. Tih tur pawimawh tak chu i ngaihthah a, chumi rah chu i fate thil chin ṭha lo takah chuan hmuh theih a ni bawk.⁵

Khawngaihna leh Mahni Tihtheih Ve Ngei Hmanga Zirtîr Ni Sela.—In fate hnena mahni inthununna zirlai in zirtîr hmâin nangmahniin in zir hmasa tur a ni. Thin chhe deuh leh dawhthei lo deuh mai in nih ten an châkna thunun tura in zirtîr laiin engtin nge in fate lakah chuan mi rilru fim anga in lan theih ang? Zâm miah lo leh khawngaihna leh lainatna thûk ber nen in fate chu in hnaih ang a, an kawng zawh lâi chu an zawh zel chuan an taksa chhiatna an thlen ang tihte rinawm takin hrilh ula. An rilru leh taksa an tichhia tihte leh an nungchang pawhin a tuar nasa a, tin, anmahni chungah mai سوال lovin Pathian chungah an tisuwal a ni tihte thlengin hrilh tur a ni.

A theih chuan Pathian, Pathian thianghlim leh bawlhhlawh kai lo laka سوال angah in inngaihtir tur a ni a; an kawng zawh mêkah chuan thinlung Zawngtu chu A lawm lo va, A lakah engmah a zêp theih loh tihte zirtîr tur a ni. In fate chu Pathian pawm tlâk khawpa in simtir theih a, chhandamna chang khawpa in chhira lungngaihna an neih chuan hna chu a ziktluak a, siam ṭatna pawh a famkimin a chiang a ni. An thil tihsual hailana a awm vang ringawtin an lungngai a ni lo va, an thil chin ṭhin سوالzia hmuin Pathian hnenah zêp awm miah lovin an inpuang ang a, an سوال chu an kalsan bawk ang. Pathian an tihthinur avang te, A chungah an سوال avang te leh A hmâ-ah an taksa an tihbawlhhlawh avangten an lungngai ang. An mahni Siamtu chuan an taksa chu A pawmtlâk ni ngei tura thianghlina inhlanna nung ni turin A phût a. Chu chu an rawngbawlina awm reng pawh a ni.⁶

An Ṭhian Kawmte Vêng Ṭha Rawh U.—Kan fate hi sakhuanain an rilru a tinghet fê a nih loh chuan an ṭhian kawmten an hruai سوال duh khawp mai.⁷

Nu rinawm tih dân tur ang chiahin an ṭhian kawmten bawlhhlawh an kaitir loh nân vêng tlat rawh u. Lunglu mâwi tak angin tunlai khawvel سوال lakah hian vawng ṭha ang che u. In dinhmunin a zir loh vanga duh anga an ṭhian kawm zawng zawngte in hmuh theih loh chuan ina in awm lâi chauhin an rawn lèn phalsak ula; eng vang mahin khum khatah emaw, pindan

khatah emaw an riah ho phal suh ang che u. Sualna chu a hnua tihdam aiin invên a awlsam fê zâwk a ni. Nu leh pate chuan an fate chu an hmuh phâk lova anmahnia thian siam tur leh kawm tur leh an duh duh ti thei tura vahchhuah an phalsak a. Setana chuan chutiang hun remchâng chu a lo siam belh a, tichuan heng naupang, an nu leh paten a thang kama âwk mai thei tura an vah chhuahtirte rilru chu a lo nei hmiah mai a ni.⁸

Ei leh In A Pawimawh.—An chaw ei tura in fimkhur loh chuan in fate thil hriat theihna chu in chawk harh mai thei lo vang. Nu leh paten an fate eitur an chhawpsak tam tak chu an tân thang a ni.⁹

Nu leh pa inthlahdahte chuan an fate chu mahni inthununna an zirtîr ngai lo va. An hmaa an eitur chhawpsakte chu pumpui tithinurtu mai an ni. Tichuan pumpuia zauthauna lo awm chu thluakah a lût a, chutah tisa châkna a lo chhuak thîn. Pumpuia lût reng reng hian taksa chauh a nghawng lo va, rilru lam thlengin a nghawng tih hi sawi uar lutuk a awm thei lovang. Chaw hrawmhraw lutuk leh mi tizauthau thei chite hian thisen a tilum a, thisen zâm a tizauthau bawk a, rilrua thil hriatna a timuang a, tichuan chhia leh tha hriatna fim tak chu tisa châkna lo thawk chuan a hneh ta mai thîn a ni. Ei leh ina insûm thei lo mi tân chuan mahni inthunun a, dawh theihna nun neih hi a harsa mai ni lovin a theih loh deuthaw a ni ber e. Chuvangin naupang nungchang la insiam mêkte chu chaw hrisel leh mi tizauthau thei lo chi chauh pêk a pawimawh em em a ni. Hmangaihna avangin kan Pa vana mi chuan ei leh in châkna thunun loh avanga sualna lo thleng thei laka invênna atân hriselna lam insiamthatna tur thutak êng hi A pe a ni.¹⁰

Ei leh inte hi a mâwl thei ang bera siam tûl hunte a awm ngâi a nih chuan tun hi a ni. Kan fate chu sa kan chhawpsak tur a ni lo. A nghawng chu mihring nunze hniam zâwk kaihthawh a, tihchak a ni a, mihring awm dân dik thiltihtheihna a timu thei bawk.¹¹

Faina A Pawimawh.—Inbual zin hi a tha; zan mut dâwnah emaw, zing ni chhuah hlimah emaw a tha lehzual. Naupangte chuan rei lo tê chauh inbualin an taksa chu sen tal khawpin an hru hul leh thei a. Hei hian thisen chu taksa pawn lamah kaltirin thluak hnathawh a chhâwk zâng a; tichuan thil bawhlhlahw lama rilru pêkna tur a titlêm thei a ni. Naupangte chu Pathianin bâl deuh leh tapw deuh, thawmhaw tet phengphunga an awm lâi hmuh A duh lo tihte hrilh ula. An zinga A chên theih nân chhûng lam leh pâwn lama bawhlhlahw kâi lo turin a duh tihte pawh hrilh zel ang che u.¹²

Silhfên Thâwl leh Fâi.—Thawmhaw fai tak leh nalh tak inbel hi rilru vawn thianglimna leh duhawmna hmanruate zinga mi an ni. Kan incheinate chu a mâwlin a tlâwm tur a ni a, thil tûl lova chei cheih chuai awm lo sela, a sûk fai leh a nawh mâm a nuam ang. A bikin taksa dep lâite pheih chu fai sela, rimchhe thei lo chi ni bawk rawh se. Naupang pheih chuan an taksa tiza thei ha lo sela, tin, an thawmhaw chuan phuar tâwt suh se. Hetiang thil hi uluk lehzuala ngaihtuah chu ni sela thil tenawm tihna hian nasa takin a tlêm phah ang.¹³

Insawizawi Chawhtîr Suh.—Thalaite hi an hah lutuk hlauhna avangin an taksa sawizawina tur hna-ah âwltir an ni thîn a. An thawh tur ngei ngei pawh nu leh paten an la thawk fo mai. Thawh hah lutuk chu a tha lo va, awm âwl lutuk pheih chu a hlauhawm lehzual. Thatchhiatna hian thil tha lo chin dawklakna-ah mi a hruai thîn. Taihmâkna hian mahni inhman khaw lohna avanga kan chauh phahna hmun ngaa thena hmun khat pawhin mi a tichau lo. Nu leh pate u, hna ho tê an thawh avanga in fate chu an chau mai a nih chuan a phenah engemaw thil dang, an taksa khâwl tizawitu leh chau ngawih ngawiha inhriattirtu a awm tih pawm ngam mai rawh u. In fate chu an taksa leh hriatna thazâm sawizawi nân hna thawhtîr rawh u. Chutianga an thawh hahna chuan thil tha lo tih an rilrûk tlatna kha a tihnam thei a ni.¹⁴

Awm Awlna Hian Thlêmna Kawngka A Hawng.—Nute u, in fate chu tihur tam tak pe rawh u. . . . Thatchhiatna hi taksa, rilru leh nungchang hriselna hian a ngeih loh hle ang. Kawngka hawngin Setana a ko lût a, ani chuan chutiang hun tha chu a lo ûm vat a, tichuan thalaite chu a thangah a âwk ta thîn a ni. Thatchhiatna hian nunphung a tichhia chauh ni lovin tisa châkna a

tipung a, mahse Setana tirhkohte chuan rilru zawng zawng an lo luah tawh a, chhia leh tha hriatna fim chu tisa châkna sual hnuaiâ kûn turin an tilui tlat mai a ni. Chuvangin kan fate chu taimâkna nun nei reng turin kan zirtîr tur a ni.¹⁵

Pathianin Sual Simte Chu A Tiboral Lo Vang.—In fate chu zahngai thei Pathian chuan thinlunga inchhir takzette chu A pawm dâwn tiin fuih ang che u. Tisa leh thlarau bawlhhlawhna zawng zawng laka inthenfai an tumna-ah chuan mal A sawm bawk ang. Setanan in fate rilru a thununna a hloh mêk tih a hmuh chuan nasa takin a thlêm leh ang a, he sual ngainatawm takhian eng tin nge a phuar zawm zel theih tih a ngaihtuah nasa dâwn a ni. Mahse Pathian laka sualna a nih avangin ransa châkna tluk lek hmanga inchen leh tura Setana thlêmna chu tum ruhna nasa tak nen dodal tlat rawh se. Setanan a tâ anga a neih theihna hmun Pathianin dâi a phal loh chu dâi zeuh tawh suh se. Pathian hnenah inngaitlâwma thinlung thianghlim leh suangtuahna mitthla thianghlim, sawisel bo an dil chuan A lo ngaitthla ang a, an dil chu A pe ang. Pathian chuan an sualnaa boral turin A hnutchhiah lo va, A chungâ rinna an nghah phawt chuan mi chak lo leh tanpui ngâite chu A tanpui ang.¹⁶

1. Appeals to Mothers, p. 10.
2. *Ibid.*, p.13.
3. *Ibid.*, pp.10, 11.
4. *Ibid.*, pp. 13,14
5. *Ibid.*, pp. 20,21.
6. *Ibid.*, pp. 21.22.
7. Christian Temperance and Bible Hygiene, p. 134.
8. Appeals to Mothers, pp. 13, 14.
9. Testimonies for the Church, vol. 2, p. 400.
10. Christian Temperance and Bible Hygiene, p. 134.
11. Testimonies for the Church, vol. 2, p. 352.
12. Christian Temperance and Bible Hygiene, pp. 141, 142.
13. *Ibid.*, p. 142.
14. Testimonies for the Church, vol. 2, pp. 348, 349.
15. Appeals to Mothers, pp. 18, 19.
16. *Ibid.*, pp. 22, 23.

BUNG 72 SIAMTHATNA ATÂNA INDONA

Simna Takzeta Nasa Taka Beih A Tul.—Mahni taksa tibawlhhlawhtute chuan tihtakzeta an sim loh a, an insiamthat vek loh a, LALPA tih chungâ thianghlimna famkim an neih hmâ loh chuan Pathian duhsakna an chang thei lo.¹

Hetiâng thil chin tha lo chingtute tâna beiseina awmchhun chu he leia an hriselna leh lei piah lam rama chhandamna an ngaihhlut a, chatuana an sual an kalsanna chauh chu a ni. He thil hi rei tak tih than a nih tawh phei chuan thlêmna do thei turin beih nasat a, nawmsipna bawlhhlawh hnar a ngâi nasa hle.²

Suangtuahna Thunun Ngei Ngei Tur.— [Note: *Hei hi a rûka thil tha lo tih ching tleirawl pakhat hnena lehkhathawn atanga lâk chhuah a ni.*] I suangtuahna kha thunun rawh. A harsa deuh mai thei a; nasa taka i beih loh chuan i hlawhtling thei lo vang. Suangtuahna tenawma i chên reng a, i rilru chu thil tha lova chêtir i phal reng bawk chuan Pathian hmâah a taka i suangtuahna tipuitling ang chiaha thiam loh chantir i ni ang. A taka i hlen chhuah lohna chhan chu hun remchâng a awm loh vang mai a ni. Chhun zan zawma thil ni thei lo pui pui suangtuaha inhisâp vak vak hi thil chin hlen atâna hlauhawm lutuk a ni a. Chutiâng chu i chin zeuh tawh chuan sim leh a, thil thianghlim leh bawlhhlawh kâi lo suangtuah leh chu a theih loh deuhthaw a ni ber. I rilru thunun i tum a, i thlarau nun tibawlhhlawh lo tura i suangtuahna thunun i tum a nih chuan i mit, i beng leh i hriatna zawng zawngte chungâ vêngtu rinawm tak i ni tur a ni. Khawngaihna thiltihtheihna chauhin he hna duhawm tak mai hi a thawk zo thei.³

Hmangaihna leh Tisa Châkna Chu Chhia leh Tha Hriatna Thununtir Rawh U.—[*Note: Phêk 452-a note en rawh*]. Pathian chuan i suangtuahna chauh thunun turin a ti lo che a, i tisak châkna sâng tak leh i hmangaihnaate pawh kha thunun turin a phût che a ni. Heng thil i thunun theih leh theih lohah hian a innghat a. Tisa châkna leh awhnate hi hnathawktu chak tak an ni. Hman sual an nih a, rilru dik lo deuh mai nena chêtir an nih pheh chuan i chhiatna thawktu chak tak an ni a, Pathian tel lo, beiseina nei bawk si lovin chhiatna râpthlâk takah an hnutchhiah mai ang che.

Tisa châkna leh hmangaihna te hi chhia leh tha hriatna leh nungchang thuhnuai dah tur chuan suangtuahna mitthla hi a tha lam zâwng nasa taka thunun tur an ni.

I suangtuahna te, i lehkha chhiar duhzâwng te, i tawngkam te i thunun loh chuan i ngaihtuahna mitthla chu beisei bo natna ang a ni mai. Uluk takin tawngtina nen Bible chhiar la, a zirtîrna te chu inhruaitîr ang che. Hei hi i himna a ni.⁴

Sual Do Nân I Hriatnate Hup Rawh.—Pathian aţanga chhuak finna neia mi fing ni turte chu tunlai huna thil sual hriatna lamah hian an â ve thung tur a ni. Sualna an hmuha an zir ve loh nân maimichhing sela. Thil sual an hriat loh nân leh an thiltih leh ngaihtuahna tibawlhhlawh thei hriatna an neih loh nân an beng hup bawk sela. Tawngkam mâwi lo an chhâk chhuah loh nân leh an kâ aţanga chhuak ngeia thiam oh chantir an nih loh nân an kâ pawh vêng tha rawh se.⁵

Ngaihtuahna tibawlhhlawh thei chhiar lo tur leh hmu lo turin pumpelh zel la. Finna leh rilru chhunglam nun thiltihtheihna chu chhawm tha zel ang che.⁶

Taksa Sawizawi Lova Lehkha Zir Ringawt Ngaihtuah Suh.—Lehkha zir nasat lutuk hian thluaka thisen kal a titam a, suangtuahna tha lo a siam a, chu chuan mahni inthunun theihna a tihnam a, ngaih dân danglam thut emaw rilru thawktu thut emaw zawm mai a awl hle a. Tichuan sual tân kawngka a hawsak ta thin a ni. Taksa chakna hman sual emaw hman loh tawp emaw hian khawvel bawhhlawhna lo darh zau zelah hian mawh a phur nasa khawp mai. “Chapona te, ei puar lutuk te leh thatchhiatna te” hi tunlai chhuana mihring fate hmasawna daltu lian tak, boralnaa Sodom hruai lûtta chiah kha a ni.

Zirtîrtute chuan hei hi hre thiamin an naupangte chu an zirtîr tur a ni. Sikul naupangte hnenah chuan nun dân dik chu ngaihtuahna dikah a innghat a, ngaihtuahna thianghlim nei tur chuan taksa sawizawi that a tul tihte zirtîr rawh u.⁷

A Ngaihna Hre Lova Awm Hun A Ni Tawh Lo.—Nun thianghlim leh Van duh dân anga nungchang siamnate hi thahnemngai taka beihna leh zirtîrna thu bul nghet tel lo chuan neih ngawt theih a ni lo va. A ngaihna hre lo va tawi khaw muang mai maiho tân Kristian nun tha famkim hi neih theih a ni hek lo. Chung mite chu bûkin an awm ang a, tlachhama hmuh an ni ang. Sakeibaknei rûm angin Setana chuan a sa seh tur a zawng ruai a. Rinhlelhna châng hre lo thalaite chungah a bumna lên chu zâr a tum zel bawk a. Thalaite hnenah chuan hun a la tam a, han sual ve zauh se an tinawn leh tawh lo anga a ni mai tiin a hrilh a; mahse vawikhat an dai sual zeuh chuan tûr angin an nun pumpui a fan tawh ang. Vawikhat chauh pawh dai sual zeuh suh. He sualna khawvel boral mêk, hmun tin renga sual leh bawlhhlawh tura thlêmna tam tak awmnaah hian thahnemngai tak leh thinlung chhûng ril taka thalaite tawngtina chu van lamah chho rawh se: “Tleirawlin eng tin nge a awm dân a tihthianghlim ang?” He zawhna chhanna, “I thu ang zela a awm dân vêng thain,” tih hre tur hian a beng dawh sela, thinlungin zawm tum rawh se.⁸

Mi tin hian enthlâk lâi an nih angin khawvela an thiltih zawng zawngah mawh an la phur vek dawn a ni. Mi tinin an duh phawt chuan an thiltih thunun theih nân chakna an nei vek a. Felna leh suangtuahna leh thiltiha an chak lo a nih pawhin tanpui ngâite Thian hnen aţangin tanpuina an dawng thei reng a ni. Isua chuan mihring chak lohna zawng zawngte hi A hre Chiang a, chuvangin miin an dil phawt chuan thlêmna chak ber pawh do thei turin chakna A pe ang. Chu chakna chu mi tinin inngaitlâwma an zawn phawt chuan an nei thei vek a ni.⁹

Tunlai hun bawlhhlawha awm ṭhalaite himna awm chhun chu Pathian rin hi a ni. Pathian ṭanpuina tel lo chuan tisa châkna leh ei leh in châknate hi an thunun zo lo vang. Kristaah chuan ṭanpuina ṭul zawng zawng a awm a, mahse chu ṭanpuina dil tur chuan mi tlêm tê chauh an rawn kal dâwn si. Khawvela A awm lâi khan Isuan tihian A ti, “Nunna nei turin ka hnenah in lo kal duh si lo,” tiin (*Johana 5:40*). Krista-ah chuan mi tu pawhin an hneh thei a. Tirhkohtusawi, “. . . min hmangaihtu avang chuan ropui taka ngamtu kan ni.” (*Rom 8:37*) i ti thei ta. “. . . ka taksa ka tichhel a, ka thuhnuaiyah ka dah tawh a ni,” (*1 Kor 9:27*) te pawh i ti zel thei ang.¹⁰

Amahah Chuan Hlimna Dik Tak A Awm.—Kan faten thil chin ṭha lo tak mai an hneh theihna kawng chiang sa awm chhun chu Krista beramte zinga tel ve dân zawn leh Berampu rinawm leh dik tak vênna hnuaiyah awm chauh chu a ni. A thu an ngaih phawt chuan thil ṭha lo zawng zawng lakah A chhandam ang a, hlauhawm zawng zawng lakah A vêng bawng ang. “Ka beramten ka aw an hria a. . . . min zui ṭhin.” Kristaah chuan hlobet hmun an hmu ang a, chakna leh beiseina an nei ang; rilru la pêng a, thinlung tilawm tur thil dang ngaih vanga vir buainaten a tibuai dâwn bawng hek lo. An hlimna chu a thianghlim a, a muanawm a, a sâng a, van nun a rem bawng. Inngaihtuah hah leh inchhir a awm tawh lo. Chutiang hlimna chuan hriselna a khawih lo va, rilru a tihah lo va, an awm dân a ṭha em em tawh zâwk a ni.

Pathian hmangaiha Amah pâwlina leh thianghlimna nun nei a, sualna tihboralte hi a hlimawm em em a ni. Pathian Thu chhiar hian thawnthu phuahchawp chhiar angin suangtuahna a bual â ve lo va, tisa châkna a chhêm alh ve hek lo. Mihring thinlung tinêmin a thawi dam a, a chawisângin a tithianghlim bawng. Buaina an tawh a, thlêmnaten nasa taka an beih pawhin ṭawngtaina chu an hamṭhatna a ni a. Chu chu hamṭhatna sâng tak a va ni êm! Tâwp chin nei mihring, vaivut leh meivâp mai chu Krista dilpuina azârah Chungnung Bera rorelna hmâ-ah hruailuh a nih ve chu! ṭawngtaina chuan thlarau chu Pathian a hnaihtir a, hriatna leh thianghlimna dik takah siam tharin a awm ang a, hmêlma beihna lak ata humhim a ni bawng ang.¹¹

1. Appeals to Mothers, p. 29.
2. *Ibid.*, p.27
3. Testemonies for the Church, vol. 2, p. 561.
4. *Ibid.*, pp. 561-563.
5. Appeals to Mothers, p.31.
6. Testemonies for the Church, vol.2, p. 410.
7. Education, p. 31.
8. Testimonies for the Church, vol. 2, p. 561
9. Appeals to Mothers, p. 31.
10. Testimonies for the Church, vol. 2, p.409.
11. Appeals to Mothers, pp. 23, 24.

ṬHEN - XVII

Thlarau Thiltihtheihna Kâitho Ila

BUNG 73

CHATUAN HAMṬHATNA NEI TURA KAN MAWHPHURHNA

Tunlai Kan Hun Tawng Hi Naupangte Tân Boralna A Ni Zual.—Naupangte tâna hun ṭha lo takah kan cheng mêk a nih hi. Boruak rit tak mai chu chhiatna lam hawiin a kal mêk a, he boruak rit tak tleh mêk lo do tur leh innam tlûktir lo tur hian naupang chakna leh hriatna mai lo deuh neih a ṭul a ni. Ṭhalaite hi Setana salah an tâng deuh zel ni hian a lang a, a tirhkohte nen tangrualin ṭhalaite chu chhiatna lamah an hruai mêk a nih hi. Setana leh a sipai rualte chuan Pathian sawrkar chu an do va, A hnena thinlung pe duhtu leh A duhzawng zawm duhtute apiang chu Setana chuan beidawnga indona chu an bansan theih nân thlêmna hmanga tihbuaia hneh a tum nasa dâwn a ni.¹

Tùn ang reng reng hian Pathian nena inzawmna nghet neih kan la mamawh ngai lo. Pathian mite nawrtu hlauhawm berte zinga pakhat chu khawvel mite tihdan leh inkaihhruaina zawm ve hi a ni. A bikin thalaite hi boralna kawngah an awm reng a. Setana fin vèrvèkna lak ata nu leh pate chuan an vèng reng tur a ni. An fate tihboral dân tur a zawn ngar ngar lâi hian nu leh pate chu hlauhawm a awm hranpa lo ve tiin lo inhnêm suh se. Chatuana an fate hamthamna tur ngaihthah khawpin he khawvel thilah hian an ngaihtuahna leh rilru pe suh se.²

A Tlângpuiin Nu leh Pate Hian An Ngaihsak Lo.—Thlarau lama nu leh pate an tlâk hniam hian a pawî thîn a, a chhan chu sakhuana rilru leh Pathian biak duhna a lo hniam a, dawthei tak leh fimkhur taka an fate LALPA kawng zawh tura zirtîrna hna sâng tak chung a tla chu an hriat chhuah thîn loh vang a ni.³

Nu leh pate hian a tlângpuiin an fate chu mihring nun tak tak dâi tur te, an hma lam huna anmahni hual veltu harsatna hmachhawn tur te, thil tha leh tha lo chung a duhthlang thei tur te, thlêmna thlipuiin a nuai huna ding thei turten an zirtîr lo va, zirtîr a hnêkin a ni lo zâwngin theih tâwp an chhuah zâwk hial emaw tih tur a ni. Chuvangin chak a tul hun lâi berah chak lo taka hmuh an ni ang a. An tihur leh nunphungah an thlêk tawn vel mai mai avangin an chak lohna chu khawvel mihringten an tuar dâwn a ni.⁴

Hna Pawimawh Tak Ngaihthah A Ni.—Tunlai khawvela sualna a punlun em emna chhan chu nu leh paten hna pawimawh zâwk, dawthei tak leh ngilnei taka an fate LALPA kawng zawh tura zirtîr lova thil dang hlir an ngaihtuah hi a ni.⁵

Nute chuan thil tam tak an hria a ni thei e, mahse Krista chu an mimal Chhandamtu atâna hriatna an neih loh chuan hriatna pawimawh zâwk chu an la nei lo tihna a ni. Krista chu in chhûngah a chên a, nuten anmahni zirtîrtu atâna an neih chuan an fate chu an nausên têt lâi aţangin sakhaw dik zirtîrna thu bul chu an zirtîr mai ang.⁶

Setanan A Thunun Phalsak A Ni.—A hmei a paa Pathian thu an âwih loh avang leh mahni kawng zawha an suangtuahna tha an ûm avangin Setana chu an chhûngkaw zingah a puanzâr rapthlâk tak mai chu zârtir phalsak a ni a. A thiltitheihna pawh nausên, naupang leh thalai awm dânah hriat theih vek a ni. A aw leh rilru chu naupangte nungchang tha lo tak mai leh an rilru luhlul zet maiah chuan a lo lang chhuak a, anmahni naupangte kaltlang chuan a thuneihna chu a hmang a, a remruatnate chu a tipuitling thîn. Pathian zahna tel miah lo mize herh deuh mai pho lanna te leh Setana duh dân âwih tumnate hian Pathian chu tihmualpho a ni thîn a. Tichuan nu leh paten duh tawka Setana chêtir an phalna sual chu hriat thiam phâk piah lam a ni.⁷

Nu leh pa tam tak hian an zirtîrna te, âthlâk taka an inthlahdahna te, an duhzâwng leh ei leh in châkzâwng ûm lutuknate avanga an fate nikhua lohna-ah leh an rilru sùkthlêk dân hrang hrangahte mawh an phur a ni. Chutiang rilru sùkthlêk hmang ngei chuan Setana chuan mihring mihrinna pumpui hi Pathian dân zawm lo turin a thunun thei a ni. Nu leh pate chuan Abrahamang ang khan an chhûngkua an enkawl hneh ve lo va. Chu chuan eng nge a rah chhuah? Naupangte leh thalaite chu helho puanzâr hnuaiyah an ding a. Tuma thuhnuaiyah awm turah an inngai lovin an duh dân ang ang a awm an tum tawh mai a ni. Naupangte tâna beiseina awm chhun chu mahni inphat leh intihnawmsak loh zirtîr chauh chu a ni.⁸

Naupang Thunun Lohte Hmabâk Indona Râphtlâk.—Thununna dawng ngai lo naupang chuan Krista zuitu nia an inchoh hnu-ah pawh engkim an zir a ngâi bîk a ni. An sakhaw nun reng reng chu an thanlen chhoh danin a nghawng nasa hle. An thu duhna pângngai kha a la lang chhuak fô va; mahni hmasialna a la awm reng a, zilhna an la ngaithei lo fô va, mahni chauh inhmangaihna pângngai leh midang thurawn lâk hrehna emaw midang thutlûkna pawm ve mai duh lohna emaw pawh a la bo vek lo; thatchhiatna a la pângngai a, phurrit tlanhhiatsan te, mawhphurhna lâk peih lohna te a la awm reng baw. Hêng zawng zawng hi kohhran nena an inzawmnaah pawh hmuh theih vek a ni. Heng hi hneh theih a ni a; mahse a harsa khawp mai. Buaina pawh a nasa. Kristian nungchang sâng tak thleng tura thil tul em em thununna

chipchiar tak paltlang chu a harsa viau ang. Mahse a tâwpa an hneh hun chuan an lo danglam hma, thalai an nih laia thununna an tlâkchham vang leh naupan laia thu âwihna an zir loh avanga chatuan boralna hmun an thlen teuhzia chu hmuhtir phalsak an ni dâwn a ni.⁹

Boruak Bawhlhlawh Laka Vêng Rawh U.—Nu leh pate u, an duhthlanna tel miah lova khawvela naupang piantirtu mawhphurhna in nei a, in fate nunna leh thlarau chungah chuan mawh in phur a ni. Anmahni aikaiha thlêm tur khawvel hîpna an hmachhawn reng a. Chutiang khawvel hipnain mi a hneh theihna laka invêng thiam tur chuan in zirtîr thei a ni. Mihring nunin a ken tel mawhphurhna phur chhuak tur leh Pathian laka an bat hre chhuak turte, thutak leh tihur hriatnate, an thiltih chuan thih theih lohna a la pe thei tih hriatna nei turten in zirtîr thei vek bawk.¹⁰

Kan thalaite hian Setana hmanruate chu an hre lo. Chuvangin nu leh pate chu he hun boral mêkah hian harh sela, taima tak leh beidawng miah lovin hmêlma lo kal hmasa ber lo do turin thawk rawh se. An fate chu ina an thut lâi te, kawnga an kal lâ te, an thawh lâi leh an mut lâiten an zirtîr tur a ni.¹¹

Naupangte chu felna kawnga hruai an nih theih nân inrâlring reng rawh se. Setana chuan naupang tê an la nih lâi aţangin a bei tan a, Pathian khap apiang tihchâkna a siam bawk a. Chuvangin naupangte himna chu an nu leh pate fimkhurna-ah leh an invên thiamnaah leh enkawlina-ah te a innghat lian hle a ni.¹²

Nu leh pate chuan eng tik lâi pawha an fate hnena LALPA rinna leh A thu âwihna awmzia an hrilh theihna tur chu engmah an indaltir phal tur a ni lo.¹³

Nu leh Pate U, Thi Ang Dera In Mutthilhna Aţang Khan Harh Teh U.—An nu leh paten an ngaihsak loh dân ena an nu leh pate chuan an thlarau nun vei lo tawpa inhre turin naupang tam tak chu awmtir an ni. Hetiang tur hi chu a ni lo; fa nei tawhte chuan an chhûngkua leh an eizawna chu Krista hnen lama an fate hruai theih loh pahna tur khawpin an buaipui tur a ni lo. In fate chu rilru, nungchang leh titina ţawngkamah an lo thianghlim theih nân Krista hmangaihna zirtîr rawh u.

Nu leh pate hian chunglam hnathawktute an thawhpui chauhin naupangte thinsungah LALPAN hna A thawk dâwn a, mahse in tih ve tura ruatte chu A tingawt dâwn lo. Nu leh pate u, thi ang dera in mutthilhna aţang khan harh rawh u.¹⁴

Kan Beiseina Ropui Chu Chhûngkaw Sakhwana.—Nu leh pate hi an muhil a. An mithmuhah ngei an fate chu boralna-ah an kal mêk a ni; LALPAN A thuchah puangtute chu ţawngkam leh entirna hmanga chhûngkaw sakhaw pawimawhna mite hnena lantir tur A nei a ni. In kohhranah he thu hi sawi nasa rawh u. He mawhphurhna urhsun tak mai, rei tak ngaihthaha awm tawh hi an chhia leh tha hriatna-ah tuh ngheh tum bawk ula. Hei hian *pharisaï* rilru leh thutak dodalna chu thil dang zawngin an tih chhiat theih aia nasain a tichhia ang. Chhûngkuaa sakhwana hi kan beiseina ropui tak a ni a, Pathian thutaka chhûngkaw pumpui inlehma tur kawng pawh a chhun êng a ni.¹⁵

Setana Thiltihtheihna Chu Tihchhiat Theih A Ni.—Nu leh pate hian an suangtuah aia thûk zâwk daih mawhphurhna an nei a ni. Naupangte chuan sual hi an pianpui a. Chu sual chuan Pathian lak aţangin a then hrang a ni. Isua chuan mihring leh Pathian inzawmna chat tawh zawm leh turin A nunna A pe a. Adama hmasa aţang khan mihringte hian thiam loh chantirna leh thihna thupêk chauh lo chu engmah an dawng lo. Mahse Krista chu Adama tlûknaah chiah khan rawn kalin mihring tân fiahna zawng zawng A tuar chhuak a. . . . Tichuan mihring chu Pathian fanu leh fapa ni thei tura a fate zirtîr chhuak thei turin Krista nun famkim leh Pathian khawngaihna te pêk a ni. A fate chu uluk takin Krista hnena thinsung leh duh thlanna pêk dân zirtîr sela, tichuan Setana thiltihtheihna chu tihchhiat a ni ang.¹⁶

Nu leh pate u, rinnaa khat chungin in fate chu ngên rawh u. In hmui aţang chuan thin ram ţawngkam khat lek pawh hre suh se. A tul phawt chuan in fate hmâ-ah pawh chapona kawng zawha mi zawng zawngin sual ngaihdamna an neih theih nân leh khawvel boral mai tur tâna A

fapa pawh ui lotu LALPA lawm loh zâwng tihtir in lo phalsak thin avang khan thinlung takin inpuang mai rawh u.

Kawng hrang hranga fate lo thlahdah tawh nu leh pate chu Pathianin an hun hloh tawhte kha hlêp leh turin A duh a. Vawiina koh in nih lâi hian ngai pawimawh rawh u.¹⁷

Nu leh Pate Hian Rawngbawlina Hmun Ropui Ber An Nei.—In damchhung hna chu Pathian remruat anga in fate nungchang siam nân hmang rawh u. Chhûng lam mawina nei, inngaihtlâwmna nuna chei mâwi leh rilru zâidam tak nei an lo nih reng chuan Bible zirtîrna hmangaih tur leh khawvel mite rem tihzâwng ni lova Isua pawmpuina zâwk zawng tura in lo hrual tawh vang a ni ang.¹⁸

Pathian tâna hnathawktute kan nih avangin kan bul hnaia awmte aţang hian bul kan ţan tur a ni. Hei aia *misonari* hna pawimawh a awm chuang lo.¹⁹

In chhûngahte hian nunna Thu chu kan chhûngte hmâa pharh a nih theih nân leh Pathian lalrama chenna tur in an zawn theih nâna *misonari* rilru kan put a ţul khawp mai.²⁰

Naupangte enkawlina leh zirtîrna hna hi hmeichhia leh mipa tâna thawh theih *misonari* hna zahawm ber a ni.²¹

Lei Nung Siamtu Mi Themthiam Nu leh Pate.—Lemziak thiamin lem a ziah dâwna a ulukzia leh a beih nasatzia hi a mak a; milim ker thiamin a duhzâwng ang thei ber tura lung a chher taimâkziate hi sawi tham a tling. Hetiang chiah hian nu leh pate chu an entawn tur Isua ang thei ber tura an fate din a, thlifim a, a rual rem lo lâi tirûal tur an ni. Lemziak thiam chuan a zir a, a thawk a, a kuthnu chu sawisel bo a nih theih nân ruahmanna a siam bawk a; chutiang bawk chuan nu leh pate pawhin an hunte chu lalram chhe thei lo lût tlâk ni tur leh hman tlâk nun an neih theih nâna an fate zirtîrna hunah hmang rawh se. Lemziak thiamte hnathawh chu nu leh pate hnathawh ngaihtuah chuan a têt thamin a pawimawh tham lo khawp mai. Pakhat chuan nunna nei lo buaipuiin thil mâwi tak a siam chhuak a; pakhat erawh chuan mihring pângngai, a tha lam emaw a chhe lam emawa a nungchang siam theih, hring fate tân malsawmna emaw anchhia emaw ni thei, thimnaa lût tur emaw, sual tel lo khawvel lo la awm tura nung chatuan tur emaw a buaipui thung a ni.²²

Famkimna Neih Tum Rawh U.—Krista chu naupang te reuh têt a lo nih ve tawh avangin naupangte chu châwimâwi ula. In mawhphurhna thianghlim angin en ula; mahse duat hlaua va, Pathian biak taka biak tur an ni lo va, thianghlim tak leh zahawm taka nung tura zirtîr zâwk tur an ni. Pathian bungrua an ni a. A hmangaih avangin nungchang tha famkim an neih theih nâna in zirtîrnaah pawh Amah chu thawhpui turin A ko che u a ni. LALPAN A tlansa chhûngkuate chu tha famkim turin A phût a. Keimahni aţang hian mihring A chan lâia Krista that famkimna kha A beisei ve tlat a ni. A bikin nu leh pate hian Pathian an thawhpui theihna tur an fate enkawl dân tha ber chu hriat thiam an mamawh hle mai.²³

Nu leh Pa Piang Thar Mamawh An Ni.—Nu leh pa piang thar tha kan mamawhzia ngaihtuah hian ni tin zan tin ka hah em em mai a. Chhandamna hmu khawpa mahni chhûngte hneh thei tura Pathian hmâa inngaihtlâwm a, vanram nena inkungkaihna tha neih ngei ngei ngâi mi an tam ngawt ang. Tlansate rochan chang ve tura an fate an zirtîr dâwn chuan chatuan nunna rochung tura an tih ngei ngei ngâite chu an hre tur a ni. Ni tinin van êng chu dawng sela, ni tinin Thlarau Thianghlim chu an thinlung leh rilrûah nem kâi se; Pathian thutak chu dawng ni tin sela, an nun kaihruaitu-ah hmang rawh se.²⁴

Nu leh pate chungah hian mawhphurhna sâng tak a inngat a, Pathian ruatsak an rawngbawlina chu thahnemngai takin bei hram hram rawh se. Pathian tâna an fate zirtîrna kawngah an thahrui zawng zawng hman a ţul tih an hmuh hun chuan tuna chhuanlam ţul lo leh ho mai maia ngaih tam tak hi dah bo rawh se. Hlim taka LALPA hmuak thei tura an fate an buatsaihnaah chuan hrehawm lutuk leh hahthlâk lutuk an nei tur a ni lo. Hei hi Pathian zuitu an nihnaa an rawngbawlina pêng hlu ber leh ngaihthah se an tawrh zawh loh tur chu a ni.²⁵

Krista Thlîr Reng Ula.—Nu leh pate u, . . . in beram rualte chhanhim tur chuan in thlarau chakna leh thahrui zawng zawng in hmang vek tur a ni. In beram rualte tihboral tumin hremhmun thiltihtheihnate chu an ñangrual dâwn a, mahse hmêlma do nân Pathian chuan A puanzâr chu A khaikang ang. A hmâ zawng aiin ñawngñai uar ula. Hmangaih tak leh zâidam takin in fate chu an Pa vana mi anga Pathian chu hnaih turin zirtîr rawh u. In nunin mahni inthununna leh mi ñangkai nih dânte zirtîr ula. Krista kha mahni intilawm turin A nung lo tihte hrilh bawh rawh u.

In kawng êntu vâñ êng chu la ula. Krista chu ênga A awm avangin chu êngah chuan kal rawh u. Pathian rawngbawl tura in fate in ñanpui lâi chuan fiahna ngeiawm tak takte pawh an la rawn awm thei; mahse in vawn chu thlah lovin Isua chu chelh tlat ang che u. “Kei min rem duh chuan ka âng chhûngah lo lût se, mi rem rawh se.” A ti (*Isaia 27:5*). Harsatna a lo thlang ang a, dodalna pawh in tâwk ang; mahse Krista chu en tlat rawh u. Rikrum thil a lo thlen pawhin ‘LALPA, tunah hian engnge ka tih ang?’ tiin zâwt ula. In sawisel hreha in hau duh lo a nih pawhin LALPAN kawng A kawhhmuh ang che u. Thu sawi theihna *talent* hmang turin A ñanpui ang che u ang a, Krista anna kawng buatsaihin in chhûngkua-ah hmangaihna leh remnain ro a rêl ang. Thiltih dân kawng nghet zawhin in chhûngkuaa *evangelist*, in fate tâna rawngbawltu lainatna ngah tak in ni thei a ni.²⁶

He Hna Hi A Hlâwk Asin.—Pathian duh dâna naupangte ñan lentirna hian man a nei ve a. A man chu nu mittui leh pa ñawngñaina a ni. Dawhthei tak leh chipchiar taka inzirtîrna hian tha thlah a ngai thei lo hle bawh. Mahse he hna hi a hlâwk a nia. Nu leh pate chuan khawvel chimtu sualna tuilian laka an fate vêngghimtu tur bang an siam thei a ni.²⁷

1. Testemonies for the Church, vol. 1, p. 397.
2. Review and Herald, June 13, 1882.
3. Signs of the Times, Sept. 17, 1894.
4. Pacific Health Journal, January, 1890.
5. Counsels to Parents, Teachers, and Students, p.129.
6. Signs of the Times, July 22, 1889.
7. Testemonies for the Church, vol. 5, p. 325.
8. Letter 117, 1898.
9. Testimonies for the Church, vol. 1, pp. 219, 220.
10. Signs of the Times, Dec. 9, 1875.
11. Signs of the Times, February 26, 1880.
12. Review and Herald, Mar. 13, 1894.
13. Counsels to Parents, Teachers, and Students, p.129.
14. Review and Herald, Oct. 25, 1892.
15. Manuscript. 21. 1894.
16. Letter 68, 1899.
17. Letter 66. 1910.
18. Review and Herald, Oct. 25, 1892.
19. Manuscript 19, 1900.
20. Manuscript 101, 1908.
21. Testemonies for the Church, vol. 6, 205.
22. Pacific Health Journal, May, 1890.
23. Manuscript 19, 1900.
24. Manuscript 53, 1912.
25. Manuscript 27, 1911.
26. Counsels to Parents, Teachers, and Students, pp. 156, 157.
27. Review and Herald, July 9, 1901.

BUNG 74 IN TIN HI BIAK IN A NI THEI

Nu leh Pate Hi Pathian Aiawhtute An Ni.—Chhûngkaw tinte khawsak dân chu lei kohhran, vanrama Pathian kohhran entîrtu mâwi tak an ni tur a ni. Nu leh pate hian an fate chungga an mawhphurhna hi hre tak tak se chuan engahmah an hauvin an vin mai mai lo vang. Hetiang hi

naupangte inzirna tur chi a ni lo. Naupang tam tak chuan mi hauh dân te, phunchiar dân te, mi sawisel dân te leh mi dik lohna ngawt zawn dânte an zir a, a chhan chu an in lamah duhtâwka pangchan phalsak an nih vang a ni. Nu leh pate hi an fate laka Pathian aiawhtu an nihna hre chhuak tur leh thurin bul dik apiang fak a, ngaihtuahna ðha lo apiang lo bengdai zel tur an ni.¹

Nu leh paten naupangte rilru chhông lam nun an ngaihthah vaih chuan an awmdân a pângngai lo ngei ngei ang.²

Bible-a Inngat Sakhuana Chauh Hi Himna A Ni—Thalaite hian rilru chhông ril mize nghet an la nei meuh lo tih hi sawi dân tlângpui a ni. Hei hi naupan laia inzirtîr loh lutuk rah a ni. Pathian nungchang hriatna leh A chungka kan mawhphurhna hriat hi thil tēnau, hnu leh awm mang lo anga ngaih tur a ni lo. Bible-a inngat sakhuana chauh hi thalaite tâna himna awm chhun chu a ni.³

Pathian nihna diktak lantirtu nu leh pate chu an nihlawh e, Pathian thutiam leh thupêkte chu naupangah chuan Amah zahna leh lawmna-ah a chang a; nu leh pa, an zâidamna leh an dikna leh an dawhtheihnain naupang hnena Pathian zahngaihna leh hmangaihna leh dawhtheihna lantir thei, anmahni hmangaih a, an thu awih a, ring ngam tura zirtirtute chuan a Pa vana mi thu awih tur leh ring ngam tur leh hmangaih turin an fâ chu an zirtîr tihna a ni. Chutiang thilpêk te fate hnena pe theitu nu leh pate chuan rosum zawng zawng âi pawha hlu zâwk – chatuan daih rosum an pe tihna a ni.⁴

Sakhuana Hi In Chhôngah A Lan Loh Chuan A Hlu Lo.—Nî tin nun hian kan nungchang leh rilru thlêk lam awm dân leh nihna te a hril a. In chhôngah sakhuana a awm loh chuan rinna neia inchhâlna ringawt hi chu a hlu hran lo khawp mai. Chuvangin chhôngkaw zinga mi tûma kê atang mahin ðawngkam nunrawng a chhuak tur a ni lo. In chhông boruak chu midangte ngaihtuahna rilru nê m takin tirimtui ang che u. Khawngaihna kawng hawn lâia vanram huhâng thaw chhuak thei nungchang neitute chauhin vanram chu an lût dân a ni. Vanrama mi thianghlim chu leiah pawh mi thianghlim ni hmasa ber rawh se.⁵

Lei chhôngkaw zinga kan nungchang timawitu tho kha vanrama kan nungchang timawitu a ni ang. In Kristianna tehna chu in chhôngte zinga in nungchangin a entir a ni. Krista khawngaihna neitu chuan in chhông chu hmun nuam tak, thlamuanna leh chawlh hahdamna hmunah a siam thei baw. Krista Thlarau in neih loh chuan A tâ in ni lo va, vanram nuama A awmpui tur mi thianghlim, A tlansate chu A lalramah chuan in han hmu ve thei dân a ni. Pathian chuan A hnena inhlan pumhlum vek tur leh mahni in chhônga A nungchang chu tâ lang turin A duh che u a ni.⁶

Tihthianghlimna hna hi chhôngkuah inñan a ni. Mahni in chhônga Kristian chu kohhranah leh khawvelah pawh Kristian an ni ang. Chhôngkuah sakhuana an tuh loh avanga khawngaihnaa ðang lo mi tam tak an awm a ni.⁷

Nu leh Pate Hi An Chhôngkaw Kohhran Zirtirtu An Ni.—Nu leh pate hnenah hei hi ka sawi duh: In chhôngkaw kohhranah khan zirtirtu in ni thei; thlarau lam *misonari* pâwl zinga mi in ni thei baw. Nu leh pate chuan an in chhônga *misonari* nih pawimawhzia te, ðawngkam chhia leh vinin hmun a chan lohna chhôngkaw boruak vawn ðulzia te, chhôngkaw sikul hi Pathian vantirhkohte lēn luhna tlâk leh hlawhtling tura malsawmsak tlâka siam ðulzia te hre baw rawh se.⁸

Chhôngkaw inrelbawl dân hi zirna sikul, sakhaw mawhphurhna hlen chhuak tura inbuatsaihna hmunah ngaih tur a ni. In fate chu kohhran hna pēng engmaw berah an la phusa ve ngei ang, chuvangin rilru chakna zawng zawng leh taksa chakna zawng zawng chu Krista rawngbawl nân nghet tak leh thatho taka vawn ni rawh se. In fate chu thutak chu thutak a nih avanga zirtîr ni se; chu thutak hmanga tihthianghlim chu ni baw sela, tichuan nakin lawka sikul sâng lût tlâk an nih leh nih loh thlir lētnaah an ding thei ang a, lalchhôngkaw zingah telin van Lalber fate an lo ni ve thei ang.⁹

Nunze Nghet An Nunpui Tur A Ni.—Engkim mai hian tleirawl rilru-ah hnuhma an nei zel a. Hmêl lan dân an zir a, mi âw-in a hneh a, mi chezia an entawn nasa hle bawk. Nu leh pa phunchiar leh vin deuh deuhho hian an fate chu nakin lawka khawvel zawng zawng hriat tham zirlai an pe a. Naupangte hian an nu leh pate nun chu an rinna nen a inkalh lo tih an hmu tur a ni. Nu leh pate chuan an rinna chu nghet taka nun puiin mahni inthunun sela, an fate nungchang chu an duh ang chiahin an siam thei mai ang.¹⁰

Krista Hnathawktu Angin Naupangte Chu Zirtîr Tur An Ni.—Leilung dânin a phuarkhawmte hi an inphuar nghet ber zel a ni. Chhûngkaw *member-*te chuan hmangaihna ngilnei leh nêem tak chu lantir theuh sela. An ÷awngkam leh thiltih reng reng chu Krista zirtîrna thu bul remin awm rawh se. Hetiang hian in chhûng chu Krista hnathawktute inzirna sikulah a siam theih a ni.

In Chung Hi Hmun Thianghlim A Ni.—Ni tinin Pathian hnenah kan inpe tur a ni. Tichuan a bika ÷anpuina dawngin hnehna kan chang ni tin ang. Ni tin kraws chu put tur a ni a. Kan nungchang hi a theihna apiangah Krista nungchang aiawhtu ni tura Pathianah mawhphurhna nei kan nih avangin kan ÷awngkam tinte hi vên ÷at tur an ni.¹¹

Mi Tam Tak Tihsual Pawi Tak Mai Chu.—Kan fate hi nun zahawm pângngai ve tak, Kristian nia inngai nun satliah, Krista inphatna nun nei si lo, rorelna nia A thutluknain “Ka hre ngai lova che u” (*Matthia 25:12*) a tih khum tur nun neiin kan zirtîr thei em? Chanchin ÷a hlâwkna chu an fate neihsakin an inngâi a, mahse a thlarau erawh an phatsan si. Mahse hei hi a ni thei lo. Rawngbawlana Krista pâwlana remchâng hnartute chuan A ropuina hmuna tel ve tlâk nih theihna tur inzirna chu an hnâwl tihna a ni. He lei hring nun kan hman laia nungchang zahawmna leh chakna petu tur inzirtîrna chu an hnawl a ni. Nu leh pa tam takte chuan an fate chu Krista kraws lam an hawitir lo va, chutah a tlai fê tawh hnu-ah an fate chu Pathian leh mihring hmêlma kutah an lo pe reng mai tih an inhre chhuak a. An chhiatna chu nakin zel atân mai ni lo, tun hun atân ngei pawh hian an chhin hnan der tawh mai a lo ni. Thlêmnain a hneh tawh a. Khawvel tâna ânchhia ni turin an lo piang a, a hringtute tân chuan zahna leh ÷ahna mai an ni.¹²

Khawii kawngah nge kan fate hian rawng an bawl dâwn kan hre lo. Mi taptawm tak pawh an ni thei; eizawna tlânglâwn tak zawhtu an ni thei; ringlo mite ramah chanchin ÷a a vahvai pui dâwn pawh a ni thei; mahse an vai hian Pathian tâna *misonari* leh khawvel tâna zahngaihna rawngbawltu ni tura koh an ni vek an ni. Krista bula hmasialna tel lo rawngbawlana nei thei tura inzirna nei an ni vek tur a ni bawk.¹³

Pathian ÷anpuina Ring Ngam Turin Zirtîr Rawh U.—In fate chuan thil ÷a tam tak tithei se in tih chuan khawvel lo la awm tur chu thlir reng turin zirtîr mai rawh u. Harsatna an tawh châng leh dinhmun hlauhawma an awm châng Pathian ÷anpuina rinchhan tlat tura zirtîr an nih chuan tisa châkna beng dai tur leh rilru chhûng lama thlêmnâ lo thawk dang thei tur chakna an tlachham ngai lo vang. Finna Hnâr nena inzawmna chuan thil chhia leh ÷a hriat thiamna êng leh thiltihtheihna a pe bawk ang. Chutiang taka mi an inthuan chuan rilru leh mize chhungril lamah an lo nghet ang a, khawvel thil pawh an hmu chiangin an hre dik zâwk dâwn a ni.¹⁴

Rinna leh Inngah Ngamnain Chhandamna A Tichiang.—Kan chhûngkuahte hian Pathian chhandamna chu kan nei thei a; mahse chhandamna atân kan ringin kan nung ang a; Pathian rinna leh Amaha inngah ngamna tak tak chu kan nei reng tur a ni. Pathian thuin min khuahkhirhnate pawh a awm ang; mahse chungte chu kan ÷atna tur an ni zel ÷hin. Kan chhûngkua leh kan vela mite hlimna a tipung a. Ei leh in châk zâwng a thlifim a, thil lo thleng kan hmuh dân a tithianghlim a, rilru thlamuanna a pe a, a tâwpna pawh chatuan nunna a ni. Rawngbawltu vantirhkohte chu kan chênna bul velahte chuan an rawn vir tawn vel ruai a, hlim takin van nun anna lama kan hmasawna chanchinte chu van lamah an thlen chho va, chhinchhiahtu vantirhkohte pawhin hlim takin an chhinchhiahtu zel bawk ang.¹⁵

Chhûngkaw nun hneha chamchilh rengtu chu Krista Thlarau a ni a. Hmeichhia emaw mipa emaw pawh nise miin hmangaihna leh thutak lama an thinlung an hawn phawt chuan he zirtîrna thu bul hian thlaler luite luang ang maiin mi zawng zawng a tiharh ang a, thlaler ram ro nia lang chu a tihar leh vek dâwn a ni.¹⁶

In fate chuan in in chhûng aţang ngei chuan in chhûng zirnain mi a hneh theihna boruak hlu tak chu an pu darh zel tawh ang. Chuvangin in fate kum la naupan hlê lâi khan in chhûngah hna thawk ula, tichuan in zirtîrna chu sikul pindan chhûngah an luhpui ang a, chu chu mitam takin an lo hre chhawng ang a. Pathian chu châwimâwiin A awm ang.¹⁷

1. Letter 104, 1897
2. Review and Herald, March 30, 1897
3. Testemonies for the Church, vol. 5, pp. 23, 24
4. *Zâwlneite leh Lalte*, p. 245.
5. Signs of the Times, November 14, 1892
6. Signs of the Times, November 14, 1892.
7. Signs of the Times, February 17, 1904.
8. Manuscript 33, 1908.
9. Manuscript 12, 1898.
10. Testemonies for the Church, vol. 4, p. 621.
11. Manuscript 140, 1897
12. Education, pp., 264, 265.
13. *Zâwlneite leh Lalte*, p. 245
14. Pacific Health Journal, January, 1890.
15. Signs of the Times, April 17, 1884.
16. Manuscript 142, 1898.
17. Manuscript 142, 1898.

BUNG 75 NAUPANG TÊTE KRISTA HNENAH HRUAI

Naupangte Hi Eng Tianga Hmain Nge Kristian An Nih Theih?—Naupan lâi rilru hi hneh mai theih leh siam mai theih a ni zâwk a; chuvangin mipa naupangte leh hmeichhe naupangte chu Pathian hmangaiha châwimâwi tura zirtîr ni rawh se.¹

Pathian chuan naupang chumchiaphote hi A fate ni vek tura A chhûngkaw zinga lâk luh vek A duh a ni. La naupang deuh mah se thalaite chu rinna chhûngkaw *member* niin rinna nun hlu tak takte pawh an chang ve thei a ni. thinlung no tak an nei thei a, an rilru hnehtu thil reh tawh mai mai lo tur chu an dawng thei bawk. An thinlungte chu rinngamna leh Krista hmangaihnaa luan chhuahtirin Chhandamtu tân an nung thei a. Krista chuan *misonari* naupang-ah A siam dâwn a ni. An rilru kal dân zawng zawng chu a lo danglam thei a, chutah sual chu min tihlimtu angin a lang tawh lo vang a, pumpelh tumin an haw hle tawh zâwk ang.²

Kumin A Hril Lo.—Pathian mi lâr tak pakhat hi engtianga upa ang velah nge naupang chu Kristian ni thei tura beisei tur ni ang tih an zawh chuan, “Kumin awmzia a nei lo.” tih chu a chhanna a ni. “Isua hmangaihna te, rinna te, nghenna te, rinngamna te hi an vaiin naupang nunah a awm vek thei a ni. Naupangin a nu a hmangaih theih a, a rinngam theih rual hian Isua chu a nu thian tha anga ringin a hmangaih thei a. Isua chu a thian, a hmangaih leh a chawimawi em chu a lo ni ang.”

A chung a thusawi dik zet mai ngaihtuah hian nu leh pate hi anmahni thlirtu nausên mit te reuh tê leh hriatna chak tak mai hmâa ţawngkam leh an nunna thutak lan tir turin an fimkhur uchuak thei em? Kan sakhuana hi a takin nunpui ila. Biak ina kan mamawh ang chiah hian in chhûngah pawh mamawh a ni. Kan chezia-ah reng reng hi nelawm lo tak, rum tak, duh loh zâwng ngah tak mai ni lovin; kan chezia chuan ngilneihna leh khawngaihna hmangin hmangaihna thinlung nelawm tak kan nei tih lan tir rawh se. Isua chu kan chhûngkaw zîngah hian khual zahawmah lo ţang sela. Amah chu biain A bulah chuan kan phurrit zawng zawngte nghat ila, A hmangaihna te, A khawngaihna te leh A nungchang that famkimziate chu sawi ho

ang u. Nu leh pate chuan an chin fel theih miah loh buaina leh harsatna chu phunpui a, sawisel a, inhauh nâna hmang lovin Phurrit Phurtu Isua hnena an buainate chu thlen sela, ni tinin an fate chu zirlai tha tak an va pe thei zâwk dâwn em! Tichuan naupang têtê rilru chuan pangpâr kuhmum parh chhuak tirin ni êng lam a hawi ang hian Isua lam chu an hawi dâwn a ni.³

Zirlai Tinrengah Pathian Hmangaihna Zirtîr Tur A Ni.—Naupangte hnena kan thil zirtîr hmasak ber tur chu Pathian chu an Pa ani tih thu hi a ni. He zirlai hi an têt lâi atanga zirtîr ni sela. Nu leh pate hian naupangte an Pa vana mi hnaitir chu Pathian laka an mawhphurhna a ni tih hre nawn leh rawh se. . . . Zirlai apiangah Pathian chu hmangaihna a ni tih hi telh zel bawkw tur a ni.⁴

Nu leh pate chuan nausên te, naupangte te, leh thalaite hnenah Isua hmangaihna zirtîr zel sela. Nausên chuan a tawng fiah theih hmâ atangin Krista hming chu lam rawh se.⁵

Naupang hnena kan thil zirtîr zawng zawngah Krista chu sawi tel ve zel theih a ni.⁶

Nausên chu a tir atang rêngin Pathian lam thil nena inpawh hnai tura siam tur an ni. Tawngkam mâwl têtêin nu chuan a fa sên chu leia Krista awm lâi chanchin kha hrilh sela. Hei bâkah hian Chhandamtu zirtîrnate chu a ni tin nunah la lût rawh se. A nunin a fa chu he khawvel hi khawvel dang lo la awm tur atâna inbuatsaihna mai a ni tih leh mihringin Pathian khawpui lût tlâk nungchang an siamna hun atâna pêk a ni tihte entir bawkw rawh se.⁷

Hriattirna Satliah Lo Deuh An Mamawh.—Kan naupangte leh thalaite hi kan ngaihsak lo lutuk tlat mai, thianghlimna nun neiin hmasawn se tia kohhran miten khawngaihna leh dimdawihna nen an en loh avangin Kristian nunah an tan tur angin an tang thei lo a ni.⁸

Naupangte ngaihthah an nih a, pelh mai mai an nih hian Pathian chu tihmualphoin A awm a. . . . Fimkhur tak leh nasa taka tawngtâina nena enkawl an mamawh a ni. Hmangaihna leh lainatnaa khat thinlung chuan thalai pawlawh tak tak leh beisei bo der tawha ngaihte thinlung a thleng phâk ang.⁹

Isuan, “Ka Tân Heng Naupangte Hi Zirtîr Rawh U” A Ti.—Nu leh pate chuan Pathian rorelnaa ding turin an fate chu an zirtîr tur a ni tih thu dik tak hi hriat thiam dân zawng sela. An enkawl tur naupang an lo awm hian Isuan Ama kut ngeia an malchunga rawn ngat a, “Heng naupangte hi Pathian châna-ah chuan an lo ên ve theih nân min zirtîr sak rawh u.” A tih nen thuhmun reng a ni. Thil ri an ngaihven hmasak berte zinga pakhat chi Isua hming hi ni sela, tin, an têt lâi atang rengin tawngtâina hmunah hruai thin ni rawh se. An rilrute chu Isua chanchina tihkhah ni sela, an mitthla chuan khawvel lo la awmtur hlir hmu bawkw rawh se.¹⁰

Naupan Lai Pawhin Ringtu Nun An Tem Thei.—In fate chu Kristan Amah hmangaihntute tâna hmun A buatsaih chang ve turin tanpui ula. Pathianin anmahnia duh A neih chu hlen chhuak thei turin pui bawkw rawh u. In inzirtîrna chu Pathian lalram lûta chatuan nunna an neih theihna tura thi Isua chawimawina an lo nih theihna tura tanpuitu ni rawh se. He sawmna, “Ka nghâwngkaww la ula, min zir rawh u; thinlunga inngâitlâwm tak leh zâwl dawh tak ka ni si a, tichuan in thlarau tân chawlhna in hmu ang. Ka nghawngkaww a nuam a, ka phûr pawh a zâng a ni.” tih chhâng thei tur hian zirtîr ang che u.¹¹

Ka unaute u, hna thianghlim, in fate zirtîrna hna chu in nei e. An naupan lâi hian an rilru leh thinlung a la no va, a tha lam zâwnga hneh an awlsam lâi ber a ni. . . . Naupang mah nise tihtur pual an nei a, ringtu nun an nei tur ani tihte zirtîr ni rawh se.¹²

Nu leh pate hian kawng dika an fate hruai chu tum hmasak bera an neih loh chuan an fate chuan kawng dik ni lovin kawng dik lo an thlang hmasa zâwk mai ang.¹³

Lawm Taka Thu Awihna Hi Piang Thar Tehna A Ni.—Kan fate chu lawm taka Pathian duhzâwng âwihna hian Kristian nia inchhâlthe chu Kristian an nih tak tak leh tak tak loh a tifiyah tih kan zirtîr tur a ni. LALPA chuan A sawi tawh chu A hlen lo ngai lo.¹⁴

Pathian Dân Hi Insiamthatna Bul A Ni.—Pathian dân hi in chhông zirna hmanrua(zirlaibu) a ni. Nu leh pate mawhpurhna urhsun tak mai chu Pathian thupêk zawng zawngte a rinawm thei ang bera zawm a, fate entawn tlâka awm hi a ni.

Pathian dân hi siam thatna da leh mai mai lo tur zawng zawngte inngahna a ni. Khawvel hmaa Chiang tak leh fiah taka Pathian dân zawm pawimawhzia lantîr tur kan ni a. Chuvangin insiam thatna boruak chu in chhôngah tan tur a ni. Pathian dân zawmna hi taimâkna te, inren thiamna te, dikna te, mihring leh mihring inkara rinawmna te a ni.¹⁵

In Fate Zirtîr Rawh U.—In fate chu an nausên lâi aţangin Pathian thupêk zawm turin in zirtîr em? Van nun anna nei nungchang siam turin in fate chu zirtîr ula, tichuan an hnenah Isua chu A inhriattir thei ang. Naupangte hnena mahni ngei inhriattir hi A châk zâwng tak a ni. Hei hi Josefa, Samuela leh Daniela leh a thiante chanchin aţangin kan hre thei. An chanchin aţang khan Pathianin naupangte leh thalaite hnen aţanga a beisei chu kan hmu mai thei law'm ni?¹⁶

Nu leh pate hi Pathian laka bat nei an ni a. Chu an thil bat chu an fate naupang tē an nih lâi aţanga Isua Krista zuitu nih awmzia hre thiam phâk khawpa tih fina, A hnena pêk a ni.¹⁷

Naupang Pakhat Piang Thar Inpuanna.—Sakhuana hian naupangte chu lehkha zir tha tur leh rinawm turin a tanpui nasa hle. Hmeichhe naupang kum sawm leh pahnih mi lek hian mâw tēin ti hian Kristian a nihzia fiahna chu a sawi. “Lehkha zir peih lovin infiam chauh ka duh a. Sikulah ka thatchhiain ka zirlaite ka ti lo fo thin. Mahse tunah chuan Pathian tihlawm nân ka zirlaite ka zir tha tawh hle. Sikulah ka inhlei thei khawp mai. Zirtîrtuin min en loh hlek chuan nuhzate ka siam a. Mahse tunah chuan tha taka nuna sikul dante zawma Pathian tihlawm ka duh a ni. Inah pawh mahni hmâ ka sial hle thin; tih ka hnial hle baw. Ka infiam lâi ka nuin amah pui tura min kohte hian ka kal mai ngai lo. Tunah erawh chuan kawng engkima ka nu tanpui hi nuam ka tih zâwng tak leh ka hmangaihna lantirtu a ni ta.” tiin.¹⁸

Tih Tur Khêk Ching Suh U.—Nu leh pate u, in fate chu an la têt hle lâi aţangin thununna lek khum tan ula, tichuan a tâwpah Kristian an ni ang. An dik lohna dâwp chhuah atân an la naupang lutuk tih te, an sualna sim tur leh Krista hnena inpuang turin an la naupang lu deuh tih ang thil dik lo avanga boralna khuarkhurum chungah in âwih mût dân hi inhre chhuak teh u.¹⁹

Naupang kum riat, kum sawm, sawm leh pahnihte rualte hi mimal sakhaw nun chungchang sawipui atân an upa tâwk tawh. In fate chu nakinah chuan an sualte sima thutak ring turin an la upa ve ang tiin zirtîr suh u. A nih dân tur ang taka zirtîr an nih chuan naupang te reuh tē pawhin mi sual an nihzia leh Krista kal tlanga chhandamna chu an hmu dik thei a ni.²⁰

Naupang tē nih laia Krista zawngtute tâna thutiam, ziaka awm chu kawhhmuh ka ni: “I vanglai hian i siamtu hre reng rawh—ni tha lote a lo thlen hmâ leh’ ‘lawmna reng ka nei love,’ i tihna tur kumte a lo thlen hma hian.” (*Thuhritu 12:1*). “Mi hmangaihtu chu ka hmangaih a. Thahnemngai taka mi zawngtute chuan mi hmu ang.” (*Thufingte 8:17*). Beram Pu tha chuan, “Naupang tēte ka hnênah han kaltir ula, hnar suh u; Pathian ram chu hetiang mite tâ hi a ni si a,” (*Luka 18:16*) tih thu hi A la sawi reng a ni. In fate hnênah chuan thalai nih lâi hi Pathian zawmna hun tha ber a ni tih zirtîr rawh u.²¹

An Nausên Lâi Aţanga Nulâ/Tlangvâl An Nih Thlengin Kaihrui Rawh U.—A pianpui mizia zawhtir phalsak naupang chu chhe zel tur leh sual lama tlângnêl viau tura phalsak ani tihna a ni. Zirtîrna dik lo rah chu an naupan lâi aţang rengin a lang nghal a. Tleirawl nih lâi hian mahni hmasialna rilru a lo insiam a, a lo puitlin rualin sualna-ah pawh a thang ve zel thin. Nu leh pate ngaihsak hlawh loh pawina chu mahni duh lam lam zawh phalsak thin naupangte chuan an phur reng tawh mai a ni. Chutiang chhiat lam panna kawng chu sual hnehna boruak do thei thil danga thalaite chu kan hung chauhvîn dan theih a ni baw. Nausên lâi aţanga thalâi an nih chhoh hun, thalai aţanga puitling an nih chhoh thlengin a thalama amah hneh thei tur boruakin a chim reng tur a ni.²²

Fiahna An La Tawh Tur Atân Naupangte Chu Thuam Tha Rawh U.—Nu leh pate u, he zawhna urhsun deuh mai hi han inzawt teh u. “Kan fate ni nu leh pate thu hnuaiia kûn turin kan zirtîr em? Pathian thu âwih a, Amah hmangaih a, an nungchang leh nunna kaihhruai tura A dânte chu vawng turin kan ti em? Krista tâna ramthim rawngbâwltu ni tur leh thil tha tia vâk chhuak turin kan hual em?” tiin. Ringtu nu leh pate u, in fate chuan buaina hun a lo thlen chuan Lalpa tâna indona pawimawh tak an do ve dâwn a; remna Lal tâna an hneh chuan anmahni tâna hneh an ni ang. Mahse LALPA ñihna nun nei tura enkawl seilen an nih loh va, Krista nen inzawmna reng an neih loh a, vanram nen inzawmna an neih loh chuan an chhûngrilah nungchang nghet an nei lo vang. Tichuan van Pathian aia mahni inchâwi sâng a, Jehova Sabbath aia sabbath lem dintu lei thuneitute hmâ-ah chuan an tlâwm dâwn a ni.²³

1. Manuscript, 115, 1903
2. Counsels to Parents, Teachers, and Students, p.169
3. Good Health, January, 1880.
4. Review and Herald, June 6, 1899.
5. Review and Herald, October 9, 1900
6. Signs of the Times, February 9, 1882.
7. Manuscript 2, 1903.
8. Review and Herald, February 13, 1913.
9. Counsels on Sabbath School Work, p. 77
10. Review and Herald, February 19, 1895
11. Manuscript 138, 1903
12. Letter 10, 1912.
13. Review and Herald, April 14, 1885.
14. Manuscript 64, 1899.
15. Letter 74, 1900
16. Manuscript 62, 1901
17. Manuscript 59, 1900
18. Counsels on Sabbath School Work , p. 79
19. Testemonies for the Church, Vol. 1, p. 396.
20. *Ibid.*, p. 400
21. *Ibid.*, pp. 396, 397.
22. Review and Herald, September 15, 1904.
23. Review and Herald, April 23, 1889.

BUNG 76 KOHHRAN MEMBER NI TURA BUATSAIHNA

Zirtîrna Inbûk Tâwk.—Fate zirtîrna chu Pathian kaihhruaina ang zela pêk tur a ni. Naupangte chu dawhthei tak, taima tak leh zahngai thei taka hual tur an ni bawk. Nu leh pa zawng zawng chungah hian tisa, rilru leh thlarauva fate zirtîrna hna chu a innghat a. Naupangte hmâa Pathian tâ an nihzia vawn reng chu a pawimawh em em a ni.

Thlarau lam zirtîrna pêk ai chuan taksa ñhan chhoh zêl nâna inzirtîr chu a awlsam zâwk daih mai. . . .

Thlarau lam zia, ngaihtuahna tifimtu leh tisângtu, ñawngkam leh thiltih tirimtui hian nasa lehzuala beih a mamawh a. Dawhtheihna hi thinlung huan añanga rilru sualna hnim thlo fâitu chu a ni.

Thlarau lama inzirtîrna hi engti kawng maha ngaihthah tur a ni lo. Ka fate chu Pathian Thua zirlai duhawm tak takte hi zirtîr ila, chumi avang chuan Amah chu an hriat phah thei a ni. Thil tha lo reng reng chu an ti tur a ni lo tih hria sela. Dikna leh roelna tha hlen chhuak turin hrilh rawh u. Kawng dik lo an zawh in phal loh thu hrilh ula. Isua Krista hmingin Pathian hnen, A Lalñhutthleng hmâ-ah ngei chuan hlan rawh u. Krista chu an tâna dilsak turin A awm reng tih hriattir ula. Pathian anna nungchang insiam turin fuih ang che u.¹

Pathian leh Krista Hriatna Hi A Bul Ber A Ni.—“LALPA tih hi finna bul.” (*Sâm 111:10*) a nih avangin thlarau lama inzirtîrna hi engti kawng maha ngaihthah tur a ni lo. T̄henkhat chuan *education* hi sakhuana dawttu-ah an dah a, mahse inzirna diktak chu sakhuana hi a ni.²

A Taka Sakhuana Nunpui Dân Sawifiah Rawh U.—T̄awngkam mai ni lo, a taka sakhuana nunpui a, thiltiha an fate zirtîrna pe turin nu leh pate chu an inbuatsaih tur a ni. In hnen ațangin hei hi Pathianin A ph̄ut tlat a, he hna hi in hlen loh chuan in tihtur in ngaihthah tihna a ni ang. In fate chu Pathian duh dân inthununna leh Kristian nuna hlawhtlinna tura thil t̄ulte zul zuiin zirtîr rawh u. He leia an thil mamawhte ngaihtuaha an rilru tikhat reng chungin Pathian rawng an bawl thei lo tih zirtîr ula; mahse chu chu an thawh hah a ngai lo tih leh an hun awlte chu awm âwl mai mai nân an hmang thei nia inhriatna neih nân hmantir miah loh tur a ni. He mi chungchânga Pathian Thu chu a chiang khawp mai.³

Naupangte Chu Pathian Hriatna Zirtîr Rawh U.—Pathian hriat hi chatuan nunna a ni. Hei hi in fate in zirtîr nge khawvel mite tluk ve turin in zirtîr? Pathianin in tâna hmun A buatsaihah chuan haw turin in inpeih tawh em? . . . In fate chu Chhandamtu nun, a thihna leh a thawhleha te zirtîr ula. Bible zir turin hrilh rawh u. Chatuan daih nungchang nei turin zirtîr ang che u. Pathianin kan fate A vên a, mal A sawm theih nân tunhma aia nasa khân kan tawngtai tur a ni.⁴

Ni Tina Simna leh Ngaihdamna Zirtîr Rawh U.—Mi zawng zawngin eng hunah khan nge an sual chu chiang taka ngaihdam a nih chiah an hriat kher a t̄ul lo. Naupangte hnenah zirlai kan zirtîr tur chu an thiltih dik loh leh tihsual palhte chu an naupan lâi nunah ngei hian Isua hnenah an ngat tur ani tih hi a ni. An thil tihsual avanga A ngaihdamna dil ni tin turin zirtîr ula, thinlunga inchhirte t̄awngt̄aina chu A hre vek a, A ngaidam ang a, leia A awm laia A hnenah anrawn hruai naupangte A lawm ang khan A lawm tihte zirtîr zel ang che u.⁵

Thurin Dik Chu Zirtîr Rawh U.—Thutak hmu a, a pawimawhnate rilrua hria a, Pathian lam hawi thil engemaw lo dai hriat tawhte chuan an fate chu thurin nghet an zirtîr tur a ni. Kan thurin langsâr zualte hi zirtîr sela, Seventh-day Adventist kan nihna chhan te, Israel fate anga midanglam bik, hnam thianghlim, mi hran, lei chung a mi zawng zawngte laka danglam bik kan nihna chhan te, leh chutianga koh kan nihna chhan te chu hrilh vek tur a ni. Hengte hi naupangte hnenah chuan t̄awngkam mâwl t̄ê, hriat thiam awlsam taka sawi ni sela, tichuan an upat chhoh dân ang zela inrem turin an zirlaite chu th̄uk tak leh zau taka thutak lungph̄um chu ph̄um a nih thlenga hrilh ni zel rawh se.⁶

Tawi Fel Takin Zirtîr Fo Rawh U.—Naupangte leh t̄halaite zirtîrtu chuan ninawm khawpin zirtîr suh se. Thusawi tawi t̄ê, a sawi tum pawh nghal maiin mi rilru a hneh dân chu a hlimawm hle ang. Sawi tur a tam a nih pawhin tawi t̄ê t̄ê sawi zin deuh mai tur a ni. Thusawi tâwi fel ngaihnawm tak sawi fo chu vawikhata sawi t̄ul zawng zawng sawi t̄euh aiin a t̄angkai zâwk daih a. Thusawi rei hian t̄halaite rilru a tihah baw. Thil ei tam lutuk hian pumpui a tihah a, chaw châkna a tihniam baw a, chaw min ngeitir hlui thei; chutiang baw chuan thusawi rei lutuk hian thlarau lam inzirtîrna pawh a ngeitir hlui mai ang.⁷

Zanriah Ei Kham Hi Hun Hlu Tak A Ni.—In chh̄ung hi hna ngai ninawm zet mai thawhna hmun ni lovin zirna sikul a ni zâwk tur a ni. Tlai lam hi felna kawng zawh tura naupangte zirtîrna hun hlu takah ngaih tur a ni ang.⁸

Pathian Thutiamte Chu Chhiar Nawn Teh U.—Min tivârtu anga Thlarau Thianghlim kan pawm hi a t̄ul hle. Thlarau chuan naupangte hi biak a, Bible mawina leh a chh̄unga rosum awmte hmuhchhuahsak a duh em em baw. Zirtîrtu Ropuia thutiam chuan naupang thlarau chu thlarau thititheihna thianghlim tak nen tinungin a hriatnate chu a man tlat dân a ni. Thil

dawngsawng thiam tak rilru chuan thil thianghlim lam a chulnêl ang a, chu chu hmêlma thlêmna daltu bang ang a ni bawk ang.⁹

Sakhaw Inzirtîrna Chu Nuam Takin Siam Rawh U.—Sakhaw lama inzirtîrna chu naupang hnenah an têt lâi ațanga pêk tur a ni. Thiam loh chantîrna rilru pu lovin rilru hlim tak leh zâng taka pêk ni sela. Nute chuan vêng ța reng se; chuti lo chu naupangte hriat miah loh turin thlêmna chu a lo kal mai ang. Nu leh pate chu zirtîrna fîng leh hlimawm tak hmanga an fate vêngtu tur an ni a. Heng engmah hre lohote țin ța ber an nih angin hnehna an chan theih nân ținpuî rawh se; an tân chuan engkim mai hi hneh ngâi vek a la ni si a. Nu leh pate chuan an fa duhtak, thil ța tih tum mêkte chu Pathian chhûngkuate zinga mi an ni tih ngaihtuah sela, Lalber thu âwihna lamlian sial ngilsak turin an rilru pawh pe nasa hle rawh se. Hmangaihnaa ngaihsakna nen ni tinin Pathian fate nih awmzia leh A thu âwihna awmzia te zirtîr bawk sela. Hei hi ni tin, dârkar tin hna a ni. Nu leh pate u, dâk ula, thlir vel ula, ținwngțai ula, in fate chu ținianah siam rawh u.¹⁰

In chhûng Hna Ațangin Thlarau Thil Zirtîr Tur.—Pathian chuan nu leh pate leh zirtîrtute chu hetiang zâwnga naupangte leh ținalaite zirtîrna hna hi A pe a. An nun pêng tin ațangten thlarau lam thilte chu zirtîr theih an ni. Taksa faina lam kan zirtîr rualin Pathian chuan taksa leh thinlung thianghlim A duh tih kan zirtîr thei a. Hmun phiah pahin LALPAN thinlung A tithianghlim tih an zir thei bawk. Kawngkhar leh tukverhte chu kharin pindanah chuan bawlhhlawh an kâi mai mai lo vang a, kawngkhar leh tukverhte chu hawng dar vekin bawlhhlawh zawng zawng chu taima takin an phiat zâwk ang. Chutiang bawkin rilru leh thathona kawngkharte chu vanram lam hawiin hawng ıla, mahni hmasialna leh khawvel ngâinatna bawlhhlawhte chu paih chhuah vek tur a ni. Pathian khawngaihna chu rilru chhungril pindan hrang hrangahte chuan phiat lût ıla, tichuan Pathian Thlarau chuan tithianghlimin tinung rawh se. Nî tin hnathawhnaa mumal lohna leh chêt fel lohna hian Pathian theihngihlhaah min hruai a, rinna kawnga Pathian ngaihsak anna zawng awm ve bawk mah se a tak tak ram erawh mi a hlohtir țin. Kan invêna, kan ținwngțai loh chuan a hlimthla chauh manin a tak zâwk chu kan hloh der mai ang.

Rinna nung, rangkachak hrui ang chuan ni tina kan tihtur hotê anga langah pawh a phuar zel tur a ni.¹¹

Thinlung Lam Zirna leh A Khingpui Lehkhabu Hriatna.—Thlaiten rilru lama hmasawna sâng ber nei tura an inggai chu a țin e. Pathianin bithliah A siam loh zirna hi kan khap tur a ni lo. Mahse thiamna chu Pathian chawimawi nân leh midangte țin nâna hman a nih loh a, kan hriatna chu hna sâng ber hlen chhuah nâna kan hman loh chuan engmah lo mai a ni ang.

Thinlung lam zirna hi lehkhabu ațanga thiamna neih aiin a pawimawh zâwk a. Kan chenna khawvel chanchin hriat hi a țin a, a țin ve bawk; mahse chatuan thil kan ngaihsak loh chuan ngaiawh leh tawh lo tur khawpin kan hlawhchham der ang.¹²

Kan ținwngțai Vek.—Kan fate hi Pathian tâ, mana lei an ni a. He rilru hi an tâna kan thawhna chhan pui ber a ni tur a ni. An chhandamna tihchianna hmanraw țin ber leh thlêmna laka vên dân țin ber chu Pathian Thu zirtîr reng hi a ni mai. An fate nena an zir ho rualin nu leh pate chuan anmahni ngei pawhin thutak hriatnaa an țin chak phahzia chu an hmu ang. Rinhlêlhna a bo ang a; rinna leh thiltih a pung ang a; LALPA hre tura an kal zelnaah chuan rinngamna leh hriat chianna an nei thûk zel bawk ang.¹³

Nu leh Pate Ngei Kawng Daltu An Nih Theih Dân.—Entawn tlâk in ni em? Inah engtin nge ro in rel? In fate chu ngilnei tur te, midang ngaihsak tur te, zâidam tur te, tirh nuam tur te, leh a pawimawh ber sakhaw thil zah a, Pathian lam thil pawimawhna hre turtea zirtîr tur an ni.¹⁴

Pathianin chhûngkaw tinte kaihhruaina tur hmanrua A pêkte hi Amah hmangaihna leh ținnaa zawm a nih phawt chuan mipa naupang leh hmechhe naupang te hian an têt lâi ațang rengin sakhaw mi tak an nihna pêng hrang hrang chu thûk takin an tilang thei a. Inzirtîrna leh

thununna dik hlutna chu a takin an lantir thei a ni. Mahse thutak zirtîrtuin naupang rilrua a nem kâi tawh chu nu leh pate thusawi leh thiltih chuan a kalh tlat fo mai. Naupang thinslung tihmawh tak, hmin awl tak si chu thutakin a hneh fo va, mahse pa emaw nu emaw hnen aţang ngeiin thlêmna a lo thawk a, Setana thang chuan a âwk leh thin. Nu leh paten an puih loh chuan naupangte chuan kawng him an zawh thei lo deuhthaw a ni. Lunglênna thu tha lo, nu leh pa pawlawh deuhho hmuï aţanga lo chhuakte hi naupang piang thar zinga daltu lian ber an ni.¹⁵

In Tawngţaina Milin Awm Rawh U.—“Nangni keimaha in awm reng a, ka thu nangmahnia a awm reng bawk chuan in duh apiang dîl rawh u, in tân tihin a awm zel ang.” (*Johana 15:7*). In tawngţain he thutiam hi lam tel thin rawh u. Huaisenna thianghlim nena A hnen pan chu kan zalenna a ni. Tih takzeta min chhun êng tura kan dil chuan A lo ngaithla ang a, min chhâng ang. Mahse kan tawngţaina thu milin kan nung tur a ni. Kan tawngţaina thu kalha kan awm chuan a sawt lo vang. Pa pakhat, Bible chhiara tawngţai, a ‘*Amen*’ ruala fate hau nghal pawh ka hmu a. Engtin nge Pathianin a tawngţaina chu A chhân theih ang? A nih leh a fate a hauh zawh chiahah chu pa chu tawngţai se a fate chuan an hlâwkpuï ang em? Pathian hnena a inpuanna a nih loh chuan an hlâwkpuï teuh lo mai.¹⁶

Baptisma Chang Tura Naupangte An Inpeih Hunah.—In fate chu baptisma chang rual an nih hmâ loh chu Pathian fate ni lova inhriatna an neih phal suh u. Baptisma-in naupangte chu Kristianah a siam lo va, a tipiang thar hek lo; pâwnlam chhinchhiahna, Isua Krista chu an mimal Chhandamtu-ah an ring a, A tân an nung zel ang tih pawm chung a Pathian fate an ni tur a ni tih an entirna mai a ni.¹⁷

Baptisma chan duh fa nei nu leh pate chuan hnathawh tur pahnih mahni inen lêtna hna leh rinawm taka fate zirtîrna hna an nei a ni. Baptisma hi kohhran thupêk urhsun ber leh pawimawh ber a nih avangin a awmzia hi Chiang taka hriat tur a ni. A awmzia chu sual simna niin Isua Kristaa nun thar neihna a ni bawk. Baptisma chang tur hian hmanhmawh lutuk tur a ni lo. Naupangte leh nu leh pate pawhin a man chu chhût rawh se. An fate baptisma chantir an remtih rual hian nu leh pate chuan heng naupangte enkawltu nihna thianghlim leh an nungchang siamnaa ţanpuina hna an inbel ve nghal tihna a ni a. Heng beram rualte hi an rinna timualphotu an nih loh nâna a bik taka enkawl an intiam tihna a ni bawk.

An dam chhûnga an hun hlimawm ber a lo thlen a, an rilru taka Isua an hmangaih bawk a, baptisma chan an duh chuan rinawm takin sawngbawl rawh u. Baptisma an chan hmain Pathian tâna thawh an tum takzet em tihte zâwt ula. A bul ţan dânte hrilh rawh u. A zir ţanna hmasa ber hi a pawimawh a nia. Tawngkam mawl takin Pathian rawng an bawlna hmasa ber chu engtia tih tur nge tihte hrilh ula. Chu hna chu hriat thiam awlsam thei ang tur berin siam rawh u. Bible-in min hrilh anga Kristian nu leh pate kaihhruaina hnuaia LALPA tâna mahni inphatna awmziate pawh hrilh ang che u.¹⁸

Baptisma Chan Zawh Hnua Nu leh Pate Tih Tur.—Rinawm taka in thawh hnu, in faten pian tharna leh baptisma awmzia hre Chiang tawka in hriat a, an piang thar ngeia in hriat hnu-ah baptisma chu chang rawh se. Mahse a hmasain thu âwihna kawngka zima in fate kal ţantir kaihruaia beram pu rinawm tak in nih theih nân in buatsaih hmasa rawh u tih hi ka sawi nawn duh a ni. Nu leh paten anmahni nun dik hmanga an fate chu hmangaihna te, hawihhawmna te, Kristian inngaihtlâwmna te leh Krista tâna inphatsanna pumhlumte an zirtîr theih nân nu leh pate hnenah Pathian chuan hna A thawk hmasa tur a ni. In fate chu baptisma chantir in phal a, an duh duha awmtir in phal zui leh mai a, an kalna kawng vêng tha tura tih tur em em nei lova in inhriat zui bawk chuan thutak rinna, huaisenna leh Pathian thua tuina an hloh chuan in mawhpurhna a ni.¹⁹

Pathianin lalchhûngkaw *member*, van lal fate ni tura in fate chu inbuatsaihtir turin a ko che u a ni. An chhandam nân theih tâwp chhuahin Pathian chu thawhpui ula. An tihsual palh châng pawhin hau mai suh u. Baptisma chang tawh ve lem si tiin chhah loh tur. Pathian fa nihnaa an tih turah zir tur tam tak an la nei tih hre reng rawh u.²⁰

A Bika Inkhawmna Buatsaih Rawh U.—Hetah hian inkhawmna thianghlim neih hmain chhông tin tân thawh tur a awm. Ei leh in leh silhfente chu a pahnhna-ah dah ni sela, in chhông aţang hian thinslung taka Amah zawmna chu inţan rawh se. Ni tin vawithum ţawngţai ula, Jakoba ang khan ngen lui tlat rawh u. In chhông hi Isua tawhna hmun ni sela, tichuan inkhawmnaah kalpui la, chuta in hun va hman chu a hlu hle ang. Mahse engtin nge chumi hun atâna inbuatsaihna chu ngaihthah chungin Pathian awmpuina leh A thiltihtheihna chu lantir a nih in beisei theih?

In thlarau tân te, Krista tân te leh midang tânte in chhôngah hna thawk rawh u. Nidang aia nasain ţawngţai ula, LALPA hmâ-ah chuan in thinslung thlêr rawh se. In chhông bungruate chu fel takin rem ula. In fate pawh chumi hun atân chuan buatsaih rawh u. Pathian hmâ-ah chuan silhfen fai ringawt lovin kut fâi leh thinslung thianghlimin an inlan tur a ni tihte zirtîr ni sela. An kawng dal thei awm chi, anmahni leh anmahni inkara ngaih dân inang lo emaw nangmahni nena in inan lohna emaw chu dahkiang ang che u. Hetia in tih hian LALPA chu in chhôngkaw zinga lo tel ve turin in sâwm tihna a ni; vantirhkohte pawh an rawn tel ve ang a, an êng chuan ramhuai sualte thimna chu a hnawt kiang ang.²¹

Rinnaah Chuan Thutak Chi Chu Tuh Rawh U.—Buhchi thetu hna kha rinna hna a ni. Thlai chi lo ţiah mai theih dân thurûk leh a lo than len zel dân chu a hre thiam pha hauh lo va, mahse thlai lo puitlin theih nâna Pathian hmanruate chu a ring tâwk a. Tichuan a lêt tam taka a lo pun beiseiin buhchi chu a theh ta ţhin a ni. Hetiang bawh hian rah tam tak chhuah tura beisei chungin nu leh pate leh zirtirtute chuan an chi theh aţanga rah tam tak an lo chhuah beisei chungin hna an thawk tur a ni. Kan thehah chuan Pathian malsawmna dil ila, Thlarau Thianglim awmpuina chuan naupang tê têho chu a chelh tlat ang. Pathianah rinna kan nghah chuan Pathian Beram No, khawvel sual phurtu hnenah chuan kan hruai thei dân a ni He hna hi Pathian chhôngkuate zînga a naupang lamte chungah thil tih theihah chuan nghawng nei nasa ber a ni.²³

1. *Review and Herald*, Sept. 15, 1904.
2. *Counsels to Parents, Teachers, and Students*, p. 108.
3. *Testimonies for the Church*, vol. 5, p. 42.
4. *Manuscript* 16, 1895
5. *Manuscript* 5, 1896.
6. *Testimonies for the Church*, vol. 5, p.330.
7. *Gospel Workers*, pp. 208, 209.
8. *Counsels on Sabbath School Work*, p. 48.
9. *Counsels to Parents, Teachers, and Students*, p. 172
10. *Testimonies for the Church*, vol. 6, pp.93, 94.
11. *Ibid.*, pp. 170, 171.
12. *Ibid.*, vol.8, p.311.
13. *Review and Herald*, May 6, 1909.
14. *Testimonies for the Church*, vol. 5, p. 424.
15. *Manuscript* 29, 1901.
16. *Manuscript* 114, 1903.
17. *Manuscript* 5, 1896.
18. *Testimonies for the Church*, vol. 6, pp. 93, 94.
19. *Ibid.*, pp.94, 95.
20. *Manuscript* 80, 1901.
21. *Testimonies for the Church*, vol. 5, pp. 164, 165.
22. *Education*, p. 105.
23. *Testimonies for the Church*, vol. 6, p. 105.

THEN - XVIII

Kan Sakhuana Nun Vawng Rengin

BUNG 77 IN CHHUNGA BIBLE

Bible Hian Fawmkem Tam Tak A Nei.—Thupui hrang leh ze hrang tam tak huap Bible hian mi tin rilru hipna tur leh thilung tin thleng thei a nei a. A chhûngah hian hmanlai chanchin bul ber te, mi chanchin dik tak tak te, sawrkar inawp dân tur te, chhûngkaw inenkawl dân tur te a awm a – an vai mai hian mihring finnain a phâk loh zirtîrna thu bul vek an ni. Finna tha ber te, hla mâwi ber leh zahawm ber berte, mi khawngaih thlâk ber leh huatthlala awm berte an chuang a. Bible-a thu inziakte hi han ngaihtuah vang vang pawhin mihring zinga lehkha ziaktute ziah aiin teh sên loh khawpa hlu an ni a; Mihringte ngaihtuahna ril ber nena an inkungkaihna lam aṅanga thlir pawhin tâwp chin nei lo khawpa huam zau zâwk, a hlut dân tâwp chin nei lo an ni. Hemi ngaihtuahna nen hi chuan thupui tin mai hian pawimawhna thar an nei thar theuh mai. Ṭawngkam mâwl ber hmanga thutak sawfiahnate hian van anga sâng, chatuan hawlh phâk zirtîrna thu bul an keng tel si a ni.¹

Pathian Thu chu thutak lung man tam hlu tak chuan a khat a, nu leh pate chuan an robâwm aṅanga phawrhin an fate hmâ-ah chuan an lan mâwi dân ang ang chuan tar lang rawh se. Pathian Thu-ah hian duh tâwk tawka thil hlu in ṭham chhuah theihna robâwm chu a awm a, Kristian in nih avangin hna thawh ṭhain in inthuan tur a ni.²

Bible-ah Hian Pathianin Ei Tur Tam Tak A Dah.—Pathianin A Thu zir thei tura vanneihna min pêk hian ruai ropui tak min thehsak nghal tihna a ni. A Thu kan ei hian hlâwkna tam tak a awm a, chu chu A thisen leh Taksa, A thlarau leh nunna angin Aman A entîr a ni. He Thu kan ei hian thlarau lama kan chakna a pung a; khawngaihna-ah leh thutak hriatnaah kan ṭhang baw. Mahni inthunun theihna neih a ni a, chu chu a nghet zual zel ṭhin. Naupang ze sawngnawi – phunchiarna, hmasialna, ṭawng insûm lohna, pangchang thiltihte a bo va, chumi aiah chuan Kristian mipa puitling leh hmeichhe puitling zia khawngaihna a lo awm zâwk thin.³

Bible thawnthu leh tehkhin thu mâwi tak tak, Pathian Thu Thianghlim zirtîrna mâwl tak leh thianghlim tak hi in tân leh in fate tâna thlarau lam chaw a ni.

Aw, hmabâk in va la ngah êm! Pathian ṭihna leh hmangaihna nen in thawk dâwn em le? Pathian chu Bible hmang hian in be pawp reng dâwn em?⁴

Rinawmna Tehna A Ni.—Pathian Thu chu remhre takin ṭhalai rilru-ah chuan tuh ni sela, an rinawmzia tehna te, an dik lohna tidiktu te, an rilru tiêngtu leh hruaitu ni rawh se; hei hi thinurna chawk tho thei ṭawngkam vin tak takte âiin an rilru thawk thut tur khuahkhirh nân leh thunun nân a ṭha zâwk daih ang. Hetianga Bible tehna tling zo tura naupangte zirtîrna hian hun leh tha leh ṭawngtaina pawh a duh hnem hle dâwn a ni. In chhûng thil ṭhenkhat ngaihtah a nih chuan hei hi ngaih pawimawh tur a ni.⁵

Mi pawm tawh Bible thutak chuan a pawmtu rilru chu tisa thil ngaihnatna leh rilru bawhhlawhna aṅangin a châwi sâng a. A nih tur ang taka Pathian Thu hian ngaih thutak a hlawh pheh chuan naupang aṅanga puitling thlengin thlêmna dotir theitu tur chhûng rila rinawmna leh nunphung nghet te an nei ang.⁶

Israel Mi Thianghlima chuan mihring rilru zawng zawng thunun vektu tur dân leh Pathian thupêkte chu min hriattir a. Heng thupêk, ‘a thianghlim a, a dik a, a ṭha a ni’ tia puan tawhte hi in chhûnga kan thiltih tehna turte an ni. Kristian sakhaw inngahna lungphum an nih avangin sualna nei miah lova pen bosan theih an ni lo.⁷

Hriatna A Tinghet.—Bible hi a dân tur ang taka zir chu nise mihringte hi hriatna lamah an chak hle ang. Pathian Thua thupui hrang hrang awm te, a sawina ṭawngkam zahawm leh mâwl tak te, rilrua thupui zahawm tak tak min tihsakte hian mihringa finna awm chu hmâ a sawntir a, hei hi thil dang hmanga tih theih a ni miah lo. Bible-ah hian tâwpchin nei lo khawpa tam thil ngaihtuah tur a awm a. Zirlaite pawhin a thupui ropui tak tak ngaihtuahna aṅang te leh mitthlaa a lan dân sâng tak aṅang te hian ngaihtuahna leh rilru sâng zâwk an lo nei ang a; hei hi thil tenau dang sawi tel lo pawhin mihring kutchhuak chhiar nâa hun an hman aṅanga an neih âi chuan a sâng daih a ni. Ṭhalai rilru hian finna hnâr Pathian Thu an ngaihtah chuan hmasawmna zahawm ber chu an nei thei lo a ni. Mi rilru ṭha, rilru nghet leh ticherh chawrh an tlêm em emna

chhan pawh hi thil dang ni lovin Pathian hlauhna leh hmangaihna a dai a, sakhaw zirtina thu bul chu a nih dân tur ang taka mihring nunah a lanchhuah loh vang a ni.

Pathian chuan kan thil hriat thiam theihna tichak a, chawm puitlinna tur hmanraw awm thei apiang chu min chhawp sak zel ang. . . . Bible hi chhiar tak lehzualin, a thutakte hi hriat thiam ni lehzual zela chu tun aia nasa hian tihênin kan awm ang a, kan fîng zâwk bawk ang. Bible han hi keu ila, chu chuan thlarau chakna a pe ðhin.⁸

Chhôngkua, Khawtlâng leh Ram Hausakna A Ni.—Bible zirtîrna hian leia mihring hausak leh hausak loh tur a kâwk a. Ram hausakna atâna a kila lung pawimawh tak zirtîrna thu bul te pawh a haihawng bawk. Chung zirtîrna thu bul te chu vantlâng ham ðatna leh chhôngkaw tâna invênna an ni a. An tel lovin mi tumahin leiah hian hlimna te, châwimâwina te leh chhawr tlâk nihna te an nei thei lo va, chatuan nunna an beisei thei hek lo. Bible zirtîrna hi inbuatsaihna pawimawha ngai lote tân dinhmun luah tur a awm lo va, hring nun dai tur a awm lo bawk.⁹

Bible Hriatna Hi Himna A Ni.—Timothea chuan a têt lâi aţangin Pathian Thu a hria a; a hriatna chuan amah hual veltu sualna leh a tih tur aia mahni lawmna leh hlimhlawp thlang zâwk tura thlêmna lak aţangin a vêng him a. Chutiang invênna chu naupang zawng zawngin an mamawh a. Naupangte chu Pathian Thu hmangin ða taka zirtîr an ni em tih hriat hi nu leh pate leh Krista aiawhtu zawng zawngte hna pêng pakhat a ni bawk tur a ni.¹⁰

Bible Ngainatna Hi Pianpui Ani Lo.—Þhalaite hi an mâwlin an dâi zau lo va, chuvangin Bible leh a zirtîrna thutak chu an ngaina nghal ngawt dâwn lo. Setana hmanraw laka vêng himtu tur bang sak hual tur chuan nasa taka beih a ngai a, chutiang anih loh chuan Setanan a thlêmthlu ang a, a duh duh hunah sal atân a man mai ang. An la naupan hlê lâi aţangin naupangte chu Pathian dân awmzia leh sual tleng fai tur min Tlantu Isuaa rinna nghah chungchangte hrilh tur an ni. He rinna thu hi ni tinin ðawngkam leh entirna hmanga zirtîr reng ni rawh se.¹¹

A Bîkin Þhalaiten Bible Zir An Ngaihthah.—Naupang aţanga puitling thlengin Bible zir hi an ngaihthah a. Nun dân phungah an nei lo a ni. A bikin ðhalaite phei chuan an ngaihthah lehzual hle. A tam zâwkin lehkhabu dang chhiarna hun nei siin chatuan nunna kawhhmuh thei lehkhabu chu an zir ni tin peih si lo. Thawnthu ho mai maite chu ngaihnaawm ti em em chhiarin Bible chhiar chu an peih lo hle mai. He lehkhabu hi nun sâng zâwk leh thianghlim zâwk neihna tura min kaihhruaitu a ni. Thawnthu phuachhawp an chhiar avang hian an suangtuahna kaih her ni lo se chuan ðhalaite hian an lehkhabu chhiar tawh zawng zawnga lehkhabu ngaihnaawm berah an puang ngei ang.

Pathian Thu zirna an ngaihthah hian ðhalaite rilru chuan hmasawna zahawm ber chu an thleng zo ðhin lo. Pathian siam khawvel, Amah Siamtu awmna-ah ngei kan awm tih te, A anpuia siam kan ni tih te, min hmangaihmin min vêng reng a, min enkawl tih te hi ngaihtuah tham thu ropui tak an nih bâkah rilru chu ngaihtuahna zau zâwk leh sâng zâwk neiturin an hrui a ni. Hetiang thupui ngaihtuah tur tura mahni rilru leh thil lung hawngtu chu thu ho mai mai leh mi tizauthau thei thil hian a lawmna ani tawh ngai lo.¹²

Nu leh Paten Pathian Thu An Ngaihthahna Naupangah A Langchhuak.—Nu leh paten hrui aitu leh thurawn petu atâna Bible hi an hman loh a, an hnena thuchah lo thlengte an ngaih pawimawh loh hian an la têt hle lâi pawhin an fate chuan chutiang engmah pawisak lohna rilru tho chu , “A ho em mai; ka duh duhin ka awm ang,” tiin an lan chhuahtir thei a ni.¹³

Bible Hi A Zahawm Ang Hian Zah Rawh U.—Eng ropui tak neitute kan nih avangin kan thilchin ðhanah te, kan ðawngkamah te, kan chhôngkaw nun leh ðhian kawmah te hian kan indah sâng tur a ni. Bible chu chhôngkua-ah a dinhmun sâng tak luahtirin hrui aituah hmang ula. Harsatna apianga thurawn petu, kan thiltih apiang teh nâna hman ni rawh se. Ka unaute hi Pathian thutak, finna hnârin chhôngkuaa ro a rêl loh chuan thlarau lam hausakna diktak a awm

thei lo tih thu hian hneh theih an ni ang em aw? Nu leh pate chuan Pathian rawngbawl hi phurritah an lo nei thin a nih pawhin chu thatchhiatna nun kalsana an rilru tisâng tur chuan kawng tinrengin bei sela. Thutak thiltihtheihna hi chhûngkaw tihthianghlimna hna thawktu lo ni bawkw rawh se.¹⁴

Nu leh pate u, Pathian Thu Thianghlima inkaihhruaina awmte hi chipchiar takin in fate chu zirtîr rawh u. Hei hi baptisma inchan laia in thutiam kha a ni. Khawvel thil engmahin he hna hi a thulhtir tur che u a ni lo. In fate chu in rila rahte ngei an ni emaw, mi fa in lâk emaw pawh nise a danglam lo; an thlarau chhandam nân in chakna zawng zawng nen thawkw rawh u.¹⁵

Bible Hi Chhûngkaw Zirlaibu-ah Hmang Rawh U.—Nu leh pate u, in fate chu Pathian rawngbawl tur leh thil tha titura in zirtîr duh chuan Bible hi zirlaibu-ah hmang mai rawh u. Setana thil tum rûkte a lâi lang a. Hnamte châwikangtu, rilru sualna zilhtu leh a dik lohna siam thatu, thil dik leh dik lo min hriattir theitu a ni bawkw. In chhûngah leh sikulahte hian thil dangte chu zirtîr ve bawkw mah ila, Bible hian zirtîrtu ropui angin hmun pawimawh ber luah sela. Tichuan Pathian chu chawimawiin A awm ang a, in fate an lo pian thar nân hna A thawhsak ang che u. He lehkhaw hian mawina leh thutak rophum rûk a nei a, ngaihnawm titaka an fate an chhiattir theih loh chuan nu leh pate chu anmahni leh anmahni indem hle rawh se.¹⁶

“Tih ziak a ni” tih thu chauh hi Kristan thlêmtu beih lêt nâna A hman kha a ni a. Nu leh pate zawng zawng tih tur ropui ber leh zahawm ber chu Bible thutak zirtîr hi a ni. A nuam thei ang leh rilru hlim thei ang berin Pathianin naupangte hnena A sawi ang khan thutak chu an hma-ah chhawp ula. Nu leh pa in nih angin khawngaihna te, dawh theihna te leh hmangaihna te in nunpui a, anmahni in zawm hian in fate tân entawn tlâk tak in lo ni ang a. An duh duha an awm tih phal suh ula, in hna chu Pathian Thu nunpui leh LALPA enkawlina leh zilhhauna hnuaia anmahni dah chu ani tihte entir ang che u.¹⁷

Taima Tak leh Awmze Nei Taka Zir Tur.—Chhûngkuaa Bible zirna chuan kawng hmang fel tak nei sela. Khawvel thil chu ngaihtah hmiah a. . . . thlarau rilham chu nunna chhanga hrai puar a ni ngei em tih hriat chian tur a ni. Ni tin Pathian Thu zir ho nâna dârkâr khat emaw, dârkâr chanve emaw chauh hlim tak leh nuam taka kan hman thinin rah a chhuah thatzia hi chhût sên a ni lo. Bible chu amah leh amah inhrilhfiahtir la, hun hrang hrang leh dinhmun inang lo tak tak hnuaia thupui hrang hrang a sawite chu khaikhawm tur a ni. In inkhawm lâi chu inleng leh hmun dang aţanga kotute avangin thulh miah loh tur; chhûng inkhawm lâia an lo luh pawhin tel ve tura sawm mai tur a ni. Khawvel hlimna aiin Pathian Thu hriatna chu inngai pawimawh zâwk tih hmuhtir ni rawh se.¹⁸

Bible hi ni tin taima tak leh ţawngţai reng chungka kan zir chuan thutak êng fiah thar, fiah zâwk leh chak zâwk chu kan hmu zel ang.¹⁹

Mi Tinin Sabbath Sikul Zirlai Zir Vek Rawh Se.—Sabbath sikul hian chhûngkaw kima Pathian Thu zir hona hun remchâng tak a siam a. Mahse Sabbath sikula hlâwkna tak tak chhar tur chuan nu leh pate leh naupangte chuan zirlai zir nân hun hmang tha sela, thu dik hriat tur awm chi hriat tumin chung thu dikin zirtîr a tum thlarau lam thutake chu zawng rawh se. Kan Bible châng zir mêk pawimawhna hriat famkim a ţulziate pawh tleirawlte thinlungah chuan kan tuh tur a ni.

Nu leh pate u, in fate nena Sabbath sikul zirlai in zirna tur hun ruat hran rawh u. Chanchin thianghlim zir loh phah nâna hman dâwn âi chuan lên chhuah loh pawh a tha zâwk a ni. Sabbath sikul zirlai hi nu leh pate leh naupangte pawhin an hlâwk pui em em ang. Bible châng pawimawh zualte chu vawn tum nise; amarawhchu hna anga nei lovin hamthatnaa ngai chungin tih ni rawh se. A tir chuan thiam pawh a harsa mai thei, mahse han tihrawn fô hnu chuan a lo ziaawm zel a, tichuan thutak chhêk khawl chu nuam hlein in hre tawh mai ang a. Tih than hnu pheih chuan thlarau lam than nâna ţanpuitu hlu ber a ni tih a lo lang mai ang. Nu leh pate chuan Pathian duh dân leh A dân nghet tak bâkah hrilhlâwkna chanchin an fate zirtîr chu an mawphurhna thianghlimah ngai sela. An fate chu in lamah zirtîrin anmahni ngei pawhin

Sabbath sikul zirlaite hi zir taima rawh se. Naupangte nena an zir ho chuan an zirlai chu an ngai pawimawh tih an lantir a, Bible hriat zel châkna nei turin an ãanpui bawk ang.²⁰

Hriatna Pâwnlângah Lungâwi Suh U.—Pathian Lehkha Thu hriatna ril neih tum pawimawhzia hi chhût sên a ni meuh lo ve. “Pathian thawk khuma pêk” chuan “chhandam ni khawpin min tifing a,” Pathian mi chu “hna ãa tinreng thawk tura kim taka thuam” a ni a (2 *Tim 3:15-17*), Bible hian kan ngaihsak a phût em em mai a ni. Hriatna pawnlângah kan lungawi mai tur a ni lo va, thutak awmze thûk tak chu hriat tumin Zawlnei Thianglima thlarau thûk taka dâwt tum zâwk tur a ni.²¹

Sabbath Sikul Zirlai Chu Naupang Nunah Bel Tur.—Naupangte Bible kan zirtîr hian an rilru lo hmin dân te, an thil tih duhzâwng te, Bible-in engnge a sawi tih hriat an lo châk chho zelte hmuh hian hlâwkna tam tak kan nei thei a. Rilru thlêkna kawng hrang hrang neia min Siamtu chuan A Thu-ah hian mi tin tân engemaw thil A dah ãheuh a. Chuvangin naupangte chu an nuna ngaihbel theih a ni tih an hriat tawh chuan Bible chu an zirtîrtu anga en turin zirtîr ang che u.²²

Bible hi hman ral theih loh khawpa thûk leh thiltihthei, khat liam zawih zawih a ni a. Chuvangin naupangte leh ãhalaite chu zirtîrna leh ãawngkama a hausaknate hmu chhuak turin fuih rawh u.²³

Mi Tinin Mahni Tân ãheuh Zir Rawh Se.—Nu leh pate hian an fate chungah mawh an phur rit hle a ni. Bible ringa zirtu nu leh pate chuan Pathian thupêk chu an zawm ngei ngei tur ani tih leh A dân thianglim kalhin an nung tur a ni lo tihte an hre zel ang. Rawngbawltu pawh ni se mi tu pawh Pathian Thu zah lo zâwnga hruaitu chuan rorelna-ah an kawng zawh man chu an la hmu ang. Nu leh pate chuan an thlarau leh an fate thlarau nun chu rawngbâwltu-ah ni lovin Pathian-ah chauh an nghat tur a ni; anmahni siamtu leh Tlantu A ni si a. Nu leh pate chuan thlarau chhandam thei leh bo palh thei an neih avangin anmahni tân ngei Pathian thu chu an zir tur a ni. Rawngbawltu chungah an chhandamna nghah chu an tlin lo vang. Anmahni tân ngei thutak chu a zir tur a ni.²⁴

Naupangte Tân Naum Takin Bible Zirna Chu Neih Tur A Ni.—Naupangte chu Bible zir nuam ti hle tura zirtîr ni rawh se. Kan ngaihtuahna leh hmangaihna hmasa ber hi thil dang zawng aia kan mamawh hriatna a ken avanga lehkhavute Lehkhabu Bible tân hmun kensak tur a ni.²⁵

Hetiãg titur hian nu leh pate ngei chuan Pathian Thu hi belchiãng sela. Tichuan an fate hnena thu ãul lo leh thawnthu ho mai maite sawi lovin Bible thu an sawi pui tawh ang. Bible hi mi thiamte tân chauha buatsaih a ni lo; mi naran hriat thiam theih turin ãawngkam mawl tak leh fêl taka ziah an ni a; a hrilhfiahna diktak nen tam tak chu naupang tê tak tê têho pawhin ngaihnaawm titak leh hlâwk taka an ngaih thlâk theih tur a ni.²⁶

Naupangte tân Bible hi ninawm hle turah ngâi ringawt suh u. Zirtîrtu fîng tak mai hnuaiah chuan Bible hi a ngaihnaawm tulh tulh mai ang. An tân nunna chhang niin a hlui theih ngai dâwn lo a ni. Amahah chuan naupangte leh ãhalaite hiptu duhawmna riau a awm a. Ni êng mâwi takin lei a chhun êng a, a tilum a, a ral ngai chuang lo ang hi a ni. Bible-a khawvel chanchin kal tawh leh thurin an zir aãangin naupangte leh ãhalaite chuan lehkhavut dang zawng zawngte chu engmah lo mai an ni tih an hria ang a. He lehkhavut aãang ngei hian hmangaihna leh zahngaihna tuikhur chu an hmu ang.²⁷

Nu leh pate u, in fate chu hriat awlsam takin zirtîr ula, an hre fiah ngei em tih hre bawk ang che u. Bible aãanga in thil zirte chu an rilru no tak maiah chuan fiah taka in dah chuan an hre thiam lo thei lo ringawt mai a ni. Pathian Thu aãanga zirlai awl tê tê in thur chhuah aãang leh anmahni thil tawn ngei aãangten nun sãng tak neih dân in zirtîr thei ang. Tichuan naupang tê an nih lâi aãang rengin nun fîmkhur tak leh ãhahnemngai tak, thil ãa tak tam tak la rah chhuak tur nupuidân chu an hre tawh dâwn a ni.²⁸

Ngaihtuahna Thar Pein A Tihdân Tha Berte Hmang Rawh U.—Kan Pa vana mi khian A Thuziak A pêk lâi khan naupangte hi A en khûm ngai lo. Mihring thuziak zingah Bible thawnthute anga naupangte thinlung man nghet thei leh an rilru duhzâwng anga awm thei lehkhabu dang a awm em?

Heng thawnthu mawl tê tê aţang hian Pathian dân zirtîrna thu bul chu fiah taka lantir theih a ni a. Tichuan naupang hriat thiam tâwk leka entirna pên nu leh pate leh zirtîrtute chuan A thupêk pakhat: “In fate thanhnemngai takin in zirtîr ang a, in ina in thut lâi te, in mut lâi te, in thawh hun tein in sawi thin tur a ni,” (*Deut. 6:7*) tih kha an ţan thuai thei ang.

Heng Bible zirlai zirtîrna-ah hian *blackboard* te, milem te, *map* te hmang ila an rilru-ah a châm rei bik a ni. Nu leh pate leh zirtîrtute chuan zirtîr dân tha zâwk zawng reng bawkw rawh se. Bible kan inzirtîrnaah hian kan rilru harh vân lâi ber chuh ila, a tihdân kan hriat ţat ber hmang bawkw ila, thahnem pawh i ngai ber bawkw ang u.²⁹

Bible Chu Hruaitu Angin Nei Rawh U.—LALPA zilhauna leh enkawl na hnuai in fate dah in tum a nih chuan Bible hi hruaitu-ah hmang ang che u. Krista nun leh nungchangte kha an entawn tur angin târ lang ula. An tihsual chuan an tihsual anga tihsual vete chungchânga LALPA thusawi chu chhiarsak ang che u. Hemi titur hi chuan taima tak leh chawl miah lova ngaihsak a ţul hle. Vawikhat lek an nungchang tha lo pawh nu leh pate leh zirtîrtuten an haider hlauh chuan an nungchangin a chhiat hlen phah der thei a ni. Naupangte chu thinlung thar nei ngei ngei tur te, duhzâwng nei thar ngei tur te, rilru thar pu turtea zirtîr ni rawh se. Krista ţanpuina dawng ngei sela, Bible-in a puan Pathian nungchang chu an hre bel hle bawkw tur a ni.³⁰

1. *Education*, p. 125.
2. *Signs of the Times*, Sept. 10, 1894.
3. *Counsels to Parents, Teachers, and Students*, p. 207.
4. *Letter* 27, 1890.
5. *Signs of the Times*, Sept. 13, 1877.
6. *Testimonies for the Church*, vol. 8, p. 319.
7. *Review and Herald*, November 13, 1888.
8. *Christian Temperance and Bible Hygiene*, p. 126.
9. *Thlâhtubul leh Zâwqlneite*, pp. 736-737.
10. *Testimonies for the Church*, vol. 4, p. 398.
11. *Ibid.*, vol. 5, p. 329.
12. *Counsels to Parents, Teachers, and Students*, pp. 138, 139.
13. *Manuscript* 49, 1898.
14. *Letter* 107, 1898.
15. *Manuscript* 70, 1900.
16. *Testimonies for the Church*, vol. 5, p. 322.
17. *Manuscript* 5, 1896.
18. *Review and Herald*, Oct. 9, 1883.
19. *Counsels on Sabbath School Work*, p. 23.
20. *Counsels to Parents, Teachers, and Students*, p. pp. 137, 138.
21. *Testimonies on Sabbath School Work*, p. 111.
22. *Counsels to Parents, Teachers, and Students*, p. 139.
23. *Education*, p. 188.
24. *Manuscript* 33, 1900.
25. *Review and Herald*, Oct. 9, 1883.
26. *Signs of the Times*, Apr. 8, 1886.
27. *Counsels to Parents, Teachers, and Students*, p. 171.
28. *Ibid.*, p. 109.
29. *Education*, pp. 185, 186.
30. *Signs of the Times*, May 25, 1882.

BUNG 78 TAWNGTAI THILTIHTHEIHNA

Chhûngkaw Tawngtai Pawimawhna.—Chhûng tinin LALPA ţih hi finna bul a ni tih hriain tawngtaina maicham an hûng ţheuh tur a ni. Khawvelah hian sakhuanain a pêk theih chakna

leh phurna mamawh an awm anih chuan naupangte zirtîrna leh kaihhruainaa mawhphurhtute hi an ni ngei ang. An ni tin nunin an kaihhruaina thlirtute chu Pathian tel lo pawha khawsa thei an ni tia a zirtîr tlat si chuan Pathian pawm tlâkin hna engmah an thawk thei lo. An fate chu khawvel damchhung atâna chauha an zirtîr chuan chatuan atân an inbuatsaih ngai dâwn lo a ni. Pathian tel lova an nung ang bawkin Pathian tel lovin an boral ang a, an thlarau boral thua insawifiah turin nu leh pate chu koh an la ni ang. Nu leh pate u, fîng tak leh, zâidam tak leh hmangaih taka in fate chu in enkawl thiam theih nân zing tin leh tlai tin Pathian chu in chhûngkaw maicham atang ngei khan zawng rawh u.¹

Chhûngkaw Inkhawm Ngaihthah A Ni.—In tin hi tawngtâina in an nih a tûl vek hun a awm dâwn a nih ngai chuan tun hi a ni. Rin lohna leh rinhlelhna a zual a. Bawhchhiatna a khat liam baw. Hlemhlêtnain rilru kal vel a fan chhuak a, mihring nunah Pathian laka helna a chhuak nasa baw a. Mihring chu sualnain salah a man tlat a, a nun chhûng ril chu Setana lalna nunrawng tak hnuaiah a kun a. Mihring thlarau chu thlêmna hmanga a chhahih kual vel mai mai theih a ni; kut chak takin ban phara a chhanchhuakte a nih loh pheih chuan mihring chu hel hmangte kawnga liam mai tur a ni.

Mahse hetiang khawpa boral hlauhawm hunah tawh pawh hian Kristian inti thenkhat chuan chhûngkaw inkhawmna an la nei ngai lo va. In chhûngah Pathian an châwimâwi lo va, an fate pawh Amah tîh a, hmangaih turin an zirtîr hek lo. Mi tam tak chuan Pathian lak atanga an hlat tawh em avangin Amah rawn pan chu an inthiam lo va. “Khawngaihna lalthutphah chu huai takin” “thinrim lo leh ringhlel lova kut thianghlim pharin” an pan ngam lo a ni [*Hebrai 4:16. I Timothea 2:8*]. Pathian nena inzawmna nung an nei lo va. An awm dân chu thiltihtheihna tel lova Pathian ngaihsak anna a ni.²

Tawngtâi a sâwt lo tih ngaih dân hi thlarau nun tihchhiat nâna Setana hmanraw tha ber pakhat a ni. Tawngtâina hi Pathian nena inzawmna te, finna tuikhur hnâr te, chakna hnâr te, thlamuanna leh hlimna hnâr te a ni.³

Tawngtâi Ngai Lo Chhûngkaw Vanduin.—Tawngtâi ngai lohna in chuan eng vanga min tingui viau nge a nih engmah ka hre lo. Chutiang inah chuan zan khat lek pawh lungmuangin ka awm thei lo va; nu leh pate hnena an thil ngaihthah pawl tak mai leh tûl tak mai hriha tanpui tur lo pheih chuan ka châm hauh lo vang. An hmâ-ah LALPA tîhna lam hawi a awm loh avangin tawngtâi an ngaihthah rah chu naupangah a lo lang chhuak thin.⁴

Dân Ang Leka Tawngtâina A pawm Tlâk Loh.—Tam takah chuan zing leh tlai chhûng inkhawm chu dân pângngai ang lek, nung lo tak leh ninawm khawpa thu ngai tihrik mai maina hun, rilrua lawmna tak tak leh mamawh tak taka inhriatna awm si lova tih ve mai mai a ni thin. LALPAN chutiang inkhawm chu A pawm lo va. Mahse thinlung inngâitlâwm leh rilrua inchhir ngawih ngawihthe dilna erawh A hawisan lo vang. Kan Pa vana mi hnena kan thinlung kan hawn a, Amahah kan inngah pumhlum a, ka lawmzia kan entir hian – chu chu tawngtâina dik tak a ni.⁵

Tawngtâina In Awm Rawh Se.—Hmanlai mi rinawmte ang khan Pathian hmangaiha inchhâl tawh phawt chuan an awmna apiangah LALPA tân maicham siam rawh se. . . . Nu leh pate chuan anmahni leh an fate tâna inngaitlâwmin Pathian hmâah an thinlung pawt thler sela. Pa ber chuan chhûngkaw puithiam a nih angin zing tin, tlai tin LALPA maichamah chuan inthawina hlan se, nu leh naupangte pawhin tawngtâi leh fak hlasain lo zawm ve rawh se. Chutiang chhûngkua-ah chuan Isua a cheng châk hle ang.⁶

Chhûngkaw *member* tinte chuan vanram nen an inzawm hnai hle tih an rilru-ah vawng reng rawh se. LALPA chuan he laia A fate hi A ngaihven em em reng a. Vantirhkohte pawhin mi thianghlim tawngtâi mêk te chu rintang an lo hlan sak a. Chuvangin chhûng tinah hian zing leh tlai ni tlâk khawvawh lâi hian Pathian hmaa chhandamtu felna angin tawngtâina chu van lamah chho ziah rawh se. Zîngah leh tlaiahte hian vante khian chhungtin tawngtâi lâi chu an lo thlir reng thin a ni.⁷

Pathian Hnena Hlan Naupangte Vantirhokhin An Vêng—Hna thawk tura an chhuah dawnin chhûngkaw tin chu inkokhâwm sela; Pa ber chuan Pathian hnenah vêng nileng turin thahnemngai takin dil rawh se. Pa ber a awm loh chuan nu-in ti rawh se. In ngâitlâwm tak, thilung ngilneihnaa khat, in fate nen thlêmna leh hlauhawm dang hmachhawn renga inhriatna nen rinnain maichamah lo kal khawm ula, tihtak zetin LALPA kaihhruaina chu dilsak rawh u. Tichuan vêngtu vantirhokhte chuan Pathian hnena hlan tawh naupangte chu an vêng reng ang.⁸

Ṭawngṭainain Naupang A Vêng Him—Zîng thawh hlimah hian kristiante rilru luah hmasa bertu chu Pathian ni sela. Khawvel hna leh mahni duhzâwng chu a pahnihna ni rawh se. Naupangte chu ṭawngṭaina hun zah hle tura zirtîr ni sela. Zîng tin leh tlai tin thahnemngai taka ṭawngṭaina leh rinna chak tak nena naupangte vên him chu nu leh pate mawhphurhna a ni. Pathian lawmzâwnga awm dân tur te pawh zâidam tak leh beidawng hauh lovin zirtîr rawh se.⁹

Inkhawmna Hun Bîk Nei Rawh U—Chhung tinah zing leh tlai inkhawmna hun bik a awm tur a ni. Nu leh pate tân tukṭhuan ei hmaa fate huikhawm a, Pathian hnenah zan lama a kaihhruaina avanga lâwmthu sawi leh nilênga vêng tura dil leh chu thil inhmeh tak a ni. Tlai lama hna thawh zawha chhûngkua inhmuhkhawm a, nilenga min vên avanga Pathian hnena lâwmthu sawina leh zankhuua vêng tura dil leh chu nu leh pate tân a inhmeh em em bawk.¹⁰

Engvang Mahin Ṭhulh Suh U—Chhûngkaw inkhawm hi thil awm dân a zira neiha neih loh mai mai tur a ni lova. A châng châng ṭawngṭai a, hnathawh tur ngah deuh changa ngaihthah leh ringawt tur a ni hek lo. Chutianga in tih chuan in fate chu ṭawngṭaina hi a ṭangkai tak tak love tia ngai turin in hruai tihna a ni. Pathian fate tân ṭawngṭaina hi thil tenâu a ni lova, zing tin leh tlai tinin Pathian hmâ-ah lâwmthu sawi ṭhin ni rawh se. Sâm phuahtu chuan, “Aw lo kal rawh u, LALPA châwimâwiin hlim takin i zai ang u: Kan inchhandamna lungpui châwimâwiin hlim takin i au ang u. Lawm thu sawiin a hmaah i kal ang u khai, Fakna hla saa amah châwimâwiin hlim takin aw i chhuah ang,” a ti a ni [*Sâm 95: 1, 2*].¹¹

Nu leh pate u, buai hle mah ula in chhûngkua chuan Pathian maicham hmaa kalkhawm chu ṭhulh miah suh u. In chhûngkaw tân vantirhokhte vên himna dil ula, in fate chu thlêmna tâwk thei renga tawktarh an ni tih theihngilh suh u.¹²

Mikhualte duat avangin Pathian laka kan mawhphurhna chu enkhum lo ila. Eng vang mahin ṭawngṭaina hun chu ngaihthah tur a ni lo. Pathian biakna hun hmang peih mang lo khawpa inchoh leh titi hmasak loh tur a ni. Hei hi Pathian hnena ran kebai hlan ang a ni. Tlai lam la hma tak, muang changa kan ṭawngṭai tur hun thawlah chuan A hnenah kan inpe ang a, hlim leh lawm takin kan fak tur a ni.

Kristian chhûngkuaa lenglût apiang chuan ṭawngṭaina hun hi hun hlû, hun thianghlim leh ni khata hun hlimawm ber a ni tih hre rawh se. He Pathian chibai bûk hun hian a tel ve apiangte rilru chu a tisângin a ti thar hle ang a. Rilru thlamuanna leh hahchawlhna a pe ang.¹³

Naupangten Chhung Inkhawm Hun Zah Rawh Se.—In fate chu zâidam a, midangte zah thiam a, thil phal a, thildang zawng zawng aia sakhaw thil ngâi pawimawh a, Pathian thil pawimawhzia hre tur ten zirtîr ni rawh se. Ṭawngṭai hun zah thiam hle tura zirtîr ni sela; zingah pawh chhûng inkhawm nang hmanin tho rawh se.¹⁴

Chhûng Inkhawm Chu Châkawm Taka Siam Tur.—Pa ber chuan chhûngkaw puithiam a nih angin zing leh tlai inkhawm kaihruai sela. He hun hi chhûngkaw hun nuam ber leh hlimawm ber a nih lohna tur a awm lo; ninawm tak leh ro zeta neih a nih hian Pathian chu tihmualpho a ni. Chhûng inkhawm chu tawi tê, nung tak ni rawh se. A ninawm em vang leh a ngaihnaawm loh em avanga in fate leh chhûngkaw member tute tân pawha hlauhawm khawp chuan chhûng inkhawm hi siam loh tur a ni. Bible châng thûi tak tak chhiar a, sawifiah leh nghek a, rei tak ṭawngṭai zui hian he hun hlu tak hi a ti ninawm a, zawh hnu-ah hah a dam huai mai zu nia!

Chhûngkaw lûte chuan a bikin inkhawmna hun hi nuam taka siam tum rawh se. Tlêma han ngaihtuah deuh hleka fimkhur taka inbuatsaih a nih chuan chhûng inkhawm hi Pathian awmpuina azârah hun nuam taka siam theih a ni a, chu chuan chatuan chauhin a puan chhuah tur nghawng tam tak a nei a ni. Pa ber chuan Bible châng ngaihnawm tak leh hriat thiam awlsam tak chu thlang sela; ni khat chhûnga zir tur leh nun pui atân châng tam tak chhiar a ngâi hran lo. Zawhnate pawh zawh theih a ni, thahnemngai taka ngaih dân tlêm sawi pawh a theih ang, entirna hmangin ngaih dân tâwi tê, sawi tum tak kâwk nghal chat chite chu sawi ni rawh se. Hlâ châng tâwi tê pawh sak theih a ni a, ãawngtâina chu a tawiin a tum tak a kâwk nghal chat tur a ni. ãawngtâina hmangtu chuan engkim dil duah lovin a dil duh chu ãawngkam mâwl têin sawi sela, Pathian fakín lâwmthu sawi tel rawh se.¹⁵

Bible zir nuam tihna rilru chawk tho va, tinghet tur chuan chhûng inkhawm neih hunin a zir a ngâi khawp mai. Zîng leh tlai inkhawm hun chu ni khata hun duhawm ber leh ãangkai ber a ni tur a ni. Nu leh pate leh naupangte chu Isua tâwk tura inkhawm, an chhûngkaw zingah vantirhkoh thianghlimte chu lo chêng ve se tia sawm tur an nih avangin he hunah hian buaina leh ngaihtuahna sual a lo lût tur a ni lo tih chu hriatsa ni rawh se. Inkhawm chu nung tak, tawi fel tak, a ãul dân anga her rem, hun danglam anga dang lam ve zel ni sela. Chhûngkaw *member* tinin Bible chhiar lâi chu lo zawm se, Pathian dân chu sawi nawn ni fô rawh se. Naupangte chu an duhzâwng chhiartir ve zauh zauh ila nuam an ti lehzual ang. Zawhnate pawh inzâwt tawn rawh u. A awmzia entir tur thil chu engpawh sawi ula. Inkhawm chu a rei lutuk dân a nih loh chuan naupangte pawh ãawngtâi ve sela, zaite pawh zâi ve se; amarawhchu châng khat emaw lek sa rawh se.¹⁶

Fiah Tak leh Chiang Takin ãawngtâi Rawh U.—Fiah tak leh fel fai takin ãawngtâi ula, chutianga tive tur chuan in fate chu zirtîr rawh u. Dâk deuh hlek tur leh an kuta mit hup lo turin zirtîr ula. Tichuan mâwl têin an ãawngtâi thei ang a, Lal biakna te pawh an sawi ve thei dân a ni.¹⁷

Rimawi Thiltihtheihna.—Bible-a hla chanchin inziakte hi hla leh rimawi hlâwkna leh a hman dân tur lama thurawnin a khat a ni. Rimawi hi sual rawngbawl nâna hman nasat a nih avang hian thlêmna hmanraw ãha ber pakhtata a lo ãang ta a. Mahse dik taka hman erawh chuan Pathian thilpêk hlu tak, thupui zahawm tak leh sâng taka ngaihtuahna châwi kang a, thlarau nun thâwk khum a, tisângtu a ni.

Rimawi hi thlarau lam thutaka mi thinsung hnehna hmanraw thiltitheih ber pakhat a ni baw. Thlarau nun beidawng, beisei bo tawh ten rei tak an lo theihngihl tawh Pathian thu an naupan laia an hla sakte chu an hre chhuak leh fô va. Chutiang hunah chuan thlêmna a chakna a hloh a, nunin awmzia a lo nei thar leh a, chumi avanga huaisenna leh hlimna chu midang hnenah pêk chhawn a ni ãhin.

Zirna atâna hla hlutzia hi hmuh hmah lo ila. In chhûngah te hian hla mâwi tak leh thianghlim tak takte sain zai ho nise; insawiselna ãawngka tlêm zâwk sela, hlimna leh beiseina leh lâwmnate lo pung zâwk rawh se. Sikulahte pawh zâi zel ila, tichuan naupangte chuan Pathian hnaihin an zirtîrtute an nêl sawt ang a, anmahni leh anmahni pawh an inkawm ngeih phah ang.

Sakhaw serh leh sâng pêng khat a nih angin zai hi ãawngtâina ang bawka chibai bûkna a ni. A dik tak chuan hla tam tak hi chu ãawngtâina an ni a. Naupang chu hemi hre tura zirtîr nise chuan a hla sak awmzia chu a ngaihtuah chik lehzual ang a, hla thiltihtheihna chuan a hneh awl bik em em ang.¹⁸

Rimawi Hmanrua leh Aw Ri.—Zing tin leh tlai tinin in fate nen Pathian bia ula, A Thu chhiarin fakna hlate sa rawh u. Pathian dân sawi nawn fô turin zirtîr ang che u. Thupêk chungchângah chuan Israel fate chu hetiang hian Pathianin thu A pe. —“In fate thahnemngai takin in zirtîr ang a, in ina in ãhut lâi te, kawnga in kal lâi te, in mut lâi te, in thawh hun tein in sawi ãhin tur a ni.” Tiin (*Deut 6:7*). Chutiang tak chuan A dânte chu rimawia chantir turin Mosia chu A hrilh a. Upa lamin rimawi an tum a, chumi rem chuan ãhalai ho an kal rual a,

Pathian thupêk chu an sa ho dual dual thin. A hnu kum kal zelah pawh an naupan lâia an zir thin Pathian dân chu an rilru-ah an vawng reng tawh mai a ni.

Mosia tân khan thupêkte hlaa siam kha a tul khawp mai; thlalara an vahvai lâi khan naupangte chuan a châng mal malin dân thu chu an sak theih phah a, chutiang bawk chuan tunlai pawh hian kan fate Pathian thu zirtîr hi a tul em em a ni. LALPA tanpuina lamah chuan kal ila, kan fate hi A thupêkte vawng turin i zirtîr ang u. Kan zinga Pathian A rawn chen theih nân kan in chhûng chu rimawi hmun ni turin kan theih tâwp i chhuah ang khai.¹⁹

Sabbath Nia Chung Inkhâwm Bîk.—Sabbath nia chhûng inkhawmah chuan naupangte pawhin engemaw tive rawh se. Bible inchwawp theuh se, châng hnih khat chu chhiar ve rawh se. An hla thiamsa sa sela, tawngtai ve rawh se. Hemi atân hian Isuan entawn tur min pe a ni. Lal biakna hi tihdân pângngai anga sawinawn mai mai turin min pe lo va, kan tawngtai dân tur tlângpui—mâwl tak, thahnemngai tak leh huamzau tak min hrilhna a ni. In dilna thu mâwl tê hmang chuan Pathian chu in mamawh bâkah leh A zahngaihna avanga in lawmzia thute hrilh mai ula. Tichuan Isua chu in thinlung leh in in chhûnga mikhual lawmawm tak ni turin in sâwm tihna a ni. Chhûngkaw tawngtaina-ah hla deuh deuha mi dilsaka rei deuh deuh tawngtai hi a inhme lo. Hun tha leh lawmawm, malsawmna ni tur kha hun ninawm takah an siam a ni. Tawngtai hun chu ngaihawm tak leh hlimawm takin hmang rawh u.²⁰

Tawngtaina Tam Zawkin Hremna A Titlêm.—Kan tih thin dang aia nasain Pathian hnenah kan tawngtai tur a ni. Fate nen anmahni tân ngeia chhûngkuua tawngtaina-ah hian malsawmna leh chakna nasa tak a awm a ni. Ka faten thil an tihsual châng chuan zâidam takin ka bia a, ka tawngtaipui a, chumi hnu chuan hrem an ngâi tawh ngai lo. An thinlung chu Thlarau Thianghlim hmâ-ah nê m takin a lo tui a; chu chu tawngtai chhanna a ni.²¹

Fianrial Tawngtai Hlâwkna.—Fianrial tawngtaina atangin Isuan leia a awm lâi khan finna leh thiltihtheihna A dawng a. A tihdân kha thalaite hian entawnin thimhlimah emaw varțianah emaw fianrialah an Pa vana mi nena inpawlna hun hmang thin rawh se. Nilêngin an thinlung chu Pathian lam hawtir sela. Kan ke pên tinah hian, “Hlau suh u, ka tanpui dân a che u,” tiin, in kut ding lam chu ka chelh dân si a,” (*Isaia 41:13*) A ti a ni. Kan thalaite hian heng zirlaite hi kumkhuain tûk tin zir peih mai sela chuan an nunah chakna te, harhvâna te, hlimna te leh duhawmna te a lo awm dân si a.²²

Nu Zawng Zawng Tân Van Tukverhte Hawn A Ni.—Baptisma A chan zawha Jordan luikama mihringte tân A dil lâi khan van te khi an inhawng a; Pathian Thlarau, rangkachak nawh tlêt thuro ang chu Chhandamtu nihna hual velin A rawn thlâwk kual a. Tin, van atangin awin, “Hei hi ka fapa duh tak, ka lawm em ema chu a ni,” a rawn ti a (*Mat 3:17*). Hei hian in tân enge pawimawhna a neih? In tawngtaina avangin vante khi an inhawng tihna a ni. Amahah chuan pawm in ni a ti bawk a. Chhandamtu ke bula an phurrit nghattu nute tân tukverhte chu hawn an ni a. Krista chuan A mihring bânin hnamte chu A kuah khawm a, A Pathianna bânin Chatuan Mi laltthutthleng chu A vuan bawk a, tichuan mihring leh Pathian chu A inzawmtir a, lei leh van A inremtir bawk.²³

Kristian nute tawngtaina hi mi zawng zawng Pa, A tân ngeia mite tlan tura leia A Fapa thawntu chuan A ngainêp ngai lo. In dilna chu hawisanin he buaina hnukung bera Setana ruaithehna ni mai mai tur chuan A kalsan lo tawp ang che u. Rinawm tak leh inngaitlâwm taka thawh kha in tih theih chu a ni mai a, in kuta in thawhchhuah chu Lalpan A din nghet ang.²⁴

1. *Review and Herald*, June 27, 1899.
2. *Testimonies for the Church*, vol. 7, p. 42.
3. *Ibid.*
4. *Signs of the Times*, Aug. 7, 1884.
5. *Signs of the Times*, July 1, 1886.
6. *Thlâhtubul leh Zâwlneite*, p. 149.
7. *Manuscript* 19, 1900.

8. *Testimonies for the Church*, vol. 1, pp. 397, 398.
9. *Ibid.*
10. *Ibid.*, vol. p. 393. ?
11. *Manuscript 12*, 1898.
12. *Tihdam Rawngbawlina*, p. 383.
13. *Thalaite Hnêna Thuchah*, p. 272.
14. *Testimonies for the Church*, vol. 5, p. 424.
15. *Signs of the Times*, Aug. 7, 1884.
16. *Education*, p. 186.
17. *Manuscript 12*, 1898.
18. *Education*, pp. 167, 168.
19. *Evangelism*, pp. 499, 500.
20. *Testimonies for the Church*, vol. 6, pp. 357, 358.
21. *Manuscript 47*, 1908.
22. *Education*, p. 259.
23. *Signs of the Times*, July 22, 1889.
24. *Review and Herald*, Apr. 23, 1889.

BUNG 79 SABBATH – NI HLIMAWM TAK

Sabbath Ngaih Pawimawh Lohna A Hluar.—Tun hun atâna thutak urhsun tak mai ring inti nu leh pa tam tak chuan Pathian tâna an fate zirtîrna hun an nei lo tih hmuhtir ka ni. Anmahni pawh an inkhuahkhîrh lo va, chutianga khuahkhîrh tumtute chu an ngei zâwk zêl bawka. Rinna nung hmangin an fate chu LALPA maichamah chuan an hlan ni tin hek lo. Heng thalai tam tak hi chu Pathian ni thianghlîmah hian an nuam tihzâwng apiang ûma Thupêk Palina hi bawhchhiat phalsak an ni a. Intihhlîm nân Sabbath nia len vah vel mai mai pawh tihna leh inthiam lohna pawh an nei pha lo. Tam tak chu an duh duhna hmunah an kal a, an duh duh an ti a; Elia thiltih dân entawn khan nu leh pate chuan an fate chu an tithinur ang tih hlauvin an thunun ngam lo.

Heng thalaite hian a tâwpah pheh chuan Sabbath zahna chu an mausam vek a, inkhawm châkna emaw sakhaw thil thianghlîm leh chatuan thil ngaihna pawh an nei ta lo mai thin a ni.¹

Thupêk Palinaa Thumal Hmasa Ber Hi Ngai Pawimawh Rawh U.—Thupêk palinaa thumal pawimawh tak mai chu ‘*Hre Reng Rawh*’ [*Exodus 20:8*] tih hi a ni. Nu leh pate u, nangmahni ngeiin Sabbath ni chu in serh tha tur a ni tih hi hre reng phawt mai ula. In serh that chuan in fate chu zirtîr dân tur diktak in pe tihna a ni ang a; Pathian ni thianghlîm chu an lo zah ve ang. . . In in chhûngah khan Kristian thiamna dik hi in mamawh hlawm khawp mai a. Kârtluanin LALPA Sabbath thianghlîm hi thlir rawh u; chumi ni chu Pathian rawngbawl nâna hlan nilen tur a ni si a. Hemi ni hi kan kutte khawvel hna aţanga a chawlhna ni leh thlarau nunin a bik taka ngaihven a hlawnna ni tur a ni.²

Chutiang taka Sabbath ni chuan hriat reng a hlawn ngat chuan tisa thil chu thlarau nuna a rawn inrawlh ve phalsak a ni lo va. Ni ruk chhûnga tihur engmah chu Sabbath nia tihah khêkin a awm hek lo vang. Chawlhkâr tluan hian LALPA chawlh hahdamna ni leh A intih harhna nia A rawngbawlina lam tihlei thei lo khawpa chauvin kan tha leh chaknate kan hmang zo tur a ni lo.³

Zirtâwpni Hi Inbuatsaihna Ni-ah Hman Tur.—Zirtâwpni hian Sabbath tâna inbuatsaihna chu zo vek tawh rawh se. Hâk mai theihin thawmhnaw peih fel a ni em? Chaw chhum lâwk ani em? tihthe en fel rawh u. Pheikhaw nawn leh inbualte pawh Zirtâwpnia zawh vek tur a ni. Hei hi tum chuan a theih a nia. Dân anga in neih chuan in tithei lutuk ang. Sabbath ni hi thawmhnaw thui that nân te, chaw chhum nân te, nawmsip ûm nân te leh khawvel hnathawh nân te hman loh tur a ni. Ni tlâk hmawh khawvel hna reng reng chu dah vek ni sela, chanchinbute pawh dahbo vek ni rawh se. Nu leh pate u, in thil tihdân leh in tih chhan chu in fate hrilhfiyah ula, thupêk anga Sabbath in serh theih nâna in inbuatsaihna-ah chuan tel ve rawh se.⁴

Chhûngkaw tam takah chuan Zirtâwpni-ah engmah tih a awm loh avangin Sabbath ni hian pheikhawk an nawt a, kawr an thui tha mawlh mawlh baw a. “Sabbath ni chu thianghlim taka serh tur,” [Exodus 20:8] tih an hre lo a ni.

Zirtâwpni hian naupang thawmhnaw chu peih fel vek ni sela. Kârtluan hian an nute kaihhruainain an thawmhnaw chu enkawl ve se, tichuan buai phi chûk lo leh invin dawt dawt kher lovin Sabbath ni chuan muangchângin an insiam thei dawn a ni.⁵

Zirtâwpni hian tihtur dang a la awm cheu. Hemi ni hian kan unau, kan chhûngkaw zinga mi emaw kohhran unaute emaw nena kan inrem lohna zawng zawngte chu dah bo vek tur a ni.⁶

Sabbath Ni Chu Chhûng Inkhawma Bul Tan Tur A Ni.—Zirtâwpni tlâk hmian chhûngkaw *member* zawng zawng chu Pathian thu chhiar a, zai hova, tawngtai turin thu khawm rawh se. Mi tam tak an dawngdah lutuk avangin hetah hian insiam that a tul hle. Pathian hnenah leh keimahni zinga inpuan pawh kan mamawh hle baw. Chhûngkaw *member* tinin Pathian malsawm Sabbath ni hi chawimâwi tura an inbuatsaih theihna nân engemaw thil bik takte pawh ngaihtuah thar tur a ni.⁷

Sabbath Ni Hi Kan Ta Ni Lovin Pathian Tâ A Ni.—Pathian chuan ni ruk zet keimahni hna thawh min phalsak a, A tân chuan ni khat chauh A hauh a ni. He ni hi kan tân malsawmna ni – khawvel thil zawng zawng dah bova Pathian leh vanram lamah chauh kan ngaihtuahna kan sawrbingna ni lo ni rawh se.⁸

Sabbath a lo intan hian kan thiltih leh kan tawngkamte vêng tha ila, chuti lo chu LALPAN A tâ ni tura A hauh ngheh tlat Sabbath ni hi Pathian rûksakin kan duhzâwng tih nân kan lo hmang palh ang e. Keimahniin emaw, kan fate emaw pawhin kan eizawmna hna leh hnathawh ni, ni ruk chhûnga kan thawh theih chi thil reng reng chu thawh miah loh tur a ni. Zirtâwpni hi inbuatsaihna ni a ni a. Hei hi Sabbath atâna inbuatsaihna leh kan hna chungchâng ngaihtuaha sawi hona hun a ni. Vanram mithmuha Sabbath thianghlim bawhchhiatna ni thei awm chi reng reng chu tih loh tawpa sawi loh tawp tur a ni mai. Pathian chuan Sabbath ni hian hnathawk lo ringawt turin min phût lo va, kan rilrute hi thupui thianghlim chauh ngaihtuah tura thunun turin min duh a ni. Thupêk palina hi khawvel thil hlir sawia thil ho mai mai leh nuihzat thlâk lam titi nâna hmangin bawhchhiat ani deuh vek zâwk a. Kan thusawite hi kan rilrua lo awm reng tawhte an ni zel a. Chuvangin kawng dik atanga kal penna reng reng chuan min phuar ang a, thiam loh min chantir baw ang.⁹

Sabbath, Mut Bo Nân A Uihawm Lutuk.—Tumah hi kârtluana mahni duhzâwng ringawt ngaihtuah a, Sabbath pawh hmang tha hlei thei lo leh Pathian rawngbawlna pawh tithei lo khawpa chau hnêpa khawvel hlâwkna um tur chuan inphal suh se. A ni thianghlimah pawh Amah chibai bûk peih lo khawpa kan intih chauh hian LALPA chu kan rawk tihna a ni. Keimahni pawh kan inrawk tihna ani ve tho; a chhan chu hlim taka thian kawm te kan mamawh bâkah Kristian dangte finna leh an thil tawnte kha chakna atân kan mamawh em em a ni.¹⁰

Sabbath hun hlu tak hi mut bosan mai mai lo vang u. Sabbath ni chuan hmâ takah thawh tur a ni. Thawh tlai hian tukthuan buatsaih leh Sabbath sikul inkhâwm dawn velah buai phili chûk chûk a awl thin. Kan hmanhmawh a, kan intur a, thin a chhe tûk a; tichuan chhûngkuaah ngaihtuah bawlhhlawh a lo lût a. Sabbath thianghlim chu ngainat a hnêkin ni ninawm leh tihbaiawm tak a lo ni ta thin a ni.¹¹

In Fate chu Mipui Zîngah Inkhawmpui Thîn Rawh U.—Nu leh pa chuan an fate chu mipui zinga Sabbath ni hmang ngei turin ti sela, an dân siam chu anmahni pawhin zawm rawh se. Abraham anga kan fate leh kan chhûngkua hrim hrim chu kan hnung zui tura awp hneh tur a ni. Kan nun leh thupêk hmangin sakhaw zirtîrna pawimawizia hi an rilru-ah tuh nghet baw ila. Baptisma thutiam la tawhte reng reng chu puithu takin Pathian rawngbawlna atân an inhlan tawh a; chuvangin an fate nen Kristian nun thang zela infuihna leh tihphurna an dawn theihna hmun apianga indah chu an bat a ni.¹²

Mahse Pathian chibai bûk hi hna ninawmah kan ngâi tur a ni lo. LALPA Sabbath hi keimahni leh kan fate tâna malsawma-ah kan chantir tur a ni. Sabbath hi ni hlimawm tak, Pathian tihthianghlim ni angin en sela; tha taka kan kaihhruai chuan a en pawh an en mai ang.¹³

Biak Inah Nalh Taka Inchei Tur.—Sabbath inkhawmnaa inchei dân turah hian mi tam tak chu hrilh fin an ngai khawp mai. Kârtluana an thawmhaw hâk pângngai nen Pathian hmâ-ah an inlan tur a ni lo. Mi tinin Sabbath nia hâk tur leh Pathian biak ina rawngbawlpui tlâk thawmhaw bik nei theuh rawh se. Khawvel mite anga inchei tur ni lo mah ila pâwn lama kan lan dân ngaihthah lutuk tur chu kan ni bik lo. Tlereuhte inbel ve chék chûk lo mah ila kan nalhin kan ti zaih tur a ni. Pathian fate chu chhûng lam leh pawh lamah thianghlim hle rawh se.¹⁴

Naupangte Hnenah Sabbath Nia Sermon Hrilhfiah Tur.—Rawngbawltute hian hna urhsun leh thianghlim tak an thawk a, mahse an thusawi ngaithlatute chungah pawh mawhphurhna thianghlim chu a inngat ve tho baw. Chatuan nunna nei tawhten a taka an nunpui tur inkaihhruaina chu zawm ve ngei tumin ngaithla rawh se. Ngaithlatu apiangin Bible châng an chhiar apiang chu a hnena Pathian thuchah, rinna nena dawn a, ni tina nunpui tur angin an ngaithla theuh tur a ni. Nu leh pate chuan an faten an hriat thiam theih nân pulpit ațanga thusawi chu a taka an nunpuia khawngaihna leh thlamuanna nasa tak petu tur hriatna an neih theih nân hrilhfiahsak rawh se.¹⁵

A Bika Chaw Ei Buatsaih Tur.—Sabbath nia kan eitur siam chu ni dang aia tam emaw, tui deuh zâwk emaw ni lo sela. Nih a hnêkin kan chaw ei chu mâwl zâwka buatsaih ni rawh se. Thlarau lam thil hre thiam tura rilru a fim theih nân leh a harhvân theih nân ni dang aia ei tlêm zâwk tur a ni. Ei tam luat hian thluak a tibuai a. Thu pawimawh ber berte chu ngaithla mah ila ei leh in dik lovin rilru chu a tihbuai avangin kan ngai pawimawh tak tak thei lo. Sabbath nia ei tam luat avang hian mi tam takin an rin aia nasain Pathian an timualpho a ni.

Sabbath ni-ah ei rawngbawl loh tur tih hi chaw dai ei tur tihna a ni kher lo. Khua a vawh chuan a hmâ nia chhum sa chu tihlum mai tur. Chaw chu mâwl têa siam ni mah sela a itawmin ei a châkawm hle tur a ni. Duhsakna anga ngaih theih ni danga ei ngai zen zen lohte pawh siam tel rawh u.¹⁶

Inkhawm Ban Hnu A Pawimawh.—Sabbath sikul leh inkhâwmna pângngaite hi chuan Sabbath nia hun tlêm zâwk an chang a. A bâk zawng chhûngkaw chan hi Sabbath nia hun hlu ber leh thianghlim berah chantir tur a ni. Hemi hun tam zâwk hi nu leh pate chuan an fate bulah hmang rawh se.¹⁷

Lehkhabu Chhiar Tur Inhmeh leh Sawi Ho Turte Ruahman Ula.—Sabbath ni hi chawlhkar tluana ni duhawm ber leh nuam berah siam lul teh u. . . .

Nu leh pate chuan an fate chu an ngaihven thei a, an ngaihsak baw tur a ni. Bible thawnthu ngaihnawm tak takte chhiarsakin Sabbath ni chu zah hle tur leh thupêk anga vawng turten zirtîr rawh se. Hei hi nu leh paten an fate ngaihsak chu phurrita an neih loh chuan tih theih ani a ni lo va. Mahse kawng dik an zawh chuan Sabbath ni hi nuam takah an siam thei thung a ni. Naupangte hi lehkhâ chhiar ațangin emaw tha taka titi hona ațangin emaw an chhandamna ngaihve hle tura siam theih an ni baw. Kan pianpui thinlung hi chuan Pathian emaw, vanram emaw, van lam thil hrim hrim emaw khi a ngaina ngawt ngai lo va. Khawvel lam âwn tlatna leh soal tihchâk tlâtna hi nemkir reng a, kan thinlungah hian van êng chu luhtir tur a ni.¹⁸

Naupangte Thiltih Ngaihthah Loh Tur.—Sabbath ni hian tam tak chuan engmah an ngaihtuah lo va, an faten engnge an tih a, khawiah nge an awm pawh an hre lo.¹⁹

Nu leh pate u, thil dang zawng aiin Sabbath ni hian in fate chu enkawl ngun rawh u. In fate Sabbath in bawhchhiattîr hian in bawhchhe ve nghal a, an duh duhna hmuna an vah vêl leh an infiamte in phal hian Pathian chuan Sabbath bawhchhetute angin A en reng che u a ni.²⁰

Pâwn Lamah Lên Ho Tur—Nu leh pate chuan an fate chu Pathian thilsiamte en pui turin an hruai chhuak thei ang. Pangpâr vul chêk chûk leh a kuhmum lo parh chhuak mêkte, thingbuk sâng tak tak leh hnimhnah mâwi tak takte chu kawhhmuhin Pathianin heng zawng zawngte hi ni ruk chhungin A siam zo va, a ni sarihnaah chawlin A tithianghim tihte zirtîr tur a ni. Tichuan nu leh pate chuan an kaihhruaina atâna an zirlai chu an fate-ah chuan an phuakhawm thei ang a, heng naupangte hian leilunga thilsiamte an hmuh apiangin heng zawng zawng Siamtu ropui tak chu an hre chhuak ziah tawh ang. An rilru chu thilsiamte Pathianah chengin, kan khawvel siam a nih lâi te, Sabbath lungphûm phûm a nih lâi te leh Pathian fate zawng zawng lawma an au lâite kha an thlir kir ang. Chutiang chu kan fate rilrua kan tuatur zirlaite chu an ni.

Kan fate hi hlim lo taka Sabbath hmang a, dâia len chhuah khapsak bur tur an ni lo. Krista pawhin A zirtîrte chu dil kamahte hruaiin A zirtîr a. Sabbath nia A *sermon*-te kha in chhûnga A sawi an ni vek lo tih a lang reng a ni.²¹

Thilsiam Aţanga Zirlaite—Thil Hmuh Theih Aţanga Zirlaite Chu.—Naupangte chu thilsiam aţanga Krista chu hmu turin zirtîr rawh u. Pawn thingbuk hnuaiyah leh huanahthe hruai chhuak ula; thilsiam mak tak tak aţangte hian A hmangaihna lo lan chhuah dân chu zirtîr ang che u. Thil nung zawng zawng thununtu dân A siam ang bawkin dân min siamsak a, chung dânte chu kan hlimna leh lâwmna atâna siam anni tihte zirtîr ula. Rei deuh deuh ţawngţaina leh thusawi rei ninawm deuh deuhin naupangte chu tichau lo ula, thilsiam hmuh theihthe hmang hian Pathian dân zawm tur kan nihziate zirtîr zâwk rawh u.²²

Pathian Nungchang Dik Tak Hriatna Dik Pe Rawh U.—Engtin nge naupangte hian Pathian hriatna dik chu an dawn theih ang a, an rilru chu pawna an awm mai mai leh an infiam mai mai aia an nu leh pate bula an awmin hneh a nih theih zâwk ang? An rilru naupang tak chu thilsiam mâwi tak tak aţang hian Pathian nen inzawm sela; Pathian hmangaihna aiawhtu chhinchhiahna A thilsiamahthe hi kawhhmuh ni bawk sela, tichuan an rilru chu hipin a awm ang a, an tuipei zui bawk ang. Pathian nungchang chu fir tak leh khirh tak anga an hmuh a hlauhawm tawh lo ang a; mihringte hlimna atâna A thilsiam mâwi tak takte an han thlir meuh chuan hmangaihna leh nun nêmmaa khat Pa angin an hmu tawh zâwk ang. A fiahna leh A thupêkte chu A thiltihtheihna leh thuneihna entir nân mai ni lovin A fate hlim nâna A tih vek anni tihte an hmu bawk ang. Pathian mizia chuan hmangaihna te, malsawmna te, mawina te leh mi hip theihna te a neih avangin Amah hmangaih tura hruai an ni zel bawk. An rilru chu sava mâwi tak tak hram chil chel leh hnimhnah kûr siau siau te, boruaka pangpâr mâwi rimmtui lêng chem chem lamah chuan in hruai thei a. Heng zawng zawng hian van Pathian hmangaihna leh A kut themthiamzia puangin A ropuina chu an entir a ni.

Nu leh pate u, engvangin nge thilsiamia Pathianin zirlai ropui tak min pêk, kan fate hnena A nungchang diktak kan hrilh theihna hi in hman ţangkai loh ang? Tlawmna nun aia incheina chhuak thar ûm ho leh thilsiam mawina hre thei lo tura inkhar khumhote chu a thlarau mi tak tak thei lo. A thilsiamte aţangin Pathian thiltihtheihna leh remhriatzia te an hre thiam thei lo va; chuvangin an thinlung chu hmangaihna leh hamţhatna tharten an tiphuin an khawih pha tawh lo va, thilsiamia Pathian an hmuh ve pawhin mak tihna leh zahna pawh an nei pha chuang lo.²³

Eden Nun Channa Nî.—Zirna hmanrua atâna Sabbath hlutna hi chhût phâk a ni lo. Pathianin kan laka A thil phût reng reng chu A ropuina nen tihmasawna tidanglamin min kir leh vek a ni.

Sabbath leh chhûngkua hi Eden-ah khan inang renga din niin Pathian tum dân chuan then hran theih loh khawpa inzawm nghet an ni. Hemi ni hian ni dang zawng aiin Eden nun kha a chan leh theih a ni. Pathian remruat dân chuan chhûngkua chu hnathawk ho va, zir ho va, Pathian chibai bûk ho tur leh intihlim ho zel tur an ni a. Pa ber chu chhûngkaw puithiam ni tur leh nu leh pa chu an fate tâna zirtîrtu leh ţhian ţha tak ni tur an ni bawk. Mahse soal avangin mihring nun dân chu a lo danglam ta a, hei hian chhûngkaw inlungualna tur a dal nasa ta em

em mai a ni. Kârtluan hian pa ber chuan a fate hmêl chu a hmu ngai ta meuh lo va. Fate kawmna hun leh zirtîrna hun pawh a nei lo ani ta ber mai e. Mahse Pathian hmangaihna chuan thawhrimnate hi tâwp chin neiin A siam a. Sabbath-ah hian A zahngaihna kut chu A dah a. A Sabbath ni-ah ngei hian chhûngkaw tâna Amah leh A thilsiam hnaihna hun leh chhûngkaw inpâwl hona hun te A siam ta a ni.²⁴

Sabbath Nî Hi Hlimna Nî-ah Siam Rawh U.—Pathian hmangaihntute chuan Sabbath ni hi ni hlimawm, ni thianghlim leh ni zahawmah siam rawh se. Hei hi Pathian phal loh thila hlimna an zawn erawh chuan an ti thei lo vang. Mahse an chhûngkua chuan Sabbath chu châwi sângin kâr khata ni ngaihawm berah an siam thei a ni. Kan faten Sabbath ni an ngainat theih nân hun pawh inpêk luih deuh mai tur. Khawlai lêng hovin phaitualhnamahte nilum aiin ðhu ho ila, an naupanna rilru za cheng ðhinte chu Pathian hnathawhte sawipuiin hrai tlai ila, tin, leilunga thilsiam mâwi tak takte chu kawhhmuhin Pathian hmangaihna leh zahna nei turin kan chawk phur thei a ni.

Sabbath chu kan chhûngkaw tâna ni ngaihawm tak, a lo inhêr chhuak leh tur pawh hlim taka lo hmuah tlâkah siam tur a ni. Nu leh pate hian an chhûngte hnena kaihhruaina fel tak an pêka, thlarau lam thil tuipui tura an tih theih a, Pathian nungchang thlirna diktak an pêk theih bawk a, Kristian nungchang famkim neihna tura Pathian min phûtnate leh chatuan nunna nei tura thil ðulte an hrilh theihna hmanrua ni lo thil dangin Sabbath ni hi an châwi sângin an châwimâwi thei lo. Nu leh pate u, Sabbath ni hi ni hlimawm tak, in fate pawhin an thlir reng leh an thilunga an lawm em emah siam rawh u.²⁵

Ṭawngṭaina leh Zaia Sabbath Thlahna.—Sabbath ni a lo tlâk dâwn chuan ṭawngṭaina leh fakna hlain chu hun thianghlim chu khâr sela, Pathian chu kârtluana min awmpui turin sawm nghal ni rawh se.

Hetiang hian nu leh pate chuan Sabbath hi a nih dân tur ang takin chawlhkâr khata ni hlimawm berah an siam thei a ni. An fate chu he ni hi ni zawng zawnga ni hlimawm ber, LALPA ni thianghlimna, chawimawi tlâk anga ngâi turin an hruai thei a nih chu.²⁶

1. Testimonies for the Church, vol. 5, pp. 36, 37.
2. Manuscript 57, 1897.
3. Testimonies for the Church, vol. 6, p. 354.
4. *Ibid.*, pp. 355, 356.
5. Manuscript 57, 1897.
6. Testimonies for the Church, vol. 6, p. 356.
7. *Ibid.*, pp. 356, 357.
8. Manuscript 3, 1879.
9. Testimonies for the Church, vol. 2, pp. 702, 703.
10. Review and Herald, June 13, 1882.
11. Testimonies for the Church, vol. 6, p. 357.
12. Review and Herald, June 13, 1882.
13. Manuscript 3, 1879.
14. Testimonies for the Church, vol. 6, p. 355.
15. Manuscript 41, 1903.
16. Testimonies for the Church, vol. 6, p. 357.
17. *Ibid.*, p. 358.
18. Review and Herald, Apr. 14, 1885.
19. Review and Herald, Apr. 14, 1885.
20. Review and Herald, Sept. 19, 1854.
21. Manuscript 3, 1879.
22. *Chatuan Nghâhfâk*, pp. 516, 517.
23. Testimonies for the Church, vol. 2, pp. 583, 584.
24. Education, pp. 250, 251.
25. Testimonies for the Church, vol. 2, pp. 584, 585.
26. *Ibid.*, vol. 6, p. 359.

A THIANGHLIM APIANG ZAHNA

Pathian Zahna Duhawm Tak Chu—Thil duhawm dang hlu tak chu Pathian zahna hi a ni.¹

Thalaite zirna leh kaihhruaina chu thil thianghlim ngaisângtu, biak ina Pathian chibai bûkna thianghlim nei tura fuihtu ani tur a ni. Mahse van Lalber fa nia inchhâl tam tak chuan chatuan thil thianghlimna chu an ngaisâng tak tak chuang lo.²

Pathian Chu Amah Zahna Nena Neih Tur A Ni.—Pathian zahna dik tak chu A ropuina tâwp nei lo leh A mi awmpuina hriat chhuahnain a thâwkkhum a ni. Hmuh Theih Loha chu A awm ngei tih hriatna chuan naupangte rilru chu a hneh thei bawk.³

“Mi thianghlimte inrawn khawmnaah Pathian hlauhawm tak, A kiang vela mi zawng zawng aia ðih ber tur chu tunge awm ni?” (*Sâm 89:7*).

A Hming Chu Zah Tur A Ni.—Pathian hmingah pawh zahna kan lantir tur a ni. Ngaihtuah Chiang mang lo leh pawlawh takin chu hming chu ka lam mai mai tur a ni lo va. Tawngtâina-ah meuh pawh ðul lovah lam nawn sek tur a ni lo. “A hming chu a thianghlimin a zahawm a ni.” *Sâm 111:9*.

Vantirhkohte chuan A hming an lamin hmâi an hup a. Keini suala tlu tawhte pheii chuan kan zah lehzual tur a ni!⁴

A Thu Chu A Thianghlim.—Pathian thu chu kan zah tur a ni a. A inziahna lehkhabu pawh kan zahzia lantir ila, ho mai maiah kan hmang tur a ni lo va, duhdah takin kan lek vel tur a ni hek lo. Pathian Lehkha Thute hi fiamthu thawh nân la chhuakin mi nuizhat atân sawi belh miah loh tur a ni. “Pathian thu reng reng hi a thianghlim a,” “Tangka, lei chungga rawhtuina meia fiah a, vawi sarìh tih thianghlim tawh hnu ang hi a ni,” [*Thufingte 30: 5, Sâm 12:6*].⁵

Naupangte chu Pathian kâ aţanga thu chhuak reng reng zah vek turin zirtîr ni sela. Nu leh pate pawhin LALPA thupêkte zâwm a, Pathian thununna hnuaia awm chungin naupangte mithmuhah chu dân chu chawimawi sela. Dân thianghlimnain nu leh pate a fan ngat chuan an thlarau nun tidanglamin an nungchang pawh a inthlâk daih ang.⁶

Tawngtâina Hmun Chu.—**Pathian Awmna A Ni.**—Kristian in tinah hian tawngtâina leh fakna hlaa inthawina nen Pathian chu zing tin leh tlai tin chawimawiin awm sela. Naupangte pawh tawngtâi hunbite zah tura zirtîr ni bawk rawh se.⁷

Naupang chu tawngtâina hmun leh hun leh tawngtâi inkhawmnahte hian Pathian A awm avangin thil thianghlim anga zah turin zirtîr ni sela. Kan sùkthlêk leh khawsa ziaa zahna lantir a nih chuan a lantirtu rilru chu a thûk hle ang.⁸

LALPA In, A Temple Thianghlim.—Thalaite leh puitlingte tân Pathian awmna hmun bik en dân tur Pathian thuziak Thianghlima inziak hi sawi nawn fo va, ngaihtuah a, zir nasat a ðha hle ang.

“I kephah ata i pheikhawkte kha phelh rawh, i dinna hmun kha lei thianghlim a ni e,” (*Exodus 3:5*) tiin Mosia kha thingbuk alh bulah khan thu A pe a.

Jacoba pawhin inlârnaa vantirhkohte a hmuh khan heti hian a ti; “He hmunah hian LALPA chu A awm ngei mai; ka lo hre si lo va. . . . Hei hi hmun dang a nih loh hi, Pathian in a lo nih hi le, hei hi van kawngka a lo nih hi,” tiin [*Genesis 28:16, 17*].

“LALPA erawh chu A in thianghlimah a awm a ni: Leia mi zawng zawng chu ngâwi ðiap rawh se.” [*Habakkuka 2:20*].⁹

Mi tam tak chuan chatuan thil thianghlimzia ngaihhlutna tak tak an nei lo va. Chuvangin mi tin deuhthaw hi Pathian ina khawsak dân zirtîr ðul tak kan ni. Nu leh pate pawhin an fate chu biakbûk chhûnga mùk tak leh zahawm taka lûh dân chu tawngkam hrilh satliah ringawt lovin khauh takin thu pe rawh se.¹⁰

Fimkhur Lohna Lo Lian Zel Lakah Vên Tur.—Lei biakbûk thianghlimzia aţang khan Kristiante chuan LALPA A mite A pawlna hmun an en dân tur chu an hre mai thei awm e. Pathian biakna lam hawia mipui thiltih dân leh an chin ʔhinte chu a chhe lam hawi zâwngin a danglam nasa ngei mai. Thil hlu leh thianghlim, Pathian nena min zawmtute chuan kan thinlung leh rilru an man nghet lo tial tial a, thil naran tluk lekah an pawt hniam ta. Hmânlai miten rawngbawlna thianghlim nei tura biakbûk an luh dâwna zahna an neih ang kha a bo ta duak mai. Engpawhnise Pathian chuan A rawngbawlna kal dân tur chu khawvel thil zawng zawng aia chung lamah châwi sângin A pe a ni.¹¹

LALPA in chu tihbawlhhlawh a ni fo va; Sabbath pawh Sabbath ringtu naupangten an bawhchhe ʔhin. A châng pheh chuan chu in bulah ngei chuan thianghlimna nena mi thianghlimte an inkhâwm lâi ngei pawhin infiam, inchhahh leh an rilru ʔhat lohzia pho lantir hialte pawh phalsak an ni! Chu hmun, hmun thianghlim tak ni tur leh thianghlima reh ʔhuap tur, thil engkim fel thlap, nalh tak leh tlâwm taka an awmna tur chu Babulon ang chiaha ‘buaina’ hmunah siam a ni. Hei ringawt pawh hi Pathian tilawm lo tham leh kan inkhawmna hmun aţanga A kalsawna chhan tling a ni.¹²

Hebrai-ho Aiin Zahna Tur Chhan Kan Ngah Zawk.—Pathian biak in zahna a bo zo deuhthaw ta tih hi a dik lutuk mah mah a ni. Thil thianghlim leh hmun thianghlimten hriat leh ngaihhlut an hlawh zo ta lo. Kan chhûngkua ʔheuha sakhaw mi nihna lo awm ta mang lote hi a chhan a awm ang em? Sakhaw intehna sâng tak chu vaivuta hnutchhiah a nih tâk vang em ni ang? Pathian chuan hmanlaia A mite kha chu dân fel tak, ʔha famkim leh dik tak mai A pe a. Tunah hian A nungchang chu a danglam ta em ni? Vanramte vanrama roreltu ropui taka chu A ni lo em ni? Amah ngeiin Hebrai mite hnena kaihhruaina A pête kha keini thutak êng ropui neitute hian Pathian In an zah thiamna kha kan entawn theih nân kan chhiar fo a ʔha lo vang maw? Chibai kan bûkna-ah hian Juda-te aia kan fimkhurna tur leh kan zahna tur chhan a tam zâwk daih a. Mahse hmêlma chuan kan rinnain a ken tel Kristiante inkhawm urhsûna hi tihchhiat tumin a thawk mêk a ni.¹³

Biak In, Kohhran Pâwl Tâna Inhumhimna.—In chhûng hi chhûngkaw tân tawm himna hmun, mimal tâna Pathian chibai bûkna hmun bik a ni a, biak in erawh chu kohhran mite tâna himna hmun a ni. Inkhawmna-ah chuan a hun leh hmun, a tihdân tur fel tak awm thlap rawh se.¹⁴

In Fate Chu Zah Taka Lût Turin Zirtîr Rawh U.—Nu leh pate u, in fate rilru-ah chuan Kristian sakuana hi châwi sâng hle ula; an hring nun dai chhoh mêkah chuan Krista chu zep tel zel turin ʔanpui bawk ula, Pathian biak in chu zah em em turin zirtîr ang che u. LALPA ina an lo lawi hian thinlunga thuhnuairawlh leh inngaitlâwma, “Hetah hian Pathian A awm; hei hi A in a ni. Rilru thianghlim sual tel lo ka nei tur a ni. Pathian thianghlima hmâa kal ka nih avangin chapona te, itsikna te, thikna te, rinthu ʔha lo te, huatna te, leh mi bum duhna te ka nei tur a ni lo. Hei Pathianin A mite A pawlna leh mal A sawmna hmun a ni si a. Mi thianghlim leh sâng tak, chatuana mi chuan min thlir reng a, ka thinlung A hmu reng a, a rûka ka thil ngaihtuah leh thiltihte A chhiar vek a ni,” tih rilru pu chungin lo lawi rawh se.¹⁵

An Nu leh Pate Bulah Awm Rawh Se.—Pathian biak in thianghlima Amah chibai bûktute rilru duhzâwng chu sâng tak, silfai leh tihthianghlim ni rawh se. He thil ngaihthah ani hi a pawl hle. A pawimawhna hi en khûm a ni fo va, chuwang chuan thil a mumal lo va, biak in chhûng zahna a bo va, Pathian chu tihmualpho a ni. Kohhran rawngbâwltute, hruaitute leh mipuite bâkah nu leh pate pawhin he thil hi an dahsân hle loh pheh chuan eng ti turin nge engmah la hre tham lo naupangte chu kan han beisei ngam tehlu ang? Anmahni awp khâwmtu tura ngaih an nu leh pate tel lovin an inkâwm khawm tel tel a. Pathian hmâa an awm reng lâi leh A thlir reng lâi pawhin an inchhahh a, an za cheng a; an inhrilru a, an nui a, thusawi pawh an ngaihthla lo.¹⁶

Mûk Tak leh Reh Thapa Awm Tur.—Biak ina *sermon* ngaihthlâk lâi hian Pathian biak in leh chibaibûkna hun zah lo taka lo inbiak chhên tur a ni lo. Hetiang tih chingho hian anmahni ena an awm dân lo chhinchhiah zeltu vantirhkohte chu hmu theih ngat se chuan an inzahpuiin an inten ngawt ang. Pathian chuan rilru taka ngaihthlatute A duh a ni. Mi mutthilh lâi hian hmêlma chuan hnim hling nei chi chu a rawn theh thîn si a.¹⁷

Hmun Dang Ang Mai Maia Awm Loh Tur.—Hmun thianghlim, hmanlai biakbûk anga Pathianin A mite A pawlna hmun awm sela. Chu hmun chu chawfâk nân emaw, rorel nân emaw Pathian biakna hmun satliahah emaw hman loh tur a ni. Naupangte pawh Sabbath nia an inkhawmna hmun leh an ni tin sikul kalna hmun a inan chuan zah taka an luhna tur hmun thianghlimna kha hriattir a harsa thîn. Thil naran leh thil thianghlim kha chawhpawh a nih avangin a danglamna hriat a har a ni.

Hemi vang hian Pathian biak in emaw biakbûk emaw atâna hlan tawh chu duh duha luh chhuahna nân hman loh tur a ni. A hmun thianghlimna kha ni tina kan hnathawhna hmun nena rilrua awm kawp thei leh hai palh theih ni lo sela. Pathian betuten biakbûk an luh lâi chuan an rilru-ah thihbaiawm khawp hiala zahna urhsun a awm tur a ni. He hmun hi Pathian inpuanna hmun a nih avangin khawvel thil ngaihtuahna narante chu kalsan vek rawh se. Pathian ropui leh chatuan mi rorelna hmun a nih avangin chapona te, tisa châkna te, ngaih dân inan lohna leh mahni indah sâna te, hmasialna te leh awhna ang chi, Pathianin milem biaknaa A ngaih ho reng reng chu chutiang hmuna luhpui atân chuan an inhme lo a ni.¹⁸

Inthlahdahna Rilru Tihlan Loh Tur.—Nu leh pate u, in fate chu in thuhnuaiah dah vek ula, an inhlei turte chu khuahkhirh rawh u. Naupang inkhawmte chu an awmna chin hre chiang tur leh thil awm dân hre thiam tura tih ni sela- mahni ina awm an ni lo va, Pathianin A mite A pawlna hmunah an awm tih chiang taka hrilh tur a ni. Ngâwi thap sela, inhlei miah suh se. Tichuan nangmahni pawl tur leh malsawm tur che uin in lam A rawn hawi ang.

Mi thianghlimte awm khâwm chu mumal taka a kal ngat chuan a hre phatu zawng zawngte chungah chuan a tha lamin thutakin nghawng a nei nasa hle ang. Thil tul tak, inkhâwm urhsûnna lâi tak kha tihphur a lo ni ang a, thutak chuan thlarau nun ril khawrh chhuah theihna a lo nei bawh ang a, a ngaihthlatute chuan engkim an hre thiam vek ang a. Ringtu leh ringlo mite pawh a nghawng ang. Hmun thenkhatah erawh chuan thupêk thianglim chu bawhchhiat a nih avang leh Israel chakna chu tihchauh a nih avangin Pathian bâwm chu biak in atanga lakbo niawmin a lang hial thung.¹⁹

Naupang Bengchheng Chu Chhuahpui Tur.—In fate chu Pathian faten A thu an awih anga awih ve turin zirtîr ni sela. He zirtîrna hi vawn thât anih chuan in fate chu Pathian biak inah lo awm mai mai thei lo deuh pawh nise awmzia a nei ang. Mahse naupangte chu khap an harsat a, nu leh paten an inkhapna chu nasa lutuk dâwna an hriat chuan chu naupang chu hruai chhuah nghal tur a ni. An thawng ri leh tei vel chuan midang rilru a la pêng tur a ni lo. Inkhawmnaa nu leh paten an fate an enkawl thât loh hian Pathian chu tihmualpho a ni.²⁰

Mi Hmuha Nalh Tumna Pathian Biak In Zah Lohna A Hring.—Mi zawng zawng chu fai tak leh nalh tak, fel thlapa inchei tura hrilh ni sela, mahse biakbûka luhpui tlâk loh pawns lam incheina âtchilh lo tur erawh chuan inhrilh chian ni rawh se. Pathian biak in zah lohna a thlen theih avangin mi hmuha nalh tumna lam chu awm lo sela. Bible zirtîrna dân zuiin incheina thuh hian khauh taka invên tur a ni. Incheina hi pawnlam khawvel awptu pathianna a ni reng a, kohhranah pawh kua a rawn hreuh nasa thîn khawp mai. Kohhran chuan Pathian Thu hi inteh nân hmang sela, nu leh pate pawhin he thupui hi fing takin ngaihtuah rawh se.²¹

Pathian Aiawhtu Rawngbawltute Zahna Lantir Rawh U.—Pathian aiawhtu heng rawngbawltute, zirtîrtute, nu leh pa te, A hminga thusawia thiltitute reng reng zahna chu lantir tur a ni. Anmahni zahna kan lantir hian Pathian chu chawimawiin A awm thîn.²²

Naupangte hi rawngbawltu chu Pathian aiawhtu, a thusawi pawh thlarau chhandam nâna Pathian hmanraw pakhat, mi zawng zawng thleng phâk, mite tâna chhandamtu ni thei, thihna ni thei bawk ani tia hrilh an ni ngai meuh lo.²³

Thil thianghlim, Pathian chibai bûkna lam hawi reng reng chu engmah hi fimkhur lo tak leh ngaihsak tha mang lova enkawl tur a ni lo. Nunna thu sawi a nihin Pathian aw chu A chhiahhlawh mi inpete kal tlangin in lo ngaithla ani tih theihngihl miah suh u. Ngaihsak tâwk lo avangin an thusawite chu hriat hmaih lo ula, in ngaihtlâk that chuan kawng dik lova in ke pen tur a vêng thei che u a ni.²⁴

Nu leh Pa Mi Sawisel Chîngte Mawhpuh Theih An Nihna.—Nu leh pate u, in fate chu eng ang rilru leh entirna nge in pêk fimkhur rawh u. An rilru kha a nêma, hneh an awl teh asin. Biak in rawngbawlna chungchângah thusawite chu famkim lo pawh nise sawi chhuak kher suh u. A thiltih that leh a sawi thatna lâi, Pathian hnen atanga lo kal, zawm ngei ngei tur chi ang hlirin sawi rawh u. Thusawi rawngbawlnaa naupang an tui lohna chhan leh Pathian biak in an zah vak lohna chhan chu hriatsa a ni. Chu chu hemi chungchângah an zirtirna dawn a famkim loh em vang a ni ber.²⁵

Thalai rilru no, hneh awlsam tak mai chuan an nu leh pate ngaihsak dân ang deuh zelin Pathian chhiahhlawhte rawngbawlna chungchângah chuan ngaihsak dân tâwk an lo nei ve zel a. Chhûngkaw tam taka hotute chuan rawngbawlna chu an in lamah nasa taka sawiselin tlêm tê chauh fak a, a tam zâwk an sawisel thin. Tichuan mihring hnena Pathian thuchah chuan sawisel leh rinhlel a hlawh a, inthlahdahna a siam thin. Hetianga fimkhur lo tak leh zah lo taka sawi zuina hian thalai rilru engtiang chiahin nge a hneh tih chu van chauhin a puang dawn a ni. Nu leh pate rin ai daihin heng thil hi naupangte chuan hmuin an hre thiam chak a. Hun kal zel pawhin a tihdang lam mai mai theih tawh loh rilrua ngaihsak dân tha lo awmsa an nei tlat tawh thin. Nu leh pate chu an fate thinlung sak avang leh Pathian kohna chhâng tura an hriatna kaihthawh a harsat avangin an tap a. Mahse a chhan dik tak chu ziak sual thei lo *pen* chuan van chhinchhiahna bû-ah a ziak fel thlap a ni. Nu leh pate an piang thar lo va. Vanram nun remin emaw Pathian hnathawh dân remin emaw an awm hek lo. Rawngbawlna leh biakbûk thianghlimna chungchângah an ngaihsak dân hniam tak leh naran tak mai chu an fate zirna-ah hial an zep tel thin.

Mi, kum rei tak hetiang chhûngkaw inzirtirna tha lo tak mai hnuai lo awm tawhte hian thlarau chhandamna atâna thawk tura A ruatte leh Pathian rawngbawlna hrim hrim ngaihsanna leh zahna hi an nei leh thei ang em tih pawh hi zawhna awm thei a ni. Heng thilte zahna tawngkam mâwi tak, inphahhnuaina rilru leh zahna nena lam rik tur a ni a, tichuan in thian kawm zawng zawngte hnenah Pathian chhiahhlawhte hnên atanga thuchah in ngaihtlâk chu Amah Pathian hnen ngei atanga lo kalah inngai tih in tilang thei ang.²⁶

Pathian Zahna Chu Tihdânah Nei Nghet Rawh U.—Tunlai thalaite hian Pathian zahna an va mamawh teh reng em! Sakhaw mi tak tak nu leh pate kara piang naupangten Pathian biak in chhûnga awm dân tur an hre hlawl lo hi mak ka ti hle mai. LALPA chhiahhlawhten mipui hnena nunna thu an hril laiin thenkhatin lehkhabu an lo chhiar a, a then an inhrilru a, an nui vel bawka. An bul vela mite rilru an lâk pen avangin thil tisuah an ni. He an thil chin hi tihtâwp vat a nih loh chuan a zual zêl ang a, midang a kangkâi mai ang.

Naupang ho leh thalaiho hian Pathian biakna hmuna awm duhdah leh thusawi ngaihsak that duh lohte hi uanpui hauh suh se. Pathian chuan Amah zah lohna rilru leh thiltihte hi A hmu vek a, vanram lehkhabu-ah chhinchhiah vek a ni. “I thiltihte ka hria,” A ti [*Thupuan 3:15*]. Engkim hmutu mit lak atang chuan engmah a thup theih loh. Eng kawng pawhin Pathian biak inah chuan lo ngaihtla tha duh lovin lo ngaihsak duh lo thin tawh mah ula, in theihna zawng zawng nena insiam that tumin mahni inrin tâwkna tilang ula. Pathian zahna chu in nuna a bei ngheh thlengin tichhunzawm zêl rawh u.²⁷

1. Education, p. 242.

2. Testimonies for the Church, vol. 5, p. 496.

3. Education, p. 242.
4. *Ibid.*, p. 243.
5. *Ibid.*, p. 244.
6. Review and Herald, May 10, 1898.
7. Counsels to Parents, Teachers, and Students, p.110
8. Education, pp. 242, 243.
9. *Ibid.*, p.243.
10. Testimonies for the Church, vol. 5, p.496.
11. *Ibid.*, p.491.
12. Review and Herald, Sept. 19, 1854.
13. Testimonies for the Church, vol. 5.pp. 495, 496.
14. *Ibid.*, p.491.
15. *Ibid.*, p. 494.
16. *Ibid.*, pp. 496, 497.
17. *Thalaité Hnêna Thuchah*, p. 211.
18. Manuscript 23, 1886.
19. Review and Herald, Sept. 19, 1854.
20. Letter 1, 1877.
21. Testimonies for the Church, vol. 5, pp. 499, 500.
22. Education, p. 244.
23. Testimonies for the Church, vol. 5. 497.
24. *Thalaité Hnêna Thuchah*, p. 211.
25. Testimonies for the Church, *vol. 5, p. 498.*
26. *Ibid.*, pp. 497, 498.
27. Youth's Instructor, October 8, 1896.

BUNG 81

CHHÛNGKUA LEH KOHHRAN ẸAN HONA TUR

Chhûngkua-ah Khawngaihna Hna Chu Ẹan Tur.—Nu leh pate u, kohhran chhûnga khawngaihna chu in chhûngkua-ah Ẹan hmasa ula, in faten vana vantirhkohte nen in thawk ho tih an hriat theihna turin awm rawh u. Ni tin in piang thar em inen chiang teh u. Nangmahni leh in fate chu chatuan rama lût turin zirtîr ula. Vantirhkohte chu Ẹanpuitu chak tak an ni ang. Setanan a thlêm ngei ang che u, mahse in tlâwm tur a ni lo. Hmêlma pain remchâng a lâk zeuh theih tur Ẹawngkam pawh chhak chhuak hek suh u.

Thutak thianghlim, bawlhhlawh kai lo chu kan thinlungah hian cheng rawh se. Chhûngkaw *member* tin te chuan, “He lei sikulah hian vana pâwl ka sawn theihna tur nungchang insiam a ngaih avangin Kristian ka ni ang a. He khawvela Krista puangtute chauhin van rorelna chu an luh theih dâwn avangin miin ka chung a ni tiha ka duh tur chauh mi chungah ka ti ang,” tih tum theuh rawh se.

In chhûngkaw nun chu vanram ang thei ber turin siam rawh u. Mi tinin mahni chhûngkaw maichama an Ẹangthit laiin Pathian hnathawhnaa mawhphurhna changtute tâna dilsak theihghilh hauh suh se.¹

Kawng dik taka mahni chhûngkua vawngtute chuan kohhranah khawsak felna leh Pathian zahna an la lût a. Zahngaihna leh dikna ziarangte chu kut suiha Ẹang dun angin an târ lang ang. An fate hmuhah Krista nungchang chu an puang chhuak ang a. An hmui aẸanga hmangaihna leh ngilneihna dân ri chhuak chuan an thupêk chu thuneihna nei lo leh chak lo angin a lantir dâwn lova; zawm an hlawh em em zâwk a ni.²

Chhûngkaw Entawn Tlâkin Kohhran Entawn Tlak A Siam.—Chhûngkaw tin hi nu leh pate awp kohhran an ni. Nu leh pate ngaihtuahnaa lût hmasa ber tur chu an fate chhandamna a ni. Nu leh pate chhûngkaw puithiam leh zirtirtu anga an awm a, Krista lama an Ẹan tlat bawk chuan an in chhûng chu boruak Ẹa takin an uap ang a. Tichuan chu boruak thianghlim chu kohhran a lo zichhuak ang a, ringtu zawng zawngin an hre tawh dâwn a ni. In chhûnga sakhuana leh tihthianghlimna nun a awm loh lutuk avang hian Pathian hna chu nasa taka tihthuanawp a ni bawk. Tumahin an chhûngte leh an eizawna hmuna an neih miah loh mi hneh theihna chu kohhranah an la lût thei lo.³

Biak In Chhung Nungchang Inah Zir Theih A Ni.—In chhûng hi biak in nungchang zirna sikul a ni. Mi zawng zawng lal chhûngkaw *member* an nihna chhûngkaw nunah chuan hawihawmna dik takin ro a rêl ang a. Mi tinin midangte nawmsakna tur an zawng baw k ang. Pathian vantirhkoh, chhandamna ro luahtu turte rawngbawlsak thin ho chuan van chhûngkua ang tura in beihnaah chuan an tanpui ang che u. Chhûngkua-ah remna awm sela, kohhranah pawh remna a awm ang. He nun hlu tak mai kohhrana lâk luh hi ringtute inkara inlaintat tawmna siamtu hmanraw tangkai tak ani baw k ang. Innghirnghona a reh ang a. Kohhran *member*-te inkarah hawihawmna dik tak a awm a. Khawvelin Isua an nei tih leh A nungchang an entawn tih an hmu thei tawh dâwn a ni. Kohhran mite zawng zawng hi Kristian dik tak angin han nung teh sela aw; kohhran hian khawvel mite rilru chu a va hneh dâwn tehlul êm!⁴

Kohhran Chak Lohna Chhan.—Mi tam tak chuan kohhran tlâk hniamna chhan chu nawmsak ngainat luat vang leh pastor tlâkchham vang niin an ngâi a. Kohhran chu pastor leh hruaitu rinawm tak tak neihtir tur tih hi a dik e. Rawngbawltute pawh thahnemngai takin Krista hnena la inpe ve lo thalaite tân hnathawkin, midang, kohhran hming ziaknaa inziak lût ve si, sakhaw mi lo lutuk leh Krista nei lo lutukte tân pawh thawk rawh se. Mahse rawngbawltute chuan theihtâwp pawh chhuah teh reng se nu leh paten an hna an ngaihtah tlat chuan tih theih an nei tlêm khawp mai. Kohhran chak lohna chhan ber chu in chhûngah Kristianna hmuh tur a awm loh vang a ni. Nu leh paten a nih tur ang taka an tihtur an tih hma chuan thalaite an tih tur hre tura kaihthawh chu harsa hle ang. Sakhuanain in chhûngah rorel se chuan chu chu kohhranah lâkluh a ni nghal mai ang. Pathian tâna thawk nu leh pate hian thil tha ti turin chakna an nei a. An fate khuahkhirha an fuih baw k a, LALPA zilhhauna leh enkawlina hnuaia an chawilen hian an thenawm khawvêngte pawh mal an sawm tihna a ni a. Rinawm taka an thawhna chuan kohhran pawh a tichak a ni.⁵

Nu leh Pa Ngaihsamin Kohhran An Châwikang Thei Lo.—In chhûng nuna thu âwih lohna a awm tlat chuan naupangte thinlung chu Pathian sawrkar do dalnain a khat ang a. An thinlung tinêma hneh tur chuan Thlarau Thianghlim thiltihtheihna pawh a che hlei thei lo vang. Kum engemaw zât hnu-ah thil thleng bik a lo awm a, Krista chanchin tha hnuaia an intulût anih pawhin an duh thlanna rinawm lo tak mai Pathian duh dân rema awmtir tur chuan indona hautak tak mai an hmachhawn dâwn a ni. Kohhran hian a *member*-te a tang hian naupan laia zirtîrna dik lo dawn an avangin harsatna a tâwk fo mai. An naupan laiin an duhzâwng an neih theihna anih phawt chuan mi an bum phalsak an ni a; tichuan in chhûnga helna rilru neih an phalsakho chu Pathian duhzâwng âwih kawnga inhlan hnukung ber turte an ni.⁶

Sawiselnain Thlarau Hnathawh A Tihlum Thei.—Mite sawisel tura thlêm in nih chuan in do theih nân tanngtai rawh u. In fate chuan in thusawi an hriat apiang an sawi ve zel dâwn tih hre reng ula. In nunin zirtîrna in pe reng a. In kohhran mi pakhat in sawisel hian vanah chu thu tho chu in sawi tihna a ni a, chutah chuan luhtir in ni ve ang em. . . .

Chhûngkaw dawtah kohhran a pawimawh leh a. Chhûngkaw awm dân chu kohhran tâna malsawmna leh tanpuina ni rawh se. Sawiselna leh mi dik lohna lâi hmuh tumna tanngkam tiri suh u. Kohhran chhûnga inrel neuh neuhna boruak lûtin kohhran thlarau nun a tihhlum deuhthawnate pawh an awm a nia. Engvangin nge mite demna leh sawiselna hi kan tihrik thin? Nangmahni hautu leh sawiseltute in rullh lêt theihna nasa ber chu ngawih mai a ni. Ngâwi hmak rawh u. Ngawih hi thusawi ropui tak a ni fo.⁷

Thalai Vanduaite Inkawlina-ah.—Enkawltu tur nei lo nula-tlangvâlthe chuan anmahni enkawltu tur leh an duhzâwng auchhuahpuitu tur mi an mamawh a; hetiang hnathawktu chuan mi tlâkchham nasa tak an phuhrûksak tihna a ni a. Pulpit tlâng a tanga thlarau chhandamna aupuitute ang thova mi tâna chhandamna hnathawh an ni. Chutiang thalaite thātna tura mahni hmasial lo tak maia thawh hi Pathianin mi tinte min phûtna aia sâng thawhna a ni lo va. Engkim hre tawh Kristian chuan thahnemngai takin chawh reh hleih theih loh khawpa

nungchang tibawlhhlawh thei thil chin ṭha lo chu a do tur a ni. Krista zuitute chuan Pathian Thu hi ṭhalaite tâna mitla takin siam rawh se.⁸

Rawngbawltuin Hun Ṭha Bik A Nei.—Hun remchâng apiangah Isua hmangaihna thu hi naupangte hnenah sawi tur a ni. *Sermon* apiangah an ngaihthlâk duhzâwng tlêm tal zeh tel ve zel ni sela, Krista chhiahhlawh chuan naupangte chu ṭhianah a nei reng tawh mai ang. Pathian Lehkha Thu hriatnaah an lo finvâr lehzual theih nân hun ṭha pakhatmah hi bawhpelh lo ila. Hei hian kan rin aia nasain Setana thlêmna lakah a vêng him ang. Naupangte chuan Bible thutak hi an ngainat hma (vat) chuan Pathian ngaihsak lohna lak aṭanga vênghimtu bang a lo ni ang a, hmêlma pa chu “Tih ziak a ni,” tiin an chhang thei dâwn a ni.⁹

Biak In Ang Thovin Inah Pawh Rinawm Rawh U.—Nu leh pate u, in hmangaih in fate zirtîrtu in nih avangin thutak chuan in hriatna leh in chhia leh ṭha hriatna chu thunun sela, in thiltih leh ṭawngkam pawh vêng ṭha rawh se. Pathian biaknaa in awm dân ang chiahin in chhûngkaw nunah rinawm ula. In in chhûnga awm zawng zawngte hnenah chuan nunphung ṭha tak lantir ang che u. Pathian vantirhkohte chu engtin nge Pathian chhûngkaw zinga naupangte chu enkawl an nih tih hriat tumin a awm ve zel a. Tichuan chhûngkaw sakhua hi kohhranah lâkluh a ni ang.¹⁰

1. Manuscript 93, 1901.
2. Review and Herald, Feb. 19, 1895.
3. Manuscript 57, 1903.
4. Manuscript 60, 1903.
5. Signs of the Times, Apr. 3, 1901.
6. Review and Herald, Mar. 30, 1897.
7. Manuscript 21, 1903.
8. Fundamentals of Christian Education, p. 51.
9. Gospel Workers, p. 208.
10. Manuscript 84, 1897.

ṬHEN - XIX *Rorêlna Nî Chu*

BUNG 82 KHUA A TLAI TA

Setanan A Sipai Rual A Khâwm—Setana chuan a sipai rualte a khâwm mêt a, chuvangin keini hi kan hma lâwka buaina hlauhawm tak lo thleng tur atân khian mimal takin kan inbuatsaih em? Kan hmêlmate dinhmun leh an râl rêl dânte hre thiam turin keimahni leh kan chhûngte kan buatsaih em? Kan fate chuan zirtîrna thu bul leh an tihur chungchânga thutlukna nghet leh tlâwm mai mai lo siam turin engemaw an ti em? Mi zawng zawngin hun chhinchhiahnate hi an hriat thiam nân leh buaina a lo thlen pawha kan fate nen Pathian chu kan rinchhan a, inhumhimna nâna kan hman theih nân ka ṭawngṭai a ni.¹

Mak Intih Lutuk Loh Nân Inbuatsaih Rawh U.—Bawhchhiatna chuan a vawrtâwp a thleng ṭep a ni. Khawvel hi buainain a khat a, mihring chungah hian thil râpthlâk tak mai a lo thleng thuai dâwn a ni. Tâwpna a hnai ta. Pathian mite chu khawvela thil lo thlengte mak tilutuk lo turin inbuatsaih rawh se.

Kan hun hi a hlu a nia. Kan hma lam, chatuan nun nei tlâk kan ni dâwn nge dâwn lo tih min enthlâkna hun tlêm tê chauh kan nei tawh a ni.²

Chhûngkaw Tam Tak An Inbuatsaih Lo.—Sabbath zan leh Sunday-zanah chuan inlârna ka hmu a. Chu inlârna-ah chuan mipui hmâa *testimoni* sawi ang hian ka awm a. Chung inlârna pahnihah chuan puan in lian inzial tup maiah hian ka lo awm a. Pathian chuan mipuite hnena

thuchah Chiang deuh mai hi min pe a. LALPA tâwk tura ka chhûngte an inbuatsaih miah lo chu hrehawm ka ti ngei mai. Thil hrehawm leh zual chu mite hnena thinlung lungchhir leh ðahnemngaina tak tak nena LALPA zawn a ðuzia sawi chhuah chu a ni. . . .

Nu leh pa piang thar dik takte chuan an in chhûngah an nun chu Bible thunna hnuaijah an dah tih an lantir ang. . . . Nu leh pate tâna hna pawimawh ber chu an fate hnena zirtîrna dik pêk chu a ni.³

Nu leh Pate Hnena Zawhna Urhsun.—Nu leh pate u, eng chanchin nge in neih? Rinnaah in ding nghet em? In faten kawng dik lo, ngaihtuahna leh ðawngkam leh thil tihdân bawhhlawh rah chhuak tur an zawh tih in hmuhin Pathian ðanpuina zawngin an hlauhawmzia entir nghal in tum em? An duh thlanna chu boralna kawng a ni tihte in hrilh em? Nute u, Pathian pêk in hna—thitheih mihring hnena pêk hna sâng ber chu in ngaihtah em ni? In mawhphurhna Pathian pêk che u kha in phur peih lo maw? Kan hmâ lawka buaina lo thleng turah khian Pathian rorelna chu mi bawhhlawh leh thianghlim lote chungah lo thleng se, in fate chuan in inthlahdah luat avangin anchhia an lawh dâwn che u em ni?⁴

Thuchah Hre Thar Nu leh Paten Kaihhraina An Mamawh.—Khawvel hnena zahngaihna hnuhung thuchah phurtute chuan nu leh pate hnena chhûngkaw sakhuana chungchâng zirtîr chu an mawhphurhnaah ngâi rawh se. An siam ðatna boruak ropui tak mai chu nu leh pate leh naupangte hnena Pathian dân zirtîrna thu bul tar langin ðan rawh se. Dânin a phûtte an tar lan hnu, a hmei a pain dân zawm tura rilru an siam hnu chuan an duh thlanna pawimawhzia, an mahni tân chauh ni lo, an fate tân pawha a pawimawhzia chu entir leh tur a ni. Pathian dân zawmna chauh hi khawvel tiboraltu tur sualna laka kan himna awmchhun a ni tihte entîr ni bawh rawh u.⁵

Kan Thalaite ðanpuina leh Fuihna An Mamawh.—Tun hi kan tân thalaite tâna thawhna hun remchâng a ni. Buaina râphlâk taka kan awm mêk tih leh Pathian ngaihsak anna dik tak hriat thiam dân zir kan duh tihte hrilh rawh u. Kan naute hian ða taka ðanpuia, dawmkan a, fuih an mamawh ngei mai; mahse an duh dân ti lovin, rilru thianghlim an neih theihna tura anmahni ðanpuia thei tur zâwna tih ni sela. Thil dang zawng aiin sakhuana ða leh tihthianghlim chu an mamawh ber a ni.⁶

Tikhawtlai Suh.—Hma lam hun thil thleng turte chu an lo hnai ta tual tual mai le. Nu leh pate u, in fate tân ðahnemngai taka bei turin ka ngên che u a ni. Ni tin sakhaw thil zirtîr ula. Pathian hmangaih tur leh dikna nun nei nghet tlat turin zir ang che u. Rinna sâng tak leh ðahnemngai tak, Thlarau Thianghlim hruaina nen thawk ula, tunah thawk nghal rawh u. Ni khat emaw, dârkâr khat lek emaw pawhin khawtlai suh u.⁷

Fimkhur Takin Thawk Rawh U.—Nu leh pate u, Pathian hmâ-ah inngaitlâwm ula. In fate nen fimkhur takin thawk nghal rawh u. LALPA hnenah in fate an kalna awm kawng kal tir tura zirtîrna ngaihtaha A Thu in lo hlamchhiah tawh avang khan ngaihdam dil ula. A kaihhraina leh rilru nêem tak leh thutak êng chu dil ula, In hlawhchhamna leh in tihsualte in hmuh theih a, hriat thiamna fiah tak in neih theih nante pawh dil ang che u. Thinlung lungchhia leh in chhirte ðawngtaina chu Pathianin A chhang ang.⁸

Inpuan Pawh A ðul Maithei.—In chhûngkuua in tih tur in tih loh chuan Pathian hnenah ngaihdam dil rawh u. In fate chu ko khawm ula, in lo ngaihtah tawhna chu pawm ngam ang che u. In chhûngkuua insiam ðat in duh thute hrilh ula, a nih dân tur ang taka in chhûngkuua a kal theih nân an ðanpuinate pawh dil tur a ni. Pathian Thua kaihhraina inziakte chu chhiarsak rawh u. ðawngtai pui ula; an nunna zuah tur leh A lalrama awmna in awmna tur buatsaihsak turin dil ang che u. Hetiang zâwnng hian siam ðatna chu in ðan thei a; tichuan LALPA kawng chu in zawh chhunzawm zel tawh ang.⁹

Naupangte Chu Khauh Taka Thu Awih Turin Entirna Pe Rawh U.—Nu leh pate hna bik chu naupangte hriat thiam tâwk leka Pathian dân hrilhfiah leh an ni tin nuna Pathian thu âwih pawimawhzia an hriat theih nâna nu leh pate thu âwih tura hrilh a ni. Hei hi Mosia hna kha a ni a. Nu leh pate chu an tihur, an fate hmuha khauh taka thu âwihna lantir tura tih kha a hna chu a ni. Hei hi tunlai chhûngkaw nunah pawh hian thil dang zawng zawng aîn dah pawimawh ila. Vantirhkoh pathumna thuchah kalpuitu tur ani bawk. Hriat lohna hi nu leh paten Pathian dân bawhchhiat awmzia an fate an zirtîr lohna chhan chhuanlam a tling lo. Eng chu a tam tâwk a, tumah thima kal a tul lo va, hre lova awm a tuk hek lo. Pathian chu Israel fate tâna zirtîrtu ani ang bawk khân vawiinah hian kan tân zirtîrtu A la ni reng a, mi zawng zawng hi A dân zawm vek tura tih kan ni.¹⁰

An Chhandam Nân Thawkin Tawngtai Rawh U.—In fate chu mahni inphatna leh inthununna nun nei tur chuan thinlung hi hruâl nasat a ngai tihte hrilh ang che u. Kan dam chhan hi Pathian dân nen a inrem tur a ni. Krista tel lova in fate an seilen chu phal ngai suh u. An tawng that duh loha engmah an ngaihsak loh chuan awm mai mai lo ula. Nilêng zankhuain Pathian au ang che u. In fate thlarau chhandam nân tawngtai ula, thawk rawh u. “LALPA tih hi finna bul a ni.” tih hi nungchang inngahna leh a za pui ber a ni. LALPA tihna tel lo chuan siam an nihna chhan chu an tihlawhtling thei lo vang.¹¹

Nungchang Satu Angin Che Rawh U.—Seventh-day Adventist nu leh pate hian chiang zawkin nungchang dintu mawhpurhna an neih hi an hre tur a ni. Pathianin an hmâah an fate hnathawh leh inhlanna hmanga A hnathawh tihchak theihna tur hamthatna A dah a. Kan mite chhûngkua atanga lo chhuak thalai tam tak, an chhûngkaw sakhuanain a hneh avanga A hnena an thinlungte pe a, an damchhunga an rawngbawlina sâng ber A tâna hlan tum kal khawm ngei chu hmuh A châk em em a ni. In chhûng sakhuanain a kaihhruai leh a hruâl zawi, zing leh tlai chhûngkaw inkhawmna boruak leh Pathian tihha hmangaihtu nu leh pa nun nghet entawn tlâkin a sawi hmin an nih avangin Pathian hmâah zirtîrtu hmâa inngaitlâwm anga inngaitlâwm dân an zir tawh a, fanu fapa rinawm takte anga an rawngbawlina rintlâk tak chu A tâna hlan turin an inbuatsaih a. Chutiang thalaite chu khawvel mithmuha Krista khawngaihna leh thiltihtheihna târ lang tura buatsaih an ni.¹²

1. Review and Herald, Apr. 23, 1889.
2. Youth's Instructor, Apr. 28, 1908.
3. Letter 64, 1911.
4. Review and Herald, Dec. 23, 1902.
5. Testimonies for the Church, Vol. 6, p. 119.
6. Fundamentals of Christian Education, p. 547.
7. Review and Herald, Apr. 23, 1889.
8. Manuscript 22, 1904.
9. *Ibid.*
10. Letter 90, 1898.
11. Review and Herald, Apr. 23, 1889.
12. Counsels to Parents, Teachers, and Students, p. 131.

BUNG 83 LAWMMAN CHU

Rorêlna Ni Landân Chu.—Mumang ka nei a, chu ka mumangah chuan mi tam tak awm khâwm hmûr hi ka hmu a; thâwklekhkhatatah vante chu a lo thim khup a, khawpui a lo ri dur dur a, kâwl a phe zuai zuai a, lei leh van nghawr nghing khawp aw ring em em, khawpui ri âi pawha ring zâwk chu a lo ri a, “A kin ta” tiin a au va. Hmêl dang lêp awmkhawm zinga a then chu an zuang tho va, “Ka la inpeih lo,” tiin an au chhuak a. “Eng vangin nge in la inpeih loh? Khawngaihna hun tha pa pêk che u kha engati nge in hman that loh?” tih zawhna a lo awm a. Ka bengâ tap thawm ri chuan min tiharh a. “Ka la inpeih lo, ka boral ta. Chatuanin ka boral ta.” tiin.

Kan chungma mawhphurhna urhsun tak mai inngat en chungin hma lam hun chu thlir ila, tichuan a tâwk turin engnge kan tih ang tih kan hre thiam thei ang. Chumi ni chuan Pathian ngaihsak lo leh zah lo, A zahngaihna leh thutak leh A hmangaihna hnartu anga hmachhawn in ni ang em? Ni hnuhnunga inkhawmpui urhsun tak mai, lei leh van rorelna-ah chuan misualte thiam loh chantir an nihna chhan chu chhiar chhuah a ni ang. A vawi khatna atân nu leh pate chuan an fate thurûk zawng zawng chu an hria ang a. Naupangte chuan vawi engzat nge an nu leh pate an bum an hre bawk ang. Thurûk haihawna runpui a thleng ang a, thil thurûk zawng zawngte pawh puan vek a nih dâwn avangin thinlunga tum rûkte pawh a lang vek dâwn a ni. Thil urhsun, van rorêlna nena inzawmna nei lo ngainêp tawhte chu a lo rapthlâkzia an hmuh chuan an harh kâwk kâwk tawh ang.

Pathian Thu ngainêptute chuan hrilhlâwkna thu Ziaktu chu an hmachhawn dâwn a ni. Rorêlna ni sawi tel lo hian kan awm thei lo a ni e; pawh khaw tlai a ni hle chungin a hnai tawh a, kawngka bul mai a ni ta; a hmanhmawh hle tawh mai. Vantirhkohe tawtawrâwt ri chuan nungdama awmte tidanglamin mithite a kaitho têt tawh a ni. Chumi ni chuan berampuin kel leh beram a thliar angin misualte leh mi felte chu lak hran an ni tawh ang.¹

Pathianin “Khawiah Nge In Fate?” A Tih Hun Chuan.—Pathianin mawhphurhna A pêk ngaihsak tha duh lo nu leh pate chuan an ngaihsamna rah chu rorêlna ni-ah chuan an hmu ang. LALPA chuan, “Khawiah nge min enkawlsak tura ka pêk che naupangte kha? Enga tinge ka ding lamah an awm loh?” tiin A la zâwt ang. Tichuan nu leh pa tam tak chuan hmangaihna â takin an mit tidelin an fate sualna chu an lo hmuh hmaih fo ani tih leh vanram kâi pui tlâk loh nungchang insiam tura thlahthlam an ni tih an hmu tawh ang a. Midangin an fate chu hun leh rilru, hmangaihna leh khawngaihna an lo pe ngai hauh lo va, an tihtur an ngaihthahna chuan an fate chu tuna an nihna ang ni tur hian a siam tih an hmu bawk ang.²

Nu leh pate u, he hun tha in hloh chuan Pathianin A lainat hle ang che u; rorêlna nî-ah chuan Pathianin, “Ka beramte kha engtin nge i tih tak? Ka beram duhawm takte kha?” A la ti dâwn si a.

In fate tel lovin vanramah han inluhtir chhin teh u. Engtin nge Pathian hnenah, “LALPA, nangma min pêk ka fate nen khan heta hi kan awm e,” in tih theih ang le? Van khian nu leh pate ngaihsamna chi a chhinchhiah zel a. Chhinchhiahna bu-ah ziah luh zel a ni.³

Chhûngkuain LALPA Hmâah Thlirna An Paltlang Ang.—Nu leh pate leh an faten rorelna hnuhnung ber an hmachhawn lâi chu ava hmuhdawm dâwn em! Naupang sâng tam tak, ei leh in châkna leh sual tenawm tak tak sala tâng, nun bawhlhlawh tak tak nei thinte chuan chutiang tura anmahni siamtu an nu leh pate chu an hmaichhanah an hmachhawn tawh ang a. He mawhphurhna thibaiaawm tak hi nu leh pate chauhin an phur dâwn em ni? LALPAN heng thalaite hi bawhlhlawsain A siam em ni? Siam lo ve. Ama anpui ngeia A siam, vantirhkohte aia hniam deuh chauha A siam an ni. Tichuan tu nge nungchang siamna hna thawktu chu ni ang? Pathian anna nei hauh lo leh A awmpuina atanga chatuana awm hrang tur leh vana vantirhkohte thianghlime kianga awm tlâk lo khawpa bawhlhlawha an nungchang tidanglamtu chu tu nge ni ang? Nu leh pate sualna chu an fate hnenah tisa châkna leh ei leh in châkna tha lo angin a kai em ni? Anih leh nawmsipbawl ngainatu nuin entawn tur pêk a nih anga a fate zirtîrna tur chu a ngaihthah avangin hna chu thawh zawh a ni ta em ni? Heng nuho hian Pathian hmâah an awm dân thlirkirna chu tuna an awm dân anga chiang hian an la nei ngei ngei dâwn?⁴

Vanah Khian Thlalâk Anga Chhinchhiah A Ni.—Nu leh pate leh naupangte chuan ni tin an nungchang an siam chho zel tih hre reng sela, he nungchang hi a nih ang angin van lehkhabu-ah chuan nemkai zel an ni. Pathian chuan A mite awm dân hi thlalatuin mi thla a la âia chiang hian a la reng a. In thlalâk eng ber nge rawn *print* se in tih? Nu leh pate u, chu zawhna chu han chhâng teh u! Chung Pathian chuan in thlalak eng engte nge A van chhinchhiahna bu-ah chuan A dah ang le? . . . Chu chu tunah hian kan thlang tur a ni. Hemi hnu, thihna a lo thlen hunah chuan nungchang tha lo lâite siam thatna hun reng reng a awm tawh lo vang.

Hei hi kan chungah thil thleng pawimawh ber lo ni sela. Ni tinin kan thlâ hi chatuana kan awm dân tur rêl nân lâk reng a ni a. Mi tinin, “Vawiin hian ka awm dân hi lâk reng a ni,” ti theuh rawh se. Ni tin, dârkâr tinin, “Ka ÷awngkamte hi vantirhkohten engtin nge an ngaih ang? Tangkaraw zinga rangkachak *apple* ang nge a nih a, mite hliama tinatu rial tla ang?” . . . tih hi kan inzâwt tur a ni.

Kan ÷awngkamte chauh ni lovin, kan ngaihtuahnate hian kan nihna chu a lantir a. Chuvangin mi tin rilru chu ÷ha se, thil ÷ha ti bawk rawh se. In thlalâk dah ÷hat chu in zahpui loh tur chi hlir lo ni sela. Kan ngaihtuah duh zâwngte hian hmêl lan dân a nghawng a. Pathian chuan kan chhûngkaw chanchin hi vana an chhinchhiah dân tur atâna kan duhthusam ang chiah a nih theih nân min ÷anpui rawh se.⁵

In Lo Fimkhur Lo Viau ÷hin Em?—Aw! Nu leh pate hian ÷awngtâina nen fimkhur takin an fate chatuan hamthamna tur chu enkawl uluk deuh sela aw! Hengte hi inzawt fo rawh se, ‘Kan lo fimkhur tâwk lo deuh em? He hna urhsun tak mai hi kan lo mangnghilh em ni? Kan fate hi Setana hruai phar mai mai tur atân kan lo phal reng em ni? Kan fate chu an *theihna* te, an hun leh ÷ha te thutak leh Krista do nân hmantir kan phal avangin Pathian hmâ-ah sawisel tur kan nei lo ang em ni? Nu leh pate kan nih angin kan tihtur kan ngaihthah a, Setana lalramah mi kan puntir lek a ni lo maw?’⁶

Nute hian ÷ha taka an fate chu an zirtîr peih loh chuan, nakinah an inthlahdahna chuan a rawn ÷hing lêt leh ang a, an manganna leh an phurritte chu thu âwih tur leh thuhnuai rawlh tura zâidam tak leh dawhthei taka an fate an enkawl avanga an buaina leh phurrit aiin a nasa fê ang. A tâwpah nuho chuan an chhûngkaw hlingin zung a kaih lova rah tam tak a chhuah loh nâna an fate nungchang siam chu an ngaih pawimawh ber leh dah sân ber a lo ni dâwn a ni.⁷

Naupangten Nu leh Pa Rinawm Lo An La Dem Ang.—Pathian anchhia chu nu leh pa rinawm lote chungah a la tla dâwn. Leia anmahni chhuntu tur hling an phun ani ringawt lo va, an rinawm lohna chu anmahni ngeiin rorelna ni-ah chuan an la hmu ang. Naupang tam tak chu sawi tur nei sain an lo ding chhuak ang a, an nu leh pate chu anmahni an lo khuahkhirh loh avangin thiam loh an chantir ang a, an boralna-ah chuan mawh an phurhtir ang. Nu leh pate chuan hmangaihna mitdel leh khawngaihna dik lovin an fate dik lohna chu chhuanlam an siamsak zel a, siam ÷hat lohin an liamtir mai mai ÷hin; chutah an fate chu an lo boral ta a. An thisen mawh chu an chungah ngei nghah a la ni ang.⁸

Naupangten Nu leh Pa Rinawmte Chibai An La Bûk Ang.—Rorelna ÷hutthleng hun a nih a, lehkhabu hawn a nih hnu, “I ti ÷ha e” tih thu Rorelto ropuiin A puan hnu chuan lallukhum ropui chhe thei lo chu hnehtute lû-ah chuan nghah a ni ta a. Mi tam tak chuan van mipui tam tak hmuhah an lallukhum chu an phawng a, an nute kâwk chungin, “Pathian zarah hetiang a min siamtu hi a ni. A mi kaihhruaina te leh a ÷awngtâina te chu ka chatuan chhandamna atân malsawmsak a ni,” an la ti ang.⁹

Rinawm Taka Zirtîrna Rahte Puan A La Ni Ang.—Hmasialna tel hauh lova thawktute chuan an hnathawh rah chu an la hmu ang a. Nunphung nghet leh dik leh thiltih zahawmte rah pawh hmuh a ni zel bawk ang. A ÷hen chu leiah pawh kan hmu. Mahse khawvel hna ropui berte thawh rah leia kan hmuhte hi chu a va tlêm em! An hriat phâk loh leh an thlen phâk loha mite tân mi eng zâtin nge hmasialna nei hauh lo leh chauh sawi hauh lova thawk le! Nu leh pate leh zirtirtute chuan mual an liam zel a, an dam lâia an hnathawhte chu sâwt awm pawhin a lang si lo; an rinawmna chuan tâwp lova luang reng tur malsawmna tuikhur a sah hawng a tih an hre lo va; rinna nen chauh an zirtîr chhuah naupangte chu an mihringpuite tân malsawmna, thlarau thila phurna leh a lêt sâng tam taka la pung tur an ni ang tih an thlir ngam ÷awk a ni. . . . Mite chuan an thlan chungah thlai chi an theh a, midangin tam tak an lo seng ÷hin. Mite ei atân thei an phun a. He leiah hi chuan thil ÷ha chhunzawm tlâk bul an ÷an chauh pawhin an lungawi a. Nakinah chuan heng thil ÷ha kan tih zawng zawngte hi an rah chhuahte nen kan la hmu vek ang.¹⁰

Nu leh Paten Ramtiamah An Fate An Luhpui Thei—Pathian chuan A lalthutthleng aṭanga nunna kawng zawng zawng chhuntu êng a chhuah chu A phal a. Hmanlai Israel fate ang bawkh chhûnah chhûm ding, zanah meialhin min la hruai reng a ni. Hmanlai nu leh paten an fate ram tiamah an luhpui thei ang bawkh tunlai Kristian nu leh pate pawh hian an fate chu Ram Tiamah an la luhpui thei a ni.¹¹

Pathian tân chhûngkua leh chhûngte neih in duh a. Khawpui kawngkhar hruai thlen a, “Lalpa, heta hi i naupang mi pête nen khan ka awm e,” tih in châk a ni. Nutling patling pawh lo ni tawh mah se in fate an nihna a bo chuang lo. In zirtîrna leh enkawl na kha Pathianin hnehtu anga an din thlengin mal a sawm a. Tunah chuan, “LALPA, ka fate nen heta hi kan awm e,” in ti thei ta a nih chu.¹²

Chhûngkaw Darh Tawhte Hruaikhâwm An Ni Ang.—Isua chu ropui takin chhûm chungah A lo kal dâwn a. Vantirhkohte sâng tam takin an rawn zui ang. Amah hmangaiha A thupêk zawmtute chhûmâwi tur leh A hnenah hruai tirin A lo kal dâwn a ni. A thutiam emaw, anmahni emaw chu A theihngihl ngai lo. Chhûngkaw keh darh tawhte pawh an inzawm khâwm leh ang.¹³

Lusûn Nu Tâna Thlamuanna.—In fa sên chu chhandam a ni em tih in hre duh a. Chuta Isua chhâna chu hei hi a ni; “Naupang tete ka hnenah han kaltir ula, hnar suh u; Pathian ram chu hetiang mite ta a ni si a,” tih hi a ni [*Luka 18:16*]. He hrilhlâwkna hi hre reng bawkh ula: “LALPA chuan heti hian a ti, ‘Rama khua-ah thâwm an hria, mithi ngaia ṭap tlawk tlawk, Rakilin a fate a ṭah a, a fate an awm tawh loh avangin. LALPA chuan heti hian a ti: ‘Ṭapri lo turin i aw chu sôm la, i mittui hul rawh se, i thiltihin lawmman a nei dâwn e, tih hi Lalpa thu chhuak a ni. Râl ram aṭangin an lo lêt ang. I hun tâwp lam chu nghah fâkawm tak a ni ang, mahni ram ngeiah i fate chu an rawn kir ngei ang,’ tih hi LALPA thu chhuak a ni.” [*Jeremia 31:15-17*].

He thutiam hi in ta a ni. LALPAah chuan thlamuanin in awm thei. LALPA chuan vawi engemaw zât naupang tam tak chu buaina hun kan thlen hmâ khian lâk bo an ni dâwn tih min hrilhl a ni. Kan fate hi kan hmu leh dâwn. Van rorelna hmâ-ah chuan kan tâwk leh ang a, tute nge an nih pawh kan hria ang. LALPA chu ring mai ula, hlau suh u.¹⁴

Naupangte Chu Nu An Nute Pawmtîr An Ni Ang.—Aw! Tlanna mak tak chu a va ni em! Rei tak sawi a ni tawh a, rei tak ata tawh miten an beisei reng a, nghâkhlel tak chungah ngaihtuah ṭhin niin hriat kim tak tak erawh a ni ngai lo.

Mi fel nungdama la awmte chu “mit khap kâr lovah tih danglamin an awm a,” [*1 Kor 15:52*]. Pathian aw ri-ah chuan tihropuiin an awm nghal a; tunah chuan thi thei lova siam an ni ta. Thlan aṭanga mi thi anghlim lo thote nen chuan an LALPA hmuak turin boruakah hruai chhoh an nih chu. Vantirhkohte chuan “a thlante chu kâwl kil li atâ –van tâwp aṭanga van tâwp lehlam thlengin – an lâwr khawm ang.’ Nausênte chu vantirhkohten pawmin an nute bânah an rawn nghat a. Rei tak inṭhen tawh thian inkawm ngeihte chu inṭhen leh ngai tawh lo turin an inhmu leh a. Hlim taka hla sain Pathian khawpui lam chu an pan ho ta a ni.¹⁵

Rei Tak Lo Beisei Tawh Ni Chu.—Nupa hmasa berten hreh tak chungah Eden huan an chhuahsan ni aṭang khan rinna fate chuan tiboraltu thiltitheihna tikeh sawmtu tur Thutiam Fa lo kal hun leh an hlauh tawh Paradise-a hruaikir leh hun chu an thlir reng ṭhin.¹⁶

Vanram khi tawrhna avanga neih theih nise chuan a tâwm hle ang. . . . Chu ropuina chang tura kan awm dân tur ka en reng lâi chuan ropuina kan chan theih nâna Isua tawrhna nasa tak chu ka hmu bawkh a, Krista tawrhna-ah chuan kan in-baptis theih nân te, fiahnaa kan tâwm mai loh nân te ka ṭawngṭai a. Chung fiahnate chu A retheihna leh tawrhnaa tih hausak kan nih a, chu tawrhna hre reng chungah dam tak leh hlim taka kan phurh chhuah theih nân ka ṭawngṭai bawkh.¹⁷

Vanram Khian Engkim A Phû.—Kan tân chuan vanram khian engkim a phû a ni. Rinhua thil tih a tul lo va, thil tum ngaihtuahawm tak kan tutur a ni hek lo. Kan ke pente hi LALPA thupêk ang zel a ni tih kan hre zâwk tur a ni. Hnehna hna ropui kan thawhnaah hian LALPAN min pui rawh se. Hnehtute tân lawmman lallukhum A nei a. Mi felte tân kawrfual vâ A nei reng bawk. Ropuina leh chawimawina leh chatuan nunna zawngtute tân chatuan ram ropui tak A nei a. Pathian Khawpuia lût apiang chu hnehtu angin an lût zel ang. Mi sual thiam loh chantirh angin a lût dâwn lo va, Pathian fapa angin a lût zâwk dâwn a ni. Chuta lût zawng zawngte lo lawmna thu chu, “Ka Pâ voh bikte u, lo kal ula, khawvel siam tantirh ata in tâna ram buatsaih chu chang rawh u,” [Mat 25:34] tih a ni ang.¹⁸

Krista Hlimna Tawmpuitute.—Van kawngkhar sir tawnah chuan vantirhkohte an awm a; chuta kan kal tlang lâi chuan Isua chuan, “Ka Pâ vohbikte u, lo kal ula, khawvel siam tantirh ata in tâna ram buatsaih chu chang rawh u,” [Mat 25:34] A lo ti a. Hetah hian A hlimna tawmpui ve turin A lo hrilh ang che u. Chu chu engnge ni? Pate u, in thlarau thawh rimna rah in hmuh avanga in lawmna chu a ni. Nute u, in hnathawhah khan lawmman pêk in ni tih in hmuh avang lawmna chu ani kan sawi. Heta hi in fate kha; an lu chungah chuan nunna lallukhum a awm theuh a, Pathian vantirhkohte chuan an thawh rimnaa an fate Isua Krista lama hnehtu nute hming chu reh thei lo turin an chuantir vek bawk.¹⁹

Hnehna Ni Ropui Chu.—Tunah chuan kohhran hi a hel a. Khawvelah hian milem biaknain mi a lem zawh deuhthawna hmun thim kan hmachhawn mêk a nih hi. . . . Mahse indona ni, hnehna kan chan hun tur chu a lo thleng têt e. Pathian duhzâwng chu vana an tih angin leiah pawh tih a ni ang. Krista felna kawrfual, lawmna leh fakna silhfena inthuamin mi zawng zawng chu chhûngkhat anga awmin an hlim hle tawh ang. Thilsiam zawng zawngte chuan an mawina nasa tak nen chuan Pathian chu fakna leh chawimawina an hlan a. Khawvel chu van êng chuan a hual chhuak ang a. Tin, thla chu ni angin a êng tawh ang a, ni pawh tun âi hian a lêt sarirh zetin a êng bawk ang. Kumte chu hlimnaa khatin a liam zel ang a. Vana van arsate chu an zâi rual a, Pathian leh Kristan a ruala, “Sualna a awm tawh lo vang a, thihna a awm tawh hek lo vang,” tih thu An puan lâi chuan Pathian fate chu lawmin an lo âu rûal ang.

Hêng nakin ropuina hun chungchânga inlârna, Pathian kut ngeiin A târlante hi A fate hnenah kan hrilh zel tur a ni.

Mita hmuh loh heng inlârnate hi vawn reng kan mamawh hle mai. Tichuan chatuan thil leh hunte chu a ngaihhlut dân tur dik takin kan ngaihlu thei ang a. Chu chuan nun sâng zâwk nei tura mite kan hneh theih nân thiltihtheihna min pe bawk ang.²⁰

Pathianin “I tīha e,” A Ti Ang Em?—Lalthutphah vâ hmâa in din hun chuan in hnathawhte chu a ngai ngaiin an lo lang ang a. Lehkhabu chu keu a ni a, mi nun dân zawng zawng chu a lo lang ta. Chumi hmuna mi tam tak chu chû thupuan chhuah hmachhawn tur chuan an inbuatsaih lo a ni. Mi thenkhat chu an beng bulah râpthlâk taka “Bûkin i awm a, i tling ta lo” tia hrilh an ni. Chumi ni chuan Roreltu chuan nu leh pa tam tak chu, “Ka Thu, in tih tur Chiang taka ziahna chu in hria a. Enga tinge a zirtîrna chu in zawm loh? Pathian aw a ni tih in hre lo em ni? In kal bo lohna turin Pathian Lehkha Thute chhiar thin turin ka ti lo che u em ni? Nangmahni thlarau nun in tichhia a ni ringawt lo va, a dera Pathian ngaihsak anna nun in neih avangin mi tam tak in hruai bo bawk. Ka hnenah chan in nei lo ve. Kal bo rawh u, kal bo rawh u,” A ti bawk.

Pâwl dang erawh chu khur chungin an lo ding a, an hmêl a dâng lêt mai. Krista chu an ring a, mahse tlâktlâi lova inhriatna chuan a awp bet hneh em em mai a ni. Hotupa berin anmahni A fakna chu lawm avanga mittui sâr zung zung chungin an lo ngaitthla a. Chu aw mâwi tak mai, vantirhkohte tîngtang tum ri âi pawha mâwi zawkin, “Bawih tha leh rinawm, i tīha e; i pû lawmnaah lût rawh,” [Mat. 25:23] A tih ri an han hriat meuh chuan an hrehawmna ni te, an phurrit phurh leh hlauhna leh manganna zawng zawngte kha an theihngihl zo ta. Tlansate chu an kuta hnehna tûmkâu keng a, lallukhum khum chungin an ding hmûr mai a. Heng mite hi rinawm tak leh thahnemngai taka thawk, vanram lût tlâk nihna neite chu an ni. Leia hnathawh hi van rorelna chuan hnathawh tha-ah a pawm ta nih chu!

Lâwmna sawi sên loh nen nu leh pate chuan an fate hnena lallukhum te, ƚingƚang te leh lal kawrfual vâ an pe lâite chu an lo en reng a. Beiseina leh hlauhna nite chu an tâwp ta. Mittui leh ƚawngƚaina nena chi theh chu sâwt viauin lang nghal lo mah se a tâwpah chuan hlim taka seng a ni ta e. An fate chu chhandam an ni. Nu leh pate u, in fate aw chuan chumi nia lawmna hla sak chu an zawm ve dâwn em le?²¹

1. Youth's Instructor, July 21, 1892.
2. Testimonies for the Church, vol. 4, p. 424.
3. Manuscript 62, 1901.
4. Testimonies for the Church, vol. 3, pp. 568, 569.
5. Letter 78, 1901.
6. Testimonies for the Church, vol. 6, pp. 429, 430.
7. Signs of the Times, Aug. 5, 1875.
8. Testimonies for the Church, vol. 1, p. 219.
9. *ƚhalaité Hnêna Thuchah*, p. 262.
10. Education, pp. 305, 306.
11. Signs of the Times, November. 24, 1881.
12. Manuscript 49, 1894.
13. Review and Herald, November. 22, 1906.
14. Letter 196, 1899.
15. *Indona Ropui*, p. 647.
16. *Ibid.*, p. 299.
17. *Thuziak Hmasate*, p. 56.
18. Christian Temperance and Bible Hygiene, p. 149.
19. Manuscript 12, 1895.
20. *Tihdam Rawngbâwlina*, pp. 504-507.
21. Signs of the Times, July 1, 1886.

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